



A magazine for Bundanoon  
and Southern Villages

## *Our global village*

*Hugh Mackay introduces local migrant stories*

**18–19**  
Tooth's  
tramway

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is booming

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to town



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Our community responds in gratitude to those who have sacrificed so much that we may be free.

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The food will be simple, traditional and of course delicious! A ploughman's lunch or slow braised beef and ale pie and a drink in the beer garden sound good?

Our 20 en-suite rooms are also being revamped so consider us when you have a gathering at home for the overflow of your guests. There's a 5% discount to guests being referred by residents of Bundanoon.

As the Ravensworth is run by those lovely people from Sylvan Glen(!) we are experienced co-ordinators of weddings, functions and conferences too so just ask if you are interested in any information in the future.

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1

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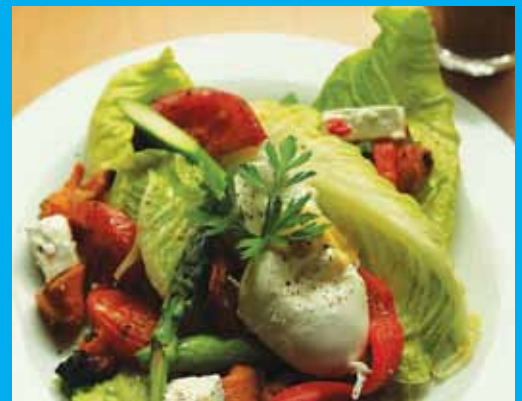
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Diana and Adam Paicu. Photo by Wayne Todd

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**Pam Davies,**  
Editor

Other features are a two-page spread on the wide variety of BCA subgroups and activities, which help to make Bundanoon "an even better place to live", the historical Tooth Tramway, personal profiles and reports from other groups in the community.

During the year *jcg* will continue to spotlight the interests and ideas of the residents of Bundanoon and the Southern Villages through a variety of themes.

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### BCA meetings

AGM: 21 MARCH, 7:30PM IN THE MAIN HALL. ALL WELCOME.

Third Thursday each month:

18 April, 16 May: 7:30pm in Supper Room

## From the Editor

THE 2011 CENSUS figures (see page 24) give a clear picture of Bundanoon's demographics for 2006-2011. But will the next five years reflect the changes we have observed in recent editions of *jcg*? We appear to be attracting young families to live here and the numbers at the preschool and primary school seem to confirm our observation. In this issue, we focus on stories of Bundanoon residents who have a migrant background. Hugh Mackay introduces our centre section and with his social research background provides insights into our attitudes towards those who migrate here. The stories following this give interesting histories of some of our residents.

Other features are a two-page spread on the wide variety of BCA subgroups and activities, which help to make Bundanoon "an even better place to live", the historical Tooth Tramway, personal profiles and reports from other groups in the community.

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### Hall Hire

FOR SOLDIERS' MEMORIAL Hall booking enquiries please phone 4883 6971 or email [hallhire@bundanoon.nsw.au](mailto:hallhire@bundanoon.nsw.au)

**Advertising info: page 49**

**Deadline for next issue:**  
**Friday 3 May**

# Making Bundanoon

THE COMMUNITY ASSOCIATION AGM will be held in the Hall on Thursday March 21, commencing at 7.30pm. All members are urged to attend, but all residents are welcome to come along and hear what has been achieved during the past year, and even more importantly what is planned for the future. A light supper and refreshments will be served after the meeting.

BCA operates through a chain of subcommittees, all of which welcome new participants. It provides entertainment, stages events, holds town meetings (such as the election candidates function) and regularly makes representation to Council and Government on matters of community concern.

2012 was another year of substantial achievement; 2013 will no doubt be even more successful as Bundanoon prepares for its 150<sup>th</sup> anniversary in 2015.

With almost 500 members, BCA is by far the largest such group in the area and an effective voice for Bundanoon. If you are not already a member, the brief outline below we hope will convince you that you also should belong; your participation would be most welcome. The membership fee is only \$6pa, or \$20 for membership until 30.6.2018. There are forms at the Post Office or Bundanoon Real Estate.

## Arts Bundanoon

Arts Bundanoon again provided wonderful musical entertainment, with monthly first Saturday Piano at Ten offerings and one evening and two afternoon concerts.



Picking the Saturday highlights from so many is difficult, but Bundanoon local Kate Johnson and South African soprano, Kate Wilmott, were outstanding. Others of similar artistic standing were pianists Tony Lee, Daniel Herskovich and rising star Mia Huang, who once more demonstrated BCA's vision in raising the funds for our precious grand piano.

Moving away from our traditional musical offerings, the Art Deco exhibition featuring the pottery of Clarice Cliff was quite outstanding; it will be repeated in April.

## Bundanoon Community Garden

An open invitation is extended to visit this wonderful community asset on Tuesday and Saturday mornings. All are welcome to join in, get their hands dirty, learn and enjoy. Much has been achieved already, but there are great plans for 2013.



## Bundy on Tap

We recently welcomed Concord, USA as the second bottled-water-free town. Bundanoon received world-wide publicity for this initiative, of which we are very proud.

## Catering group

Assists with our various functions and raises funds by catering for other events at the Hall. These funds allowed the purchase of a commercial fridge and freezer last year, making the facility even more functional.

## Crash Test Theatre

A recent innovation, this one day format caters for writers, actors, directors, stage-hands and audience and is a lot of fun. Watch for details of the next event.

## Festive lighting

Over the past few years BCA, with the assistance of Council community assistance grants, has been developing a spectacular display in Railway Ave and Church St for Winterfest, Christmas and other special occasions. Unfortunately a direct lightning strike caused major damage in December, but it has now been restored.

## Garden Ramble

The annual Garden Ramble, held each October, grows better each year. Almost 100 volunteers make this possible, with spectacular results. Our area has many dedicated gardeners, so this is always a much-anticipated event. BCA is grateful for the assistance of the Bundanoon Garden Club, with whom we have a strong relationship.



## Green Team

The amazing bulb display at the entrances to Bundanoon in Spring are but part of the contribution which this group of volunteers makes to the village. With planting, pruning, spreading mulch, weeding and other areas of involvement, including the welcome refreshment afterwards, there is always room for more team members.



## JCG magazine

It is unlikely that any town of our size can boast a publication like **jcg**, our quarterly magazine. Now in its 18<sup>th</sup> continuous year, residents look forward to each edition to enjoy the varied content and high-quality writing and production. This March edition is no exception.

## JCG Food & Wine

Has provided local foodies, of which Bundanoon has many, with specialty dinners, coach trips and more. Current event is the trip to Cowra in association with JCG Travel, which features a night at 'Neila', a long-term hatted restaurant.

# an even better place to live

## JCG Travel

In only two years has provided varied and affordable tours and events which have been enjoyed by 200 travellers. These have included theatre parties and other day trips, tours to Broken Hill, Beechworth and Tasmania and two

overseas trips. A number have remarked that they would not have such opportunities otherwise. The trip to Cowra this month is sold out, but details of future events appear in this issue.



## Mainstreet and Bundanoon Visitors Group

A vibrant shopping and commercial precinct is a valuable community amenity. BCA provides a vehicle for information and communication between the traders, most of which are small family businesses, helping them to help us. The Visitors group links the local hospitality houses and does a lot to promote the area, including producing the excellent Bundanoon brochure.



## Movies at the Rex Cinema

Film nights in the Hall have been a feature of Bundanoon for decades. The 2012 showings were highlighted by *The Man from Snowy River* and the Marilyn Monroe show, complete with gowns. More events are planned for this year – watch for dates.

While we can show from DVD, our 1947 projectors are a real blast from the past and provide much more fun. Add the traditional ice

cream man with his tray and a great family outing is assured.

## Needles & Natter

This group of ladies has been meeting every Thursday morning at the Club for a number of years now. Originally formed to produce the wonderful Bundanoon Quilt which graces the Hall foyer, the group provides a gathering place for women to socialise and enjoy a common interest, namely needlecraft in its various forms, although no experience is necessary as members are always willing to assist. Why not pop in and see what happens?

## Planning group

This group keeps an eye on applications for subdivisions and other developments and where appropriate seeks modifications to preserve our village way of life. It also liaises with Council on planning matters, such as the recent WSC LEP.



## Reserves

Volunteers under the BCA umbrella maintain De Meyrick Reserve in Ben Nevis Circuit and were responsible for a substantial tree-planting in the Burgess Street park.

## Serendipity: the choir

Serendipity: the choir gave us wonderful concerts in May and December, as well as performing in Bowral and other venues. Two Christmas concerts had to be staged in 2012, such is the popularity the group now enjoys. Presenting performances of high quality and excellent content, the choir (seen here in rehearsal) is a major asset to our community.



## Walking trails

BCA funded and produced an excellent leaflet with plans of the various walks around the area. It has been instrumental in extending the walks and making them more accessible; there is more to come!

## Welcome packs

People moving into town were, where possible, welcomed by a visitor with a BCA pack of information and goodies – over 30 in 2012. Unfortunately this is not always possible as we are not told of the new arrival, so if someone new moves into your street please let BCA know – and of course extend your own welcome!

## Winterfest

This now traditional event continues to grow. The atmosphere in the (closed) main street is something really special, with the varied stalls, music and entertainment. The festival week also includes concerts, dances, children's events, poetry, workshops and more.



## Would you like to join us?

- All sub-committees of BCA welcome new participants. If
- you would like more information about any of the groups
- please contact Pam Davies: ph 4883 7196 or email:
- [inverard@hinet.net.au](mailto:inverard@hinet.net.au)

**Community events: please see  
pages 17 & 41**



## Yoga Classes @ CWA Bundanoon

DAY	AM	PM
Mon	9:30-11am: General	
Tues		7-8:30pm: Restorative
Wed	9:30-11am: General	7-8pm: Yoga Nidra/Meditation
Sat	7-8am: Flow	

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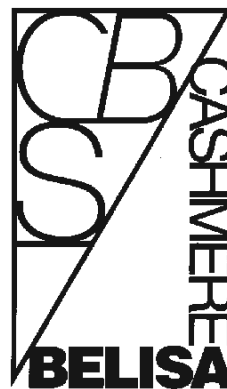
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Under the JCG Travel frequent traveller scheme there will be a discount of 15 per cent on any trip once you have reached 40 points. Each day of travel is equivalent to one point. Once you have claimed a discount, 40 points are deducted from your entitlement. More trips will build more points.



Happy frequent traveller Gwen Crossley, 83, who has 73 points.

## Canberra Markets



FOLLOWING THE SUCCESSFUL trip to the Flemington Markets last year there will be a day trip to DFO (Direct Factory Outlets) and fresh food markets in Canberra on July 18.

DFO offers discounts on well known brands of clothing, handbags, shoes,

children's wear, homewares, jewellery and manchester.

Tickets are available for \$30 from Anne Miller on 4883 6343 or bundymiller@gmail.com



## A day at the races

FANCY A FLUTTER on the horses? JCG Travel is planning a day at the races at the Kembla Grange racecourse on Saturday, August 17 with a three-course lunch in the club's dining room.

Tickets are \$95 which include transport, course entry, a race book and lunch. They are available from Julie Schellack on 4883 7686 or warren.and.julie@bigpond.com



## Blue-water Port Stephens beckons

WATERFRONT ACCOMMODATION AT the luxurious Peppers Anchorage Resort and a sunset seafood dinner at the acclaimed The Point waterfront restaurant will be highlights of a JCG Travel trip to Port Stephens in October.

The 5-day tour from October 14 to 18 will cost \$695 per person twin share. It will include four nights accommodation at Peppers, a two-course dinner at The Point, a cheese and wine tasting at Pokolbin, a whale watching cruise or 4WD tour of the Stockton sand dunes, a ferry trip to Tea Gardens and a day visiting historic Morpeth township and Maitland Gaol.

The Point Restaurant has been voted Best Seafood restaurant in the Hunter Region in the Restaurant and Catering Awards for Excellence. Another culinary delight will be an oysters and prawns happy hour at Holberts Oyster Farm.

Yet another highlight will be a visit to the historic Nelson Head Inner Lighthouse, built in 1872, which is home to the Volunteer Coastal Patrol and where you can enjoy a cup of coffee on the terrace with outstanding views. On the way home we stop at Newcastle's waterfront renewal and the Centenary Antiques Centre.

Bookings can be made with Anne Miller on 4883 6343 or bundymiller@gmail.com. A deposit of \$100 is required to confirm a booking.



## 2013 DIARY

**Cowra** – March 18–21

**Canberra Markets** – July 18

**Kembla Grange Races** – August 17

**Port Stephens** – October 14–18

**Theatre: Brief Encounter** – November 23

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**Ralph Clark,  
BCA president**

## BCA report

# Signing off

THIS IS THE last *jcg* update I will write. As I indicated last year I will not be standing as president at the AGM on March 21. After seven years it is time for a new face with fresh ideas and enthusiasm. I know that we have such people available and so have full confidence in the future of BCA.

I do urge you to attend the AGM, where you will hear what has been achieved and what is planned for 2013. I can promise you that proceedings will be kept as brief and informal as possible. At the conclusion there will be an opportunity to enjoy supper and refreshments and to meet other members and residents. All are most welcome.

By the time this is read work should finally have started on the toilet block behind the Hall. BCA lobbied Council for years to achieve this result, which will be a great improvement on the present facility.

We have enjoyed an excellent relationship with Council, particularly over the past several years, although I am sure we have made rather a nuisance of ourselves at times! This relationship has been of considerable benefit to Bundanoon and I hope will continue.

2012 was a year of significant achievement for BCA and this will be reflected in the annual report. We again enjoyed wonderful entertainment from Arts Bundanoon, Serendipity: the choir and the Rex cinema. Crash Test Theatre trials have been successful. Four excellent quarterly editions of *jcg* raised that bar even further. The Garden Ramble and Winterfest were bigger and better than ever. Our Green Team made Bundanoon even more beautiful; the Community Garden is thriving and Glow Worm Glen, De Meyrick reserve and Burgess Street park received ongoing attention.

We again administered the Hall, which saw further improvements. Funds raised by the catering group enabled us to install a new commercial fridge and freezer. The planning group did a lot of

investigative work behind the scenes; BVG and Mainstreet promoted and improved the village; Needles and Natter sewed and chatted each week. Bundanoon remained proudly Australia's only bottled-water-free town.

JCG Travel's outings and trips were again economical and well patronised; we enjoyed more Food & Wine events. BCA membership approaches 500. Spectacular festive lighting was installed (and shortly afterwards partially destroyed by a direct lightning strike, but soon to be repaired). BCA again benefitted from affiliation with the Southern Villages Group, Southern Highlands Business Chamber and Tourism Southern Highlands. Planning commenced for the 2015 Bundanoon sesquicentenary.

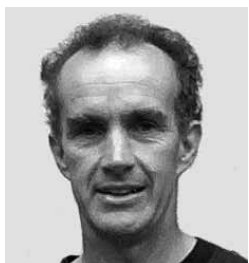
None of this could have been done without a wonderful lot of volunteers. The management committee met long and often this year; more business was dealt with than in any year I remember. To John White (VP), Thomas-Andrew (Secretary), Peter Brown (Treasurer) and Pat Guy, Christine Miller and John Brock (committee) go my grateful thanks. BCA is structured as a series of subcommittees – some 20 of them. Each has a hard-working and effective Co-ordinator, supported by numbers of other volunteers. Too many to mention individually, but deserving of thanks and congratulations.

BCA's worth to the community is undoubted. It has grown substantially, particularly over the past decade or so. This growth has reached the stage where we face practical difficulties in governance and administration designed for much bigger organisations. A small group of people with relevant expertise has been formed to examine all aspects of BCA; it will report within the next few months. All suggestions and comments will be welcomed.

It has been a great privilege to be president for the past seven years, a role which has been sometimes difficult, sometimes frustrating, but always enjoyable – above all one which has been made easy by the support of this wonderful community.

## council news

# Efficiencies and economies



**Councillor Jim Clark**

NSW STATE GOVERNMENT plans for council amalgamations are an emerging issue for Wingecarribee Council. Various reports and studies will be forthcoming this year urging the need for 'efficiencies and economies of scale' for Local Government. It appears this means a determination to amalgamate some councils. Certainly some Sydney-based councils, such as Hunters Hill, are undersized anomalies of a bygone era, but given the size of

zones they will be difficult to implement universally.

Wingecarribee Shire, which was created in the early eighties, is made up of three former small council areas: Mittagong, Bowral and Moss Vale. It is difficult to draw a line and say we have much in the way of connection with our neighbouring Shires of Wollondilly or Goulburn-Mulwaree nor our neighbours to the east – Kiama

and Shellharbour. However, following the election of the Kennett Government in Victoria, amalgamations created much larger councils were implemented with much haste, ample bloodletting and angst.

It remains to be seen how the current coalition government will implement these changes. I remain hopeful that residents are given real input into what our local council areas will look like.

As I write this column, council is about to commence work on the reconstruction of the public amenities at the rear of the Bundanoon Memorial Hall, a long-delayed project on the wish list for many locals. The Traffic Committee is reviewing the parking arrangements at the intersection of Ellsmore Road and Erith Street in Bundanoon. Work continues on the Moss Vale indoor Aquatic Centre and it is now taking on a much more solid form. Completion is expected around the beginning of Spring 2013. Over the coming months Council will be looking at tenders to manage the swimming, canteen and gym facilities.

—Clr Jim Clark, ph 0428 213 939

# Australia Day



THE BUNDANOON CLUB 11 took on the Bundanoon cricket team in our annual Australia Day cricket match at the Oval.

The Club team posted a healthy total of 174 but the Bundanoon cricketers chased down the runs and were victorious. Celebrations went on well into the evening.

The bowling and croquet greens were a hive of activity with both groups out in force playing.

This was the second year that the club has offered entertainment. Both the participants and the spectators watching the bowls or croquet or sitting on the deck, glass in hand, watching the cricket match, had a great day. We'll do it again in 2014.

Australia Day at the Club – a regular event in the Bundanoon calendar.

## CLUB NEWS

The interior painting has now been completed and many favourable comments have been received on the difference it has made. Why not come along and see for yourself.

The Club has contracted the Chairperson Sandra Nicholls to provide management and accounting services on a part-time basis. We are confident that Sandra's experience in financial management will prove to be a great asset.

There are some great events coming up in coming months, including an evening for community group representatives to contribute new ideas for uses of the Club.



Above left: Margaret Alaban

Left: Helen and Peter Cribbin, Neil and Lois Wright

# at The Bundanoon Club



John Reid, Helen Wooby, Alan Millward and Jan Millward watch as Paul Birchall is about to take a shot



Michael and Mitch Bottalico watch where Mitch's shot goes

Photos courtesy Lauren Wright, Southern Highland News

## 2013 HARVEST FESTIVAL

**14<sup>th</sup>  
April**

@  
**Penrose Primary School**

**Co-hosted by:**

**Penrose Community Association and  
Bundanoon Community Garden**



FURTHER INFORMATION: **PCA KATH GILMORE**  
48844544 email [kath9825@live.com.au](mailto:kath9825@live.com.au)

**BCG SANDRA MENTEITH**  
0403790777 email [menteith@bigpond.net.au](mailto:menteith@bigpond.net.au)

**TO BOOK STALLS ELIZABETH ELLIS**  
0411032712 email [elizabethellis@ozemail.com.au](mailto:elizabethellis@ozemail.com.au)

**sustainable food from soil to serving**

**Bundanoon Community Garden** invites you to join ten half-day sessions of practical knowledge to grow your own food, plus support & encouragement through a community of like-minded learners

## FOOOOBY FOOD OUT OF OUR OWN BACK YARD



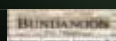
**Do you want to:**

- Grow your own food?
- Enjoy eating fresh, healthy, in-season produce?
- Learn the skills with a supportive group of people?
- Reap the benefits for your health, the environment & your household budget?

**BEGINS  
SATURDAY  
9<sup>TH</sup> MAR**

Workshop sessions at Bundanoon Community Garden cover a wide range of topics: soil & compost; planting, maintaining and propagation; fruit trees and berries; pests and weeds; seed-saving; chooks/ducks; seasonal planting and water wise gardening and more.

To register or for more information contact Sandra on 0403 790777 or [menteith@bigpond.net.au](mailto:menteith@bigpond.net.au) See also <http://garden.bundanoon.nsw.au>



Ten sessions held on Saturdays 1pm – 4 or 4.30pm throughout the year. Cost is \$15 per session; (\$5 per session for Bundanoon Community Garden members.)

# Gone but not forgotten

TOOTH'S TRAMWAY, BUNDANOON'S early engineering and construction phenomenon passed between the two bluffs as seen in a recent photograph. The fenced area is now Mark Morton Lookout which can be reached via Riverview Rd leading to one of the entrances to the Bundanoon section of Morton National Park.

The tramway was designed to bring timber up from the gullies to a mill at the top of the cliff.

The mill and tramway were built in the 1890s by Joseph Tooth and some of his brothers who were sons of Samuel and Emily Tooth. In the 1880s Samuel had made an attempt at another site to bring timber up from the gullies but without success. This was dubbed Tooth's Folly.

—Bud Townsing.

*Photographs courtesy Bundanoon History Group*



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Note the water pipe beside the figure. It is presumed that water was collected at the bottom of the tramway for use at the mill



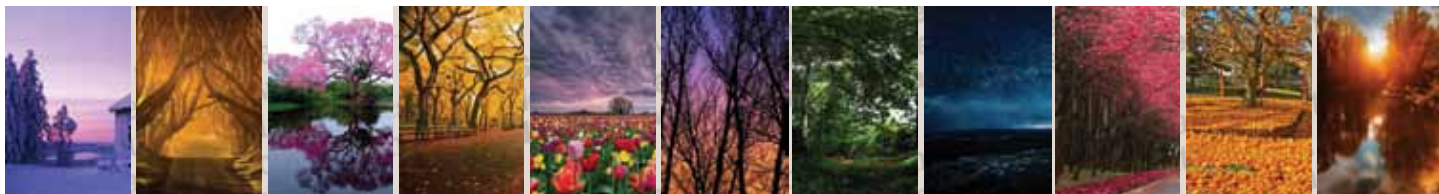
The Riverview Mill

On the back of the original of the photo at right, Alma Tooth has written: "The tramway at Riverview, built by Joe and Ted Tooth to haul logs from the gully below. From left to right Leonard, Ted, Joseph and Tom Tooth... Logs were drawn up to the mill at the top from the gully below and guests taken for rides on the tram."



Stereogram produced by W A Nicholas showing work on the tramway.

(Traditional stereoscopic photography consists of creating a 3D illusion starting from a pair of 2D images, a stereogram. The easiest way to enhance depth perception in the brain is to provide the eyes of the viewer with two different images, representing two perspectives of the same object, with a minor deviation equal or nearly equal to the perspectives that both eyes naturally receive in binocular vision.)



## Bundanoon Newsagency

### PHOTO COMPETITION ADVANCE NOTICE:

Bundanoon Newsagency will be running a Photo Competition with the winner announced in July 2013.

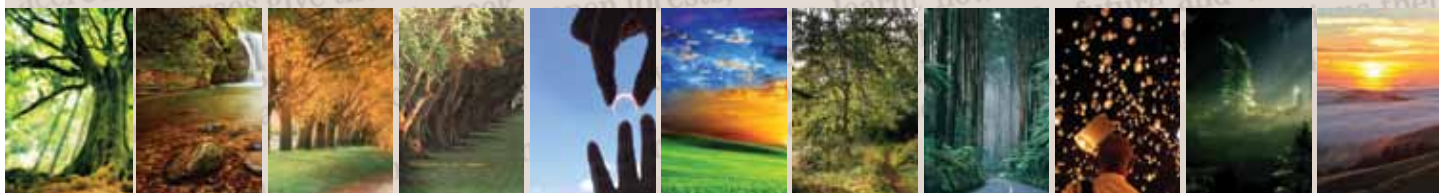
The theme for the photos will be: **your Bundanoon**

The early warning is for all photographers to start snapping so we get a variety of entries from all seasons.

There will be some new categories including photos taken from mobile phones, photos by students (primary and secondary), and photos shot the traditional way.... on film.

Full details will be available in the next issue of JCG.

**Phone 02 4883 6181**



## What's on at The Bundanoon Club

### Trivia Night

**Saturday 23 March**

Make up a table of eight and join in the fun at our trivia night organized by the RFS.

### Regular Activities

**Mondays:** Bingo from 11.00am with cash prizes.

**Tuesdays:** Tai Chi classes till April. Cost \$15.00/week.

**Wednesday:** Darts, Poker, Raffles, Badge draw and Jokers Wild from 6.00pm

**Friday:** Raffles, Badge Draw. Last Friday of month is our end of month draw.

### Easter Raffle Draw

**Wednesday 27 March**

Tickets are on sale now for our big Easter Egg Basket raffle.

### Bundanoon is Brigadoon

**Saturday 6 April**

The club will be open from early morning until the last piper has gone. See the spectacle and hear the pipers competing for the ASH cup in the Club after the events on the oval have finished. Bistro on the Green will be open all day for food.

### Bistro on the Green

Have you been to the Club and tried out the menu from our chef John? Come along and enjoy a variety of great food.

**Bistro on the Green is open Wednesday to Saturday nights and lunch on Wednesday and Saturday.**

### Bowls & Croquet for all

Come along and play or learn how. Free tuition is available.

**www.bundanoonclub.com.au**  
**ph 4883 6174**

# I Love a Small Grey Country

inray



*Dorothea Mackellar was in England, a little homesick for Australia, when she wrote 'My Country' and published it as 'Core of My Heart' in London in 1908.*

*105 years later, at University of Canberra, Harry Olsen, maybe a little homesick for Hong Kong, wrote about his small grey country.*

## Hong Kong

The love of urban lights  
Of grey and tiled lanes,  
Of chaotic roads and highways,  
Of screaming aeroplanes;  
The distance thou hath travelled,  
kilometres near and far –  
I know but cannot share it,  
No country is on par.

I love an Asian country,  
A land of public drains,  
Of ragged scaffolding,  
Of clouds and acid rains,  
I love her far horizons,  
I love her murky sea,  
Her people and her places –  
This small grey land for me.

The melancholy buildings,  
The screaming traffic here  
No man without a mobile  
The smell of fumes doth sear.  
Speedy trains of silver.  
Commuters bustling through  
Businessmen in suits and ties,  
The long unending queues.

Core of my heart, my region.  
Her grey unyielding sky,  
When sick at heart around us  
We see the Hang Seng die –  
But then investors gather  
And we can bless again

The cheering of an army,  
Comprised of richer men.

Core of my heart my country.  
A region fair and free.  
Of shops and supermarkets and  
Typhoons and raging seas.  
Of lights and bright-lit markets,  
And shrinking harbour-side.  
Terrifying mountain ranges and  
Timid murky tide.

I truly love this country,  
This place where people flow.  
I have yet to pay my monthly rent,  
So sadly I must go.  
Away from ancient forests  
And hidden beaches true.  
All these places do exist,  
So many things to do.

A unique Asian country,  
A prideful, lavish land –  
All you who have not loved her,  
You will not understand –  
Though Earth holds many splendours,  
Wherever I may die,  
I know to what grey country  
My dying thoughts will fly.

—Harry Olsen



Photo courtesy Meagan Peacock



## RFS car wash

ON SUNDAY 17 February Bundanoon Rural Fire Brigade members washed 80 cars and raised \$900. A second car wash day was planned to raise funds which will assist Dane McAndrew to participate in the 2013 Courage Under Fire – RFS Kokoda Track Initiative which was established to honour the sacrifices made by RFS members who have died or been seriously injured while fire fighting. It provides an opportunity for young adults, sometimes a relative, to walk the Kokoda Track in honour of brave

Australians who as volunteers protect our communities.

Dane has been a keen and enthusiastic member of the Bundanoon RFS Brigade since the age of 16. He is a competent and experienced fire fighter having completed a wide range of courses from First Aid to the use of compressed breathing apparatus. In addition to working as an apprentice electrician he is also a keen sportsman and participant in the Duke of Edinburgh Scheme.

—Nick Westley with thanks to John Everett for photographs

## First Stop Bundanoon

AS ALL READERS of JCG will know the BCA sponsored a campaign to encourage villagers to shop at their local retailers for their festive fare.

An article in the December edition of *jcg* was followed by the delivery of pamphlets to every home in the village.

There were many comments made by villagers to shopkeepers about how surprised they were by the range of goods and services available in this community.

Was it a successful campaign? The honest answer to that is a partial 'Yes'. Some retailers did not notice any change in their turnover; in fact a couple intimated that it was one of the worse festive trades they had experienced. However most others did register an increase and many were very pleased by the support from the residents. One business owner in particular mentioned that almost all the shoppers were first timers in their shop – so that is certainly a plus. Another was surprised by the number of shoppers who live in Bundanoon who had not been in the main street before the encouragement of the campaign.

The families who had a photo taken with Santa were delighted – as were the kids with their lolly lucky dip.

The main street retailers will work with BCA to find more ways of encouraging villagers to do more of their shopping in Bundanoon throughout the year.

### What you can do –

Villagers are encouraged to talk to the various retailers about the service and goods on offer. If you have any specific suggestions on how the main street could be more attractive to customers which would encourage people to shop in Bundanoon, please send these to the **Convenor, Peter Stewart, Bundanoon Community Association, PO Box 12, Bundanoon 2578** or hand deliver them to the Newsagency. These suggestions will be discussed at the quarterly meeting of the retailers and the BCA committee.

—Thomas-Andrew



## Vet's casebook

by Ken Davidson BVSc (Hons)

MID-SUMMER BRINGS WITH it a surge in snake sightings, encounters and stories, mostly with happy endings, as these normally shy creatures come out to sunbake, their only means of gaining body heat. If left to their own devices snakes are almost never interested in attacking humans or pets. It is only when they are challenged with a shovel or rake or suddenly exposed while sleeping under a sheet of corrugated iron that they may try to defend themselves.

The main problem is that pets do not understand, nor can be told that snakes are to be left alone. Some show little or no interest; others, particularly dogs, will often bounce around the snake, barking and in general trying to bail it up. It is at this point that a crisis develops. A snake instinctively knows that if it tries to slither away from a predator, the predator will get the chance to bite it on the body or tail, and it risks death from a fractured spine. Its only option is to face up and fight, which is very risky to any pet or human within range.

Having said this, there are numerous true stories of the passivity of snakes both in suburbia and in the wild. One such story was on a school wilderness hike from Mittagong to Uranderie with a night of camping in the middle. As the kids crashed in their sleeping bags, one boy suddenly let out a blood-curdling scream. A black snake had wound itself around his leg, apparently wanting to share the boy's body heat! Fortunately, the team leader, experienced in such things, calmed the boy, unzipped his sleeping bag, rolled up the tent flaps and exposed the snake which was probably more startled than the boy. The snake unwound itself and quietly slithered across his chest to the nearest exit to the tent. I'm not sure just how much sleep the kids got that night.

The absolute best passive snake story must be awarded to a Bundanoon resident who owned a young cat with the unlikely name of 'Action Man'. One morning he strolled into the family home after sunning himself in the garden. His owner noticed something colourful around his neck and a closer examination let out a frantic shriek followed by panic when she realised that it was a young snake in a coil. It was later thought to be a Tiger snake, but these are unheard of in the area. It was more likely to have been a juvenile Copperhead. Neither Action Man nor the snake was in any way

# Snakes alive!



perturbed and seemed to be getting on very well considering the state of the owner who was busy dialling anyone and everyone whom she thought could assist her to save her beloved cat – to no avail. Eventually a fencing contractor working across the road came to her aid and, with the help of a pair of heavy leather gloves, managed to separate the two. I think Action Man quite liked his new-found friend and I'm not sure what the snake thought, except that he liked the warm fur of the cat.

## Snake dos and don'ts

- If you see a snake for the first time in the far corner of the garden, leave it alone. It may only be passing through.
- If you see a snake too near to the house for safety, ring your vet who will know the local "snake people" who will relocate it.
- If a snake re-appears too often, consider in-ground, solar powered snake repellents which, on anecdotal evidence, do work and are harmless to snakes.
- If you see one of your pets encountering or "bailing up" a snake, don't try to intervene or you will very likely be bitten. Call your pet away from it if possible (from a distance). Keep your pet under close observation for the next few hours and watch for signs of:
  1. Lethargy
  2. Shaking or tremors
  3. Wobbly gait (ataxia)
  4. Vomiting or frothing at the mouth
  5. Panting, laboured breathing
  6. Collapse

If any of these signs are noticed, do not wait to see if your pet will get better but take it immediately to your vet. It will need anti-venine. Time is very important, depending on the species of snake involved, even half an hour could be too long!

- To make your garden an unattractive habitat for snakes mow the lawns regularly, keep it tidy, minimise wood piles and limit rockeries if possible.



## five minute gourmet

AS A KID growing up on the island of Lesbos Peter Giannakos toiled in the fields of his parents' farm and delivered drums of olive oil from his uncle's factory to the local populace on a horse and cart.

For the last 31 years he has been just "Peter" at the Primula Café in Bundanoon, making it a popular spot for locals and tourists alike.

Peter arrived in Australia in 1969 as a lone 16-year-old following his sister Angela who had come four years earlier. Through a family friend he found a job washing dishes and peeling potatoes in a cafe in Coonamble.

He has lived in the Southern Highlands since opening his first business, the iconic Bowral Cafe, in 1979, moving to the Challis Cafe at Mittagong two years later. He married Koula in 1986 and has two children – Dimitria who is well known to Primula patrons, and Michael, now a solicitor in Canberra.

In 1982 Peter took over the Primula, which was then a tea room. Several times, over the years, he has visited his island birthplace where he still has family. He rejoices that, unlike other Greek islands, it has not been ruined by tourists. "It is a self-contained, fertile island, not barren like so many others." He recalls that

## The Primula Café

when a child there was no machinery and the vegetables and flowers had to be worked manually, often in 40-degree heat.

The Primula is open 7 days and 6 nights (closed Tuesday night) and the rear courtyard is Bundanoon's best-kept secret for alfresco dining.

### Peter's slow-cooked lamb

takes only 5 to 10 minutes to prepare. Place lamb in a baking pan, insert six cloves of garlic and cover with olive oil, salt, pepper, oregano and two bay leaves. Pour a cup of water into the pan, cover with foil and bake at 180 degrees for 2½ to 3 hours. (Add chunky potato wedges with rosemary after 1½ hours and re-cover.) Whisk oil, lemon juice and oregano and pour over lamb and potatoes, then bake another 10 minutes uncovered.

—Harvey Grennan





## Life skills

by Rosemarie Gray

# How to bounce back from setbacks

THIS IS A two part series on the importance of the resilience in our life, how it affects our behaviour towards others, shapes our future and how we can develop strategies to achieve a better outcome.

### Part One – The Importance of Resilience

Resilience is our ability to adapt and bounce back when things don't go as planned. Resilient people don't wallow in or dwell on failures; they acknowledge the situation, learn from their mistakes, and move forward.

There are three elements that are essential to resilience:

**Challenge** – Resilient people view a difficulty as a challenge, not as a paralysing event. They look at their failures and mistakes as lessons to be learned from and as opportunities for growth. They don't view them as a negative reflection on their abilities or self-worth.

**Commitment** – Resilient people are committed to their lives and their goals. They have a compelling reason to get out of bed in the morning. Commitment isn't just restricted to their work – they commit to their relationships, their friendships, the causes they care about, and their religious or spiritual beliefs.

**Personal Control** – Resilient people spend their time and energy focusing on situations and events that they have control over. They put their efforts where they can have the most impact, they feel empowered and confident. Those who spend time worrying about uncontrollable events can often feel lost, helpless and powerless to take action.

### Common attributes in resilient people:

- Resilient people have a positive image of the future. That is, they maintain a positive outlook, and see brighter days ahead.
- Resilient people have solid goals and a commitment to achieve those goals.
- Resilient people are empathetic and compassionate. However, they don't waste time worrying what others think of them. They maintain healthy relationships and don't bow to peer pressure.
- Resilient people never think of themselves as victims – they focus their time and energy on changing the things that they have control over.

How we view adversity and stress strongly affects how we succeed, and this is one of the most important reasons to develop a resilient mindset.

The fact is that we're going to fail from time to time: it's an inevitable part of living that we make mistakes, occasionally falling flat on our faces. The only way to avoid this is to live a shuttered and meagre existence, never trying anything new or taking a risk. Few of us want a life like that!

Instead, we should have the courage to go after our dreams, despite the very real risk that we'll fail in some way or other. Being resilient means that when we do fail, we bounce back, we have the strength to learn the lessons we need to learn, and we can move on to bigger and better things.

Overall, resilience gives us the power to overcome setbacks, so that we can live the life we've always imagined.

In the June issue of *jcg* we will discuss ways of improving resilience to develop a better lifestyle and sense of wellbeing.

*Please see page 39 for a personal profile of Rosemarie.*



## Country living

by Keith McMenomy

# Bush Christmas

HERE ARE TWO snapshots in words. In December, as a young 'Ginger Meggs' 60 years ago I was packed off to my grandparents' orchard until Christmas Day. This was the late 1940s before I got a bike to ride there. Out in the country without traffic I ran free, climbed trees, helped to feed the old draught horse and could sit on the dray with Granddad. I came to love my grandparents as much as anyone. But the point is that Christmas in those days brought the extended family together from suburbs and farms: four uncles and aunts, a dozen cousins. Eighteen or more voices enlivened the old weatherboard home, sometimes on a blistering hot day. A small present for everyone appeared under the decorated pine branch. The kids did lots of squealing and running around. – then there was lunch. Men wore suits, white shirts and braces; the women wore light summer frocks. A large roast was followed by pudding and custard, with silver coins inside. We would listen to grown up talk, with lots of laughter and perspiration around what seemed a huge table. After dishes were washed, depending on the heat, we would move to the front room for a singsong around the piano or retreat outside under the loquat tree for a cool drink – kids playing again while the adults did more talking until it was time for us to pack up and be driven back to the city. This might seem like an idyllic caricature but it was pretty much an annual event for ten or fifteen years at least.

Skip to 2012 and another world. Our adult children have scattered widely in search of career opportunities. One son, his wife and daughter live in Copenhagen. Our daughter, partner and two young boys live in Melbourne. Our bachelor son lives in New York City – that's right –Manhattan USA! In the last decade or so our Christmases have been smallish enjoyable reunions but this one was exceptional, and like an echo. Our son and family sat in a shiny metal tube for two days and nights to join us. Our daughter and family, a childhood friend and his wife as well, travelled from Melbourne. Our second son couldn't visit because of business but our crowded, happy house was otherwise a re-creation of childhood Christmases. As we once did, grandchildren ran free and explored, helped the old bloke feed horses and move the cows. They watched ducks on the dam and rabbits in the paddock. Grandma and Grandpa helped the littlies feed parrots and rosellas. We decorated a pine sapling, laid out presents and late at night left cake and a shot of whisky for 'Father you-know who.' We had a delicious long lunch with wine and much laughter; just like the old days (except for the vino). But just like then too we gathered for a snapshot, dressed a little less formally, but with familial spirits running high. Sentimental of course, but what a Christmas!



# Bundanoon's population is booming

OFFICIAL FIGURES FROM the Australian Bureau of Statistics show that Bundanoon's population jumped 19% in the five years between the 2006 census and the 2011 census. On comparison, Wingecarribee Shire grew 5%, NSW 6% and Australia as a nation 8%, as in the table.

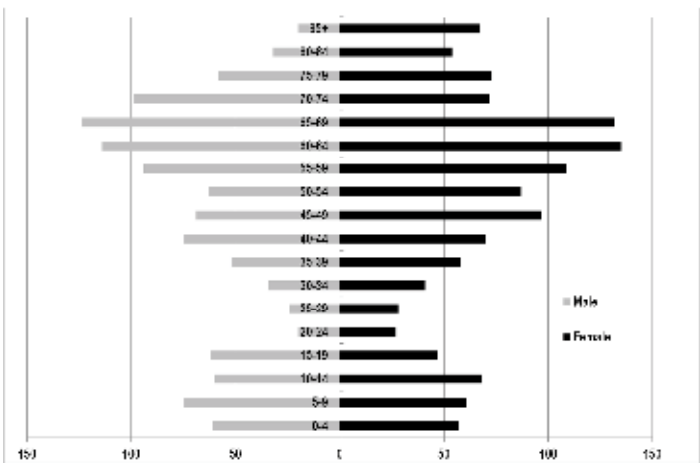
	Population 2006	Population 2011	Growth 2006–2011
Australia	19,855,290	21,507,717	8.3%
NSW	6,549,175	6,917,658	5.6%
Wingecarribee	42,272	44,395	5.0%
Bundanoon	2,035	2,420	18.9%

Bundanoon has experienced a baby boom, with the number of children aged 0 to 4 years up from 107 five years ago to 118 in 2011. The number of school aged children, 5 to 19 years old, grew 16%, from 321 in 2006 to 373 in 2011.

Migration also is boosting our population. At the Citizenship Ceremony at Berrima on Australia Day 2013, Wingecarribee Mayor Juliet Arkwright welcomed 32 new Australian citizens, more than the 22 the Prime Minister welcomed on the shores of Lake Burley Griffin in Canberra.

Five years on, we are four years older. Bundanoon's median or typical age in 2011 was 53 years, up from 49 in 2006. We are an older community: the typical resident of NSW is 38 years old, the typical Australian is 37.

Bundanoon loses young adults in their 20s, for study and early careers, then people come back in their 40s and 50s. The chart, a population pyramid by age and gender for Bundanoon in 2011, males on the left, females on the right, shows these trends.



It is interesting to note that Bundanoon is 53% female (1283 of 2419 residents) compared with NSW (50.7%) and Australia (50.6%).

In 2011, 77% of people in Bundanoon were born in Australia, and another 10% in the United Kingdom. Next most popular countries of birth were New Zealand, Germany, Italy, The Netherlands and South Africa. On comparison, just 44% of people in the City of Sydney were born in Australia.

92% of people in Bundanoon speak only English at home, with small numbers speaking Italian, Dutch and Cantonese. Across Australia, 77% of people speak only English at home, with Mandarin, Italian, Arabic, Cantonese and Greek the next most popular languages.

—Alan Olsen



Children at Bundanoon Public School



# Why did they leave home?

**IMMIGRATION IS OUR Big Story.** Yes, there were 400 indigenous nations here before the British established a colony in 1788, but since then Australia has been a place of constant arrivals. Even now, about 50 percent of us were either born somewhere else or have at least one parent born somewhere else.

Don't talk to us about multiculturalism: we wrote the book. We have mastered the art of absorbing people from about 180 different birthplaces around the world. We are the shining example to the world of how to do it. The media report occasional outbreaks of racism but the reason such incidents attract such attention is that they are so rare.

Mind you, we're not paragons: our chief difficulty has always been with the latest wave of arrivals. We weren't sure about Greeks and Italians after World War II; we weren't sure about Vietnamese boat people in the 1980s; we've been resistant, at various times, to Lebanese, Pacific Islanders, Chinese, Sudanese and Afghans. We're never sure about anyone who wants to tell us how much better things were 'back home'. In every case, we look for evidence of a serious intention to adopt our way of life, our values and our sense of national identity.

The difficulty, of course, is that our way of life, our values and our national identity are all in a state of flux – a process that has sped up in the past 50 years. Mostly we've been enriched by the fresh cultural input from each new ethnic group, but we're wary whenever we're confronted by a group we haven't met before.

With each new wave, we look for reassuring signs that these people want to *be like us*; that they are prepared to prove their commitment (perhaps by 'starting at the bottom'); that they won't interpret multiculturalism as cultural separatism.

Mostly, though, we simply take for granted the fact that people

would want to come here ... and that's not as arrogant as it may sound. We are, after all, a tangible expression of the dream of a New World – a nation still in the process of building its institutions, establishing its traditions and seizing its opportunities – so there's plenty to attract people from all corners of the Old World.

Even so, it's a huge step for them to take. We're a long way from home. Immigrants coming here from Europe, Asia, Africa and the Middle East are as likely to be subject to a gnawing sense of rootlessness as they would if they went anywhere else. No matter how attractive Australia might seem, no matter how welcoming the host community might be, most migrants experience this vivid sense of having left behind the places that defined them – their stamping grounds; their personal 'sacred sites'.

Finding new places that could eventually feel like home is bound to be a slow process. Many migrants who switch countries in their middle years struggle with the sense of being fish out of water – often as a result of things we might regard as inconsequential: popular culture; the mysteries of politics; recent history; the 'right' brand to buy in the supermarket or the pub; the idioms of the language.

Yet they do it. Not only because of the 'pull' of Australia, but also because of the 'push' of the places they have left behind. We think we know why they'd choose to come here, but how much do we know about why they left home?

The stories on the following pages might give us some clues...

—Hugh Mackay

# They came from elsewhere

## Love forged in Steel City

*Paul and Marie Klausen – who met at high school in Wollongong and came to Bundanoon in 1995 – share migrant backgrounds. Here are their stories:*

PAUL'S FATHER, ODDVAR Klausen, a Norwegian merchant mariner, was on the MS *Vinni* in December 1940 when it was sunk off Nauru by the German raider *Komet*. Crew members of the *Vinni* were held prisoners by the Germans on board the *Komet* then released onto the nearby island, Emirau. Five hundred other prisoners from six ships, including women and children, had also been dropped there. When authorities in Australia became aware of the situation in January 1941 the steamer *Nellore* was commissioned to rescue them and they were taken to Townsville.

Paul's father resumed his work as a merchant mariner until 1941 when he arrived at Port Kembla. He was always reluctant to talk about his wartime experiences and during the 46 years he lived in Australia never returned to Norway. He was an introspective person and didn't communicate a lot. Paul remembers riding on the handlebars of his dad's bike to Fairy Meadow Beach and that he rode a Vespa scooter to work for many years. They never had a car. His dad made a scale model of a Norwegian trawler with sails and rigging out of a solid piece of wood when Paul was six. He played traditional Norwegian tunes and tangos on a Horner accordion and loved to dance. Paul's love of classical music came from his father and the *Peer Gynt Suite*, especially 'Solveig's Song', still gives rise to an emotional response. In 1987, the year after his father died, Paul went with his sister Felicity to Norway. Meeting all his relatives and feeling the love of his family was very emotional. He was awe struck by the natural beauty and recalls that the Northern Lights (Aurora Borealis) were spectacular.

Paul's mother, an Australian, retained a wonderful sense of humour despite ill health. Her Italian father had worked on the Queensland cane fields, in the Illawarra coalmines, then in the wine business. Having grown up in the area, Paul went on to work at Port Kembla steelworks for 40 years where he was a metallurgist until his retirement in 2007. "Applegate Cottage, our Bundanoon home, is a reflection of my love of the quaint Norwegian cottages with gabled pitched roof lines. When constructing it I used the block and tackle my father used when he was a rigger".



Paul and Marie Klausen



Paul's father, back row, fourth from left



Marie's family passport photo

MARIE KLAUSEN'S DUTCH mother used to say "Once you leave your home country you're like a swallow. You're not at ease. You don't belong in either place." When she returned to Holland in 1974 and saw the advances that had been made since they had migrated she reflected that 'perhaps they hadn't needed to run away to the other side of the world!'

In World War II Marie's pregnant mother and two sons were evacuated from Arnhem to the Dutch countryside. She always remembered the sounds of sirens and exploding bombs and of German soldiers singing in the streets.

Influenced by a friend who'd left Holland earlier and returned with stories of 'having earned enough to buy himself a new bicycle and a return fare home after less than a year in Australia' Marie's father decided the family would migrate. They left Holland in January 1954 on the *Johan van Oldenbarnevelt* later the *Lakonia*, and after four and a half weeks reached Australia. Marie, then two and a half, and her siblings all contracted chickenpox and had their heads shaved.

Their first home was half a divided garage at Port Kembla – their family of six on one side, another family of seven on the other. Her father, a brick and tile layer in Holland, was first employed relining the furnaces at the steelworks. Marie remembers a story about her grandfather's comment whenever her father made a mistake – 'It's a pity you're not a pastry chef because then we could eat your mistakes!'

She recalls learning to knit using carpenters' nails and bricklayers' twine and

reflecting on the strong Dutch work ethic, she smiles as she says – '...after all, if we can take land from the sea...?'.

Despite his regular job, her father worked as a bricklayer and, as well as helping other people to build houses, after a few years, they had their own home. Marie often went with her father to building sites, enjoying

the men's chatter, the smells and noises. Although her father learned English – developing a real taste for 'Scrabble' – she often found herself acting as child interpreter in school offices, in banks and on building sites. Her mother, who stayed at home to look after her family, was more isolated and didn't develop the same language skills. Dutch was spoken at home and her world was limited. Others found her difficult to understand and catching the bus was an ordeal.

Salami between two thick slices of bread was regarded as a strange lunch by other children at school although Marie recalls it didn't really matter because the school was under the steelworks smokestack. 'Everything tasted of sulphur!' When she was invited to accept the role of Girls' School Captain her delighted father saw this as a 'big honour'.

Paul and Marie remember fondly the 'solid neighbourhood' where they grew up and their shared experiences.

Bundanoon has a number of people whose families came to Australia from Holland. Two St Nicholas parties have been held and planning is under way to celebrate the coronation of Willem-Alexander, Prince of Orange. Prince Friso of Orange-Nassau, soon to be king. Marie will welcome any enquiries (4883 6947) about this event.

—Graeme Whisker



Marie and her father in traditional costumes

# They came from elsewhere

## Finding Glow Worm Glen

GERHARD AND RENATE Fricke met in 1973 when Renate returned to Germany on holiday from Australia. She was 19 and still remembers her mother's warning, "Don't you come back to Australia with a German husband!" She didn't do that but it wasn't long before she went back to Hamburg, met Gerhard again and they were married in 1974.

Renate came with her family as assisted migrants from Germany in 1959 when she was six years old. There was demand here in the 50s for skilled tradesmen and her father, an electric welder, soon had work. Gerhard explained that many Germans migrated during that time to Canada or Australia. "There was a huge rebuilding program in the years after the war so there was no difficulty finding employment but there was a serious shortage of accommodation."

The Bonegilla Migrant Reception and Training Centre at Wodonga provided an introduction to Australia for Renate's family. Accommodation at this former army camp was basic and food was memorable because there was so little variety. A policy of assimilation was interpreted as helping the migrants 'to take their place in the community'. From 1954 to 1964 they were encouraged to participate in the local community through activities such as competitive sports, concerts and cooking demonstrations.

Becoming Australian inferred that migrants would merge into the wider society. Successful migrants would learn and use only English. On festive occasions they might parade colourful aspects of their European heritage. Assimilation meant they and their children would blend into the community.

Renate remembers little of this but she and Gerhard have visited the museum where the Block 19 remnant of the Bonegilla Reception Centre houses the national collection and the oral and written records associated with immigration. The remaining barracks buildings and their layout demonstrate the basic conditions typical of migrant reception establishments. The museum reflects the shift in post-war policies which led to Australia becoming a culturally diverse country.

Renate's brother Frank was born after their family came to Australia and she recalls starting



Preparing to ship their worldly goods to Australia, December 1978

school at Villawood in Sydney when they were transferred from Bonegilla. It wasn't long before her father had work and they found a house in Liverpool where the family lived more than 40 years.

After Renate and Gerhard married they both worked in Germany and were determined to "save money" but in 1976 Gerhard thought that perhaps he should "have a look at Australia". He was in his 30s and working in re-insurance with a German company. If they decided to migrate he hoped he would have good job prospects with companies such as Munich Re and Zurich Re. "It was more than 15 years since I had studied English at school and I found it was harder than I thought to pick up my language skills. When we decided to come to Australia in 1979 I went to work for Zeiss in the optical section as warehouse controller for a year before I went back into re-insurance with Scandia in 1980. Since then I have worked with various companies and a UK-based broker. I was with GIO when they were taken over by AMP and in 1999 it seemed like a good time to take my retirement".

1980 was a memorable year. Their son Kevin was born and this was closely followed by the birth of Melanie in 1981. They are both married and Gerhard's 70<sup>th</sup> birthday was a family occasion that included five grandchildren.

When her children were young Renate was involved in the remedial reading program at their school. Before coming to Bundanoon she had a casual job in food services at Fairfield Hospital. She laughs about finding their block in Bundanoon in 1996. They had their home in Prairiewood and a weekender at Erwol Bay on the South Coast. Over the years, when travelling through the Highlands on their return trip from the coast she had been intrigued by tourist signs to Glow Worm Glen. Gerhard hadn't shared her enthusiasm for detouring to Bundanoon when they were heading for home but one afternoon he weakened. Since 1996 they had considered moving out of Sydney and had investigated most areas of the Highlands. It was by chance that they saw the subdivision in Viewland Street on their quest to find Glow Worm Glen.

Since 2000 when their house was built they have had no difficulty feeling at home in Bundanoon. They have enjoyed belonging to a number of community groups and can often be seen on their bikes in the village but it's Renate's tennis that keeps her literally on her toes. Competing against Bowral, Robertson, Penrose and Mittagong they have been placed second and third in the last two years.

—PD



Bonegilla now houses an immigration museum and archives

The family gathered in Bundanoon to celebrate Gerhard's 70th birthday, September 2012





January in Romania: a stark contrast to Bundanoon's summer



Violeta and Gabriel introduce Diana and Adam to the joys of snow

## Romania revisited

ROMANIA? ROUMANIA? "DEFINITELY Romania", explains Gabriel Paicu. "The French added the U. That spelling is now obsolete. Romanian language with its roots in Latin originated during the early centuries AD when the Romans occupied the area in south-east Europe now bordered by Ukraine, Moldova, Hungary, Serbia and Bulgaria as well as the Danube which then flows into the Black Sea. The Romans withdrew in AD 271–5, leaving it to the Goths. Although Romania has had numerous invasions since then, the language remains closer to Italian and Spanish than languages of Balkan countries around them."

Gabriel, Violeta and their children Diana and Adam have recently returned from their first trip 'home' after nine years in Australia. Following the collapse of communist rule in 1989 there have been marked changes in Romania and since the early 2000s there has been more progress. The economy grew at an average annual rate of 6%

between 2000 and 2008 with rising demand for Romanian exports of steel, cars, and light machinery.

"The biggest change we noticed was in the development of infrastructure and building since we lived there".

Romania has a population of around 19 million and tourism has become an important contributor to the country's economy with focus on natural landscapes and its rich history. The number of tourists is growing every year with 7–9 million people now visiting yearly. Gabriel laughs "Of course everyone wants to visit Dracula's Castle."

Gabriel and Violeta meeting Traian Basescu, Mayor of Bucharest and later President of Romania



And as for the contrast in climate! They spent five weeks in deep snow and returned to a parched garden after Bundanoon's hot, dry summer.

Both qualified engineers, they met at university in Bucharest. They married, had a house and a comfortable lifestyle. Gabriel had an international career as a project manager designing cement plants and while living in Bucharest his work took him to Africa, the Middle East and Central America. Violeta and Gabriel worked together for seven years designing cement plants then Violeta graduated with a MBA and she was employed as Executive Manager for an office furniture company.

When they came to Australia as skilled migrant permanent residents, they spent seven months in Sydney, then their degrees led them to the Southern Highlands where Gabriel became Technical Manager at Boral Cement in Berrima. Violeta is Quality Services Manager at the Boral plant in Picton. They left Romania by plane with just money, a few belongings and two suitcases of memorabilia and personal "treasures". They knew they were committed to a new start in Australia and after two years they became Australian citizens.

Their introduction to Bundanoon was through the Bundanoon Anglican Church where they have made many friends. Violeta explained that they, like 87% of the population in Romania, were Greek Orthodox, but not practising. The first Sunday morning in the village they saw people arriving for a service at Holy Trinity and decided to join them. They were immediately made welcome and without family here they have found great support from their friends since their arrival, becoming part of the Anglican Church family.

Life is about to change this year as Diana has started school and Adam is in day care. Although both parents work full time Violeta has just adjusted her hours to have more family time.



Dracula's Castle

# They came from elsewhere

## The flying Dutchwoman

MANY RESIDENTS OF Bundanoon have moved here from abroad, but few have taken such a circuitous route as that of Carina Smith. She is one of the friendly faces on the nursing staff at Bundanoon Medical Centre and her wandering lifestyle appears to have stopped here.

Carina was born in The Netherlands but moved to Indonesia when just 10 weeks old. Her father worked in the construction industry. One of her most vivid childhood memories includes going to her Dutch school by rickshaw and seeing the sides of the road lined with soldiers. Independence was declared in 1945 but the Dutch continued living and working there into the 50s and early 60s although they certainly weren't made to feel welcome. Carina remembers Indonesians invading Dutch houses and burning all books written in the Dutch language. Their family house, built in the



British style, escaped these visits. In 1958 when Carina was seven years old, the family left their home in the middle of the night without any warning or preparation. (I was reminded of the von Trapp family's escape from Austria in the 'Sound of Music').

The family returned to The Netherlands and had been there only two years when Carina's father decided to migrate to Aruba in the Dutch Antilles. As there were now four children Aruba wouldn't accept them. Aruba's loss was Australia's gain and instead the family found themselves in Australia living at the Albury-Wodonga migrant centre. Although Carina's parents were fluent in English as well as speaking many other languages, the children only spoke Dutch. All food was provided for the families and Carina still remembers, with horror, being sent to school with date sandwiches.

The family never stopped moving – there was a different school every year! Many of us would find this lifestyle very difficult but Carina said that with every move, her mother created a home for her children. She has no regrets looking back on her childhood, just a wealth of experiences. When her parents moved to Papua New Guinea Carina spent her last years at boarding school. She then trained as a nurse at Royal North Shore Hospital, and, continuing the family tradition of never staying too long in the same place, she moved to England where she worked as

Carina and her sister Anne-Marie going to school



Robert and Carina at home in Bundanoon

a nurse and as a nanny. Later she spent three months visiting relatives in Holland.

On her return to Australia, Carina met her future husband, Robert Smith. A whirlwind romance led to marriage just three months later. Robert, an Englishman whose brother lived in Canberra, was visiting Australia on a two-year visa. At the end of the two years the Smith family, which now included a daughter Kelly, went back to the UK – to Birmingham, where their son Gavin was born. Like Carina's father, Robert also worked in the construction industry, as a quantity surveyor, and also like her father, he was adventurous enough to take his family to exotic places. Moves included Trinidad, where their second son Jake was born, and Fiji. From there the



## A long way from home

*"For Mary Roy who grew me up.  
Who taught me to say excuse me before  
interrupting her in Public.  
Who loved me enough to let me go."*

ARUNDAHTI ROY'S DEDICATION is a tribute to her mother in her award winning novel *The God of Small Things* set in the district of Kottayam in Kerala, South India. She left home at 16 and later found her way into an architecture course in New Delhi – a long way from home.

Nikki Skariah's journey almost parallels the

author's experience of leaving home when she was very young. Also from Kottayam in Kerala, Nikki finished school and encouraged by her father she decided to enrol at the Catholic University in Melbourne – a very long way from home!

Kerala has a diverse population, with 56% Hindus, 25% Muslims and 19% Christians. Divides of religion and caste remain; however, the culture of Kottayam is influenced by the large presence of the Syrian Christian community. St. Mary's



family moved to Australia to live on the Central Coast, but only for three months. They once again returned to their nomadic lifestyle and moved to Yulara in the Northern Territory where Robert was involved with the construction of the resort at Ayers Rock.

After 18 months it was back to the UK again!

Four years later the whole family, including Robert's parents, moved permanently to Australia. His parents were thrilled to be with both Robert's and his brother's families. Carina and Robert were living at Wamberal on the Central Coast. In 1992 they decided on a complete career change and opened the "Brum Balti" restaurant in Terrigal. They

remembered that baltis, a type of curry originating in Kashmir, were very popular in Birmingham when they lived there in the 80s. The restaurant quickly became the talk of the Central Coast and won numerous awards in the five years they ran the business. Following this they decided to move south where their son-in-law Michael and daughter Kelly have

a catering company. Robert's mother and brother (sadly his father passed away soon after arriving in Australia) were living in Canberra, so the Smiths chose Bundanoon. The 'Englishness' of Bundanoon with its small village appeal has been home for the last four years and they have no regrets.

—Sandy Mackenzie

Right: Robert joined a soccer team in Fiji

Below: The children at school in Fiji



In the kitchen at Terrigal



Jacobite Syrian Church in Manarcad has a history dating back to 910AD. This is where Nikki went to school and it is interesting to note that in 1989 Kottayam became India's first city to achieve 100% literacy. Today educational opportunities, from schools to a range of colleges and universities, are readily available in the city. Communism has dominated the politics of Kerala for decades but there has been poor economic growth and tourism remains the major industry. Many graduates from universities leave Kerala to find work in other countries

When Nikki came to Australia she stayed with her father's friends in Melbourne but really didn't know anyone until she started

her nursing course. As it happens she met another student ... Asha from Tamilnadu, a neighbouring state in India. Now as graduates and both working at Warrigal Care they are sharing accommodation.

Nikki says, "Most Indian students I've met here seem to come from either Kerala or the Punjab. Through the university I found accommodation in a shared house and apart from Melbourne winters we enjoyed three years there. I specialised in peri-operative nursing but have also worked as a carer."

"My student visa expired in March 2012 and in January I applied to a number of aged care facilities and was pleased when Warrigal responded so quickly. It has been such a

good decision. I love working with elderly patients. Lately I have been rostered on to the dementia ward. I had the lovely experience the other day when a lady who is almost blind and whose memory is poor, heard my voice and remembered that I told her the previous day that I had bought a car."

"The congregation at the Anglican Church made me welcome and I am gradually beginning to feel at home in Bundanoon as I meet other people."

"And do I miss my family? Well no, not really! We speak every day – either by using a phone card or VoIP (Voice over internet protocol) – and with cousins and friends of course there is always Facebook." —PD

# They came from elsewhere

## Out of Africa

Harry and Karin Hull are well known in Bundanoon as proprietors of Tree Tops Guesthouse. When speaking with them about their lives since arriving in Australia **jcg** found they remain typically exuberant.

"OUR DECISION TO emigrate to Australia was made spontaneously and with the exuberance typified by our tender years. We had been married for some time – Karin had completed her teaching degree and I had dropped out of a law degree.

We made enquiries at the Australian embassy in mid 1979 – the need for teachers in Oz and the points that I had having completed a hotel management course before we were married, assisted our application. We were accepted in October and nervously told my parents who, until then, were unaware of our intentions. And so we left on New Year's Eve of 1979, arriving in Sydney on New Year's Day to start our new life.

I am a ninth generation South African, Karin a first having been born in South Africa of Austrian parents.

I believe, upon reflection, that the standing of South Africa on the world stage had a big impact on my decision to move. Apartheid had made us the pariahs of the world – I grew up banned from the Olympic Games since Rome in 1960, cricket and rugby tours were infrequent and usually accompanied by protests and a general sense of being unwelcome. Mind you, I recall the 1969 Wallabies being trounced and Bill Lawry's cricketers suffering a similar fate the following year, going down 4-0!



Harry the hunter: photos from the family album



I believe that Australia and South Africa are in many ways similar and our assimilation was thus made easy. Both are young countries with a colonial past. We have similar traditions handed down from "mother England", in schooling, sport, religion and politics (pre Apartheid). So too, our allegiance to the West, having served with the Allies in both World Wars and in the Korean conflict. This and our love of sport, sunshine and the great outdoors meant that Australia was going to be a great fit for us.

We were welcomed and our expectations were surpassed. We chose to take out citizenship as soon as was possible. Now, having lived here for over 32 years, we have four children and six grandchildren and our family looks forward to a bright future in our lucky country."



Karin and Harry Hull (centre) celebrating Christmas 2012 at Treetops with family and friends.

# Who is this wild man of Bundanoon?

*This picture was taken in the jungle in Belize in 1979. It is a far cry from the distinguished portrait taken at a recent Bundanoon Highland Gathering. He is a man who traded in the Highlands of his homeland for the Highlands of NSW. His name: Alastair Saunders.*

ALASTAIR IS A proud Highlander (of both continents) born in the coastal town of Oban, the gateway to Mull and Iona, and an alumnus of the Argyll and Sutherland Highlanders Regiment.

Alastair's army career has taken him, his wife Joan and their children all over the world, from ceremonial duties at Balmoral and Edinburgh Castles to serving in the elite 22<sup>nd</sup> Special Air Service in the Middle East, Africa and the Far East. It was his stint with the Black Watch Regiment that led to the picture taken in Belize where he was the Warrant Officer responsible for the Operational and Administrative training of all personnel at the Jungle Warfare Centre for British units serving there. This expertise was just right for his secondment to the security forces in Northern Ireland through "The Troubles", where he engaged in covert operations with the Military Reaction Forces in Belfast.

During his last posting in Kuwait to establish a Warfare School for the Kuwait Armed Forces, Alastair was awarded the Jasa Malaysia medal for service during the Borneo confrontation.

On retirement from the army in 1984, the biggest decision after all this extreme activity was 'where next?'

While on a visit to his brother in Melbourne he came to Sydney where an introduction led to him being offered a position at The Scots College as Bandmaster and College Sergeant. Joan and Alastair decided there and then to make Australia their new home as they thought it had the best advantages for their children. This was an extremely difficult adjustment. As a Warrant Officer he had command of trained soldiers ready to go to war; at Scots he had to contend with adolescent boys. They tried to take advantage of his broad Scots brogue but given his 'pedigree' failure was inevitable. Of course he was soon affectionately known as "Sarge"!

While at Scots there was a famous incident where his army training came in handy. On a flight to Norfolk Island for a special



ANZAC ceremony in 1994 with a small group of band personnel, their aircraft, a DC3, had to abort at takeoff and ditched into Botany Bay. Alastair was responsible for the safe evacuation of all his "boys" plus the remainder of the passengers, including his wife Joan, who was "house matron" for the group, and his son Alastair, who was the Pipe Major of the band.

Life at Scots College was time consuming

and Alastair began searching for an escape – somewhere the family could relax and get away from the never-ending demands of work.

One day friends on the South Coast suggested they should visit the Southern Highlands, an area he and Joan knew nothing about. Like most of us, they fell in love with the landscape and over the next six months visited whenever they had a chance. Subsequently they found their present house in Bundanoon and it became their getaway at weekends.

Alastair retired from The Scots College in 1996 and the family came to live here. Alastair immediately became involved in the Bundanoon Highland Gathering "Bundanoon is Brigadoon" committee. He maintains contact with his Scottish roots and promotes his Scottish heritage by working as a volunteer in the role of Publicity Officer.

In 1998 Wingecarribee Shire Council appointed Alastair as Co-ordinator of the Southern Highlands Community Games, run in conjunction with the Sydney Olympics to promote the spirit of the Games throughout the Highlands. This was a terrific success and an outstanding commitment by local sporting bodies.

It seems all the discipline and organisational ability gleaned from his days in the army are producing strong social outcomes for the community.

Alastair and Joan feel very much at home here in Bundanoon; the Saunders clan now consists of three children and nine grandchildren.

"It is the character, friendliness and community spirit that so connects and engages and yes, the winters (and sometimes the summers) are a great reminder of my birthplace."

Like most of the Scottish Diaspora, every four or five years Alastair is drawn back to Scotland by the wilderness and the sheer beauty of the landscape. Perhaps if he is tempted to relive some of his army SAS training he could go native for a while in the deep glens and high peaks of that magical land?

—Thomas-Andrew





# They came from elsewhere



Above: The Sperzels in Germany



Right: Pioneers in a new land

## The settlers of Santa Rosa

YOUNG INGA WOLK fled west across Germany with her mother and siblings in front of a vengeful Russian Army in late 1944. They witnessed carnage and the horrors of war and barely survived, but reached Berlin, which was by then in chaos. Through Red Cross they were miraculously reunited with her father before moving to the Western Sector.

Hans Sperzel, by contrast, spent war years working with his family on a farm in Bavaria. Post-war, without prospects, he went north to make his own way. He and Inga met on a dairy farm at Ossenheim, fell in love and married.

Inga's brother emigrated to Australia and they followed on the M.S. *Skaubryn* in 1955. Hans recalls: "I had read about life on the land in Australia and that appealed to me – an opportunity to realise my dream of eventually owning a property, which was something I felt could not be achieved in Germany."

The realities were not quite so rosy. Not speaking English for a start, the shock of Anglo-Australian food, condescending attitudes to migrants, harsh climate and the rough Bonegilla refugee camp near Albury. Even so, Hans was employed by a tough but kindly grazier from out west, an ex-digger and Prisoner of War who spoke German.

He took them to a remote shack miles from anywhere without running water, telephone or electricity on an 820 ha. sheep property near Cowra. Inga was left alone with the children each day. Hans rode a pushbike up to nine kilometres each day, working around the property in all weather. Heat exhaustion and isolation were the biggest challenges. With no car they had to rely on a lift to town for supplies, surviving with sign language and broken English. On the bright side their boss sponsored the rest of Inga's family to emigrate. Eventually Hans and Inga Sperzel moved to other farms working long hours, milking cows or with Hans away harvesting. When they could buy a car they explored further east, eventually discovering the Highlands. For five years they lived on Eling Grange at Sutton Forest

where Hans worked for a city owner and from there they discovered a neglected rural holding at Penrose in 1964. This was the achievement of their hopes; independence and a place of their own. Nearly 50 years of hard work have followed, transforming their property, Santa Rosa, raising their children and helping in the community.

Nowadays they are much-loved locals and great-grandparents. Three children helped give them ten grandchildren. One of them, Lauren, has transformed the local Penrose café into a Highland gem. At present the family elders have 13 great grandchildren and one on the way. "Inga and I have been together now for 59 years", Hans tells us, "so we made it pretty well, didn't we?"

Now that's true pioneer spirit. Bless them!

—Keith McMenomy





# Ten pound Poms

"WE SHOULD GO somewhere...Where do you want to go? What about Australia? Why would you want to go there?"

Peter Kenway remembers opening the front door one night when he came home from work to find his wife Pippa sitting on the stairs facing him and the conversation that led to 'an adventure.'

In making this decision, which took almost a year to organize they would leave an established comfortable life: Two successful careers – Peter, with engineering qualifications from The Royal Aircraft Establishment, Farnborough, was employed with an international company and worked in London; Pippa had a teaching position at a local preparatory school. They owned a house and had 20 month old twin boys, Nicholas and Charles.



Pippa and Peter on board the Brittanis with Nick and Charles

Pippa had grown up with her father reminiscing about his student days in Southern Rhodesia (now Zimbabwe), which had instilled in her a desire to see 'the colonies,'. When she was twelve her family had sold up to move to Australia, but that did not eventuate. Then her cousin went to Australia to be a jackaroo. Perhaps her stories contributed to Peter's decision, despite being part of a large and conservative family of five brothers and five sisters. So he agreed – Pippa's suggestion seemed like a good idea, he had travelled quite a bit and had turned down a job opportunity in Canada. A transfer to his company's Melbourne office was arranged and applications and interviews were completed at Australia House in London. Peter's qualifications made him attractive and the family was sponsored by The Commonwealth of Australia. The house was sold, furniture and possessions packed in crates and they were on their way. So the Kenways set sail in 1971, on the cruise ship *Brittanis*, their farewell by friends and family at Southampton was a very emotional day.

At that time the Victorian Government was organising accessible home loans for migrants and within a year they had built their first Australian home, and soon after that son Roland was born.

Peter explains, "It wasn't long before we had sold and built again" – they have now built seven houses in Australia. Their four year stay in Melbourne was very successful – the boys were at primary school and the transition to a career in Melbourne went well, but when Peter's

mother became seriously ill they decided to return to the UK in 1975 – "Not before we explored the east coast as far as Cooktown in a four wheel drive and caravan" he adds.

On their return life took another direction. Together they opened their "Heritage Crafts" business in Haslemere, Surrey, which they operated for five years. Pippa organised the sale of art supplies while Peter, who had become an accomplished potter, decided to stock quality pottery and crafts from other artisans in Britain. When everything was going well "the bug struck again!" (A well travelled oak dresser, bought in 1963 for £16, has survived three world crossings despite being dropped from a second storey balcony on the way.



Emigration, this time to California was not a good decision. The boys disliked the education and Pippa felt everyone lived in fear. Ironically Peter's Green Card, which had taken three years to process, arrived in the same post as their application to return to Australia was approved. It was 1982 when they arrived in NSW; they lived in Waverton and Nick, Charles and Roland finished school in North Sydney. (They all have interesting careers – the twins in film and Roland in carpentry and marketing). Peter was soon working as an engineer again, Pippa was employed at the Australian Catholic University and would soon achieve a degree at Sydney University and within two years of arriving in NSW they had become Australian citizens.

A further move to Nelson Bay when Peter took early retirement saw him enjoying sailing and building a house himself, this time, with Roland helping with the frame, whilst Pippa continued to work in Sydney.

Then came their final retirement decision! Mittagong seemed a good idea, but was offering little. Following a call to an agent in Bundanoon, with the appealing offer of a 10% discount at the Bundanoon Motel, the Kenways discovered Bundanoon and found their block of land with its delightful views and natural waterway that they aptly named on day one "Duck's Landing."

"Australia has been kind to our family. We have lived and worked in Sydney and sailed the Harbour for many years; we've built several homes along the way and now we have retired to Bundanoon where we are enjoying life in this delightful community".

Roland, Connor, Nick, Jen, Pippa, Peter and Charles





## Pedalling words

by Huw Kingston

'HOW DO YOU fancy riding a single-track built by elephants?' was the first question. 'What are you like riding with a gun on your back?' followed.

I was in the very safe environment of a café in Sydney, ahead of a meeting that had nothing to do with elephants or Botswana but soon became dominated by this alternative topic. One thing led to another, the diary was juggled and within two weeks I had landed on a bumpy grass airstrip in a chartered plane packed with bikes and half a dozen fellow riders. We were in the heart of the immense Okavango Delta in southern Africa for a week of riding – on tracks made by elephants.

The Okavango is a unique inland delta; each year the equatorial rains flow for a thousand kilometres or more down from the highlands of Angola, to fan out over thousands of square kilometres of the Kalahari Desert. Channels run into lagoons and these veins course through the landscape feeding the plants and trees. This temporary wetland also becomes a magnet for wildlife: huge herds of elephants, zebra, hippo, buffalo, giraffe, lions – and in late 2012, for the first time, a small herd of seven of us on mountain bikes.

The Macfarlane family, 85 year old Ian with a lifetime of hunting and farming behind him, along with his sons Roni and Alistair (both of whom have gone hand to hand combat with lions) have a 100,000 hectare lease in the Okavango. They had the idea of running bike safaris using pedal power, not the usual 4WDs, as a means to view the plethora of game. We stayed with them on their island home, using motorised tinnies to run the gauntlet of the hippos in order to reach the bikes which we left on the far side of the lagoon.

Roni looked the part wearing khaki shorts and shirt, a pith helmet (which we christened the Okavango cycle helmet!) and a gun slung over his back. Nearing 60, he'd bought his first mountain bike a month



before and loved exploring his country in a new way. During the ride he put his hand up to stop us. We peered into the grasslands beyond him and then out they came – a pride of seven lions, ambling 50 metres away across the island in front of us. This was game viewing in the raw! We did indeed carry a gun in the group – a one hundred year old Ridley engraved 'Big Bore for Big Game'. It weighed a tonne!

Elephants do in fact build perfect trails. I'd expected them to be a metre or so wide but had not realised that elephants walked, one foot in front of the other, meaning the track was a perfect 500mm wide. There are thousands of kilometres of these tracks criss-crossing the Delta. However, this meant there was a small matter of having to avoid the large and rather frequent piles of elephant dung and having to avoid the large and rather frequent elephants. The trails often ran straight into lagoons and creeks, necessitating occasional deep wades with bikes above our heads, keeping a wary eye open for the crocs and the hippos. Knee deep on an elephant meant over waist deep on us!

At night we relaxed around the campfire, enjoying fine South African wines, fish from the lagoons and music from the African night. The Okavango was somewhere I'd never heard of before and a spontaneous 'Count me in!' led to a magical location and experience.

## From little things big things grow

THE HUMBLE BEGINNINGS of Bundanoon's bottled water free initiative are gradually gaining momentum, locally and globally.

- Wingecarribee Council will take over maintenance of water fountains locally and Council is now investing in installing a series of water fountains across the Highlands
- Brigadoon, Australia's largest Highland Gathering, with over 11,000 visitors, continues to promote viability of bottled water free public events.
- Goulburn now has two water refill stations as Goulburn Mulwaree Council's Water Services begins the roll out of these installations around the region.
- University of New South Wales (UNSW) students have developed the 'Tap That' campaign with the goal of eliminating water bottles on campus.

An Australia on Tap web site is proposed. "Inspired by Bundanoon's example, many other communities have introduced their own programs to similarly reduce the ecological impact of bottled water in their patch. Australia on Tap will leverage the experiences of Bundanoon to assist other towns, neighbourhoods, schools, businesses and institutions achieve their aims."

And on the world scene: In a letter to Bundy on Tap, the organiser of Concord, Massachusetts bottled water free movement (driven by 84 year old resident Jean Hill) outlines their commitment to ban



bottled water, with a new by-law taking effect from

1 January 2013. Some of their initiatives are outlined below –

- Camelbak is running a special reusable bottle sales program. Selected businesses are now selling custom-printed, limited-edition Concord on Tap bottles.
- We've drafted a Visitor Brochure and a Tap Map. The Tap Map shows where people can find local water at Concord Visitor Center and online at [www.concordontap.org](http://www.concordontap.org)
- Hydration stations have been installed in all of our public schools. Tap water is being served at school events.

This is a defining moment for our community. We've become a role model for sustainability efforts in other communities. Our action has been reported worldwide and has already inspired others.

Other steps forward in the USA last year include:

- Grand Canyon National Park installed water refill stations and ceased sale of single use bottle water. This is expected to save removal of 20% of their waste stream.
- Sanguaro National Park installed water refill stations and ceased sale of single use bottle water and soft drinks, saving removal of 15% of their waste stream.

From little things big things have grown.

—Prepared for **jcg** from information supplied by John Gale.

# Dreams do come true

profile

'I WAS GOBSMACKED!' says Jan Kenny of Bundanoon, speaking of the honour bestowed on her by her peers when, in 2004, she was inducted into the Australian Cinematographers Society Hall of Fame.

In 2002 she had been admitted as a member of the National Pioneer Women's Hall of Fame.

The child fascinated by the magic of the movies seen at the Albany drive-in became in 1986 the first woman to receive ACS accreditation as a cinematographer in her own right; she eventually held the position of Head of Cinematography at the Australian Film, Television and Radio School from 1997 to 2009.

In 2009 she was presented with a special award by the ACS for 'Outstanding Service to the ACS and the Australian Film Industry'.

Jan's father, raised in the warmth of southern India, left the cold and the post-war life of Britain, bringing his wife and little daughter from the Dorset village of Spetisbury to Darwin. They arrived in the HMS *Hampshire*, the last flying boat to do the England-Australia journey, and finally settled in Albany, WA.

Years later, a chance conversation on a late-night train led to an eventual meeting between Jan and 'the two top guys' of the Commonwealth Film Unit (now called 'Film Australia'). Impressed by the determination of this young woman, they took her details and got back to her. On the same day, Jan 'dropped in' to the Playhouse Theatre, Perth, where, she says, she was 'riveted' by the sight of professionals rehearsing. She promptly applied for, and obtained, the position of Assistant Stage Manager at the Playhouse.

This job was succeeded by several years as a film production assistant with the Commonwealth Film Unit in Sydney from 1967 but she was discouraged from a career in cinematography when told that it was 'a man's world'. She left Sydney for London where she worked as Stage Manager at the Royal Court Theatre in Sloane Square. Later, she lived an 'Upstairs Downstairs' existence for some time as Second Housemaid to Lord and Lady Dulverton at Batsford Park in the Cotswolds.

Back in Australia she became Stage Manager for Barry Humphries, touring in *A Load of Olde Stuffe* then worked as Project Officer for the Film and TV Board of the Australia Council, followed by a year as Stage Director of *Jesus Christ Superstar*, touring Australia and New Zealand.

By 1976 there was less prejudice against women in the profession and she succeeded in becoming a freelance camera assistant to Russell Boyd, in Adelaide, for a documentary on strippers. She was the first woman in Australia to work as a professional camera assistant.

'Everyone was waiting for me to fall flat on my face,' laughs Jan. 'They waited for me to make an error or drop something expensive. They were wondering if I'd stay the distance.' She explains that, as a 'clapper loader', such as on the movie *The Picture Show Man*, she had to load the film magazines, a skill she'd secretly practised for hours in order to do it swiftly, consistently and accurately. As well as being a 'focus puller', she was responsible for all the photographic equipment.

Jan became the first woman to work as part of a feature film camera



crew; with the support of top professional Russell Boyd she became, in 1981, the first woman in Australia to be a cinematographer in her own right. After working as an assistant on the award-winning *We of the Never Never* in 1982 her first position as a director was on the set of *Fran* in 1985. Then followed other movies and the documentary *Mary*, about the life of Mary McKillop.

During the Gulf War in 1993, while covering the work of helicopters associated with HMAS *Sydney*, Jan suffered a spinal injury when travelling in an inflatable boat with full cinematographic equipment in the choppy waters of the Red Sea. 'I arrived back from Egypt looking like a mummy,' she says.

She has worked with many of the big names in film and TV – Dame Peggy Ashcroft, Lyn Redgrave, Peter Weir, Gordon Jackson, Noni Hazelhurst, John English and K.D.Lang, and David Suzuki, the world-renowned environmentalist. She and Sam Neill were once thrown out of a New Zealand restaurant for imitating kookaburras.

Jan Kenny has lived an international life yet chose to retire to the Southern Highlands. Visiting a friend's property at Bundanoon, she was captivated at once.

Jan now works as a private tutor for children with learning difficulties. She learned about this job, too, by accident. 'Quite fortuitously, it found me!' she comments. 'I quickly realised that this was my new path. I started training straight away. This is quite probably the most important work I've ever done.'

When asked what the future holds for her, Jan replies, 'I hope that life keeps surprising me.'

—Margaret Symonds

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## Introducing Rosemarie Gray

ROSEMARIE GRAY IS a Relational Psychotherapist. A partner at the Jansen Newman Institute in Sydney until 2000, followed by a private practice with Dr Michael

Le Page. She has a strong interest in the power of narrative and the therapeutic challenge of redrafting the stories we tell ourselves about our own lives. She is a Clinical Member of PACFA and Clinical Master for AARC and contributes to a number of psychotherapy projects and publications.

Rosemarie's interests include understanding depression and anxiety, working with couples to resolve differences and help towards co-operative change.

Rosemarie has developed her therapeutic style over many years and she considers that a collaborative and conversationally-orientated approach through a shared dialogue is the healthiest way to engage with her client's anxieties and emotional issues. Her method relies on establishing a trusting and confidential openness and creating a healing space in the consulting room that can then act as a bridge back to the everyday world.



## Marija Higley, mobile lawyer

MARIJA GREW UP in the southern villages after her family moved to the Highlands in 1972 so she regards herself as a local.

After relocating further north and subsequently attaining her first degree, she travelled and worked abroad and came home to the Highlands when she returned to Australia.

At this time, some 12 years ago, she says "I fell into law" and worked for several legal offices in the Highlands and in Sydney, but when it was time for a change of pace she opened her own office. Marija has since decided she could provide a better service to the community than would a conventional office. "Growing up in a small village with next-to-no public transport and limited services, it always felt like a major day out to go with my parents **all the way** to Bowral or Goulburn! So without even thinking, I concluded that the only office I wanted was a mobile office."

Areas of law Marija covers are residential and commercial conveyancing, property transfers and retail and commercial leases. She also offers independent legal advice, wills, powers of attorney, appointment of enduring guardianship, probate, applications for letters of administration and estate planning and administration. She can also prepare consent orders where agreement has been reached and applications for divorce where it is not contested. Wherever possible, fees are fixed at the outset so that there are no unpleasant surprises.

Marija says, "My first love is conveyancing, but my passion is for wills, powers of attorney and appointments of enduring guardianship, without which life could easily become difficult".

Do you know?

- A will is your instructions on what to do with your assets when you no longer need them.
- A power of attorney is granting someone the power to handle your assets.
- Appointment of an enduring guardian enables someone to decide on your behalf (when you are no longer able to do so) what hospital you go to, what nursing home you will go to, other services to be provided to you. They can obtain medical information on your behalf, results of medical tests, and can convey your instructions regarding resuscitation and life support.

Of all three documents, the one that will affect you most personally is the last, yet it is the one document that is most frequently ignored."

It is for this reason that Marija considers her expertise in this area of the law is most valuable and would like to assist members of our community wherever possible.

## Shooting stars & all that jazz

SOME BUNDANOON RESIDENTS and other locals were lucky enough to spend a Sunday afternoon chilling out listening to our very own local star, Karen Granger, singing smooth jazz with Geoff Harvey at Harvey's Bar in the Gibraltar Hotel, Bowral. (Karen also sings with Serendipity: the choir.)

Jazz venues have a history of being notoriously hard to sustain commercially in Sydney. Many venues start out promisingly, only to fold quickly due to being over-capitalised, with high cover charges or small audiences. We are fortunate that a venue like Harvey's Bar is providing a reliable, regular venue for jazz in the Southern Highlands, where you can have a drink in the lounge, share tapas or a lunch menu for a relaxed Sunday afternoon, on the first Sunday of each month from 12.30pm – 3.30pm.

As we settled in, we realised there were other stars and friends of Geoff's in the room. This photo of Karen performing was taken by Geoff's friend, Ray Martin. It was indeed a case of Shooting Stars!

—Judy Coverdale



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**I look forward to hearing from you**



THE FIRST PIANO at Ten for the year was a huge success thanks to both a superb performance and a large, responsive audience. Although the pieces chosen were very technically challenging, the performers rose to the challenges with an infectious enjoyment. Here's a taste of what our reviewer had to say:

"The performance was assured and well-paced, leaving the large audience of 140 excited and hoping for more."

"The performers gave a beautiful reading with fine ensemble playing and an exquisite violin tone. Mr Keith's accompaniment was so well modulated that Mr Mui's pizzicato could be heard at the back of the hall."

Read the full review at [www.artsbundanoon.org.au](http://www.artsbundanoon.org.au)

## COMING NEXT:

APRIL 27 & 28

### The Great Art Deco Event

A rare display of fine Art Deco ceramics – an opportunity to see a range of works in the English tradition including Clarice Cliff, Susie Cooper, Myott and Shorter and Son.

Greg Slater, world authority on Clarice Cliff's work, will be there to advise, explain and inform both individuals and groups.

MAY 4

### Piano at 10

Satsang – a'capella elegance; music from around the world

JUNE 1

### Piano at Ten

James Dong: a young violinist — already a virtuoso. Music by Bach, Paganini and Kreisler

Performers at Piano@10 are greatly encouraged by large audiences, so come along and enjoy the gift of shared music.

## Coming up at the Rex Cinema



Saturday 11 May

5.00pm drinks for 5.30pm movie start

## Psycho

## Stop press: Choir of St James'

GOOD NEWS – The Choir of St James' King Street is returning on Saturday 25 May for a full afternoon concert. Put in your diary now and watch for further details.



THE GREEN TEAM finished off 2012 with several productive working bees.

During November and December we concentrated on the gardens at the Information Bay. All the daffodil beds were fertilized, weeds sprayed and forty (yes 40!) tonnes of mulch spread, as well as under-pruning of trees.

The Green Team was most grateful to Nick Turner (N & J Excavations) for donating his time and his bobcat for moving all the mulch into heaps on the various garden beds, which saved the members hours of time and some very hard work.

After the December working bee we celebrated the year's end with a very enjoyable morning tea at the home of Laurel Hones.

In February we worked on the gardens on the embankment alongside Bellevue Park on Penrose Road.

Anyone wishing to join the Green Team would be most welcome – some work and some socialising is all that is required.

—John Wood, Green Team Co-ordinator, ph 4883 6859

*Serendipity* the choir presents

# Chansons d'Amour

Music Director – Kerith Fowles

Saturday 15 June	Bowral Uniting Church	3pm
Saturday 22 June	Bundanoon Memorial Hall	3pm

Tickets (including light refreshments) – \$15.00 available at

The Brown Bookshop – Bowral  
 Todds Real Estate – Bundanoon  
 Moss Vale Village Pharmacy (opposite IGA)

at the door  
 doors open at 2.30pm

# ABC-TV Gardening Australia comes to town

IN EARLY DECEMBER, Thomas-Andrew, BCA Secretary and Ben Mawston, *jcg* graphic designer, received an unexpected request from ABC TV. Could they come to film their garden for a segment of *Gardening Australia*?

Knowing the range of wonderful gardens in Bundanoon, they wondered why their garden had been chosen. The story soon came to light – the segment would centre on the fact that Thomas-Andrew at 60 had only recently discovered gardening and that Ben had been co-opted to help turn their one-acre grassy block into a garden. The fact that they had little technical expertise was surprising so the focus of the story became the 'intuition and soul' component of the project. They have created an oasis of exotic and native plants and structures

around existing eucalypts and other established trees. Garden Ramble has featured it twice, in 2008 and 2011.

Thomas-Andrew admitted to being nervous and extremely apprehensive about the filming but they enjoyed the two-day shoot. The crew were



friendly and helpful and Costa was very relaxed and funny. He also proved to be insightful and empathetic. (By the way, for the curious, his wild beard is actually soft and fluffy.)

While in Bundanoon Costa visited the school to look at the grounds and discuss the possibility of working with them to develop a vegetable garden. He hopes to come back to be involved in some way with The Garden Ramble.

Look out for the program sometime during this year – date to be announced.

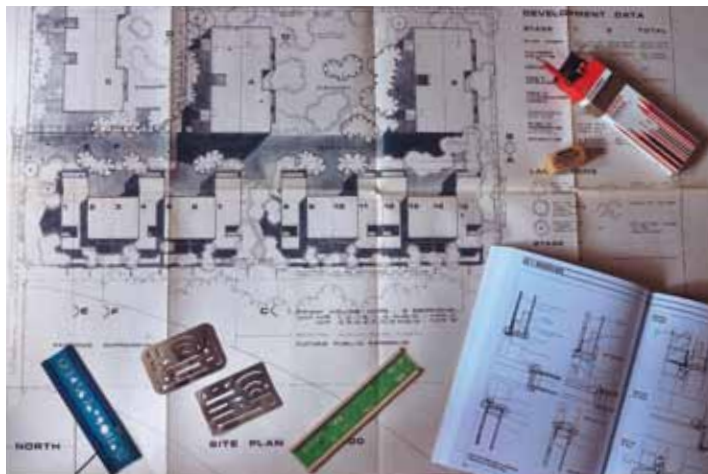


"Orange", Wayne Todd

## Photo group targets subjects with fresh eyes



"Bundanoon station", Veronica Rickard



"Architecture", Graham Morgan

IF YOU WERE asked to take a photo of Bundanoon railway station or an orange or architecture, how would you go about it?

Shooting "targets" such as these have produced some surprising and spectacular results.

We meet fortnightly at The Bundanoon Club on Wednesday at 5pm. Each member provides ONE untouched image of the subject selected at the previous get together. It is eye-opening to see the way a subject perceived as straight forward can be photographed so differently.

And the aim of this? To improve your photography by seeing and hearing how each person interprets the assignment.

There are no fees, no formal meetings, just a friendly group with a mutual interest having a chat for no more than an hour. If you wish to join in, send an email to [john@johnbyrne.net.au](mailto:john@johnbyrne.net.au) for further information.

Note: See advertisement for Bundanoon newsagency's photo competition on page 20.

—John Byrne



## moving in

# Home is where the harmony is

LEAVING THE SOUTHERN Highlands in order to realise what a wonderful life it offers makes sense to Melissa Beasley. She sees herself as one of the lucky discoverers of this truth.

From childhood in Hilltop, her journey took her via Hinchinbrook, Quirindi and Narrabri back south to where she feels at home, Bundanoon. 'To me it's what the Southern Highlands used to be. It's a real community. People care for each other and have time to smile and chat. I love to walk down a main street with friendly shop owners, where people know me and I know them'.

One year ago Melissa opened her massage therapies practice, Harmony and Health, in the Osborne Centre and hasn't looked back. She qualified while living in Narrabri, making the five hours each-way trip to the coast to attend college, where she stayed with a girlfriend from schooldays at Bowral High. The experience taught her that her new career was meant to be.

Adopting a personal approach where every client is regarded as unique, Melissa uses remedial massage to treat physical dysfunction arising from many causes, including sports injury. She also practises other therapies, such as ear candling for vertigo, sinus problems and migraine. Now, local people have so taken Melissa into their confidence she barely has time for leisure. Business is thriving and she often works late to allow for her clients' needs. Just as well she's welcomed home by a husband who loves to cook.

Harmony seems to be the theme of Melissa's life. Apart from finding Bundanoon the perfectly agreeable village, the name of her business is inspired by that of her aunt's naturopathic practice, Harmony House, and it was no coincidence that she captured the essence of a new and balanced spiritual beginning with her marriage in Bundanoon at Viewpoint on 11.11.11 at 11.00 am. To top it off, her celebrant was another happy resident of Bundanoon, Nina de Borde.

In moments which Melissa can call leisure time, she finds relaxation and peace in a love of gardening. If this is the case, she is, by her own admission, in for vast quantities of tranquillity as she tackles the planting of her two acres on the outskirts of Bundanoon. She plans to replicate the glorious native foliage and flowers which graced her bush wedding.

Another temptation awaits, however – the open road. What better region exists for leisurely days on the motorbike? Regarding it as just one more blessing, Melissa and her husband cruise the easy, empty roads of the Highlands and Southern Tablelands on their Honda tourers as often as time permits. It's a rare pleasure, she says, but never a cause for complaint, when so much about her new life in Bundanoon could not be better.

—Christopher Peek

## community

# RSL revival

AROUND MAY 2012, our RSL Sub-Branch was at a very low point, despite the determination, ambition and very hard work of our previous President, Dr William Russell, his wife Rachel and their daughter Katchmirr. Indeed, we had so few members that we had to consider closing our Sub-Branch and becoming a Chapter of another Branch. However, after consultation with RSL NSW and with their later advice and encouragement, plus help from Mittagong RSL, we agreed to pick ourselves up and fight on. RSL NSW decided to admit 'affiliate' members, which broadens our membership potential.

With a focus on Remembrance Day and thanks to our predecessors, we had sufficient cash in hand, along with some generous donations of both time and money for promotion to reassure the community of RSL's effective local presence. Graham Leech organised the program and developed materials for community awareness raising. Murray Loane provided a healthy balance between resources and ideas as our spending grew. I worked largely on fundraising and the production of banners of all sizes and publicity in the village. Having the positive energy of Alastair Saunders and Lloyd Bushnell was an additional and timely boost. Others joined this central group over time in ways that added to the sense of achievement. We had support from the Anglican Church, the BCA Hall committee, the Men's Shed and the Bundanoon Lions, who provided morning tea. Donations were received from The Bundanoon Club, Lloyd Bushnell, and the Lions Club for our banners. Speaking engagements at the local school resulted in a group of four fine students taking part in the flag raising and prayers on the day. The Southern Highlands Concert Band and Serendipity: the choir contributed to the atmosphere of the event. Grandparents, parents and children placed individual poppies on the cenotaph along with wreaths and individual signs of respect. As a result Remembrance Day which fell on a Sunday, attracted a good attendance and was appropriately commemorated by the Bundanoon community.

This year Lions have offered to complete the painting of the outside of the hall, we've installed air-conditioning and already have bookings for our premises as a useful money-earner. The website [www.bundanoonrsl.com/](http://www.bundanoonrsl.com/) carries our hopes, plans and records

reflecting the story of our revival. Our membership now stands at 16

As we prepare for ANZAC Day let us keep in mind that it is not enough just to "remember them", but in our walk through life seek to make a difference, and by using our skills, generosity and showing courage recognise the interdependence of each other in our village, our country and indeed across our globe. We look forward to seeing you on ANZAC Day. Community groups are encouraged to participate and to lay wreaths.

See our advertisement on page 5.

—Lee Borradaile, President,  
RSL Bundanoon



# The PRIMULA CAFÉ

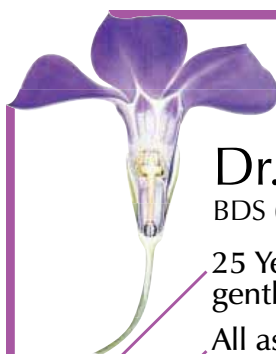
Eat in • Courtyard Seating • Takeaway

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- **Sandwiches**
- **Light Meals**
- **Fish & Chips**
- **Hamburgers**
- **Sweets**
- **Hot Drinks**
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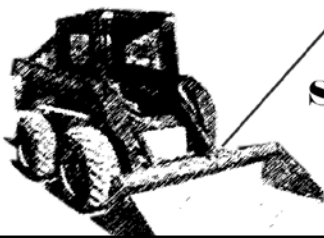


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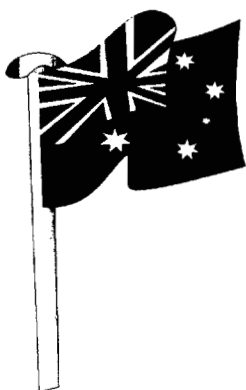
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Ph: **02 4226 1871** Fax: **02 4226 3975**

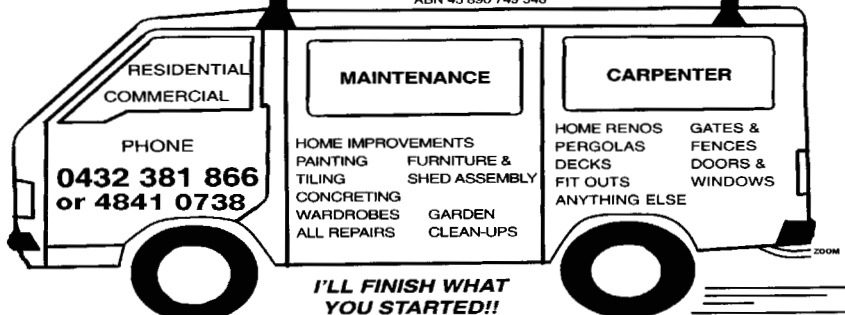
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or **PATRICK GREENFIELD** on Mob: **0412 422 858**

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# CWA report

WELL! NOW THAT everybody has logged their "New Year Resolutions" we can all go back to work, and see what good comes of it.

January is what I call a "zonzoo" month. Nothing really happens and no one is around for it! Hospital staff is minimal, your GP is away bonding with the kids, and whenever you make a phone call to some business office, more often than not a recorded voice informs you "Your call is important to us" but...hey! No humans anywhere!

At CWA we answer our calls. Some person will always be there for you.

Our Christmas lunch at Tree Tops never fails to keep everyone happy. It is a lovely tradition and husbands are welcome. Again it was a great success.

On Wednesday 23 January we started the New Year with our much valued Friendship Day. I did my usual hopping around, hugging and kissing everyone with typical Italian abandon – and had lots of hugs in return. I could see that everyone was pleased to be reunited. It was particularly good to see Marie Reid's ankle was recovering.

Our President, Kath Smith, gave a demonstration of her culinary art by showing us how to make a simple but delicious beetroot relish. A few extra visitors enlivened the day. It was lovely to have them with us, and with tea, coffee and sweets to eat the couple of hours just flew.

On 7 February the President put forward the possibility of changing our meeting days from the first Thursday of the month, which coincides with Garden Club, to the second Thursday. Opinions were divided and a decision is still to be made. Bundanoon is rich in clubs and to have meetings on a more suitable day can make a difference to attendance.

We are always looking for speakers at our meetings so if you have a special interest you would like to share with us please contact

President Kath Smith who can be reached on 4883 6919.

I travel from Sydney now to attend each meeting on the first Thursday of the month. I look forward to the trips, the friendship and the purpose CWA has.

Come along too! We would love to see you.

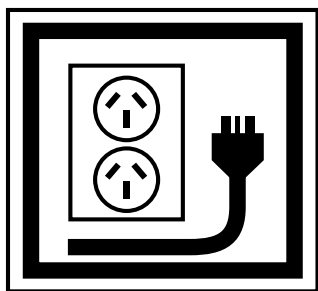
—Francesca Gunesch, Publicity Officer



Members and guests enjoy the hospitality of Friendship Day

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### INSTALLATIONS ALTERATIONS REPAIRS

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Anglican Parish of Sutton Forest

## Easter Services

### Good Friday Meditation

Bundanoon	Holy Trinity	9am
Exeter	St Aidan's	9.30am

### Easter Holy Communion

Sutton Forest	All Saints'	11am
Bundanoon	Holy Trinity	9am
Exeter	St Aidan's	9.30am
Bundanoon	Holy Trinity	5.30pm

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# Activities and services

## Activities

Arts Bundanoon.....	Greg Slater.....	4883 7484
Bundanoon Community Association (BCA)		
President.....	Ralph Clark .....	4883 7196
Bundanoon Pre-School		
Director.....	Deni Harden .....	4883 6166
Committee.....	Carolyn Beveridge.....	4883 7273
Bundanoon Public School P&C.....	Jeremy Tonks .....	4883 6019
Bundanoon Visitors' Group .....	Harry Hull .....	4883 6372
Chess Club.....	Pat Foley .....	4883 6064
Country Women's Association ( <i>meets 1st Thurs, 1 pm, CWA Rooms</i> ):		
.....	Francesca Gunesch .....	4883 6730
Currabunda Wetland Group ( <i>meets 1st and 3rd Friday</i> )		
.....	Ralph Davies.....	4883 6659
.....	Alan Hyman .....	4883 7763
Garden Club.....	Ross Miller .....	4883 4606
Glow Worm Glen Track Cttee .....	Anna Perston.....	4883 6125
Green Team.....	John Wood .....	4883 6859
History Group ( <i>meets 1st Monday, 10 am, The Bundanoon Club</i> )		
.....	Marianne Ward.....	4883 6082
Lions Club.....	Les Johnson .....	4883 6918
Men's Shed ( <i>meets 1st Tuesday, 10am, 11 Burgess St</i> ):		
.....	Evan Smith, President.....	4883 6753
Morton Nat. Park Volunteers ( <i>meets 2nd Wednesday</i> ):		
.....	Alan & Wendy Hyman .....	4883 7763
Playgroup .....	Karen Granger.....	4883 6884
RSL ( <i>meets 1st Tues (exc. January), 3 pm, The Bundanoon Club</i> ):		
.....	Lee Borradaile .....	4883 6790
.....	or Murray Loane.....	4883 6709
Serendipity: the choir .....	Kerith Fowles .....	4883 6515
The Bundanoon Club .....	Sandra Nicholls.....	4883 7227

## Sports Clubs

Bowls (Men).....	John Witney.....	4883 7356
Bowls (Women) .....	Margaret Alaban.....	4883 7560
Cricket.....	Jeff Mitchell.....	4883 6528
Croquet .....	Leila Merson .....	4883 6571
Golf Croquet .....	Neill Ustick .....	4869 5152
Pony Club.....	Gale Pritchett .....	4883 7195
Rugby .....	Marcus Fenwick.....	0427 639 612
Soccer .....	Sue Roseworne .....	4883 7219
Swimming.....	Nanette Moroney .....	4883 7152
Tennis .....	Mike Swinden .....	4883 7624

## Support & Volunteer Services

Community Health Service.....	Bowral .....	4861 8000
Early Childhood Clinic.....		4861 8000
<b>Fire Station.....</b>		<b>4883 6333</b>
Good Yarn .....	Marilyn Rocca .....	4883 6542
Meals on Wheels .....	Fay Carter .....	4883 7441
Mobile Library .....	Moss Vale Library .....	4868 2479
Red Cross (Exeter branch).....	Anna Hopkins.....	4883 4259
Rural Fire Service (RFS) .....	Craig Rowley .....	0427 511 837
RFS Auxiliary .....	Rosemary Page .....	4883 6499
RSPCA (Goulburn/Highlands) .....		0412 475 428
Volunteering Wingecarribee .....	Judi Rose .....	4869 4617
WIRES.....		4862 1788

• To change details, please contact Pam Davies, 4883 7196.



# Bundanoon Pharmacy

Bhavit Goradia and Nishnil Singh

# ph 4883 6220

9 Railway Ave, Bundanoon

## Church times

### Anglican Parish of Sutton Forest

<b>Holy Trinity, Bundanoon</b> .....	Sunday, 9.00 am, 5.30 pm
<b>St Aidan's, Exeter</b> .....	Sunday, 9.30 am
<b>St Stephen's, Tallong</b> .....	Sunday, 10 am
<b>All Saints, Sutton Forest</b> .....	1st, 2nd & 3rd Sundays, 11am
.....	4th Sunday, 2.30 pm

### Uniting Church

<b>Bundanoon</b> .....	4th Sunday, 11am
Mid-week service & lunch, Thurs, 12.30pm (bring sandwich)	
<b>Moss Vale</b> .....	Sunday, 9.30 am

### Catholic Church

<b>St Brigid's Bundanoon</b> .....	1st, 3rd & 5th Sundays, 5 pm
.....	2nd & 4th Sundays, 8 am
<b>St Paul's, Moss Vale</b> .....	Sat, 6pm & Sunday, 9.30am

### Iona Christian Community, St Patrick's, Sutton Forest

2nd, 4th and 5th Sundays .... 10.30 am

## Santi Forest Buddhist Monastery

100 Coalmines Rd, Bundanoon, ph 4883 6331

Saturdays 7pm – Group Meditation

Wednesdays 7pm – Talk on the Buddha's Teachings

## Easter services

- **Anglican Parish of Sutton Forest:** details page 48
- **Uniting Church:** Please call 4868 2890
- **Catholic Church:** Please call Parish Office on 4868 1931
- **Iona Christian Community:** please call 4883 4799 or 4883 7939

## Advertising in jcg – 2013

TYPE OF ADVERTISEMENT	SIZE (WxH, mm)	BLACK & WHITE per issue	COLOUR per issue
Business card	93x52	\$43	\$68
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Quarter page vertical	93x134	\$87	\$125
Half page horizontal	190x134	\$162	\$210
Half page vertical	93x273	\$162	\$210
Full page	190x273	\$316	\$390
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- ▶ Ingrown toenails / plantar warts
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