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FROM THE EDITOR



WHERE TO FROM HERE?

For many of us, life has recently been somewhat unpredictable. We 'boomers' were born post war; we left school and started work; some women were fortunate in having a professional career and many others had to wait till the nest was empty to venture out.

I'm not saying life was boring or easy, it wasn't, but most of us lived a happy, productive life in a democratic and peaceful country.

Today, the future doesn't seem so secure. In a very short time, there have been multiple catastrophes, but, I believe, there is still light at the end of the tunnel, as these catastrophes have also produced incredible examples of individuals and groups who are willing to stand up and work towards a better future.

Where to from here? I have confidence our young, principled, and committed youth will find a way to bring the world back into balance.

September's theme is 'Being Crafty' and I'm already receiving contributions. I know there are many 'crafty' people out there - I would love to hear from a retired spy and someone who makes craft beer! Please keep words count to 500-600 (it saves me a lot of editing). Christine Janssen

JCG Editor

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www.bca.asn.au **JCG** June 2022



BUNDANOON

Community Association Inc.



Andy Carnahan BCA President

At the Annual General Meeting on March 17, the Committee was reappointed. The one change is Secretary Bruce Marshall did not stand. Christine Janssen, editor of JCG and herself a past President, offered to be Secretary. Thanks to Bruce for his past contributions and thanks to Christine. Also, thanks to all on the Committee for restanding.

When we first arrived in Bundanoon, the monthly general meetings of the association were held in the Supper Room (at the rear of the main Hall.) There were usually between 25 to 35 people. Since Covid, our numbers have dropped a little and I would like to see more Bundanoon residents come to a meeting to see the Association in action.

We have streamlined the meetings by providing the agenda prior to the meeting so we can form a view on items beforehand and manage the business, rather than first to read and then manage. We have also included a guest speaker at the end of the meeting (around 8.15) for five or so minutes. Primarily to provide some interest, and partially to ensure we move the meeting along swiftly.

Perhaps the most important part of the meeting is the refreshments afterwards. With a wine in hand, it is a chance to meet other residents and share what both bugs you and delights you about life in Bundanoon.

In the pre-Social Media days, keeping up with the community involved a little more effort – whether it was the school P&C, church groups, sporting clubs, the pub – all of these provided social connectedness as a very important "side benefit".

With our wonderful Facebook Bundanoon Community Noticeboard, much of the "gossip", sentiment and news of the village is available anywhere and anytime. I would like to acknowledge Robyn Fagan, the founder of the group. As well as providing the platform and making sure we all "play nice", Robyn is out and about, taking photos, adding content.

Social media has a part to play – it provides a richness of information. A 15 second video paints a picture that thousands of words cannot: A lone piper on ANZAC Day, a heritage steam train rushing through the village, the Winterfest Pom Poms swinging in the trees.

However, Facebook can simply be the equivalent of yelling out of a window. I may feel I have expressed my view - but that is the end of it. Nothing changes.

Community Associations like ours take a longer, patient view. Changes and improvements are a long, winding road. There is no 'overnight success', rather a process that sometimes yields results.

I would like to suggest our meetings are a vital part of Bundanoon life. We do tend to behave with more respect when face-to-face, and it is a chance to test our ideas – to refine them, or even to reject them without feeling a personal slight and the need to defend ourselves, rather than our idea.

If you haven't been to a general meeting of the Association (or haven't been for a while), why not come the Soldiers' Memorial on the third Thursday of the month at 7:30pm?





BCA Gift Shop

You can purchase Wildlife gift cards and Bundanoon on Tap Water Bottles at our BCA online shop.

The gift cards are six images from the Wildlife Calendar with cultural notes on the inside left, the inside right is blank for greetings. The cost is \$3 per card or the set of six for \$15. Quality envelopes included. After ordering they can be picked up, or posted out (with postage calculated at checkout).

We also have the **Bundanoon on Tap** water bottle with a special bonus of the original "Bundy on Tap" Camelbak bottles. For \$25 you get both bottles. Order online for local pickup only.

Of course, all the proceeds assist the BCA in its community activities.

Thanks to Sonja Bowden for the beautiful artwork and Lyndell Giuliano for the notes for the cards.

Visit the BCA gift shop at:

https://bundanoon-community-association-inc.square.site/



To purchase the wildlife cards, hover your phone over the QR code and you will go straight to the Square site where you can purchase with a credit/debit card.



art's BUNDANOON



Thankfully Arts Bundanoon has been able to continue the 2022 monthly concert program without further restrictions, and of course the concerts wouldn't happen without the dedicated team of volunteers who are the workforce and energy behind **Music at 10**.

In February pianist **Annie Ma** delighted the audience with both her personality and expressive performance of works by Chopin, Janacek, Ravel and Bartok.

The March concert featured pianist **Ying Ho** and violinist **Fox Chan** who presented a very eclectic program, ranging from the classics Clara Schumann and Johannes Brahms, contemporaries Australian Sally Greenaway and Turkish Fazil Say, to French early 20th century Claude Debussy and Gabriel Fauré. Greenaway proved to be quite evocative, whereas Say was influenced by jazz and Turkish traditional music, turning the grand piano into a Saz, a traditional Turkish instrument, by muting the strings with the left hand. Fauré and Debussy provided a beautiful dreamy aftermath to the concert

April introduced a new musician to the stage, pianist **Nicholas Kennedy** and his masterful performance of J. S. Bach, Ross Edwards, Fryderyk Chopin and Claude Debussy was a welcome distraction from the persistent rain.

If you have an interest in music and haven't experienced a Music at 10 concert, I would encourage you to come and join us – live music performed by outstanding musicians is a delight!

Concerts are programmed for the second Saturday of the month artsbundanoon.org.au – please come and join us!



4 June 2022 The Nano Symphony (strings/clarinet/piano)



9 July 2022 Emilio Mancia (baritone and piano)



13 August 2022 D Herscovitch (piano)

10:00 a.m. Soldiers' Memorial Hall Entrance \$15. Children under 18 – free

Tickets through Trybooking or at the door.

Yours in harmony

– **Timothy Hone** Arts Bundanoon Convenor



Neil Thompson, Lee Akinsanya and Catherine Thompson The Nano Symphony





2 - 10 JULY 2022

bundanoonwinterfest.com





@bundanoonwinterfest

ACTIVITIES FOR EVERYONE

Opening Night Party GATES open 4pm

- Join us on the **Bundanoon Oval Carpark** for bands, entertainment, rides and food stalls.
- Featuring the Bundanoon Pipe Band, The Fallible Popes,
 Justify Rye and headliners, Soul Tonic.
- Skating rink, bull ride, climbing wall and face-painting.
- More than 15 food stalls, gluhwein from the Bundanoon LIONS and a BUNDANOON HOTEL bar.

Workshop Week

• Over **20 workshops** with exciting and interesting activities for everyone, including the Taronga Zoo 'Zoo Mobile', Pizza Making for Kids, Felt Making, Ukulele and Harmonica Introductions, Gardening for Native Bees, a Gourmet Dinner, Guitar maintenance, Happiness is an Inside Job, and many more.



- Melting Pot Theatre presents Sing-a-long-a-Sound-of-Music
- The Bundanoon Rebels Football Club present Closing Night Bonfire

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Book tickets for

THE MATRIX RESURRECTIONS

https://www.trybooking.com/BZBVD

- FREE ticketed event for residents of the Southern Villages.
- FREE Tickets must be booked online. No tickets available at the door.
- FREE movie Snack Box from Potter's Pantry for all ticket holders.
- FREE Face painting, entertainment, and Slushies from 3pm 4pm.
- NO alcohol permitted.
- ALL CHILDREN must be supervised by an adult.











This event is being funded by a grant obtained from The Wingecarribee Shire Council and The NSW State Governments Bushfire Recovery Initiative and aims to strengthen community connection, promote resilience, create positive experiences, and encourage community involvement.

If you have any questions, please contact
Laura or Finette via email - bundanoonpublicschool@pandcaffiliate.org.au



After a fabulous three-night run of 'Noises Off' in March, the team at Melting Pot Theatre isn't drawing breath! Crash Test Drama was back, with Round 1 hitting the stage on May 14. Crash Test Drama is a great way for would-be actors and seasoned professionals to try their hand at 10-minute plays. It's also a great way for those who prefer the pen to the stage to give playwriting a go. Many of Bundanoon's regular actors started their stage journey at a CTD. The Gala Performance is scheduled for 15th October with the winner booking their place in Sydney's Short and Sweet Festival.

MPT has also started a series of theatre-craft workshops, with the first session offered prior to the CTD auditions in May. These workshops are run by three trained coaches and will help participants to build confidence, understand movement and learn how to take stage direction. We plan to hold these workshops on a regular basis – watch out for more details in our monthly MPT Newsletters.

As MPT starts to morph from a solely performance-based group to a broader social group you'll start to see more social activities appearing in our newsletter. Our first outing is a group trip to the Empire Cinema in Bowral to see Kit Harrington (Game of Thrones) as Henry V. We're also planning a trip to see 'Mother and Son' at the Mittagong Services Club in July.



As part of Winterfest, MPT has joined forces with Rex Cinema to present "Sing-a-long Sound of Music" on Sunday 3rd July from 3pm. It will be a family-friendly afternoon screening of this iconic movie with a bouncing ball to help you sing along with the lyrics. MPT actors are set to take on the character of some of the movie's stars. Come dressed in character, join in the fun and who knows? You could win one of the "Best Dressed" prizes.

Book your tickets now at: www.trybooking.com/BZASQ



- Ted Ayers
MPT Convenor





photos by Peter Gray





High Tea

2pm Sunday 25 September

Soldiers Memorial Hall

Ladies and gentlemen

Dress up in your 1950's outfits – there is a prize for the best dressed!

Join us for a decadent afternoon of

food music & fashion parade



Tables for 2, 4, or 6 people

\$25pp

Book at trybooking.com





Bundanoon plastic-free places are GO!



When we initiated the Bundanoon Community Association's (BCA) subcommittee, Bundanoon - Plastic Free As We Can Be, in the middle of 2021, we had the grand vision of building on the great work of the BCA in their 2009, world famous "Bundanoon on Tap" campaign.

What has developed has exceeded our expectations! After we, and the very active subcommittee members, Trevor Wright and Leeanne Tyler-Olsen, visited all the shop front business in Bundanoon, I emailed the Wingecarribee Shire Council (WSC) for assistance in linking up with Boomerang Alliance's Practice Free Places program, which offers participating businesses free, personalised assistance to go plastic-free.

Boomerang Alliance, formed in 2003 and currently comprised of 55 national, state and local allies, is the peak community not-for-profit organisation working on waste minimisation and recycling in Australia. They research key issues, develop policy, undertake education, and campaign for best practice laws and programs by government and business.

Plastic Free Places is a national program being trialled by Boomerang Alliance, which has successfully eliminated over 10 million items of plastic from businesses across Australia since 2018 and we wanted to be a part in that! Plastic Free Places is aimed at a variety of food retailers such as cafes, restaurants, bars, bakeries, juice bars etc. This is because these kinds of businesses often have problematic, single-use plastic items such as straws, water bottles, coffee cups & lids, takeaway containers, food ware (cutlery, cups, bowls etc.) and plastic bags in their litter stream. The great news is that non-plastic alternatives are available!



We are working with the WSC which is very keen to work with us in achieving this goal. The process was quite involved but doable. In February we set about looking for ten food retail businesses located in Bundanoon, Penrose and Exeter to participate in the program between March and September 2022.

We haven't quite achieved our goal as yet but we've very excited to announce that Bottega B Ristorante, Potter's Pantry, Jumping Rock Café, the Bundanoon Club and the Exeter General Store have agreed to participate! Hopefully, as the word gets out, they'll be joined by the other purveyors of fine food in our area!

We are very proud of the results of our efforts and congratulate the businesses who have signed up to make sure that Bundanoon Plastic Free Places are GO!

https://www.plasticfreeplaces.org/bundanoon

Gregory John Olsen
BCA Committee
Bundanoon Plastic Free As We Can Be
is a BCA initiative.



JCG



Over the years residents of Bundanoon have been strong supporters of volunteering to assist Council staff in bushcare projects which are such an important part of keeping our surrounding natural environment safe and beautiful.

Glow Worm Glen has been a great example of what can be achieved and we are thrilled to hear that June/July will see a return to regular working bees following the shocking destruction of that area during Black Summer.

Leaver Park was a BCA project for the Sesquicentenary celebrations in 2015. The history of this area of Bundanoon is fascinating but over the years it had been neglected and become overgrown. The Leaver Park BCA sub-committee worked regularly with Council staff to clear invasive species, open up walking tracks and 'bring it back to life'.

With the impact of COVID following Black Summer, understandably Council had to put many bushcare projects 'on hold' and it is excellent news that 2022 is seeing the return of Council supported bush regeneration working bees in Bundanoon.

This voluntary work takes place on the fourth Tuesday of the month and if you'd like to 'come on board' you can link with Tristan Simpson, with me, or just turn up on the day (details below).

The current work we're doing is at the Bundanoon Cemetery in Ferndale Road. This follows work being completed around the sportsground area and, prior to that, Leaver Park.

This is a lovely part of our village environs, much larger than you might think and it's been very satisfying to see, again, how much can be achieved by a team of volunteers. We meet from 9.00 to noon, with a break for a cuppa around 10,30. All equipment is provided by Council and Tristan and his Council team members work with us.

As the year unfolds, the Bundanoon Bushcare Team will work in a number of areas and we'd love to have more join us as 2022 brings back this opportunity not only for involvement in our community but to learn from Council staff and local team members (some of whom have been part of this group for 10 to 15 years), all of whom know a great deal about the bush that surrounds us and how we can contribute to sustaining it.

UPCOMING DATES:

Tuesday, 28 June 2022	9 AM - 12:30 PM
Tuesday, 26 July 2022	9 AM - 12:30 PM
Tuesday, 23 August 2022	9 AM - 12:30 PM
Tuesday, 27 September 2022	9 AM - 12:30 PM

Contact details:

Tristan Simpson
Bush Regeneration Officer/
Acting Bushcare Team Leader
tristan.simpson@wsc.nsw.gov.au
0427 108 610

Christine Rowell-Miller christine.rowell.miller@gmail.com

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Our Garden Club started back in 1970. It was a small and enthusiastic group, with evening meetings held at the Bundanoon Hotel. Since then it has grown to be one of the largest garden clubs in N.S.W.

Joining the club gives members access to a wealth of shared knowledge and a chance to socialise with likeminded people. We learn from each other, swap spare plants that we have separated or propagated and visit each other's gardens.

Our monthly meetings are a light-hearted and informative morning, with guest speakers who are specialists in their area of expertise. Some of our past speakers have been Head Gardeners of National Trust gardens, floral artists and illustrators, environmentalists, garden historians, birdwatchers and beekeepers. We usually have around 100 members at our meetings and we have an extensive lending library, full of books and current magazines. Our Trade Table is a popular spot where you can purchase plants, bulbs and equipment at ridiculously low prices.

Our Trade Table, regular market stalls and raffles all raise money that is redirected back into the club to benefit members.

Another of our popular activities is our regular Friendship Garden visits. Our committee members organise three or four select gardens for our members to visit. Often we'll be able to see private gardens not usually open to the public, meet the owners and discuss their love of gardening. Visiting other gardens gives you a fresh approach to your own patch and opens you up to new ideas.

Bundanoon Garden Club has a reputation for being a friendly, social group. Even if you have a tiny plot, you can still share in the joy of gardening, and meet new friends on the first Thursday of the month at 9.30am at the Soldiers' Memorial Hall. We are always happy to welcome new members.

For more information:

www.bundanoongardenclub.com.au

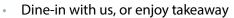
Ted Ayers President







www.bundanoonclub.com



- Tuesday to Sunday, see times on website
- Rotating specials menu

All menus are available online at www.bundanoonclub.com/menu

Planning an event? We can cater for your occasion with flexible packages.

- Bundanoon Bowling Club
- Social Bowls Wednesday & Saturday 12:30pm
- Barefoot Bowls by appointment

Call Scott Kelly for further information: 02 4811 1533





- Play croquet in Bundanoon
- No experience necessary
- Thursday & Sunday from 2pm

Call Stephen Press for further information: 0455 155 897



70B Erith Street, Bundanoon, 2578 (02) 4883 6174



Hello everyone

This update is all about saying

Thank You

to our wonderful local community.

Thanks to your interest and support, **Habitat Gardeners Autumn 2022 Plant Sale**raised a further \$900 which has been donated to **Wombat Care Bundanoon**.

Thanks to **Bundanoon Men's Shed** for the loan of tables for our plant sale - our plant stock has never been better displayed!

Special thanks for help with delivery and collection of tables! Bundanoon Garden Club and Bundanoon Community Notice Board Facebook page once again supported us by spreading the word - Thank you!

Lastly - a HUGE thank you to Wombat Care Bundanoon

for your ongoing efforts - day and night in mud and rain - providing assistance and shelter to wombats whose burrows are flooded or destroyed by ongoing rain.

What's next?

Habitat Gardeners next plant sale will be in Spring 2022.

Dates, information and updated plant lists will be sent via email - you can register your interest at **habitatgardeners@gmail.com**

Happy Winter Gardening everyone.

- Habitat Gardeners Bundanoon



Save the date

Saturday 29 October and Sunday 30 October 2022

After a break of two years due to Covid, **Bundanoon Garden Ramble is BACK IN TOWN!**

Come celebrate the gardens of our town. There will be eight beautiful private gardens to browse and admire once again, in the fresh crisp air of the Highlands in Spring. Colour abounds at this time of the year, with a profusion of new growth and, of course, a wonderful show of bulbs that are spectacular in our cool climate.

Browse the market stalls in the Bundanoon Soldiers' Memorial Hall and enjoy refreshments offered by the Bundanoon Lions in one of the gardens. Scarecrows will once again be scattered around the village in hopes of being chosen the best in town by the Lions Club.

It promises to be a magnificent Spring after all the rain we've been having. And there'll be no better way to celebrate than rambling through the gardens of beautiful Bundanoon!

See you there!

Robin Coombes



BIG HEART

Students at Bundanoon School organised an end of year movie night to raise funds for children in remote schools in Upper Mustang. A year earlier funds raised provided solar lights for families in a small village called Tsoshar near the Tibetan border which remains without electricity.

Recently raised funds (an astounding \$841.00) are being used to provide warm jackets for the students at a school in Tsarang (see photo), aswell as subsidising educational material, food and teacher's salaries at the Tsomanjushree School currently running out of Pokhara during COVID.

Students in Upper Mustang are immensely grateful to have friends in theBundanoon Public School community, and for kind hearts in difficult and uncertain times.

Thank you amazing Bundanoon Public School. You're philanthropic superstars!

- Margie Thomas





TAKES ON THE EXETER VILLAGE MARKET

In a move to secure the ongoing future of the renowned Exeter Village Market, the Exeter Village Association (EVA) will own and oversee the market.

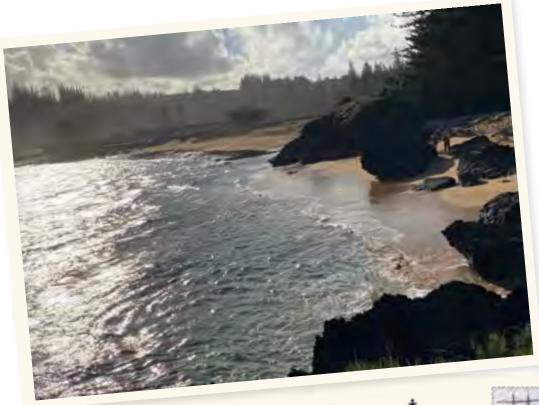
EVA Chair, Jonathan Baxter, said of the acquisition, "it is a perfect fit for EVA. The markets are a true community event and the EVA Committee will work with WSC to ensure the market continues well into the future for the benefit of local

JCG

residents, businesses and the very talented stallholders who produce and sell their goods."

The market, run on the first Saturday of the month, hosts up to 65 stalls and proudly offers a wide range of locally produced food, clothing, homewares and artisan goods. Gardening enthusiasts are well catered for with plants, garden equipment and unique decorative items. For food lovers, specialty bread, cakes, confectionery, fruit and veg, specialty smallgoods, teas, preserves and condiments are complimented by a choice of international cuisine.

https://www.exetervillagemarket.com/





Of course, a good time was had by all.

New friendships made and old ones renewed.

Well done Ralph and the BHG team.

Where to next??

X The Bundanoon History Group



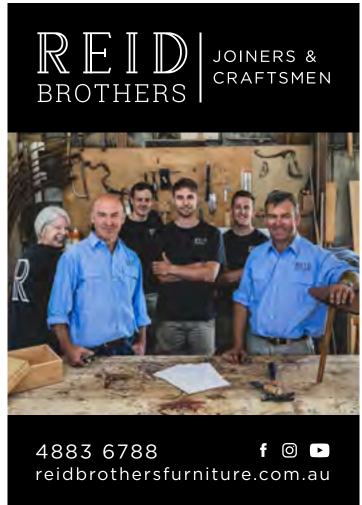
PO Box 12

Bundanoon NSW 2578

Bundanoon History Group's headquarters at **The Old Goods Shed** is open every market day (1st and 3rd Sundays of each month), or by appointment.

History Group Meetings are on the first Monday of each month, except January, at the Bundanoon Memorial Hall.

See bundanoonhistory.org.au for further details.





Located at the very convenient and modern Osborne Centre, **Suite 1** is now available for tenancy at a very affordable rate of \$700 p/mth plus GST and is the perfect office space.

The suite offers approximately 23sqm of floor space and is located at the front of the building. Features: R/C air conditioning, NBN available, ample power outlets & phone lines, disabled access, shared bathroom facilities and kitchenette. Common areas are cleaned weekly. Ample signage opportunities available.

Arrange your inspection today.

Contact Elaine on 4883 6744.







Warrigal Bundanoon Auxiliary Inc -supports Warrigal Bundanoon providing care and support for older persons to create an inspiring community.

Help us with fundraising

We consign donated household goods through The Good Yarn, a charity shop in Bundanoon.

This is our main source of income during Covid times.

Thanks to all those who have donated goods in the past. Phone Ann 4883 7784 or Janice 0400 418 737.

The Auxiliary held a successful **Cake Stall** earlier in March, so we are following this up with another one to be held on Saturday 27th August in the Bundanoon Village. Look out for us in the main street from 8 am. Any donations of cooking will be gladly accepted. Please contact Margaret 0408 654 347 or Ann 48837784.

A **Fashion Parade** will be held at the Bundanoon Club on 21st September at 10am. Fashions by Highland Lady Morning tea and Lucky Door prizes. Tickets \$30.00, Make up a table and come along for all the spring fashions. Phone Ann 4883 7784 or Janice 0400 418 737.

A **Seafood Raffle** will be held in August/ September and drawn at the Fashion Parade in September. Look out for ticket sellers in the springtime.

Volunteers play an integral part at Warrigal.

Volunteers play an integral part at Warrigal. There are many roles available as a Volunteer. Contact the Volunteer Coordinator,

Michelle Chate 0436 806 723 mchate@warrigal.com.au for more information.



Life in a CWA Branch is never boring

There's always something happening and always a looking ahead to 'What's Next?', 'Where to from Here?'

The CWA of NSW rose from the first Bushwomen's Conference held during the RAS Show. The Annual Conference is held the first week of May, with 2022 being a special Centenary celebration at Royal Randwick!

Advocacy for the improvement of conditions and welfare for women and families is a CWA primary aim and every member can raise and discuss issues of local, regional or state importance within their branch.

Branches may formally propose a motion for advocacy to their Group (region). If carried, the matter is categorised by State Office (as Agricultural/Environmental, Education, Health and Social Security, Transport and Communications, or Association Activities) and voted on at the Annual Conference. Each branch across the State is entitled to two voting delegates and all members may attend as observers.

It's also a time of judging for State competitions. We congratulate Terry Bruce of Exeter Branch for 1st place in the Poetry section! Four other Exeter Branch members are eagerly awaiting the results of the State Handicraft Awards, after being awarded 1st at Group level.

Bundanoon CWA laid a wreath this Anzac Day and for the first time linked with Bundanoon LIONS to provide light refreshments for both services. Exeter CWA also recognises this day by laying of a wreath.

The Bundanoon CWA Autumn Garage Sale raised funds for Bundanoon school and other CWA endeavours. Watch for updates and activities on the soon to be launched FB page!

Exeter CWA are again catering the Volunteer Refreshment and Lunch tent for the two-day Wingello Forest Endurance Ride in May, which attracts close to 350 horses and riders.

Future activities of each branch will be based on the interests of members, knowledge and understanding of our community needs, and ideas arising from advocacy motions carried at State Conference.

Bundanoon CWA has plans to update their rooms (including a brand new interior colour scheme!) to offer a quiet place for those who work from home when needed, and to provide a meeting place for other community groups.



Bundanoon CWA will have a stall at 'Winterfest'.

At Brigadoon (6th August), Exeter CWA will have their usual stall: jams, shortbread, cakes and Scottish theme handicrafts and will also provide a Rest Area for nursing mothers, the elderly and the just exhausted! Bundanoon CWA will set-up a refreshment stall at the Brigadoon bus stop outside CWA rooms.

Exeter CWA has two community workshop events planned. In August – "Country 101" for new residents, especially those making a 'tree change'. In September – "Snake Awareness Seminar", a certificated course for outdoor workers, including farmers, farm workers, rural contractors and bush regenerators.

Then it will be "party time" as we celebrate the two anniversaries of the two branches covered by the JCG distribution! 95 years for Bundanoon and 75 years for Exeter!

Loretta Carr, Bundanoon Branch ph: 4883 6732

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Pat Hughes, Exeter Branch ph: 0413 136 166





BUNDANOON PHOTOGRAPHY GROUP

Our President's Cup theme for April was Macro.

Meg Nurse won the competition with her succulent image (above left) and Phil Benson won the Pepperoni Prize with his beautifully coloured Iris (below left).

Check the face book page for details of the 2020 calendar and members photographs on Bundanoon Photography Group.

Monthly Outings are subject to change whilst restrictions are in force.

The club offers a friendly atmosphere to all levels of experience, from beginners to advanced photographers. We share our photographs and experiences in a relaxed and welcoming environment.

New members are welcome, please contact

President, Peter Gray 4883 6312 / 041 922 3928

Secretary, Joy Brown 4883 6456 or e-mail photos2578@gmail.com

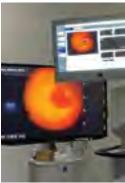


LIONS









"What does LIONS do?" is a question we are asked all the time. This is just one area where your donations are used.

LIONS NSW EYE BANK

The Eye Hospital Ophthalmologists and Nursing staff have expressed their profound thanks to the Save Sight Foundation for its \$100,000 donation towards the purchase of the Artevo 800 ACT Digital Microscope for use in Eye Surgery.

The microscope has revolutionised eye surgery by allowing the surgeons to see a 3D image of the eye on a screen, including looking both from front on and across the layers of the eye resulting in more accurate surgery and diagnosis.

It also allows surgeons and students around the world to observe operations and in some situations allows Specialist Ophthalmologists to advise the appropriate procedure to the surgeon while performing the operation.

Lion Rosemary Sheather
 District 201N5 Director

BUNDANOON LIONS CELEBRATE 30 YEARS

We're an active group and over the last 30 years we have made many contributions to the village and surrounds.

FIND OUT HOW YOU CAN JOIN

As a Lions Club member, you'll join a group of service-minded men and women who are passionate about volunteering and making a difference in the community.

Membership is by invitation – so please make contact.

Peter Goulding 4883 7700 Christine Janssen 0417 285 364

Bundanoon Public School





DINOSAUR GARDEN

The Bundanoon Public School Dinosaur Garden sits on a shaded slope bordering Church Street. Previously unused, the area is shady, sloped and damp. The environment is much like rainforest patches found in Morton National Park.

Given the visibility of the Dinosaur Garden to the street, we made careful consideration of planting and use. As a dinosaur garden, the school's concept was based on recognising past environments and geological features like gullies, sandstone plateaus, seams

of coal and shale, and (would you believe) fossil beds.

As a school resource, it is now used to teach land management strategies. Our efforts are ongoing to transform the unused, weedy spot and reclassify it as a rainforest zone. The trees we plant will become a carbon store to assist with combatting climate change.

Successive Year 6 cohorts are custodians of the garden, sharing their knowledge with younger students. Our 2018 Year 6 students designed, created and placed a unique stepping-stone pathway through the garden's base as an end of year departing gift to the school. We hope that they will revisit the garden in future years to admire its development and reflect on their contribution to its beauty. Our students are encouraged to research and collaborate on how best to use this area as a shared space with nature.

As a habitat, the garden was previously filled with what are considered weed species e.g., agapanthus, English ivy, Japanese honeysuckle and blackberry. With working bees, we removed the invasive species, with the view to developing a biodiversity hub for flora and fauna.

One of our initial focuses was to encourage the local lyrebirds into our space with habitat development and improvement. Students investigated the needs of that species (access to food, water and shelter) to create a welcoming environment. We have an excellent supply of mulch that will be spread in the area to encourage an increase in invertebrate population and subsequent lyrebird foraging.

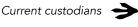
A pond has recently been purchased to supply water alongside plants that will provide shelter as they mature. To add to the current environment, we will install nest boxes for possums, birds, microbats, invertebrates and frogs.

Students also use the garden as a surveying site where we have regular evidence of possum use and they have even unearthed a fruit bat skeleton. After all, what is a dinosaur garden without an "archaeological dig" for bones? The data we collect will help us plan for the maintenance of



Dinosaur sign













current animal populations, and recognise what is missing in this habitat. Within the school grounds, we aim to provide refuge to wildlife in times of drought and bushfire.

Working with our community volunteers and our ongoing working relationship with botanical experts from Sydney Royal Botanic Gardens, we have identified plants we don't want on a site overlooking the National Park and are gradually replacing them with suitable natives.

We planted a wide variety of ferns (as students spontaneously hummed the theme from Jurassic Park) and new grass trees (with a growth rate of 1-2cm a year), and Wollemi Pines (pine-o-saurs) donated by community members. Our most recent addition to the dinosaur garden is epiphytic staghorns, building layers of habitat on the existing structure of mature tree trunks (they look awesome). We are still on the lookout for burrawangs to include in our garden.

Our next venture is the design and construction of a dinosaur nest with dinosaur scaled eggs, following a suggestion by community volunteers who had looked at a similar concept at Retford Park in Bowral.

The garden is becoming a Bundanoon community asset, aesthetically pleasing to visitors driving past our school to the National Park. Our school continues to be recognised as a community space as we work alongside the Bundanoon Makers Markets, the NSW Teacher Federation Beginning Teachers conference, various community choirs, and out of area community groups. We are proud of sharing our space and believe that a school should be a central part of any community.

Bundanoon Public School is a public asset and it is our goal to make it a showcase school in the Southern Highlands. We welcome donations or volunteers to join us in making a positive impact on the future, our students, our environment and our village. Be sure to watch our garden grow when you next visit our school or wander past and remember, "we all come from different trees, but it is the same garden."

Greg McCroary







— BUNDANOON —



Southern Highlands Over 55s Lifestyle Community

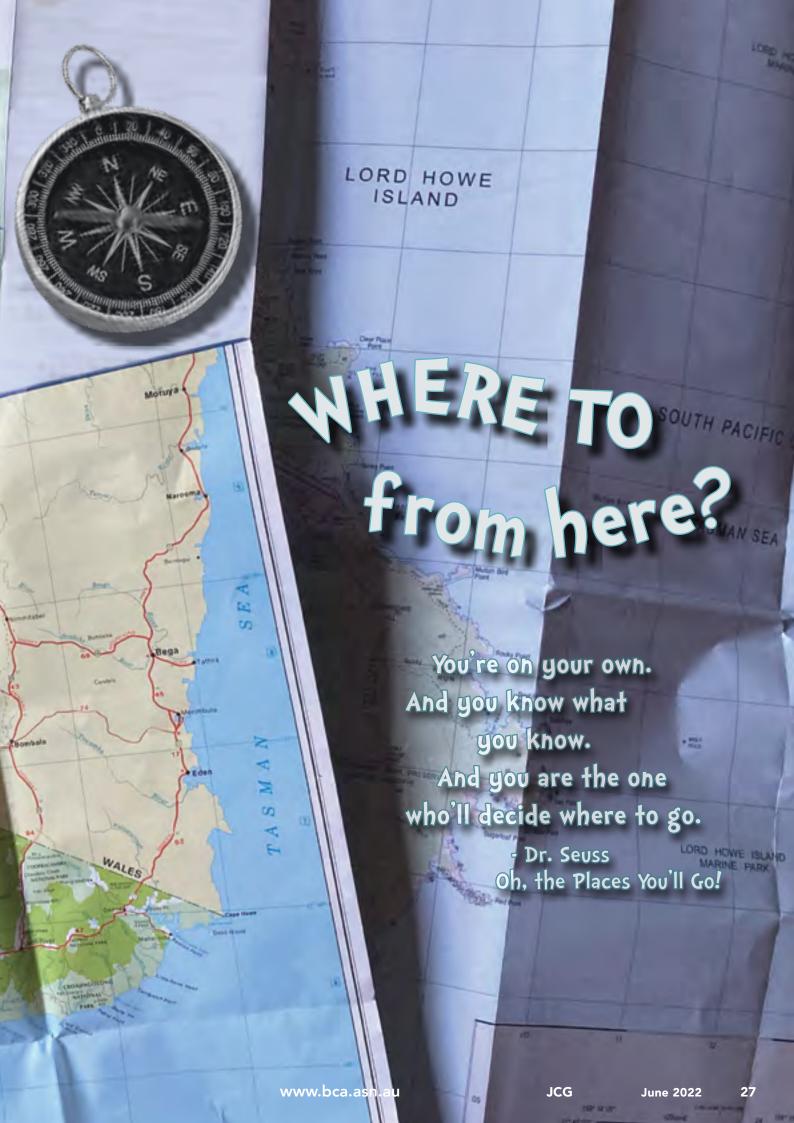
Continue to enjoy village life in the beautiful surrounds of Bundanoon. Strata titled, architecturally designed homes in the community you know and love. Construction has commenced with homes being available in the second half of 2022.

REGISTER YOUR INTEREST NOW

www.woodsidebundanoon.com.au







Alpine Odyssey

An odyssey for a yarn by Huw Kingston

A wombat shuffles across

the snow and, while it does, a rosella flashes brightly across the marbled, ice-rimed trunk of a snowgum. Steep, cliff lined gullies surprise all those who see or ski them the first time. Our alpine country has held me in its thrall for over 35 years, Australia's highest land on the world's flattest continent is a very special place. A place of our highest mountains and the source of our longest rivers.

For countless thousands of years before I carved turns down its flanks or held onto my tent in wild blizzards, our First Nations people gathered, in the alpine summer months, in great corroborees, to trade, share stories and feast upon the protein rich Bogong Moths that smothered the high country. Sharing stories, yarning.

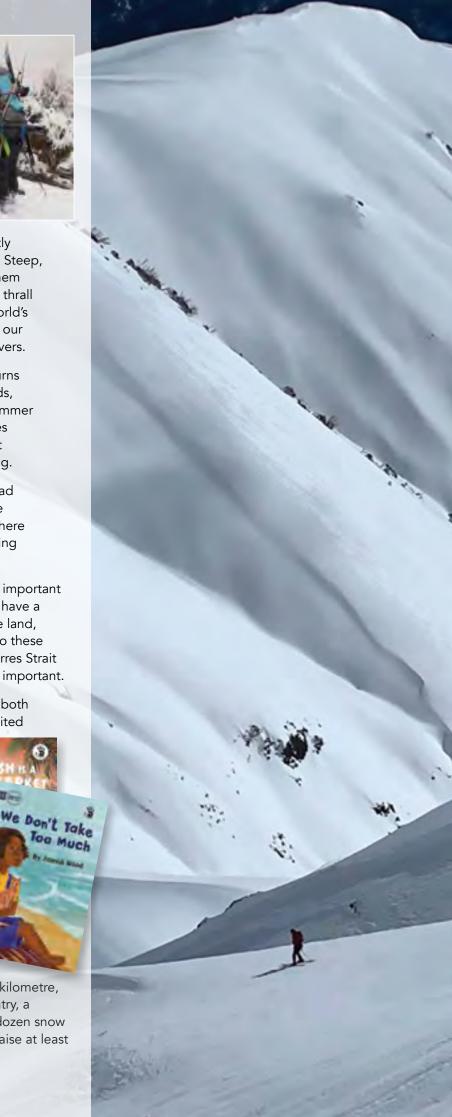
Australia, like many colonial-based nations, has a sad and sorry history in its treatment of those who were here first. There is still much work to be done but there is an increasing mood for reconciliation, an increasing pride in the oldest continuous culture on earth.

Storytelling and the passing down of knowledge is important in all cultures. In Australia our First Nations people have a complex and rich vein of stories linking them to the land, the oceans, the sky and to each other. Holding onto these stories, firstly passing them onto Aboriginal and Torres Strait children, but also to the wider population, is vitally important.

Literacy is also important in any modern nation for both economic and social wellbeing. So I was pretty excited to hear about *Our Yarning*.

I have worked with Save the Children for the best part of a decade. Library for All, owned by Save the Children, is an NGO dedicated to lifting literacy rates in dozens of countries across the globe. *Our Yarning* is a Library For All project to produce age appropriate books for Indigenous Australian children, written and illustrated by Indigenous authors and illustrators, telling their stories, their way.

Linking back to the Australian snow country, in late July I will set off on my Alpine Odyssey, a 600-kilometre, 50 day journey skiing the length of our alpine country, a journey that will also see me skiing at each of the dozen snow resorts en route. My winter traverse will hopefully raise at least







\$50,000 for Our Yarning. This will help fund the writing, illustration and production of books as well as hosting a workshop for budding Indigenous authors and illustrators.

25 years ago, I did a similar winter journey, but not including the resorts. It was tough with blizzards, rain, thick bush, navigational challenges, river crossings and distance all stymying progress. I didn't see another soul in the first three weeks. But of course, bluesky days, moonlit nights, snow covered ranges and old mountain huts easily balanced the ledger.

25 years on, I'm certainly older but perhaps no wiser. But the success of the *Our Yarning* fundraising is as important to me as the success of my journey. To do just a little bit to keep those traditional stories alive.

You can contribute to the Our Yarning fundraising at

huwkingston.com/alpine-odyssey

I acknowledge that throughout this journey I am travelling on traditional lands, the sovereignty of which has never been ceded. I hugely respect the incredible culture and knowledge of the Gunai-Kurnai, Jaimathang, Taungurung, Dhudhuroa, Monero-Ngarigo, Ngarigu-Currawong, Wongalu and Ngunnawal people whose land I will cross in the Australian alpine country.





Peter and Genevieve Stewart brave the weather and head north on bikes

For over a year, Peter and Genevieve planned a slow motorcycle trip, riding back roads as much as possible, skirting around Sydney and criss-crossing the Pacific Highway to the Gold Coast. They finally took off in February 2022. New to motorcycle riding, Gen has a Honda CB125, that's right 125cc engine,10hp and max of 80kmph downhill with a tailwind. Peter hired a CB125 to match Gen on the journey.

DAY 1 Great weather as we kicked off the adventure. Took it easy along the dirt of Canyonleigh Road, getting a feel for gravel. Swallow Tail Pass quite rocky and washed out, so we slowly picked our way down to the river where I put my feet in the water on the approach - wet feet. Pete rode both bikes through another puddle before Bannaby, putting his feet down!!. Arrived in Taralga, I changed my wet socks, but Pete didn't pack socks (Target in Lithgow tonight). Onto Oberon. Foggy between Oberon and Hampton where there was a great place for coffee, then onto Lithgow via Lake Lyle, checked into our motel safe and sound.

 ${f DAY~2}$ Perfect weather for day two. Climbed out of Lithgow and rode along the Bells Line of Road onto Putty Road. Hundreds of other bikes out (Sunday) - it's a popular bikers' route and they all stop at Grey Gums Cafe where we lunched. Every bike you could imagine, but no other lunatics on CB125's heading to Queensland. Continued along Putty Road to the Hunter Valley, Singleton and through to Dungog. Today's conversation on the in-helmet intercom was about the waving and nodding bikers do when they pass each other. Seems BMW riders don't bother with it.

DAY 3 Warm weather today. Leaving Dungog, we headed over the range through Stroud into Bulahdelah. Then across onto the Lakes Way to Forster and a break at Tuncurry to sort out a technical issue with our intercoms. Unavoidably onto the Freeway over the Manning River past Taree, turning off as soon as possible to Harrington for lunch at a waterside pub, then up a quiet dirt road to Port Macquarie and across on the Settlement Point car ferry. We rode into Crescent Head along another dirt road quite late in the day. Not too many miles today, but we had a few long breaks. Caravans were the topic of today's conversation, so many grey nomads travelling around the NSW Mid North Coast.





DAY 4 We left early under a beautiful blue sky. Pushed all day with only short stops. Just south of Coffs Harbour and it started sprinkling so on with the rain suits. Lunched early at Coffs then rain all the way to Grafton, then up into the mountains through Nana Glen where it poured. I had major vision issues with my goggles fogging up badly, it was my first time ever riding in the rain, and not being able to see properly required a lot of concentration. I stayed close behind Pete in his Fluro rain suit and got into Grafton. Happy to get to our accommodation and get the gear washed and dried. Not sure what the weather has for us tomorrow, but I guess we will just have to deal with it.

DAY 5 During breakfast the skies opened. We bought a helmet visor at a workwear store and Pete taped it on; it was the best \$16 spent on the trip - I could see again. Rain came and went throughout the morning. Our route was muddy and spongy dirt, so we turned around after about 1 kilometre and detoured through Casino, lunched at Lismore then hit the coast at Lennox Head. A look at Byron Bay lighthouse, then coffee in the main street. We had to ride the Expressway for a kilometre to cross the Tweed River, and along to the Border Monument where our friends and former Bundanoon residents, Tim and Louise greeted us and took photos. So, after 1467km of back roads and dirt tracks, we made it! I was absolutely soaked to the bones again and very happy not to be riding tomorrow. I had a hot shower and many glasses of wine to celebrate the end of the trip. We stayed with Tim and Lou for the night, telling stories of our trip and catching up with old friends.

The next day I would be flying home and two friends of Pete's flew up, the three of them to ride the bikes back home. The boys encountered torrential rain, and flooding on their return trip, and I didn't envy them at all.

We had intercom headsets for the trip which were unreal. To be able to talk to each other about sights, traffic and road conditions was fantastic.

It was great travelling slowly along the back roads and visiting all those towns that have been bypassed by each version of the Expressway. I would love to do it again perhaps shorter (km) days, and to be able to change the route on the fly and stay in good weather.

What's next?

Thoughts from a senior

Ask a small child and they might tell you they are going to the beach tomorrow.

A 12-year-old will tell you they can't wait to be a teenager.

A teenager can't wait to leave home.

And prospective IVFparents keep planning for a baby.

If talking about society and 'where to from here' it seems, at the moment, that Covid still shapes our lives.

It's difficult to predict what life will be like after Covid - whether planning an overseas trip or a special event next year. It's OK to be optimistic but there is still the nagging thought that it might be cancelled.

By the time the JCG June issue is published there will be a new government. Do you think, whether Labor, Coalition or 'Hung', there will be a clear vision for our future? It seems unlikely if the earl days of campaigning are any indication.

So — Where to from here?

Parents, almost universally, hope their children will become strong, happy, well-adjusted adults. That requires a commitment of at least twenty years; in some cases, if there are no children, those years are for advancing a career and having good times.

When that's done it's time to think about the future. Maybe that's when five- or ten-year plans become useful.

Ten is possibly too ambitious. Settle for five?

From fifty to sixty there can be a lot going on: changing jobs or retirement, moving house, a new relationship, family weddings and replacing the much loved, departed family dog.

Between sixty and seventy, having finally emptied the nest and not having a serious illness there are so many things that fit into a five-year plan: downsizing, travel, enjoyment of grandchildren, time with friends and perhaps joining one or two community groups.

After seventy, health and finances permitting, life is to be enjoyed. If struggling with poor health, consider contacting My Aged Care, a government service designed to provide assistance for elderly people. A five-year plan is still OK but it comes as a surprise when everyone in the room is singing 'Happy 80th Birthday'.

It's often the case that new knees and hips can't be postponed.

It's probably a good idea to keep making plans but don't be surprised if they go off course.

Some eighty- five year olds remain healthy and look forward to reaching ninety, but being realistic, having to pass a driving test is a sharp reminder that old age is here.

Loss of memory and/or mobility can call for some degree of aged care. Family members may step in to assist with decision making.

Maybe it will be possible to stay at home with My Aged Care services. It's worth pursuing; there's so much help out there and it's there to keep you in your own home.

If an aged care facility is required, it is hoped that a family member will help with research to assist with decision making.

Reaching ninety is a triumph and it takes courage to think about the next decade. Even a five-year plan looks ambitious.

Congratulations are well deserved for those who arrive intact at ninety but from then onwards there are those who look forward to receiving a letter from the Queen and others ...

Have a good life!





Medical Emergency

Annie Goodridge

Lights flashing, a low moan as we hit the bumps. Was that me? Oh please just knock me out! In the relative quiet of the nocturnal hospital I hear the magic word, Morphine. Bliss as I slipped away.

Never fear dear reader, I was to waken in a bright quiet room staring up at the ceiling, then down to my body with tubes dangling from arms, nose and Lord knows where else.

An angel in blue by my bedside gently explained where I was, what had happened and how I would be managed for the next few days. I listened carefully and, remembering nothing, drifted again into oblivion.

And I thought I was indestructible.

Caring family and friends discussed the need to maybe face reality. "The garden is heavy maintenance and maybe it is getting too much for you. Of course you won't be climbing on the roof again to clean the gutters". I smiled benignly happily accepting the kind offers to mow the foot-long grass. A temporary arrangement as my new mower is more friendly than the old one and I actually enjoy being in charge of grassy areas.

Languishing in hospital leaves much time to consider; My desire to soldier on regardless is rather sailfish don't you agree and a burden those who have shown me such loving care.

Where to from here?

Henceforth, I will not shimmy up ladders indiscriminately but I do like to sit on the veranda roof. Such a lovely view and it would be silly not to clean a gutter or two while on site. There is a little voice that has been chirping in my head, reminding me of unfinished writings, gathered over the years. From the jottings of an imaginative child who always had pencil and pad at hand, to the teenager planning a better world and how to get even with the bully boy in year 8.

I am reminded of unfinished stories, plays without endings, poems which leaned towards surreal, comments on the state of the nation, the world and myself.

Reams of travel tales during 50-odd years of exploring near and far. My father, an amazing administrator, kept all my early letters, carefully stored in chronological order. In this, my time of imprisonment for my own good, I began to read my scrawly epistles. Never one to do the ordinary, it is a wonder I survived to tell the tale. I promised that chirping voice I would gather some and write up the more interesting, funny and plain scary bits.

What was I doing in grey Budapest in 1969 - that poor city ravished by neglect and covered in bullet holes from the 1956 uprising?

That annoying little voice persists. What about the room you call an "engine room"? Nothing has been engineered there for months, years. Cupboards of luscious fabrics, bales of gorgeous wools, a sewing machine weeping in the corner, unused and unloved. Just like that poor piano, waiting to have those ancient ivories stroked and Chopin to come drifting through the house.

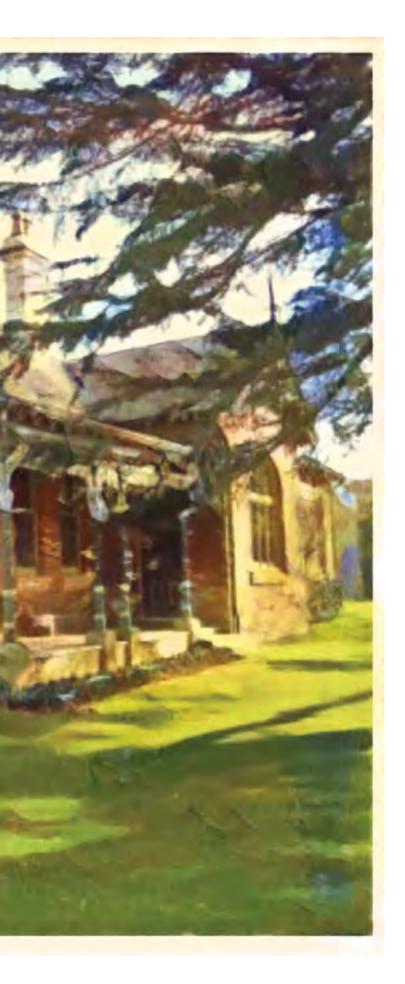
Changes are afoot.

Perhaps I will discover a literary masterpiece or a play to shock the masses.

33

You will be the first to know.





WHERE TO NEAR HERE...

'Where to' is literally and figuratively up the road barely a kilometre from the Exeter 'CBD'. And it takes us a step back in time to 1904 when a beautiful home was built.

Known to many locals as 'Where to' because the majority of people on the western side of the Tasman Sea aren't quite sure how to pronounce this beautiful home's Maori name, *Whare Tau* (approximately pronounced 'far-ray tow') which means'Our Home', was built for its first owner, Denis Sheil, by AlfredStephens & Company of Bowral more than a century ago.

A local dairyfarmer with two farms, Sheil was the grandson of a convict who arrived in Australia in 1812. Sheil inherited via his mother from her brother, aQueensland cattle king, James Tyson. This gracious Federation style home is made of double-brick with a Welsh slate roof, and has many elegant internal features. It boasts intricate timber fretwork with large arched windows. Interior details include painted pressed-metal ceilings, marble fireplaces, four beautiful ionic columns in the hallway, leadlight doors, kauri pine floors, carved cedar doorways, skirting boards and picture rails. The home also had a servants' bell system installed by a Bowral plumber.

A subsequent owner in the second half of the twentieth century was Irene Hope Meek who is credited with having brought the Girl Guide Association to Australia. Ms Meek remained patron of the Guides until her death in1992. Still set in extensive grounds, *Whare Tau* is secluded from street view yet is only a few minutes' walk to the Exeter 'CBD'.

It's satisfying to know this lovely old home is treasured by our community and formally protected with National Trust listing.

Angela Williamson
 EVA Committee member & BCA member
 (With appreciation to Linda Emery, well-known local historian, whose research prompted this story).

From little things big things grow

Wynlen House Artisan Village Farm & Learning Centre



A lot has happened in our lives as the market garden ladies from Wynlen House. Over the last few years we grew food and taught others how to grow through the four years of drought. We breathed in three months of the smoke from the burning of much of the east coast of Australia. Then there was a world-wide pandemic followed by a non-summer, extensive rain, and flooding. In the middle of all that, somehow, we moved our large urban farm to Bundanoon and stopped the market garden in favour of growing garlic and pumpkins in partnership with Victoria Royds of Clarevale Farm in Braidwood. When we think about all of that, we can feel overwhelmed and somewhat powerless. But there is one motto that has always helped us refocus during tough times: Grow Food, Eat Local.

For us at Wynlen House, growing nutrient packed, flavour filled organic food - vegetables, eggs and table poultry- always offered an opportunity to put meaning and productivity into our life. When we eat food we have grown ourselves, or help others to grow and enjoy their own fresh produce, we feel we are doing something positive. Working with the soil this way provides focus and gives us immense joy. A produce garden, whether small or large, can help reduce food costs and improve mental and physical health. Eating food that has been grown with passion, love and care is eating the best food in the world.

We like to use the term "Slow Food", from the Slow Food movement that began in Italy in the 70's, as a descriptor of the approach we take to producing and consuming food. The approach is based on the Slow Food concept defined by three interconnected principles: good, clean and fair.

GOOD: quality and healthy food. A fresh and flavoursome seasonal diet that satisfies the senses and is part of our local culture.

CLEAN: production that does not harm the environment, animal welfare or our health

FAIR: accessible prices for consumers and fair conditions and pay for producers

It's about caring where our food comes from; how and where it is grown; and how it is processed, prepared and shared. Consuming food is an important part of the agricultural process. It is also about producing local food, with no food miles, and about sharing food knowledge. Following these principles, we can all contribute in some small way to saving the planet one meal at a time, especially if that meal is based on what we grow in our own backyards or balconies.

Internationally, The United Nations Food and Agricultural Organisation (FOA) ultimate vision is that of "a world free from hunger and malnutrition, where food and agriculture contribute to improving the living standards of all, especially the poorest, in an economically, socially and environmentally sustainable manner". Current food production and distribution systems are failing to feed the world with global food empires controlling 80% of world agriculture. As consumers we are increasingly at their mercy. Growing some of your own food and eating locallygrown food is a major step towards food security and independence for each of us. Our produce gardens, whether small or large, can help reduce food costs, maintain healthy soil, conserve resources, and empower local farmers. Just as importantly you will be amazed at the flavour of nutrient-dense, pesticideand herbicide-free vegetables and at the way that flavour and freshness can transform your every meal.



Want to make a start?

Let's take a closer look at how much you can grow right now in a small space using permaculture principles. The following is based on a May planting in Bundanoon. If planting later, expect slower growth and longer to harvest. Prepare a humble one square metre of ground/pots and get planting:

Broccoli – Plant as seedlings 35cm apart. Max 3 plants. Harvest 12- 14 weeks (from early July)

Lettuce loose leaf - Plant as seedlings 15cm apart. 6 to 7 plants. Harvest from 6 weeks (from mid-May)

Leeks - Plant as seedlings 10cm apart. 2 rows planted – total 20 plants. Harvest from 10 weeks. (from mid-June)

Carrots - Sow seed thickly. (do not thin seed out). Start harvesting thinnings from 6 - 8 weeks. Continue harvesting as carrots grow. Approx.16 to 20 full sized carrots.

Chois -pak bok joi – Plant as seedlings 15cm apart. 6 to 7 plants. Harvest from 4 weeks or leave to grow larger.

Beetroot – Plant as seedlings 10 - 15cm apart. 6 to 10 plants. Start harvesting from 8 weeks (baby beets)

Silverbeet – Plant as seedlings 25 – 30cm apart. 3 to 4 plants. Harvest from 6 weeks (mid-May, through winter.) Radishes from seed could be grown between silverbeet plants. Harvest from 6 weeks.

It is not possible for all of us to grow food but we can still vote with our fork! We can buy organic; we can buy local! There are a number of small, organic market gardens across the Southern Highlands. Every meal can make a difference and in the words of a popular Paul Kelly song this can be a new beginning for each of us because "From little things big things Grow".

Further information visit Wynlen House at www.wynlenhouse.com.au

Bronwyn Richards, Head Gardener
Helen Lynch, Chief Weeder







www.bca.asn.au JCG June 2022



A Dream

Susan South

I became aware of The Men's Shed quite a few years ago. It's an organisation to support men in a variety of ways but primarily to provide mental health support, a place where they can come together on a weekly basis to share stories and skills.

The Men's Shed has grown considerably and is now a very successful worldwide organisation. When I retired, I became acutely aware that something similar could also be a good thing for women. Whilst living in Bowral I began researching by visiting the Bowral and Moss Vale groups – both very different from each other but highly successful. Five years later and now living in Bundanoon, I decided to look into this a little more.

It began by casual conversation with women I met at various Bundanoon community functions. I was delighted to find a really positive response to my idea so felt it worthwhile making a commitment to see if we could get a Women's Shed off the ground here, fully expecting it to be a separate entity from the Men's Shed. However, during my research I came across The Robertson Men's and Women's Shed. What a great idea, sharing facilities and costs – a true winner!

I decided to commit to a three-year plan and began in June 2021 by first meeting with the committee of The Bundanoon Men's Shed to gauge their thoughts on the idea. They were interested to see how Robertson was managed, so paid them a visit. Then Covid came along and shut everything down, so we were at a standstill for some months. In December when things were on the move again, I paid a visit to Robertson where I met with their Secretary, Claire Hewat, who was most accommodating and a great mentor.

Claire attended the Bundanoon Community
Association February meeting and was the guest
speaker. Claire was able to give substantial
insight into the start of their project and its rapid
progress. People go to Robbo from as far afield as
Wollongong, Colo Vale, Mittagong and Bundanoon.



With a government grant of \$291,000 they built, from scratch, a building to accommodate both a Men's and Women's Shed, with disability access – this turned out to be an asset and a great boost for the Robbo community.

The men meet on Tuesdays and Thursdays and the women on Fridays. A couple of the men attend the Friday class to instruct in the use of tools. It's a place where women can learn how to use a drill, saw, how to change the cord on a whipper snipper, hammer a nail, change a washer, restore furniture and the list goes on...

Where to from here? Because of the positive response from the BCA meeting in February, next on the running sheet is to 'get the message out there' and organise a meeting for interested women in the Bundy community, after then to the next base, how to get the project up and running?

Consequently, I look forward to hearing from those who are interested and would like to attend a meeting in July (date to be arranged). Women of any age are welcome and there's no experience necessary.

Please contact me by email: susysouth@gmail.com

A venue for the meeting has not yet been found so any offer would be greatly appreciated.

Note:

The Men's Shed originated in Australia and is now worldwide. One of the precursors of the movement began in the 1980's in Broken Hill, NSW (purely coincidental that my daughter now lives there), involving former miners. Another was the Albury Manual Activities Centre – know as The Albury Men's Shed which opened in 1978. The Men' Shed is supported by the Australian Government Department of Health and is apolitical.

Where to from Here?

Well, frankly, how about nowhere?

The path out of lockdown and social restrictions has seen people rejoicing and raving, booking restaurants and cruise tickets.

But some of us have a dirty secret. We quite liked our isolation, thanks very much. It was a perfect excuse to disconnect. To be able to switch off from the world. Say NO to endless onerous 'babysitting' duties. Avoid dreary relatives. Ignore the emails from the travel companies. Go for full immersion in messy art projects with no need to tidy away as no one would be knocking. Sit by a fire and read the complete works of...take your pick from the pile of 'to be read' volumes by the bed.

The recommended daily exercise was taken in peace, no chattering Pilates 'friend' to disturb the solitary vibe. Mindfulness is certainly easier in solitude. Even the ubiquitous Friday night Zoom socialising could be avoided by miraculous 'technical difficulties' that disappeared just in time for some BritBox binging.

I don't mean to trivialize the pain and suffering that Covid brought to the world. But lockdown was like a re-set button for some. Having a break from doing things the way they were always done opened up new paths to happiness and a realisation of an inner fortitude and the joys of self-reliance. Being alone is not the same as being lonely, and you can surely feel pitifully lonely in a crowd.

I'm sure even the most curmudgeonly amongst my reclusive cohort will ease back into some form of socialising. But if you ask me what my plans are, I'll say, "to continue to be still, to be in the moment, to stay where I am happy and go nowhere that I'm not."

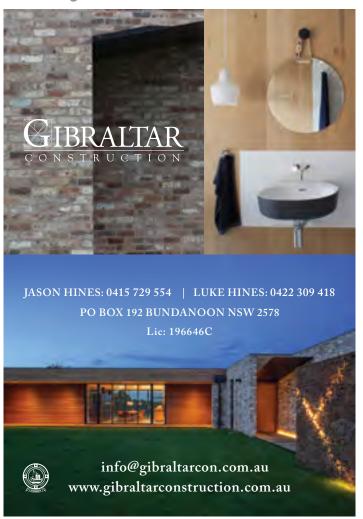
- Anonymous



But on you will go
though the weather be foul.
On you will go
though your enemies prowl.
On you will go
though the Hakken-Kraks howl.
Onward up many
a frightening creek,
though your arms may get sore
and your sneakers may leak.

On and on you will hike,
And I know you'll hike far
and face up to your problems
whatever they are.

– excerpt from Oh! The Places You'll Go by Dr Seuss







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I DON'T LIKE THE IDEA OF GETTING OLD

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I don't like the idea of getting old It's not much fun, so I'm told I ponder upon the road I've traveled About the things that didn't go to plan, unraveled

The hopes and dreams, I thought would be Part of my life's evolving story Failed, by and large, to eventuate Affords me a reason to ruminate

I played my role in the pageant of life I managed to keep out of any real strife Two spouses, one son, four grandkids emerged Into a world that's been thoroughly scourged

I thought I was different, had insight and all I innocently had a propensity to gall Asking questions, to learn how and why Only manages to get me an impatient sigh

It seems I can't easily understand What comes easy to most, I learned second hand I struggle with recognising a face, remembering a name People so often look the same

Neenat would often say life is bitter sweet Truer words one could not hope to meet As I look for a point to my temporal existence The tenets of faith have long lost their assistance

My usefulness to the gene pool has been served I really think that's all that's preserved A heritage I will never see or know What will become of those whose existence I did sow?

The trick has been played and I was sucked in Unknowingly complicit to the comforting spin That life has meaning above and beyond Within it, truth is conveniently spurned

But alas, it's not so, I'm resigned to conclude Now, I don't want to be, for a minute, misconstrued I want the best for all and all for the best I've certainly responded to the selfish gene's behest

It's sad to think that it's a cynical ploy To populate the planet with girl and boy A cancer on Earth has been culpably loosed I fear we've all been blindly seduced

So be it. What should I do? Sulk and mope as I witness deja vu Happening all over again Exposing the deceit I do ordain

There's not much to advocate for growing old Facing deterioration of body, mind and soul Doubts and pain interfere With the simple enjoyment of life's scant cheer

It may seem morose to give voice to these thoughts I really only just joined the dots It's not that my heart is going cold I don't like the idea of getting old



JCG SEPTEMBER 2022 ISSUE

THEME Being crafty

DUE Friday 22 July 2022 SEND TO JCG.editor@bca.asn.au



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A GARDEN VOYAGE

Lyn Morehen

The early morning sun shone as I arrived at the Bundanoon railway station. I was on a journey. I wasn't going to Sydney, or Goulburn or even Canberra. I was going to explore the history, and the present Bundanoon railway gardens, especially the garden along the embankment. I walked along the platform, starting at the gate on the Sydney side and continuing to the end. What a revelation of lush green and autumnal colours, textures and variety greeted me from the plantings in the garden which are healthy and come in all shapes and sizes. There are ground covers, shrubs, perennials and trees, all caught in the morning sun. The heritage plantings, the long-established oaks and crepe myrtle are enhanced by a selection of Australian plants.

I met with enthusiasts from the BCA's Green Team and a representative from Transport for NSW. From them I learnt that the now prolific and verdant gardens that stretch the length of the platform and beyond are the result of history, a respect for heritage and the driving forces provided by the community spirit of Bundanoon and the professionalism of Transport for NSW.

Bundanoon Railway Station celebrated its 150th birthday in 2018. Working closely with the Bundanoon History Group and BCA, its buildings were restored in heritage colours and the embankment gardens redesigned. Landscape plans were made, and new plantings added to the well-established existing trees. Initially these plants had to cope with drought conditions and a limited water supply. The garden upgrade was a trigger for the Green Team to become involved with the garden maintenance.

The Team are usually at the railway embankment on Tuesday morningsclimbing up and down, weeding and pruning - not an easy task. Below is the road and the hazard of traffic. Recently the Team decided that the station area had the potential for new planting and the BCA funded 40 new plants for the embankment near the pedestrian railway crossing. The new plants include Grevillea Royal Mantle, Fine Leaf Myoporum and Dianella Cherry Red. Hopefully they will survive, fill in the gaps and create a green carpet to help suppress the weeds.

The wonderful harmony between the Green Team, the BCA and Transport for NSW ensures that these gardens continue to be well maintained and enhanced for all to enjoy. When next you are at the station, or near the garden in Erith Street, take time to admire the well cared for and healthy plants. Or be like one of my friends who weeds when waiting for a train, to which the Green Team says, 'Go for it'. Passers—by often compliment the team and deservedly so. If you should see the Team at work, add your compliments please. It does make a difference to these volunteers who week by week achieve so much for the community.





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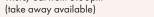
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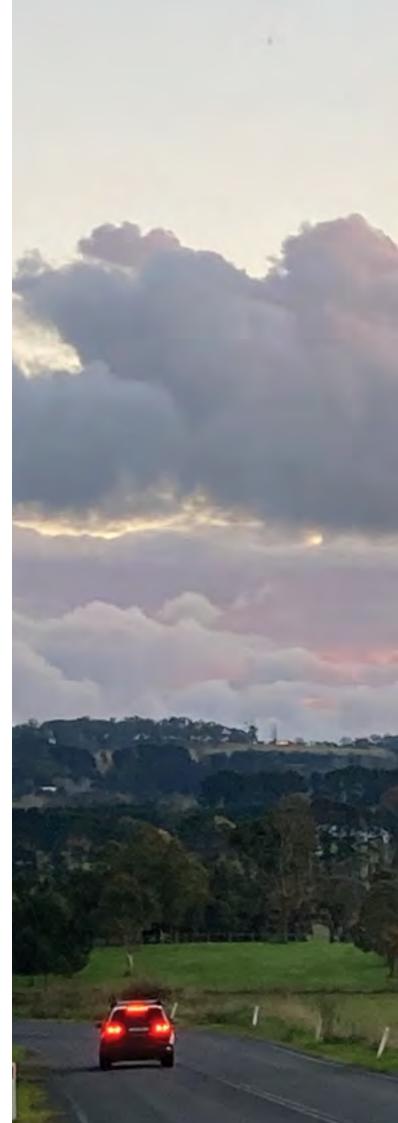


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Questions...

Let's face it, life is full of questions. Most commonly though, are the questions that shape our everyday lives and the paths we take. Should I go to University? Get married? Get divorced, have children, or travel. When will I buy a house, a car, a dog even? Do I like my job? Should I stay? Or find something better, or start a business to seek financial independence or maybe learn a new skill that I have always wanted to do? In any case, we all seek to enrich our lives by deciding which path and venture is best for us to live our best life.

So, what if you have ticked all of these boxes, and think to yourself.." Where to from here?"

Many of us have achieved a long list of life's choice decisions and are hungry for more, and then there are those who are happy and content to stay put in a stage of life that has brought them the joy and contentment they seek. As both a parent of older children and a nana, I'm referring to the juxtaposition of both roles. On one hand we remember all the tantrums and tiaras, trials and tribulations, and tears and tumultuous years of broken romances, and picking up the pieces of broken hearts and dreams. On the other hand we have to remain objective, draw upon our own life's experiences - the good, the bad and the ugly - and guide even our oldest children through uncharted waters of life's decisions. And it actually repeats itself all over again when we have grandchildren in our lives. We measure the contrasts, personality traits, physical and mental similarities of these new little humans into whom we invest so much love and time. We seem to have a much higher tolerance, and a bit more of throwing caution to the wind when it comes to just enjoying, and just having fun (even though we may get into trouble for that sneaky Ice Cream or Chocolate bribe). It's these fun times that we share that are cherished mostly, because in the end all that matters is that a child will remember who was there for them, right through life. Not just the 'Big' events, like Birthdays, Christmas, and school concerts and awards, but the little things like splashing in puddles, picking strawberries together, and making mud pies. The times when you are there to pick them up when they are scared or hurt, or just having a cup of tea and a cookie and talking about their day.

They won't remember how much was spent on them, kids outgrow toys, and the latest fashion craze, but they never outgrow love and time spent with them, as these then become treasured memories of a life lived. So, when I think back and reflect on 'Where to from here' I'm already here.

Enjoy every day Nanas!

- D'Arcy Ward

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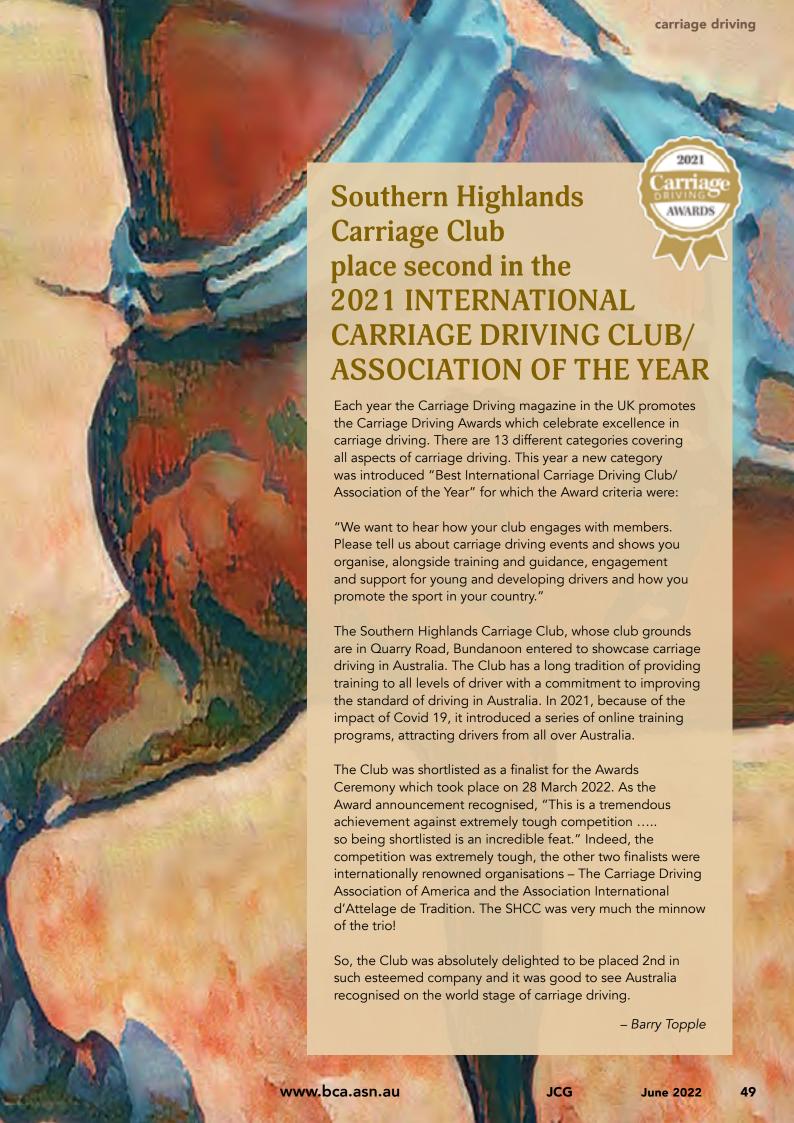


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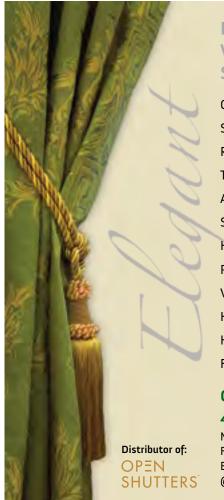
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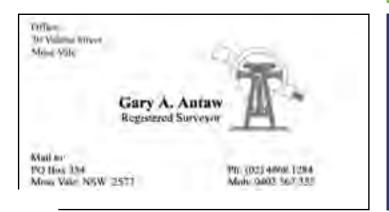


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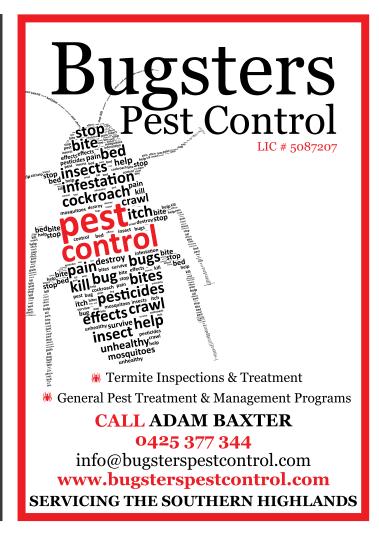


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•	athone Church		
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Pam Ekelund Beauty Therapist	
Quest for Life Foundation	
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HOUSE & GARDEN	
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Bugsters Pest Control	
Complete Chimney Sweep	
Daisy Declutter	
Elegant Window Solutions	
Guttervac	
Home & Garden, Landscaping & Repairs	
Jacqueline Corey curtain making	
Reid Brothers Fine Furniture	
PETS	
Bundanoon Veterinary Hospitalbacl	
Cats Only Pet Care	
Comfort Pet Grooming	
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Ann Fieldhouse, Solicitor & Barrister	
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Gary Antaw, Surveyor	
Highlands IT Marija Higley, Mobile Lawyer	
Nina de Borde, Marriage Celebrant	
Susan Playford, Licensed Conveyancer	
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DEAL ESTATE	
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Henderfield - Woodside Bundanoon	
Highlands Rural Real Estate	
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JCG advertising rates 2022			
advertising rates	include GST	size in mm width x height	Per issue
Full page	in margins	190×273	\$460
	with bleed	220×307	
Half page	horizontal vertical	190×134 93×273	\$250
Quarter page	horizontal vertical	190×52 93×134	\$150
Business Card		93×52	\$85
Special positions (full pages)			
Outside back co	over		\$520
Inside front cover \$515			\$515
Inside back cover \$500			
Early right hand	page		\$480

Finished ad artwork due FRIDAY 29 JULY 2022

• Please supply artwork in PDF FORMAT

Prepaid 4 issues (5% discount)

• Other formats may attract a \$15 + gst processing fee

Beehive Creative can design your ad at the following rates:

• Full pag	ge	 		\$/5	+	gst
 Half page 	ge	 		\$65	+	gst
• Quarter	page	 		\$60	+	gst
	s card					
			_			_

• Small changes to existing artwork from \$25 + gst Email bella@beehivecreative.com.au for further details.

For all other advertising enquiries and bookings please email JCG.Advertising@bca.asn.au

Dear Advertisers

We really appreciate your support of this community magazine which (apart from layout and printing) is run by volunteers.

Please ensure that you inform the advertising manager of any changes or cancellations to your ad prior to the booking date which appears on this page every edition.

If we don't hear from you before the deadline, the ad you have will run.

Thanks again,

JCG Advertising Manager JCG.advertising@bca.asn.au

BOOKING DEADLINE FRIDAY 22 JULY

MATERIAL DEADLINE FRIDAY 29 JULY

NO LATE COPY WILL BE ACCEPTED





Opening hours:

Monday-Friday

9:00am - 5:00pm

Saturday

9:00am - 12:00pm

closed Sundays and Public Holidays

We strive to constantly provide first class, high quality, professional veterinary care to our local community, with a fully equipped veterinary hospital and dedicated, compassionate team of Veterinarians and Veterinary Nurses.

Please do not hesitate to contact us on 4883 6944 if we can be of any assistance to you or the animal members of your family.



Dr Bianca Betros Veterinarian BVSc (Hons I)



Dr Fiona Crago Veterinarian BVSc (Hons I)



Nikki Head Veterinary Nurse (Cert. IV)



Christine Cert. Veterinary Nurse



Felicity Veterinary Nurse (Cert. IV) B. Vet Tech.



Greg Veterinary Nurse (Cert. IV)



4883 6944



bundanoonveterinaryhospital.com.au

11 Railway Avenue Bundanoon NSW 2578 bundanoon@yourvetplus.com.au





