

Jordan's Crossing Gazette
Edition 55
December 2008

FREE to residents of Bundanoon and Southern Villages

jcg



Santi Forest monks

New column: Collectibles

Travel: Glad to be 'home'?

Music-makers: the Coats

Volunteers sharing skills

Josh kicks goals in Japan

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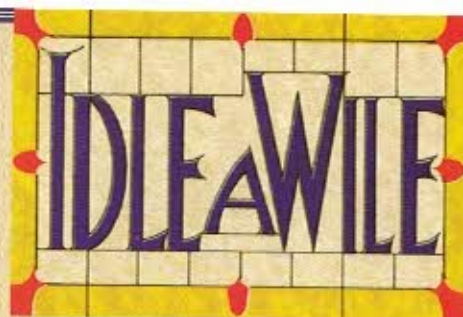


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Cover photograph

Sue Reid, Fiona Angel and Liz Norrie of the Bundanoon P&C cooking up a storm for Highland Fling (see p 31). Photo by Jenny Walker.

Cover design

Ben Mawston

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Pam Davies,
Editor

IDEAS FOR JCG continue to arrive on my desk from many sources in the community and this gives our magazine a distinct local character. The centre section of this issue features most members of the Bundanoon Visitors Group, with businesses in Bundanoon, as well as community organisations involved in catering for events. A reprint of the BVG's town brochure is now available from Bundanoon Real Estate listing all members. It is hoped that you will enjoy learning about the people behind the establishments and volunteer groups responsible for maintaining Bundanoon's reputation for hospitality. Volwing's article explains the work of this organisation and the benefits of becoming a volunteer. The Coats' music-making history reveals their affection for Bundanoon and introduction of a Collectibles column is the first of a series about personal treasures and their origins. Responses to the global warming debate have been published in full on an insert, due to space constraints and a list of relevant environmental groups is included on page 9 of the magazine for your information. I wish our readers a joyful festive season and look forward to bringing you more local interest stories in 2009.

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Hall Hire

To enquire about bookings and rates for the Soldiers' Memorial Hall, please call Bob Smith, 4883 7786.

BCA meetings

Third Thursday each month:
18 Dec 2008, 15 Jan, 19 Feb 2009.

Start 7:30pm in Supper Room at rear of Hall. All welcome.

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Deadline for next issue:
Friday 30 January 2009



Bundanoon Community Association (BCA)



Ralph Clark,
BCA president

BCA report Year in review

2008 WAS A very busy year for BCA. 2009 will be the 75th anniversary of our community association, so it will no doubt be even busier.

The question I have been asked most often over recent weeks concerns the future of BCA's musical presentations. You may be assured that there will be a full

program of events in 2009 and we will seek to continue the standard of excellence which Arts Bundanoon has established. As well as continuing along our traditional path, other types of music and entertainment will be featured.

We are indebted to Coralie and Michael Flint who have made a great contribution to our community since 2000. They now wish to take a step back, although Coralie will maintain her involvement with a junior choir, The Lyrebirds. I am sure that BCA will continue to tap into Michael's organisational expertise. A very sincere 'thank you' to you both.

An enthusiastic new BCA group, with wide-ranging interests in performing arts had its first meeting in November. The popular piano recitals will recommence on 7 February and a concert is planned for March. More details will be available before Christmas.

Due to publication lead-time the result of the Council election was not known when I wrote the September message. I congratulate all nine elected councillors, particularly Mayor Duncan Gair and Deputy Mayor Ken Halstead. Ken's group had their greatest success in Bundanoon. Our own Jim Clark polled particularly well, to be the second councillor elected.

One of the last decisions of the previous Council was to allocate some accumulated \$94 funds to our Hall renovation program. Council has funded internal and external painting, new foyer and exit doors and a complete upgrade of the supper room, including new seating. Tireless Vice-president Bob Smith has supervised the renovations which are nearing completion. We must also thank Lyndall Beed for her expertise in selecting the colour-scheme. All work should be finished by March.

Bundanoon recently repeated its 2007 performance in the NSW Tidy Towns competition. Thanks largely to the hard work of our BCA Green Team, Bundanoon was again overall winner of Category C (populations 1,201-4,000) and was highly commended in the Civic Partnerships section. We were narrowly pipped by Tamworth for the State award. Next year would be an appropriate one for us to go one better.

BCA's beautification program is largely funded by the annual Garden Ramble, held at the end of November. Thanks to Dale Chalmers and her team, the two-day event was an unprecedented success.

Talking of success, congratulations to our popular resident police officer Michael Dietz who was recently named the outstanding General Duties officer in the entire Goulburn-Southern Highlands area. I am sure the calm and capable manner in which Mick carries out his duties is appreciated by all local residents.

I trust you will enjoy Carols by Candlelight at the oval in a few days' time and the other Christmas concerts and activities during December. The front of the Hall has been decorated for the first time for some years; we hope to be able to extend this further in 2009.

I wish to thank all those who have helped make 2008 such a great year and hope you all have a wonderful festival season. May the New Year bring all that you wish.

Green Team

GREEN TEAM CONVENOR David Beasley has resigned to prepare for a move to Queensland. David founded the Green Team in 2004 and his vision and enthusiasm have helped to transform many of Bundanoon's open spaces. He also masterminded our Tidy Towns entries last year and again this year. We wish him and Lynne every happiness.

I am the new convenor and I will be ably assisted by Valerie Crampton, the Green Coffee Club co-ordinator, Phillip Crampton, the co-ordinator of the new men's Green Guinness Club, and, of course, all the many Green Team volunteers.

The Green Coffee Club and Green Guinness Club will tackle a lot of routine maintenance next year and we will continue to hold regular mixed working bees to undertake work on new projects. New members are always welcome.

—Tony Stanton 4883 7526

Tidy Town award two years running

CONGRATULATIONS TO THE Green Team and members of Bundanoon community volunteer organisations after all their hard work on the town's entry in this year's competition.

Bundanoon was overall winner in Category C (pop. 1201-4000) and highly commended in the Civic Partnership category.

Arts Bundanoon

MICHAEL AND CORALIE Flint, through Arts Bundanoon, have invited to Bundanoon some remarkable musicians for memorable performances during recent years. At a concert in October a newly formed trio ensemble from Canberra made its first visit here.

Trio Empyrean brought together three of Australia's renowned ensemble players, David Pereira, Wendy and Andrew Lorenz who share a passion for chamber music and have each featured as soloists with major national orchestras. The program chosen for their performance on 18 October included works by Haydn, Chopin, Tchaikovsky, Schubert, Khachaturian and Beethoven and showcased the talents of these accomplished musicians.

The audience responded with enthusiasm to their performance and it is anticipated that Trio Empyrean will visit Bundanoon again in 2009.

Cellist David Pereira, who has formed an attachment to Bundanoon that has grown out of his previous performances here, has expressed an interest in holding classes in Bundanoon. See notice on next page.

PLANNING IS UNDER way for a full program of performances in the Hall next year. **Piano at Ten** will return on Saturday 7 February, followed by a recital on 7 March 2009.

Traditional Christmas Celebration

Traditional story and traditional carols

with the Lyrebirds (Children's choir), Micklemirth... the singers and YOU

Music Director: Coralie Flint

Organist: Dr Allan Beavis

**6:30pm, Tuesday 16 December 2008
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Non-denominational - ALL WELCOME - Doors open at 6pm

This presentation is FREE courtesy of
Holy Trinity Anglican Church and
Arts Bundanoon.



Serendipity: the choir

OUR END OF year concert, titled 'Tis the Season, will be performed at Bowral Uniting Church on Saturday 13 December at 4.00pm, and Bundanoon Soldiers Memorial Hall on Saturday 20 December, also at 4.00pm. The very varied program includes songs of peace, summer, laughter and celebration and will include audience participation, with complimentary refreshments offered during the interval.

Tickets for both performances will be available from Todd's Real Estate Bundanoon, The Brown Bookshop Bowral and Highlands Bookshop, Moss Vale, at \$15.00 (\$10.00 concession).

Serendipity's initial performances in May 2008 of a program entitled 'The Darling Buds of May' were enthusiastically received by near-capacity audiences in Bowral and Bundanoon.

During October members of Serendipity performed in the Highlands Proms series in Mittagong and at the dedication of the new RSL memorial in Bundanoon. A group of singers also took part in the world premiere performances of The Singing Quilt, a new work composed expressly for the Southern Highlands by Andrew Ford.

In keeping with the intention of the choir to support the local community, Serendipity will be leading Carols by Candlelight at the Bundanoon oval on Wednesday 10 December at 6.15 pm and the inaugural Carols by Candlelight at Harbison, Burradoo on Sunday 14 December at 5.00pm. The Bundanoon carols will support fundraising for the Primary School, to construct a covered outdoor area for the playground and many children will be participating.

Members of Serendipity will also be carolling at Bundanoon's Linkside Retirement Village on the afternoon of 21 December, and supporting carol singing at St Aidan's Anglican Church, Exeter, on Christmas Eve at 5.00 pm.

Enquiries should be directed to the Music Director, Kerith Fowles, at keritch.fowles@bigpond.com.



Councillor Jim Clark

council report Looking ahead

A BIG THANKYOU to the local community for the vote of confidence at the council elections. It was extremely pleasing to top the vote at the polling booths in Bundanoon and Wingello. The reduction in the number of councillors from 12 to 9 at this election will mean a greater workload for all of us.

As well as the normal council meeting, councillors need to attend many other committee and working group meetings in addition to briefing sessions and local community events.

Following the election of four new councillors, an effort is being made to bring them up to speed on local issues. We will be conducting an inspection of local sites including the land for the Norlex water extraction proposal and the Blue Gum road widening plans. A strategy of keeping councillors well informed on the concerns of local residents will pay dividends in the decisions made at council.

Council has been active in a number of projects at Bundanoon recently with additional funding for refurbishment of the Soldiers Memorial Hall, commencement of the upgrade for the Sewage treatment works and construction of new steps from William St down to Glow Worm Glen. Though council is often an easy target for criticism, the work it does often goes unnoticed by the community at large.

It was interesting to read the article in the last issue by Mike Jonas, denying or casting doubt on the reality of climate change. One is reminded of the similarities with those in the past who denied the effects of smoking on human health. While it may be convenient to ignore or refuse to face the implications of climate change, it is much more productive to look at how we contribute to environmental change, rather than deny it and hope it will go away.

—Jim Clark, 0428 213 039



DAVID PEREIRA, WELL-KNOWN cellist and for 19 years Senior Lecturer in Cello at the ANU School of Music, invites expressions of interest from students of cello, of diverse ages and abilities, to join him for tuition to be held in Bundanoon.

Details of a venue and times are yet to be confirmed, depending on demand.

You can find out about David at www.violoncello.biz or call 0404 499 348 for more details.

Global warming follow-up

THE SEPTEMBER ISSUE of *jcg* published a double-page feature 'Global warming debate: the battle of the graphs' which presented both sides of the argument. Responses from some readers have questioned the wisdom of airing the sceptics' view on climate change. Mike Jonas, who has experience in computer modelling, remains sceptical of the consensus scientific view and has been given a right of reply to these letters. **For all the correspondence, please see the insert in this issue.** *jcg* accepts the consensus view which is conveyed in a regular column by Tony Hill and also accepts Tony's view, in his September article, that scientists are by definition the ultimate sceptics. For *jcg*, the debate about the causes of climate change is now closed.

In a future issue of *jcg* we will be featuring stories about what ordinary people can do about climate change by adopting sustainable lifestyles.

There are a number of dedicated people in the shire involved in environmental issues. These range from well organised lobby groups, to practitioners involved in organic growing techniques as well as hard working teams such as our Bundanoon community groups.

Wingecarribee environmental contacts

CANWIN/TSW: PO Box 1193, Bowral 2576, www.canwin.org.au

National Parks Association: Tony Hill, ph 4884 4564

Robertson Environmental Protection Association: PO Box 45, Robertson 2577, www.reps.org.au

Wingecarribee Landcare Group: phone Council for details, 4868 0888

Permaculture Southern Highlands: David Johnson, ph 4884 4214 or Jill Cockram, ph 4883 4399

Harmony Farm Canyonleigh and Moss Vale Community Garden: Jill Cockram, ph 4883 4399

Australian Plants Society, Southern Highlands Group:

Secretary: Margaret Wilson, ph 4872 2373

President: Mary Taylor, ph 4862 3343

Bundanoon community groups

BCA Green Team: Tony Stanton, ph 4883 7526

Glow Worm Glen Track Committee: John Dorman, ph 4883 6269

Friends of Morton National Park: Sheila Micholson, ph 4883 6107

Curabunda Wetlands Project: Alan Hyman, ph 4883 7763

Bundanoon Rex Cinema

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Bundanoon hosts world premiere



IN A LOGISTICAL tour de force, more than 100 members of eight Highland choirs took part in November in the inaugural performance of *A Singing Quilt*. The work for choir and percussion was commissioned from Robertson composer **Andrew Ford**. Highland residents spanning an age range of 20 – 90 years (Jessica Lean to Lil Hephher) were interviewed and their stories edited and remixed to form a spoken word backing track. The lyrics were

incorporated into the music for the mixed choirs, accompanied by young percussionists from Canberra National University group DRUMatIX. This group had earlier enthralled the packed audience in the Bundanoon Hall when they played works by Nigel Westlake and George Hamilton Green on a wide variety of instruments, demonstrating amazing versatility. Canberra vocal group Can Belto (no, this is not a typo), under their director Moya Simpson, made up the first half of the program with musical offerings from the Czech Republic, Bulgaria, Georgia, Italy, and Maori and Beatles songs. After the 3 pm performance the entire concert was repeated in the evening. Holy Trinity Church and the Bundanoon Hotel offered 'green room' spaces, providing light refreshments for the musicians in the intervening time.

An exhibition of work by the Southern Highlands Quilters Guild lined the walls of the hall, the motifs 'telling the story' of the community. 'The endless landscape', 'my grandmother's land', 'the feeling of fresh air and freedom', 'the wedding day in September when the birds pair up' were all celebrated in joyful song, with the percussive finale signalling 'I'm home, I'm home – you can't get more home than that'.

—Kate Perkins



Above: Choristers and percussionists

Below: Can Belto



The evolution of a gardening display

EARLY IN 2008, the committee of the History Group decided to form a small sub-group to create a new themed display for the Old Goods Shed, to be changed every few months. A more realistic goal is for a new display is every six months!

The "history of gardening" to tie in with Garden Ramble in October, was one of the themes to be chosen but the History Group's archives actually held very little information about any gardening matters.

With an encouraging response by locals to a sign requesting assistance, the archives have grown considerably. The present display features gardens and the changes which have occurred over time. This was the criterion for selection and there are many gardens which remain to be researched and recorded. Helped by John Worth and Peter Goulding, Maureen Townsing contacted the current owners of some of these old gardens, researched the Berrima & District Historical Society archives in Mittagong and talked to many people with memories of early Bundanoon. Information about the Boronia Festival was sourced from oral history records held by the History Group. The Green Team and Garden Ramble committee helped with photographs and the National Parks & Wildlife Service provided material relating to flora in the Morton National Park.

Other members of the group, especially Alec Cameron and Andrew Pardoe, concentrated on photographs to be used in the display. Again, the collection did not hold many historical images of gardens, but thanks to Grahame Tooth, Trish Arbib, Sandy Powell, Julie Peacock, Michael and Margaret Burton, Fran and Bob Grover, and Helen and Alan Reid, there are some wonderful images of old Bundanoon gardens in the collection.

Maureen managed to pull everything together into a colourful pictorial record which is now open for viewing every Market Day from 10.00am to 3.00pm.

Bushfires that have ravaged the Bundanoon area over the years is the theme for the next display. Any written or photographic material you might have hidden away about this topic would be warmly welcomed by the group.

The preparation of a themed display has shown that there is information out there in the community and, when asked, people are willing to contribute. Some said they hadn't thought that gardening could be of significance in the historical context... but history is not only about things that happened 100 years ago. Today will be important in the future and the objective of the Bundanoon History group is to preserve the past and record the present.

—Pat Guy, ph 4883 6971

Gardening next to the fettlers' shed on the station, c. 1930. "Pill factory" and "wedding cake house" in background.



11 Years of Rambling: they came from far and wide



A HUGE CROWD joined us for the Garden Ramble 2008. Over both days ten gardens were opened by their enthusiastic owners from 9.30am – 4.30pm. Eighty volunteer attendants donated their time to sit at garden gates and welcome visitors. The Ramble was on! Almost 900 tickets were sold and a net profit of more than \$9,500 was made. A record!

With the exception of one garden all were open for the first time and provided remarkably diverse experiences for visitors. Some gardens were very new with others long established but all were 'works in progress' containing Australian and exotic species that appreciate the cold winter and relatively cool summer we have in Bundanoon and provided great interest to visitors and locals alike. The enthusiasm and expertise of owners was obvious and all were very happy to share their personal enthusiasms and to answer questions. At the 'wind-up' gathering late on Sunday afternoon there were many very tired and very happy people, gardeners, attendants and organisers alike. Additional attractions this year were the floral festival to which many Bundanoon community groups contributed on display in the Uniting Church and Ross Miller, our very own Bonsai expert, demonstrating his art at Skara Brae.

The extensive Country Garden Market, with stalls in the Soldiers' Memorial Hall, was open during the Ramble as was a wonderful exhibition of craft and textiles in the cottage behind the Bundanoon Hotel.

Scarecrows were dotted around the village and at times little fairies and scarecrows were seen outside the hall. It was all part of the fun!

Congratulations to the members of the Ramble Committee of the BCA for their work and to the people of Bundanoon for their support. Our community is alive and well.

—Graeme Whisker

Glow Worm Glen Bushcare Group 10th anniversary

TEN YEARS AGO a small group formed with the objective of removing weeds from the Glow Worm Glen Track at Bundanoon. The task seemed impossible but over the years there have been significant improvements to the track and adjacent swamp.

John Dorman, Rosemary and John Kirkby were concerned about the weed problem on the track. They organised a meeting with a number of local residents in June 1998 and, as a result the group was formed. Initially it was under the banner of the then BCDA (Bundanoon Community Development Association) and later became a Council Bushcare Group while still maintaining affiliation with the BCA.

The group met for one morning each month, beginning on Dimmocks Creek on the border of the National Park, working their way up the track. The weed problem was enormous with trees choked by ivy, large clumps of blackberry, huge privet and berberis trees, honeysuckle, banana passionfruit, English and cape ivy. Chainsaws were required to remove the largest weed trees and a brush-cutter was used on the blackberry thickets. Hours of meticulous weeding of English and Cape Ivy revealed a beautiful stone wall built during early farming times. Removal of weeds left many sections bare and open. The group carefully selected native plants to fill these spaces, creating a corridor of trees along the track.

The group is also responsible for weeding in the adjacent swamp area where there was a large blackberry infestation as well as pussy willows, honeysuckle and berberis. Hours were spent amongst the reeds and surrounds

to remove these weeds. The area is now largely weed-free but still requires constant maintenance. A fauna/flora survey was conducted in the swamp and confirmed it is a significant ecological community.

The group was also involved in receiving a Council community grant to upgrade the steps at the top of the track. Further work on these steps is to be carried out.

Denise Turner explains, "Without the insight and expertise of John Dorman, Rosemary and John Kirkby and Ken Ferrier the group would not have been established or continued with such enthusiasm. We have weeded in all types of weather and there have been occasions where we have been up to our knees in mud or have needed to scramble under low bushes to reach a piece

of ivy. Blackberry thorns, leeches and snakes have not deterred us. Thanks to all who have helped on the track including all the council bushcare workers and local residents: Liz, Anna, Jim, Geoff, Martin, Laurie, Maeve, Jenny, Tom, Michael, Dan, Wendy, Tony and Janet and to anyone else I may have missed.

After ten years and more than 2,300 hours of weeding the track is looking good. We still have weeds to remove, in particular blackberry and cape ivy, so there is plenty of work for another ten years! We now weed twice a month, the second Sunday and the fourth Tuesday for three hours in the morning. We are always looking for weeders to join us.

If you would like to spend a few hours weeding on the track contact Denise Turner on 4883 6650.



Members of the Glow Worm Glen Track group gathered at the track for the ten year reunion. Left to right: Ken Ferrier, Alan & Wendy Hyman, Clr Jim Clark, Rona Dorman, Liz Norrie, Denise Turner, Anna Perston, Jenny Gould, Martyn Mordy.



Southern Villages Memorial dedication 11 October 2008

See text on page 44



Trevor Fenton, Secretary of Bundanoon RSL and Alby Schultz MP



Mitchell Rowett, Tess Fraser and Michalee McIntosh



Brian Hicks



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Sainte-Chapelle,
Paris

Glad to be 'home'

IT WAS WITH great anticipation that my husband Ron and I boarded our flight to the UK in May 2008 for a three month trip. Although Ron had briefly visited England in 1980, it was my first time back since arriving in Australia in 1971 and I wondered how I would feel, setting foot in the land of my birth after so many years. However, when we eventually disembarked I didn't feel that I had "come home", rather that I was visiting a long lost relative!

We were lucky enough to be given a car, a 1999 Rover, which cost us the princely sum of £500 (just under \$1,000) to make roadworthy and to register. It turned out to be a gem, never missing a beat in over 5,000 miles and, being diesel, it was also very economical (an important point, given the price of fuel over there). We also borrowed a Sat-Nav, which was worth its weight in gold.

As well as visiting our daughter, my brother, Ron's sister and various other relatives and friends, we visited most counties, cathedrals and castles! Two places in particular stand out, one in Wiltshire and one in Paris. Avesbury village, in Wiltshire, is not far from Stonehenge but is far more interesting, inasmuch as the entire village is surrounded by standing stones which, whilst not as large as those of Stonehenge, give an aura of mystery. Outside the circle of stones and also surrounding the village, is a fairly deep, grass-covered ditch. As with Stonehenge, nobody knows why the stones, which are believed to be prehistoric, were set there but, unlike Stonehenge, it is possible to actually touch the stones and to follow them right around the village. The village is small and quaint, with a church that originated in Norman times, there are several thatched cottages dotted around and the village itself has a definite "New Age" feel.

On a side trip to Paris we visited the usual tourist attractions but our favourite by far was the lesser known Sainte-Chapelle, with its incredible stained glass windows. This is situated on the Ile de la Cite, close to Notre-Dame and not far from the Conciergerie. It was built at great cost, by Louis IX in the mid-13th century to house what was believed to be the Crown of Thorns as well as a piece of the Cross and other Christian artefacts. There are two chapels, an upper and a



Avesbury



lower but only the King and his courtiers were allowed into the upper chapel. This is an oval shaped room, the walls of which consist of 15 soaring stained glass windows depicting Genesis to the Resurrection, in colours that defy description and to which no photograph can do justice. The blues and reds look so fresh that it's hard to believe they are nearly 1000 years old – it really was like walking into a kaleidoscope! There is also a beautiful Rose window and even the floor was decorated with a wonderfully colourful pattern. It was very hard to tear ourselves away and we would certainly recommend it to anyone planning a trip to Paris.

Would we like to live in England again? No. Whilst we had a wonderful time, there are many things we didn't like, such as the control exercised by the Eurocrats (who have actually legislated such things as the bend in bananas and the circumference of kiwi fruits). Britain seems to have the most rorted welfare system in the world, (with over 45% of the population on some sort of benefits which means those who do work are becoming more and more disillusioned). Also, England is just about the most "watched" country in the world, with one CCTV camera for every 14 people. Obviously this is to watch for criminal activity but there is a sense of Big Brother watching your every move. It is, and always has been, a beautiful country and we were made extremely welcome everywhere we went but...we do like to call Australia home!

—Sandra Redfern



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Jack's story

SEVENTY-FIVE-YEAR-OLD JACK ROW, a resident of Bundanoon's Rosnel, not only sings for his supper but often cooks it as he looks back on a life filled with a galaxy of show business and sporting stars.

As an apprentice chef at Bill Kelsey's Oyster Bills at Sylvania, later re-named the Colony Club when bought by the owners of the famous Romanos restaurant in the city, Jack was befriended by radio star Jack Davey who asked him to join the crew of his yacht in the Sydney to Hobart race.

Jack also got to know entertainers Lucky Grills, Bobby Limb and his wife Dawn Lake, Babs McKinnon, the Parker Sisters, Les Welch, Buster Noble and a little tot who became Patsy Anne Noble.

Peter John Row was born on August 7, 1932 in Cootamundra and his family moved to Sydney in 1939 for his father to work in the Ultimo Power House as part of the war effort.

Jack's mates at Kogarah High School included football legend Norm Provan and Davis Cup champion Ken Rosewall. His PE teacher was an Australian decathlon champion, Peter Mullins, who sparked his life-long love of sport as a talented competition tennis player and as a spectator.

Jack's long association with the stars continued when Kelsey made him chef at the Landsdown Inn, another famous night spot in the 1950s. Popular bands of the time were Harvey Cheers, Laurie Baker, Ezzy Way and there were floor shows featuring the Van Strattons, Skit & Skat and Reena the Wonder Dog.

Jack married Beryl in 1955 and they took positions as cook and housekeeper at Yanko Station near Jerilderie. Jack lost two fingers from his left hand while working there as head cook but this did not slow him down. They moved to Yarraldool Station owned by Alan and Sally Bragg where he remembers many polo meets with social gatherings



Jack Row (left) and John Phillis

with Kerry Packer and his friends. The Braggs also owned Come By Chance, the station made famous by Banjo Paterson.

Now single again, Jack moved on to Wombolin Station near Nyngan then in 1965 to Narooma where he worked as a pastry cook until he took over the lease of the Highland Tavern before building a house at nearby Dalmeny.

Jack has had a friendship of many years with Addley, the daughter of the noted photographer Frank Hurley which continues to this day. Addley and her husband Phil lived in their caravan on Jack's land until their house was built. Addley and Phil were financed by Sir Frank Packer to do a documentary on Arnhem Land while living near Jack.

When he retired Jack sold the house at Dalmeny and moved to the Hunter region to live with his sister. He moved to Rosnel in 2000 where once again his time was filled with cooking, helping manager John Phillis feed the 50 or so residents with his signature recipes and pastries.

Jack has come across many interesting people in his colorful life including entertainers Doug Burgess and Francis Shaw, radio announcers John Harper and Peter Bergen, jazz man Graeme Bell and Lee Kernigan's father Ray.

Jack has a fine voice himself and on Karaoke days entertains his fellow guests with old favourites.

The Coads

I CAUGHT UP with Country music artist and Bush Balladeer, Peter Coad, who had just come back from Queensland where he and his exceptionally talented sisters Virginia and Lynette toured for a month.

Peter and his sisters are full time professional entertainers with nearly 30 years experience working in the music industry.

"We came to Bundanoon by chance because we wanted to buy somewhere on the eastern seaboard which was more central to our venues", said Peter. We spent a week in Nowra, looking to buy a house. That was in 1987. I was also looking for a Sunday gig, which is how I found Bundanoon". He approached the owner of the local pub, Mrs Nea Hayes, and was given a gig on a Sunday afternoon. He liked the area so much that he bought the old butcher's shop and

house, 7 and 9 Ebury Street, originally owned by the Greason family. Peter also purchased the "Idle a Wile" flats in Penrose road, which they sold in the early nineties. They later moved to a property on the edge of Bundanoon on Penrose Road, where they reside today.

Peter said, "I came here for half a day and have been here for 21 years".

These multi-talented musicians and songwriters have won many awards and accolades. Travelling all over the countryside, they have played at such places as the Birdsville races, Sydney Opera House, Adelaide and Melbourne Royal Shows, and a multitude of

country music festivals and venues all over Australia.

Lynette and Virginia have had their own success with airplay in Europe and in USA with their single "Goodnight Shaney" and are releasing yet another album later this year.

Virginia Coad along with her husband, South Australia's own music legend Jim Hermel, toured USA in 2004, playing with much acclaim at venues from the vibrant Crystal Palace, Tucson (once owned by Tombstone's Marshall, Wyatt Earp) to the intimate Front Porch Club in Cosby, Tennessee.

Peter has been inducted into the Hands of Fame, Tamworth and his current album "Outback Chapters" has seen great success since its release last year.

"Having a musical career has been a very interesting and rewarding lifestyle. We have met numerous characters and made many lifetime friends along the way", Peter said.

Originally from the Flinders Ranges, South Australia will always be home to the three musicians. Peter was involved in mining and their father's mining company was one of the first businesses to substitute white lead in paint with "Barytes" (the same compound used in Barium meals for x-rays). Peter, Virginia and Lynette's talents stem from their parents' musical background, playing for old style dances.

However, of all the towns Peter has seen in the past 30 years travelling Australia, it is Bundanoon which tops the list, and "It definitely has the best climate".

Peter Coad is president of the Australian Bush Balladeers Association Inc (ABBA), and the editor of a quarterly magazine, *The Balladeers Bulletin*, which is distributed to members, radio stations and country music clubs Australia-wide. The Coad Sisters are also active "publicity and event" members of the ABBA committee.

Peter Coad and the Coad Sisters are usually booked out 12 months in advance, so if you get the chance to see them somewhere in this great country of ours, take the opportunity. If not, say "G'day" to Peter, Lynette and Virginia next time you see them up the street.

—Vicki Streatfield



Josh's diary

Josh Day has just returned from representing NSW Under 11s Soccer in Japan. Here is an excerpt from his diary.

THERE ARE A few differences between football in Japan and New South Wales. For example, in Japan the junior teams play small sided games, and all the games are played on Astroturf (which I had never seen before). The game is much sharper and the ball is much quicker than on a grass surface. The games are also 20 minute quarters compared to 25 minute halves.

Everyday we had intensive training – sometimes up to five hours a day – and almost every day we were involved in games. It was a very intensive tour and I learned a lot.

On our first day in Japan we took part in two training sessions and then played the Junior Kashima Antlers (the national under 12 team for Japan). This was a very close game and extremely fast; unfortunately we tired in the third quarter and allowed Kashima to get two goals ahead. Although we came out strong in the last quarter and had many attacks on goal, Kashima won 3-1. Kashima were so impressed with our spirit that they requested a re-match before we returned to Australia.

We played tournaments where the NSW players were mixed with the Japanese players, which was great fun. I attempted to ask my team who was in goal and instead I said "I am in goal". I have never played in goal before as I am only short and I struggled trying to tell my defence what to do, but had a great time and we drew the game.

On Sunday 14 September we played in the Tom Byer Cup. My team won every game, won the semi-final on a penalty shoot out, and won the grand final. The medal I was presented with is very special to me.

I was lucky enough to train with Yasuto Honda who is a very famous national Japanese player. He was incredible to watch and I really enjoyed the sessions we had with him.

On Wednesday 16 September we trained at Kashima stadium and met Adelaide United. Adelaide were in Kashima to play in the quarter finals of the Asia cup, and we were lucky enough to be able to meet the players, see their game and support them.

I sat with Captain Travis Dodd who was really nice. Adelaide won the semi-final of the Asia Cup and are now into the grand finals.

We learned a lot about Japanese culture and



Meeting Travis Dodd, captain of Adelaide United



attended a traditional dinner where we had to wear kimonos. We had a very special foot massage; small fish were in the tank with your feet and they ate all your hard skin. It was a very weird feeling.

I have been very lucky to have the opportunity to play international football at eleven years old and I intend to continue training hard and learning so I can play at a higher level. My goal is to be a professional player and to play for Australia.

Lots of people supported me and I would like to really thank everyone from Bundanoon, Don Ceramics, Oxley Timber, Brikscap, Gumnut Patisserie and Omega Kitchens, and especially my mum and dad who have been driving me all over the countryside all year.

STOP PRESS Front page SMH 20 November:

State's premier speller

JCG CONGRATULATES MITCHELL ROWETT, winner of the senior section of the Premier's Spelling Bee. Mitchell also participated in the Memorial Dedication, featured on page 13.

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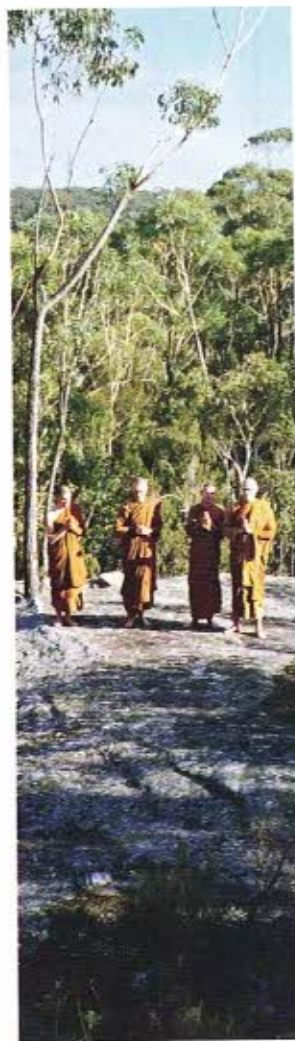
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In peace and harmony



NESTLED AT THE end of Coalmines Road, on 150 acres of eucalypt forest, cliffs, waterfalls and natural caves, is Santi Forest Buddhist Monastery. Santi is the Pali word for peace.

Established five years ago by Venerable Bhante Sujato and an Australian nun, Sister Elizabeth Gorsky, Santi is primarily a training monastery and is especially supportive in training women as nuns. There are only four or five such teaching monasteries in Australia.

Currently there are four monks, two nuns, seven white-clothed trainees (called anagarikas), and seven lay residents. They come from many countries, including Australia, UK, NZ, Canada, Malaysia, Sri Lanka, Vietnam and Germany.

You may occasionally glimpse them around the township, especially on a Sunday morning, 8-9 am, during alms round.

Community life at Santi

The community lives simply in peace and harmony with their natural surroundings. Daily life is spent studying Buddhist scriptures (Suttas), and developing meditation practices, sometimes in the property's natural caves. Lyre birds are often seen roaming freely in the grounds where a Wollemi pine has just been planted. There is a friendly, family atmosphere among this relaxed and tolerant group

and they have a delightful sense of humour. The Dalai Lama's face beams down generously from their kitchen wall.

Their buildings are modest. Bhante Sujato is very committed to low impact sustainable practices. Despite a restricted budget Santi Forest Monastery is aesthetically refined and elegant. There are plans to re-develop the meditation hall and to install solar panels.

What is the alms round or 'pindapata'?

This is a 2500 year ancient Buddhist practice, whereby the monastics walk to town on a Sunday morning and stand with their sacred food bowls. They do not beg and will not approach you.

Traditionally, giving and receiving food is seen as an act of mutual generosity. The giver receives appreciation and warm blessings, and the monks and nuns receive appreciation for their spiritual dedication and occupation.

The nuns and monks do not receive salaries or welfare benefits. Instead, they live by their faith, and rely solely on donations and

mutual generosity. It is their preferred way, and they are devout to their faith.

In return the monastics share their time and spiritual wisdom with anyone wishing to know how to live a peaceful and meaningful life, through their teachings. These are offered to anyone wanting to learn.

Their own serenity and calm demonstrates that in this fast-paced and stressful world, peace and clarity of mind is still achievable.

If you would like to make a donation on alms round, suggested ready to eat foods are: fresh fruit, dried fruit and nuts, honey, herbal teas and hot chocolate compound. Donations can also be left at Ye Olde Bicycle Shoppe during the week or taken directly to Santi.

What Buddhism has to offer

Buddhist teachings and practices emphasise the value of finding inner calm and peace, despite the pressure and influence of constant distractions, for the unsettling conditions of the external world.

Buddhism offers practical teachings (Suttas) and meditation practice to help contact the clarity, contentment and understanding that lie within us all and to live with more meaning and wisdom. These skills enable people to experience less suffering in life and can be learned by anyone.

Available teachings at the monastery

You are most welcome to come to Santi to practice meditation and hear the Dhamma teachings which are held on:

- Wednesday evenings from 7.00 pm
- Saturday evenings: Meditation sitting from 7.00 pm

Booklets are available for those wishing to learn more about Buddhism. There is no cost for these evenings, and a donation is much appreciated. Santi is a not-for-profit charity organisation.

Visiting the monastery

You are most welcome to visit Santi and will be able to speak with a monk or nun, and to be shown around. The best time for a casual visit is 12.30 pm each day, especially on a Sunday. Visitors are also very welcome to share a meal with the monastic community from 11 am onwards, any day, especially Sundays.

For any further information, please contact the monastery:
Santi Forest Monastery, 100 Coalmines Rd., Bundanoon 2578
www.santiforestmonastery.com Ph 02 4883 6331 Fax 02 857 28 286

—Caron, volunteer Friend of the Forest





Country living

by Keith McMenomy



Spring is sprung

AT TIME OF writing the birds are on the wing and we have that fresh growth to revive spirits and remind us that despite daily retailing of imminent disaster and bad news in the media, at least in this small corner of the world life is better than worthwhile. Some premature hot days seemed foreboding but then good soaking showers came to bring on the pasture and help deciduous trees with their marvellous seasonal burst. No, we are not indigenous plant zealots when it comes to the garden. Losing one house to bushfire was enough.

Not that one should expect life in the country to be a bed of roses, as there are no highs without lows. But this brings to mind hospitality, the theme of this issue and something that seems to distinguish us from other species. Or at least it is something I have not observed in the paddock or bush so far. On the garden wall at present, two male wagtails are fighting over the only available female. Mudlarks are squabbling over territory with the magpies and we occasionally see falcons and eagles pick off wild ducklings that are being shepherded about the pasture. One of our horses pushes his mate aside to get extra chaff. Amongst animals and birds, outsiders, other species and the injured or weaker are beaten off or killed. No beg your pardons, no 'ifs or buts', this is survival of the fittest.

Now, humans are possibly as competitive and aggressive as any species but we can choose and generally do privilege good behaviour. More to the point we have the capacity for and enjoy fellowship: that of receiving, entertaining, extending friendship to strangers. In comfortable and affluent circles of the highlands we enjoy a wealth of hospitality, paid and unpaid. Witness the wonderful cheap events: open garden days, fairs, concerts, movies and other functions at the Bundanoon Hall. Witness this free colour magazine, written and edited by volunteers and financed by advertisers, many in the hospitality business!

We know that hospitality varies, culturally and historically, but you can still rely on it in the bush to some degree. For a trivial example, when I was a boy quite some time ago, travel by bike or car was not so reliable; sometimes cars overheated and bikes got punctures. This was BMP, (before mobiles), if you can imagine such an age, so one had to walk sometimes kilometres to the nearest homestead to ask for help. I can't recall ever being refused! Supportive behaviour was the norm. Cut to a scene fifty years later and before I had a mobile phone when we broke down on the Exeter side of Bundanoon. I walked back along the north side of the bridge. This time I knocked at three houses before a kind gent let me call Chris Petersen. I was fortunate but elsewhere a friend recently walked into a house to enquire about directions and had his leg torn open by a pet, so hospitality is not necessarily universal and mobiles do have their value.



Vet's casebook

by Ken Davidson BVSc (Hons)

Duck tales

I'VE ALWAYS HAD this thing about ducks. Nothing professional or even palpable really but there is something that is unique to the species. They appear to have a psyche that is almost human in many ways.

We have all seen families of "wood-ducks" for example, crossing a busy road in single file, the drake first, followed by mum and the hatchlings. If a car or person gets close enough to threaten his family, the drake immediately plays 'decoy duck' and takes off in the opposite direction to his brood, flapping his wings to attract the attention of the predator. It is an instinctive act of total self-sacrifice in order to allow his family to run for cover.

I immediately thought of *jog* when Valerie started talking about ducks in my surgery last week. They had a lovely family of domestic ducks that were locked up in their so-called 'fox-proof' run. One night, their dogs were doing more than their share of barking, but nobody thought too much of it until the next morning. When Val went down to give them their stale bread soaked in warm milk, she found eight dead and the sole survivor, the mother, sitting with her neck entwined with that of her dead mate. (It often happens that a fox will leave a single survivor.)

It was an unforgettable gesture of total love and loss and brought tears to the eyes of all who witnessed it as well as to all who have heard the story recounted since!

In an attempt to overcome her loneliness, Valerie decided to give the duck to the Marist Brothers who had a farm about ¾ kilometre away, hoping that her duck would find a new life with their ducks. The next morning Val heard a defiant quacking at her back door. Her lonely duck was having nothing to do with her neighbours or their ducks. She knew where her real home was.

To completely top off this story, Val recounted her very recent experience at a craft school for basket-weavers that she attended in Mittagong. A lady from Orange brought her pet duck with her for the weekend. The duck wandered around the premises as though she owned them, enjoying the lovely gardens and fouling the paths as ducks are prone to do. Suddenly at lunchtime, the owner found her missing.

Things became more and more hysterical as the search widened to include nearby 'Holt Farm,' a well-known haunt for foxes. It was all to no avail and the dispirited owner left for home, her weekend spoilt by the apparent passing of her dear friend.

That evening, Val got an exuberant telephone call from her friend in Orange. "As I pulled up at home, who was on the doorstep but my beloved duck!" QUESTION: We've all heard of 'homing pigeons' but has anyone heard of a duck with an in-built GPS system, flying hundreds of kilometres and landing at her own back door ???

I put this question to Bundanoon's resident poultry expert, the honourable Cecil Denny, who I was sure must have the answer. Ces knows everything there is to know about poultry, but, for the time being, this one has stumped him!



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– fresh farm eggs – organic produce proudly presented by "Black Cockatoo" – Billie's tomato relish won 1st prize at this year's Royal Easter Show – variety of jams, pickles & sauces – local hand crafted leather work – local hand crafted wood work – local hand crafted gift wear – lovely linen – hand made knitwear – hand made blouses – beautiful hand made greeting cards – collectables & artwork – hand made chocolates – gold jewellery – pearls – beads – silver etc. – new books – old books – rocks, crystals & Zen books lavender gift ideas – lead light lamps & decor items – luxury toiletries – iridologist & herbalist – vintage clothes – Hand made Doll's clothes – tarot readings – sheepskin – alpaca – ladies fashion wear – fashion from Nepal – Indoor plants – shrubs & seedlings – Doggy products and plenty more.

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Through Ross-coloured glasses

by Ross Armfield

Barbarians on board

THERE'S NOTHING LIKE travel to 'open your eyes'. Usually this would refer to the scenic vistas, cultural differences and geographical features that one comes across when travelling. On a recent holiday to Tasmania, my wife Barb and I had our eyes opened not just to the above, but we gained fresh insights into human nature as well.

Sitting in the transit lounge at Sydney Airport, fellow travellers chat in a friendly manner or wait patiently for the boarding call. Everything is so relaxed and pleasant – anticipation is in the air! Strangely, it all changes on boarding. Once placid, like-minded, adventurers instantly become aggressive – pushing and elbowing competitors in an attempt to claim locker space for their hand luggage and to be seated before everyone else. Waiting in the narrow aisle for someone to store their gear before proceeding to one's own seat, you are jostled and pressured by those following. Perhaps they are fearful of missing out on the \$6 paper cup of hot water and a tea-bag claimed to be 'refreshments' on our domestic flight!

Landing and exiting the aircraft at Launceston is even worse. No sooner has the seat-belt sign gone off and the plane's roll to the terminal is completed than all hell breaks loose. Passengers who sat as quietly and as orderly as the contents of a tin of King Oscar sardines

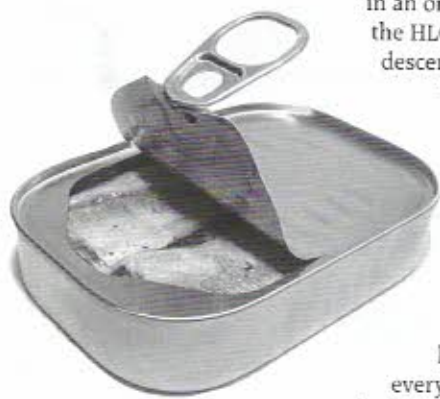
for an hour and a half, suddenly erupt in an orgy of violence known as the HLG (hand luggage grab). The descending weapons of mass destruction narrowly miss vulnerable heads and then everyone stands hunched and bent over in a crowded aisle for ten minutes. This is followed by an attempt to gain a few extra seconds of holiday time by beating everyone else off the aircraft when the doors are finally opened. As

we remain in our seats my mind drifts

back to the cabin staff's safety talk prior to take-off... "In the unlikely event of an emergency sea landing, secure your own oxygen mask and life-jacket before helping others". Helping others????!! This crowd fights like cats and dogs just to get off the aircraft after a normal landing! What chance is there of assistance from them if plummeting into the ocean at 900km/h? Her advice was about as useful as the little plastic whistle on the life-jacket. Who's going to hear that in a roaring 40's gale in the Bass Strait? As for her directions to the emergency exits... Here, here and here!! Superfluous information for this gang of self-centred barbarians! – all crammed into a space too small for half as many people. This mob would step on and over their own mothers if they felt there was a fraction of a second to be gained!

Once on the tarmac and in the terminal, peace and harmony return for a few brief moments before the same survival hostilities emerge at the luggage-claim carousel. Oh the joys of modern 'economy-class' travel. As the comedian Jerry Seinfeld said, "Other people – they're the worst!"

Apart from that, Tassie was brilliant.



Collectibles

by Harvey Grennan



On a roll

I GUESS QUITE a few people around the globe have obtained autographs of the Rolling Stones over the last 40 years – but how many would date back to 1965 and include the signature of the group's founder, guitarist Brian Jones who drowned in suspicious circumstances in his swimming pool just four years later?

Back in 1965, I was the *Sydney Morning Herald's* morning airport roundsman charged with interviewing the famous and infamous who entered Australia through what was then a tin shed at Kingsford Smith Airport.

The previous year I had covered the arrival of the Beatles but did not get anywhere near the Fab Four. Such was the hysteria of the waiting crowd that they were rushed straight from the plane under police escort to Kings Cross and the press conference was held there. I had to pay for my own ticket to see them at the Sydney Stadium.

On my way to the stadium, walking up William Street, I was king-hit by one of a group of sailors walking in the opposite direction. The fist hit me about a millisecond after I saw it coming, lifted me off the pavement and landed me flat on my back. My sin, apparently, was having two girls accompanying me – not just one – which was clearly perceived as a waste of good talent.

The Stones arrived for their first tour in January, 1965. They had not yet reached the dizzy heights of the Beatles and were extremely polite and obliging and grateful of any opportunity for publicity.

Of course asking celebrities for autographs is not quite the done thing for a cynical journalist but when my not-so-professional colleagues began sticking their notebooks forward I joined the queue. Shame on me!

Many years later my eldest daughter Honor was so impressed to hear of the autograph that I dug it out of a bottom drawer and she had it framed. I have been instructed to leave it to her in my will, but if Mick Jagger kicks the bucket before I do the urge to flog it may become irresistible.

My lack of professionalism on the airport round did not stop with the Rolling Stones. I once asked the renowned classical pianist Artur Schnabel what he thought of the Beatles. My colleagues admonished me for asking such a crass question of the maestro but it did not stop them scooping me with my own question. As the interview was conducted in the early morning the afternoon papers, the Sun and the Daily Mirror, came out before the next edition of the Herald and they both ran front page stories on Schnabel's opinion of the Beatles.

Schnabel was gracious even if this 19-year-old cadet reporter was crassness personified. "I enjoy listening to the Beatles, they are very talented at their type of music," was the gist of his response.

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HOSPITALITY

Bundanoon hospitality was legendary from the 1930s to the 50s when guest houses numbered over 60 and the climate offered respite from the heat and humidity of Sydney. Guests often came by train and spent holidays riding horses, walking, playing tennis, golf, and bike-riding.

Today, Bundanoon Visitors Group (BVG) publishes a brochure of places to stay, shop and dine as well as featuring annual events which have a significant place in our calendar. BVG, a sub-group of Bundanoon Community Association initiated Winterfest, held in July, to bring entertainment and events to Bundanoon during our coldest month and their regular dinner meetings provide an opportunity for local business people to get together. From the stories in this issue you will see that "old-fashioned hospitality" can still be found, often unexpectedly, in our town.

Margaret Healy from Victoria, who "fell in love" with Bundanoon during her visit here in October wrote "...The countryside was beautiful, our walks in the National Park wonderful, the weather sunny and the cottage where we stayed was charming. What made it so special were the people: in the shops, we encountered such friendliness and help. Each person with whom we chatted has left a little bit of Bundanoon spirit with us. One kind lady even offered to do some sewing for me!"

And then of course there are volunteers - energetic fund-raisers who cater for events and add to Bundanoon's "friendly town" image.

hospitality: the reception and entertainment of guests or strangers with liberality and kindness, *Macquarie Concise Dictionary.*



BUNDANOON HOTEL

BUNDANOON HOTEL, WITH its incumbent ghosts, is a local landmark and hasn't lost the "olde world" ambience and romance of the 1920s. Proprietor, David Kerrigan, is a well known Bundanoon identity who generously supports many community projects. David explains, "I was attracted to the idea of having a pub in a small country town after spending 10 years in the city. I am proud of my staff and enjoy working with them. We have developed the hotel over the 12 years I've been here and I especially like the fact that I can host events for locals and groups that I have been part of for many years. Trinity Old Boys meet here every year and I have reconnected with the Briars Club who come here for an annual visit. It's a great place to welcome old friends"



There have been renovations and changes to the building over the years but much of the original joinery and beautiful windows with their Art-Nouveaux design glass remain. With 50 guest rooms (some with en-suites), accommodation includes a delicious cooked breakfast. The hotel is a popular destination for weddings, conferences, family reunions and car and bicycle events. The shady garden is perfect for relaxation.

The Bistro is open for lunch on Wednesdays to Sundays from 12pm to 2pm and dinner from 6pm to 9pm Wednesday to Saturday nights. Home-made pies are available from the bar for lunch on Mondays and Tuesdays.

"Wednesday Pizza Night" is proving very popular. Gourmet pizzas, cooked in the legendary 'Aga' are on offer for \$10-\$12 and are available for 'takeaway'. Thursday: \$10 steak and salad bar. Friday and Saturday nights' menus are 'a la carte'. Snacks and kids' menu is a special feature. Bookings are essential.

Wednesday is also Pool Comp night with locals demonstrating their skills over a few drinks and a few laughs. New players are always welcome.

A Saturday night, once a month "Music Night", featuring either a band or duo performing for patrons in the Bistro or public bar, has been introduced recently and with support from locals will continue.

Christmas Day Lunch – pre-lunch glass of champagne, 3 course traditional Christmas dinner (entrée and desserts – served buffet style) followed by homemade mince tarts and tea and coffee. \$90 per person, includes entertainment provided by our pianist. Early booking is recommended.

Dinner on New Year's Eve – Seafood Buffet from 6pm to 8pm with prawns, Balmain Bugs, lobster tails and many other exquisite offerings on the menu. \$55 per person, bookings are essential. Bring in 2009 at your "local" with some good friends, good wine and good memories. Bookings: ph 4883 6005

THE BUNDANOON CLUB BYO sandwiches to Bingo

WITH A ROAST dinner on offer for \$6 who would bother staying home and cooking your own? It's a no-brainer, so much so, that up to 120 locals head for the Bundanoon Club every Thursday night.

On Saturday night there is steak, fish or chicken schnitzel with spuds, bread roll and a salad bar for just \$8. The bistro is open Wednesday to Saturday.

The meals, and the even more sumptuous desserts, from Hilton-trained John Phillis and wife Sarah who also run the Rosnel Hostel, are just one manifestation of how dramatically things have changed at the club.

A little over five years ago the then Bundanoon Bowling Club was just that – a bowlo – and it was broke and in the hands of liquidators. Today it is a resource for the whole community, not just a licensed club but a free venue for ladies to knit and natter, sporting and history groups to meet and community-minded locals to raise money for

families down on their luck.

What other club anywhere on the planet would let you bring your own sandwiches to Bingo? Couples building a new house and living in a shed use the showers. The local playgroup moves in temporarily while a change of premises is organised. The culture is community activity, not making a buck.

Not so long ago Bundanoon nearly lost its only club. In April 2003 word spread around town that the club was about to close its doors. Shocked members hurriedly called a meeting to be told it was \$350,000 in debt.

At a subsequent meeting with the administrator concerned residents including Ralph Clark, who is now chairman of the club and president of the Bundanoon Community Association, produced enough proxy votes to keep the club operating. A new board was formed as the start of what has been a huge team effort.

Support flowed in from the community with 200 new members signing up and encouragement from bodies such as the BCA and Garden Club. Wingecarribee Council wrote off unpaid rates and provided an interest-free loan of \$90,000 to pay tax arrears and other debts. Even the normally flint-hearted Tax Office waived the fines for old unpaid taxes.

A working party started to knock down walls and re-paint the club with 20 litres of pink paint found in a member's garage. Thankfully that colour has now been changed.



Carlia Phillips (left) and Susanna Joice (right) serving Bistro on the Green patrons

The club sold three of its poker machine entitlements to pay out the liquidator in a "take-it-or-leave-it" offer. The liquidator took it.

Slowly the club emerged from its financial black hole and, five years later, \$350,000 has been spent on refurbishment – a new deck and outdoor area, walls knocked down to open up the bar area, new paint and carpet, polished floorboards and new furniture. Recently the council graded the pot-holed car park and will shortly seal it.

The re-named Bundanoon Club still has its bowling and croquet clubs but now also sponsors the local Rugby, soccer and cricket clubs and runs a community bus for patrons, sporting clubs and garden and history tours. Functions are held to raise money for charities such as Camp Quality, tsunami victims and the new Bundanoon War Memorial.

If success can be measured in numbers, the team effort has worked in spectacular fashion. Five years ago the club had 200 members, today it has 700. Membership costs \$10 a year.

—Harvey Grennan

Sarah Phillis



YE OLDE BICYCLE SHOPPE

YE OLD BICYCLE Shoppe is a delightful mix of cafe, craft and bikes. It is a popular destination for locals and tourists and is almost becoming a Bundanoon landmark. Plus its popularity is about to be significantly boosted by the new owners Huw and Wendy Kingston.

The "Bike Shop Cafe" as it is generally referred to is managed by Karen Wilson who has worked at the cafe since 2005. Karen is excited by the changes and developments that are gradually coming together in the cafe. However she emphasises that one thing that won't change is the excellent coffee.

Some minor tweaking of the menu has been done recently, but the cafe still offers a wide selection of food for breakfast and lunch and something sweet in-between.

Karen says, "Many of our cakes are made by local residents, often using fresh ingredients sourced from their own properties. You just can't beat that for freshness and flavour."

Whilst chatting about the current menu, Karen let slip that it was about to change! "We should have introduced our summer menu by now but with all the changes that have been happening, it fell behind. The new menu should be available by the time jcg comes out." She added, "We always have a special or two on each day so regular customers will always find something different."

So Karen, what do you think Ye Olde Bicycle Shoppe offers Bundanoon residents? "Lots of things! A place to meet, terrific coffee, scrumptious food, social bike riding, friendly local staff and directions for lost tourists."

I agree.

—John Byrne



YALLAMBEE

...to dwell at ease, a place of peace



BRONWYN SHEAD AND David Macquarie have created a most peaceful B & B in the house in Garland Rd. that had been Bronwyn's parents' home. Sitting in the warm and stylishly-furnished living room with its piles of magazines, CDs and books, welcoming drinks and home-made nibbles, I could imagine myself as a guest comfortably slipping into a weekend of indulgence 'far from the madding crowd'. Well, actually I live about 50 metres away, but one can dream!

Bron and David came to Bundanoon from Wollongong, via Sydney, she with a background in hospitality and conference co-ordination, he, a client-orientated sound engineer. They spent 18 months renovating and refurbishing number 43 to customise their accommodation, opening on Brigadoon weekend in 2002. David has since completed a Tafe carpentry course. Bron has worked full time in other areas, and between them they do everything to ensure the smooth running of their establishment. They share the cooking, cater for community events and are active members of the Visitors Group, of which Bronwyn's mother, Anna, was a founding member.

Yallambee, which sleeps 6 in three large double rooms, two upstairs and one down, is one of only 3 or 4 hosted B & B's in Bundanoon. The well-kept grounds include an outdoor spa and a croquet lawn, and wireless broad-band is available in the guest lounge for those who need to work. Bookings come mainly from internet advertising, with some referrals from other accommodation houses, especially when there are wedding guests seeking a bed.

While I chatted to Bronwyn a mother and daughter arrived for an overnight stay, having driven, seemingly undaunted, through thick fog. As they settled in for a welcoming cup of tea they were already talking of coming back for a longer visit one weekend soon. They'll need to book!

—Kate Perkins

PRIMULA CAFÉ

YOU MIGHT WONDER what would bring people from Sydney to Bundanoon specifically to eat at 'the Prim', unless, that is, you haven't tasted one of the hamburgers made there. Bundanoon might not have fast food 'giants', but Peter and Koula Giannakos, and their son Michael and daughter Dimitria (both at university) have looked after our affair with 'fast food' for 16 years. Raj, who can be spotted in the upstairs kitchen, is a very good cook and has been known, on request, to part with an aromatic recipe for potatoes, Indian style.

The café, complemented by outdoor seating both front and back, provides breakfast, lunch and tea and anything in between. The salads are prepared freshly in the morning and mouthwatering pizzas are made to order at night. The Primula's pizzas are so popular that some nights up to 65 are prepared. The popularity of this Bundanoon landmark establishment is evident when you see the number of cars in the main street belonging to locals looking for comfort food to take home at night.

YALLAMBEE

WHITE CHOCOLATE PANFORTE

Panforte or "strong bread" is a Tuscan speciality, but this twist on the theme is very Australian. (The Siennese would not be impressed!) Wrap in cellophane, add a sprig of holly to the top and complete with Christmas ribbon for a special gift.

3/4 cup caster sugar
1 cup honey
1 cup macadamias
1 cup cashews
1 cup chopped apricots
1 and 1/4 cups plain flour
360g white chocolate melted
1/4 teaspoon mixed spice
Icing sugar to dust

Preheat oven to 160 C. Place the sugar and honey in a small saucepan over low heat and stir until the sugar has dissolved. Place the macadamias, cashews, apricots and flour into a bowl, add the honey and sugar mixture and the melted chocolate and stir well to combine (do it quickly as it cools fast and becomes very hard work to combine). Press into a greased and lined 22cm spring form or small fluted flan dishes, the bases lined with rice-paper, to make small individual rounds for gift giving. Smooth the top with the back of a spoon. Bake for about 25 minutes or until the top is golden. It will still feel a bit soft, but it hardens as it cools. Cool in the tin. Slice and dust with icing sugar, or dust, wrap and share!

And how many cafés do you know where chess players are welcome to occupy three tables for a friendly game on Friday afternoon? Peter says in his customary laconic way "Well, I have plenty of room, you know!"

His hospitality is also extended to a group of about 10 men who meet on Sunday morning to drink coffee and chat. What about, we wonder?

—Maggie Colley



Dimitria Giannakos

IDLE-A-WILE

A BUNDANOON ESTABLISHMENT that is simply synonymous with hospitality is Idle-A-Wile. This former guesthouse which had been converted to flats was bought in 1992 by Neville Christiansen and Stefan Ivanow. It has been extensively renovated and opened for business in 1997 as a charming, comfortable and welcoming haven for visitors. The complete guesthouse!

Although catering mainly for their house guests, Neville and Stefan have hosted larger dinner parties and functions for the general public. Relatively recently they have added their new dining room which functions as a BYO restaurant, which means casual users can now share in the delicious meals and cosy surroundings for dinner on Friday and Saturday nights and Sunday lunch.

The colourful and charming spaces of Idle-A-Wile, which is tucked in behind the former Nicholas Pill Factory and surrounded by beautiful bush and gardens, make it a very special place. Stefan as 'front of house' makes guests welcome while Neville's delicious food creates a wonderful dining experience and return visits are a must. Neville is an excellent chef whose modern Australian cuisine, with French and Asian elements from time to time, is worthy of a journey from anywhere in the Highlands – or beyond!

As Stefan told me, "Most guests walk in and feel at home straight away. We have regulars who have been back nine or ten times." I have never been lucky enough to stay as a house guest in one of their five colour-themed rooms but have attended special birthday gatherings, community functions and eaten in the restaurant on numerous occasions, always enjoying the same friendly welcome, warm fires in winter, great food and relaxing atmosphere in the loveliest of surroundings.

I know that this must read a bit like advertorial for this "jewel of hospitality" but those who've been there will understand. If you haven't, try it – you won't be disappointed.

—Ross Armfield



Stefan lending a hand in the kitchen

IDLE-A-WILE NEVILLE'S TWICE BAKED GRUYERE CHEESE SOUFFLE

This is a perennial favourite at Idle A Wile and a personal favourite

70g butter
65g plain flour
pinch of salt
pinch of cayenne pepper (too much and it becomes unpalatable)
1 level tsp fresh grated nutmeg
380-400mls milk
80 g grated Gruyere cheese
4 egg yolks
4 egg whites whipped to firm peaks
extra grated cheese
pouring cream

Melt butter. Add sifted flour, salt, cayenne pepper and nutmeg. Blend and cook lightly to a paste...6 – 8 mins.

Add milk and whisk well until smooth. Add cheese and blend until melted.

Transfer to a bowl. Add egg yolks and blend. Add a spoon of beaten egg whites to loosen mixture then fold in the rest of the whites and fold through being careful not to beat the air out.

Pour mixture up to the rim of 6 to 8 ramekins. (The amount may vary according to the egg size). Place ramekins into baking dish and fill with boiling water up to 1/3 height of the ramekin.

Place in pre-heated oven at 190 C. Cook for 20 mins until soufflés have puffed up and browned. Remove from the oven and baking dish and let cool in the ramekin.

To serve: Run a knife around the edge of the ramekins and turn each soufflé out into a shallow ovenproof dish with a lip. Pour cream around the base of each soufflé.

Place into a 190 C oven and cook until soufflé is puffed up and fluffy.

Be patientit all happens at the end!



BUNDANOON YHA

BUNDANOON YHA HAS been a feature of the town for over 30 years. This local outpost of the worldwide network of budget accommodation is owned by Glenn and Lee Robinson and managed by Alison Shaw. Formerly Lynbrook House, it was purpose-built in 1905 and has been operating as a guest house ever since. With ongoing upgrades and modifications it has stood the test of time and visitors from far and wide stay at Bundanoon YHA for the ambience of the open fire, wide verandahs, spacious grounds and fresh mountain air.

Budget rooms can be shared and there are double and family room configurations. The huge self-catering kitchen and dining rooms are a hub of activity and the lounge attracts readers and resters. Strangers meet to plan their day's itineraries over breakfast – bushwalking, bike riding, strolling the village or exploring the Southern Highlands attractions by car!

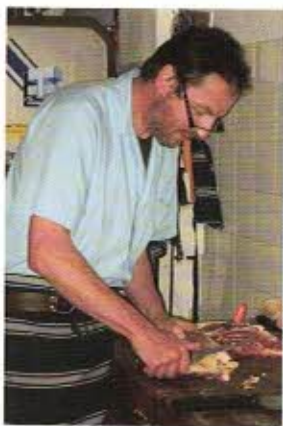
"We have some guests who book the whole hostel for the weekend for family occasions and reunions. Never a disappointed face leaves Bundanoon YHA", says Alison. "Pop in and check us out – you'll be surprised what comfort is hidden behind the big red doors. Backpacking isn't what it used to be!"



A family 'B' party at the YHA – brides, bees, birdbaths, buckaneers, Barbies, babies, bats, belly dancers and bankrobbers!

The butcher, the baker and... um, the delicatessen

BUNDANOON BUTCHERY



GO INTO THE Bundanoon Butchery on any given day and you will probably hear a CD of David Bowie or Brian Eno belting out. Quiz **Andrew Byron** further about this and you will be stunned at his musicology.

Andrew's

wife Tracy (who recently finished her butcher's apprenticeship) rues his dedication to collecting music: "It's overtaking the house!"

Andrew, Tracy and daughter Sarah came here from Sydney five years ago to be closer to family, and bought the Bundanoon Butchery from Martin Rocca. With hand-over in just a week there were a few wobbles at the start but Andrew soon got to know the needs of his clients. His interview with jcg on a busy day was necessarily brief.

What's your best seller? Definitely sausages!

Biggest sausage order? Last year I did 1000 for the Cricket Club. It took a few late nights (that's about 100kg).

Specialities? Probably gourmet sausages – the Christmas favourite is pork and veal with cranberry and chestnuts. **And at other times of the year?** Beef with merlot and cracked pepper is very popular

Where does your meat come from? About 90 per cent of the beef is sourced locally, the pork and lamb comes from Cowra. The Scottish speciality products come from a fantastic supplier in Sydney, although I make a square sausage that is a Brigadoon favourite.

Andrew likes the challenge of the client requests – a whole suckling pig for Christmas? No trouble! What is the most interesting request? "I have a German gentleman who comes in with a few challenges from time to time. He recently asked for a 'Lammrücken' which turned out to be a very traditional cut of lamb no longer practised. With a bit of research I found out it was a saddle of lamb, including the cutlet and loin. It looked fantastic, a real special occasion piece for the table. Wayne Fraser at Solar Springs throws a few curved balls from time to time too – it keeps the work interesting."

—Bronwyn Shead



BUNDANOON COUNTRY BAKEHOUSE

10 YEARS AGO David and Di Hayman followed their dream to open a bakery in Bundanoon and JCG featured them in a story about their new enterprise. Bread was baked on the premises in Railway Avenue and the shop was open very early in the morning. The smell of freshly baked bread on the air brought early birds in to buy rolls for lunch and to chat with David who had

been there since just after midnight. Some may remember a picture in a previous jcg of teacher-delegates to a conference in Bundanoon smiling behind the pies they bought when David opened the shop especially for them, late at night. Baking now takes place in Moss Vale and there are three shops – Moss Vale, Bundanoon and Hilltop. Staffed by **Andrea Lenane**, Wanda Denning and Cherie Webster, the Bundanoon shop is most welcoming. Before nine o'clock each morning the Haymans' daughter Erin is there to take care of early customers.

Andrea says, "People from Sydney can't believe they can have a free cup of tea or coffee with their snacks." Locals, as well as travellers can often be seen taking a break at the comfortable tables and chairs in the shop, as well as stools on the sunny verandah. Di says "Bread and pies are our most popular lines and of course we still take orders for cakes for special occasions as well as having a range of buns, cakes and pastries."

—Pam Davies

BUNDANOON DELI

A FULL, COLD cup of tea on the prep bench in the kitchen at the Bundanoon Deli should have told jcg that it was a mistake to try to get few minutes with Trudy during the morning sandwich-making blitz. A return visit revealed exhausted troops who, surprisingly, still had a sense of humour. "We survived another Monday!" says Trudy.

Trudy McGrath is a local girl who took over the deli from Diane Day in 2004. She explains "I enjoy cooking and wanted to work for myself and it was close to home."

Having three school-aged children meant that working in Bundanoon was also very practical. Her children can come to the shop before they go home.

Walking into Bundanoon Deli is like walking into an oversized chocolate box. There are so many visual delights it's difficult to know where to start.

Trudy enjoys sourcing and stocking local products – Alpine Berry Farm, Doodles Creek, The Rangoon Racquet Club curry pastes and the Harvest spice packs are a

few of the range of choices. Locally made jams, preserves and chutneys, and bags of seasonal fruit are also very popular with locals and visitors wanting to enjoy a special regional treat.

Trudy has also put her love of cooking to good use, producing a range of take home prepared meals, curries and quiches. Great for those "time-poor" occasions! This Christmas she is again making her famous fruit mince pies. "About three years ago I actually did a count of how many I made and stopped counting at a hundred dozen. I don't bother counting anymore! This year we are stocking the World War II Christmas Cake. It's made from an original 1940s recipe that was used for cakes to send to the troops". Now that sounds like something to try!

—Bronwyn Shead



SOLAR SPRINGS

WHEN A FRIEND phoned and invited my husband and me to dinner last Thursday night I admit I did a little happy dance. A night without cooking and dishwashing and a glass of chilled Chardonnay! Then she mentioned that we were going to Solar Springs. A health retreat! I thought – steamed broccoli, a lettuce leaf and a glass of chilled water. Not my idea of eating out! How wrong I was!

On Thursday and Saturday night, Wayne Fraser and David O'Leary treat Solar Springs' guests and visitors to a feast. We started with Caesar salad, red lentil and sweet corn soup and then moved on to a smorgasbord groaning with fresh, healthy, flavoursome dishes. Tandoori chicken, roast turkey, smoked Atlantic salmon, seared scallops and garlic prawns accompanied by the best tasting vegetables. And did I mention dessert? Coconut and caramel tart and a cheese platter as well! Now this was dining out.

We weren't the only locals there. Solar Springs Health Club members have been enjoying the cuisine for ages and will tell you they were keeping it a secret to ensure there was always a table for them.

Solar Springs' best advertisement for their dining room would have to be the three young construction workers sitting at the next table. These guys could not believe their luck in finding Solar Springs while staying in Bundanoon for a week. No take-away for them! Instead they had healthy, low-fat cuisine with a home cooked flavour. Their plates were piled high with chicken, turkey, seafood and loads of vegetables. Their mothers would have been impressed.

I had the chance to chat to the head chef, Wayne Fraser. He loves seeing fellow locals experience Solar dining. The buffet menu rotates and they use seasonal produce. I will definitely come back for the pear shortcake.

SOLAR SPRINGS

BARRAMUNDI FILLETS IN A LEMON & LIME DRESSING

190g barramundi fillet per person
2 bunches of baby bok choy
100ml lime juice, freshly squeezed
100ml lemon juice, freshly squeezed
200ml olive oil

Roughly chop baby bok-choy and place in a bowl, cover with cold water for at least 20 minutes, then drain. In a small pot, pour in lemon and lime juice, 50mls olive oil and let sit. In a large frypan, heat 1 tablespoon of olive oil and pan fry barramundi fillets for 2 minutes each side and place on a baking tray. When all the fillets are done, place in a pre-heated oven at 180 degrees C and bake for 12 minutes, or until tender. While barramundi fillets are cooking, heat a dash of oil in a frying pan and saute baby bok-choy, for a few minutes. Warm lemon and lime dressing on a low heat. To serve place some of the sauteed baby bok choy on a plate. Top with a barramundi fillet and spoon warm dressing over.

Serves 6-8



Oh and I did get my chilled glass of Chardonnay. There is a fabulous little wine list and you can buy by the glass or the bottle.

Solar Springs is open for breakfast, lunch and dinner 7 days a week and bookings are essential.

—By a contented diner.

BLOOMIN' CAFÉ

ARE YOU LOOKING for some old fashioned hospitality? Do you remember the flavour of Devonshire tea with warm scones that have come straight from the oven topped with a slathering of jam and whipped cream and the tea served in floral teapots? Then pay a visit to the Bloomin' Café, where **Megan and Lorna Bailie-Mace** will look after you with wonderful home cooked cakes, biscuits and slices, and of course scones.

Megan was a police officer for 25 years, and not only did she serve well in that capacity, but Megan is still serving – only now it is a great range of coffee and food. Megan loves to cook, and has even travelled to attend cooking classes in Vietnam. However, it is Lorna, Megan's mum who cooks up a storm on a daily basis. At 76 years of age Lorna works 7 days a week to provide not only hearty fare on a cold day, but the meals served would suit most palates.

On those cold, misty Bundanoon winter days, in the company of not only visitors, but locals, diners can look forward to soups such as Sweet Potato and Ginger or Cauliflower and Blue Cheese, or maybe a traditional Thick Vegetable soup with a crusty bread roll. Perhaps quiche and salad are more to your liking? Or a Ploughman's Lunch with a glass of (BYO) wine?

Cafes are an institution of life, and people go where they feel comfortable and welcome. Megan and Lorna's friendliness sits quite comfortably beside their hospitality, so try it for yourself.

—Maggie Colley



BLOOMIN' CAFÉ

LORNA'S ECONOMICAL CHRISTMAS PUDDING

Sift into a large bowl:

3 cups plain flour
1½ cups brown sugar
1½ tsp carb soda
Pinch salt
1 tsp mixed spice

Add 2 pkts mixed fruit, plus:

½ cup chopped prunes or dates
½ cup chopped apricots
½ cup chopped figs

Melt together 2 tbsp butter, 1 large tbsp golden syrup or treacle. Add 1 large cup water and ½ cup rum, sherry or brandy.

Pour melted ingredients over the dry mixture and add 2 beaten eggs.

Immerse pudding cloth in boiling water. Wring out well. Using plain flour, flour the cloth then add all the mixture to the cloth and tie fairly firmly OR grease a steamer before placing mixture in, cover with foil then lid. Place in boiler with water and boil for 3½ hours.

Serve with Brandy Butter or sauce.



TREE TOPS

BUILT CIRCA 1910, this Edwardian home, speaks of a time when many such guesthouses existed and one could laze beside a crackling wood fire, enjoy a sumptuous high tea with homemade cakes and jams or collapse in a comfortable bed after a walk in the misty Morton National Park. Formerly known as Gemonia, Tree Tops has

had a number of additions made to the building but Harry and Karin Hull have retained the charm of the original house and developed the accommodation range available, from Deluxe Spa Suites, Double and Twin en-suite rooms or family suites while the house boasts numerous sitting rooms, a snooker table and conference room with accommodation for up to 45 people. Treetops is set on 1½ acres of country cottage gardens and even has its own free range chooks.

Harry and Karin are enthusiastic about life in Bundanoon and have been instrumental in the establishment of Winterfest as an annual event. Harry says "Bundanoon for me is a well kept secret. A climate that has four seasons, and yet doesn't swelter in summer, and is thus conducive to great deciduous gardens. Close enough to the "big smoke", so as not to be stuck in a backwater, yet miles away with a culture of its own. If Bundanoon was a hat, I would see it as a stylish felt fedora, or a well worn plantation hat. Comfortable, yet understated and belying its fine pedigree."

Tree Tops is open for dinner each night for locals, as well as offering sumptuous Saturday afternoon teas (bookings required for both).

Here is a recipe that comes from our native South Africa: Bobotie. It originates from the Dutch East India Company with the name derived from the Indonesian Bobotok. Traditionally it incorporates dried fruit like apricots, raisins and sultanas (although the sweetness is not to everyone's taste) and is garnished with walnuts, chutney and bananas.

TREE TOPS BOBOTIE

- | | |
|------------------------------|-------------------------------|
| 1 large onion | 1 tsp salt |
| 2 tbsp butter or fat | ½ tsp pepper |
| 1 thick slice of bread | 75g seeded raisins |
| 250ml milk | 1 tart apple, coarsely grated |
| 1kg mutton (or lamb), minced | OR 10 dried apricots, soaked |
| 2½ tbsp curry powder | and cut up |
| 1 tbsp sugar or apricot jam | 2 eggs |
| 12 almonds, quartered | 6 lemon leaves or bayleaves |
| 50ml vinegar or lemon juice | |

Brown the onion in the butter or fat. Soak the bread in half the milk, and mash with a fork. Mix the meat with all the ingredients except the eggs, milk, and the lemon leaves or bay leaves. Use a fork for mixing, and work lightly.

Turn the mixture into a casserole but do not press it down. Push in a lemon leaf or bayleaf here and there.

Beat the eggs and milk together, and pour over the meat, lifting it slightly with a fork to allow the mixture to run in.

Cover and bake in a moderate oven (180 degrees C) for one hour. Remove the lid, and bake until brown.

Serve with boiled rice and chutney.

NOTE: The egg-and-milk mixture may be poured over the meat 20 minutes before the bobotie is removed from the oven. Bake until the egg mixture has set.



MILDENHALL

IF YOU ARE looking for extra accommodation for guests when your house just isn't big enough Mildenhall owners, Karen and John Henry, may be able to help out! They also offer a wonderful dining experience for a local clientele.

Karen and John have earned a reputation for

fine food and country hospitality during the nine years they have been in Bundanoon, and their guesthouse has become a perfect spot for a relaxing weekend away for friends and families. The 1930s house is set in a rambling cottage garden and caters for 10 guests. Karen's enthusiasm for her garden is reflected in the lovely ambience she has created. When Mildenhall was open for the Ramble two years ago, fabulous oven-fired pizzas were served from the wood fired oven in the grounds. Karen was involved in Garden Club for a number of years and both she and John have participated actively in the community. Their talents were indispensable when BVG initiated

the Bastille Day dinner. Who can forget the style of those occasions with a fantastic degustation menu prepared by Neville Christiansen. Stefan Ivanow. Karen and members of BVG? Proceeds from these events provided funds to produce a town brochure. Once a month a group, organised through Highlands Country Stitches, meet at Mildenhall where Karen combines her love of food with her creative skills in a day of entertaining and sewing. John's talents extend beyond hospitality and as always he is available to drive one of the shuttle buses for Brigadoon and Garden Ramble.

When considering a celebration with friends remember that Karen offers meals with a Mediterranean flavour, with home made pasta a speciality. Mid-week lunch and dinners are available to local residents for groups of six to ten with prior notice.

MILDENHALL PEAR & CHOCOLATE DESSERT CAKE

- 125g unsalted butter, cubed
200g dark chocolate
3 eggs
1 cup castor sugar
1 cup self raising flour
1 cup (100g) ground almonds
2 large pears, peeled, cored and thinly sliced

Preheat oven 180 deg.
Grease and line 28 x 18 lamington tin. Melt butter in medium saucepan over medium heat till hot, remove from heat and add chocolate, whisk till smooth. Whisk eggs and sugar for 3 minutes till pale and creamy. Add to chocolate mixture and whisk to combine, fold in flour and almonds. Pour mix into cake tin and arrange pear slices on top of cake mixture. Bake for 45-50 mins, till crumbs cling to testing skewer. Stand 1 hour, serve warm with thick cream.



MORE INFORMATION

The Bundanoon tourist brochure, recently reprinted by Bundanoon Visitors Group, is available at Bundanoon Real Estate.

COUNTRY WOMEN'S ASSOCIATION

HOSPITALITY! THE COUNTRY Women's Association (CWA) is the epitome of hospitality! Aren't we known for tea and scones? Ahhh! But there is so much more!

Since its inception in 1922, the CWA of NSW (the largest voluntary women's organisation in Australia) has offered hospitality through their rooms which provided rest rooms and refreshments in many towns throughout the State. These provided a welcome "shoes off, feet up" for women from outlying properties doing monthly shopping and business trips to town, as well as baby changing and feeding facilities, or a welcome stopping place for travellers through these towns. Sadly, the development of large shopping centres over the years and the reduction in numbers of available volunteers, has seen the end of this opportunity for CWA facilities in many towns. In Bundanoon, we still provide refreshments at Brigadoon and on Anzac Day and on any other offered opportunity.

When it comes to hospitality, as a member of the CWA of NSW, one is able to make use of the Residential Club in Potts Point, when visiting Sydney. Here, safe and comfortable accommodation with dining facilities is provided at reasonable rates close to transport, entertainment and shopping. What more could a girl want?!

As an added bonus, new CWA members (like myself) are able to learn from the experienced ones how to make a good scone, sponge, cake or slice; how to crochet, knit and stitch; and how to organise a sit-down morning tea for two busloads of appreciative people in an hour and a half! These abilities cannot fail to be of use to any busy person providing hospitality in their household!

In September, we presented "Opera Simplification" with puppets made by Kath, Gaye and Judith, props by Anna and Margaret, and script by Jan, at our Festival Day in Kangaroo Valley. "The Land" Cookery Day was held in November and now Christmas is upon us.

Partaking of CWA hospitality is a great way of meeting women in Bundanoon and of combining the many talents, professions and resources of our women to organise interesting and fun ways to raise money for the many charities we support. "Many hands make light work" and we would welcome you at our Craft mornings at 10am and /or our monthly meeting at 1pm on 1st Thursday of each month held in the CWA rooms at 22 Railway Avenue.

—Gaye Everett, Publicity Officer
Ph: 4883 7999

LIONS CLUB A sizzling success

"I DIDN'T KNOW Bundanoon had a Lions Club" is a statement often heard when the club is catering or fund raising during a community event. Although small in numbers the Lions Club of Bundanoon is very active within the village. Their involvement in many events is increasing and they would welcome new members.

President **Elizabeth Cranny** explains "Catering for community events is a wonderful opportunity for the Lions Club to say thank you to the community for their support, to say hello to friends and to greet new residents and visitors to the village.

Our club motto is – have barbecue will fund raise! However, to assist us in our fund-raising we have added a bain-marie and two urns for hot soup to our mobile kitchen. These were especially useful during Winterfest and on the Rugby Gala Day. The barbecues are manned by a very capable crew of Trevor Fenton, Peter Chalcraft, Grant Perkins, Les Johnson, Denis Garbutt and Andy Rocca. How can anyone resist a sausage and onion or an egg and bacon roll? Next time try our specialty – The Works!"

Since April, the Lions Club has participated in Brigadoon, Winterfest, the Mark Leslie Rugby Day, Celebration of Life, Moss Vale markets, Daffodil Day, the Bundanoon Garden Ramble and the Highland Fling. All funds from Daffodil Day and the Mark Leslie Foundation go directly to these organisations which this year totalled over \$3000.

Monies raised from other events are returned to the community through direct donations or through Lions International Foundations. In 2007–2008 this amounted to over \$6000. The Lions Club of Bundanoon has contributed to the RSL sub branch Memorial Wall, the security lighting for the Bundanoon sign, a shade house at the pre-school, a bench at the primary school, picnic tables ... and the list goes on. "Amazing what a sausage sizzle can do!" says Elizabeth.

December will see the Lions Club of Bundanoon co-sponsor Carols in the Oval, bringing back a much loved tradition to the village. Mark the evening, Wednesday 10 December, in your calendar. A special event for the entire family.

2009 will mark the 20th anniversary of the Lions Club of Bundanoon.

—Elizabeth Cranny



BUNDANOON P&C

Good food for a good cause

THE MONEY RAISED by the Bundanoon Public School P&C is vital to maintain and enhance the range of resources and equipment available at the school. And while it takes every opportunity to fundraise, the committee is also very conscious of always asking parents and the local community to put their hands in their pockets. This problem is fixed by the amount of catering undertaken by the P&C.

"The catering opportunities are an important element of our fundraising program because it means we earn most of our money from people outside Bundanoon," said P&C President Elaine Angel. "We also find that if we put most of our efforts into catering for major events, rather than running smaller fundraiser here and there, it is easier to attract volunteers," she said.

A typical year for the P&C involves catering for two Beginning Teachers' Federation Conferences in Bundanoon (morning and

afternoon tea on Saturday and Sunday), Brigadoon, the Highland Fling Dinner, Election Day Cake Stall, and the School Christmas Fair. The committee has also catered for the Bundanoon Carriage Club and the Garden Ramble.

The most challenging job faced by the P&C was about two years ago when it catered for a couple of hundred competitors in an adventure program in the middle of the Belangalo State Forest. There was no electricity, nothing. "We pre-prepared all the salads and cakes, and cooked on gas BBQs. But we pulled it off to great compliments from the organisers," said Elaine.

All the money raised by the P&C goes directly to enhancing the learning environment for the students. For example last year they were able to contribute significant amounts to the school for books, classroom materials, computer upgrades and paving the lunch area.

So next time you see the distinctive Bundanoon Public School P&C marquee, drop by for a bite to eat. You're guaranteed a satisfying treat or meal, and know that the money is going to a good cause.

—Jenny Walker

Left to right: Sue Reid, Fiona Angel, Liz Norrie and Elaine Angel



BUNDANOON COUNTRY INN

Four generations in hospitality in Bundanoon

PETER LOWRY AND his son Christopher Lowry purchased the Bundanoon Holiday Resort and Conference Centre in 2004 and since then it has been updated and refurbished. With the present increase in petrol prices and growing popularity of the area more and more people from Canberra and Sydney are visiting Bundanoon and the occupancy rate at the motel has increased markedly.

The Lowry family has a long association with Bundanoon going back four generations. Peter spent every school holidays in Bundanoon with his grandparents, Fred & Kate Fowler and his aunt Ada. The Fowlers settled in Bundanoon before the Second World War and built a small guest house 'Glenelg', on the corner of Railway Parade and Rosenthal Avenue which operated successfully until the seventies. Fred lived until the age of 103 and Ada was one of the few women in the area to drive a T model Ford. As a boy, Peter spent most of his time exploring the gullies, rabbiting, collecting blackberries and riding both horses and his aunt's bicycle. He recalls being invited into the cab of the steam trains which stopped at Bundanoon shunt line, where he met many old time engine drivers.

The Fowlers are remembered today as great contributors to the social fabric of the community and great grandson Christopher Lowry and his dad Peter hope to continue the tradition of welcoming visitors to Bundanoon and contributing to the community.

The Bundanoon Motel has recently been promoting the area to coach operators. The motel manager Michael Walton has designed some spectacular scenic day tours which have become very popular. The Motel is also attracting conference groups, quilters, car and bicycle clubs and as Bundanoon and Exeter become more popular for weddings the dining room is now being fully utilised.

SYLVAN GLEN

...AND NO FEATURE on hospitality is complete without the Hescott family of Sylvan Glen who make a consistent contribution to BVG and community activities. John is president of our local tourism group, his wife, Jenny, is a quiet supporter and **Donna** and **Matt** are always willing helpers at the Bastille Day dinner. In summer they screened Films on the Fairway and staged a Beatnix concert, both of which attracted people of all ages for entertainment in a picturesque setting. Many locals play golf at Sylvan Glen and they have established a wonderful venue for weddings. As a result, other accommodation houses have benefited. Their energy and enterprise is apparent in the ongoing improvements they are making to their beautiful property.

—Ed



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Climate change

by Tony Hill

El Niño

THIS WINTER WAS cool and damp and this has continued into the spring. What's happening? Is the world really cooling and are we entering a time of more agreeable weather?

Eastern Australia weather is dominated by the El Niño Southern Oscillation, which is a climate cycle measured by the Southern Oscillation Index (SOI) based on the difference in atmospheric pressure between Darwin and Tahiti. It is driven by the "maritime continent", an area of exceptionally warm water to the north of Australia which greatly influences the weather patterns throughout the world and encompasses Indonesia, New Guinea and the Philippines. The energy in the warm moist air contributes to the El Niño cycle, the tropical monsoons, the Jet Stream and influences the Indian Ocean.

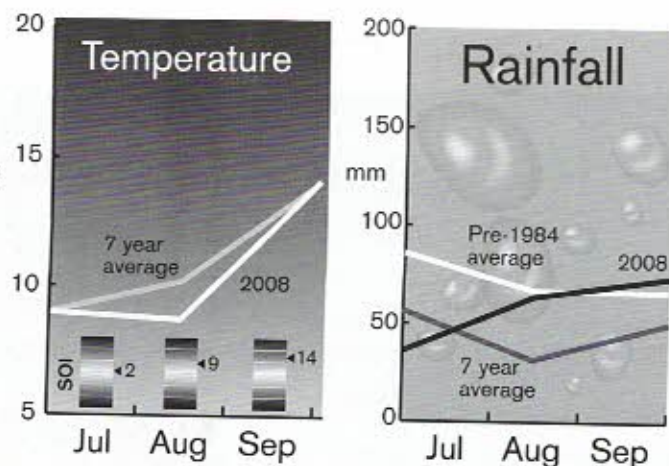
When the pressure is higher in Tahiti the SOI is positive and La Niña conditions predominate. Rain falls along the Australian east coast and over Indonesia and the Philippines, and the East Asian monsoons nourish that continent. On the other side of the Pacific the warm surface waters are blown west by strong trade winds and the cool oxygen and nutrient rich waters of the Humboldt Current well up alongside the South American coast and bring an abundance of fish and cool dry weather. It is a time of relative stability and plenty for everybody around the Pacific Rim.

When the pressure is higher in Darwin then the mischievous boy, El Niño has his turn. We are more likely to have dry, hot weather. South East Asia gets less rain and the monsoons may fail. In the eastern Pacific warm water covers the cold upwellings, there are fewer fish and deluges cause flooding and landslides on the western slopes of the Andes mountains.

During La Niña the cool upwelling water withdraws heat from the atmosphere and contributes to significant global cooling. This heat is not lost to the world but warms the ocean and is transported to the poles by the great ocean currents.

Tim Flannery in his book *The Weathermakers* (Textpublishing 2005) noted that global warming is occurring in steps rather than in a straight line, the first step being in 1976, and the second coincided with the 1998 El Niño event at the start of the recent drought.

We have been through a pleasant couple of years with La Niña, where the SOI has been above 10, and are now in a neutral zone where the SOI is between plus 10 and minus 10. The outlook for the rest of 2008 is for the SOI to remain neutral, with no sign of a developing El Niño which could cause a step up in global temperatures, so enjoy your summer.



DIY know-how

by Patrick Fitzgerald

Save power, the planet and your pocket, too

TIMES ARE GETTING a little tougher but there are ways to make serious savings when building or renovating - here are some ideas to think about.

- Is your ceiling insulated? If so, has it been done properly with all the ceiling covered?
- A whirly bird, available from hardware shops, can be installed in the roof to extract heat from the ceiling area quietly and efficiently - great for circulation and keeping the house cool.
- Cross ventilation, using fly screened windows, can cool the house quite dramatically - open up at night and close during the day.
- Shade cloth make a range of outdoor roll-down blinds in different colours - perfect for west-facing windows. Alternatively, plant a deciduous tree on the western side, for shade in summer and light in winter. Choose one that won't interfere with your guttering, such as deciduous hibiscus, persimmon, pomegranate or elderberry.
- Double glazing can be expensive but there are new systems that convert existing timber windows - keeping heat in (winter) and stopping it getting in (summer).
- Install sky lights or sky tubes to brighten dark areas to reduce the use of lights.
- If you are renovating or building from scratch, there are ways to reduce both your bills and your carbon emissions.
- Use a draughtsman rather than an architect - they will be much cheaper and often more practical.
- Avoid concrete slabs; concrete is a huge producer of CO2 in its manufacture - use a suspended timber floor instead. Huge quantities of steel are also used in concrete slabs which is both expensive and a high energy user in its manufacture.
- For large spans, use laminated timber rather than steel.
- Align your house to the sun, not the road! It is not a requirement to position a house parallel to the road. Orientating your house to the north will pay big dividends in heating, cooling and use of lights. Don't give the garage the best view!
- Buying new materials, the internet offers great bargains for everything from granite bench tops to brass handles - it's worth working your design around available products.
- Sydney auctions are also a terrific source of materials, specifically: timber flooring, tiles and bathroom vanities. Tiles are available in seconds from many outlets and are mostly indistinguishable from 1st grade.
- All plumbing supply shops have a 'trade' range for tap ware and toilet suites. The quality is equal to much more expensive lines but costs much less.

Lastly, it is always worth asking for the cash rate, as many outlets save on transaction fees, and therefore can offer a reduced price.



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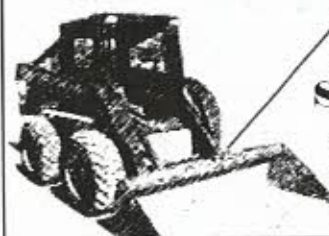
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Riding the Fling

events

ON SUNDAY 9 November along with 1500 other bike riders, I ventured off into the forests in the fourth annual Highland Fling. I was competing – well let's just say riding – in the Half Fling, a 55 kilometre trail through private land, forest roads and dusty tracks around Bundanoon and Wingello. Fifty five kilometres is enough for me! The Full Fling is 110 kilometres and the majority of riders sign up for that with a few taking on the 100 Mile Fling which is 160 kilometres. As usual the event was superbly organised and an army of volunteers are strategically placed along the route to assist on the day.

At 8.00am, the 600 or so Half Flingers took off at a cracking pace. It's easy to be caught up in the excitement and expend too much energy keeping up!

The first 10 kilometres are the most demanding part of the course. Hills that were

"rideable" when training are now crowded with riders walking their bikes. No option! Everyone has to walk.

After 15 kilometres, competitors have spread out and I'm enjoying the ride. A bit of single track keeps the adrenalin pumping and before long I'm crossing Paddy's River, wading through waist deep water, on the way to Wingello.

Bill O'Reilly Oval at Wingello is the half-way point. Time to top up my water pack, have some food and lube the chain. I mentioned dusty tracks but – oh the dust!

Then, into the forest and after 40 kilometres I pass "The Yacht Club". Just how did a large steel yacht come to rest in the middle of the forest? I'm weary but have another drink and gulp more food. Ah, that's better!

With 5 kilometres to go, and coming up the rocks and bumps of Old Argyle Road, fatigue is noticeable but the finish line is not too far away. A final sprint and it's done! The legs are tired but the mind is exhilarated. I'm pleased with my time – 3hr 29 min (45 min better than last year). I'll cough away the dust, clean the bike and get ready for next year's event (7–8 November 2009)!

For results see www.wildhorizons.com.au/highlandfling/index.html

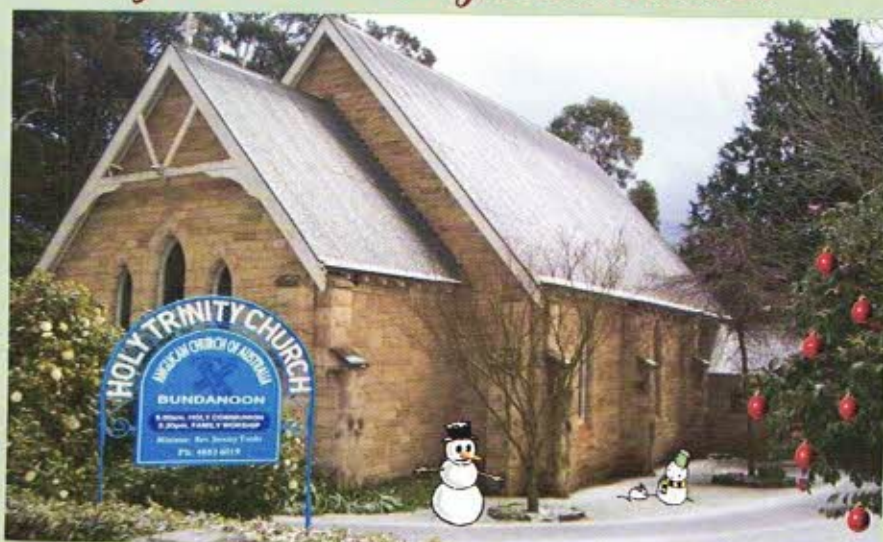
—John Byrne



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2.30pm 4th Sun-
day*



*Rector
Rev Jeremy Tonks
PO Box 10
Bundanoon 2578*

*Telephone
4883 6019*

Christmas Carol Services in December

*Tallong – Family Christmas, Tuesday 16th 7pm
Bundanoon – Traditional, Tuesday 16th 6.30 pm
Exeter – Lessons & Carols, Sunday 21st 9.30 am*

Christmas Eve 24th December

*Exeter – Carols in the Churchyard 5 pm & HC 7 pm
Christmas Day Communion Services
8.00 Sutton Forest 9.00 Bundanoon 10.00 Tallong*

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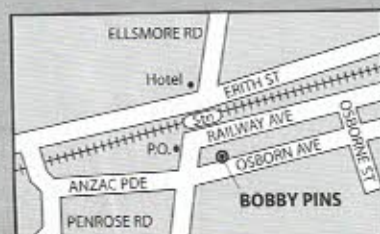
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Volunteering Wingecaribbee

THE JCG SEPTEMBER issue feature "Walking the wounded", about Volwing dog-walkers at the Wingecaribbee animal shelter, drew attention to the variety of volunteer activities available in the Highlands. People are happily giving their time to help the young and the old, clear land and plant trees, serve in charity shops or work in museums; help walk dogs or care for cats; referee weekend sports games or turn out to help in emergencies. Volunteers also assist at special events such as Brigadoon, Tulip Time or Relay for Life. In fact the shire could well grind to a halt without volunteers.

Volunteering Wingecaribbee (Volwing) was established four years ago and is based at 556 Argyle Street, Moss Vale as a resource centre.

Manager Judi Rose explains: "Community organisations can register their needs with Volwing, including job descriptions. There are currently over 60 organisations listed and through our referral service potential volunteers can visit the office to look through the job descriptions. With the guidance of trained volunteer staff they can then be referred to organisations that suit their needs. Training courses are offered to both volunteers and managers of volunteers to help improve relevant knowledge and skills.

Volunteering can be mutually rewarding. For example, volunteering may help a job seeker into the workforce by giving them an opportunity to learn or brush up skills and even get a reference; while a young mum or dad may want an activity that involves adult conversation and an opportunity to get out of the house. For newcomers to the area, volunteering is a terrific way to get to know the neighbourhood and meet new people while it gives retirees a golden opportunity to share a lifetime of skills and experiences. By giving time and expertise people frequently make new friends, find an inexpensive way to keep fit or may find new purpose in life and a reason to get up in the morning.

Volwing is funded partly through support from Wingecaribbee Council and also through the hardworking efforts of our own fundraising team. They organise Bridge days, raffles and sell cakes and jams. We also have a catering group who prepare and serve delicious sandwiches and snacks for functions run by other not for profit groups. Also we are grateful to other community groups which have supported us by making Volwing the beneficiary of their fundraising efforts.

The management committee is composed of representatives from community organisations and local businesses. In fact we are aware that many organisations need people to join their committees. Treasurers are often in short supply and people with accountancy experience and some time to spare are encouraged to join community groups to take executive



Going on a Big Day Out

positions. Volwing runs regular Treasurers' workshops to assist people starting out in this area.

We never miss an opportunity to promote volunteering through the media, expos and stands at shopping centres and we are very excited to have received a grant from WSC to produce a promotional DVD. Recently it has been very pleasing to see a regular column in the Highland Post celebrating a different "Volunteer of the Week" in each edition. We also never miss an opportunity to thank our volunteers for their time and commitment. 5 December is a particularly special day in our calendar as it is International Volunteers Day, when volunteer efforts are recognised worldwide."

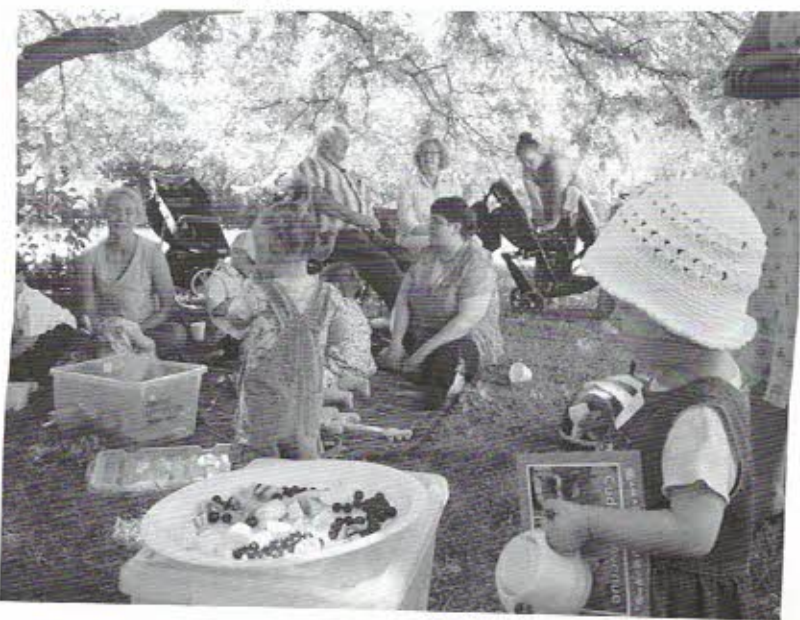
In all aspects of its work Volwing lives up to its mission statement "Inspiring Volunteering in the Highlands"

If anyone would like more information on volunteering call us on 4869 4617 or try looking at our website www.volwing.org.au – recently redesigned by a volunteer, of course!

Home Start volunteers graduate from ten-week training course



Home Start Christmas party



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Bundanoon NSW 2578

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Fax: 4883 7066

Ring for appointments: 4883 6363
Monday to Friday



Monday	pm:	Dr Aziz Miharshahi
Tuesday	pm:	Dr Vincent Roche
Wednesday	am:	Dr Geoffrey Sparkes
Thursday	pm:	Dr Geoffrey Sparkes
Friday	am:	Dr Aziz Miharshahi

If we are closed at Bundanoon our phone diverts to Moss Vale Medical Centre.

Any enquiries, re appointments or results can be made through Moss Vale Medical Centre.

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Defeating depression

health

'DEPRESSION IS THE common cold of psychopathology' wrote Martin Seligman, a world authority on the subject. The World Health Organisation predicts that by 2020 Depression will be the second most significant health condition affecting human beings, with only heart disease being ahead of it.

My interest in depression stems from the experience of being raised within a dysfunctional family in which my mother was depressed a great deal of the time, and my own subsequent experiences of being depressed in a substantial way at least three times during my adult life.

Whenever we are confronted with difficult situations in life, some sort of sadness is inevitable and natural. If the sadness continues longer than would seem to be natural, and goes deeper than the circumstances would seem to warrant, we become 'depressed'. The most common form of treatment is medication.

Depression, however, is much more than simply a physical condition, it is a 'bio-psych-social' experience as a rule. The body and mind interact intimately and in a complex way with each other when confronted with life's challenges.

However, there is increasingly substantial research that indicates that medication alone without effective counselling is not as good a treatment as when accompanied by counselling. People need to talk about what is happening in their lives. This seems to be a vital part of the healing process. In counselling, people learn to critically consider about their thinking, to make important decisions and to exercise some mastery and control over their own lives in a supportive environment.

Other things that can enable us to master our moods more effectively include exercise, relaxation, rest, experiences of beauty, slowing down, managing stress and learning to smell the roses. These all contribute to making life worthwhile again.

I find in my work as a psychologist that the most important area to tackle in counselling is to focus on the thinking patterns that we bring to our problems. Thinking patterns are usually a very significant aspect of the condition we call 'Depression'. There are distinct ways of thinking about life problems that intensify legitimate sorrow – I used to be very good at this!!!

For example, people who are depressed often generalise their experiences, i.e., 'no one likes me', or 'everyone lets me down'. Our

minds think at the speed of 1000–1200 words per minute, and we tend to believe our 'self-talk' – and if my way of thinking and speaking to myself is unhelpful, the pain of depression will intensify.

One of the things that really excites me in my work as a counselling psychologist is watching people take control of their thinking processes, gaining mastery and control in their lives and both understanding and managing depression effectively.

The 'Black Dog' (as Winston Churchill called depression) used to control my life, but for the last decade I can honestly say I have learned step by step to master it. I have also had the privilege of watching many others do the same, and thus take control of their lives for the better. 'I don't do depression anymore' and this stance has brought a marvellous freedom and joy to my life!

—David Irwin*

*David Irwin is a counselling psychologist who lives in Bundanoon. He recently gave a public seminar in Bundanoon entitled 'Defeating Depression'. David can be contacted at soulcare@hotmail.net.au or 4883 7647.



Highland Healing

THE COUNTDOWN to Christmas sees most of us rushing round the shops trying to find perfect presents for our loved ones.

It's doubtful the Three Wise Men had the same problem. Not for them the forays into the department store for the 'must have' present ensuring a peaceful and tantrum free Christmas morning.

The gold we can all work out without

much difficulty. But frankincense and myrrh? What was all that about?

Both were valued more highly than gold.

Traditionally esteemed for their medicinal properties, frankincense has been

used for centuries for such maladies as dysentery, vomiting

been shown to have antiparasitic qualities. It is a major ingredient of holy anointing oil as well as being used in the traditional embalming process. Together the gold,

frankincense and myrrh could certainly be seen as being symbolic of sustaining existence on the physical plane as well as assisting the transfer to life beyond.

Whilst modern western medicine does not recognise ancient medicinal traditions, research continues. Scientific papers have been written on the effect of frankincense on a number of conditions including

cancerous tumours and depression. As with any herbal remedy, standardisation in the pharmaceutical sense is virtually impossible as the chemical constituency

of essential oils is extraordinarily complex – essential oils differ from plant to plant

Most people are familiar with essential oils in the context of incense burning in churches and other places of worship; their scents are renowned for uplifting the spirit, promoting peaceful atmospheres conducive to prayer and meditation.

In bringing gold to the Christ child, perhaps the Wise Men acknowledged the earthly kingdom but in their wisdom they also brought him gifts from the creation which bring body, mind and soul to the kingdom of God.

—Kirsten Hartley

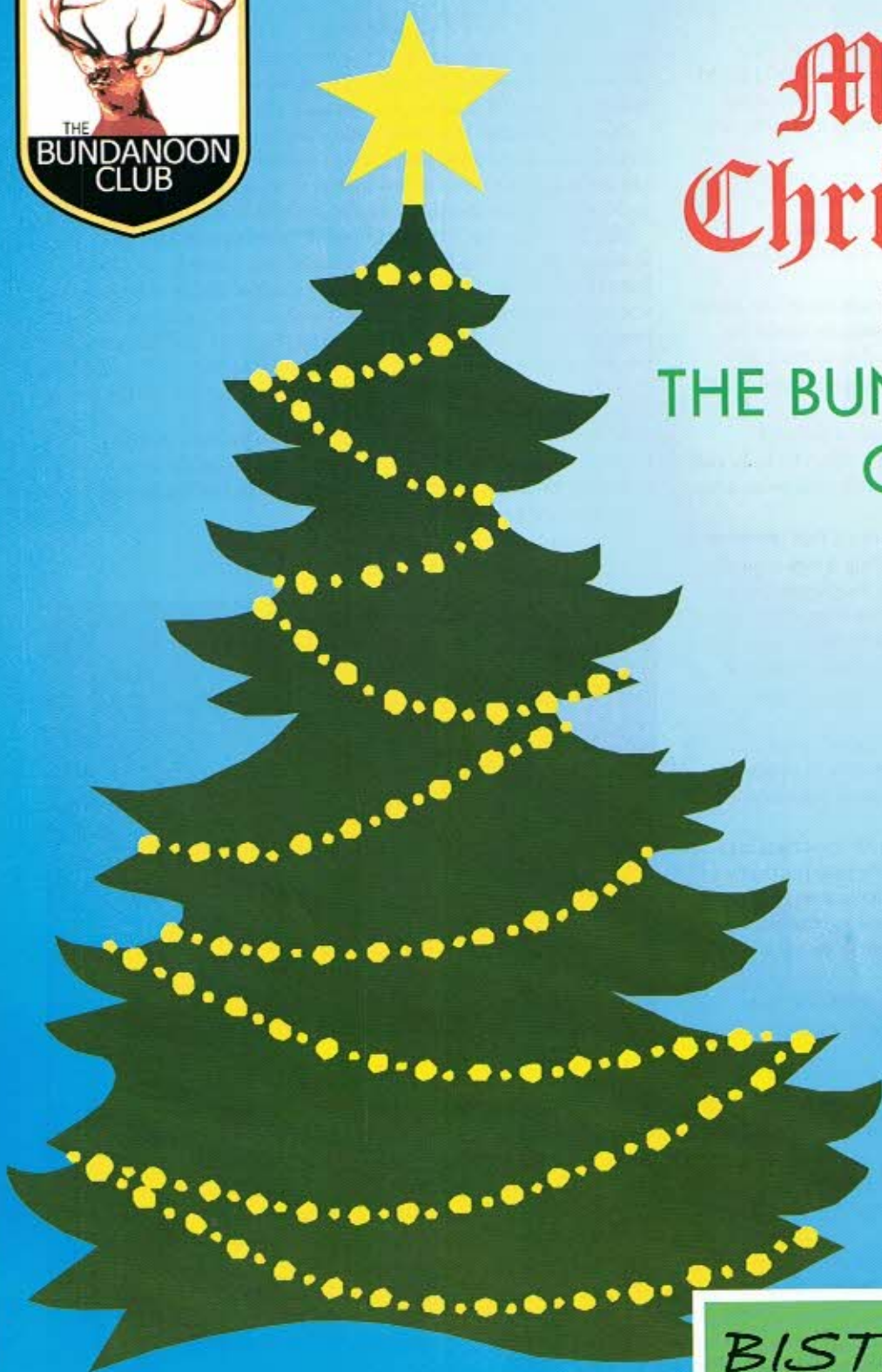
Kirsten Hartley is a Naturopathic Herbalist at Highland Healing Connection in Bowral and is available for consultations, workshops and talks. She also facilitates Raindrop Technique



Merry Christmas

from

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Quest for Life takes to the road

AFTER 10 YEARS of operating in Bundanoon, the Quest for Life Foundation will close the doors of the Petrea King Quest for Life Centre in mid-December.

The Quest for Life Foundation is to expand its reach throughout Australia, taking

its programs into communities where people affected by cancer, serious or chronic illness, grief, depression or major challenge can more easily access them.

By taking Quest for Life programs out to the wider community, people who find it difficult to get to the Foundation's residential Centre at Bundanoon will now directly benefit from the programs that have already helped so many.

More than ten thousand people have journeyed to the Centre and found a safe haven in which to begin or continue their healing journey. The Centre provided an unparalleled opportunity to intensively train facilitators, therapists, counsellors, nurses, doctors and other professionals from around Australia. We look forward to working together with them as our Quest facilitators deliver programs, trainings and services in rural, regional and metropolitan areas in NSW and Australia.

The changes are both sad and exciting. There are so many special moments that have taken place at Quest. However, we look forward to Quest conducting programs in more venues and working with many more people in their own communities. The essence of Quest is held in our hearts and the healing journey can start or continue in any environment.

On behalf of the Board, we would like to take this opportunity to give our heartfelt thanks to the community of Bundanoon. Whether it has been your financial support, volunteer contribution, referring participants to our programs or holding us in your hearts, your support has enabled us to touch the lives of thousands of people through programs at the Quest for Life Centre. We look forward to providing our services to many more people in new settings.

To stay informed about the Quest for Life Foundation as we move forward in our new direction, we encourage you to visit our website for all of our latest news, information and upcoming programs: www.questforlife.com.au

jcg wishes to thank Petrea King for her long-term support of our community magazine. This publication is made possible through the goodwill of our advertisers.

—Ed.

Bundanoon beat



THERE HAVE BEEN some disturbing acts of malicious damage occurring in the Bundanoon precinct recently. In the village of Exeter, along Ringwood Road, nails attached to pieces of masonite have been placed on the road as a form of road spike, targeting innocent motorists. There have been numerous reports received by police. This practice is not only an act of stupidity, it has potentially life threatening consequences. I have been a victim of these acts myself, delaying my response to a search for a missing child. The delay could have cost the child's

life, as there were numerous dams on the property. The practice could also lead to a fatal accident, with a major blowout causing a vehicle to leave the road. Local media have assisted police with this enquiry however to date the offender(s) has not been identified. I urge any person with information to come forward to police.

Other incidents have taken place at Bundanoon Public School, the local Skate Park, and the Soldiers' Memorial Hall where tagging has occurred. This practice involves writing a "tag" with spray paint or permanent marker on walls. The damage to the school is distressing but the damage at the hall is particularly upsetting, as it shows a lack of respect to those who died in the service of our country. I am pleased to report that I have identified the offenders and they have been subjected to the appropriate legal process. It has been very pleasing to see that one of the boys involved has attended Bundanoon Public School and apologised for his actions. He also parted with his "birthday money" to help pay for the removal of tags.

On Friday night before the "Highland Fling" an offender (not a local) was arrested by Bowral Police for offensive behaviour in Bundanoon. The Chinese Restaurant window was broken, but there were no witnesses to connect him with that incident. He was, however, apprehended with the aid of a CCTV camera installed at the newsagency.

The "Fling" has again been a fantastic success! Well done to Huw Kingston, his staff, and the many local volunteers who controlled traffic and acted as marshalls for the event.

—Senior Constable Michael DIETZ

Shopping locally

LONG TERM BUNDANOON residents Lorraine and Grant McIntosh took over the lease of the Bundanoon Supermarket in August this year and it has been a hive of activity ever since. Very much a family business, you will often see the girls helping mum and dad after school or on the weekends.

Grant and Lorraine have restocked the grocery, garden and hardware sections with a wide range of emergency items that will often save a mercy dash to Moss Vale or Bowral for items such as bread, meats, milk, newspapers, fruit, vegetables and light globes. They are embarking on a campaign of renewing the range of DVDs, and are now the sole stockist of the Bundanoon Is Bagadoon shopping bags. Go green! (or blue as it were!).



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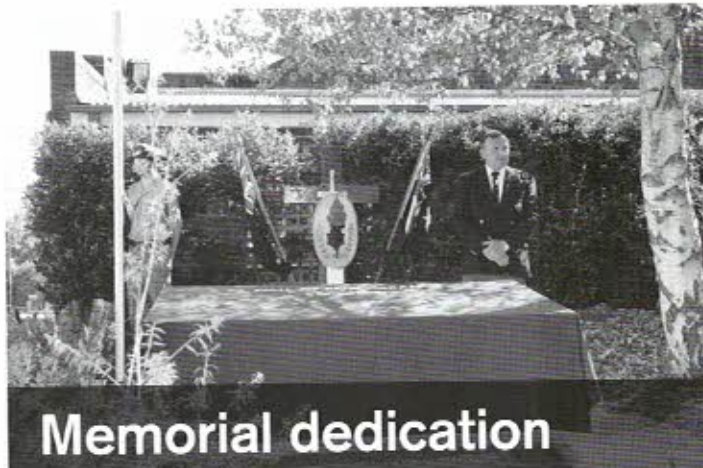
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Memorial dedication

ON 11 OCTOBER, a beautiful spring day in Bundanoon, war veterans, members of community organisations, families and school students attended the blessing and unveiling of the Remembrance Wall Memorial which has been built on the corner of Church St and Osborne Ave. President of Blessings were given by Rev Jeremy Tonks, Father Anthony David and Pastor Wayne Davis. President of Bundanoon RSL sub-branch welcomed participants and guests and Mr. Alby Schultz MP conducted the unveiling ceremony, prior to the laying of wreaths. Members of "Serendipity, the choir" led the singing of the Recessional, Abide with Me and the National Anthem. A Catafalque Party of cadets from Chevalier College and children from Bundanoon Public school reminded everyone present of the sacrifice servicemen and women have made for the security, democracy and freedom of Australia.

Church times

Anglican Church of Sutton Forest

Holy Trinity, Bundanoon Sunday, 9.00 am, 5.30 pm
St Aidan's, Exeter Sunday, 9.30 am
St Stephen's, Tallong Sunday, 10 am
All Saints, Sutton Forest
1st & 3rd Sundays, 11am 2nd & 4th Sundays, 2.30 pm

Uniting Church

Bundanoon 4th Sunday, 11am
Mid-week service & lunch, Thurs, 12.30pm (bring sandwich)
Moss Vale Sunday, 9.30 am

Catholic Church

St Brigid's Bundanoon 1st, 3rd & 5th Sundays, 5 pm
..... 2nd & 4th Sundays, 8 am
St Paul's, Moss Vale Vigil Mass, Saturday, 6pm
..... Sunday, 9.30 am

Moss Vale Christian Church

..... Sunday, 10 am

Encounter Group, Robertson School of Arts, 1st Sunday, 2 pm

Iona Christian Community, St Patrick's, Sutton Forest

2nd and 4th Sundays 10.30 am

Christmas services



Anglican Church of Sutton Forest

Holy Trinity, Bundanoon Christmas Day, 9.00 am
St Aidan's, Exeter Christmas Eve: Carols 5pm, HC 7pm
St Stephen's, Tallong Christmas Day, 10 am
All Saints, Sutton Forest Christmas Day, 8.00 am

Uniting Church

Bundanoon: Christmas Day 9.00 am

Catholic Church

St Brigid's Bundanoon: Christmas Day, 9.00 am
St Paul's, Moss Vale: Christmas Eve, 7 pm & Midnight Mass
Christmas Day, 9.30 am

Arts events

5 - 30 December

Italy - Australia 2008: An exhibition of works from Italy.

Open 9.30am-4.30pm daily. Sundays 10am to 4pm. The Milk Factory Gallery & Exhibition Space 31 Station St (rear), Bowral.

6 December

Berrima Smalls (vocal group). Check website for details.

6 December, 4.00pm

Highlands Singers - Christmas Around the World

Legends and carols from around the world. Donations to Can-Assist. Sumptuous afternoon tea served on conclusion. St Jude's Church Hall, Bendooley St, Bowral. Enquiries Meryl, 4871 3295.

8 December, 7.30pm

David Helfgott, Mittagong Playhouse - further details to come. Contact romad@westnet.com.au

11 December, 7.00pm

Southern Highlands Photographic Society Presentation Night

East Bowral Community Centre 71 Boardman Road on the 3rd and 5th Thursday of each month at 7pm. Visitors always welcome. Contact Ian Johnston, 4861 7565 or johnstonir@yahoo.com

13 December, 4.00pm

'Tis the Season', Serendipity: the choir. Bowral Uniting Church.

16 December, 6.30pm

Traditional Christmas Celebration. Lyrebirds children's choir and Micklemirth singers. Holy Trinity Anglican Church, Bundanoon.

19 December - 15 February

The Gib exhibition at Sturt Gallery. Tony Ameneiro, Steve Harrison, Robyn Kinsela, John Lascelles - prints, ceramics and photography all relating to The Gib. Sturt, Range Road, Mittagong NSW 2575.

20 December, 4.00pm

'Tis the Season' presented by Serendipity: the choir. Bundanoon Memorial Hall.

Sturt Craft Centre Courses

Weekly Classes: Ceramics, Fine Woodworking, Jewellery, Weaving
Weekend Courses: Mosaics, Basketry, Enamelling, Digital Photography, Advanced Digital Photography

3 - 8 January 2009

Summer School

Summer School courses include: Basketry, Calligraphy, Clay-hand building, Clay-throwing, Drawing - introduction, Drawing people, Drawing place & space, Felting, Make & play bodhran, Marquetry, Millinery, Painting with acrylics, Pastel painting, Printmaking, Ring making, Weave a floor rug, Wood turning, Wood work - stool making, Clay for teens, Art for kids, Clay for kids, Comedy & circus for kids.

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www.sturt.nsw.edu.au mpatey@sturt.nsw.edu.au

Sturt Gallery Open 10-5 seven days.

Thanks to Wingecarribee Shire Council's ArtInfo for this event information. For later events, go to www.wsc.nsw.gov.au/community/3283/3285.html Contact jenny.kena@wsc.nsw.gov.au

What's on info

Visit www.southern-highlands.com.au or phone 4871 2888 or 1300 657 559 to find out about coming events and attractions.

www.bundanoon.nsw.au

Activities and services

Activities

Arts Bundanoon.....	Coralie & Michael Flint	4883 6588
Bundanoon Community Association (BCA)		
..... President	Ralph Clark	4883 6389
..... Secretary	Ken Challenor	4883 6765
Bundanoon Preschool	Lisa Reid	4883 7074
Bundanoon Public School P&C	Jenny Walker	4883 7998
Bundanoon Visitors' Group	John Hescott	4884 4306
Chess Club	Pat Foley	4883 6064
Country Women's Association (meets 1st Thurs, 1 pm, CWA Rooms):		
..... Marie Reid		4883 6526
Friends of Morton Nat. Park	Sheila Micholson	4883 6107
..... Alan Hyman		4883 7763
Garden Club	Terry Bruce	4883 4499
Glow Worm Glen Track C'ttee	John Dorman	4883 6296
Green Team	Tony Stanton	4883 7526
History Group (meets 1st Monday, 10 am, Old Goods Shed)		
..... Patricia Guy		4883 6971
Lions Club (meets 1st/3rd Monday, 7.30 pm, Bundanoon Club):		
..... Ralph Clark		4883 6389
Playgroup	Candice Piper	0428 615 980
RSL (meets 1st Tues (exc. January), 2 pm, RSL Rooms at Oval):		
..... Trevor Fenton		4883 6433
Serendipity: the choir	Kerith Fowles	4883 6515

Sports Clubs

Bowls (Men)	John Witney	4883 7356
Bowls (Women)	Shirley Scott	4883 6851
Cricket	Steve Granger	4868 2680
Croquet	Ian McClelland	4883 7916
Pony Club	Leonore Waugh	4883 6669
Rugby	Cameron Reid	4883 7074
Soccer	Sue Brown	4883 6437
Social Golf	Carol Townsend	4883 7380
Swimming	Sue Reid	4883 6951
Tennis	Cameron Reid	4883 7074

Support & Volunteer Services

Community Health Service	Bowral	4861 8000
Defibrillator Team Contact	Graham Leech: habitat@hinet.net.au	
(in case of emergency, always dial 000)		
Early Childhood Clinic		4861 8000
Wingecarribee Adult Day Care	Michelle Lindau	4862 1774
Fire Station		4883 6333
Micals on Wheels	Fay Carter	4883 7441
Mobile Library	Moss Vale Library	4868 2479
Petra King Quest for Life Centre		4883 6599
Red Cross (Exeter branch)	Anna Hopkins	4883 4259
Rural Fire Service (RFS)	Craig Rowley	0427 511 837
RFS Auxiliary	Rosemary Page	4883 6499
RSPCA (Goulburn/Highlands)		0412 475 428
Volunteering Wingecarribee	Judi Rose	4869 4617
WIRE		4862 1788

To update or amend details, please contact Kate Perkins 4883 6422.

Good news: new jcg staff

We are delighted to welcome the following volunteers aboard:

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- John Desmond, accounts and bookkeeping
- Jane Easter of Highlands Rural Real Estate, advertising manager.

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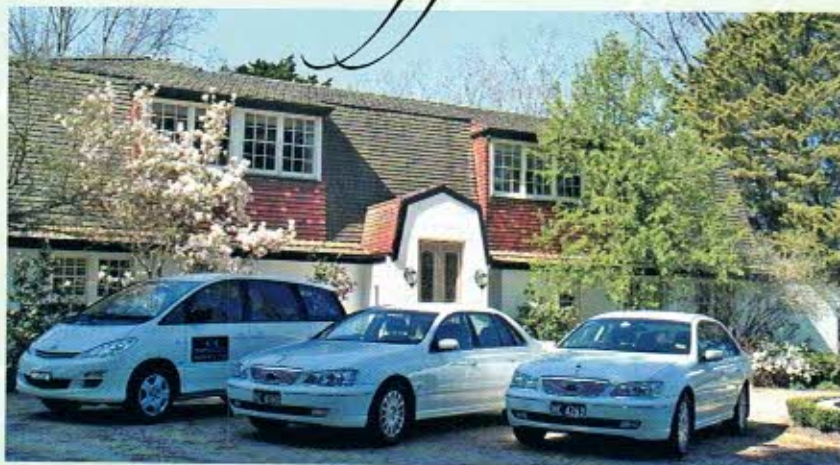
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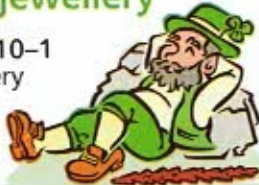
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