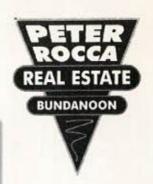




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Editor's notes



Telcome to the first issue of JCG for 2003.

This edition has a definite food and food people theme. A highlight of this for me was interviewing Kelly from Bundanoon's Chinese Restaurant. It was a pleasure meeting with her and her family.

We've had terrific response to our People pages, Shared Table and other regular features. We'll continue these topics and appreciate other ideas.

I spent a lot of time on the cryptic crossword and it would be helpful to know if there are more than four people out there who actually attempt it!

In a future issue we hope to focus on music and literature. The success of Bundanoon Voices is one example of the talent that exists in our community. We would like to hear about other cultural pursuits of our townspeople.

BCDA is looking for more members, particularly those with fundraising suggestions. Please bring them along to our AGM on 20 March.

See you at Brigadoon!

DM

cover this issue...

Kelly's gang photographed by Philip Streets.

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this issue...



happy 21st birthday village nursery

24



shared table

15

20, 21



cover story kelly's gang



season of bushfires rural fire service



crossword puzzle

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DEADLINE for June issue: 24 APRIL 2003

We appreciate your contribution and accept copy as follows:

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- · Original photographs should accompany articles when appropriate
- · All material should be clearly labelled with the author's contact details. Please deliver to BUNDANOON REAL ESTATE by the due date
- where items will be available for collection following publication. Community & Sports Groups please note: Reminder notices are no

longer issued. Contact our Sports Editor, Ross Armfield 4883 4144.

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jcq

march 03

Update



nother new year underway, and still Ano real rain. When relying on tank water, it is made very obvious the precious commodity that it is. Not just for us, but for all flora and fauna around our town. Did you know that even the electric fences are giving up. There is not enough

moisture in the ground to provide a good earth.

In my last report I mentioned Council's proposals for the Bundanoon Oval and Jordan's Crossing Park. Following a community meeting and meetings held with representatives of the surrounding residents, BCDA, sports clubs, Oval committee, and Brigadoon committee, a plan has been developed that will see the expenditure of Section 94 monies that Council has had in its coffers for some time.

The proposal includes a cycleway/walkway from Erith Street to Ellsmore Road through the parks, a car park formed at Ellsmore road, the restriction of vehicle traffic through the parks and the construction of a netball court near the Erith Street boundary. It was fantastic to see present at the these out-of-business-hours meetings no less than four council officials, and three councillors. The plan developed has been endorsed by all present and represents -in my opinion- a good compromise between all parties. Construction is scheduled to begin late in the year.

The design process for the main street revamp continues. I

empathize with the Council officials currently struggling with the big job of coordinating the relocation of existing services such as sewer, telecommunications etc, which unfortunately are all in the way, need to be relocated and avoided. A formal land use application should be prepared by the time this issue goes to print with works scheduled to commence after Brigadoon.

With a fear of talking about nothing but issues relating to Council, I also should make mention of the proposed Legacy Cat facility proposed for Blue Gum Road.

The RSPCA has lodged an application with Council for the construction of a Cattery to Blue Gum Road for the long term care of animals whose owners have died or are in care. Details of the proposal can be seen in the Post Office or the Deli. There has been a good deal of discussion about the proposal in the community, a petition has been tabled, and letters written. While there a wide variety of objections, the primary one is the location and its proximity to residential areas. I urge anyone who feels strongly about the proposal to put pen to paper and make the Councillors aware of your views. This proposal is due to go to a vote at the Council Meeting held on 26th February. I will be addressing the meeting and hopefully we will convince Council not to proceed with approval of the application.

I will write on the outcome of the 'Pussy Galore' proposal in the next issue

Danien Beets - President

STOP PRESS: We've finally had some decent rain during the past week!

COMMUNITY NOTICEBOARD

Table Tennis - Ph: 4883 7166

1st Tuesday each month at Memorial Hall from 7.30 pm

Garden Club - Neville Ph: 4883 7191

Meetings 2003 resume Thurs, 6 Feb, in the Hall at 9.30 am.

Bundanoon District Pre-School - Helen Ph: 4883 6166 Enrolments taken now. 9.00 am to 3.00 pm Mon. to Fri.

Glow Worm Glen Track - John Dorman Ph: 4883 6296 Second Sunday of each month; working party meets from 9am.

Friends of Morton National Park - Shelia Ph: 4883 6107 or Wendy/Alan Ph: 4883 7763

Bundanoon History Group - Neville Ph: 4883 7191 First Monday each month 10.30 am in the Old Goods Shed.

Over 50's Club - Jeanette Ph: 4883 6410 Second Monday each month 10.00 am RSL Hall.

Soccer Club - Sue Tyler Ph: 4884 4473 Late registrations until 3 May.

Tennis Club - Cameron Reid Ph: 4883 7074 New members welcome. Contact Michelle 4883 6925 or Patrick 4883 6354.

Bundanoon Markets

1st Sunday each month.

SPECIAL EVENTS

Bundanoon Village Nursery - Celebrating their 21st Birthday on 22-23 March from 2.00 pm - 5.00 pm

Meet the 'Viscount' - Holy Trinity Anglican Church, Saturday 29 March at 4.00 pm.

'Poor Wand'ring Ones' by Gilbert & Sullivan & Melvin Morrow - Saturday 7 June at 7.30pm in the Soldiers' Memorial Hall - Bookings and information: Ph 9957 1343

MOVIE DATES for your diary titles to be announced 29 March - 'The Man who sued God'

21 June

13 September 1 titles to be announced

4 October

BCDA MEETING:

Soldiers' Memorial Hall

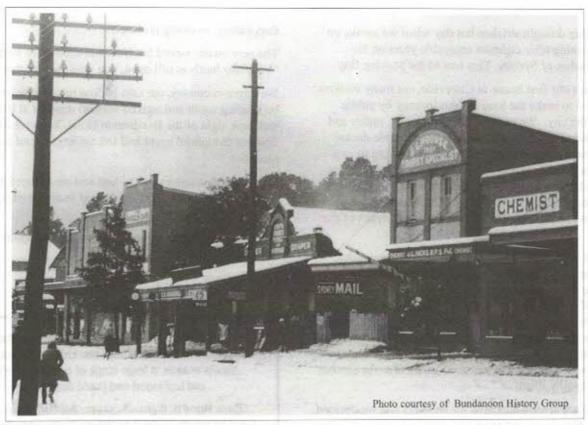
Monthly Meetings

Annual General Meeting: ... 20th Mar. 2003 at 7.30 pm ... Thurs 17 April at 7.30 pm

jcg

... Thurs 15 May at 7.30 pm

paragon cafe' (now the Chinese Restaurant)



The Paragon was built in the 1920s by Theodore Venardos and partner, and sold to Greg Kouchavlis soon after.

It was bought by Rick and Shirley Tebbutt in 1956 and converted into a grocery store and then sold to Dennis and Judy Kirk, but it closed in 1964.

The Paragon was then a vacant building, later an Anglican Op Shop, Duckey's Diner owned by the Ducksbury family, a take-away food café, a Pizza and Pasta Restaurant, and then became a Chinese Restaurant (Kelly and Vincent are the second family to run it).

The Tebbutts returned to Bundanoon and opened our first supermarket in 1968 in the building which is now the Primula Café.

	PARAGON SUNDAE AND CANDY SHOP BUNDANOON	A service and
Peter's Ice Creams With Nan is Grabel Feet Sil and US Pruft Salads	Milk & Ice Cream Drinks MALTED MIX with its Cases II- Mik Parch with ke Gram II- Brotis Poll with ke Gram II- Chronics Hif with les Ocean II- Hift Duble sold II- Hift Cream II- Hift Duble sold II- Hift Cream II- Hift Duble sold II- Hift Cream II- Hift Duble sold II-	Special Ice Cream Sodas Served with any of the full mains finetian Overez Createrd 16 Checkleir Conduct 1 16 Panion Coulded Poir 16 Prescript Createst Froir 16 Prescript Createst Froir 16
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Railway Parade 1931 after a snowfall. The Paragon Cafe is located behind the pine tree

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coodbye sydney... hello bundanoon!

It was another drought stricken hot day when we awoke on the last morning after eighteen enjoyable years on the Northern Beaches of Sydney. This was M for Moving Day.

When we built our first house in Clareville, not many workers were prepared to make the long tedious journey by public transport to the city. We endured the shuddering, rattles and regular breakdowns of the ancient Atlantean double-decker buses. This happened so often I kept a diary vowing to embarrass the local transport depot. However, all these woes were put aside knowing that pristine bush land, boating and fishing on beautiful Pittwater and wonderful surfing, were ours to enjoy on weekends away from the concrete canyons of the CBD.

During these years, medium density housing developments gradually changed this idyllic area, raising levels of unacceptable noise and traffic congestion as well as the frustration of overcrowded parking facilities. Checkout delays causing increased tensions at supermarkets, pollution spoiling local waterways and people no longer being as friendly. We lost something precious: our tranquil lifestyle and peace of mind. We decided to look beyond the Sydney area for another chance at a 'quality lifestyle'.

The South Coast always appealed for holidays and we decided to look for a new home at Kiama. For nearly a year we searched without success as suitable properties were priced far beyond our limit. Despite our unproductive search we decided in April to list our residence for sale. By chance a friend of Josephine's said "I'll send you copies of the Property Press, I'm sure you would enjoy living on the Southern Highlands."

We inspected properties at Mittagong and progressed south until we reached peaceful, ethereal Bundanoon. Despite the wind, rain and cold of last July we resolved to live here.

The sale of our property went very smoothly with an agreed simultaneous settlement with our purchase, and our packing had been well organised. "This has been too easy," I said to Josephine apprehensively, "I hope nothing goes off the rails."

Discussions with our furniture removalists showed it was more cost effective for them to return to their depot after loading, then deliver to Bundanoon the next morning, so we booked in at the Bundanoon Hotel for the night we left Sydney. Our composure was under stress early on moving day. The carriers did not arrive on schedule and finished an hour after settlement took place. It would not have mattered, but the new owner arrived shortly after we waved goodbye to the carriers.

He stood there scowling with arms folded in the midst of our furious activity, making comments like "I thought you wanted to leave early!"

You know, dear reader, the worst time in moving house is the last minute packing of all those things into the car you really need to look after, and those that can't be taken by the carrier. Items such as precious plants, delicate heirlooms, cleaning gear, changes of clothes and odd pieces that were overlooked earlier.

Frustration and blood pressure were at high levels as we finally

drove away, sweating profusely.

The new owner waved his arms and shouted to Josephine, "Your rear hatch is still open, you won't get far that way."

We drove in convoy, our cars packed to capacity, very glad to be heading south and arrived without incident at the very welcome sight of the Bundanoon Hotel. We were delighted to find our thoughtful agent had left the keys of our new home at reception.

Refreshed by showers and a short rest we enjoyed a delightful meal and fell into an exhausted sleep undisturbed by passing railway noisy clatter.

Josephine and I so often say "To live in Bundanoon is the best decision we have ever made."

Ken Challinor

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arewell bundanoon... hello mittagong

When you leave a place like Bundanoon you tend to leave part of your heart behind, so there needs to be some sort of a healing pause before you are able to return and resume old acquaintances without the sudden wrenching pain of departure recurring. Six months further on, after a therapeutic break house-minding for one of our daughters in Melbourne, Elizabeth and I have managed to cross our Rubicon.

While part of our hearts will always remain in Bundanoon, we are close enough at Henley Brae, Mittagong to retain many of our old Bundanoon ties and friendships. Right now, though, a new enterprise stretches before us with all its hopes and expectations and, no doubt, a few challenges, as well.

Henley Brae is a retirement village still in the making. Where we are at No 1, at the end of the line facing Etteridge Street, earth-moving and other landscape machinery can be heard churning away even as I write. Across the driveway, within a stone's throw of our front door work continues apace on the construction of what promises to be a state of the art community centre, or Pavilion, as it's to be called. The attractive and aesthetically designed building will contain a large lounge/auditorium, heated swimming pool, gymnasium, and doctor's consulting room, hairdressing and physiotherapist room, a library, tea and coffee machine area and a modern kitchen available for private use by arrangement. The building spans a billabong opening out into a landscaped wetlands area. Fit for Royalty, indeed!

The friendly atmosphere of the now partly occupied village needs to be experienced to be believed. Management, staff (including a trained nurse), workmen around the place, tradesmen and technicians are all bent on providing a happy, friendly service for residents. Even Enrico, who comes in of an evening to water the lawns and gardens, enriches the place with his cheery wave and beaming smile.

So far (and, of course, in naval parlance we've scarcely been here for more than a dogwatch) all's well at Henley Bray. More again, perhaps?

Letter to the editor

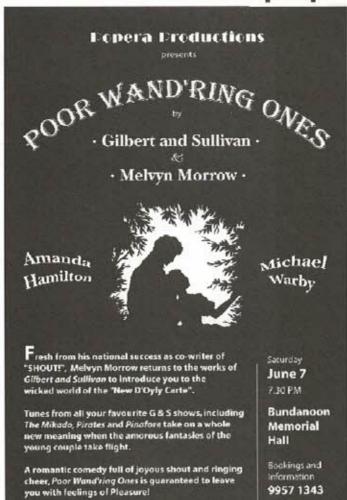
ear Editor,

As a former Bundanoon resident and a founding member of the JCG editorial team in 1995, may I say how much my wife Elizabeth and I have enjoyed reading the last few issues of the magazine since our departure six months ago and, even more to the point, how much we've admired the innovative expertise of the current editorship, and the quite stunning layout and presentation of the Gazette as a whole. These sentiments, I know, are shared by many of our friends in other parts (including the UK) who have expressed amazement that a magazine of such undeniable quality should be regularly produced in a town the size of Bundanoon.

Stand tall, all of you - and jolly well done!

JR

ica



Bundanoon Highland Gathering

Bundanoon Brigadoon

12 April 2003

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9:30 am

Closing Ceremony:

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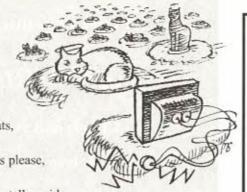
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oetry



CATS

Forty spaces for forty cats, Cat Heaven? Forty singles, no doubles please, no sex.

With the telly too, but no telly guide For cats.

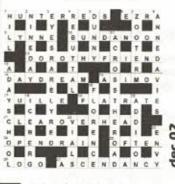
CORRECTION

In the last issue of JCG, in the verse by Mim Smith "Hurtle all Yellow", the last line should have read 'and hurt will all yell Oh!'

HURTLE ALL YELLOW By Mim Smith

The cat is purrful
Not so the turtle.
When cattle tattle
Turtles turn tearful.
While cats all yowl meeeoh
The cattle will bellow
And turn swallow yellow.
Pale people go purple!
So there's purple and yellow
There's tattle and turtle
The cattle will hurtle
And hurt will all yell Oh!

solutions to cryptic crossword



I can't solve the clues and now I can't read the solutions!





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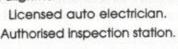
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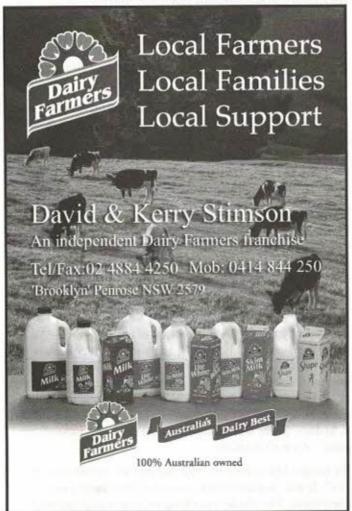


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neville christiansen and stefan ivanow at Idle-a-Wile.

Neville Christiansen, 49
(still!), is co-owner and
Chef at Idle-a-Wile
Guesthouse. Stefan Ivanow,
47, is a flight attendant for
Qantas and co-owner (and
'front of house') at Idle-aWile.

NEVILLE: I was born in Dannevirke (on the north island of New Zealand, between Napier and Palmerston North) in 1953. Dannevirke, which means 'work of the Danes', was a Danish 'colony' in NZ. My great-grandparents settled there



Neville

in the 1870s. It's a bit like Bundanoon, up high and often foggy. Although it is a farming community, my father was an engineer and my mother was a housewife. Both were extremely well read and education was highly valued. My main interests when growing up were anything beyond the borders of the country! I liked world politics, history, geography and had pen-pals and loved collecting stamps and coins. I always had a secret desire to travel, to see and experience other things, induced no doubt by my family connections in both Australia and the UK. I have one sister in north Queensland, one in England and the third sister still lives in NZ.

After attending primary and high school in Dannevirke I went to University in Palmerston North for a couple of years doing an Arts degree. I often travelled to Australia in the long summer holidays to work, mainly in restaurants and bars, for much needed cash. Following my desire to travel, I moved over here permanently in 1975, to Adelaide.

I took up a job on a riverboat and worked the Murray for a couple of years attending to the engines and delivering mail and passengers. It was wonderful. After a mad gambling excursion to Tasmania, I moved to Melbourne to work in a restaurant, where I found out that blokes could actually become flight attendants. I thought that sounded OK so I applied, was accepted and worked for 20 years with Qantas.

I don't really have a first impression of meeting Stefan: I'd drunk too much tequila! But I'll agree to whatever he says. When we met subsequently, it was a mutual dovetailing of interests. Both of us had rural backgrounds, so it was easy for us to decide to come here, to slip back into a small community again, as opposed to the anonymous lack of local connection in Sydney. There was no filth here, no drugs, no riff-raff, no noise - it wasn't Redfern!

We bought Idle-a-Wile in 1992 and opened for business in 1997. It was then three flats converted from an original guesthouse. The whole renovating process was great, very harmonious, the only trouble we had was with council. They seemed to us to be anti-tourism and anti-job creation. Apart from that bother, it was a lovely time. We even found an old fob watch buried within the chimney. There must be a good story there, or perhaps it's some ancient mason's tradition -you know, build a chimney, perform a secret handshake, then hurl a timepiece in and seal it all up! Even today, when digging in the garden, we come across old crockery from the original guesthouse, and lots of pill bottles from the time when the Gasthoff was the Nicholas Pill factory.

My cooking skills have been acquired by observation and practice in all those restaurants and bars I've worked in over the years plus, of course, cooking in the first class section of Qantas aircraft, I wasn't

nervous when I started cooking at Idle-a-Wile, but certainly anxious that everything was up to scratch, but that never goes away although I'm a lot more relaxed about it now. Travelling around the world and being exposed to international cuisine really influenced and inspired me greatly. I love Mediterranean herbs, produce and flavours, classic French cooking with all the butter, fat and



Stefan

cream, (it's no good for you, but just tastes the best), vegetarian, SE Asian food, particularly Vietnamese, and the use of fresh herbs, spices and vegetables from our garden. I admire chefs like Delia Smith who can reduce complicated procedures, in classic French cuisine for example, into simple, basic methods and Jamie Oliver too, for his 'let's not be too precious about the whole thing' attitude. I'm usually pretty calm in the kitchen, though I did crack a tile once when I hurled some pastry that was not doing what it was supposed to, at the wall. As a chef, with people sitting just outside the kitchen door, you have to be able to control your frustrations without screaming, yelling or even making a noise. Our local suppliers are just great, and I'm always thinking of repertoire changes. I like to make sure that courses go well together, and that the presentation and detail when preparing a function are just right from the moment guests come through the door, until they leave. These are the main challenges.

STEFAN: I was born in 1956 at a place called Hayfield in the Gippsland district of Victoria. When I was nine my family moved to Port Moresby, where we lived for a year, and then in different places around Papua-New Guinea. My parents are

interviewed by Ross Armfield

Hungarian and moved to Australia in 1949. My father had a degree in agriculture but it was not recognised here, so he studied and took up engineering. I have two brothers and two sisters. One brother lives next door to us with his wife, and one sister lives on the other side of town with my mother. They all moved here after Nev and I had come to live in Bundanoon. In 1968 I went to boarding school in Brisbane, and then spent four years in a Brisbane seminary. I applied to Qantas before I'd even finished at the seminary. I really needed to get out of that institution and having flown so much over the years between Brisbane and Port Moresby, I thought that working for an airline sounded pretty good. I moved to Sydney and started flying with Qantas, living in various parts of Sydney before moving down here.

I first met Neville through a friend who was sharing a house with me at the time. He had done a trip with him and soon after that, Nev came over to visit. Then I too was rostered on a flight with Neville. My first impressions seem to revolve around the phrase, 'tequila and swilling'.

We were both still flying when we came to Bundanoon, but eventually decided to take a year off to work on Idle-a-Wile. We did most of the work ourselves, from digging holes, right up to the roof. The roof was the only area we completely left to others. We started in the kitchen and went room by room. We painted and laid floors. There was an enormous amount of work to be done: Stage II involved rearranging four guest rooms and building new bathrooms.

The best buzz for us is looking after guests on a weekend basis, and when we see our guests off it's like saying farewell to friends. We enjoy catering for functions and anticipating our guests' tastes.

We've never really had an unpleasant situation here; most guests walk in and feel 'at home' straight away. Many arrive somewhat stressed and it's our job to help them relax in comfortable surroundings.

Neville retired from Qantas four years ago but I'm still flying. I know my roster two months in advance, so I can usually arrange to be here for our busier times, but Neville does most of the work and day-to-day running of the place. I like to give him a hand and help out as much as I can when I get back after each trip. I'm happiest doing 'front of house' at Idle-a-Wile. I don't seek the kitchen out at all. I can't boil water!

As Neville says, we're both really happy with the way things are at the moment, but if we were to do something in the future, it might be to develop a small restaurant as a separate entity from the guesthouse. Do we really want to take up that challenge? This is a business but it is also a lifestyle and we don't really want to change that. We'll never get rich doing this, but we are rich in other ways, meeting people, living in these surroundings, doing what we love with every week different from the last. The vibes are so good here and you get that back from the guests - that's better than a bank balance. Even when looking around NSW for potential spots to move to years ago, we kept returning here and each time we returned it had a real sense of belonging. It felt like home and the place to be. It still does.

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Dush tucker for local gardens

A boriginal people lived across Australia for thousands of years subsisting on endemic plants and animals. Their diet was rich and varied, demonstrating a great understanding of their environment. In spite of this long history of human subsistence in Australian environments, few native animals and plants are used in agricultural pursuits today.

Recently there has been a growing interest in bush foods. Some local bush foods that can be grown in gardens here are:

Acacia spp. - many Acacia seeds were staple foods for inland Aboriginal people. Some were eaten green; others were roasted, steamed and ground. Local wattles with edible seeds include early black wattles (Acacia decurrens) and gossamer wattles (Acacia floribunda). Wattle seeds and wattle seed flour are now marketed as a bush food with recipes for delicious desserts including wattle crème brûlée and wattle ice cream.

Backhousia citriodora - Lemon myrtle leaves have a distinctive lemony flavour and have been used to make essential oils as well as flavouring syrups, preserves, teas and seasonings.

Brachychiton populneus - Kurrajong coffee made from roasted kurrajong seeds was popular amongst early European settlers and Aborigines ate toasted seeds. Bush foods made from kurrajong seeds today include flour used in breads, pancakes and muffins and lightly roasted seeds that can be cooked with rice.

Correa alba - white correas have grey-green, round leaves which are aromatic when crushed and can be used to make a tea that tastes like jasmine tea.

Podocarpus elata - Illawarra plums have tart 'fruits' (actually the swollen stems of the seeds) that can be eaten fresh when they fall from the tree or used to make jam, chutney, sauces or as a pie filling. They are high in vitamin C.

Tasmannia insipida - pepper bush berries can be dried and ground as a hot, sharp spice. Their fresh or dried leaves can also add flavour to casseroles



Lilly pilly fruits can be used to make juice, jellies and jams as well as in fruit salads, muffins and scones.

(but only for last half hour of cooking and remove before serving). Flower buds are a spicy addition to salads.

Other bush foods are being produced and recipes devised such as this delicious wattle mousse created by Vic Cherikoff:

Wattle Mousse

250 ml milk

1/4 cup sugar

3 eggs, separated

2 tsp Australia's Own

wattle seed mix

1 1/2 tbsp gelatine

750 ml thickened cream

Lightly brush mousse moulds with vegetable oil. Soak gelatine in enough water to make a paste and set aside. Add wattle seed and half the sugar to milk and bring it to the boil, stirring. Mix egg yolks with remaining sugar and pour into hot milk while stirring. Add gelatine paste and stir to dissolve. Cool at room temperature.

Whip egg whites until firm and fold into cool milk and wattle mixture. Lightly whip cream and add to mix. Pour into moulds and refrigerate for a few hours. Serve with fresh fruit and whipped cream.

Wariapendi Nursery in Colo Vale grows a wide range of local native plants and has produced a free brochure listing other local bush foods to help you create a pantry in the garden.

Mary Mulvaney

[This article was previously published in the Southern Highland News]



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march 03

Tusic

an important new resident comes to town...

id you know that in December Bundanoon became the

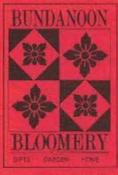
Although this viscount's appearance is humbly unpretentious, his moods are indeed colourful! He can be gentle, delicate and playful but he is also strong, powerful and inspiring.

He is, in fact, the new organ residing in Holy Trinity Anglican will be played not only for Church Services every Sunday but will also become a significant part of our local musical experience when community functions require the pleasures of a superior instrument.

On Saturday, 29 March at 4pm the organ will be in the very capable hands of Dr Allan Beavis, late of Hereford Cathedral UK and of St Andrew's Cathedral, Sydney, and presently Principal Organist at St Jude's, Bowral. He will demonstrate some of the possibilities of the instrument as he presents a recital of music. The Bundanoon Voices will be on hand to sing with the organ, further showing the versatility of the

The entertainment will be free and relaxed. However, a donation towards the cost of the instrument is always gratefully received but not 'expected'. Any musicians who would like to try out the organ for themselves may do so at the conclusion of

Everyone is welcome to Holy Trinity Anglican Church, Bundanoon, on Saturday, 29th March at 4pm.



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GARDEN FURNISHINGS





Erigadoon



The planning for the 26th Bundanoon is Brigadoon on 12 April is well in hand with our hope for another superb day of Scottish activities.

Twenty five bands have been invited to attend the gathering and so far 15 positive replies have been received, so we are well on the way to another great day of traditional highland music.

There are more Clans attending this year so it will be easier to trace your Scottish heritage. There is also an increased number strawberries. Other food stalls include barbeques, pancakes, haggis, vegetarian food, German sausages and plonty of coffee stalls. Up to 170 stalls will be set up at the Oval so there will be something there for everybody. There will also be a kilt making display, which is a new feature.

A major innovation this year is securing of the NSW Rail Transport Museum heritage rail tours. The heritage diesel will be hauling the 'Southern Aurora' departing Central on the

morning of Brigadoon. So if you have friends in Sydney who would like the ease of travel and to go in style to Brigadoon for bookings contact 02 9379 1110. This is an excellent tour with

For those travelling by car we suggest an alternative route back to Sydney; as the haunting sounds of the bagpipes and Brigadoon fade once more into the mist of the Highlands for another year take the scenic route through Robertson, down the speciacular Illawarra escarpment, and along the south coast heaches and through the Royal National Park.

It's time to get organised now and book your group or family on the Southern Aurora, to wine and dine on the rails.

Finally if your organisation would like to advertise in the Brigadoon program or even sponsor or support our charity work contact 02 4883 7471

march 03

HISTORY GROUP

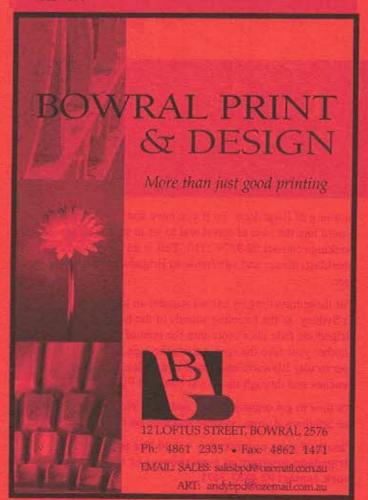
The Bundanoon History Group is back in business after the Christmas/ New Year break. Our last meeting of the year was held in December when, after a short meeting, the members adjourned to the home of Audrey Petersen for a Christmas Luncheon. At this function we were able to present the prize from our raffle to the winner, Don McGill. The raffle was a great success and raised funds to enable us to continue our research into Bundanoon.

Please write it down. Often when asking people to write down their life story they reply, "I do not know how", or "Who wants to know about me?" Well, firstly, your children and grand children will one day want to know, and anyone interested in history will want to know. It may not seem important to you at the time, but history relies on people writing down the features of their life.

We have been given a number of medals, both war and civil and have housed them in a glass case and placed it on display in the Old Goods Shed. Anyone who has medals they would like to donate or loan for inclusion in the display should contact the Secretary on 4883 7191, or bring them to the Old Goods Shed on the open day. The Old Goods Shed is open to the public on the first Sunday of each month and features photographs and memorabilia of early Bundanoon. Entry is free, and the display would be of interest to anyone keen to know more about our town.

Membership of the Bundanoon History Group is \$5.50 per year, and we seek additional members to support our efforts to expand the collection of history of Bundanoon. Meetings are held on the first Monday of each month in the Old Goods Shed and commence at 10.30am

Further information from the secretary, Neville Sully on 4883 7191





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Dence School Step by

Shared table

A uthentic Chinese Cuisine requires a lifetime of experience using traditional ingredients and techniques. Anyone who has roamed the aisles of Asian food stores will know that you are doing well to identify just a few of the exotic packages, jars and tins crammed into the shelves and

piled into every available corner of floor space.

Producing Asian style food at home is made simple with vast numbers of prepared pastes, sauces and herb mixtures available in specialty sections of supermarkets. We can all claim to be accomplished chefs in a matter of minutes.

However, I would like to recommend that you try some recipes using basic ingredients and fresh vegetables.

Of course, rice - long, short-grained or Jasmine and noodles, either dry or fresh are also essential.

Many readers will already be familiar with stir-fried vegetables as a healthy method of cooking. Asian greens are particularly suitable and are readily available in most supermarkets.

For best results vegetables should be washed, drained and dried well. Use a light oil such as Canola. Heat wok before adding oil (1-2 tbsp only).

Swirl to coat sides of wok. Toss constantly while cooking, using a wooden spatula. Vegetables should be lightly cooked and still crisp.

My favourite selection is Bok Choy or Choy Sum, green beans, snow peas, celery, capsicum with spring onions, garlic, ginger and chilli and a little soy sauce. For extra flavour add a few drops of sesame oil, grated lemon rind and peanuts or almonds.

One of the most enjoyable things about being a 'foodie' is that there is almost as much pleasure in talking with other 'foodies' as there is in eating. I called to visit Kelly one morning at Bundanoon Chinese Restaurant to ask if she had a family recipe they would share with us. I then hurried home to make it immediately!

Congee is a street food available at stalls in China at any time of the day. Kelly, Vincent and their family often make this on Monday when the restaurant is closed. It is simple, can be savoury or sweet and is served with garnishes, which traditionally include preserved duck eggs, bean curd or pickles.

Their children like Congee with pork fillet or chopped chicken. It can be made with water but chicken stock adds flavour.

· Wash well 2 large cups short grained rice. Drain.

ica

- Heat 2 tbsp oil in a wok and fry rice for a minute or so until opaque.
- Add a little water and allow to stand while 1.5-2 litres stock is brought to the boil.

- Transfer rice to a large saucepan and add boiling stock to approx 5cm above the rice.
- Cover and cook gently until rice is soft and soupy (30-60 mins). (Yes, it must be mushy add more stock if necessary.)
 - Slice finely a pork fillet and toss with a little cornflour, salt and freshly ground black pepper to taste.
 - Fry lightly in a little oil for 1-2 mins with 3 chopped spring onions or eschalots (a little garlic and grated ginger optional)...
 - Add to rice and cook for a further 5 mins (it should now resemble a thick soup). Ladle into bowls and serve.

Kelly suggests any number of additions at this stage:

A sprinkle of fried chopped parsley or basil leaves.

A spoonful of toasted chopped cashew nuts.

A little grated lemon rind or chopped chilli, maybe!

Try making Congee - great for winter Sundays at home.

Howard Nicholson and Trish Arbib, Bundanoon Village Nursery, are just as enthusiastic about food as they are about plants and Howard has given us a wonderful recipe for



A wok and wooden spatula • Peanut oil, sesame oil, soy sauce, fish sauce, perhaps some Hoisin sauce and some rice wine (Mirin) • Ground five-spice, garlic, ginger, chilli, star anise and fresh coriander, mint and honey to make a barbeque marinade • (2 tbsp honey, ½ tsp five-spice, I tbsp Hoisin sauce and I tbsp soy sauce.) • Kaffir lime leaves and coconut milk to give a Thai flavour to curries.



Thai Style Coconut and Pumpkin Soup

- Sauté 150 g peeled and chopped onions in 2 tbsp peanut or vegetable oil until soft.
- Add 1kg peeled and chopped pumpkin, 4 cups coconut milk, 2 tsp fish sauce.
- 1 tsp finely chopped red or green chilli (or to taste), 6 Kaffir lime leaves and 2 slices of galangal.
- Cook gently until pumpkin is soft. Discard Kaffir lime leaves and galangal.
- Puree, then reheat, adding water until desired consistency is reached.
- Add 2/3 cup finely chopped spring onions, coriander and salt to taste. Serves 6-8.

If necessary you can substitute lemon leaves or 1 tbsp lemon rind for the Kaffir lime leaves and fresh ginger for the galangal, but it won't be as good. Both can be found in good greengrocers and Asian food shops.

This year I hope to bring you the world on a plate!

Pam Davies

Triends of morton national park

Normal activities were suspended during most of the December/January holiday break, but extreme conditions in any case made Park entry a potentially hazardous adventure for workers and visitors alike. At times one section of the Park was closed by the NPWS. We have been truly blessed that our corner of the world has been spared from major bushfires, and our thoughts are with those who have suffered so much in these uncertain times.

On 11 December, volunteers attended a Christmas Luncheon at the Old Post Office Café. Those present enjoyed excellent food while relaxing in a happy social environment.

The health of our bushland ecosystem is dependent on many interlocking factors: climate, peripheral development, incursion of exotic species and so forth. Butterfly observations have been noted in previous articles and, being highly visible creatures, become good 'indicator' species for the wider well-being of the environment. Declining numbers of butterflies relative to earlier times can have ominous implications for many other insects, animals and plants not so readily apparent to the observer. In

other words many other species may be in a parallel decline.

Our care for our natural world often seems to take second place to pursuit of the dollar. There is a Cree Indian saying 'Only when the last tree has died, and the last river poisoned and the last fish been caught will we realise that we cannot eat money'.

Friends of Morton NP promote enjoyment of our bushland while seeking to protect it from degradation. We meet regularly during the year to do track maintenance, remove weeds and rubbish, make environmental observations, and report back to the NPWS on any major problems or remedial work required. If you would like to be part of this healthy and worthwhile activity, why not contact Sheila on 4883 6107, Wendy/Alan on 4883 7763, or write to FMNP, PO Box 225, Bundanoon 2578. We look forward to hearing from you. Incidentally, we have a range of caps, T-shirts, polo shirts and other products for sale at very reasonable prices: for further information on these items please contact the above members or visit the YHA display.

With best wishes for the New Year,

Alan Hyman

glow worm glen track bushcare group

A Committee of Wingecarribee Shire Council

The Glow Worm Glen Track group is involved in weeding and replanting the council owned bush reserves which provide access and a buffer zone to the Glow Worm Glen in Morton National Park. During these past few months we have taken advantage of the unusually dry conditions and the absence of grass to clear sections of track overgrown with honeysuckle and ivy, without the normally rampant regrowth immediately taking over.

Replanting of these areas with local native species has meant a summer-long commitment to watering, involving many trips with bucket and watering can.

An onsite meeting with representatives from Council, National Parks and Wildlife and our group has clarified some of the issues with safety and maintenance of the steps at the top of William St. Despite this, the demarcation dispute over responsibility for ongoing track maintenance, between NPWS and Council remains a sticking point.

An additional meeting with the site manager of the adjoining land subdivision has communicated our concerns. These were the retention of the heritage dry-stone wall running the length of the upper part of the track, and sympathetic treatment of native planting alongside this and any future fence.

John Dorman has been working on a plan of management for the reserve, a requirement for all council reserves, and this has included consideration of a fire management plan. On the last trackwork day of the year an inspection of the wetland area took place, revealing the presence of significant quantities of blackberry and pussy willow, a high priority for future attention.

Our group is still seeking helpers on our trackwork days, the second Sunday of the month: we meet at the top of the steps in William St at 9am, finishing at midday. We'd also welcome assistance with a Bird Study in the track area: anyone interested should contact John Dorman for any further information on 4883 6296.

Jim Clark

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a dolce vita

A beautiful October morning in Italy... relaxing over a café latte in historic Rome... drinking in the view... what a way to start our holiday!

Our adventure began with my sister Robyn's suggestion that we have a serious celebration for my 50th birthday, the highlight being a cooking school in Italy. Our trip was to include a few days in Rome, a cooking school in Tuscany, a train journey to the Italian coast, then Nice and finishing in Paris.

With one of the best flight attendants, a resident of Bundanoon, our flight with Qantas was easy. Stefan Ivanov (from Idle-A-Wile) even organised to be on the last leg of our flight to Rome - more than a few passengers' eyebrows are no doubt still raised

wondering who the two senoras were who received such a grand welcome on boarding in Singapore.

In Rome, the eternal city, with Stefan as our guide, we strolled, drank and ate our way around some of the most amazing history, art and architecture in the world. A glass of vino at Piazza Navona, a coin thrown into the Trevi

Fountain (guarantees your return!); dinner overlooking the Pantheon, and that was our first afternoon. Early the next morning Robyn and I explored the Colosseum and Forum before Stefan joined us for another day... a stroll across to St Peter's to see the genius of Michelangelo.. eternal life in Carrara marble. Of course we should not forget the shopping - Italian leather is bellissimogloves, bags and shoes of every size, shape and colour. Footsore and weary we followed Stefan up the Spanish Steps to a rooftop bar and there was Rome, spread out before us in the twilight. Our night was complete with a trip to a delightful trattoria for a traditional Italian meal.

Then off to Florence by train where we were whisked away by coach to our cooking school, Fattoria Montelucci, in the hills near Arezzo. Our [very Italian] chef, Maxine Clark, led us through a week of cooking pasta, pizza, risotto, game and much more. We were taken on sightseeing trips to the produce markets of Florence, a guided tour of Sienna and a visit to Selvapiana for a tasting of their wine and fresh olive oil. Maxine's aim was to inspire us to cook in the Italian 'maniera' - with care, 'con gusto' and with love. The week sped by too fast.

A train ride along the coast had us overnighting in Santa Margherita and then on to Nice.



Piazza Navona ~ Rome



Fattoria Montelucci ~ Tuscany



Spanish Steps ~ Rome

In Nice, we shopped early in the food and antique markets for bargains, strolled the promenade alongside the blue of the Mediterranean and had a spectacular bus ride along the Grand Corniche to the clifftop village of Eze for a fabulous luncheon (only A\$5 Aus - the bus ride, not the meal!).

Our final night in Nice was to be a special treat - a dinner at La Sirens. Reservations made, we arrived to be greeted by friendly staff who helped us select our meal and a good bottle of wine. We had just finished our second course and were enjoying our wine when the chef appeared ranting loudly in halting English, "The chef he is finished! The chef he can work no more in this place!! Alain Ducasse would not put up with this!!". The staff were most apologetic but we were asked to leave - our wine and meal at no charge. Laughing with an American couple as we left, we were still not sure what had happened but sorry we had not chosen the more expensive wine. C'est la vie!!

The last few days of our trip were spent in Paris, a mere fast train ride away. We rambled, shopped and enjoyed the streets of this lively city. Having visited Paris before we were happy to just do some looking. The Eiffel Tower by night, a café and pastry near Notre Dame [resplendent after a recent restoration] and an early morning walk along the boulevards of the Left Bank. We couldn't resist another visit to the Musee D'Orsay, home to a wonderful collection of impressionist paintings. A visit to the famous kitchen shop, E. Dehillerin, is to passionate cooks the world over an Aladdin's Cave of

treasures (a testament that my credit card will verify).

All too soon our holiday was over and it was back home. We had seen and tasted some of the best Italy and France has to offer. La Dolce Vita - the good life - we'll be back!

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William Constant

17

Carden club

At the November meeting we were fortunate to have Elizabeth Swane as our guest speaker. She spoke at length on the care and cultivation of roses and provided practical demonstrations of pruning. She answered many questions from the audience of around 120.

After a very successful Christmas Lunch on Thursday 5 December, the Garden Club went into recess until Thursday 6 February 2003.

Members as well as everyone else in the area have been very busy trying to keep their gardens alive during the spell of adverse weather that has been with us for so long. Membership of the Garden Club has many benefits, one of which is getting first hand knowledge from experts on how to manage gardens in difficult times. Membership is only \$5 per year and the



benefits are numerous. We meet on the first Thursday of each month (except January) in the Memorial Hall, Bundanoon. Meetings commence at 9.30am.

The happy band of volunteers who have done so much towards the restoration of Nancy Kingsbury Park are having a real battle to keep all the new plants alive. A watering roster ensures that the new rhododendrons, camellias, wisterias and azaleas that have been planted are

receiving enough moisture to establish themselves firmly and produce a marvellous show in spring. The restoration is being done entirely by voluntary labour and funded by the Garden Club. Anyone wishing to assist with this project should contact a member of the committee at the meeting or call the secretary, Neville Sully on 4883 7191.



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jcg

Kelly's gang

In recent years, newcomers to Bundanoon have come via Sydney or Wollongong, a European country or New Zealand. So a family whose roots are in Southern China are unusual, in fact unique. Yu Ping Zhong was born in a village near Zhaoping on the River Xi west of Guangzhou in Canton. Known as Kelly to all who frequent the Bundanoon Chinese Restaurant, she is very much 'front of house'. Her husband, Gan Tong Su (Vincent Su) is the chef. They have three (four by the time you read this) children. Jessica (6, and what sounded like a very important half) and Shirley (5) attend Bundanoon School. They present as a couple of

Wedding Day in 1994

delightful Aussie kids. Amilie Su is just one year old.

Kelly and Vincent met in Sydney but coincidentally, their families lived close to one another in China. Vincent says he prefers the country to the city and before seizing the opportunity to buy the restaurant here had lived and worked at Norah Head and Wentworth Falls as a chef.

When Kelly came to Australia in 1992 with her parents (who still live in Sydney), she worked for an Asian goods supplier in



Kelly & Vincent with the girls

Pyrmont, where the casino now stands. She learnt English at night school.

It seems to be a Chinese tradition that the husband's parents become the 'family support group'. Vincent's mother and father live with them. I saw Vincent's mum tending their vegie patch one morning with Amilie trussed up in a papoose on her back. Without this kind of support, I don't think Vincent and Kelly would be able to run their business so efficiently.

China has three main religions or belief systems. They are Taoism, Confucianism and Buddhism. Tao means 'the way' and was influenced by prehistoric worship of people's ancestors and of spirits believed to control the forces of nature. Around 500 BC Laozi taught that people should live in harmony with nature and develop their inner powers in order to find peace and wisdom.

Confucius lived about 2500 years ago. His teaching was not about gods or spirits, but how people should act to live an ordered, good life. Obedience and respect should be shown to all lawful authority, from the ruler of the state to senior members of one's family.

Buddhism arrived in China from India around AD 200. Today many Chinese follow some of the teachings of all three beliefs.

Chinese people have always felt a strong attachment to their native locality. This was where their family shrines and burial places were located and their ancestral spirits might watch over the fortunes of the younger generations. In the household, each family had a shrine to the kitchen god, who acted as a heavenly policeman to report on the morals of the family each New Year when he paid his annual visit to Heaven. Offerings of cakes would be made on New Year's Eve and honey and another sweet substance would be pasted over his mouth to encourage sweet words rather than scandalous gossip about the family.



Vincent in front of the lake at his village near Zhaoqing in China

We all struggle a bit with the English language (even JCG) so it is not surprising that Cantonese is the favoured language 'back of house'. Of course, the older girls are on their way to being bilingual.

A strong traditional respect for their ancestors comes through a religious background that takes in Buddhism and Confucianism. The photographs on the facing page were taken at a recent family function back in China. Kelly is seen in one of these photos honouring her ancestors with a gift of rice wine. And that pig, with an escort of very

by David Morgan



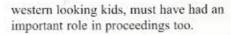
The pig, roasted, glazed and garnished at a kitchen nearby, is transported through the village



Kelly pouring rice wine into a cup



The pig being escorted through the village prior to the New Year festivities



Kelly explained that recently much has changed in China. Private enterprise has given people some control over what crops are grown and the marketing of produce. More typically Western vegetables are now grown such as corn, capsicum, peas and eggplant. Canton has become popular for foreign investment and highly paid jobs for young people are plentiful. It is however government policy to discourage more than one child per couple by charging 60,00 yen (A\$15,000) for a second child.

When Kelly and Vincent were children in China, families in villages such as theirs were very poor. They were given land to grow crops, mostly rice, but there was no free market available and the government retained a large percentage of the produce as a tax.

Kindergarten was in the village and the primary school, only ten minutes walk away, served a number of nearby villages as well.

High School, however, was not free and few parents had any money available to send their children there so they left to work with the family.

There was a village lake seeded with fingerlings that provided fish for their diet. Vegetables grown on allotments and chicken and geese in back yards added variety. Kelly said ducks around the place that ate all the rubbish and scraps were not the popular menu item that they certainly are here.

Vincent's older sister and family have recently joined them in Australia and will be the last members of their family to migrate.

The Su's have settled into our community very well. Kelly is making a valuable contribution to the town, particularly by encouraging and training young people who work with her at the restaurant. Many have gone on to find jobs as waitpersons whilst studying at university in Sydney, Canberra and even Wagga.



Vincent with his young relatives



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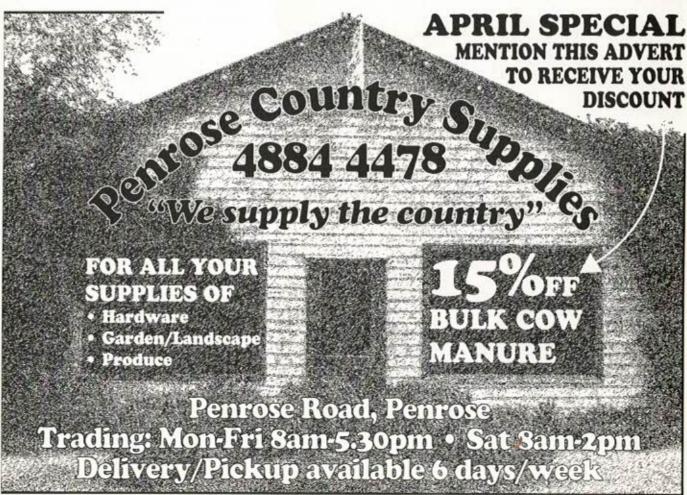
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religion

Foly trinity anglican church st brigid's catholic church

to complement the wonderful atmosphere created by the repainting, we have been fortunate to obtain an unwanted organ from St Andrew's Cathedral to replace the aged and temperamental organ that has given sterling service for many years. The cost of this new addition has been met by contributions from the Ladies' Guild and parishioners. The full power of this new organ was ably demonstrated when, at its first use, it accompanied the 20 strong Bundanoon Voices on 15 December when they entertained a packed church to celebrate Christmas with music, poetry and prose. The afternoon was concluded with an afternoon tea provided by the Ladies' Guild.

Bishop Reg Piper visited the Parish on Sunday 15 December. St Aiden's at Exeter was the venue for this visit and the church was packed to hear him speak. Afterwards, all enjoyed a bring-andshare luncheon and an opportunity for informal discussion with Bishop Reg. The Bundanoon Voices again featured in Holy Trinity Church when they performed with the congregation at a service of "Nine Lessons and Carols" on Sunday 22 December. Their wonderful support for this evening was greatly appreciated by the large congregation in attendance.

The two services held on Christmas Day at Holy Trinity were very well attended as seemed to be the trend throughout Australia

Sunday services at Holy Trinity are at 7.45am and 5.30pm. The morning service is a traditional Anglican Service while in the evening the atmosphere is more casual and relaxed.

Further information from the Parish Office on 4883 6019

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Recent changes in the parish see the appointment of Fr Sean Cullen as the Parish Priest of Bowral, and the Pauline Fathers from Penrose in charge of St Paul's in Moss Vale and thus of St Brigid's in Hill Street, Bundanoon.

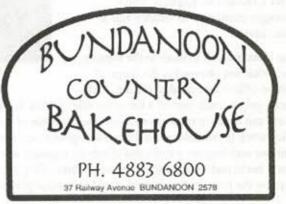
Contact Fr Albert Wasniowski on 4868 1931.

New Mass times being trialled until Easter are:

St Paul's Garrett St, Moss Vale: Vigil 6pm Saturdays, Sunday

St Brigid's, Bundanoon: Sunday 9.30 am

The feast of St Brigid was commemorated on February 1 with Solemn Mass, concelebrated by Fr. Albert and Fr. Terry Herbert from Chevalier, followed by morning tea in the grounds.



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Cappy 21st birthday bundanoon village nursery

In March 1982, Howard Nicholson and Trisha Arbib realised their dream to open a special kind of nursery. Like others in the Southern Highlands they anticipated today's trend to a 'sea change', and moved here from inner city Sydney. Howard, originally from Bombala, had been a cook, literary agent and farmer, whilst Trisha, a researcher in education, soon gained qualifications in horticulture and experience working in nurseries.

Their aim was always to create an old fashioned nursery, integrated within a garden displaying many of the plants for sale. And to offer a relaxed atmosphere which encourages customers to wander and to receive advice.

These ideas are still evident in the nursery today. What has changed is the range of plants on offer. Once predominating, herbs

are now only a small part of what is for sale. Whilst Trisha and Howard can order in most plants, their special areas of expertise are flowering perennials, ground covers, rugosa roses, cranesbill geraniums and fragrant shrubs and climbers, together with culinary herbs and unusual fruit and vegetables. They are always on the lookout for unusual or old fashioned plants.

Many customers will remember being given advice on how, for



Howard and Trish

example, to make sorrel soup, pickle crabapples or make sloe gin. Howard and Trisha are keen experimental cooks, and have developed recipes for cookbooks and magazines. For years they ran classes on growing and cooking with herbs, and on making preserves.

Some readers will have seen the pair's appearances on ABC TV's Gardening Australia four or five years ago. One story featured the Chinese artichokes that Howard brought back from China.

Howard's sizeable collection of out of print gardening and cookery books now forms the basis for a mail order and internet book business called Cabbage Tree Books.

Over the years the nursery, tucked away behind a hedge on the southern end of Bundanoon, has doubled in size and the garden has expanded. In the autumn the scents of Azores jasmine.

honeysuckle and old fashioned roses fill the air, the secret garden is carpeted with miniature cyclamen, and the parrots are enjoying the lush rose hips and viburnum berries.

To mark its twenty-one years, Bundanoon Village Nursery is offering a 20% discount off all plants sold during the weekend of Saturday and Sunday 22/23 March. 71 Penrose Road, Bundanoon.

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cwa report

Once again we begin a CWA year.
To our fellow members in bushfire and drought areas we send our thoughts and prayers. Regular donations to Bushfire Relief Funds are made from our head office on behalf of all members.



Thursday 23 January was our Information Day and luncheon for members, their friends and newcomers to Bundanoon. Audrey Petersen was our guest speaker. She knows so much about Bundanoon; the guest houses which dotted our area, the building of the swimming pool, school days, hire cars and taxis, local golf courses, swimming holes and picnic areas, etc.

A happy time was spent meeting newcomers, and we hope they will join CWA. We discovered a wealth of talent among some of the ladies; their expertise included knitting, cooking, handicrafts. One lady makes and decorates dolls' houses. She is an accomplished artist painting Australian scenes, fairies and decorating the interiors.

One of our long-standing members Kathleen (Kath) Jay deserves special mention in this issue. Kath is a very young 80 year old member who joined CWA 20 years ago at Wingello, and then she became a member of our branch in 1988. Kath has held many positions in our group and has attended most State Conferences. She has held the position of Wollondilly Group Vice President, then Secretary, President and Land Cookery Officer in our branch for many years.

Kath is famous for her scone making and, slaving over a hot stove, produces at least 200 scones for Brigadoon. Then there are those made for functions, bus tours, etc. So multiplied by 20 years cooking, just for CWA, that would amount to a lot of cooking and scones.

Kath's hobbies included cooking and tennis, and she was a square dancer for 39 years.

I recall a craft meeting about five years ago when we were decorating T shirts for Christmas. Kath said "I don't think I can do this, but I'll give it a go". Some ten decorated shirts later, (she made them for her family) and each Christmas since, more have been made.

Her new interest is her computer, she has completed several courses and would like to learn more. WELL DONE KATH. WHAT AN INSPIRATION YOU ARE.

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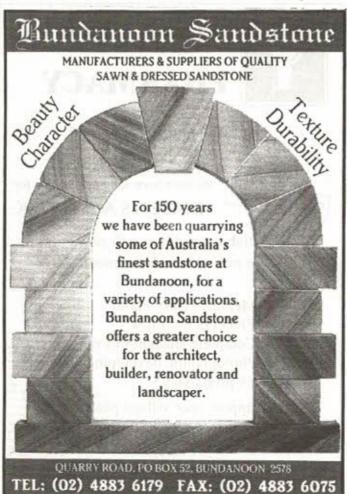
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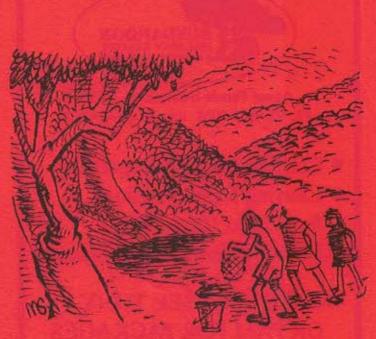
Catherine sat on her verandah looking down on the street that had brought her to the town just two days earlier. Her trip to Bundanoon had only taken about three hours. The landscape, a slow transition from vast plains carved between mountains in the Great Dividing Range, along an open highway and up into the hills. Catherine had never before considered making the journey because it was a long way to go. Not just the three hours by car but more than a quarter of a century in time, to the town where she was born.

Catherine Edwards' family had never been close. The one thing that had always linked them together was this town, sitting atop those great gullies, where many a childhood pienic had been played out. This place was home. Patrick was the only Edwards left in town. Catherine's father and local recluse had spent most of his time in his house, writing or burying himself in the literature of others. Not well known by many in the town, his passing had gone relatively unnoticed. The letter had been sent by his government-subsidised carer who had found Catherine's address in a pile of old correspondence. It was more a business letter than one of heartfelt affection: something her father had learnt to avoid and discourage. The obituary was a modest entry in the local newspaper. There was to be no funeral service, Catherine felt it best to honour the man privately. She had merely come to clean and sell the house. A month off work was all she had

Monday of the first week she cleaned the house from top to bottom. By Thursday it was on the market with her first inspection on the Saturday. She did love this house as a child. To see it go was really a shame and not the nicest feeling she had ever experienced. She knew the house was going to sell quickly. It was right on the railway line but it had so much character and charm.

Here she began to lose momentum. She stopped. She breathed. She got out of the house.

A walk she had done so many times before embraced her and swept her back in time. She was twelve again, walking alongside the track. There had been a great place where they all went yabbying as kids. Now there is a housing estate. It saddens her, yet she knows the progress is inevitable. Glow Worm Glen was the place that had held the most beautiful memories for her. Her first kiss, her first broken bone, her first drink...she liked to think of it as her place. She hadn't planned on such a long walk but it was getting dark and it seemed the perfect place to be. As she walked down the steps it all seemed the same except, as she looked up to her left, another estate was weaving its invasive fingers into her place. She reached the bottom and let the cold railing slide in her palm, new since she was last here and a new viewing platform, but it was basically unaltered. She could hardly see her way in the darkness and almost stumbled over two teens sitting on the boards. They giggled and left for somewhere more private. She remembered it was the town's favoured make-out spot. She took their place on the boards and gazed up through the trees to the sky. She had always found something magical about the small glowing creatures against the darkness of the rock, seemingly close enough to touch. Then back to the stars sharing an eerie likeness to the glowworms but against the black backdrop of the night sky. She had always wanted to reach out and touch them but dared not spoil the



Yabbying as kids

beautiful illusion

Wouldn't be long now. She would be gone.

With contracts all but signed and a week left of her break she contemplated staying and re-exploring this town. So much had changed but to her this would always remain her home...from sweets at the Boronia to skimming stones at Erith Coalmine, it was hers. Had her father felt the same? Was this town in his thoughts when he slipped into numbness. He hadn't been born here but had died here. Was this his place too?

She drove down the driveway and negotiated the corner past the shops that were still bathed in the moonlight of an early morning. They seemed another unchanged aspect of the town. She knew that Bundanoon had shaped everything about her and had made her who she was. Its people, its moist atmosphere was in her, a part of her. Yet she had had no noticeable effect on it, she was just someone passing through.

This is to be the first of a series of short stories written about real or imagined people "passing through" our town. We welcome contributions that will continue this theme.

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Goster kids

JCG recently spoke to three young people who had their formative and school years in Bundanoon and Moss Vale and coincidently share the same parents. They are successfully pursuing their dreams and careers in the wider world.



Antigone ('Tiggy') Foster

Tiggy left the Highlands for the lowlands in '93 and spent four years studying full time at Sydney University. She graduated in '96 with first class honours in Fine Arts (art theory and philosophy).

"Although music has always been a constant presence throughout my life, it wasn't until uni that I realised music was my key passion and

something I wanted to focus on in a career sense. Living for two years of my degree at Wesley College I was fortunate to meet Justin Shave, my current partner in rhyme and in luurve." She said. "I began my vocal training after graduating and launched into a series of collaborations with different bands. For money I worked at the University as a temp, usually part time."

Her first break wasn't until 2000 when she co-wrote and recorded [love] tattoo's The bass has got me movin.

"It received two ARIA and DMA nominations, became one of the longest played dance anthems Australia has produced and was licensed to a commercial". This allowed Tiggy and Justin to invest in a home studio where they now spend much of their time. During the same year she was sponsored by Asialink to conduct an artist's residency in Bombay for three months.

"I studied Hindustani singing intensively, sang for my supper in a five-star hotel and met some Bollywood stars."

Six months ago she resigned from a fairly lucrative day job in order to finally give her music the attention she feels it deserves.

"Financially it is extremely difficult, but the rewards of knowing that I am now spending my time as an artist far outweigh the frustration I was experiencing not pursuing the life I needed to lead."

Under their own name Etherfox, Justin and Tiggy have just released their first dance single The Whirled You Live. Levi, her brother, helped them arrange it. It entered the ARIA Club Charts a short while ago at Number 4 and is due for UK and European release in April through Ministry of Sound. Meanwhile their new album is nearly finished and they are currently reviewing a series of recording and publishing deals.

"We've written some dance music for an Australian feature film, Horseplay, due for release in February 2003 and in March we are holding a promotional showcase with the assistance of the Australia Council."

The world Tiggy lives in seems to be rotating at a fairly hectic pace!

Levi Foster

Levi studied at the ANU, Canberra, and finished a five-year double degree in System Engineering (Hons) and Science (Chemistry) in 1999.



"I then went overseas for Summer 2000 and travelled through South America for three months (mainly in Chile)."

When he arrived back he was offered a research position that would normally have been given to a postgraduate.

"I had to do lots of tests to get the job but they finally gave it to me. So from April 2000 to the present I have been working as an engineer in the research wing of Australian Hearing, the National Acoustic Laboratories (NAL)."

Australian Hearing provides hearing aids mainly to the elderly as a government health service. Levi implements sound algorithms in an engineering simulation software environment, testing and designing new technology hearing aids. He also helps with setting up research projects.

"But my main passion is music." He said.

He has been a disc-jockey for about seven years and currently holds three DJ residencies a week at some of Sydney's largest nightclubs.

"I also promote and play at my own large scale underground dance parties in Sydney. I am looking to make this full time very soon.

I feel I have not been disadvantaged whatsoever coming from a small country town. You make it happen yourself, full stop."

Zoe Foster

Since completing her HSC at MVHS in 1997, she has gone on to gain a BA in Media and Communications at the University of New South Wales in 2000. She now lives in Sydney's Eastern Suburbs



"I really enjoy life here," she said. "I was so lucky to score the wonderful job I am in now in the same month as graduating - a rare and beautiful thing in journalism! "

She is the Deputy Editor of Mania magazine.

"An awesome little mag for 'tweens', 6 - 12 year olds. It is my job to write, research, interview, profile and image-generate for each of our monthly issues. We have a small team, all fun and under 25, and I feel blessed to have a job that I not only enjoy, but is a real hoot. How can I get stressed when my biggest problem involves a promotion where we're giving away \$1000 worth of bubble gum?! The children's industry is brilliant. Most people I deal with are total nutbags and always up for a laugh."

While she says she is more than content now, she sees this job as a stepping stone to other (youthful) publications, and eventually writing children's books.

ural fire service

Our season started in late
September last year with a
major fire at Joadja Ridge where we
spent a total of eight days. Like so
many in the dry conditions, it was
started by a lightning strike and it
burnt a large area before being
brought under control and
extinguished.





Base Camp - before and after

got up to around 50 kph and the fire started to spot everywhere. Crews were pulled back to safe areas and then started chasing fires around a

Then came five-day trip away to Tenterfield to relieve their crews. Myself, Craig Rowley and Todd Letchford formed a composite crew with Exeter's Andrew Smith, Brett Plain and John Bloxham, and Mathew Walker from Mandemar. Wingello and Hill Top sent crews and tankers as well.

On the day of the BCDA Dinner, Saturday 9 November, I was at Fire Control HQ to get a briefing on fires in the Shoalhaven when a call went out for all units to respond to a fire (storm) at Willow Vale. David Stimson (Captain of Wingello Brigade) and I headed off and were soon joined by the Bundanoon Brigade. The fire seemed to be everywhere fanned by strong winds. It had started in grass on the freeway as the result of a motorcycle accident and all day and night we were chasing outbreaks and desperately protecting property. Some places we saved but, sadly, a few were lost. At 1am we were back home, exhausted, having missed all the fun at the dinner. [Thank you for the refund, it was very much appreciated.] We continued to be involved with this fire for the next four days.

Later in November we assisted by putting in a back-burn at a fire in Buddaroo National Park, then in early December a major fire erupted at Holsworthy. The chaos after a fire has to be seen to be believed - no power, very little water pressure, trees down on the roads, property lost, power poles burning, smoke everywhere, confusion and disbelief on the faces of residents.

No rest for the wicked. The following day we were off again and another busy night back- burning turned even busier when the wind changed and the fire spotted across the track we were working on. Why is it that just when you get a fire under control that's the time when you run out of water? I can never work that one out!

The next week we were in the Megalong Valley the day after fire was at the backdoor of the Hydro Majestic. Our task was to cut a hand tool line from where the bulldozer had finished and could go no further to the base of the escarpment. Talk about goat country! With the mission half completed and daylight just about gone, we received word to get out as the fire was above us. Back to Blackheath for a meal and then home just as the rain started to fall. Another late night, or is that early morning?

Christmas was just around the corner with the prospect of another year fighting fires and having a muesli bar for Christmas dinner. But there is a Santa Claus, light rain fell in the area easing the threat and we all got to enjoy a traditional Christmas dinner.

After New Year, Craig Rowley, Brad Peacock, Greg Amos and myself were settled into 'base camp' at the ACT Forestry Headquarters when, on Friday afternoon 17 January, the wind homestead called Dingo Flat. Behind us was a major fire that was out of control. At about 7.30 pm we were relieved by the night crews and we left for home early Saturday morning. That afternoon Duffy and the base camp took the full force of a wild fire.... and the rest is history.

This season has been one of the busiest for a long time and it isn't over yet!

I would like to thank all of the members of Bundanoon Brigade for the time and effort they have put in, and also their families who sit at home and wait for their return. Many thanks, also, to all the employers who have allowed members of the Brigade time off work to help fight these fires. If you see a member of the Brigade in the street please give him or her a pat on the back. God knows, they deserve it.

Alan Fairbrother (Captain. Bundanoon Rural Fire Brigade)

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Joanna Gash

Federal Member for Gilmore
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Politics Inanna Gash MP

angel food

Sunday morning at Bundanoon Market is buzzing with activity and cars are parked on both sides of Anzac Parade from the Pottery to the Fire Station.

Lola and Ollie Angel have been stallholders at the market for 15 years. Lola became involved when her neighbour Norma Davies suggested Bundanoon should have its own market following the closure of a market at Robertson. Over the years they have built up a regular clientele and visitors from out of town come on the first

Sunday of each month to purchase their favourite cakes, cookies, jams and chutneys.

Lola and Ollie sell their produce only at Bundanoon and after all this time regard baking as an 'interest and a hobby' claiming they just cook when it suits them. Lola also admits that she simply 'loves to cook', although to produce such a wonderful range of products there must be very few days when baking is not a priority.

Many locals will be familiar with the Angels' fruitcakes which are available all through the year. Their original recipe has been modified to achieve a consistent result which Lola says is due to the quality fruit they source from a Sydney exporter. Of



Ollie and Lola Angel

course she also uses a top name brandy.

The secret of consistency is that they work as a team - Ollic accurately measuring every ingredient and being available to assist with mixing and preparing the vast numbers of foil covered bases which add a professional touch to all their cakes. He also makes coconut ice and is responsible for quality control in the making of their famous sponge cakes. Only fresh eggs are used to make twelve double sponges on

Saturday afternoon before each monthly Sunday market. If you've ever wondered how such perfect cakes can be produced, know that there were lots of failures before the recipe was perfected. After 15 years Lola has had plenty of practice - hence producing twenty double cream-filled sponges for our annual BCDA dinner appeared effortless.

Lola's mother was a good cook and granddaughter Terry takes credit for all the cookies and chocolate truffles on sale at their stall, so a family tradition is assured.

Thanks to the Angels and other regular stallholders, Bundanoon Market attracts a great number of visitors to town. This benefits other businesses as well as providing us with a great range of food, plants and gifts.

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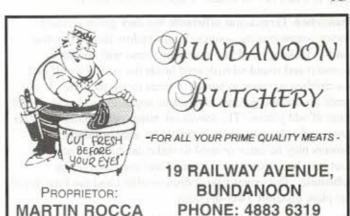
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free food: edible weeds by Howard Nicholson, Bundanoon Village Nursery

A weed is only a plant growing where you don't want it.

Many 'weeds' have long provided men and animals with food and medicine. Most weeds in Australia have been introduced from other parts of the world and we spend countless hours trying to get them out of our gardens.

So why not try to put some to good use, such as eating them? In rural Greece the first weeds of spring used to provide welcome greens after the sparse diet of winter. Of course, if you're thinking of eating it, it's very important to identify a weed correctly, for many are poisonous. You'll find illustrated books on weeds in libraries. If in doubt, DO NOT eat it. Be careful, too, not to eat weeds that may have been sprayed with herbicides.

All the plants listed here may most simply be eaten raw in a mixed green salad. Only the young and tender leaves should be picked. These are usually at their best in spring and early summer, and after autumn rains. A mixture of weeds such as these are now being sold as Horta at Sydney food markets.

Fat Hen Chenopodium album is an annual, appearing in late winter or early spring in cultivated or disturbed ground, and growing to about 1m. Leaves arrow-shaped and mealy. The young greenish-white flower heads may also be eaten raw or steamed.

Chickweed Stellaria media is a trailing plant growing to about 30cm with soft green leaves and stems and tiny white star-like flowers. It self-seeds readily and can take over large areas of the garden in spring and autumn, choking out other plants. It may be steamed, drained and served as a vegetable, made into a soup or eaten raw in salads. Cage birds also like it.

Dandelion Taraxacum officinale has dark green serrated leaves, stems bearing a single bright yellow flower (another similar looking weed has branching stems with multiple flowers) and round whitish seed heads the size of a golf ball. As children we used to blow the seeds to tell the time. It self-seeds around the garden, with plants appearing in lawns and all sorts of odd places. The leaves are bitter, particularly the older ones, and only young leaves should be used in salads. The flowers may be eaten or used to make dandelion wine. The root may be dried, roasted, ground and used as a coffee substitute. The leaves have a diuretic effect and the French call the plant pissenlit (wet-the-bed).

Smooth Sowthistle Sonchus oleraceus and Prickly Sowthistle Sonchus asper are common garden weeds growing to about 60cm with wide arrow-shaped leaves. Also called milk thistles because of the white liquid that oozes from the cut stems. Flowers and seed heads are similar to those of the dandelion but smaller. Leaves may be used in salad, steamed or made into soup.

Hairy Bittercress Cardamine hirsuta is a pretty little plant forming a rosette of rounded, divided dark green leaves with tiny white flowers and seeds which scatter like rockets when you touch the seed head. Also called flickweed. Grows to about 8cm. At its best in late winter and early spring. Tastes similar to watercress and is useful in a mixed green salad.

Sheep Sorrel Rumex acetosella is a rampant weed in many gardens, spreading rapidly by underground runners. It also colonises old cultivation paddocks, and sheep love it, hence the name. It has narrow, long-stalked lance shaped leaves, greenish-white flowers and reddish-brown seed heads. Like the cultivated French sorrel, it makes an excellent soup and the raw leaves add a delicious sharp tang to salads.

Fennel Foeniculum vulgare is a common roadside perennial growing to about 2m with fine greyish-green, thread like foliage in feathery plumes and flat heads of yellow flowers in late summer and autumn. The whole plant (leaves, stems and seeds) has a strong aniseed flavour. The seeds are used as a spice to flavour liqueurs and foods, and the leaves as a herb in sauces for fish and chicken. There is also a bronze-leafed form which is particularly attractive for garnishing food.

Using Weeds as A Vegetable

Pick and thoroughly wash young leaves and steam or cook them in very little water. Drain, pressing out water, and reheat gently with any or a combination of the following: salt, pepper, butter, cream, finely chopped sautéed onion or garlic, grated cheese. Like spinach, all these leaves will collapse and reduce substantially in quantity as they cook.

Using Weeds for Soup

Cook until tender in chicken or veal stock (perhaps with some potato and sautéed onion or garlic), purée and reheat gently, adding salt, pepper and perhaps milk, cream or yoghurt. Some soups may also be served cold.

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over 50's club

Since our inception in June 2001, our group continues on its convivial way with our monthly meetings flowing on to a pleasant morning tea with lots of chat and laughter.

Monthly lunches are held at various local venues, which combine a social activity with support of the local industry.

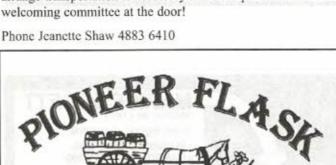
No less than two Christmas celebration lunches were well attended, one in July at the Highlander and the other at The Music Box in December. Social outings are always on the burner, and two worth mentioning were Melbourne Cup Day and a Dolphin Cruise, even though the dolphins were nowhere to be seen.

To all surrounding villagers who would like to enjoy some

pleasant company and join us on our various social activities or simply meet new friends, our meetings/morning teas are held in the Bundanoon RSL Hall on the second Monday of each month.

There must be lots of people out there who don't garden, play sport, or cannot take part in physical activity but would like to gather for some pleasant company once or twice a month with no strings attached! We would be happy to

arrange transportation if necessary and even provide a welcoming committee at the door!



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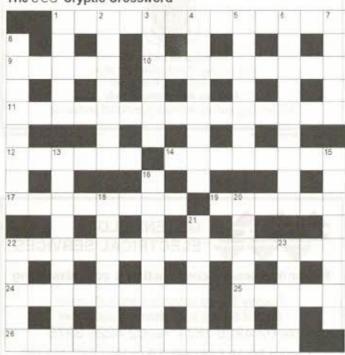
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Gryptic crosswod

The JCG Cryptic Crossword



ACROSS

- 1. After a trip to the theatre. (13)
- and 20 down. It seems there are plans to screen "Pussy Galore" at this picture house in Bundanoon (5,7)
- 10. First rate mixed gins found behind lumps (9)
- 11. Receptionist does this at Bundanoon Real Estate (7,3,5).
- 12. Loathing the cap colour (6)
- Does Diane endlessly move around inflamed tissue behind the nose? (8)
- 17. It's merrily on high in Carol's words. (4,4)
- 19. Sounds like ice cream would make kid yell. (6)
- 22. (...Sorry...I painted myself into a corner with this clue and had to resort to the "Web to get me out of trouble. Maybe you should as well...) How could Dominic Guard be described with regard to the director of a popular 1971 Harold Pinter movie starring Alan Bates and Julie Christie? (5'1,2,7)
- 24. Root out dear Catie (9)
- 25. Fax I omitted to include for truism (5)
- 26. Absence of sense sent Tess' sales awry (13)

DOWN

- 1. Bookie's back around US state but these will make him "better" (5)
- 2. Roy is under the pig house making foam (7)
- Preoccupy mind with thoughts of female ending attachment with old boys. (6)
- 4. Orb's colour for protection against bright light (8).
- Bundanoon's churches are on (most) Sundays (3,4)
- New behind the bar at the Bundanoon Hotel. (3,6)
- 7. Local Chinese family name in direction...result? (5)
- 8. Heard this lost one before being beaten....decisively. (8)
- 13. Is Ian nuts? Maybe just mixed up about these North Africans. (9)
- 15. Young issue, this issue have this in common (4,4)
- 16. David Foster's grove was here. (2,1,5)
- 18. Ye admit confusion between sun-up and sundown (7)
- 20. see 9 across. (7)
- French ecclesiastic boards steamship to become leader of Christ's Brides (5)
- 22. Short officer in the forces (5)
- 23. Leaves site, as arranged, around 10 (5)



driving ambition

Local carriage driver, Lyn Mulready, has been invited to represent Australia in the first ever World Pony Carriage Driving Championships to be held in Austria.

An Austrian host has kindly donated a pair of ponies for Lyn to train and drive for six weeks prior to the big event this August.

Lyn is busy with her local carriage club fundraising to assist with the enormous costs involved. This is an opportunity to represent her country and is too good to miss.

She will be able to improve her carriage driving skills and it is a chance to promote Australia as a competitive carriage driving nation.

We look forward to reports of Lyn's progress and wish her all the best.

Ed.

WANTED

2 volunteers:
A photographer for JCG
and a Webmaster for
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Sport

soccer club

The thirteenth season of Bundanoon soccer is upon us. And as the club grows so do we in our understanding of this great game. Skills in terms of playing and coaching have been improved, so too have our facilities over the past years.

Parents and friends are getting involved in the club's activities again and, with their children, are enjoying the camaraderic that comes with being in a team environment.

But is soccer good for us, our children and our family? These questions I have asked myself and I came up with the following:

DISADVANTAGES

* can get injured

* all the "washing"

* all the "driving"

* costs money

ADVANTAGES

*can improve results at school

- *improves relaxation
- *meet new friends
- *eniovment
- *improved fitness
- *improved flexibility
- *improved skills, which improve self confidence
- *belong to a team
- *learn to cope with rules
- *learn to handle winning and losing

So, If you want to play or be part of a great team sport, and represent Bundanoon call our registrar Sue Tyler on 48844473. Late registrations are welcome until 3rd of May.

Head coach

Markus Fenwick

bundanoon cricket club

This year we have only one junior and one senior side. We would have liked two teams in each division, but numbers were too low for this.

Despite some very young members, (five of the players are only 7 or 8 years old), the under-12 years team has made a solid start to the season, winning one game and only very narrowly losing the others. If we can keep the majority of this team together, success looks certain for the years ahead. This side is superbly coached by two former juniors, Shane Martin and Tim Stirton (See Cricket - A Summer Pastime, in the Dec 2002 edition of JCG). Trent Webster and Alex Atkinson are two players from this team who are performing particularly well, considering it is their first year of playing cricket.

After winning the 3rd grade competition last year, our senior team has advanced to 2nd grade for 2003. Former juniors, Mitch Eirth, Tim Stirton, Shane Martin, Adam Rocca, Peter Webster and Correy Webber, have combined with more seasoned players, (and proudly with the only female player in the local competition ~ Karen Hosking), to form this team.

Karen has performed consistently all year with bat and ball and is obviously enjoying her cricket. Tim Stirton has played admirably for the under-19 representative side since his recent selection, as have Shane Martin and Mitchell Eirth when they tasted representative selection touring Cootamundra with Dave Woods last year. 2nd grade is currently in second spot, two points behind Picton/Hill Top, so come along and support both your local sides, they'd really appreciate it.

bundanoon tennis news

After missing the last two editions of JCG our newsletter returns. With a terrific season of Australian Tennis competition now behind us we should all be champing at the bit to get out and play. I watched more than I played over summer thanks to the great coverage by Channel 7 Sport. And wasn't it great to see John McEnroe, once a Super Brat of world tennis, now a Super Nice commentator of world tennis. He's still a handy player, too. Congratulations to the victors of the Australian Open titles, Serena Williams and Andre Agassi.

The following is for your information:

Regular Tennis Features

- · Tuesday Night Tennis from 7pm
- · Tuesday Morning Ladies Social Tennis from 9.30am
- . Thursday Afternoon Members from 1.30pm
- · Saturday Afternoon Members from 1.30pm

Membership

In an attempt to increase the number of people playing tennis regularly in and around Bundanoon (and therefore the amount of time our courts are used), Bundanoon Tennis Club Inc. will be undertaking a major membership drive this year. The committee resolved at the last AGM to keep annual Membership fees at the current levels, as shown below, for the fourth consecutive year.

SINGLE \$35.00

FAMILY \$80.00

So if you haven't played here before, cost should not be a concern for you. Please contact one of the people listed below for more details about membership and its benefits.

Cameron Reid Ph: 4883 7074 Michelle Kelly Ph: 4883 6925 Patrick O'Laughlin Ph: 4883 6354

Coaching

Whether you are thinking of introducing your children to tennis or fine-tuning your own game why not take lessons from our resident coach, Brett Munroe. Munroe's Tennis Academy provides coaching, racquet re-stringing and sales. Call Brett or Sarah on 4883 7397 for information.

We look forward to seeing many familiar and new faces at our club this year! Come and enjoy our facilities.

Cameron Reid, President

CHURCH TIMES

Anglican Church of Sutto	n Fores	t	
Sunday Services			
Holy Trinity, Bundanoon	10		7.45 am & 5.30 pm
St Aidan's, Exeter	244		9.30 am
St Stephen's, Tallong			
1st & 3rd Sundays:			1.30 pm
2nd & 4th Sundays:			10.00 am
All Saints, Sutton Forest		200	11.15 am
1st & 3rd Sundays:			11.00 am
2nd & 4th Sundays:			2.30 pm
Uniting Church, Church S	St, Bune	lanoon	
Sunday	***	***	llam
Thursday			12.30 pm
St Brigid's Catholic Church	ch, Hill	St, Bun	danoon
Sunday	300	***	9.30 am
St Paul's Catholic Church	, Garre	tt St, M	oss Vale
Vigil Mass Saturday	201-		6pm
Sunday	***		8am

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Support & Volunteer Services

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Walking Groups	Dennis Lenane	4861 0200
Early Childhood Clinic)	4861 1744
Community Health Centre)	4861 1744
Carribee Centre (Aged Care	e) Beverly Hall	4862 1774
Community Visitors Scheme	e Moss Vale Red Cross	4868 3482
Fire Brigade	Adrian Vollebregt	4883 6055
Meals on Wheels	R & R Peters	4883 6369
Mobile Library	Moss Vale Library	4868 2479
Ronald Macdonald House Cass	erole Club Ross Armfield	4883 4144
Rural Fire Service (RFS)	Alan Fairbrother	4883 6597
RFS Women's Auxiliary	Rosemary Page	4883 6499
RSPCA - Goulburn/So	uthern Highlands (0412 475 428

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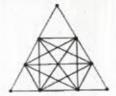
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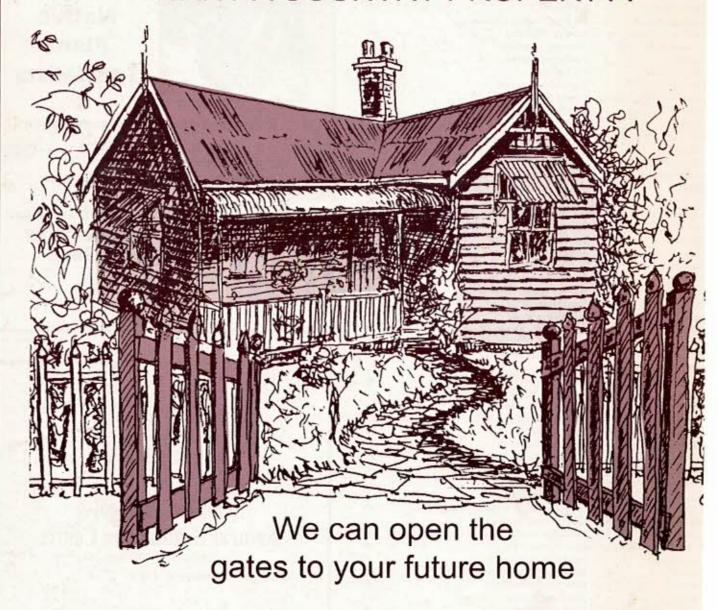
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