



A magazine for Bundanoon  
and Southern Villages

## *All aboard the 5:42*



**10–11**  
New faces  
of BCA

**20–21**  
Himalaya  
calling

**34–35**  
Growing a  
community

**38–39**  
Terry the  
truckie



# TODDS Real Estate



**We work harder together to get better results for you.**

- |                     |                  |
|---------------------|------------------|
| <b>* Appraisals</b> | <b>* Buying</b>  |
| <b>* Marketing</b>  | <b>* Selling</b> |
| <b>* Results</b>    | <b>* Renting</b> |

**BUNDANOON'S TOP SELLING AGENTS**

**Phone: (02) 48836744**

**Drop in at: 17 Railway Avenue, Bundanoon NSW 2578**

**Or visit our website: [www.toddsrealestate.com.au](http://www.toddsrealestate.com.au)**

**MOTIVATED, FRIENDLY, PROFESSIONAL**



# Solar Springs Health Retreat

**Restaurant Open Daily for dinner**  
**Reservations Essential-call 02 4883 6027**



Solar Springs is situated on the escarpment of Morton National Park in the picturesque village of Bundanoon in the Southern Highlands. Solar Springs is many different things to many different people helping them relax, reassess their health or indulge in pampering. It only makes sense that our restaurant should offer the same benefits and luxury, complementing the nutrition for the soul.



**Solar Springs Restaurant** specializes in healthy, delicious cuisine served in a unique setting with stunning views of Morton National Park. Mouthwatering dishes such as Barramundi Fillet with coriander crust, coconut chutney & black sticky rice are served with affordable wine options. Our friendly attentive team will look after your every need and make your evening a truly memorable one.

**Chef Francois Razavet** has been awarded the highly prestigious Sydney Morning Herald Hat twice since living in the Southern Highlands.

Trained in France, he gained further experience by working around the world from Corsica to England, Canada & New Zealand before settling down in Bundanoon.

Inspired by his grandmother, Francois has the utmost respect for good fresh produce while utilizing modern techniques to maximize flavour.

He enjoys creating healthy dishes in this tranquil inspiring location adding his renowned artistic flair.



**96 Osborn Avenue,  
BUNDANOON NSW 2578  
T: 02 48836027**

**W: [solarsprings.com.au](http://solarsprings.com.au)  
E: [enquire@solarsprings.com](mailto:enquire@solarsprings.com)**



# Bundanoon Medical Centre

22 Erith Street  
Bundanoon NSW 2578

Telephone: 4883 6363  
Fax: 4883 7066

## *Doctors available:*

DR JOHN KENNA

DR BILL LANE

DR JANE GEORGE

DR VINCENT ROCHE

DR GEOFFREY SPARKES

DR AZIZ MIHRSHAHI

*Ring for appointments: 4883 6363*  
*Monday to Friday, some Saturday mornings*

## Moss Vale Medical Centre

61 Elizabeth Street  
Moss Vale NSW 2577

Telephone: 4868 1500  
Fax: 4868 2688

## CHIROPRACTIC and ALLIED HEALTH CENTRE



Tim Elchah  
Chiropractor



John L Kelly  
Chiropractor



Richelle Jackson  
Podiatrist



Lee Robinson  
Specialised Trainer



Jana Tallon  
Massage Therapist

**MONDAY – FRIDAY**

**By appointment: PHONE 4883 6596**

**3 HILL STREET, BUNDANOON**

## rick mandelson&associates

### Tax, Accounting and Business Support

**Individual Taxation • Rental Properties  
Small & Medium Business • Primary Producers  
Tax Planning Strategies • Business Improvement**

We can also assist you through our network  
of professionals with

**Mortgages, loans & finance • Financial Planning including**

**Centrelink and assistance with forms**

**Insurance • Superannuation • MYOB set up**

**We are your Business and Taxation Guardian Angels  
All you have to do is call**

**Phone 02 4871 1019**

**Fax 02 4871 3344**

[www.rickmandelson.com.au](http://www.rickmandelson.com.au)

[info@rickmandelson.com.au](mailto:info@rickmandelson.com.au)

Ward Lane, Mittagong NSW 2575  
PO Box 141, Mittagong NSW 2575



# WINTERFEST PHOTOGRAPHIC COMPETITION



**BUNDANOON**  
Newsagency

Calling all photographers and anyone with a camera. Please submit your pictures into the Winterfest photo competition.

## THEME: YOUR BUNDANOON

### CATEGORIES

- photos from mobile phones
- photos by student (primary school)
- photos by student (secondary school)
- photos by adults
- photos on film

### HOW TO ENTER

#### Electronic entries

Email your picture to [bundyphotocomp@gmail.com](mailto:bundyphotocomp@gmail.com)

– make sure it is less than 1MB

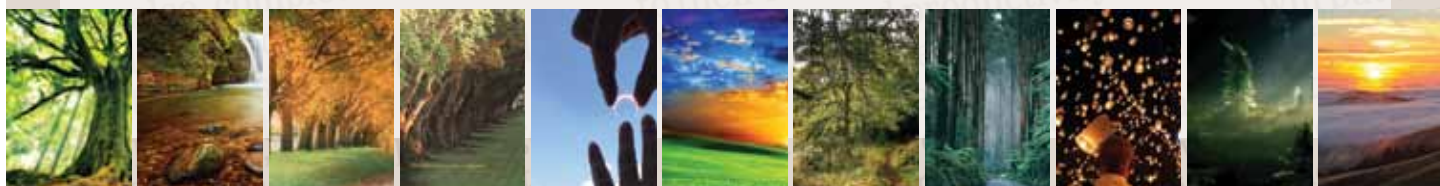
In the email please include your: name, phone number, category, photo name, camera type.

#### Physical entries

Print your picture no bigger than A4, and bring it in to the newsagency. On the back please write your: name, phone number, category, photo name, camera type.

### CONDITIONS OF ENTRY

- No entry fees
- Only one photo/entry per category per person
- Entries must be received before 12 noon 25 June 2013
- Entries shortlisted will be on display for public voting on the opening night of Winterfest Friday 28 June in the window of the Bundanoon Newsagency
- Any questions please email [bundyphotocomp@gmail.com](mailto:bundyphotocomp@gmail.com)



## nest&burrow

25 Railway Avenue Bundanoon 2578

Phone: 48836146

Open Thursday to Sunday

At nest & burrow we are constantly searching for interesting and unique collectables, gifts and homewares for the whole family.

We are excited to introduce Willow Tree and Anamalz into our range.

Keep track of all new additions via Facebook.



[www.nestandburrow.com.au](http://www.nestandburrow.com.au)

An ideal base to explore  
Bundanoon & the walks of  
the Morton National Park.



Yallambee  
bed&breakfast

[www.yallambee.net.au](http://www.yallambee.net.au) | 02 4883 7787



**DECKS • FENCES**

**PERGOLAS • WINDOWS**

**MAINTENANCE**

**REPAIRS • GATES • DOORS**

[www.handy-mick.com.au](http://www.handy-mick.com.au)



**Buttermilk**counselling

Gillian Brennan BAppSocSc Counselling ACAP, Dip. Health Counselling Sydney Uni.

Suite 3, Osborne Centre

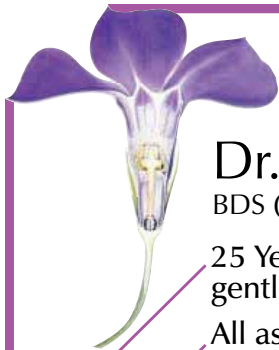
Osborn Avenue

Bundanoon, 2578

P: 0408 212 986

E: [gillian@buttermilkcounselling.com](mailto:gillian@buttermilkcounselling.com)

W: [buttermilkcounselling.com](http://buttermilkcounselling.com)



Dr. John W Salmon  
BDS (SYD)

25 Years experience providing  
gentle dental care

All aspects of general and  
cosmetic dentistry

Focus on preventative dentistry  
for life long healthy teeth  
and gums

We offer a calm and relaxing  
environment

- Medicare Teen Dental Plan  
and Veterans' Affairs patients  
accepted
- On-the-spot Health Fund  
Rebates (HICAPS)
- Easy level access and  
On-site parking

**4861 6576**

**Suite 11/70 Bowral St Bowral**

*Highlands*  
podiatry

**PODIATRIST  
IN MOSS VALE**

- General podiatry: corns, callus, fungal &  
ingrown toenails, plantar warts
- Orthotics & lower limb biomechanics,  
sports injuries
- Special interest in diabetic foot care
- EPC Medicare forms bulk billed, DVA gold  
cards accepted & claimable "electronically"  
on private health funds

Suite 2, Clarence House, 9 Clarence St, Moss Vale  
*Also available at 3 Hill Street Bundanoon*

For appointments please call **4869 5877**





Eat in • Courtyard Seating • Takeaway

- **Breakfast**
- **Grills**
- **Salads**
- **Sandwiches**
- **Light Meals**
- **Fish & Chips**
- **Hamburgers**
- **Sweets**
- **Hot Drinks**
- **Cold Drinks**

**Pizza Menu**  
**5pm-8pm**

**4883 6236**

15 Railway Ave, Bundanoon

## BUNDANOON SUPERMARKET

*Local people, family owned business*

**Open 7 days a week**  
**8.30am – 7.30pm**

- Swap & go gas
- Party ice
- Groceries
- Fruit & veges
- Hardware
- DVD hire



**4883 6633**

*Grant & Lorraine McIntosh*

## Beauty Therapy and Makeup

Bridal Makeup and Hair



- **Facials and Skin Treatments**
- **Waxing Tinting**
- **Makeup lessons** (private or group)



**BY APPOINTMENT ONLY**  
**'Rose Cottage' 19 Werai Road**  
**Near Werai Tea House**

**June Rose**

Mobile: 0409 641 278 • Phone: 4883 4610  
junerose@bridalmakeup.com.au  
www.bridalmakeup.com.au

JC

Jordans Crossing  
REAL ESTATE



SELL A LOT OF HOMES

4883 6900



#### Cover design

Photo by Wayne Todd

#### Correspondence:

The Editor  
Jordan's Crossing Gazette  
PO Box 201B  
Bundanoon NSW 2578

#### Circulation

1925 copies quarterly

Jordan's Crossing Gazette is a Bundanoon Community Association Inc project. It is a non-profit publication supported by our advertisers and distributed free of charge to all homes, business and private mail boxes in Bundanoon, village stores and post offices at Exeter, Penrose and Wingello, plus Shire councillors.

#### Subscriptions

Annual subscription is \$20 (including postage).

#### Editor

Pam Davies

#### Photographer

Wayne Todd

#### Contributors this issue:

Graham Anderson	Ann McCarter
Trisha Arbib	Bob McCarter
Ross Armfield	Keith McMenomy
Jim Clark	Alan Olsen
Tony Coyle	Stephen Owen
Ken Davidson	Brad Parker
Patrick Fitzgerald	Rosemary Stanton
Rosemarie Gray	Margaret Symonds
Harvey Grennan	Thomas-Andrew
Francesca Gunesch	Maureen Townsing
Peter Lach-Newinsky	Karen Williams
Sandy Mackenzie	John Wood

Jordan's Crossing Gazette is authorised for publication by the Bundanoon Community Association Inc (BCA). Whilst every care has been taken in the production of the Gazette, neither the BCA nor the *jcg* Committee takes responsibility for any inaccuracies, errors or omissions. Responsibility for advertisements complying with the Trade Practices Act lies with the person, company or agency submitting such for publication. Much of the material and many advertisements appearing in this publication are copyright and may not be reproduced in whole or in part without written permission. Views expressed in this magazine do not necessarily reflect those of BCA.

#### Editorial freedom

The editorial committee of Jordan's Crossing Gazette advises readers and contributors that it retains the right to edit material supplied. Such editing may include changes to language or to the length of the material and may include the addition of illustrations. We reserve the right to publish articles at our discretion. While the committee takes all reasonable care, it does not accept responsibility for the security or use of such material supplied, which remains at the supplier's risk.

## Contact numbers

#### Editorial: Pam Davies

tel: 4883 7196 email: inverard@hinet.net.au

#### Advertising Sales: Wayne Todd

tel: 4883 6744 or 0427 113 995  
email: wayne@toddsrealestate.com.au

#### Accounts: John Desmond

tel 4883 7566 email john@desmonds.com.au

#### Design: Ben Mawston, Vitreo Graphic Design

tel: 4883 7178 email: ben@vitreo.com.au



**Pam Davies,  
Editor**

Warrigal Care and the Men's Shed received grants from the Veolia Mulwarree Trust and Bundanoon has hosted a number of events during autumn. The Community Garden continues to introduce innovative projects particularly for participants in the present round of workshops. An increase in revenue for this issue meant we could enlarge the photographic and editorial content thanks to advertisers, photographer Wayne Todd and regular writers. Read on!

## From the Editor

I AM ALWAYS finding new aspects of our community as subjects for *jcg* and when it was suggested that we should interview the 5.42 commuters to Sydney I discovered another dimension to life in Bundanoon. An introduction by Thomas-Andrew, a regular train traveller and critic of our rail service, introduces their stories.

Local personalities are also featured: BCA President Christine Miller and members of the new committee elected at the AGM March are introduced in this issue. Garry Weare and Margie Thomas describe their connections with the Himalaya. Terry Kane, a well-known Bundanoon identity, is the subject of an epic poem, along with a story about his motoring experiences involving small and large vehicles.

## contents



### commuter stories

Off to work in Australia .....	26
The next train will arrive... when? .....	27
The 'Iron Lady' of the 5.42 .....	28
Commuting is not a sentence.....	29
Observations of an early bird .....	30
The gunzel.....	31
Tim's 'private train'.....	32
Phantom passengers .....	32
Working from home vs daily commute .....	33



### regulars

Arts Bundanoon.....	10
Green Team .....	11
JCG Travel .....	13
Council news.....	15
Intray .....	23
Men's Shed .....	38
The Bundanoon Club.....	41
CWA report.....	51
Activities and services.....	53
Advertising index.....	56

### BCA meetings

Third Thursday each month:  
20 June, 18 July, 13 August:  
7:30pm in Supper Room at the Hall.

### features

New faces for BCA .....	10
Bundanoon's 150th anniversary .....	15
How do we rate? .....	15
Autumn events in Bundanoon.....	16
Aged care volunteers need support.....	19
Two for the high road .....	20
The benefits of community gardens .....	34
Anzac Day .....	36
Theatrical workshop takes centre stage ...	37
Winds of change .....	37
The legend of Terry Kane .....	39
Obituary: Neville Christiansen .....	43
Obituary: Hugh Vanderfield .....	43
Southern Highlands Carriage Club .....	45
Needles and Natter .....	46
Bundanoon Tennis Club.....	46
Girls can fence! .....	47
School history display .....	47



### columns

Life skills .....	24
Through Ross-coloured glasses .....	24
Vet's casebook .....	25
DIY .....	25
Country living.....	30

### Hall Hire

FOR SOLDIERS' MEMORIAL Hall booking enquiries please phone 4883 6971 or email hallhire@bundanoon.nsw.au

**Advertising info: page 49**

**Deadline for next issue:  
Friday 2 August**

# New faces for BCA

AT THE AGM of Bundanoon Community Association Inc. held in March this year Ralph Clark, who held the position of President for seven years, resigned and all positions on the Committee also became vacant. Christine Miller, who had served on the Committee for three years, was elected President and Committee positions have been filled by BCA members who will bring a rich and varied experience to our community organisation. Sincere thanks to the outgoing Committee members for their time and commitment. Although we are a comparatively small organisation, we have a strong sub-committee structure and the work of the Committee is constant. It is hard to overstate the significance of the contribution made by Ralph Clark. Under his leadership BCA not only grew within the community and extended the chance for community involvement to many more of our residents, but his leadership also lifted the profile of Bundanoon as a significant player in the Southern Highlands, way beyond its size.

## Christine Miller – President



I have always been involved in the community sector either professionally or voluntarily and at times both. My husband Barry and I bought land in Bundanoon in 2000, built our house in 2006, made our 'tree change' and love living in Bundanoon. I have been involved in community activities since working on the committee of 'Don't Bore Bundanoon'. BCA is one of the most varied and committed community groups I've come across and

as President I hope to increase awareness in our village of what there is to do, what is already happening and what could be further developed. We have a unique opportunity to care about our environment, our village and our people. Bundanoon, until recently an attractive destination for retirees, now has a mix of young families and young people as well as those at the other end of life's spectrum. I believe we can continue to be a successful, innovative and caring community. Our

elected Committee represents a cross section of the community and with their enthusiasm and depth of experience I am excited for the future of BCA.

## Harvey Grennan – Vice-President



Harvey has lived in the area for 10 years. His background is in journalism and corporate and government relations. Joining the BCA Committee represents a natural progression for him as he has been a member for seven years of the *jcg* magazine committee, where his expertise is invaluable. He worked on the 'Don't Bore Bundanoon' committee for a number of years and with the aim of providing affordable travel for local residents was a founding

convenor of *jcg* Travel. He sees BCA as a diverse organisation, a great example of community involvement and is enthusiastic about being part of decision making for its future structure.

## Anne Miller – Secretary



Anne had a career in the Navy and then lived overseas with her former husband in various diplomatic postings. The remainder of her working life was in banking customer service. She also assisted with union enterprise bargaining agreements and dispute resolution.

Anne and her husband Wes have lived in Bundanoon for five years, have been keen members of BCA and involved in its activities, including *jcg* Travel. Bundanoon community matters are of concern to her and as well as becoming a member the BCA Committee she has taken over the Bundanoon Welcome Packs for new residents with the able assistance of Julie Schellack.

## arts BUNDANOON



FROM THE WIDE world to Bundanoon Arts Bundanoon covers the field: a successful time trip back to the Thirties with Clarice Cliff taking an in depth look at inter war English ceramics and a performance scheduled for 1 June by Gisbourne International Music Competition first prize winner, virtuoso violinist **James Dong** bringing Menuhin and Ricci back to life.

In the midst of Winterfest we will have a warm welcome and a warm hall for the popular artists Sarah Hindson (violin), Ilir Merxhushi (cello) and David Vance (piano) playing piano trios by Saint Saens and Faure. Piano at Ten on 6 July will also be a feature of Winterfest.

Interstate trains don't stop here very often but internationally acclaimed musicians do! On 3 August Piano at Ten will present international concert pianist Zhao Zhao Yang with a programme of Beethoven and Brahms.

At our Gala Concert to be held on 21 September, brilliant Russian violinist Evgeny Sorkin, head of strings at Sydney Conservatorium, and renowned pianist Gerard Willems will bring "lots of passion and

gravity-defying force... yet tremendous intimacy..." to their music making. (Quote from *Chamber Music Today*). This promises to be a truly memorable evening.

One of Sydney's finest string quartets will present a programme of works by Paul Halley and classical composers on 7 September for Piano at Ten.

Please visit our updated website for Arts Bundanoon information. Our front page now shows coming events at a glance: [www.artsbundanoon.org.au](http://www.artsbundanoon.org.au)





## Sandra Nicholls – Treasurer



Sandra came to Bundanoon from Sydney four years ago and looks forward to spending many years here. She immediately became an active member of the community in a number of roles. She was a member of the 'Cinema Rex' committee and served as Treasurer for Bundanoon History Group as well as Bundanoon Croquet Club. She is also a member of jcg Travel group and her intrepid driving in Europe is legendary.

Her biggest commitment so far has been in her present position as Chairperson of The Bundanoon Club.

Sandra established her bookkeeping business in 2000 and this year brings her experience and expertise to the BCA Committee.

## Patrick Fitzgerald



Patrick, a local builder, has lived in the area for 15 years. He was involved with Bundy on Tap at a very hands-on level which included dispensing drinking water at Brigadoon on the first occasion when bottled water was not available. He has worked for some time with Rural Australians for Refugees. His knowledge of cinema and his contacts with people in the film industry have made him an entertaining presenter for Cinema Rex and a valuable member of the

Films in the Southern Highlands committee. Patrick has a strong sense of community and his 'dinner roster' for Hugh Vanderfield provided a significant contribution to Hugh's well-being when it was needed. Patrick's regular column DIY, published in *jcg*, is essential reading!

## Danien Beets



Danien and his wife Renai came to the Highlands from Sydney in 1998. When he was in his early thirties he held the position of President of BCA between 2003 and 2007 while working as an architect.

Danien and Renai have two children, Kelson attending Bundanoon Public School and Mackenzie at Chevalier College. Danien supports Renai in her roles with P&C and the local Swim Club while now

holding the position of Operations Manager at Wild Horizons. He is a keen mountain bike rider, a key proponent of the Bundanoon Oval bike track and the MTB advocacy group, Highlands Trails. He hopes to encourage younger members of the community to participate in BCA and improve communications with the community about BCA endeavours.

## Peter Stewart



Peter Stewart and his wife Genevieve have owned the newsagency in Bundanoon for five years. With two young children they have been involved in numerous activities in town. Peter was one of the driving forces in the "Bundanoon Cares" project, orchestrating and driving one of the two truckloads of aid donated by Bundanoon residents to the Queensland flood victims in and around Dalby.

Peter draws from years of experience in various small businesses and is convenor of the BCA Main Street committee. He has been involved in Water-ski and Wakeboard clubs and associations, assisting with organisation of events all over Australia as well as competing internationally. Anything to add? "He is tall, good looking, has a fantastic wit and a great sense of humour" – and welcomes local residents to call in to visit him.



## Green Team

### Gateway garden

GREEN TEAM MEMBERS recently attended two working bees to establish the new gardens at the southern approach to the village.

These new gardens are similar to those that have been established on the northern entrance at the Information Bay and two varieties of daffodils, early and late flowering, have been planted.

The Green Team would like to thank the owners of Bundanoon Sandstone for their generous donation of bush rocks, used to border the new garden beds.

After the May working bee, members will take a well earned break over the winter months.

—John Wood, Convenor

# MOSS VALE CRUISE & TRAVEL

*"A World of Experience"*

For all your cruise  
and  
international and domestic travel plans  
come and talk to

**Anni, Carol, Jen,  
Renée and Denise**

the friendly  
and  
professional team  
at

**Moss Vale Cruise and Travel**

413 Argyle Street  
Moss Vale Australia 2577  
P: (02) 4868 1177  
F: (02) 4868 3639  
E: [info@mossvalecruiseandtravel.com.au](mailto:info@mossvalecruiseandtravel.com.au)  
W: [www.mossvalecruiseandtravel.com.au](http://www.mossvalecruiseandtravel.com.au)

A member of  
**TRAVELLERS  
CHOICE**

# BUNDANOON CUTTING COTTAGE



Cutting • Colouring • Perming  
Chemical Straightening • Bridal

SHOP 1, 1 CHURCH ST, BUNDANOON

**4883 7798**

*New  
Chef!*



## BUNDANOON HOTEL

Erith Street  
Bundanoon

Welcoming you for lunch and dinner...

Wed ~ Sun for **LUNCH** - 12pm ~ 2pm  
Wed ~ Sat for **DINNER** - 6pm ~ 9pm

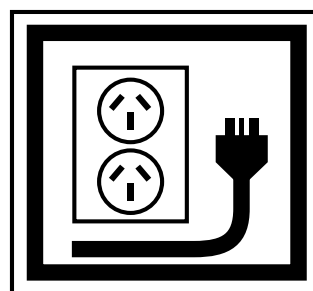
We offer delicious a la carte and snack  
menus using the best fresh, local produce at  
affordable prices.

All functions catered for including Weddings,  
Conferences, Family Reunions and Birthday  
Parties. Children welcome.

**Reservations essential: 4883 6005**

## Chris Bromfield Electrical Contractor

Lic. No. 39641 • Austel Licensed + UHF No. 9055  
Cicistorm Pty Ltd • ACN 003 801 867



**INSTALLATIONS  
ALTERATIONS  
REPAIRS**

Lot 3 Yuille Avenue, Bundanoon

**PHONE/FAX: 02 4883 6284**

**MOBILE: 0428 483 623**



## Cowra, Carcoar, Canowindra...

...provided 43 travellers from Bundanoon with a fascinating four days in March. Both the Chinese garden in Young and the Japanese garden in Cowra were highlights.

The Age of Fishes Museum of fossils in Canowindra reminded everyone of the insignificance of our life spans. The early history of the region came alive in a visit to Galong Redemptionist retreat St Clements, originally the home of the pioneering Ryans. Iandra Castle (Mt Oriel homestead) with the associated



Dinner at hatted restaurant Neila; Iandra Castle

village of Greenethorpe were built by wheat baron George Henry Greene.

The trip was a joint venture with JCG Food and Wine so there were many opportunities for convivial get-togethers to experience local produce.

## Blue water wonderland

THERE ARE STILL places available on JCG Travel's 5-day tour of Port Stephens in October.

The tour will include accommodation at the luxury waterfront The Anchorage resort, dinners at two award-winning restaurants, a whale watch cruise or 4WD tour of Stockton Beach, and an oysters-and-prawns happy hour.

The tour leaves Bundanoon on October 14 and costs \$695 per person twin share. It will include four nights accommodation and a 3-course dinner at The Anchorage at Corlette, dinner at the waterfront The Point restaurant at Soldiers Point, a cheese and wine tasting at Pokolbin, a ferry trip to Tea Gardens and a day visiting historic Morpeth township and Maitland Gaol.

The Point Restaurant has been voted the best seafood restaurant in the Hunter Region. Another culinary experience will be an oysters and prawns happy hour at Holberts Oyster Farm.

Yet another highlight will be a visit to the historic Nelson Head Inner Lighthouse, built in 1872, which is home to the Volunteer Coastal Patrol and where you can enjoy a cup of coffee on the terrace with one of the most stunning views on the coast. On the way home we stop at Newcastle's Honeysuckle waterfront renewal and the Centenary Antiques Centre or Newcastle Museum.

Bookings can be made with Anne Miller on 4883 6343 or bundymiller@gmail.com (after June 10). A deposit of \$100 is required to confirm a booking.



## Kembla Grange race day



HOW LONG SINCE you have been to the races?

JCG Travel is planning a day at the Kembla Grange racecourse on Saturday, August 17 with a three-course lunch in the Club's dining room.

Tickets are \$95 and include transport, course entry, a race book and lunch. They are available from Julie Schellack on 4883 7686 or warren.and.julie@bigpond.com.

## An afternoon of Noel Coward

JOIN US FOR a stage performance of *Brief Encounter* at the Illawarra Performing Arts Centre on November 23, a play which some will remember as the classic 1945 film starring Trevor Howard.

This acclaimed production from the UK's Kneehigh Theatre is being presented by Illawarra's own Merrigong Theatre Company.

Switching seamlessly between live theatre and film footage, this extraordinary re-telling has been a hit both on Broadway and in the West End. With live musicians on stage, characters jumping in and out of film screens, and filled with Noël Coward's debonair songs, the production was nominated for four Olivier Awards.

Tickets at \$95, including bus from Bundanoon, are available from Julie Schellack on 4883 7686 or warren.and.julie@bigpond.com.



## Interested in Scotland and Ireland?



JCG TRAVEL IS considering a trip to Ireland and Scotland in May or

September 2015 and welcomes expressions of interest so we can gauge the possible demand. Email bundymiller@gmail.com or phone Anne on 4883 6343 to indicate an interest.

## 2013 DIARY

**Canberra Markets** – July 18

**Kembla Grange Races** – August 17

**Port Stephens** – October 14–18

**Theatre: Brief Encounter** – November 23

**All cheques to be made out to Bundanoon Community Association and posted to PO Box 247 Bundanoon NSW 2578.**

## Canberra Markets



THERE WILL BE a day trip to the DFO Direct Factory Outlets and fresh food markets in Canberra on July 18. DFO offers discounts on well known brands of clothing, handbags, shoes, children's wear, homewares, jewellery and manchester. Tickets are available for \$35 from Anne Miller on 4883 6343 or bundymiller@gmail.com (after June 10).

# BRAESIDE LEGAL

**Ann Fieldhouse LLM**  
Solicitor & Barrister  
ann@fieldhouse.com.au

**David Nelson**  
Solicitor and Barrister  
Special Counsel  
davidnelsonau@yahoo.com

43 Ellsmore Road  
Bundanoon 2578

**For appointment:  
Tel 4883 7204**

**exeter studio**  
RESTAURANT



*A hidden dining experience  
in the Southern Highlands'  
most beautiful village*

Open for Lunch  
Wednesday to Sunday from 12pm  
Dinner Thursday to Saturday from 6pm

**FULLY LICENSED**  
**576 Ellsmore Road Exeter NSW**

**(612) 488 34 888**  
www.exeterstudiorestaurant.com.au

## ANZAC DAY — BUNDANOON 2013

On the twenty-fifth of April right across this ancient land  
in every town or village, no matter small or grand  
remembrance is accompanied by a military band  
and old mates get together, often with a beer in hand.

ANZAC is a notion, a feeling, tip your lid  
to the heroes come before  
and for all those heroes did,  
guarding here at home or on a far and foreign shore.

If the fight was Pozières, Fromelles, or Palestine,  
Gallipoli or Crete or indeed the Brisbane Line,  
World War I or II, they heard the Cooee Call  
in 'Nam, Iraq, Afghanistan, – they've served in one and all.

From St. Kilda to Barcaldine, Louth and Noorindoo  
Adelaide and Toodyay, Nyngan, Bundanoon.  
Each little town and hamlet gave up its very best  
to the fiery forge of battle and to the alpha test.

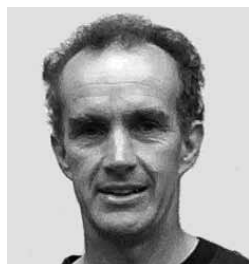
No matter where they served, they are heroes to us all  
but in our little village now, that number is quite small  
We asked of them, their all, in the gruesome task of war  
and that they gave, and gave again, who could ask for more?

If they march past now in wheelchairs  
or in the front seat of a Jeep  
yet *more* a hero's welcome theirs —  
As one, we cheer our gratitude and gratefully we weep.

—Graham Anderson ©2013  
*dedicated to the servicemen and women of Bundanoon  
and in particular to Arnold Sheedy and Noel Phillips*







Councillor Jim Clark

## Community congratulations

IT IS GREAT to see some of the initiatives coming from community members on local food production. Workshops conducted by the Bundanoon Community Garden are setting a high standard and providing inspiration to those of us interested in growing our own food.

Councillors have also visited the Moss Vale Community Garden and were impressed with the improvements and productivity of the plot, all achieved in a relatively short space of time.

Congratulations on the election of the new Committee of the Bundanoon Community Association and in particular to brand new President Christine Miller. I have met with Christine who has given me a long list of improvements BCA would like to see implemented, working with Council. We'll see what can be achieved. I and some other councillors also met recently with members of the Southern Villages group at Exeter to discuss the many issues of concern in the local area.

\* \* \* \* \*

Despite rumours to the contrary, the business of Council is still being conducted successfully and meetings are proceeding as required, budgets handed down, contracts awarded, etc. Being on Council shouldn't be about party politics (which has not been a problem on this Council), divisive local politics or even personal politics; it's about getting the best outcome for the Wingecarribee Shire. From time to time some individuals may not want to co-operate or work with other councillors. Being on Council you don't always get your own way or win the vote on a particular issue. How you react to that is your own choice, but differences of opinion are a fact of life. One needs to work it out and move on rather than carry any baggage. Council makes decisions based on considering the facts, weighing up the pros and cons, then voting. The majority of councillors are in fact still working together to achieve good results for the whole community.

—Clr Jim Clark, ph 0428 213 939

## How do we rate?

Alan Olsen's interest in Bundanoon extends to keeping tabs on many aspects of our community. Here he shares with us a further analysis of data from the 2011 census.



Alan Olsen

BUNDANOON HAS MAINTAINED its relative standing among communities in NSW, in terms of its economic resources, with the release at Easter of data from the 2011 census. The 2011 figures enable the first look since the Global Financial Crisis at the comparative wealth of communities such as Bundanoon.

Comparing 598 postcodes in NSW, Bundanoon ranks 387th from the bottom, in the 65th percentile, well above the

median. Bundanoon is close to being in the top third of postcodes.

At the 2011 census, Bundanoon was keeping company with Hornsby, Concord West, Croydon, Bexley, Northmead, Toongabbie, Murrurundi and Goodooga.

The Australian Bureau of Statistics (ABS) socioeconomic information for areas (SEIFA) is about people's access to material and social resources, and their ability to participate in society. SEIFA measures relative advantage and disadvantage at an area level, not at an individual level.

The Index of Economic Resources summarises indicators of high and low income, as well as variables that correlate with high or low wealth. Areas with higher scores have relatively greater access to economic resources than do areas with lower scores.

The most surprising finding in the ABS data is that Bundanoon improved its ranking slightly between 2006 and 2011, despite the effects of the Global Financial Crisis, and specifically its impact on self-funded retirees. Bundanoon, 380th of 603 postcodes in 2006, in the 63rd percentile, moved up a fraction to 387th of 598 postcodes, in the 65th percentile, in 2011.

In the list of 153 local government areas in NSW, Wingecarribee Shire in 2011 is 132nd from the bottom, in the 86th percentile, well into the top quarter. The Southern Highlands shire is up a fraction from 125th of 153 in 2006, in the 82nd percentile. Between 2006 and 2011, through the period that includes the GFC, Wingecarribee overtook a number of local government areas including Kogarah, Leichhardt, North Sydney and Waverley.

Naturally, Bowral is the highest ranked postcode in the Southern Highlands, ranked in the 82nd percentile in 2011, ahead of Exeter 76th, Mittagong 75th, Moss Vale/Berrima/Sutton Forest 74th and Bundanoon in the 65th percentile.

## Bundanoon's 150th anniversary

THERE WAS NO formal establishment date for Bundanoon, or for any of the names by which parts of this area were known even before Jordan's Crossing. The early residents built in the 1830s and 40s, but after the Lands Acts came into effect in 1862, a village really began to grow.

There has been much discussion over recent years as to an appropriate 'starting' date. After research and consultation with local historians, the Bundanoon History Group and Bundanoon Community Association have settled on 1865 as a date by which a recognisable village was established.

This means that in two years' time we will celebrate Bundanoon's sesquicentenary!

A milestone of this significance should be celebrated appropriately. It offers an opportunity to build on the events we have already, such as Brigadoon, Winterfest and the Garden Ramble, to make 2015 a very special year for Bundanoon. We hope that the whole community will



participate. We'll celebrate our early history, the development of the area and contemporary trends. A preliminary meeting of community groups was held on 30 April, where those present were told of some of the benefits Appin gained from their recent bicentenary commemoration. In the next phase of planning widespread community input will be sought at a public meeting to be announced.





# Autumn



## Brigadoon

Bundanoon's 36th Annual Highland Gathering welcomed as Chieftain of the Day, The Rt. Hon. James William Stuart Whitmore Sempill, The 21st Lord Sempill, Chief of the Name and Arms of Sempill (left). Photos: Jeff McGill, Barbara Gurney.





# events in Bundanoon



*Choir of St James', King Street*

Photo: Graham Morgan



*BPS Cr6ss-country event*



*History Group*

Special guest Lily Heipher with president Marianne Ward.



*Ron's Highland Ball*

Now in its fourth successful year.



## Coming event

DEDICATED TO THE MEMORY  
OF HUGH VANDERFIELD

*Serendipity*  
the choir

**Serendipity: the choir presents *Chansons d'amour***

**Bowral: Uniting Church, Saturday 15 June, 3pm**

**Bundanoon: Memorial Hall, Saturday 22 June, 3pm**

Featuring guest artist Miranda Lean.

# 8th WINTERFEST 2013 Bundanoon

...get out and do stuff!

It's Winterfest Bundanoon, so get out and do stuff! We have workshops, a winter feast, live entertainment, an art competition, bush dancing and much, much more.

The party starts Friday June 28, at 5pm with revelry through to 8pm. 'The Bondi Cigars' headline our opening street party. With a distinctive and indisputably Australian voice, this award-winning quartet has worked their way into Australia's musical heart. 'The Mountain' rock climbing wall is a new attraction. For \$5 you can climb all night! Everyone from age three to adults can have a go! And there will be so much more to enjoy with fantastic hot foods and drinks, children's activities, and a local group SHacapella. Information: Lisa Stuart 0411297963



**INSECTS Sculpture Exhibition**  
Opening 11am Thursday 27th June  
Closing 3pm Saturday 29th June  
Sponsored by **ArtHEAD**

Information: Jane Cavanough  
0413 585 732 / artlandish@iinet.net.au



We have over 24 new workshops on offer this year; so get out and learn stuff! The full list of available workshops is online at [www.bundanoon.net.au/winterfest](http://www.bundanoon.net.au/winterfest) from June 1 and our Winterfest brochure. Information: Pat Hall 0457291162



July 6 join us for children's activities and a picnic in Morton National Park. Bring your family, a blanket and your esky!



Are you a nifty knitter or a crafty crocheter? **KNIT2GETHER!** Knit or crochet a shawl for the Hamlin Fistula Hospital, Ethiopia. Visit [www.hamlinfistula.org/](http://www.hamlinfistula.org/) to read about the work of Dr. Catherine Hamlin. For instructions and dimensions, pick up a leaflet at the Good Yarn. All shawls will be displayed in the Bundanoon Memorial Hall on opening night.



**Aquafix**  
PLUMBING SERVICES  
[www.aquafix.com](http://www.aquafix.com)  
Luke Rundle  
0428836479 or 48837771

**the Ravensworth**  
accommodation dining  
02 4883 6068

**Solar Springs**  
health retreat

**Michael Bender**  
Building and Restoration  
over thirty years experience  
M: 0430 484 388

**BUNDANOON**  
Our Village  
Bundanoon Community Association (BCA)

We would like to thank local businesses for their support of Winterfest 2013, particularly this year's major sponsors.



Willie Melts has given good service but or the 8<sup>th</sup> Winterfest Bundanoon, 2013, we have a new logo created by local artist Virginia Boyle.



# Aged care volunteers need more support

WARRIGAL CARE BUNDANOON Auxiliary Inc. is an Incorporated Association of local Bundanoon residents. It raises funds to provide assistance and support to the residents of Warrigal Care, Bundanoon and their families. The residential facility run by Warrigal Care at Bundanoon provides every type of care an older person may need, from independent living right through to end-stage of life care. Bundanoon operates accommodation for 54 high care and 18 beds for special and/or dementia specific care, 18 low care and 12 independent living units.

Over the past 12 months the Auxiliary has raised funds to provide

- Two Compact air chairs with trays and footplates to help with pressure management for dependent residents: \$5000.00
- A large flat screen TV for residents to use with the Wii system. Evidence suggests the use of Wii can increase hand-eye coordination and balance: \$850.00
- A microwave convection oven which improves residents' quality of life by providing opportunities to participate in cooking: \$500.00
- A portable syringe driver for pain relief for palliative residents: \$3,500.00
- A pressure mattress for use by palliative residents: \$1000.00

In order to raise the funds needed to support the residents and their families the Auxiliary, which is very few in numbers, runs sausage sizzles at Bunnings, raffles, and recently a successful cake and plant stall in Bundanoon. It is also generously supported by the Good Yarn. However our numbers are dwindling and we would love to see some more local people come along and join the Auxiliary. We meet on the 3rd Monday of the month at 10am at Warrigal Care.

The next project the Auxiliary is undertaking is to raise funds to set up a Computer Area for residents. This will

Residents look forward to using the Wii system on the new flat-screen TV



A microwave convection oven will give residents the opportunity to participate in cooking

involve purchasing a number of computers, a printer, desks and chairs. Once residents have had some skill training they will be able to email their relatives and friends, print off their photos and, for those whose relatives are far away, e.g. interstate or overseas, use Skype to maintain contact. The computer area will result in more effective communication, reduce the level of isolation and loneliness

some residents feel, and lead to a better quality of life.

So please, if you have a few hours a month and would like to help the Auxiliary support our elderly, do come along to our meeting on the 3rd Monday at 10 am. We really need your help. For more information please contact the Secretary on 4883 7784.

—Ann McCarter, Hon. Secretary/Treasurer

## Warrigal Care celebrates Veolia Mulwaree Trust donation

THE RESIDENTS OF Warrigal Care Bundanoon are celebrating, their recent grant submission to the Veolia Mulwaree Trust being approved. The Trust has agreed to support Warrigal Care Bundanoon by contributing \$20,000 toward purchasing a new 21-seater wheelchair-adapted bus.

With public transportation in the Bundanoon community offering limited routes and restricted wheelchair facilities, Warrigal Care has been successful in finding a solution in maximising the independence of its residents and overcoming any potential feelings of social disconnectedness. The vehicle will give residents more opportunity

to participate in weekly social activities and remain active members of the local community.

Warrigal Care has recently won an Aged and Community Services Award (NSW/ACT) for volunteering and sustainability.

The Veolia Mulwaree Trust was established to manage and distribute funds from the Woodlawn Bioreactor near Tarago, which is owned by Veolia Environmental Services.



# Two for the high road

*Garry Weare and Margie Thomas live in Bundanoon and from the balcony of their secluded house they enjoy a view across a stretch of green lawns and trees to a plateau on the other side of the Bundanoon gullies. They both have a great affection for the Highlands but they also share a bond with the Himalaya where they first met. Garry is now a director of the Australian Himalayan Foundation and Margie's establishment of the AHF Art Award and connection with the Siddhartha Gallery in Nepal has contributed to the recognition outside their country of a number of local artists. Their shared stories reveal a world that very few of us have seen.*

GARRY LED HIS first trek in Kashmir in 1973 and has since trekked an astonishing 25,000km – mostly in the Indian Himalaya. He spent 13 years organising and leading treks from his houseboat in Kashmir until the outbreak of political unrest in Kashmir in 1990. During this time, he wrote the Lonely Planet guide *Trekking in the Indian Himalaya*, which continues to be the leading resource for trekkers to the region. In 2003, at the age of 55, Garry embarked on a continuous five-month trek from the source of the Ganges back to his houseboat in Kashmir. The ensuing adventure formed the basis for his acclaimed travel narrative, *A Long Walk in the Himalaya*.

Garry, together with a number of noted 'Himalayan hands' including Peter Hillary, established the Australian Himalayan Foundation – an aid organisation that now assumes a pivotal role between the Himalayan people and the thousands of Australians who have trekked there. The Foundation supports sustainable development programs in education, health and the environment.

Garry continues to lead treks to the Himalaya with World Expeditions – a company that he has had a relationship with since 1977. He is a former director and currently the company's Himalayan



Garry and Margie trekking in the Everest region

consultant, a role that sees him encouraging trekkers half his age to head to the Himalaya. He is a noted photographer and public speaker. In 2010, he was awarded a grant from the Australia–India Council to give

a series of lectures and talks in India and in 2011 was invited to Kashmir to give the keynote address on adventure tourism in the Himalaya as well as being presented with a lifetime's achievement award.

Garry is the Honorary Secretary for Australia for the Himalayan Club. He is also a fellow of the Royal Geographic Society.

At home in Bundanoon, between overseas forays, he spends most of his spare time hovering around wombat holes.





Margie and Garry have trekked together in the Himalaya and now with their home in Bundanoon both still have connections there. The focus of the Australian Himalayan Foundation is to empower local communities by assisting with administration, project management and training.

This year Margie spoke at the opening of an exhibition she organised in Nepal, featuring the work of a monk Pasang Lama from a remote temple in the mountains of the Kingdom of Mustang. The event was opened by the Australian Ambassador in Nepal Her Excellency Susan Grace.

Through the Australian Himalayan Foundation (AHF) Art Award, funds are allocated to new and emerging artists. Margie established and manages this program which began with a payment of \$5000 she gave on behalf of the estate of her friend the late Australian travel artist Murray Zanoni to set up the project.

Funds are awarded to selected artists for purchase of materials and support. The recipient artists donate two artworks back to the Foundation, which are then auctioned at fund-raising events back in Australia. To date all the works have sold well and raised considerable funds for future Art Award recipients making it a self funded enterprise.

For the recipient, the award extends



Thangkas for Australian Himalayan Foundation

beyond the year of financial support, unlocking all kinds of other opportunities.

Four artists have benefited in a number of ways: One received several large commissions. Another lectures at two colleges as well as being a visiting faculty member at Kathmandu University and continues to produce exquisite etchings and artworks.

An accomplished photographer has purchased a camera and is expressing his creativity in his images since his award.

Travel to Washington DC for the 'Imagining our Future Together – a vision of a better common future in South Asia', a project organized by the Art Program of the World Bank, was the outcome for another recipient.

Pasang Lama is this year's artist and his stunning works, along with the works of some of his fellow monks, are featured in the photographs in this story.

–PD



Pasang and Margie Thomas at gallery opening



Dancers perusing artworks



Above: Monk musicians

Right: Her Excellency Susan Grace and artists





## REID BROTHERS FURNITURE



Jewel Box

FINE FURNITURE CRAFTSMEN

Yuille Avenue, Bundanoon • tel 4883 6788

[www.reidbrothersfurniture.com.au](http://www.reidbrothersfurniture.com.au)

## TAXATION & BUSINESS ACCOUNTING SERVICES

Available for a very competitive fee  
Servicing anywhere on the Southern Highlands

**BRIAN A SALWAY** FTMA  
REG. TAX AGENT

ALL TYPES OF INCOME TAX RETURNS  
BAS RETURNS  
ELECTRONIC LODGEMENT  
FEE DEDUCTED FROM REFUND AVAILABLE  
RENTAL PROPERTIES AND CAPITAL GAINS TAX

Available 7 days

A mobile tax & accounting practice -  
your place or my office

Phone: 043 785 1296

PLEASE CONTACT FOR AN APPOINTMENT  
SUITABLE TO YOU.

Who stands out  
from all the rest?



Highlands Rural Real Estate  
Shop 2/1 Church Street, Bundanoon

**02 4883 6760**  
[info@highlandsrural.com.au](mailto:info@highlandsrural.com.au)



## Waratah Slimmers Association



of NSW Inc., a non-profit organisation

### Did you know that Waratah Slimmers is in Bundanoon?

WE ARE A very friendly group that offers lots of support and encouragement with no guilt trips. We meet every Tuesday morning at 8am at the Bundanoon CWA Rooms.

Joining fee is only \$6, with a \$3 meeting fee. Weigh-in starts at 8am and is followed by a short meeting – all over by 9:30am at the latest.

If interested, please contact Colleen on 4883 4123.

ALL WELCOME

### A date for your diary

## Support Bikes for Humanity

THIRD MUSIC/GENERAL TRIVIA QUIZ EVENT

**Sunday 4 August, 4.00pm at The Bundanoon Club**

Test your general and music trivia knowledge. \$10 per person, maximum 8 people/team. Prizes donated by local businesses. This is always a popular event so get there early to grab a table.

Contact Robert Smith, 4883 7159.

## Bikes for Humanity

THANKS TO A group of volunteers based at Mission Australia's Resource Recovery Centre at Moss Vale a direct shipment to Namibia of donated pre-loved and repaired bikes from the Southern Highlands left Sydney at the beginning of April. An article published in the Southern Highlands News on 3 April 2013 acknowledged the work of the local Bikes for Humanity Team. The group initially donated 280 bikes as part of the first container shipment and since then has sourced 380 bicycles, five wheel chairs, three walkers and five pairs of crutches.

Temora and Goulburn Men's Sheds donated 60 bikes to the project and Bundanoon's founding members of the Bikes for Humanity team, Hans Radowitz and Murray Loane, are looking for new volunteers. Tasks range from adjusting handle bars and pedals for ease of packing to repairs and restoration of bikes and wheelchairs.

The Namibian partner in the venture is the Bicycle Empowerment Network who distribute bikes to their workshops where local people are trained in maintenance skills. A number of bikes from each shipment are distributed to community based health organisations for use by nurses to visit patients in their homes. Namibia's HIV/AIDS infection rate is almost 20% of the population and there are almost 100,000 orphans in the country. The Southern Highlands Group has made a huge contribution to the Bikes for Humanity project but to maintain the momentum they are appealing to the community for assistance. So, if you have some basic mechanical skills and some time to spare please contact Murray Loane [kerryandmurray@aapt.net.au](mailto:kerryandmurray@aapt.net.au). The work of the organisation is well covered on [www.bikesforhumanity.com.au](http://www.bikesforhumanity.com.au) or speak to Hans Radowitz – 4883 7262.

Hans Radowitz, Steve Best, Bob Smith, Harry Kosta, Murray Loane and Paddy Murray

Photo courtesy Southern Highlands News





## Life skills

by Rosemarie Gray

# Learning how to bounce back from setbacks

## Part two: Developing resilience

THE GOOD NEWS is that even if you're not a naturally resilient person you can learn to develop a resilient mindset and attitude. To do so, incorporate the following into your daily life:

- Get enough exercise, and learn to manage stress. When you take care of your mind and body you're better able to cope effectively with challenges in your life.
- Practise thought awareness. Resilient people don't let negative thoughts derail their efforts. Instead, they consistently practise positive thinking. Also, "listen" to how you talk to yourself when something goes wrong – if you find yourself making statements that are permanent, pervasive or personalised, correct these thoughts in your mind.
- Develop strategies to turn negative thoughts into positive ones.
- Learn from your mistakes and failures. Every mistake has the power to teach you something important, so don't stop searching until you've found the lesson in every situation. Also, make sure that you understand the idea of "post-traumatic growth" – there can be real truth in the saying that "if it doesn't kill you, it makes you stronger."
- Choose your response. Remember, we all have a choice in how we respond; we can choose to react negatively or in a panic, or we can choose to remain calm and logical to find a solution. Your reaction is always up to you.
- Maintain perspective. Although a situation or crisis may seem overwhelming in the moment, it may not make that much of an impact long-term. Try to avoid blowing events out of proportion.
- If you don't already, learn to set effective personal goals – it's incredibly important to set and achieve goals, and to learn from your experiences.
- Build your self-confidence. Remember, resilient people are confident that they're going to succeed eventually, despite the setbacks or stresses that they might be facing. This belief in themselves also enables them to take risks: when you develop confidence and a strong sense of self you have the strength to keep moving forward and to take the risks you need to get ahead.
- Develop strong relationships with your colleagues. People who have strong connections at work are more resistant to stress, and they're happier in their role. This also goes for your personal life: the more real friendships you develop, the more resilient you're going to be, because you have a strong support network to fall back on. (Remember that treating people with compassion and empathy is very important here.)
- Focus on being flexible. Understand that things change and carefully-made plans may need to be amended or scrapped.

### Key points

Resilience is the ability to bounce back when things don't go as planned. There are three main elements that resilient people possess. These are: challenge, commitment and control. Be prepared to adapt your thoughts in a positive way to meet unforeseen events.

You can develop resilience in several ways. First, take care to exercise regularly and get enough sleep, so that you can control stress more easily. The stronger you feel physically and emotionally, the easier it is for you to overcome challenges.

Focus on thinking positively and try to learn from the mistakes you make. Build strong relationships with colleagues and friends, so that you have a support network to fall back on. Also, set specific and achievable personal goals, and work on building your self-confidence.



## Through Ross-coloured glasses

by Ross Armfield

# The picture of Dorian Gray

A FEW MONTHS back, just after the *jcg* was distributed, I was walking past Simon's Gourmet Meats in Bowral when Simon, a Bundanoon resident, called out, "G'day Ross, gee I really liked that column in the *jcg* by your brother."

"What do you mean? My brother's a theatre director in Sydney!" I replied. "Well that's not a photo of **you** in the magazine", he chortled. Oh ha-ha, very funny! Simon, in a vain attempt at humour, was referring to the photo because it wasn't exactly current. Actually, it's about 20 years old, taken when I was 18... OK, when I was 40, but it was not selected out of vanity. I'm basically lazy and that one was just around so I used it. Oh alright! I may have been a tad vain, but don't we all like to look our best without being too dishonest? I actually like being and looking 60.

This so-called joke by Simon got me thinking about ageing and reminded me of the two most frightening films I saw as a child. One was a film called *Them* – about ants that had mutated into giant creatures and invaded Los Angeles after being exposed to fallout from nuclear bomb tests in the desert. It really doesn't relate to this article, but it was a great movie – worthy of a mention. The other, really scary one, was the film adaptation of Oscar Wilde's tale, *The Picture of Dorian Gray*. Dorian has his portrait painted and is so impressed with his own beauty that he wishes that he could stay young while his portrait ages instead. His wish comes true, he stays young as his portrait changes, growing uglier and uglier as it absorbs and reflects not just wrinkles, but all his dishonest, wicked and murderous behaviour. I feel a bit like Dorian in reverse. My photo stays young while my mirror reflects my love of the grape, great tucker, my years and my Dorian grey hair – and to be honest, ageing gracefully (with a touch of disgracefully), is surely the best way to go – as long as nothing hurts!

A lot of people crave immortality, a desire to live forever, but can you imagine what that would be like in reality? Fancy having to select novel and interesting birthday presents for the whole family for a few million years or decide at whose place the family will have Christmas each year. Think about the frustration of following Wests-Tigers for 10,000 seasons and still not seeing them win another premiership after 2005. What about realising that the music of the Sixties will never return and having to accept the woeful techno sounds of 'doof-doof' music and the constant production of one-hit wonder boy bands headed for infinity! Perhaps worse though is knowing that every red carpet event like the Oscars and every New Year's Eve telecast for the next few billion years is going to see the dreadful and talentless Richard Wilkins trotted out each time to act as host! No, I don't want

to be a part of that, it's just too awful.

On balance I'll be very happy and grateful for my allotted years and revel in the memories of fantastic family, friends, food, festivities and the joy of just being part of the great mystery. There was actually a much more thoughtful and considerate reason for choosing a somewhat earlier photo of myself to head this column I was worried that the magazine might have been thoughtlessly left open on the coffee table at that page. I didn't want it to frighten the children or the pets!







## Vet's casebook

by Ken Davidson BVSc (Hons)

### Ageing pets

ONE OF THE most disappointing aspects of the evolution of the species is that the lifespan of pets is completely different to that of their human owners. We all have to go through several stages of grief as each beloved pet reaches old age and passes on. It is always very difficult to replace a very old friend and some of us cannot even contemplate the thought of doing so.

This disparity in lifespan also brings with it some traps to be watched out for by pet owners. There are charts available which calculate your pet's age in "human years." Essentially any cat or dog over the age of 8 is considered to be *senior*. For example, a cat or small dog that is 12 years old is actually 64 in human years, a large dog is 77 in human years and a very big dog is 93 in human years.

It is quite important to realise what your pet's age in human years actually is so that you can make adjustments and allowances when it comes to body weight and exercise. A good example is a healthy human, who has been advised by his doctor to have a brisk walk of say 2km a day. Doing this with a slightly overweight 12 year old Labrador may in fact be stressing the dog, particularly if he becomes slow and starts panting badly at the end of the walk.

Most pets absolutely love a regular walk. Many form the habit when they are young and active and carry it on in old age. As most pets get older, they also put on weight. When over-exercised, this weight stresses the heart and if untreated this may become a big problem. Extra weight on an ageing dog also stresses their joints which are quite likely to have arthritic changes going on. The combination of these problems could mean that your pet is putting up with stress and pain on long walks.

Steps you can take to make adjustments for your aging pet:

- Get a chart from your vet which quite accurately converts your pet's age to human years.
- If your pet is in his/her senior years (between 6 to 8 years or over depending on size), make sure he gets regular annual check-ups. Your vet will advise as to ideal body weight and may do a simple blood test to test main organs like kidney and liver. Your vet can also do a heart check and watch for signs of early arthritis and/or diabetes.
- Pain is very difficult to diagnose in an animal. The only sign of chronic pain may be lying around, reluctance to play and depression. A simple 5-day "pain trial" by your vet could show if your dog is suffering from arthritis. There are many effective treatments available if he responds to the trial.
- Degenerative heart disease is very common in older animals. The signs of it may not be obvious but look for the following signs if your pet is senior:
  1. Reluctance to exercise, tiring more easily
  2. Coughing, especially at night
  3. Fainting, often related to exercise
  4. Laboured or fast breathing
  5. Poor appetite
  6. Weight loss
  7. Enlarged abdomen
  8. Weakness

If any of these signs are showing in your pet, seek veterinary advice as there are many very effective treatments available to prolong life.

Remember, geriatrics is a very large part of veterinary science. It is in everybody's interest to make your pet's older years as happy and comfortable as possible.



## DIY know-how

by Patrick Fitzgerald

### And now for the good news...

THINGS ARE IMPROVING in the housing area at last. A range of money-saving products that used to be considered too expensive are now being considered by new or existing homeowners.

**LED (light emitting diode) lights** used to be inefficient and extremely expensive. They now come in a huge range of styles and prices that make a very attractive alternative to halogen or incandescent globes. Their light output (measured in lumens per watt) is as good as most halogens but with one fifth of the power consumption, a longer life and practically no heat generated. This means that ceiling insulation does not have to be removed and allows heat to be retained in the room. Another feature is that unlike compact fluorescent lights they contain no mercury.

**Double glazing** has become much more popular due to lower prices, a wider range and a better understanding of domestic temperature control. Unplasticised polyvinyl chloride (uPVC) glazing has been installed in Europe for decades and there are now at least four manufacturers in Sydney alone. This type of glazing probably offers the greatest efficiency, having the least amount of heat or cold transfer from one side to the other. Another style has an external metal wrap around a timber frame. The inside can be varnished or painted and the outside needs no maintenance at all. These are now comparable in price to the traditional timber double glazed units.

**Decking and flooring** have come a long way too. Bamboo flooring is an affordable option for both internal and external uses. As well as being a very sustainable material, it looks fantastic and comes in a number of styles and colours: vertical, laminated or traditional. Most are pre-coated so sanding is not necessary. Composite materials are imported for decking. Most use wood fibre and a form of plastic as a blend. They come in two widths, are 5400mm long, and need no attention after being secured to the decking joists.

It's great to see these materials being used instead of our dwindling supply of hardwoods.

Another product under serious consideration in Australia is one that has been used in the US for over 50 years. **The addition of sawdust to concrete** adds insulation qualities and reduces weight by 14.5%. I can't imagine why it hasn't been used so far! One addition used is Flyash which is a byproduct of steelmaking. It's called "Ecoconcrete" – a real contradiction in terms given the massive carbon footprint of any cement-based product.

Did you know that seven percent of all electricity generated in the world goes to making cement?

**Heat-reflecting paints** are a welcome addition to the range available. Some are very effective and BHP has developed a similar product for metal roofing. If only 5% is reflected, the heat generated in the attic would be considerable, saving on insulation for summer.

**Laminated timber** is being used as the superstructure for high-rise buildings both here and overseas. A 12-storey office block in Melbourne is the latest example and a 30-storey building is planned for London. Its light weight, strength and ability to be manufactured in long lengths are the main advantages.

Bundanoon has one of the highest rates of **solar power** uptake in the state. Although still quite expensive, it is more than viable over a period of time.

Last but not least, Porters have developed a **striped paint** in a limited choice of colours. (You think I'm kidding?) Imagine how much time that will save!

Next issue we might look at the Bad Practices still in use.....

# Off to work in Australia

**AUSTRALIANS COMMUTE.** ON census day two winters ago, 9 million of us went off to work – 5 million men and 4 million women. Overwhelmingly, we drove our cars to work.

5% of us worked at home, 4% chose to walk to work, 75% drove cars, trucks or motorbikes or got a lift. 56% of drivers were male, 54% of passengers were female.

Just 4% caught the train, 3% took the bus. Another 1% parked their cars at the station, then caught the train. 1% rode their bicycles.

Similar to the census data from the Australian Bureau of Statistics, a study by The Melbourne Institute of Applied Economic and Social Research found that over 9 million Australians travel to work each week, commuting by car, bus, train, tram (must be in Melbourne), bicycle, ferry or foot.

The average commuting time is 22 minutes per trip, in total three hours and 37 minutes each week. Tradies and business professionals and managers have slightly longer travelling times to and from work, spending 25 minutes per trip, or four hours and 12 minutes per week on the commute.

Men (just over four hours per week) spend more time travelling to and from work than women (three hours per week). Is that simply because tradies tend to be male? But the best news is that the longer the commute the higher the wages.

From the Melbourne Institute study, people on their way to the workplace increasingly see commuting time as another opportunity to squeeze yet more work into their day. The growing use of portable information and communication technologies allows employees to work while in transit. The car, bus or train becomes just another workplace. But commuters also use these technologies for personal entertainment and communication. These trends suggest that maybe commuting is not good for building family relationships, friendships and communities.

The profile of commuting in Bundanoon is similar to that across Australia. On census day in 2011, 825 of us went off to work (433 men and 392 women). 12% of Bundanoon worked at home, 4% walked to work, 77% drove to work or got a lift. 2% caught the train, another 1% parked at the station then caught the train and 1% rode their bicycles.

Bundanoon people commuted to jobs in health care, retail, accommodation/food services, teaching, manufacturing, construction and professional services. Women dominated health care, retail, accommodation/food services, teaching and professional services. Of course, men made up most of manufacturing and construction.

Commuting times in the UK are similar to those in Australia. The average worker spends nearly four hours per week travelling to and from work, according to analysis of UK Office for National Statistics data. 76% of people in UK (but only 35% of those in London) drive to work. Again, those that commute the furthest tend to earn the most.

Census data in USA suggest the average commute is four hours and 15 minutes each week. 7% of the labour force worked from home. 80% of commuting is by car driving alone, 10% involves carpooling and just 2% of travel to work is by train. The longer the commute, the higher the likelihood of public transport use.

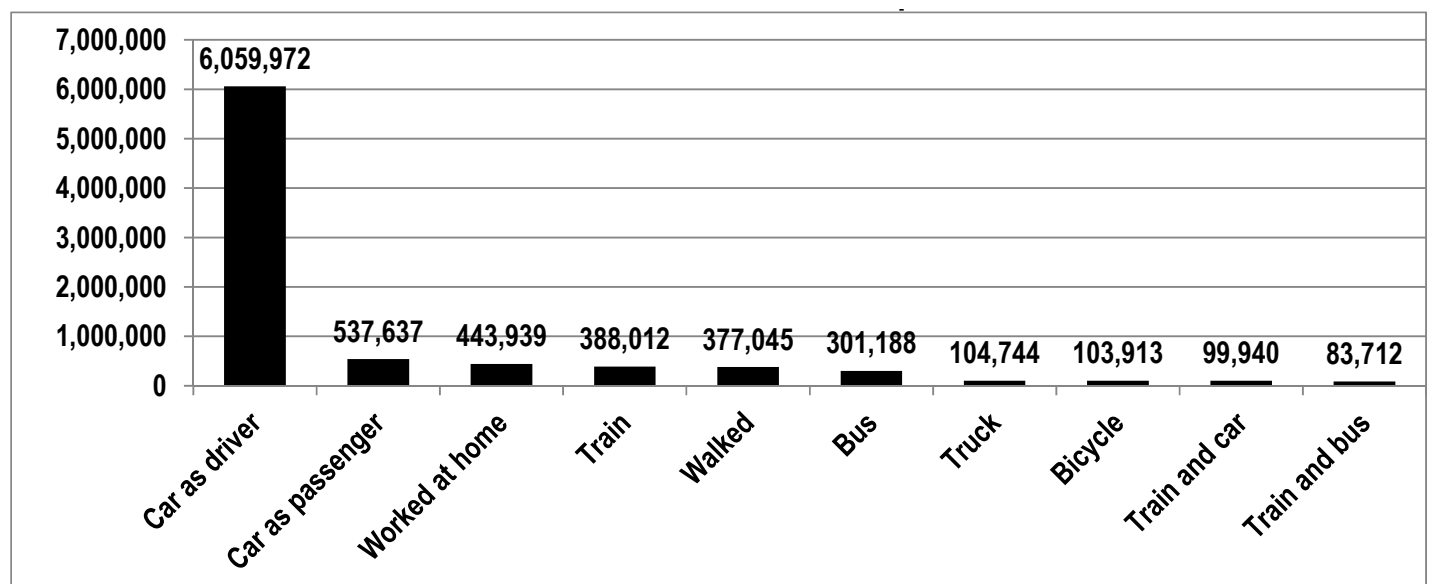
We Australians drive a lot, not just to and from work. From Australian Bureau of Statistics data, the average car in Australia travels 14,100 km per year. Research from the UK for the BBC suggests gender differences in the number of miles driven.

Typically, a male drives much longer distances than a woman, because she is prepared to stop and ask for directions!

—Alan Olsen



## Off to Work in Australia: The Ten Most Popular Commutes







**"Commuting daily to and from the city, sitting in ugly, sometimes filthy compartments, sometimes surrounded by foul-mouthed wretches, often with bottles of Jim Beam in brown paper bags, all accompanied by the screeching of the bogeys and indecipherable announcements... that is of course if the train arrives at all or does not break down on the way".**

THIS EXTRACT FROM one of the many letters of complaint that pour into the office of the Minister for Transport highlights some of the experiences of residents of Southern Highlands villages on a system that would embarrass a developing country.

Replies to letters of complaint indicate there is an unwillingness to appreciate the plight of the traveller reliant on public transport on the worst railway line in the Sydney metropolitan system.

We all know the years of underinvestment in infrastructure, staff training and good ol' customer service was inherited from the previous state government, however some honest responses and a workable plan to fix the many issues would provide some indication that the present Government is listening and will make a difference – soon – rather than 20 years hence.

A response I received recently (surprisingly by phone) provided me with the astonishing explanation that trains cost money! This is the reason why the current stock of clapped out Endeavours and Explorers cannot be replaced! With answers like that we have a long way to go before this somnambulant administrative dinosaur can be transformed into an energetic, responsive and creative operator.

We can hope or we can use our collective people power to make the legislative members (our servants) hear and act.

I am no longer one of that small band of resilient and intrepid commuters who wait in hope that the 5.42am train will arrive at Campbelltown for a connection that will get them to work on time.

However I still travel by train frequently and a recent experience is worth recounting: Trains are not always late! I arrived at the station five minutes early for an Explorer service as the first leg of a journey to Brisbane. Imagine my disbelief when I saw it disappearing towards Exeter. I had a booked seat – yet the driver/guard decided not to wait for the designated time on the ticket. When I complained to Countrylink I was told it was my fault – I am required to be at the station 15 minutes before published departure time. Only in NSW would that be offered as an excuse!

To my mind, a two-and-a-half hour journey each way goes beyond the realm of acceptable commuting no matter where you live, but as millions who travel up to 200 kilometres or more every day in Europe, Japan and now China will testify, it can be a comfortable, reliable, relaxing and very fast way to prepare for work and unwind on the way home. Will it ever be so for the people of the Southern Highlands?

With the Southern Highlands corridor designated as one of the fastest growing areas of the state it would seem that the state department responsibly for regional development does not talk to or link with the Ministry for Transport – how else can we understand this mismatch in priorities?

The members of our 'band of hope commuters' are to my mind the foot soldiers at the last defence line, keeping vigilance to ensure survival of the service. Their stories follow.

—Thomas-Andrew



## The 'Iron Lady' of the 5.42

IN ALL WEATHERS, despite City Rail's 'flexible' timetable and track work, Margot Derwent catches the early morning train from Bundanoon to Sydney five days a week. When *jcg* spoke with a small group of not-so-regular commuters on a warm Saturday afternoon in Margot's garden it was apparent that she has an unrivalled reputation for train travel endurance. It wasn't until we heard their stories that we appreciated how poor the Southern Highlands rail service is for people who need to work in the city during regular office hours. The Blue Mountains and Central Coast commuters, for example, have had far better consideration for years.

Margot moved to Bundanoon in 2009 when the family home on the water in Oatley where she lived was sold. Her father was an oyster grower and she and her brother and sisters grew up in a cottage on the water set in a two acre garden. She had always had a connection with Bundanoon. Her Aunt Nellie (Sarah Ellen) Bearman owned Devonleigh Guesthouse and Margot fondly remembers travelling on the Southern Highland Express with her grandfather to visit her aunt and other relatives. Her uncle John Royal and his brother William owned the riding school in Erith Street.\*

When her search for a house where she could have a cold climate garden brought her to the Highlands, Bundanoon was an easy choice and commuting to Sydney each day appeared to be possible. "And it is still my choice – I enjoy working otherwise I would be doing things I really don't want to do!"

Margot has worked all her life and now when she could be retired she still enjoys having a full-time job as a manager's assistant in a small stockbroking firm in the



city. As the group exchanged stories with us about their travel experiences it became apparent that Margot, who introduced herself to her fellow travellers, has engendered a spirit of camaraderie on the train. It has certainly allowed them to share the frustration of the poor service provided by City Rail and, initiated by Margot, they occasionally meet socially. Whereas some of the people *jcg* interviewed catch the train only once or twice a week she does it every day. So how does she cope with such long hours – leaving Bundanoon before 6.00am and not arriving home until after 8.00pm? She drives her car to the station (sometimes to Moss Vale) and once in her seat, with greetings exchanged, she is awake until they leave Bowral. She then sets the alarm on her phone and sleeps until a change of trains is required at Macarthur (unlike travellers who have the luxury of travelling for \$2.50 on the 8 o'clock 'through train'!). Then it's on to a suburban train to the city and the alarm is set again. Arriving in the city at 8.15, Margot starts work at 8.30. As she produces a bundle of letters written to the Minister for Transport during the last four years she explains, "That's OK when everything

works but there are so many times that we have been left stranded without warning or explanation. The Stock Exchange opens at 10 so any delays cause problems for me."

And then there is the other end of the day! Many people would find arriving home at 8.00pm a daunting prospect but Margot laughs as she explains her routine. "I don't mind eating the same thing every night so I cook up a pot of 'whatever' at the weekend and that lasts for most of the week. If I don't have to think about food it leaves time to water the garden, do my ironing, a few chores and make phone calls to keep in touch with friends, especially people overseas." She rarely goes to bed before 11.00pm.

A get-together of her fellow commuters each year in January was initiated by Margot and her hospitality has kept the group in touch with one another. Her role of advocate for Southern Highlands commuters continues and her energy is legendary. Brava Margo!

—PD



\* Readers who remember the Erith Street riding school may be interested to know that John Royal died recently at Taralga aged 94.



# Commuting is not a sentence

I MUST ADMIT that I experience a perverse pleasure in shutting up strangers who complain in my earshot that it 'took them an hour to get to work' because of some traffic or transport SNAFU\*. When I tell people that, as long as there's not a hold up on the line, it usually takes me a squeak under three and a half hours to get to Crows Nest from my home in Bundanoon I'm usually met with a stunned, slack-jawed moment of silence. Incredibly satisfying!

Mind you, I'm not a mad martyr to the commute. It's not just that I still love what I do (work for the best book publisher in Australia). It's not only because I couldn't find a job in the Highlands that pays anywhere near as well. It's that I love the commute itself. No, really! Those hours are 100% 'me time'. Three and a half hours that I can

- Read (a pretty good use of my time considering I work for a book publisher)
- Snooze (catching up on slumber is kind of essential when you have to get up at 4.30 to get ready for a working day that won't end until after 7pm)
- Stare out the window (and marvel at the glory that is morning breaking over this beautiful area)
- Listen to music (that soothes my soul)
- Catch up on this week's episode of *Q&A*, or *Insight* (or some low brow televisual bubble gum like *Grey's Anatomy* or *Puberty Blues*)
- Work (that I would otherwise have to do on the precious weekend)

Every day (twice on Fridays) I now have time where I'm undisturbed by the needs of others. What a blessing! Before we moved to Bundanoon a year ago, we lived in Cremorne, literally five minutes from my office. I worked long days, some weekends and always took work home with me – such was the amount of time in my day that was more about other people's tasks than my own. Clearly my work/life balance was completely out of whack. Now we live 160 kilometres away from the office but the 21 hours I spend on the train each week means my weeknights (the little I have of them anyway) and my weekends are now completely mine. Bliss!

Of course it can take a lot longer than three and a half hours if something goes wrong with the trains. This happens with surprising regularity, but as annoying as it is in an immediate, visceral 'it's all the



government's fault I'm being inconvenienced' kind of way I've found that these delays force me to 'give it up to the universe'. I've always been something of a stoic, but CityRail's idiocy and inadequacies have helped me develop a much more laid back attitude when the doo-doo hits the proverbial.

CityRail's regular cock-ups are also what have helped forge many of the lovely relationships I've developed with some of the other regulars who share the journey to and from our lovely town. And that's the best thing of all about the whole mad exercise.

—Karen Williams

\* (WWII meaning – bad situation, but a normal state of affairs! That's our CityRail service!)



## Observations of an early bird

"I ENJOY WATCHING people!" says Gillian Brennan, Counsellor at Bundanoon School.

And what better place to watch people than on a train?

Gillian travelled on the 5.42 for a year until she completed her Bachelor Degree in Applied Social Science in December 2012

Gillian and her husband Patrick moved to Bundanoon in May 2011, when she was in the middle of her studies. They decided it was more important to live in beautiful Bundanoon and for her to commute to lectures, one day a week, rather than remain in Sydney until she finished her course. This meant catching the 5.42 from Bundanoon, with a change at Campbelltown, to arrive on time for her 9 o'clock lecture.

On her return trip she left Wynyard about 4.30pm and along with other Southern Highlands travellers caught the Goulburn train from Campbelltown, arriving at Bundanoon at 8.02pm.

Gillian says she was fascinated by the group dynamics among the people who boarded the train at each station. At Bundanoon there was the usual friendly morning banter on the platform but after making a bee-line for their favourite seats they mostly kept to themselves, quiet and only half-awake. Some read or studied, some buried themselves in their laptops, some slept, some ate and drank coffee; few wanted to talk or engage much with each other.



In summer she would amuse herself counting how many rabbits, kangaroos or foxes she could see from the window then compare her tally with other Bundanoon travellers at the end of the journey. "In winter," says Gillian, "we left in the dark and came home in the dark."

She remembers one evening a tree had fallen over the line in a severe



storm and they had to wait for a bus to take them to Bundanoon. She was greatly impressed by the bond which was apparent among the Bundanoon passengers that night.

The change-over to the city line in the morning at Campbelltown was always frantic; it was better to change at Macarthur where passengers only had to walk across the platform.

"We often had to wake people up and tell them it was time to get out!" laughs Gillian.

On the crowded city train people were wide awake, more active, far noisier, and much younger than the 'mature' folk who had boarded at Bundanoon; it was then that loud mobile phone calls and the public airing of everyone's personal business permeated the carriage. She remembers with amusement when one day a 'senior' lady playing a portable DVD player kept turning the volume up instead of down. Also, she noticed that young people are unaware of the volume of noise that escapes from the earpieces of their iPods. That ubiquitous background thumping noise when they have them operating at maximum volume!

She remarked how sad it was to see some people never separating themselves from their workplaces, carrying their offices onto the train with them, switching on laptops and mobile phones the moment they sat down, rather than just relaxing and enjoying the ride, enjoying the opportunity to engage in that most delightful of pastimes – people watching.

—Margaret Symonds



## Country living

by Keith McMenemy

SEEING RAIL COMMUTERS heading for the 5.42am city-bound prompts vivid recall of past experience. I spent a lot of time with country grandparents but grew up in the suburbs. Singers want to be dancers, the grass is always greener, and so I longed for a few acres. Nearly a half-century ago my wife and I sold a suburban home to purchase our first hobby farm about an hour and a half from a city job.

During those rural years I assumed two personas – bushman dad and city slicker - commuting from our mountain range to a

## Up with the sparrows, home by the moon

city drawing board, avoiding 39 sets of traffic lights, riding the 'red rattler' from a station seven kilometres away. I started with mixed feelings but actually found the experience fascinating and enjoyable.

Our hobby-farming neighbour, on weekdays with the NSW Tourist Bureau, introduced me to passenger culture, acquaintances and camaraderie. We travelled in old coach-built country carriages with individual compartments and a side passageway, leather seats, blinds, framed photos of far-away rail destinations, and foot-warmers in winter. We could smoke but there was no buffet car (we were



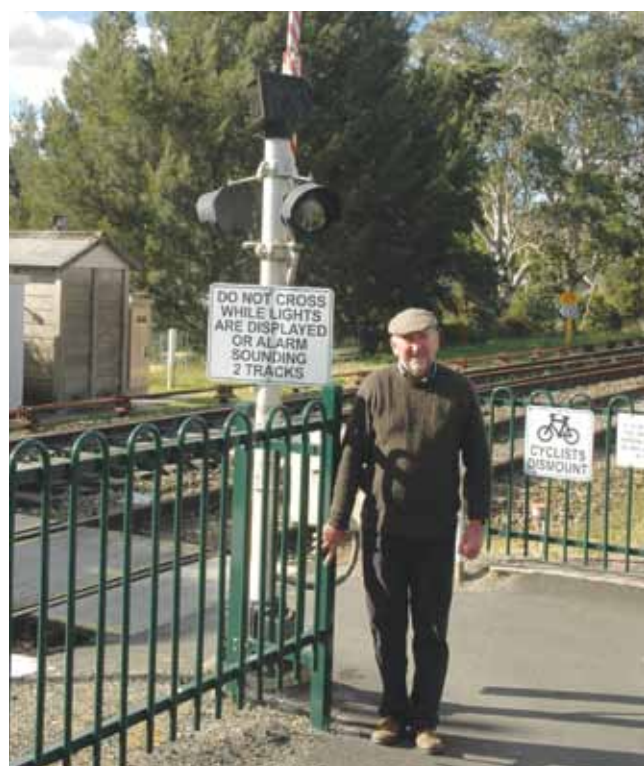
# The gunzel

WHAT'S A GUNZEL you ask? Please read on!...

For many years I travelled on the train during the week to and from work in Sydney. Recently I ceased work in Sydney and opted for part-time casual work from home in Bundanoon. The common term is semi-retirement, but to me it is 'I work when I feel like it' which is not very often. There are plenty of chores around the house and in the garden to occupy my time.

The two things I miss in not catching the 5:42am train to Sydney is the camaraderie of my fellow travellers and the actual journey itself.

Firstly, I have met and made many friends both waiting for the train and on the train itself. The "Good Mornings" start just after 5:30am as each one of us arrives at Bundanoon station. The next part of the ritual is to discuss the odds of the train arriving on time and



not parliamentarians). Our group or inner circle of passengers occasionally included two married femmes – one in sales at a department store and the other was a private secretary. The eldest male was a manager at Australia Post and I was a young Art Director in advertising. The compartment sat about eight but we tended to spread out to limit company. Reading newspapers with quotes read aloud was in order. A routine of stories, anecdotes and local gossip was exchanged: good and bad news, political decline, general solving of world issues. Laughter was kept to an acceptable level. Rowdy noise in adjoining compartments was silenced with a heavy thump to the wall.

I was always keen to get home but on Friday night my neighbour insisted on a reward or two. We shared a couple of beers at the old bush pub opposite the station next to a general store (imagine 10% the size of our Bundanoon hotel). Here we would join farmers, shearers, rail gangers squeezed into a bar-room of about 12 square

what disasters happened on the trip home the evening before. By the time the train arrives there is a group of hardy travellers: Margot, Kate, David, Dennis, Robert and myself, and then John, Phil, Nikki and Laurel who embark at Bowral. By Mittagong the Bundanoon contingent is mostly asleep. When Margot first met my wife Maree she said "Ah yes, I sleep with your husband". For a moment there was stunned silence before Margot explained "on the train".

Secondly, being an engineer I am fascinated by the complexity of the rail system and am amazed that such an intricate system works at all, let alone most of the time. It is frustrating when things go wrong, when the train is late or does not run at all. These inconveniences do not worry me as much as they used to. I have become philosophical in that change to routine can potentially be a good thing and the journey rather than the destination has become the experience.

One cold winter morning our train was very late due to the XPT from Melbourne running over 50 minutes behind schedule. We all stood on the platform as it "whooshed" past at high speed, realising that our train was going to be extremely late, having to follow the XPT. I turned to one of my friends and asked did he notice that the XPT only had six carriages and not the usual seven, and also that the missing one was the sleeping carriage. He looked at me and said in a non-committal voice "Steve, you are a gunzel". I had never heard the word before and there was nothing in his tone to indicate whether I had just been complimented or insulted, so I took the safe option. I replied, in a tone as neutral as his, "Hmm, you could be right". I did not want to display my ignorance and was determined to Google the word 'gunzel' as soon as I arrived at work.

The trip was slow, and we were late, but I had a very interesting journey. I had time to observe that the construction of the rail overpass at Glenfield is well advanced and the new freight rail bypass to Macarthur from Botany is almost finished. The express rail lines from Revesby should be in service soon making for a quicker trip to the city. I also noticed the new rail siding in the Minto container terminal along with a few 44 class locomotives, one 47 class locomotive and two container trains.

What a surprise. Gunzel: In Australia, a railway enthusiast. Originally the term was derogatory, referring to overly enthusiastic or foolish rail fans. Now it refers to railway enthusiasts in general, and the term is often used with pride.

Me? A gunzel? Never!

—Stephen Owen

metres, full of smoke and noise. That was another learning experience. Loosen the tie or take it off, say 'g'day mate' to everyone, swear a bit and don't stand in anyone else's spot.

On the plus side rail commuting was safe and relaxing. Occasionally we had to slow down for track work but no one collided with, fell off or under the train, or sat on the line for attention. On the downside it was sometimes freezing in winter, boiling in summer and slower than driving. I rarely saw the children between Monday and Friday. At one time an office nark calculated that I spent about 25% of waking hours getting to and from office and farm. After a decade or so we had to move back to the 'burbs' for better schools and heavier business responsibility. But for us these were unforgettable times, so much so that we are repeating the exercise now on a smaller scale, sans children, sans commuting. This is closer to ideal for us but I would even recommend country life between train trips.

## Tim's 'private train'

TIM LAWLER THINKS of the Saturday 4.58am to Goulburn as his own 'private train'.

Tim, a resident of Bundanoon for nearly nine years and a regular train traveller, says he is usually the only passenger at this time. When asked his reason for taking this ride he explains, "I have to be always on the move. As a result I have great trouble sleeping but can often catch some sleep on trains." On the return journey, which leaves Goulburn at 5.54am, he usually travels as far as Mittagong, chatting with a certain elderly gentleman who is always on the train with his flask of coffee and newspaper, headed for Sydney.

Tim has noticed that friendships are frequently made on the Bundanoon platform. He was there one weekday morning, waiting for the 5.42, when Margot Derwent, an enthusiastic member of the travel group, commented in delight on his Marilyn Monroe umbrella. Their friendship grew from that moment. Tim maintains that the cold doesn't really worry him in winter. "You just have to put up with it," he says. He wears a very elegant grey, Italian wool overcoat on frosty mornings.

One recent Saturday, Margot invited her 5.42 'train friends' to share some of their experiences for *jcg* readers. At this gathering, Tim told the others some of the pleasures he gains from train travel.

On weekdays he might often be found on the Bundanoon platform 15 minutes early for the 5.42, travelling always in the second carriage, to either Burradoo or Mittagong. At Burradoo he goes to the home of his friend Cath and her son Michael for breakfast.

In Mittagong he might spend some time playing his guitar in his 'discreet location', a rented space where he can play in peace. His love of the guitar began when he first heard the Beatniks, a Beatles cover band, perform at Pier One. He followed this experience with some



lessons at Windsor, travelling to his lessons by train, of course.

While in Mittagong he visits the Chelsea Bakery where his friend Annie serves him with his favourite dishes – always chicken pie followed by a pineapple tart.

Tim is amused by the other passengers on the train. "Girls often try to put their makeup on, while holding a mirror," he laughs.

Tim's love of trains began as a child, when his Grandfather William used to take Tim and his brother Matthew on the old 'red rattlers' from their home in Merrylands to the Dutch Village in Market Street.

The highlight for Tim was a holiday with his mother, Irene, on the Indian Pacific in July 1994, travelling First Class for six days. It was so 'romantic', he says, and the food was 'gorgeous'. The whole experience had, according to Tim, 'a lot of character'.

When not travelling on trains, Tim enjoys reading his favourite poets and writing commentaries on their work.

—Margaret Symonds

## Phantom passengers

A COLLISION BETWEEN the Temora Mail Express and a mixed goods and passenger train took place just north of Exeter station in March 1914. Fourteen people were killed. The historical facts of the disaster are easily accessed and verified.

Or are they? Peter Fenn of Bundanoon, until recently a railway guard who sometimes worked on the Goulburn–Sydney trains, is fascinated by the stories arising from the crash.

Peter says one of the drivers involved had insisted there had been dense fog at the time of the crash, while the other driver said there had been little to no fog. He says one driver had said the signal had warned of Danger while the other driver had been adamant the signal was Full Proceed Ahead.

In those days the signals were still controlled from local signal boxes, meaning that each station had to be constantly manned. People were unwilling to work at Exeter station for many years after the accident.

Peter Fenn says he's been told stories first hand by fellow guards, stories about things which made even grown men quake in their boots, stories about phantom footsteps and phantom passengers.

There were those footsteps frequently heard on the gravel of No.1 platform, walking past the signal box, but leaving no evidence that anyone had walked there. One stormy night the station officer lit the oil in the emergency signal lamps, only to hear the footsteps pass, twice, and find the lamps extinguished ... twice !...

On another occasion the officer-in-charge was upstairs in the signal box, having his meal break. He threw a paper bag of scraps downstairs towards a bin but missed the mark so decided to pick

up the bag later. Downstairs, at the end of his shift, he found the bag had been put into the bin.

Other station officers have reported lights, shadows and raised voices at the crash site, but no actual people present.

Drivers of trains which stopped only to pick up and set down on request, several times slowed down when the observer in the driver's cabin saw two people near the shelter shed at Exeter, waving for the train to stop. These drivers notified their guards that they were stopping for these passengers but the guards could see no-one on the platform.

Next year will see the centenary of the disaster. Will ghostly visitors commemorate the event?

—Margaret Symonds





# Working from home beats a daily commute

ANDREW HAWKINS REPRESENTS a new breed of worker. One, who through the enlightenment of his employer, is able to combine working in the city with working from home. Without this flexibility Andrew admits that he wouldn't be able to live in Bundanoon, commute to Sydney and have quality of life.

While living in flats in and around Redfern, Andrew dreamt of having his own space, a home and garden, preferably out of the city. One weekend when returning from a kayaking trip to Kangaroo Valley his wife, Elizabeth, spotted Bundanoon on the map, remembered that a former school friend had lived there and suggested that they take a short detour. The rest, as they say, is history. The Hawkins family, including baby daughter, Odessa, has been calling Bundanoon home for 3 ½ very happy years. From living in a flat they now have half an acre of garden.

The attraction of Bundanoon is that it's surrounded by a national park, state forest and farm land. Andrew loves the bike tracks. However, one difference from city living is that catching up with friends has changed from meeting at a restaurant for a meal to having weekend visitors and entertaining them at home.

Andrew works for a firm of consultants specialising in social policy. They evaluate government programs in such areas as child protection, social policy and the elderly. He interviews policymakers, those who run the programs and those who benefit from it. His work consists of surveys, interviews and data collection. The company has 20 employees.

Initially Andrew travelled to Sydney twice a week but is now lucky to have to make the trip only once a week. Due to the lack of decent services to the city, this means catching the 5.42 am train to Macarthur where commuters from the Southern Highlands must change to a standard City Rail train, which means being overcrowded, uncomfortable and having many stops. He takes the East Hills line and City Circle via Museum. Although Andrew works at Town



Andrew at home with Elizabeth, baby Odessa and Frankie their dog

Hall he chooses to alight at St James and walk. The journey from Bundanoon finally ends at 8.15 am. Like other early commuters he leaves his bed at 4.55 am. He has found that walking to the station isn't feasible so he parks his car nearby.

Andrew's time on the train is put to good use; wearing earphones to block out noise, he gets to work on his laptop – all hours he works, no matter where, are billable. So, although he recognises and says 'hello' to regular Bundanoon commuters, this train trip isn't a social affair. While some commuters also work others are able to use the travel time to catch up with their sleep.

Arriving home in Bundanoon at 8.30pm makes a very long day but it's only one day a week! This commute would be impossible and unacceptable for Andrew if it was five days. He is in awe of his neighbour Margot, who does indeed travel to Sydney every day.

Although there are negatives to teleworking, such as a lack of socialisation with his work colleagues, he does love the benefits of working from home – quality time spent with his wife, child, dog and garden. Andrew's home office is well set up for work, with two computer monitors and a camera which enables teleconferencing.

Asked what could be done to improve the commuters' lot, Andrew said that a similar train to the current 8am service, but travelling between 6.30 and 7am would be brilliant. If a train such as this, which was more comfortable, didn't involve changing at Macarthur, made fewer stops and took 2 hours instead of over 2¾ hours, did run, then Andrew would be more inclined to consider commuting to Sydney more frequently. One can't help but wonder why commuters are treated so shabbily while day trippers are catered for with a direct service.

—Sandy Mackenzie



# The benefits of community gardens

MY PHILOSOPHY AROUND food involves three major factors:

- Health
- Food literacy (an understanding of where food comes from, what has been done to it and how to prepare it)
- Environmental aspects

Not unexpectedly, the first two areas have occupied much of my 48 years as a nutritionist. The third area has come to dominate over the last 20 years, as the unsustainability of the modern food supply has become apparent.

Australia is a land of plenty. The average Australian supermarket stocks about 30,000 foods, including almost 2,000 snack lines. In spite of such abundance – or perhaps because of it – many people have little knowledge of where food comes from, how it was grown, what happens to it during processing, what is added and why. Many no longer know how to prepare a simple meal from scratch.

Our highly processed food supply supplies too many kilojoules, too much sugar and salt and has a poor balance of healthy fats. Recent research also shows we'd be better off with lower levels of many additives and pesticides in our foods.

The major casualty in the modern diet is a lack of fruit and vegetables. Preaching about their virtues is useless. Most people know that vegetables are good for them but, sadly, they've been squeezed out.

The demise of the family table has played a role, so has marketing. When did you last see an ad for a carrot? Most foods marketed to us are highly processed and packaged, with the 'real' food ingredients minimised and supplanted by cheap fillers including sugars, refined starches, fat and salt. The whole lot are bound with various additives.

We urgently need a way back to a more enthusiastic role for vegetables and one of the few approaches that has been found to work comes from the garden.

Researchers in several countries, including Australia, have found that access to a garden is by far the best way to encourage people of any age, but particularly children, to include more fruits and vegetables in their diet.

School kitchen gardens where kids grow vegies and herbs, learn how to prepare them and enjoy them in a communal setting has led to both children and adults eating – and enjoying – more vegetables.

It's not rocket science. Freshly picked produce in season tastes better. More interesting varieties can be grown in community gardens. And community or home gardens can use organic principles, which means fewer chemical residues in foods.

Home and community gardens also increase people's vegetable horizons with community gardens also offering a social setting, a sense of purpose and a place for productive thought. A garden is a friend you can visit any time.

Waiting for foods to grow encourages expectation, but also patience as we watch the progress of that first crunchy snow pea or purple bean, juicy orange or ripe passionfruit. And that practical touch is more effective than any advice about healthy eating.

—Dr Rosemary Stanton OAM



# The community

THE FOOOOBY (FOOD out of our own Back Yard) workshops, launched at the talk with well-known nutritionist Rosemary Stanton, have grown to a series of two rounds of ten hands-on sessions on everything from building healthy soil, to what to plant through the seasons, to using organic pest control, caring for chooks and ducks, and the splendours of home-brewed mead and fruit wines. The Community Garden is slowly but surely becoming a hub for sustainability learning. It is not surprising that the role of the Community Garden in co-founding this year's Harvest Festival was to co-ordinate the many educational workshops and demonstrations (see review by Trish Arbib).

Certainly when it comes to sustainable food growing, a community garden is a vital source and adjunct to building an experienced and capable community of practice, whether through formal training workshops like FooooBY, or through targeted programs like waste reduction at home and at local events like the Highland Fling.

Just as the number of regular community gardeners continues to climb, so too does the number of people who "connect" with the garden in different, and sometimes unexpected, ways. Some have arrived with unexpected donations of horseradish or marion-



Seed saving workshop

Winnowing seed





# garden spreads its wings



Healthy Soils FooooBY workshop

berries, or japonica quinces, or tiles for the mosaic project, or jars for chutney-making. A "what to plant when" handwritten guide mysteriously appeared one day! There's a growing network of seed-savers and Quest for Life workshop participants occasionally drop in for a chat and a welcome respite or for a relaxed cup of tea on the deck, sometimes with home-made zucchini cake, and always with a bit of a yarn.

Meanwhile, back at the garden, the last six months has seen the completion of an aviary for the stone fruit trees, the covering of a recycled frame to build a poly-tunnel for propagating seedlings and extending the growing season in our cold climate. Plans are underway to build a wood-fired oven for communal bread and pizza making, with the oven being integrated "somehow" (yet to be decided) into the reclaimed bus shelter, generously donated by Council and repaired by Sherwood Engineering. In no time at all, the garden is becoming a unique social and

educational centre for the whole community to experience and enjoy.

For more information, go to <http://garden.bundanoon.nsw.au>

—Tony Coyle

Gaby and Tony collecting summer's bounty



Karen's chutney

## Harvest Festival, Penrose

I WENT FOR an hour and stayed much of the day at the recent Harvest Festival held at Penrose Public School in conjunction with the Bundanoon Community Garden. Rebecca was there selling her locally grown vegetables, and I tasted an amazing sweet potato and orange chutney. The P&C did a good job but I would have appreciated more market stalls selling local vegetables and more variety in the lunches. However the Festival was much more than the stalls. I liked the atmosphere of the local primary school with its vegetable garden, and kids playing casual ball games. I enjoyed the talk by James Viles from Biota restaurant on his philosophy and his delicious take on pine mushrooms and the chance to taste meringues cooked in liquid nitrogen. Barbara Lach-Newinsky's demonstration got me making yoghurt again. And Dave Martin impressed with his fruit wine and mead making skills. I particularly loved the all-woman band, and The Capricious Consort with fabulous musicians on stringed instruments. What a way to end the day.

—Trisha Arbib





# Anzac Day commemorations

## Lest we forget

Photos: Wayne Todd





# Theatrical workshop takes centre stage

arts

SATURDAY 4 MAY saw the Melting Pot Theatre group hold their first acting and writing workshop at the Soldiers Memorial Hall. The workshop was a great success and certainly lays the foundations for a local troupe!

Wendy Hill, a highly experienced theatrical practitioner, was on hand to guide and coach our actors, both new and experienced. The afternoon was a fun-filled session with lots of laughter as Wendy took the actors through a series of self-effacing warm up exercises before moving on to a script that saw all of the actors assume new identities as they attended a therapy session for Disney characters too long in their roles! Under Wendy's watchful eye the actors were taken on the journey from imaginary to reality as they were given the confidence to step inside the world of real characters – albeit cartoon

ones – and bring them, including all of their idiosyncrasies, to life!

When this issue of *jcg* reaches you we will have held our next Crash Test event where our swathe of talent will have delighted the audience with their new and improved skills.

As a reminder, Crash Test Drama does not require the actors to have any prior experience. All that is required is a desire to have fun and to experience what the first steps in the world of theatre are like. Our usual format is to cast a number of plays on the day, have a two-hour rehearsal and then perform the plays with script in hand – so no pressure!

Also worth mentioning is that Melting Pot Theatre is in the early stages of planning its first one-act play to be performed in the Soldiers Memorial Hall a little later in the year.



To learn more about Melting Pot Theatre and what we're up to, please contact me, Pat Brennan, on: [pat.brennan84@gmail.com](mailto:pat.brennan84@gmail.com) or 4883 7831 for dates and times planned for the coming months.

—Pat Brennan



Photo courtesy Southern Highlands News

## Winds of change

JANE CAVANOUGH OF Artlandish Art and Design, Bundanoon, has been making public artwork in a full time capacity for over 15 years. To celebrate the sesquicentenaries of Bowral and Moss Vale, Wingecarribee Shire Council commissioned Jane to design *Winds of Change*, the public art installation on the

corner of Eridge Park and Moss Vale roads.

Originally a landscape architect, Jane later studied sculpture and established her public art practice after attending an environmental art conference in London. In 1997 she created an award winning sculpture for a project at the Centennial Park wetlands. In 2003 Jane was awarded a Churchill

Fellowship to study the "Relationship between Sculpture, Community and Landscape". Other commissions followed and her highly visible art work now celebrates the 150th anniversaries of Bowral and Moss Vale.

Bundanoon's Sesquicentenary is planned for 2015.



'Haulin' the Hume', Terry second from left



Taking Lo-Lo for a spin

## Men's Shed

# Veolia Mulwaree Trust grant

IN FEBRUARY 2012 Bundanoon Men's Shed occupied the first stage of its facilities in Burgess St consisting of a meeting room and a woodwork workshop. Completion of the shed, with the construction of a metalworking workshop with a mezzanine floor to maximise site utilisation and installation of a disabled toilet, will now proceed thanks to the receipt of a \$23,993 grant from the Veolia Mulwaree Trust. Completion of the project is expected to be by September this year.

The second stage construction will adjoin the existing first stage building and will consist of a steel-framed and clad building high enough to incorporate a mezzanine floor providing office space, a computer area and room for small groups.

BMS president, Evan Smith, said "the generous grant from the Veolia Mulwaree Trust will enable us to complete our building and allow installation of the remaining metalwork machinery and tools currently stored off site and allow our members with a passion for metal, welding and machinery to get fully involved. There are reasons of safety that necessitate the separation of woodworking and metalworking activities. The installation of disabled toilet facilities is an important part of the project. Completion of our shed will provide us with the urgently needed space to accommodate our



Trustee of the Veolia Mulwaree Trust, John Reynolds (left) presents the Grant cheque to the President and Vice President of the Bundanoon Men's Shed, Evan Smith, (centre) and Bob McCarter (right)

expanding membership. Our "Shed" will be complete, allowing us to cater for the full range of interests of our members and relieve some of the congestion of our current building. A whole shed, not a half – allowing us to expand our activities."

BMS also acknowledges additional funding for this project from the Wingecarribee Shire Council and the NSW State Government.

—Bob McCarter



# The legend of Terry Kane

ANYONE WHO DOESN'T know Terry Kane personally will be sure at least to have seen him driving his late wife Lois's immaculately restored sky blue 1959 Morris Minor 1000 around the village. The restoration has literally been a labour of love to honour the memory of his lifetime partner. Terry upheld Bundanoon's honour at this year's Moss Vale Show to much acclaim, with many declaring his to be the prettiest Morris in the Southern Highlands – which is as it should be for a car named 'Lo-Lo'. As a young man Terry apprenticed as an auto-electrician but had his sights set on bigger things and graduated into the trucking business which saw a 27½-year long association with the well-respected Scott family refrigerated transport company (later Scott Refrigerated Freightways) as an owner-driver. "Lois was the brains of the outfit" declared Terry in his normal self-effacing way. "I don't have much of a head for figures or for 'six-cylinder' words, so Lois managed the office work and I did the driving".

And drive he did, covering a goodly number of our national highways and byways from Brisbane and Toowoomba in the north to Melbourne and Adelaide down south. "Don Scott pioneered the transport of refrigerated hanging full carcasses so we picked up from every abattoir in NSW, even as far out as Moree and Bourke. My first trip with Scott's was to Melbourne around 1962 in a Rootes TS3 Commer 'Knocker', so called because of the racket made by the three cylinder horizontally opposed engine". Many miles and many more trucks followed.

Terry and Lois moved to Bundanoon in 1977. Lois will be remembered for her commitment to local nursing and Terry continued delivering meat to butcheries in Sydney, Nowra and the Southern Highlands. "There used to be 18 independent butcher shops in the Highlands alone!", recalled Terry. By 1990 it was time to wind down the long-distance travelling and concentrate on work closer to home.

You can imagine his surprise and delight when Freightways CEO Bruce Scott invited Terry to join him this year in 'Haulin' the Hume'. This Historical Commercial Vehicle Club of Australia event features a convoy of vintage, minimum 30-year old trucks, tracking from Sydney, going over the Razorback and following as much of the old Hume highway as is possible all the way to Yass. Bruce entered his father Don's first truck – a 1960 International Harvester 190 which had to be floated on a more modern Kenworth. "I let my heavy vehicle licence go a while back so I shared the navigating duties. I certainly knew the way! It was great to swap yarns and tell a few tall ones" chuckled Terry.

Never one to rest on his laurels, Terry, who picked up the nickname 'Bully' years ago because of his dogged commitment to the Canterbury-Bankstown Bulldogs, is involved with the Men's Shed, the Bundanoon Club and has taken to Lawn Bowls with such a vengeance that he has been the subject of his own poem. A Bundanoon legend.

## BULLY'S LAST BOWL (or How Kane was Able)

When old bowlers reach the heavenly host  
There's just one game they'll talk of most  
Out there on Bundy's hallow-ed greens  
Fought between two famous teams

There was Bully and Ken  
With his little red jaffas  
'Gainst Acco and Graham  
A fine pair of gaffers

Each on their day could play a fair game  
With the odd bit of luck improving their aim

And if one went astray, the next found its mark  
So *this* bout would be no walk in the park

And thus it soon proved, as each end passed by  
Shot trading shot — an eye for and eye  
The contest providing a vision most splendid  
Ken's pigeon-toes were overextended

Such a story as this has seldom been penned  
Of the glory to which each player did lend  
In the battle to which the game did ascend  
With the jack changing hands at almost each end

Terry and Ian traded insult and shot  
Said Bully "Forget it if that's all you've got"  
But Acco replied with a "Thanks very much"  
And proceeded to give the kate a fine touch

At the opposite end Ken stepped up to the mat  
And sent down his bowl like a Killkenny cat  
But Ando was wise to this wily old trucker  
His following shot pushed Ken's bowl in the gutter

To win, Ando and Acco just needed three  
And they went to the task like a scalded banshee  
So great was their skill with the backhanded drive  
At one bowl to go, they were now holding five

So Bully's last bowl was the key to the game  
Feather duster was he? Or a rooster again?  
The crowd tensed to see this impossible shot  
Could *he* garnishee four points on the trot?

He delivered the bowl — Oh! No! The crowd sighed  
Delivered too fast and sent down too wide  
"Life isn't fair but sometimes it's a bitch  
That bowl's heading nowhere excepting the ditch!"

"Gawd Strewth!" cried out Bully "I need a drink"  
As his bowl staggered outward towards the next rink  
But as luck would have it, a bowl in the road  
Stopped it from getting an outback postcode

With a ricochet here and a glancing blow there  
His missile came back, to fair on the square  
Like an Exocet armed and aimed for attack  
His contrary bowl headed straight for the jack

And hit it it did, with a fair bit of force  
It trailed that jack back, to the back of the course  
And with wide-open arms, sitting right there  
Were three of their bowls to answer their prayer

So here ends the tale of Bully's last bowl  
That sent Ando and Acco into damage control  
Hodgie's old face wore a toothy great grin  
"I didn't believe we could possibly win!"

But unabashed, Bully, a fine modest man  
Said "Really 'twas nothing, just part of the plan  
And any of you who smell a dead rat  
I'll have you all know — **"I played for that!"**

—Graham H. Anderson ©2010



*Experience  
Australian  
Cashmere  
In  
Bundanoon*

At last – beautiful Australian cashmere garments and accessories are to be found locally – right here in Bundanoon!

Visit the farm by appointment.

**BELISA CASHMERE**

Stan and Bev Cooper  
Phone – 02 4883 7722

**AUTOMOTIVE GENERAL ENGINEERS**

**PETERSEN'S GARAGE**

ESTABLISHED 1946

PTY LTD

- ◆ Fully equipped workshop with up-to-date equipment
- ◆ Full service and repair facilities
- ◆ Authorised air-conditioning service centre
- ◆ Fuel-injection cleaning and servicing
- ◆ Electronic engine management, diagnostics and repair
- ◆ Wheel alignment and electronic balancing
- ◆ Licensed auto electrician
- ◆ Licensed radiator repairer
- ◆ Authorised inspection station including LPG inspection

Your local MTD Yard Machine Dealer



**Erith Street, Bundanoon. Tel: (02) 4883 6021**



**Cartridge World®**

Cartridge World supplies a full range of ink and toner cartridges for printers, facsimiles and photo copiers. We provide a full range of all major brands but most importantly we offer a service to allow you to "reuse" your empty cartridges.

**Reuse your cartridges, save money and be environmentally responsible! QUALITY 100% GUARANTEED.**

If it's a current cartridge, Cartridge World can supply. We also sell paper, printers and fax machines if you are in the market to replace your old unit. Simply call or drop into your local Cartridge World Authorised Agent for more information.

**[www.cartridgeworld.com.au](http://www.cartridgeworld.com.au)**

♻️ REFILL – NOT LANDFILL

**Bundanoon Post Office  
is now an authorised agent  
for Cartridge World**

**Ph 4883 6240**

5 Church St, Bundanoon NSW 2578  
Open Mon – Fri 9am – 5pm



*Marija Higley*

LLB, GDLP, B.Sc. (Hons)

**YOUR MOBILE LAWYER**

**I will come to you**

**Servicing the needs of the southern  
villages - even outside conventional  
office hours!**

**Mob 0468 434 519**

Fax 02 4884 4155

Fixed fee conveyancing **\$790** (plus GST & out of pocket expenses)

Fixed fee Wills, Powers of Attorney,  
Enduring Guardianship

[marija@yourmobilelawyer.com](mailto:marija@yourmobilelawyer.com)  
[www.yourmobilelawyer.com](http://www.yourmobilelawyer.com)





# What's on at the Club

## DATES FOR YOUR DIARY

### Family Day Fund Raiser

Sunday 25 August 2013

This fun event is to raise money for urgently-needed new kitchen equipment. Please mark in your diary and keep an eye out for further details.

### The Wizard & Oz

Sunday 15 September 2013, 1:00pm

Come along and enjoy three hours of your favourite heritage songs from the 60s & 70s.

Cost: Tickets \$25

Tickets: Available from 1 August from Kathy at Todd's Real Estate Bundanoon or from the bar at the Bundanoon Club.

Meals: Lunch and dinner will be available from the Club Bistro and continuous hot snacks during the performance.



Competitors and supporters at the Ash Cup piping competition held at the conclusion of Brigadoon.

## New team at the bistro

"FRESH, SEASONAL AND always delicious" is the description the new team gives of the food they are cooking at the Bundanoon Club. It's a frequently changing, family friendly menu (still at great value Club prices), with something for everyone, including dishes for vegetarians and those with gluten intolerances. Everyone's bistro favourites will remain, but with an emphasis on dishes made freshly on the premises. Slow-cooked tender braises like lamb shanks and oxtail will be offered alongside dishes of Vietnamese braised beef with lemongrass, Singapore garlic chicken or a fragrant curry.

The Bundanoon institution of the Thursday carvery is here to stay with thick cut slices of beef, pork or lamb served with a generous portion of roasted vegetables. There will also be quick and simple bites on offer including a club sandwich, a burger (beef or Moroccan lamb), a bowl of thick and hearty soup and making a welcome return, a selection from a bar of homemade salads. For those with a sweet tooth you'll find dishes that are both light and decadent, including homemade tarts, puddings and cakes.

**Bistro on the Green is open for dinner Wednesday to Saturday and lunch Wednesday, Thursday and Saturday.**

## Tai chi

CLASSES IN TAI Chi are presently being held at The Bundanoon Club on Tuesdays at 10.00 am. Instruction is available for complete beginners through to students of many years' experience. The instructor, Stephen Atkinson, has been practising since 1984 and still continues to seek out and train with the highest level masters that are available.

Tai Chi began in China thousands of years ago as a martial art and it is sometimes referred to as 'moving meditation'. Tai Chi combines slow, soft and firm movements that work the body and the mind, enhancing strength and energy. It is a tranquil, gentle and pleasurable means of attaining and maintaining health and harmony in mind and body,

Many people have found the movements of Tai Chi to be an effective way to counteract the pressures of modern life and to reduce stress. Tai Chi is holistic, it asserts that all things are connected. So the enhancement of spiritual, mental, emotional and physical health relies on the correct balance of these forces.

With regular practice anyone regardless of age or level of fitness can practise and benefit from Tai Chi to help overcome many health conditions. Tai Chi also promotes better sleep patterns and promotes a refreshed and enhanced mental focus. In other words it gives greatly enhanced health and well-being, thereby sustaining the individual with mobility, suppleness and mental alertness for as long as practise is maintained.

For further information contact Stephen on 0417 201 186.

## DEBORAH BUCHANAN

### *Accountant • Tax Agent • JP*

All tax returns, prompt tax refunds, BAS preparation, GST & FBT related issues, small business specialist, primary production accounting.

6/256 Argyle St, Moss Vale

(PO Box 577, Moss Vale 2577)

ph) 02 4868 1366

fax) 02 4868 1466

mob) 0405 159 329

02 4869 1392

RICHARDR@HINET.NET.AU

**RICHARD READING**

LAWYER  
LLB (SYD), MDR (UTS)

WORTHINGTON & READING LAWYERS

3/3-5 CLARENCE STREET, MOSS VALE NSW 2577  
FAX 02 4869 1378 PO Box 955 MOSS VALE

**PIONEER FLASK  
LIQUOR STORE**

*Sandra Heathcote*

13 Railway Parade  
Bundanoon

Phone 4883 7314

*Annette's*  
*Florist* **4869 1544**

"For beautiful flowers  
across the street or  
across the world!"  
SIMPLY PHONE

or call in to:  
328 Argyle Street Moss Vale  
(opposite the old Post Office)



**MILDENHALL  
GUESTHOUSE**

SMALL GROUP  
BOOKINGS A SPECIALTY

*Karen Henry*

10 Anzac Parade  
Bundanoon NSW 2578

Phone/Fax: (02) 4883 6643  
[www.mildenhallguesthouse.com](http://www.mildenhallguesthouse.com)  
[karen@mildenhallguesthouse.com](mailto:karen@mildenhallguesthouse.com)

Suite 3 "The Clarence"  
3-5 Clarence Street  
Moss Vale

**Gary A. Antaw**  
Registered Surveyor



Mail to:  
PO Box 354  
Moss Vale NSW 2577

Ph: (02) 4868 1284  
Mob: 0403 567 355



**RUNDLE'S  
PLUMBING**

PTY LTD

Les's License No. L7266

ABN 24 002 429 478

Gasfitting, Draining, Plumbing,  
Hot Water, Maintenance

**PHONE: 02 4883 6479**

**MOBILE: 0408 970 648**

PO Box 4, BUNDANOON 2578

**Specialist in:**

- Difficult windows
- All decorative window treatments
- Roman blinds
- Plantation shutters
- Sunscreen blinds
- Curtains
- Interior design
- Will work with client's own fabric

*Jacqueline Cory*  
EST. 1963

**CURTAIN MAKER TO THE TRADE**

**Telephone** 4883 6593

**or** 0414 329 629

**Email** [jacquelinecory@bigpond.com](mailto:jacquelinecory@bigpond.com)

**Web** [www.jacquelinecorydesigns.com.au](http://www.jacquelinecorydesigns.com.au)



## Neville Christiansen

NEVILLE CHRISTIANSEN DIED on 10 May. His partner Stefan Ivanow described him as "an exceptional man". His family, friends and the many people who experienced his hospitality at Idle-a-Wile will remember the open-hearted warmth of his personality.

He was born in Dannevirke, New Zealand, and was always close to his sisters June, Merian and Susan, all of whom were able to spend time with him in the final weeks of his illness. He loved his extended family – aunts, uncles, nieces and nephews – and would travel regularly to visit many of them, even though they were oceans apart. He was always very keen to celebrate special occasions or a family reunion, whether in Palmerston North, Paris, Lake Taupo or Las Vegas. Stefan explained Neville's affection also extended to his family during the 33 years they spent together. Their partnership was based on a love and friendship that did not require any formality.

Neville and Stefan met in 1979 and both had long careers with Qantas as flight stewards. Many friendships were made during that time. Both Neville and Stefan continued flying when they first opened their guesthouse. Neville retired in 1998 and when Stefan retired in 2006, Albert's restaurant was added.

Neville's cooking skills have always been legendary and with a little restaurant experience he began catering for private events while living in Sydney. His progress to Idle-a-Wile where we remember the wonderful food and hospitality also required a dedicated commitment to renovation. Stefan says a building project in Redfern prepared them for the task they undertook when they bought Idle-a-Wile in 1992. It took four years, working with Jock Laine and local tradesmen, to replace most of the decaying frames and floors to retain the integrity of the original building. Both have been actively involved in Bundanoon Visitors Group and Neville has always been available to cater for community functions. He loved occasions and many of us have celebrated important events at Idle-a-Wile.

Neville always said that there was no better education than travel and he did plenty of that while he could. When diagnosed with a malignant condition in March last year, he commented to Stefan that he felt his life was fulfilled. He'd been able to do so many things that he'd never dreamed of while he was growing up in Dannevirke.

—PD



## Hugh Vanderfield

HUGH VANDERFIELD AND his former wife Wendy began operating the Bundanoon Post Office almost 13 years ago. Hugh died on 21 March and many tributes have been received. This poem by Peter L Lach-Newinsky expresses the affection the people of Bundanoon felt for him. Wendy and their children Lincoln, Kirrilly, Chelsey and Cressida are grateful for the support

they received during Hugh's illness and while they have continued to operate the business.

### Elegy for the (Post)Master of the Milk of Human Kindness: i.m. Hugh Vanderfield 1953–2013

Too warm an equinox on a waxing moon  
between the quinces and last of the walnuts,  
the Baldwins and Belle de Boskooops, autumnal  
bees going berko on the lemons and grevillea,  
the day Mel and little Ollie went back to the Big Smoke  
on the ersatz-train bus, him proudly holding onto  
his green balloon from our newsagent Pete  
as if its unpredictable air could carry him off  
skywards, Hugh died.

The funeral Maundy Thursday and the hall  
hadn't been this chockas since Bundy blocked  
the water thieves and banned their bottles.

It was the way he said 'And your pin, Peter...'  
with that modestly theatrical offspin motion  
from the wrist towards the eftpost gadget,  
the way he stapled, explained and handed over  
your receipts as if each were precious,  
another chore he'd modestly helped resolve  
and account for in your doubtlessly cosmic day.

Never flustered by a queue, still taking his time  
with each, wit ever poised in eye and mouth.

Once I watched him count out the fifties,  
slowly, clearly, to the lean old bloke  
from the hostel collecting his disability money.  
Queue waiting, all the time in the world of jangled  
nerves and chaos. In the days he lay dying  
in Liverpool I saw the same old bloke standing  
aslant by the hall looking across at the post-office  
as a sudden caress of light rain started its sigh,  
his once medicated fidgets frisking his frame,  
the world changed, utterly lost as I was.

Inside, we stood in line heavy with the palpable  
presence of his absence, the ache in our throats  
silently reaching out to touch the humdrum relics  
he'd arranged for sale on the counter: paper, cards,  
the box for refillable cartridges. Remembering

Hugh, I think of his ongoing kind enquiries  
regarding my trees, Gawler's book on meditation  
he lent me, one Jimmy Dancer touched by another,  
but also of that world war two photo on my wall:  
a white-coated milkman carefully carrying  
his clutch of bottles through London's ruins, his face  
an enigma somewhere between Beckett and Mona Lisa.

The last time I saw him at work, grey, bent over in pain,  
he said 'Pinched nerve, wish they'd take off my head.'  
They almost did. For us, feels more like our heart.

—Peter Lach-Newinsky



## Bundanoon Lodge Bed & Breakfast

### Luxury Accommodation

Five themed spacious rooms.  
Rates from \$120 per night midweek  
including a cooked breakfast.

[www.bundanoonlodge.com.au](http://www.bundanoonlodge.com.au)

Ph 02 4883 7813 Graeme or Marie-Louise Corin  
10A Elmswood Court, Bundanoon NSW 2578

## Denise Graham JP Civil Marriage Celebrant



Weddings, Renewal of Vows,  
Committments, Namings & More...

Professional, Personal, Friendly

Phone 0421 285 359

E-mail [dmgraham@hinet.net.au](mailto:dmgraham@hinet.net.au)

# HARMONY AND HEALTH

## Massage Therapies

Remedial and Muscle Therapy  
Health Fund Rebates

**For appointment:**

**P. (02) 4883 7113**

**M. 0428 680 483**

The Osborne Centre, Suite 2 Osborn Ave, Bundanoon

# Southern Highlands Funerals

For peace of mind phone us for assistance and  
guidance as you honour a lifetime of memories

Colin & Laurelle Boland  
& Kathy Hancock

415 Argyle Street, Moss Vale

**4869 2888**



**All areas**  
**Pre-arranged Funeral Plan available**



# Southern Highlands Carriage Club: in Bundanoon since 1976

clubs

THE BUNDANOON-BASED SOUTHERN Highlands Carriage Club is one of the biggest and most active carriage driving clubs in New South Wales and has a proud history of organising innovative and successful carriage driving events.

The most recent of these were the NSW Driven Dressage Championships and the Southern Cones Competition, which is a contest held between South Africa, Australia and New Zealand. These Events were held at our grounds during April 2013 and were well supported by competitors, with some sponsorship being donated by several Bundanoon business houses as well as other local business operators.

Another recent event was the hosting of the ten-day Festival of Driving, held in April 2011 to celebrate the Australian Carriage Driving Society (ACDS) 40th Anniversary, with drivers and horses coming from six States of Australia and New Zealand. All facets of the sport were showcased with events for Show Driving, Dressage, Combined Driving, Cones Driving, Pleasure and Endurance and static displays and competition for historical vehicles. Added to these were a welcome dinner that filled the Bundanoon Memorial Hall, with club members providing catering over the full event and a "Horse Spectacular" evening held at the nearby Shibumi Equestrian Centre's indoor arena. All this was a huge endeavour by the club members and friends.

SHCC Club Members have realised a wonderful clubhouse and general equestrian facility on the 25 acres at the corner of Ferndale and Quarry roads which is shared with the Bundanoon Pony Club, and sometimes the Moss Vale Branch of the Australian Stock Horse Society, together with several other community-based organisations.

These ever-improving grounds are presently utilised in conjunction

with several community events, being the Highland Fling Bike Marathon, Winterfest 2012 Community Bonfire and also as a camping base for the many visitors to the spectacular Bundanoon is Brigadoon.

Bundanoon is a wonderful location and environment for the sport of carriage driving and the facilities and members of this club welcome seasoned participants and interested newcomers to come here and 'Have a Go'.

If you would like any further information about the Southern Highlands Carriage Club please contact John Wood: tel 4883 6859, email: [woodsies2@bigpond.com](mailto:woodsies2@bigpond.com).



Bay horse, over and down, 'bridge' marathon obstacle



Team of Shetlands or four in hand, club grounds



For quality antique and refurbished furniture, knick-knacks and household goods visit Shop 43B, Dirty Jane's Antique Market, Banyette St, Bowral - or our Bundanoon workshop, ph 4883 7988  
Check our latest stock list at [www.MontysMakeovers.com](http://www.MontysMakeovers.com)

**Bundanoon, Bowral, Turrumurra...**  
and now on the world wide web

JCG01





## Needles and Natter



NEEDLES AND NATTER, a sub-group of BCA, meets on Thursday morning at The Bundanoon Club from 10.30am and offers an opportunity for you to spend a few hours of concentrated time on your favourite hobby with friends. No phone calls – no distractions! New members are always welcome. Please contact Pat Wheaton for information, 4883 7463.




## Bundanoon Tennis Club

TENNIS IS FOR all seasons and all ages! We enjoy a membership aged from 7 to people in their mid eighties actively playing all year round. Some play competitively and some just like a social game, indeed, at our last club championships we had event winners aged 7 and people over age eighty. So if you feel the need for an active pursuit in a friendly social environment please talk to us. We encourage beginners, people who have not played for a while and experienced players of all ages to play. Call Mike Swinden on 4883 7624 for more information.

Photos: Southern Highland News





# Girls can fence!

volunteers

IN THE FIRST couple of weeks of 2013 the Eastern states of Australia were again devastated by bushfires and the call went out for assistance to farmers in need of help to overcome the devastation of burnt out and fire damaged fences in the aftermath of fires.

The Yarrabin fire as it was known by the RFS and locally as the Kybeyan Valley fire, 25 km east of Cooma, was active from 8 to 15 January and burnt out some 125,000 hectares.

BlazeAid Founder and President Kevin Butler received a call from the Mayor of Cooma–Monaro Shire seeking assistance on Friday 18 January and he immediately marshalled his team.

I was one of the many volunteers to answer that call.

There were kilometres of fire damaged fencing to be repaired

I spent my time at the BlazeAid Base, located at the showground in Nimmitabel, over a number of periods ranging from a few days to a couple of weeks between 24 January and 1 April.

BlazeAid Nimmitabel came into being on 22 January after Kevin Butler met with local farmers. Just two days later, early in the morning, the first team of volunteers started work in the paddocks.

From the township of Nimmitabel the fire affected area couldn't be seen but 15km up the Kybeyan Road black paddocks and the scorched trees of the pine plantations came into view. As we drove deeper into properties the damage became obvious. In some areas fences had been completely destroyed.

Many people think that to be able to participate as a volunteer with BlazeAid one has to be male and have a rural background. Wrong!

As a team leader I had women working with me and their presence certainly makes a big difference to farmers' wives. They appreciate having female company after such a traumatic event and often need to talk about their experiences. I had two women on one of my teams and when we adjourned to the house for lunch on the verandah they spent the whole time in a huddle with our hostess. They then joined her in the house for 'secret women's business' while they washed the dishes. When I spoke to the property owner's wife a few weeks later she said how grateful she was to have had their company.

Marie, whom I encountered as a member of a team, was 'a mere slip of a girl.' When I politely asked her approximate weight, she replied '50kg soaking wet!'. She was one of my better team members and meticulously paced the distance of the steel pickets as she laid them on the new line. She would ensure I drove them exactly where she had placed them. The farmer seconded Marie one day to act as his 'dogman', to pull fallen trees out of the way of the new fence line. She scrambled over, under, and around the big logs to attach the chain to



"Is it deep enough?"

BlazeAid is a volunteer-based organisation that works with farmers and families in rural Australia after natural disasters such as fires and floods. Working alongside the rural families and farmers, volunteers help to rebuild fences that have been damaged or destroyed.

Equally important, volunteers also help to lift the spirits of farming families who are often facing their second or third disaster. Volunteers play an important role in helping people to restore the productivity of their properties.

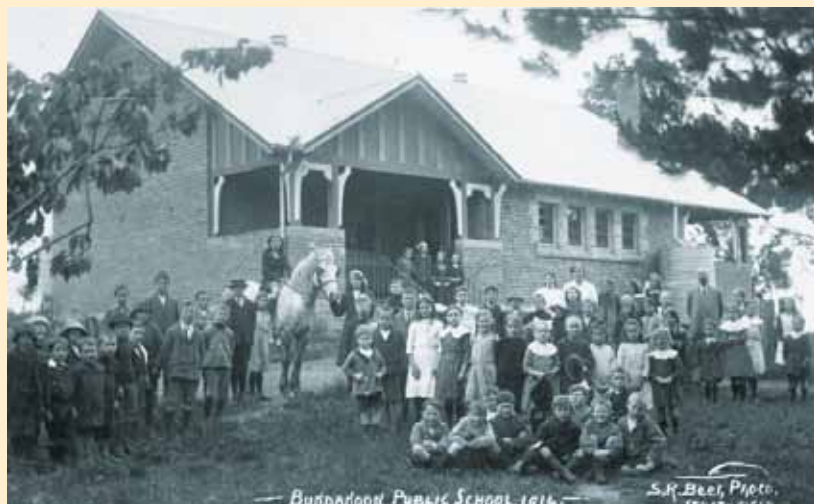
the tractor before they could be removed.

Not all jobs are physically demanding. You only do what you are able to do. If you have trouble bending or lifting then someone will help. After all it's a team effort.

As this goes to press BlazeAid Nimmitabel will have finished their job but there is still a great need for volunteers in flood-affected Queensland and this will be ongoing for months yet – well into August, depending on the weather.

By monitoring [www.blazeaid.com.au](http://www.blazeaid.com.au) you'll see where you may be able to fit in a few days helping farmers who desperately need assistance.

—Brad Parker



## School history display

THE BUNDANOON HISTORY Group is planning to open a display in the Old Goods Shed to coincide with Winterfest 2013. The display will focus on the history of Bundanoon Public School, and will incorporate some work from present pupils at the school. We hope to add to our album of class photos, as people visit the exhibition and share their recollections. Small items (pens, pencil cases, exercise books, awards etc) suitable for display in our glass case most welcome. Contact Maureen Townsing, 4883 7359.



**Ye Olde Bicycle Shoppe**  
*Established 1988*

☉ Locally roasted Rush coffee supporting  
*Coffee Kids-Grounds for Hope*

---

☉ Breakfast & Lunch ☉ Yummy Cakes & Slices

---

☉ Cold Drinks & Concoctions ☉ Bike Hire & Spares

---

☉ Arts/ Crafts & Gifts ☉ Child Friendly & BYO welcome

---

11 Church St, Bundanoon 02 4883 6043,  
 mail@yeoldebicycleshoppe.com.au

---

**OPEN 7 DAYS**



**ELEGANT WINDOW SOLUTIONS**

Curtains and pelmets  
 Swags and tails  
 Roman blinds  
 Timber venetians  
 Aluminium venetians  
 Sunscreen blinds  
 Holland blinds  
 Plantation shutters  
 Vertical blinds  
 Honeycomb blinds  
 Haberdashery  
 Fabric by the metre

**Grace McQuinn**  
**4883 7776**  
 Mobile 0428 789 021  
 Fax 4883 7778  
 Email elegant.windows@bigpond.com

Distributor of:  
**OPEN SHUTTERS™**



**SHERWOOD**  
 MACHINERY PTY. LTD. A.B.N. 14 003 931 557  
 FERNDAL RD., (P.O. BOX 6)  
 BUNDANOON N.S.W. 2578  
 Phone: 02-4883 6093  
 Fax: 02-4883 6576  
 Email: sherwoodsales@bigpond.com  
 Web Site: www.sherwoodmachinery.com.au





Small and large welding jobs  
 (onsite or at the factory)  
 Steel sales and fabrication  
 Ultimate 500 wood heater  
 Used hardwood railway sleeper  
 Gate manufacturing and installation  
 Agricultural implements

**Westonprint** PTY LIMITED



*The best in quality printing since 1863...*

- Digital & Offset Printing
- Company Reports
- Full Colour Glossy Brochures
- Presentation Folders
- Office Stationery
- Annual Reports
- Raffle Tickets
- Business Cards
- Receipt Books
- Graphic Design
- Newsletters
- Magazines
- Calendars
- Posters

**PRINT LOCAL  
 ... FOR JOBS  
 BIG & SMALL**

57 Shoalhaven St, Kiama NSW 2533  
 P: 4232 1999 | F: 4232 3185





Highlands Chauffeured Hire Cars

**Airport Transfers • Winery Tours • Corporate Travel •  
Weddings • Theatre, Opera, Sporting Events •  
Sydney, Canberra & Southern Highlands  
Vehicles for all occasions**



*At Your Service  
24 hours a day & 7 days a week*

**Contact HCHC**

**P: 02 4872 3038 • M: 0400 921 239 •**

E: [info@hchc.com.au](mailto:info@hchc.com.au) • W: [www.hchc.com.au](http://www.hchc.com.au)



## Quest for Life Centre

### Your own country retreat

Are you planning or attending a special event in the Southern Highlands and looking for somewhere different to stay?

The Quest for Life Centre is well known as a residential retreat set in 9 acres of secluded and tranquil grounds. It is now also available for private hire. Perfect for a family wedding party or for a group of friends to stay together.

Accommodation is provided in two lodges which combined can accommodate up to 24 people. There are four ensuite bedrooms in each lodge. Both lodges also have communal living rooms with tea and coffee making facilities. All rooms are centrally heated and comfortably furnished. Wool doonas and electric blankets are provided.

**for rates and bookings please call 4883 6599  
or email [admin@questforlife.com.au](mailto:admin@questforlife.com.au)**

Quest for Life Centre | Ellsmore Road, Bundanoon  
[www.questforlife.com.au](http://www.questforlife.com.au)





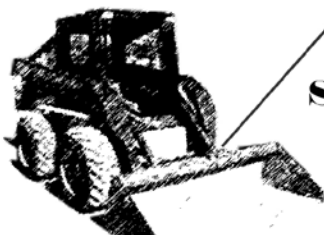
## Are your roof gutters blocked and overflowing?

Don't risk a fall cleaning out your gutters/valleys. Let **Gutter-Vac** clean your gutters while you rest assured the job will be done safely and professionally.

Call your local **Gutter-Vac** on **0447 771 840** for a free quote.

## BOBCAT & TIPPER HIRE

Simon Dickson  
BUNDANOON



LANDSCAPING  
DRIVEWAYS  
SITE LEVELLING  
POST & PIER HOLES  
RUBBISH REMOVAL

**Small or Large Jobs**

Phone / Fax **4883 7037**

Mobile **0412 929 892**

email: [simondickson@iprimus.com.au](mailto:simondickson@iprimus.com.au)

## S & J Osmond

Painting and Decorating



Stephen J Osmond  
Managing Director

(02) 4883 6562  
0412 297353

"Ben Nevis Gate"  
1 Garland Road  
BUNDANOON  
NSW 2578

## HOME & GARDEN LANDSCAPING & REPAIRS

- Brickwork and stone work
- Paving and rendering
- Garden walls and all repairs

Please call Terry Walsh:

**0432 215 901** OR 4884 4345 (A.H.)

## G&J Fellows Home Improvements

Garry Fellows

- tiling
- kitchens
- gyprocking
- wardrobes
- carpentry

Mobile: 0416 084 659  
AH 02 4883 4813



**GREENFIELD  
ELECTRICAL SERVICES**

**Power line design, construction & commissioning**

Country Energy accredited and authorised

Integral Energy accredited and authorised

Ph: **02 4226 1871** Fax: **02 4226 3975**

Contact **BRIAN GREENFIELD** on Mob: **0412 310 700**  
or **PATRICK GREENFIELD** on Mob: **0412 422 858**

Quote area: Southern Highlands & South Coast

## DEBORAH BUCHANAN

### *Accountant • Tax Agent • JP*

All tax returns, prompt tax refunds, BAS preparation, GST & FBT related issues, small business specialist, primary production accounting.

6/256 Argyle St, Moss Vale

(PO Box 577, Moss Vale 2577)

ph) **02 4868 1366**

fax) **02 4868 1466**

mob) **0405 159 329**





## CWA report

"COME TO THE Kasbah" says an invitation we received from the CWA Wollondilly Group – and it continues – "wear your most exotic caftans or djellabas!"

Now, I ask you, how can one resist such an invitation? I'm rummaging through my wardrobe already! And best of all, if I wear a veil or two, no one will guess I'm over 70.

CWA this year is studying the Kingdom of Morocco – hence the exotica! The International Officer Ania Grafton, our President Kath Smith and other CWA ladies of our district went all the way to Manly in April to have lunch at the Moroccan restaurant, 'Out of Africa'.

A stylish place – delicious food and the pouring of tea and coffee was quite an art form! Some gentlemen went along also and were delighted with the experience.

I must stay a member of CWA until we study Hawaii. I still have that grass skirt and coconut bra somewhere!

Our 'Lady Crafters' presented a table full of goodies in April- old cards made into beautiful new ones for different occasions. This is one of the many enjoyable activities we do on Thursdays from 10.00am before the meeting starts at 1.00pm.

This year the State Conference will be held in Moree. Margaret McNulty is going as our Bundanoon representative. This is not the first time for Margaret, and she always comes back with interesting news.

'Biggest Morning Tea', always a good draw card, was held on Thursday 23 May.

We are all looking forward to participating in Winterfest activities again. Two street stalls with cakes, and handicrafts will be held on Saturday 29 June and Saturday 6 July and we will also hold a decoupage workshop at the CWA rooms. Check for date and time in



Bundanoon President Margaret McNulty, Wollondilly Area President S. Garrett, Francesca Gunesch and Mrs Gloria Schultz AOM celebrating International Day and our 85th birthday.

the Winterfest brochure. Last year's workshop was very successful.

Doors open around 10.00am to welcome anyone who would like to join our craft group. We are always looking for new ideas. The room is warm with friendship and love.

May you always have a good friend!

—Francesca Gunesch, Publicity Officer  
Contact: Kath Smith, 4883 6919

PLEASE NOTE: CWA Meetings are now held on THE SECOND THURSDAY OF THE MONTH at 1.00 pm. We all hope this change will encourage new members or visitors to attend.

**BUNDANOON CHINESE RESTAURANT**

常聚軒

LUNCH 11.30 AM - 2.30 PM  
DINNER FROM 5 PM  
CLOSED MONDAY LUNCH ONLY  
Phone ahead for special dishes and banquets  
**(02) 4883 6368**  
21 RAILWAY AVE. BUNDANOON

**RELIABLE ROOFING SERVICES**  
(NSW) Pty Ltd

\* Personalised Service \* Reasonable Prices

- \* **Roof Plumbing**
- \* **Roof Tiling**
- \* **All Roof Repairs**

OFFICE	4869 5340
FAX	4869 5342
MOBILE	0407 061 529
Showroom	3 Railway Street Moss Vale

### FIRST AID & CPR EMERGENCY ASTHMA AND ANAPHYLAXIS COURSES

SAMANTHA CATT  
**0427 726 228**  
PARASOL EMT ACCREDITED

Come and see us for your:

✿ **PLANTS & GARDEN NEEDS**

✿ **GIFTS & HOMEWARES**

✿ **GARDEN FURNISHINGS**



**OPEN THURS-SUN**

**+ public holidays**

**9am-4pm**

**or by appointment**

**Contact Ian or Allan: 4883 7859**  
**29 RAILWAY AVENUE, BUNDANOON**



**Anglican Parish of Sutton Forest**



## **Church Services**

Every Sunday at ...

Bundanoon Holy Trinity 9am & 5.30pm

Exeter St Aidan's 9.30am

Tallong St Stephen's 10am

Sutton Forest All Saints' 1st, 3rd, 5th Sundays at 11am

All Saints' 2nd & 4th Sundays at 2pm

PARISH COMBINED SERVICES:

30/6/13 Church in School (Bundanoon PS) at 10am

27/10/13 Confirmation Service (Bundy PS) at 10am

**[www.parishofsuttonforest.com](http://www.parishofsuttonforest.com) Phone: 4883 6019**



# **SUSAN PLAYFORD**

**LICENSED PROPERTY CONVEYANCER**

*A MEMBER OF THE AUSTRALIAN INSTITUTE OF CONVEYANCERS*

**BUYING OR SELLING PROPERTY?**

**YOU NEED A LOCAL CONVEYANCER TO HANDLE THE LEGAL WORK**



**Competitive Fees**

**Efficient Personal Service**

**Local Knowledge**

**4862 5406**

**Fax: 4862 5405**

**Suite 10, "The Mews" 11-13 Bundaroo St Bowral**



# Activities and services

## Activities

Arts Bundanoon.....	Greg Slater.....	4883 7484
Bundanoon Community Association (BCA)		
President.....	Ralph Clark .....	4883 7196
Bundanoon Pre-School		
Director.....	Deni Harden .....	4883 6166
Committee.....	Carolyn Beveridge.....	4883 7273
Bundanoon Public School P&C.....	Jeremy Tonks .....	4883 6019
Bundanoon Visitors' Group .....	Harry Hull .....	4883 6372
Chess Club.....	Pat Foley .....	4883 6064
Country Women's Association ( <i>meets 1st Thurs, 1 pm, CWA Rooms</i> ):		
.....	Kath Smith .....	4883 6919
Currabunda Wetland Group ( <i>meets 1st and 3rd Friday</i> )		
.....	Ralph Davies .....	4883 6659
.....	Alan Hyman .....	4883 7763
Garden Club.....	Ross Miller .....	4883 4606
Glow Worm Glen Track Cttee .....	Anna Perston.....	4883 6125
Green Team.....	John Wood .....	4883 6859
History Group ( <i>meets 1st Monday, 10 am, The Bundanoon Club</i> )		
.....	Marianne Ward .....	4883 6082
Lions Club.....	Les Johnson.....	4883 6918
Men's Shed ( <i>meets 1st Tuesday, 10am, 11 Burgess St</i> ):		
.....	Evan Smith, President.....	4883 6753
Morton Nat. Park Volunteers ( <i>meets 2nd Wednesday</i> ):		
.....	Alan & Wendy Hyman .....	4883 7763
Playgroup .....	Karen Granger.....	4883 6884
RSL ( <i>meets 1st Tues (exc. January), 3 pm, The Bundanoon Club</i> ):		
.....	Lee Borradaile .....	4883 6790
.....	or Murray Loane .....	4883 6709
Serendipity: the choir .....	Kerith Fowles .....	4883 6515
The Bundanoon Club .....	Sandra Nicholls.....	4883 7227

## Sports Clubs

Bowls (Men).....	John Witney .....	4883 7356
Bowls (Women) .....	Margaret Alaban.....	4883 7560
Cricket.....	Jeff Mitchell .....	4883 6528
Croquet .....	Leila Merson .....	4883 6571
Golf Croquet .....	Neill Ustick .....	4869 5152
Pony Club.....	Gale Pritchett .....	4883 7195
Rugby .....	Marcus Fenwick.....	0427 639 612
Soccer .....	Sue Roseworne .....	4883 7219
Swimming.....	Nanette Moroney .....	4883 7152
Tennis .....	Mike Swinden .....	4883 7624

## Support & Volunteer Services

Community Health Service.....	Bowral .....	4861 8000
Early Childhood Clinic .....		4861 8000
<b>Fire Station.....</b>		<b>4883 6333</b>
Good Yarn .....	Marilyn Rocca .....	4883 6542
Meals on Wheels .....	Fay Carter .....	4883 7441
Mobile Library .....	Moss Vale Library .....	4868 2479
Red Cross (Exeter branch).....	Anna Hopkins .....	4883 4259
Rural Fire Service (RFS) .....	Craig Rowley .....	0427 511 837
RFS Auxiliary .....	Rosemary Page .....	4883 6499
RSPCA (Goulburn/Highlands) .....		0412 475 428
Volunteering Wingecarribee .....	Judi Rose .....	4869 4617
WIRES.....		4862 1788

• To change details, please contact Pam Davies, 4883 7196.

## Church times

### Anglican Parish of Sutton Forest

<b>Holy Trinity, Bundanoon</b> .....	Sunday, 9.00 am, 5.30 pm
<b>St Aidan's, Exeter</b> .....	Sunday, 9.30 am
<b>St Stephen's, Tallong</b> .....	Sunday, 10 am
<b>All Saints, Sutton Forest</b> .....	1st, 2nd & 3rd Sundays, 11am
.....	4th Sunday, 2.30 pm

### Uniting Church

<b>Bundanoon</b> .....	4th Sunday, 11am
Mid-week service & lunch, Thurs, 12.30pm (bring sandwich)	
<b>Moss Vale</b> .....	Sunday, 9.30 am

### Catholic Church

<b>St Brigid's Bundanoon</b> .....	1st, 3rd & 5th Sundays, 5 pm
.....	2nd & 4th Sundays, 8 am
<b>St Paul's, Moss Vale</b> .....	Sat, 6pm & Sunday, 9.30am

### Iona Christian Community, St Patrick's, Sutton Forest

2nd, 4th and 5th Sundays .... 10.30 am

## Santi Forest Buddhist Monastery

100 Coalmines Rd, Bundanoon, ph 4883 6331

Saturdays 7pm – Group Meditation

Wednesdays 7pm – Talk on the Buddha's Teachings

## Advertising in jcg – 2013

TYPE OF ADVERTISEMENT	SIZE (WxH, mm)	BLACK & WHITE per issue	COLOUR per issue
Business card	93x52	\$43	\$68
Quarter page horiz.	190x52	\$87	\$125
Quarter page vertical	93x134	\$87	\$125
Half page horizontal	190x134	\$162	\$210
Half page vertical	93x273	\$162	\$210
Full page	190x273	\$316	\$390
Full page bleed	220x307	\$316	\$390

Rates for premium positions available on application.

## Artwork

Finished artwork may be supplied in TIF, JPG or PDF format. Artwork in other formats may attract a processing charge. If you prefer, we can professionally design and lay out your advertisement at very reasonable rates.

Please contact Wayne Todd for enquiries or bookings:  
phone 4883 6744 or 0427 113 995,  
email: wayne@toddsrealestate.com.au



# Bundanoon Pharmacy

Bhavit Goradia and Nishnil Singh

## ph 4883 6220

9 Railway Ave, Bundanoon

## C. F. DAVIES & CO

*Solicitors & Conveyancers*

300 Argyle Street  
Moss Vale NSW 2577

Phone: 4868 1944

Fax: 4868 1043

Email: robin.croker@optusnet.com.au

**Principal: Robin Croker**

*The Bundanoon*  
**BUTCHERY**



MAKE US YOUR FAMILY BUTCHER ☎ 4883 6319

The Bundanoon Butchery offers competitive prices and service with a smile on a wide range of products so why not make Anthony your family butcher.

- \* Top quality local meats
- \* Fresh, grass fed beef
- \* Superior small goods
  - \* Free range eggs
- \* Bulk orders welcome

Phone: 4883 6319

**Elsie Dwyer's  
BISTRO / CAFÉ**  
 (Next to bakery near railway station)  
 Shop 3, 1 Church St, Bundanoon

- ✿ All day breakfast, lunches and brunch  
(Closed Wednesdays)
- ✿ Family friendly courtyard & BBQ
- ✿ Home-style fresh food with a 'retro twist'
- ✿ Menu changes with the seasons
- ✿ **TAPAS** Friday and Saturday night from 6:00pm. (Booking essential please)  
Ph: 0458-396-017 or call in.
- ✿ Private dinner parties by appointment for 8 to 15 people. "Have the venue to yourself."  
Locals and visitors welcome.



BYO OLÉ  
 "Meet you at Elsie's"

*'Craftsmen  
in  
Parquetry Floors'*



- Traditional and Timeless Parquetry
- Unique Parquetry Floors with Elegant Borders
- Tongue and Groove Flooring
- Individually Custom Design Floors
- Floor Sanding and Polishing

Alex Mabberly  
**Mobile:** 0408 606 628     **Telephone:** (02) 4883 7281  
 Showroom ~ Open by Appointment



**Shibumi Equestrian Centre**



'Shibumi' Equestrian Centre have certified instructors who understand the different needs of riders, depending on age & ability. We offer a safe, fun and educational environment in which children and adults learn how to ride and care for horses.

We also offer:

- lessons for all ages & abilities
- kids school holiday camps
- agistment & spelling
- safe double railed fencing
- paddock shelters
- lots of fresh drinking water
- showjumping & x-country jumps
- indoor & outdoor arenas
- training of riding & driving horses
- horses & ponies started in harness
- professional equestrian management

**FERNDAL RD, BUNDANOON    CALL: SHERYL 0410 536 755**




**www.shibumiequestriancentre.com.au    (02) 4883 7136**





## Bundanoon Massage Therapy

Massage Therapy for Health & Wellbeing

Swedish Massage  
Remedial Massage  
Trigger Point Therapy  
Sports Therapy

**Jana Tallon (Dip RM)**  
Remedial Massage Therapist

Approved for Health Fund Rebates  
AMT accredited member 1-6859

**4883 6596**

Chiropractic & Allied Health Centre  
3 Hill Street, Bundanoon

**three's a crowd.**  
come join the party.

**1**

home is  
where the  
coffee is.

*coffee culture*

Empire Cinema Complex  
Bong Bong Street Bowral

**2**

two cups  
are better  
than one.



BDCU Building  
Bong Bong Street Bowral

**3**

man can  
live on *our*  
bread alone.

*coffee culture bakery*

Church Street  
Bundanoon

**BUNDANOON  
PIZZA  
& PASTA**

**Open  
Thurs-Sun  
5.00-8.30pm**

**37 Railway Ave,  
Bundanoon**

**4883 7733**

## Key Computers

Unlock The Potential

*Professional support with ongoing backup for all your  
business and personal computer needs.*



Web Site Hosting and Authoring  
Hardware sales and installation  
Software sales and installation  
ADSL installation and Troubleshooting  
Virus detection and removal  
Disaster prevention and data recovery  
Network installation, management  
and troubleshooting



**Ring Brian Miller**

4883 4311  
0414 692 791

[brian@keycomputers.com.au](mailto:brian@keycomputers.com.au)  
[www.keycomputers.com.au](http://www.keycomputers.com.au)

*HOUSE OF M* **ABBERLY**

Secretarial & Administrative Services

*Ruthi M* abberly

Mobile: 0428 606 628  
Telephone: (02) 4883 6042  
Email: [houseofmabberly@optusnet.com.au](mailto:houseofmabberly@optusnet.com.au)

## advertising index

### ACCOMMODATION

Bundanoon Lodge .....	44
Idle a Wile .....	60
Mildenhall Guesthouse .....	42
Ravensworth Motel .....	62
Treetops .....	61
Yallambee .....	6

### AUTOMOTIVE

Allan Mackay Autos .....	60
Petersen's Garage .....	40

### CAFES, RESTAURANTS, BARS

Bundanoon Chinese Restaurant .....	51
Bundanoon Hotel .....	12
Bundanoon Pizza & Pasta .....	55
Coffee Culture .....	55
Elsie Dwyer's Café .....	54
Exeter General Store .....	61
Exeter Studio .....	14
Lauren's Café .....	63
The Bundanoon Club .....	63
The Primula Café .....	7
Ye Olde Bicycle Shoppe .....	48

### CONSTRUCTION & TRADES

AJ's Parquetry .....	54
A Nosworthy Plumbing .....	59
Alan Weston Signs .....	58
Aquafix Plumbing Services .....	59
Bundanoon Electrics .....	57
Chimney Sweep / Gardener .....	57
Chris Bromfield, Electrical Contractor .....	12
Don Turner's Earthworks .....	58
G&J Fellows Home Improvements .....	50
Gibraltar Constructions .....	59
Greenfield Electrical Services .....	50
Handy Mick .....	6
J A Wellington Haulage .....	58
Peter McGrath, Rural Contracting .....	58
Reliable Roofing Services .....	51

Rundle's Plumbing .....	42
S&J Osmond Painting and Decorating .....	50
Sherwood Machinery .....	48
Simon Dickson, Bobcat and Tipper Hire .....	50
Worner's Haulage .....	58

### EDUCATION & RELIGION

Anglican Church .....	52
First aid courses .....	51

### EVENTS & RECREATION

Highlands Chauffeured Cars .....	49
Moss Vale Travel .....	12
Shibumi Equestrian Centre .....	54

### GOVERNMENT REPRESENTATIVES

Pru Goward, MP .....	56
----------------------	----

### HEALTH & BEAUTY

Bundanoon Cutting Cottage .....	12
Bundanoon Massage Therapy .....	55
Bundanoon Medical Centre .....	4
Bundanoon Pharmacy .....	53
Buttermilk Counselling .....	6
Chiropractic & Allied Health .....	4
Harmony and Health Massage .....	44
Highlands Podiatry .....	6
June-Rose Beauty Therapy .....	7
Quest for Life Foundation .....	49
Solar Springs .....	3

### HOUSE & GARDEN

Above All Arbor .....	59
Annette's Florist .....	42
Belisa Cashmere .....	40
Bundanoon Bloemery .....	52
Elegant Window Solutions .....	48
Gutter-vac .....	50
Highland Sand & Gravel .....	57
Highlight the Shutter People .....	60
Home and Garden, Landscaping .....	50
Jacqueline Cory, Curtain Making .....	42

Monty's Makeovers .....	45
Nest & Burrow .....	5
Pineleigh Plants .....	61
Reid Brothers Fine Furniture .....	22
Tankar Self Storage .....	58

### MAIN STREET RETAIL

Australia Post .....	40
Bundanoon Butchery .....	54
Bundanoon Newsagency .....	5
Bundanoon Supermarket .....	7
Pioneer Flask .....	42

### PETS

Bundanoon Vet .....	58
Comfort Pet Grooming .....	59
Southern Highlands Veterinary Centre .....	60

### PROFESSIONAL SERVICES

Braeside Legal .....	14
Brian Salway, Accountant .....	22
C.F. Davies Solicitors .....	53
Deborah Buchanan, Accountant .....	41
Denise Graham JP, Celebrant .....	44
Gary Antaw, Surveyor .....	42
House of Mabblerly Secretarial .....	55
Dr John Salmon, Dentist .....	6
Key Computers .....	55
Marija Higley, Mobile Lawyer .....	40
Richard Reading, Lawyer .....	42
Rick Mandelson, Accountant .....	4
Southern Highlands Funerals .....	44
Susan Playford, Licensed Conveyancer .....	52
Westonprint .....	48

### REAL ESTATE AND FINANCE

Bundanoon Real Estate .....	64
Highlands Rural Real Estate .....	22
Jordans Crossing Real Estate .....	8
Paul Walker, Finance Experts .....	56
Todds Real Estate .....	2

Home Loans  
Personal Loans  
Business Loans  
Investment Loans  
Reverse Mortgages  
Car & Equipment Finance

**Paul Walker**  
**0403 804 000**

Cert IV Financial Services (Mortgage Broking)  
B. Bus (Marketing)



The Finance Experts Pty Ltd  
PO Box 465 Bundanoon NSW 2578  
thefinanceexperts@pawjaw.com.au



**PRU GOWARD MP**  
**Member for Goulburn**

**Please let me know if I can be of assistance with any State issues**

Phone, write or send me an email to:

288 Bong Bong Street, Bowral 2576

PO Box 684, Bowral 2576

Tel: (02) 4861 3623 Fax: (02) 4861 3546

Email: [goulburn@parliament.nsw.gov.au](mailto:goulburn@parliament.nsw.gov.au)

**I look forward to hearing from you**





## The Complete Chimney Sweep

**FROM BOTTOM TO TOP  
I DO THE LOT!**

Chimney cleaning  
Domestic gardening  
Lawns and hedges  
Chainsaw work  
Pressure washing  
Rubbish removal  
Handyman services

**FOR AN HONEST RELIABLE JOB**

Service & Repairs  
Highlands & Beyond

Call Brad Harvey  
**0405 490 072**

chimneysweepgardener@hotmail.com

ABN 85 630 661 331 Fully Insured  
15 Years Experience



## BUNDANOON ELECTRICS

Small Job Specialist

**JEFF PHILLIPSON**

jeffaintree@bigpond.com

GOLD CARD LIC NO. EC40028

**0418 670 176**

**4883 4431**



## Highland

# SAND & GRAVEL

NOW AT 3 HANDY LOCATIONS

**\*PENROSE** - 897 PENROSE RD (OPP RAILWAY STN)

Trading hours: Mon to Fri 7.30am - 5pm Sat 8.30am - 2pm

**PH 4884 4478**

**MOSS VALE** - 22 PARKES RD

Trading hours: Mon to Fri 7am - 5pm Sat 7am - 12pm

**PH 4868 2491**

**MITTAGONG** - LOT 1 INKERMANN RD

Trading hours: Mon to Fri 7am - 5pm Sat 7am - 12pm

**PH 4872 4493**

\*Hardware | Cement, sand & gravel | Pebbles & granite | Soil & compost | Fertiliser & mulch  
Firewood | \*Stock feed | \*Vet & ag chemicals | \*Irrigation and plumbing materials | etc

\*Available at Penrose

**PMcG**  
**PETER MCGRATH**  
 Rural Contracting

Farm Maintenance & Caretaking  
 Fencing - Rural & Domestic  
 Dog Yards  
 Poultry Yards  
 Shelter Sheds & Stables  
 Water Troughs & Piping

Specialising in Farm  
 Maintenance, Repairs and  
 Construction

Phone: 02 48 837 337  
 Mobile: 0400 422 847

**WORNER'S HAULAGE**

Tipper Hire  
 Front End Loader Hire – Bulk Haulage  
 Rubbish Removals

Supplies of Roadbase,  
 Sand, Aggregate,  
 Top Soil, Clean Fill, etc.

**QUALITY MATERIALS, RELIABLE SERVICE**

Dean Worner Phone: 0410 646 039  
 PO Box 250, Bundanoon 2578 A.H: 02 4883 6039



**TRADES &  
 SERVICES**

**BUNDANOON VET**  
**KEN DAVIDSON**  
 Railway Avenue, Bundanoon – Ph 4883 6117

**HOURS:** Wed 2:30–4:00pm & Sat 9:30–11am

Home visits by appointment

**EMERGENCY – Ph 4868 1766 – ALL HOURS**

BERRIMA DISTRICT VET HOSPITAL  
 & ARGYLE BOARDING CATTERY  
 530 Argyle Street, Moss Vale 2577

**Alan Weston**  
**Signs**

*Since 1987*

- ★ VEHICLES ★ SHOPFRONTS
- ★ PROPERTY SIGNS ★ A-BOARDS
- ★ BANNERS ★ AIRBRUSH
- ★ DIGITAL PRINTING
- ★ TRADITIONAL SIGNWRITING

**0419 436 088**  
**AH 4841 0422**

10 Stringy Bark Ave. Tallong

westonwag@bigpond.com

**J.A. Wellington**  
 Bulk Haulage & Rural Contracting



- FOR ALL PLOUGHING & DIRECT DRILLING NEEDS
- TIPPER HIRE • TRACTOR HIRE • SLASHING & MULCHING
- WATER TRUCK HIRE • BOBCAT HIRE
- SAND & GRAVEL SUPPLIES • HOURLY HIRE



**0418 480 152** Penrose  
 Email: nugget68@bigpond.com **4884 4116**

*For Bulk Haulage & Water Truck Hire Call*

**Tankar Self Storage**  
 In the Southern Highlands



Phone: 4872 1679  
 www.tankar.com.au  
 Lots 2, 10 & 19 Priestly St, Mittagong

**EarthWorks**

Don Turner

Ph 4884 4472 Mb 0418 478 689 PO BOX 375 BUNDANOON

**For all your earthmoving needs**



## COMFORT PET CLIPPING

A clip/bath/groom service for cats and dogs.

A long-standing grooming service

Now conducted from newly established  
'Groom Room' at Berrima District Vet Hospital  
in Moss Vale

Telephone: 4868 1766 or 4883 6117



ABOVE ALL ARBOR

Superior Tree Care

STUART GRIFFITHS - ARBORIST  
0419 272566



**Aquafix**  
PLUMBING SERVICES

### General Plumbing & Maintenance 24 HOUR EMERGENCY PLUMBING SERVICE

Hot Water • Gas Fitting  
Blocked Drains • Water Tanks &  
Pumps • Guttering • Pipe Locator

Delivering on time service  
and clean up on completion

Servicing all towns and villages  
of the Southern Highlands

**Luke Rundle**  
**0428 836 479 or 02 4883 7771**

E: [info@aquafix.com.au](mailto:info@aquafix.com.au) ABN: 52 148 862 631 Lic: 247229C

**[www.aquafix.com.au](http://www.aquafix.com.au)**

**A NOSWORTHY**

**PLUMBING**

**QUALITY WORK IN  
THE HIGHLANDS**

- PLUMBER • DRAINER
- GAS FITTER • ROOFER
- INDUSTRIAL • COMMERCIAL
- DOMESTIC • RURAL
- & GENERAL MAINTENANCE

**Ph 4884 4452**  
**or mobile 0428 492 046**

**Bundanoon**

Lic# L14729



**GIBRALTAR**  
CONSTRUCTION

Over the past six years  
Gibraltar Construction  
has earned a sound  
reputation for excellence  
within the building industry, producing quality award  
winning homes and commercial properties in the  
Southern Highlands and surrounds.



**[www.gibraltarconstruction.com.au](http://www.gibraltarconstruction.com.au)**

Jason Hines: 0415 729 554



# HiGLiGHT

THE SHUTTER PEOPLE

02 4883 7776

0428 789 021



IDLE A WILE  
2 PENROSE RD BUNDANOON  
NSW 2578 AUSTRALIA  
02 4883 6822

BED & BREAKFAST ACCOMMODATION

[www.idleawile.com.au](http://www.idleawile.com.au)

24 HOUR  
EMERGENCY  
SERVICE

Vets:  
Bill Beresford BVSc  
Charlie Carter BVSc Hons  
Chris Watson BVSc  
Alex Johnston BVSc



472 Argyle St Moss Vale 2577

02 4868 1310

## FAMILY OWNED AND LOCAL FOR OVER 35 YEARS

ŠKODA



PEUGEOT  
MOTION & EMOTION



Three premium European brands  
in one great location.  
*Call in and see us today.*

# Allan Mackay Autos

[www.allanmackayautos.com.au](http://www.allanmackayautos.com.au)

241–245 Argyle Street,  
Moss Vale | 4869 1100





**EXETER GENERAL STORE**  
*the heart of the village*

**POST OFFICE BOXES  
NOW AVAILABLE**

**OPEN 7 DAYS**  
**CAFÉ • POST • STORE**

**Tel. 4883 4289**  
cnr Exeter and Middle Rds



**A Fine Dining Experience**  
from Monday–Saturday nights  
(pre-booking essential)

**BYO**

**Sumptuous High Teas**  
(served with a glass of champagne)  
**and Devonshire afternoon teas available**  
(pre-booking essential)

**Special accommodation rates**  
for Bundanoon families visiting

---

101 Railway Avenue, Bundanoon 2578 ♦ Tel: 4883 6372



**PINELEIGH PLANTS**  
**WHOLESALE / RETAIL NURSERY**

**OPEN TO THE PUBLIC**  
8:30am–3:00pm  
1st and 3rd Saturday of the month  
(from October–April)  
OR BY APPOINTMENT

**Great range of locally grown plants  
at the lowest prices**

140mm pots from \$5 each  
200mm pots from \$10 each

Jeffery Lane, Wingello (off Kareela Road)  
**0478 202 610**  
pineleighplants@realcomaust.com.au



# Sylvan Glen

GOLF



## Sylvan Glen is Bundanoon's local 9 hole golf course

- ❖ A relaxing course to play 7 days
- ❖ Full or half year memberships available on our NSWGA accredited course from only \$130 – a great present!
- ❖ Club and cart hire available – No need to book
- ❖ Social play only \$15 for 9 or 18 holes

*Sylvan Glen Country House and Golf Course, 570 Kareela Road, Penrose. 10kms south of Bundanoon, off Penrose Road. Signposted or call (02) 4884 4306.*



## The Ravensworth at Bundanoon

Formerly the Bundanoon Motel, The Ravensworth is currently undergoing full renovations.

We're on track to open the restaurant in the Autumn for carvery dinner and lunch on Fridays and Sundays and weekend buffet breakfasts.

The food will be simple, traditional and of course delicious! A ploughman's lunch or slow braised beef and ale pie and a drink in the beer garden sound good?

Our 20 en-suite rooms are also being revamped so consider us when you have a gathering at home for the overflow of your guests. There's a 5% discount to guests being referred by residents of Bundanoon.

As the Ravensworth is run by those lovely people from Sylvan Glen(!) we are experienced co-ordinators of weddings, functions and conferences too so just ask if you are interested in any information in the future.

Tel: (02) 4883 6068

Website coming soon...





What's on at  
The Bundanoon Club  
See p41 for more

### Regular Activities

**Mondays:** Bingo from 11.00am with cash prizes.

**Tuesdays:** Tai Chi classes till April. Cost \$15.00/week.

**Wednesday:** Darts, Poker, Raffles, Badge draw and Jokers Wild from 6.00pm

**Friday:** Raffles, Badge Draw. Last Friday of month is our end of month draw.

### Bistro on the Green

Meet the new team and try their "fresh, seasonal and always delicious" food.

**Bistro on the Green is open for dinner Wed-Sat and lunch Wed, Thurs and Sat.**

### Bowls & Croquet for all

Come along and play or learn how. Free tuition is available.

[www.bundanoonclub.com.au](http://www.bundanoonclub.com.au)  
**ph 4883 6174**

THE BUNDANOON CLUB  
PRESENTS'  
**CHRISTMAS IN JULY**  
"WINTER FEAST DINNER"  
FRIDAY JULY 5TH, 2013  
7.00PM



With  
*David Newman*  
"Sounds of the 60's and 70's  
Classic hits"

Tickets \$38.00 each from  
The Bundanoon Club and Todds Real Estate

THE BUNDANOON CLUB:  
4883 6174  
TODDS REAL ESTATE:  
4883 6744

# Lauren's Café

## General Store and Post Office



### OPEN 7 DAYS

Breakfast menu • Hot foods • Sandwiches

Children's sandwiches and meals

Homemade scones and muffins

Full range of hot and cold drinks, including freshly squeezed juices

Plus Lauren's Vinaigrettes, selected deli lines, seasonal vegetables and local free range eggs



### CAFÉ OPEN

**Saturday and Sunday:** 8:30am–3:00pm

**Monday and Tuesday:** 8:30am–2:00pm

**Wednesday to Friday:** 8:30am–4:00pm

### STORE OPEN

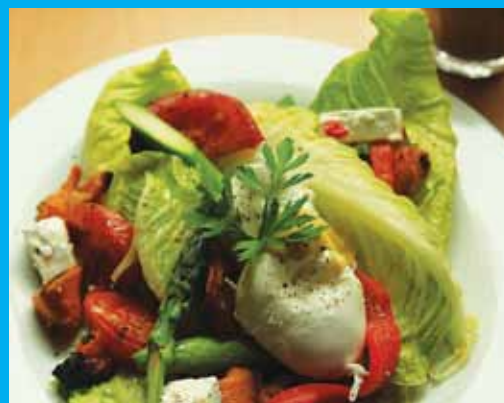
**Saturday and Sunday:** 8:30am–2:00pm

**Monday to Friday:** 8:30am–4:00pm

901B Penrose Rd, Penrose • Tel: 0438 844 268

### Seasonal Dinners

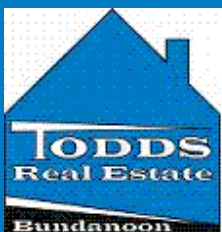
On the last Saturday of each month, beginning 30 June, you can enjoy a delicious a la carte dinner at Lauren's. The menu will feature the best seasonal produce, with a choice of dishes for each course. Call for details and bookings.



# TODDS REAL ESTATE EXPANDS



It is our great pleasure to announce that Todds Real Estate of Bundanoon have purchased Bundanoon Real Estate from Mr. John Byrne who has decided to retire. What this means is that your property will now be listed with the largest most professional and above all most successful agency in Bundanoon. We have three dedicated property managers and three outstanding sales consultants, including the business owners Wayne and Mechelle Todd, in our newly renovated office. Mechelle is the longest serving agent in Bundanoon with over 16 years' experience operating from our current address and she has seen several others come and go in that time. Todds Real Estate has more listings attracting more purchasers so that your property will receive maximum exposure. Couple this with our vast network of contacts, superior photography and new website and you will agree that there really is only one choice when appointing a Bundanoon agent to sell, rent or lease your property. The team at TODDS RE would like to wish John and Jenny all the best for the future.



**TODDS REAL ESTATE, *Bundanoons' most trusted agents***

**Phone: (02) 4883 6744**

**Drop in at: 17 Railway Avenue Bundanoon NSW 2578**

**Or Visit Our Website: [www.toddsrealestate.com.au](http://www.toddsrealestate.com.au)**