

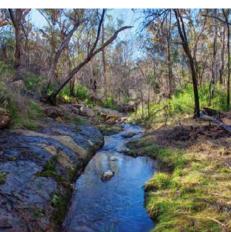
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After each issue, I start 'percolating' ideas for the next one. Sometimes I have a 🏠 moment and sometimes the theme comes from a story I've received or a conversation I've had.

This issue started with a request for an article about Ray Wheatley (see page 34) and we started looking for other 'extraordinary' people in our village. That's when I realized that there are so many and JCG had already written about a lot of them. I heard stories of incredible careers and achievements. Some didn't want to appear in print. Once again, I found that Bundanoon truly is a

remarkable village and that's why we at JCG are able to bring you a magazine packed with interesting stories.

I hope you enjoy your read, and if you have a 'lightbulb' moment, please let me know. Our next issue will explore the history of our village.

At the moment, we have remained safe, but please be prepared. Covid can and does hit anywhere and the safest way to protect yourself and others is by taking responsibility. Get vaccinated; if unwell, get tested; don't travel to lockdown areas; report anyone you know shouldn't be visiting Bundanoon to CRIMESTOPPERS 1800 333 000. Only we can keep our village safe.

Christine Janssen JCG Editor

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#### **BOOKING DEADLINE FRIDAY 22 OCTOBER**

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### BUNDANOON

Community Association Inc.



### **BCA** Report



Andy Carnahan BCA President

Writing in mid-July for a September JCG is a very unpredictable endeavour. Although I can predict the humble QR Code, almost extinct in February 2020, will continue its domination. Will we still be masked, will Covid-19 now have morphed from Delta to Epsilon

or even Zeta? Will our arms be like pin cushions from the updates to the updates of vaccination?

Winter 2021 in Bundanoon was not the Winter we hoped for. After months of effort our beloved Winterfest 2021 was cancelled a week before opening night. A lot of behind-the-scenes toil goes into making a winter wonderland for the Opening Night, plus the workshops and the Rebels closing Bonfire. My thanks to all those who worked so very hard on this.

And then the Garden Ramble was cancelled with the growing complications and commitments required in July for the October weekend.

These are the two flagship events of the BCA and I am really disappointed all the hard work undertaken by our volunteers and the delight they bring to residents and visitors was missing from our landscape.

The Committee have been working hard. We applied and received a bushfire recovery grant from the State Government and Wingecarribee Shire Council for a second AED (Automatic External Defibrillator) and a training manikin/defibrillator. This will provide hands-on exposure to emergency assistance.

We also received a grant for microphones for the Hall to complement the upgraded sound system.

You may have noticed during Reconciliation and NAIDOC weeks the Aboriginal Flag and Australian Flags flying at the Southern Villages War Memorial. The Wingecarribee Reconciliation Group provided the flags and we will fly them on these weeks.

The Hall now has two new stove/ovens, a new lighting system and new sound system. The ovens were funded by Council. The lights and sound from our own budget. To ensure the lights and sound system are maintained, Peter Gray has formed a Technical Assets Subcommittee.

Our membership management has moved from a mix of paper forms; spreadsheets; mail merges; chasing bank payments - altogether a very manual and errorprone process to a single piece of online software that allows members to renew and pay their membership fees and for new people to sign up as members.

I'm hopeful by the time you read this our herd immunity is up and life has returned to a little more certainty. We don't exist in a bubble and not one of us is an island.





## BCA Tackles Single-Use Plastics

On July 1 the Bundanoon Community Association Committee approved a new subcommittee: **Bundanoon: Plastic Free As We Can Be**. The idea was to campaign for the reduction of single-use plastics in Bundanoon and to thereby build on the already highly successful Bundanoon On Tap initiative of 2009.

The reasons for reducing plastic waste have been widely publicised. However, in case you are unsure, here are a few facts for you:

- All plastics contain finite and polluting fossil fuels and more fossil fuels are burnt in manufacturing and distribution
- Producing one kilogram of plastic uses up to 160 litres of water and produces 1 kilogram of CO2
- Smaller plastic items are difficult or impossible to recycle and most will end up in landfill. Some are incinerated, releasing vast quantities of carbon dioxide and other toxins into the atmosphere
- Polypropylene and polystyrene used for plastic cutlery - take over 400 years to biodegrade, and even then still exist in microscopic form (trvst.world/change-makers/)
- Turtles, seabirds and dolphins get caught in plastic traps caused by discarded bags, balloons and fishing lines, causing them to drown or cutting off circulation to their limbs
- Half of all seabirds and turtles have plastic in their stomachs after they mistake plastic bags and wrap for jellyfish
- Whales scoop up plastic along with the plankton they eat
- Single-use items like cutlery, straws, bottle caps and takeaway containers are some of the other plastic items consumed by marine animals. Once ingested, sharp pieces may cause internal injuries, or their stomachs fill with plastic causing them to starve (Australian Marine Conservation Society 2021).

With these facts in mind and after diligent research, the Committee discovered that plant-derived compostable carry bags, food wrap, coffee cups, cutlery, take-away containers, sticky tape and mail bags are readily available. Twenty-three Bundanoon businesses were approached and asked if they would consider replacing at least one

item of single-use plastic with a non-plastic alternative. All agreed! Commendably, some are already using less plastic. Potter's Pantry uses bamboo cutlery, compostable coffee cups and containers, Bundanoon Veterinary Clinic uses compostable doggie doo bags and Primula Cafe uses biodegradable and recyclable food containers.

### So, what can you do to help reduce plastic pollution of our air, land, water and oceans?

- Leave reusable shopping bags in the car boot, so you always have some on hand
- Refrain from purchasing plastic cutlery, cups, plates etc. There are many viable alternatives such as bamboo, wood and cornstarch. A quick internet search is all that is required, or ask us.
- Replace plastic wrap with glass containers, waxed paper wrap, waxed cloth wraps, or home compostable cling wrap
- Cease buying plastic straws, balloons and other plastic party products. We can still have fun without these!
- Research alternatives to bottled shampoo, such as shampoo bars or Castile soap and go back to using soap bars instead of liquid soap and body wash
- Make your own cleaning products with 50% water, 50% vinegar and a capful of tea tree oil. It's cheap and effective and means that containers can be reused
- Take all plastic packaging back to your supermarket. Even if it's not actually recycled, returning the waste forces the supermarket to dispose of it.





We hope that you have found this article informative and useful in helping you to reduce your own plastic waste, as well as enlightening you about what our wonderful Bundanoon businesses are doing.

We will keep you up to date on the progress of

#### **Bundanoon: Plastic Free As We Can Be!**

– Leeanne Tyler-Olsen Itylerolsen@icloud.com



Bundanoon Community Association Inc. (BCA)

www.bca.asn.au JCG September 2021 5

# \*BUNDANOON WINTERFEST

Eat. Play. Learn. Stay.

**CANCELLED - BACK in 2022!** 

# So close, we could almost taste the Glühwein!

In 2018 and 2019, between the opening night and the end of the week's activities, Winterfest spread a little joy to about 4,000 people. In mid-June 2021, with opening night ticket sales progressing well and nearly 40 'Learn! Play! Eat! Stay!' activities filling up, the Winterfest Committee (a sub-committee of the BCA) was confident of matching this. We had great bands, a fantastic mix of food stalls, activities for the kids and a plan to make the car park of the Bundanoon Oval into an intimate and atmospheric, yet appropriately less crowded location for the Winterfest Opening Party.

The move to the Bundanoon Oval was a necessity. Back in November 2020 when planning started in earnest, we felt that COVID would be a factor and the street did not have the space that legislation would require. We were proven right, but this meant that our plan could be endorsed by Council and NSW Police.

The new plan had challenges: WSC & NSW Police/Liquor & Gaming due diligence required 10 separate applications and instructions to be processed and 25 risk assessments to be collected. Hard work from the small but determined committee managed to pull this together and approval for the event was given just nine days before the opening night!

Two days later, the NSW Premier informed the State that the latest outbreak was not controlled and the rest is history....

A reduced program of 11 Winterfest Week activities was retained and nearly 100 local people got involved. The use of Zoom meant that we even had people 'attending' from as far away as Cairns and Wagga Wagga.

Glynis from Glen Mist Felt ran 3 popular introductions to felting.

The good news? Well, thanks to the hard work of the committee, understanding from most suppliers and support of our main sponsors - huge thanks! to (in alphabetical order) The Bundanoon



Hotel, Exeter Plumbing

and Jordans Crossing Real Estate for sticking with us - the financial impact was minimised, and we are in a good place to start the 2022 planning! We have also done the majority of the detailed planning and only tweaks will be required to set up a great 2022 event!

So what are the challenges now? Whilst we have so much in place, the 2022 event is at risk. Besides COVID, the big challenge is the need for at least 5 more volunteers on the committee to ensure the effort is sustainable. We have broken the tasks down so that members can concentrate on getting things done rather than being in meetings. What is in it for you? The work is worthwhile! Seeing people have a great night and knowing that your efforts help make Bundanoon the special place that we love gives the committee a huge sense of satisfaction. We also meet in the pub – and that's always nice! If you want to help ensure this great event happens in 2022, drop us a line at winterfestinbundanoon@gmail.com

- James Fulford-Talbot





#### arts BUNDANOON

Recitals no sooner re-established themselves as a regular item when fate intervened yet again. After cancelling the July concert some weeks ago, August and September have also been cancelled. This is so very disappointing for the artists and for our loyal community of supporters. I for one miss the sparkle which only a live performance can deliver.

On a brighter note, we did enjoy two stunning concerts in May and June. Alexey Yemtsov and Tony Lee delighted capacity audiences and showed how beautifully the piano is bedding down. And I am hopeful that the current Covid-19 outbreak will be controlled such that life can return to some semblance of normality.

It is such a privilege to be able to mount concerts in the beautifully maintained and updated Soldiers' Memorial Hall. Thank you again to the BCA Committee and to the hall Willing Workers. So much volunteer work is done behind the scenes so that the community can participate in such a rich offering of activities and experiences.

- Pamela M Jane Duncan



Singing in the shower persists!

We look forward to the time when it is safe to sing together again. Keep an eye on our Facebook page and we will let you know when rehearsals resume.

- do re mi fa so la ti do!



Bundanoon Community Association Inc. (BCA)

www.bca.asn.au



presents



by Michael Frayn



**December 9,10 & 11** 

Soldiers' Memorial Hall
Bundanoon
Tickets through
TryBooking.com







PRIZE POOL VALUED AT \$450 \* ENTRY FORMS AVAILABLE FROM THE VILLAGE GROCER & STORE





# The doings of the BUNDANOON PIPE BAND

The year had started so well. The band had come off the "high" of a performance at the Pub and the Club for what would have marked Brigadoon, leading the street parade for the 2021 Anzac Day march and was all set to entertain the crowds at Winterfest. We had our set pieces and were practising hard at the Hall each Wednesday night. Then COVID struck again, Winterfest was cancelled and the Band has paused Wednesday night practice.

But down does not mean out and in the meantime, fundraising has also been in earnest all year to enable the Band to purchase badly needed equipment and uniforms. The first significant donation came to us from the wonderful folk at The Good Yarn. This was such a great impetus. We passed the bucket around the village and, with the support of local businesses, conducted a raffle at what would have been Brigadoon. Thanks to the generous contributions from the community, we raised more money through these initiatives which we were able to return to the BCA. The BCA then kicked in a substantial contribution and before we knew it we were able to purchase kilts for the remaining members of the band. The Band sincerely thanks everyone in the community for these contributions. It takes a village to raise a Band!

The Bundanoon tartan, designed by Betty Johnston and Peter Rocca, is registered with the Scottish Register of Tartans. The Band is permitted to wear the tartan and considers it a great honour. Did you know that each kilt uses over seven metres of fabric, has 29 pleats and the tartan pattern must be unbroken? Each kilt takes more than 20 hours to hand make and ours were made by the ladies at All Things Tartan in Queensland.

As an aside, according to a UK 2016 YouGov poll, 38% of Scotsmen believe nothing should be worn under the kilt. And according to the same poll, an even higher percentage of Scottish women agree. A poll of the members of the Bundanoon Pipe Band is still pending.

We may be in temporary hibernation but next time you see us we'll be wearing our beautiful Bundanoon kilts with pride - with or without something underneath.

> Fiona Crago Secretary



### BUNDANOON INAUGURAI

# UKULELE FESTIVAL 2021

Bundanoon is renowned for bagpipes. However, a passionate group of local ukulele players are hoping Bundanoon also becomes renowned for ukuleles.

Anton Baggerman, the "Head Ukester" of the Bundanoon Ukesters came up with the idea of holding a local ukulele festival. Andy

Carnahan, Jeff Appleton and Gregory Olsen became partners in chords and so the not-forprofit Bundanoon Ukulele Festival was born.

On the weekend of October 16 and 17, the Pub, Club, Hall and Makers Markets will be strumming with the cheerful sound of ukuleles and singing.

We have shamelessly adopted the Scottish theme and our patron is "Mary" the ukulele-playing ghost of the Bundanoon Hotel. If you listen closely on a still, moonlit light, you may the hear the lilting strains of Fergus on bagpipes and Mary on uke.

This festival will focus on ukulele players and their groups. There will be workshops and performance spaces where everyone who wants to play will be able to perform.

Performances at the Pub and Club are free to attend, and the quality is sure to be high. The Festival Committee wants to share joy, in short supply for many of us after the fires, floods and then Covid-19.

There will be a concert in the Hall on Saturday night, October 16, featuring our own dynamic uke quintet, "Two Strings Short". The final act will be a highlight because every participant at the Concert will become the headline performer playing as a massed group.

We have asked Council to reinforce the roof of the Soldiers' Memorial Hall as the enthusiasm of 100+ ukulele players risks lifting it off!

At the Sunday Markets, on October 17, ukulele groups will serenade the stall holders and visitors in both the upper area and lower covered area.

A ticket to the inaugural Bundanoon Ukulele Festival is a modest \$50, providing entry to and performance at the main concert, two workshops, playing at the Pub or Club and being part of the audience for Bundanoon's inaugural Ukulele Festival. We have also received a small Council Grant to assist with staging the Festival and to help provide seed funding for future festivals.

Ukulele players of all standards are welcome. We invite you to register for the Bundanoon Ukulele Festival via its website: https://www.bundanoonukulelefestival.org/.

If you can't play the ukulele just yet, you can get infected with the very positive benefits that ukulele groups share by popping down to the Pub or Club on the afternoon of Saturday October 16, or the Markets on the morning of Sunday October 17, to catch the happy vibes. We guarantee a smile!

Andy Carnahan for the Bundanoon Ukulele Festival

Fingers-crossed. This article was written in July in the hope that Covid-19 restrictions will have eased and we can enjoy Spring 2021.



Bundanoon Our Village





The Auxiliary supports Warrigal Bundanoon residential Care, Hill Street, Bundanoon, by providing care and support for older persons in order to create an inspiring community.

Covid has interrupted our fundraising efforts, however a significant contribution by the Auxiliary has been the seating area outside the residence. This provides an accessible area for residents and their visitors to watch the kangaroos and birds and enjoy being outdoors.

The concrete area, bird bath and outdoor bench have all been provided by the Auxiliary.

#### **Warrigal Bundanoon Café**

The Café, which did open but is now closed again due to the recent Covid outbreaks, provided funds for a further garden bench located elsewhere in the grounds.

Both the Café and the Auxiliary are made up of Volunteers.

# Volunteers play an integral part at Warrigal

There are many varied roles available as a Volunteer. You might like to become a Volunteer – please contact the Volunteer Coordinator, Michelle Chate, at Warrigal on 0436 806 723 or mchate@warrigal.com.au for more information.

#### Help us with fundraising

We consign donated household goods through The Good Yarn, a charity shop in Bundanoon.

Proceeds, less the commission, go to Warrigal Bundanoon Auxiliary Inc. which provides some of those little extras to make life easier for residents.

Thanks to all those who have donated goods in the past.

Phone Ann 4883 7784 or Janice 0400 418 737.



## THE GOOD YIRN CRAFTS . Hand Knits . CARDS . Bric a Brac



#### The Good Yarn in 2020 - 2021

At our AGM in May we were very pleased to announce a record profit for the 2020/2021 year. This was in spite of the fact that we were closed in April/ May 2020 due to COVID 19 and the lockdown.

Donations this year totalled \$42,676.00, an increase of almost \$10,000.00 on the previous year.

Whilst we have had more consignors selling goods in the shop, the increase in profit is almost certainly due to the implementation of the EFTPOS facility. This has proved to be very popular with many customers choosing to opt for contactless payment.

You will notice from the list of donations below, that many of the recipients are organisations from within our regional area. This is important for our Volunteers, as they value the opportunity to contruibute to their local community.

I have said it before, a big thank you to the great Bundanoon Community for shopping with us, for donating your surplus goods and for consigning with us. Your support makes the Good Yarn the success it is.

The AGM saw me complete my term as President of the Good Yarn. Congratulations and good luck to Karen Hull who has taken over the role.

#### - Ann McCarter **President**

#### THE BUNDANOON GOOD YARN INC **DONATIONS 2020 -2021**

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Angel Flight	
Anglicare/Bowral Uniting Church Welfare/Pantry 500.00	
Anglicare – Christmas Appeal 500.00	
Arthritis & Osteo Foundation	
Bandaged Bear (Children's Hospital)	
Batlow CWA – Bushfire Relief	
Bible Society500.00	
Bikes 4 Life	
Bear Cottage 500.00	
Bundanoon Bendys 500.00	
Bundanoon Pipe Band500.00	
Bundanoon RFS500.00	
Bush Church Aid500.00	
Cancer Council	
Careflight 500.00	
Cerebral Palsy Alliance	
Challenge Southern Highlands 500.00	
Christian Education (Scripture books)	

Cystic Fibrosis.         500.00           Doctors without Borders.         500.00           Exodus Foundation – Bill Crews Foundation.         500.00           Farm Aid – Bungonia & Windellama         1,000.00           Fistula Foundation (Catherine Hamlin)         500.00           Friends of the Wingecarribee Animal Shelter         500.00           Guide Dogs for Kids.         500.00           Heart Australia - Heart Bus         500.00           Kids Cancer Brain Tumour Research.         500.00           Kids Cancer Project         500.00           Leukaemia Foundation         500.00           Legacy House         500.00           Legacy House         500.00           Legacy House         500.00           McGrath Foundation         500.00           McBals on Wheels MossVale         1,000.00           Mission Australia         500.00           Mission Australia – Triple Care Farm         1,000.00           Motor Neurone Disease Motor On         500.00           Neura Foundation         500.00           Ozariar Cancer         500.00           Ozylarvest Limited         500.00           Ovarian Cancer         500.00           Ozylarvest Limited         500.00           <	Cuetia Filomonia	F00 00
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	TOTAL\$	42,676.00

www.bca.asn.au JCG 13 September 2021

# **BUNDANOON** PHOTOGRAPHY GROUP

Covid 19 has reared its ugly head again, this time with a new, more infectious strain.

We are luckier than most, as our activities lend themselves to going online. So entries for the Presidents Cup, whose subject was 'High Key', were assembled in a presentation, circulated to the members, who then voted. This months winner was Alan Edwards with his sublime photograph of Trees in the Mist. The runner up was Joy Brown with her gentle treatment of Flowers on a Blanket.

Congratulations to the winners who are automatically entered into the Annual Photographer of the Year competition.



August's topic is 'Low Key' and as you can imagine, it is the opposite of 'High Key' and attempts to show the subject in low light giving the image a dark, moody feel.



September's topic is 'Abstract' which allows the members imaginations to run wild - we will receive some interesting entries!.



August's Workshop – Advanced Exposure Control



Septembers Workshop – Flash Photography

One of the lessons earlier this year was entitled 'Why do I take photographs'?. We all take photographs, normally to record important events in our lives, the birth of a child, first birthday party, a graduation, a wedding or simply of a holiday so you can share your adventuress with friends and family.

This is where most people, and photographers, part their ways. Photographers usually have a purpose for their photographs: an interest in capturing peaceful landscapes, a dynamic sunset or a moody portrait. Others enjoy the more technical aspects that the digital world offers, astro-photography, time-lapse or even macro-photography. Others delight in finding beauty in the simplest of things, like a soap bubble. All photographers enjoy the appreciation of others, some like their work displayed whilst others enter the world of competition.

Check the face book page for details of the 2021 calendar and members photographs on Bundanoon Photography Group.

Monthly Outings are subject to change whilst restrictions are in force.

The club offers a friendly atmosphere to all levels of experience, from beginners to advanced photographers. We share our photographs and experiences in a relaxed and welcoming environment.

New members are welcome, please contact President......Peter Gray 4883 6312 / 041 922 3928 Secretary.....Joy Brown 4883 6456 ..... or e-mail photos2578@gmail.com





above from top: Flowers on a Blanket by Joy Brown, and Trees in the Mist by Alan Edwards



### Exceptional appreciation

#### from Bundanoon Public School

Many people in our beautiful community have led, and are leading, amazing lives. They may have travelled and lived in interesting places, witnessed historical happenings that were pivotal in shaping world events or culture, or had careers that changed the lives of others across a broad spectrum of society.

We have many such people living quiet, unassuming lives here in Bundanoon who are all the more interesting for the self-effacing manner and the dignity in which they conduct themselves on a day to day basis.

Our breadth of life experience, born of enquiring minds and a need to seek and hear all opinions, has led to a broadmindedness amongst our community which reflects our level of education, individual thought and ability to understand and empathise with that which is outside the accepted doctrine of the day.

As an educator, such an environment is exciting. It supports creative thought and brings additional points of view that enrich our daily lives and that of our children's. Our expectations, hopes and dreams for our small people are broadened by input from community members with various backgrounds and life experiences. In short, in addition to living with and enjoying the amazing people within our community, we are in the unique position of having such people impact positively on growing our children to be amazing people in their own right.

Amazingness does not just happen. It is not an osmotic process that occurs by simply sharing the same space. Giving our children the benefit of our local community to expand their learning and outlook requires planning and knowledge of the needs of children, their families and those in our community with talents and skills they are willing to share. Knowing this, we can better plan experiences, conversations, and events that allow our children to benefit from the vast breadth of humanity within our village.

We must not underestimate the amazingness of those who intentionally seek to benefit our children. Families give their children the very best of their love, time and care and, in doing so, impart knowledge and their ethos of life, which is informed by a range of learning experiences.

Teachers and support staff in schools choose to be part of this learning process because we believe there is nothing more important than caring for and shaping the minds and well-being of our young people. When a stage 2 teacher cares for and knows her students so well that she spends hours consulting with colleagues and families to plan for the learning of individual students to achieve their learning goals; when this level of commitment and willingness to forego personal time - so her students can be the best they can be - occurs daily, and is the norm across all teachers and all stages, I say this is amazing!

When school Support Staff, working with school executives within the brain space of school budgeting, planning for the allocation of millions of dollars, notice a student upset and take time away from the task at hand to ensure they feel heard and cared for, that is amazing. And when these things happen daily, that is extraordinary!

Growing our students to be extraordinary people in their own right requires many extraordinary people. A team of extraordinariness!

The result of such a team is far-reaching. It extends beyond well educated, resilient, creative children (though this is outstanding in itself).

Our school community supports and encourages education, exploratory thought and prioritises the well-being of our small people, with the resulting school environment being one of high expectations, warmth, caring and innovation.

The ongoing results of our extraordinary team extend to the care and level of respect shown in looking after our school environment. In encouraging a sense of belonging, personal ownership and pride in our school, the Bundanoon community has grown to see the school as an important place of learning and being.

It is easy to install a 'big fence' around the perimeter of our school to protect our infrastructure and display a show of supposed strength. A longer-term goal that is coming to fruition is for all aspects of the community to have a voice within the school and enjoy access to the beautiful space and facilities.

Giving all age groups a sense of pride and ownership within this space encourages personal responsibility for its ongoing use and care.

Our broader community contributes towards our students' education throughout the school day through the uniform shop, snack shack, reading tutoring, gardening, ethics and religion classes, librarianship, school banking, and 'I PICk' seamstresses. Our wonderful P&C, assisting in informing school decision making and fundraising, provide additional opportunities for our school and community.

Through strategically encouraging, planning and working towards this ethos, it is pleasing to see a steady increase in the use of school facilities, including a Before and After School Care service, community markets, music groups, conferences and regular access to the sports facilities and green spaces through the holiday 'Share Our Space' program.

This increased use has resulted in reduced damage to the school site with nil incidents of vandalism or litter during the last school holidays!

In building a high level of responsibility and trust within our community, we can see the Bundanoon Community is indeed extraordinary in these turbulent times.

Ordinary people. An array of interesting, humble community members and a team of educators and support staff working towards providing education and well-being for our most precious asset – our children - within a school enjoyed by the whole community ... extraordinary indeed!

– Mel Morris Principal, Bundanoon Public School







### Rebels with a ball



# Bundanoon Rebels FC - a rock of normalcy in the wild Covid sea of disruption

If you haven't been down to Ferndale Reserve on a chilly winter's morning to see the fun to be had and the smiles on the village children's faces that the football brings – are you even from Bundanoon?

The club was forced to hibernate in the winter of 2020 due to the uncertainty and extra restrictions brought on by COVID, but it is up and running again thanks to the efforts of a slimmed-down Committee and some hard-working parents.

Without the hard work of people like Marty Gardner, Anton Baggerman, Tom Freedom, Craig and Sharyn Rowley, Andrew and Karen Bailey, Hayley Kent, Lisa Xavier, Daniel Beaton, Lincoln Vanderfield, Anthony Pelligrino, Sarah Pelligrino, Miriam Pearson, Magnus and Bel Agren and all the others it wouldn't have happened. Hats off to these (mainly) unsung heroes for giving up their time and huge chunks of their Saturdays to keep the club functioning.

With a couple of u7 and u9 teams, an u11s, an u13s and a patched-together Senior team (ages ranging from 16 to 53) the Rebels have been able to get on the park and make use of the beautiful five acres of fields at the edge of the village which are a credit to those who have set up and run the club over its 30 year history.

The complications of COVID (competition was suspended on 24th June) mean that everyone has had to adjust how they operate and cheer the players on. Wearing masks, keeping distance from each other and checking in at the grounds hasn't been too much to ask in order to keep us all safe. Hopefully the comp will be restarted as the COVID situation stabilises, but if not, the club will be fielding teams again in 2022.

It's great that football has been able to get going again and the Rebels have been able to host teams and parents from all over the Highlands and be competitive in all grades. The resumption of the Rebels as an active club gives the village, its children and their families an important social and physical outlet and builds pride in where we all live. It is part of the fabric of village life.

It would be great to have some more help for the Committee; the club needs a Registrar (manages the signing up of players and the forming of teams) and Canteen Manager (manages the stock for the BBQ and runs a roster of parents to staff it). The Committee members have been spread very thin at times.

There is also plenty of kit and room for extra teams - the only limitation has been coaches for younger teams. We could have put an extra u9s and an u10s team on the field. This means all the children will get more game time and fewer would have to play up an age grade. Coaching is great fun and anyone with a passing interest in the game, a Working with Children check and a bit of patience can do it. The club provides the coaching drills and support and it's a wonderful and personally rewarding thing to do for the club and the village.

Training for all but the u13s is on Thursday afternoons (u13s train on Tuesdays) and games are at Ferndale every other Saturday from 8am. The canteen has proper coffee and delicious BBQ food sourced from the Bundanoon Butchery and the Village Grocer. What better way to spend a winter's morning than the short walk down to Ferndale to cheer on the local kids or stick around and watch the Seniors battle one of the other village teams!

Bowral at home? Luv it!

– Marty Gardner President/Secretary/Registrar/ Comms Officer/u11s Coach BREC





#### Ring for appointments: 4883 6363

Monday to Friday, Saturday mornings @ the Moss Vale clinic

Allied Health services available at Bundanoon:

Physiotherapist • Podiatrist Remedial Massage Therapist

Doctors available at Bundanoon:

Dr Vincent Roche

Dr Geoffrey Sparkes

Dr Nicola Oehm

Dr Rick Aitken

Dr Aarielle McLaren

Dr Abeera Sivapalasingam

Dr Rana Hilmi

Dr Zara Watson

#### **Bundanoon:**

99 Frith Street Bundanoon NSW 2578 Telephone: 4883 6363

Fax: 4883 7066

#### Moss Vale:

61 Elizabeth Street Moss Vale NSW 2577 Telephone: 4868 1500

Fax: 4868 2688



### New name, new location, new management!

Bundanoon Pharmacy are excited to announce their new name, Bundanoon TerryWhite Chemmart! Previously on Railway Avenue, we have moved to the old Post Office site at 5-9 Church Street. We are driven to provide a better pharmacy experience to the Bundanoon community through product range, value and customer service.

We look forward to welcoming you!

#### Your local health hub









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Valid at BundanoonTerryWhite Chemmart until 1/10/2021. Excludes prescription purchases. One voucher per customer. Not redeemable for cash.



**Vaccinations** 

JCG



#### Bundanoon Massage Therapy

Massage Therapy for Health & Wellbeing

Swedish Massage Remedial Massage Trigger Point Therapy Sports Therapy

Iana Tallon (Dip RM) Remedial Massage Therapist

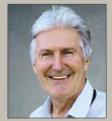
Approved for Health Fund Rebates AMT accredited member 1-6850

4883 6596 Chiropractic & Allied Health Centre 3 Hill Street, Bundanoon

### CHIROPRACTIC and **ALLIED HEALTH CENTRE**



Mitchell Kelly Chiropractor



John L Kelly Chiropractor



Duane Denetto **Audiologist** 



Jana Tallon



Aly Harriman Massage Therapist Acupuncture + TCM

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www.bca.asn.au JCG 21 September 2021







John Creighton and his team of caring helpers have spent many years tending to injured, orphaned, and mangy wombats in Bundanoon and much further afield.

In his humble way, John shies away from accolades or attention for himself. But for the wombats, well, that's OK. He knows that from awareness comes hope.

Known by most locals as 'Wombat John', he often spends long days and nights on wombat care. Supporting John's work are a core team of helpers including Caitlin, Oliver, Loma, and newcomers Zoë and Sam.

John and Caitlin recently received national recognition with awards from the Australian Wildlife Society. Both are pleased to shine a light on the plight of wombats and the actions that can help them.

For more information on Wombat Care Bundanoon, or to become a supporter, see their <u>Facebook page</u>.

– Bella Gnecchi Ruscone

images, clockwise from above:

- John with a young wombat,
- John visits Wombat Walk at Bundanoon Public School,
- Maisey and Lola ready for their close up,
- Zoë and Sam set cameras for monitoring,
- Oliver and Caitlin give a presentation,
- John sets a cydectin medicated Flap at the entrance to a burrow.







### Our John's Their Last Resort

Thank God we have the Wombat Man John Creighton is his name If not for Johnny's heart and soul Most wombats would be lame

He's neither vet nor doctor When it comes to wombat care But when it comes to saving them Our Johnny's always there

Whether up at Hill Top Or down south near Penrose town If wombats need a helping hand Our Johnny's soon around

He does it as a passion Aussie animals all rock Supporting Mother Nature Which he's doing round the clock

And even though you think it odd You think it rather strange The Wombat Man protects The wombats from the dreaded mange

So when you see our furry friends The wombats in the bush Their healthy cause of Johnny Creighton Getting off his toosh

No matter where, how far, how wide Our Johnny makes the trip He's saving natural fauna Helping wombats who are sick

And if you want to do your bit You want to lend a hand Donations are the greatest way To help the Wombat Man

So find him on the World Wide Web He really needs support And so do wombats in the bush Our John's their last resort.

- Adam Greenwood









## A truly extraordinary woman

Pat Hall's childhood was spent in beautiful Jervis Bay, surrounded by nature and influenced by her grandfather who was a serious conservationist in the area. A passion for wildlife and the outdoors began then and has never left her.

From the age of three Pat attended the Wreck Bay Primary School as it was over the back fence and seemed like a good idea to climb over the fence and spend time with her mates. The school kept returning her home but after a few weeks decided to let her stay. I feel, even at that age, that they recognised her determination to be with her Indigenous friends and learning was a bonus.

Pat's senior education was undertaken in several country schools completing her Leaving Certificate in Sydney.

Before University, Pat spent two years travelling throughout Europe in her Ford Bedford "ice cream van" complete with shower and toilet. Ever resourceful, she would charge fellow travellers to use the facilities which helped her fund the trip. Pat decided to return to Australia when Russia invaded Afghanistan, probably a wise decision.

Moving to the Southern Highlands in 1979, Pat secured a position with NSW National Parks and Wildlife Service. Although it was only temporary, Pat was convinced that this was the path she wanted to take to follow in her grandfather's footsteps.

It was working with New South Wales National Parks & Wildlife Service (NSW NPWS) that prompted Pat to attend Sturt University and study Park Management, Vegetation Management and Wildlife Management, a program specifically developed for NSW NPWS staff. This included an Associate Diploma in Aboriginal Studies. The reality was that she needed to do this if she wanted a career with NSW NPWS.

In her role with Parks, Pat has been fortunate to have had strong female mentors; in particular, Janet Cosh, a granddaughter of Louisa Atkinson; Rachael Roxburgh and Ros Badgery. All three had influential connections to the Southern Highlands and are worth reading about.

In 1995 she was appointed Manager, Education/ Information/Tourism, South Coast and Highlands Region. This was the first position of its type in NSW, NPWS and Pat responded with enthusiasm.

She was a part of the education team that built the Visitor Centres at Minnamurra Rainforest and Fitzroy Falls. She developed an education team delivering programs to schools throughout the Region. The group included seven Aboriginal Discovery Rangers travelling to schools in an 8 metre- long Education Van called Wanda and much to the horror of her male colleagues, Pat towed the van.

Pat, in partnership with year 12 Indigenous students and staff from Nowra High School, constructed a mosaic sculpture at Bomaderry Creek Regional Park recognising the establishment of the Bomaderry Children's Home which from 1898 to 1998 housed hundreds of Aboriginal children removed from their families – a sad and sorry time in Australia's history.

Pat went on to complete many goals and was seconded to several National Parks in NSW including Sydney Harbour National Park during the Olympics. In 2015 when the Government introduced many changes to the Public Sector, in particular the environment, Pat elected to retire and focus on projects that she was interested in. She also wanted to travel to Bhutan – a country she had visited on many occasions. Following a long break, she became a volunteer with NPWS, along with a team of four and occupying office space at Fitzroy Falls. Little did she know that she was about to be busier than when she was working full time.

In 2015 Pat was asked by the Bundanoon Community Association (BCA) if National Parks could do something to celebrate Bundanoon's 150th Anniversary – the NPWS Area Manager agreed and the Glossy Black Cockatoo project was born. The Glossy Black Cockatoos had recently been added to the Threatened Species list. The problem was loss of habitat but more importantly, lack of their preferred feed tree Allocasuarina littoralis (black she-oak) so the timing was perfect. Pat went to work. Seed was gathered and propagated by volunteers from the Native Plant Society in Menai managed by Lloyd



Pat Hall and friends plant Allocasuarina littoralis as a feed tree for the Glossy Black Cockatoos

Hedges. All 150 plants were distributed by Pat within one hour and subsequently planted. This was the beginning of a very successful project supported by the local community through many volunteers.

The project has been so successful that the Great Western Wildlife Corridor (stretching from Blue Mountains to Morton NP) was established by the State Government to protect not only the Glossy Black Cockatoo but many other threatened species including the Koala. The GBC program is now managed by the Saving our Species Team (under the guidance of Lauren Hook and the team of Flossies), receiving Commonwealth and State Funding. Up to the beginning of this year the community has planted over 13,000 trees, with more to come.

A recent project initiated by Pat and "growing" in some Highlands schoolyards are Bush Tucker Gardens. Bundanoon, Exeter, Moss Vale, Wingello, Penrose, Glenquarry, Kangaloon, Gib Gate and Bowral Primary Schools now have a Bush Tucker Garden and they continue to be a hands-on collaboration between Pat, Aunty Sharyn (Gundungurra Elder), Melissa Wiya ( Aboriginal Liaison WSC), students, teachers, community members, Veolia Mulwaree, Lions Club Bundanoon and NSW NPWS.

Another addition to the gardens is the K-6 Aboriginal Culture Teachers' Kit, prepared by Pat and supported by Veolia and the Bundanoon Lions Club, that forms part of the NSW Education curriculum.

At every Bundanoon Market Pat can be found at the book stall raising funds for the Brush -Tailed Rock Wallaby, another endangered species found in Kangaroo Valley

Please stop to say hello and purchase a book - you can make a difference.

What began as a six- month trial with NSW National Parks and Wildlife Service evolved into a 10-year casual position which became a 35 year-career which continues to contribute to the Southern Highlands and beyond and we are all the richer for it.

In the 2009 Queen's Honours Pat was awarded the Public Services Medal in recognition of Outstanding Public Service, in particular, to the Aboriginal Community.

– Elizabeth Cranny

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# Women working in health

As a community, we appreciate and thank all healthcare workers. Covid has made work in this sector even more demanding than usual. Following are stories from a few of our community working in this area. Thank you for giving us hope, courage and the best of care.

### Bianca Lean

#### **COVID-19 Response Coordinator**

South Western Sydney Primary Health Network (SWSPHN)

I was born on the traditional lands of the Dharawal People in Bulli, before moving to the traditional lands of the Gundungurra People, to a little village that we all know as Bundanoon.

After high school, I studied at the College of Fine Arts in Sydney, completing a Bachelor's Degree in Fine Art, majoring in printmaking. I then left to explore Europe where I spent the next five years living in Scotland, the UK, Spain and France, eventually settling in a not so little village, Berlin.

Returning, I spent a few more years in Sydney, travelled through America, completed a Postgraduate Certificate of Arts in Writing, and returned to the Highlands where I live with my daughter in Bundanoon.

My career in the health care sector began four years ago. I spent three years as a medical receptionist and practice manager and completed a Certificate III in Medical Business Administration with the support of The Practice - Bundanoon.

Since then, my career has evolved into a support role for primary health as the COVID-19 Response Coordinator for the South Western Sydney Primary Health Network (SWSPHN).

Being COVID-19 Response Coordinator in the current climate is a very demanding position, but it is also highly rewarding. It is a privilege to be able to support the primary health care providers in South Western Sydney during these unusual and complex times. Every day there is much to be done, much positive change to affect, and I enjoy the sense of being able to make a difference.

I believe we are all living together through a historical and extraordinary time. I love working to support a group of people who are putting themselves on the front line every day, knowing that by helping them I am also helping our larger community. It is a gratifying and wonderful feeling to have at the end of a busy day.

– Biana Lean



above: Bianca Lean and her daughter, in Berlin

**Angela Williams** and Alice Cant

## Registered Nurses and Retained Firefighters

Angela Williams is a Registered Nurse (RN) working at Bowral and District Hospital.

Alice Cant is a Registered Nurse (RN) working at Goulburn Base Hospital in Emergency.

Both are also retained firefighters for NSW Fire + Rescue, Bundanoon 242.

Joining in October 2020, Angela and Alice completed their Phase 1 & 2 training in January 2021. They bring positivity and a wealth of knowledge with them.

"I wanted to serve while I am fit to do so. I draw on knowledge learnt from more than 20 years of nursing and working in emergencies," says Angela.

"It's another way to positively contribute to the community," agrees Alice.

Their experience in nursing has given each extensive expertise in caring for patients. Bundanoon 242 is a busy CFR (Community First Responder) station, so their skills will be hugely advantageous. Both women are level headed in a crisis.

As two new female F+R employees, they support each other and find support within the Bundanoon team. The added stress of COVID is acknowledged and taken into account.

"We are treating people who may not know whether they have been exposed to COVID, so the stress has increased," Alice explains. "Process is always essential. There are support pathways within each organisation. We also rely on each other and look out for each other's well-being within the team."

Studying to become a Clinical Nurse Specialist with a Masters in Dementia Care, Angela juggles motherhood, study, nursing and Fire+Rescue availability. "I try to be available as much as I can," she smiles.



above: Angela Williams and Alice Cant at Bundanoon 242

"We'd like to think we can inspire more women to join the Fire + Rescue team," both agree. "Having a broad range of responders means we can cater to any situation and learn more from each other."

Making a contribution to the community through the care of others is common to both. Alice and Angela enjoy this work, and they are an enormous asset to our region in any emergency.

- Bella Gnecchi Ruscone

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# Women working in health

### Nicki Darch

#### Physiotherapy Aide

When you think of physiotherapy, you might think of a repetitive action in a clinical setting, like moving an arm back and forward.

Nicki is a Physiotherapy Aide at a local aged care facility and works with physiotherapists to develop programs for residents. They do mobility training, rehab, fall prevention, massage and group classes.

"It's not just remedial" says Nicki. "The Wellness Clinic is a lot of fun - more like a social club. We have music and darts and carpet bowls is extremely popular." These fun activities improve strength, balance and hand-eye coordination in a warm and friendly environment.

Nicki loves her job "I enjoy listening to the residents' amazing stories of happiness and hardship. I learn a lot about the local area." She believes that people should not underestimate older adults and should encourage their physical and mental independence.

It is widely known that older adults and their carers are vulnerable in the COVID pandemic. It has been a challenging time for residents and news about other aged care facilities has been upsetting.

"It can be hard to offer comfort whilst physical distancing," says Nicki. "We also miss the visits of children from school and preschool."

However Nicki believes that her team has been fantastic at addressing the challenges of COVID.

During the last lockdown, the facility was one of the first to introduce a safe visiting room. This a room with floor-to-ceiling perspex so families can still visit and Church can still continue this way too. Window visits and Zoom calls are also encouraged.

Far more than just a bunch of exercises, the Wellness Clinic offers connection and care. Residents often pop in for a chat.

"Sometimes we go outside for a walk," says Nicki "or sit in the sun and watch the kangaroos. There's a psychological benefit."



above: Nicki Darch loves her job.

"All the staff here have a common goal" says Nicki " which is to promote the wellness and mobility of the residents".

By the time this article goes to print, all residents and staff will have been given the opportunity be fully vaccinated. Nicki urges everyone in our community to do the same.

- Hope Earl

### **Anna Reid**

#### Registered Nurse

Reflection: How To Be Human

I think maybe one of the rarest things in the world, Is sitting next to a dying man.

I think maybe one of the last things I would have expected to do in my life,

Is to sit with a man as he dies.

I think maybe I never expected to hold so many strangers' hands.

I think maybe I never expected to feel so much heartbreak for so many unknown families.

I never thought I'd be sitting here in the yellow light, in the muffled sound of laughs and hospital alarms, whilst I hold the hand of a dying man who thinks I'm his wife, who is smiling and telling me how happy he is while a cancer takes over the final part of his brain.

At 17 years old I washed my first body and helped prepare a woman for her next great adventure. I have learnt to be as completely human as possible, to listen when you feel misheard, to hold your hand when you are tired, to offer my comfort when it all feels too much, to care for your family when you leave this world.

It's painful, it's heartbreak, it's sadness, it's joy, it's loss, it's freedom, it's success, it's failure, and it's absolutely everything else in between.

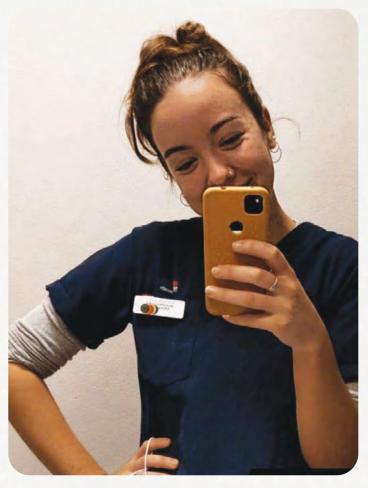
But my goodness some days feel like more sadness than my little body was ever built to bear, and I never thought seeing a dying man ache so hard for the world he's leaving behind would make me ache just as much too.

It's the hardest challenge and the greatest blessing of my life.

And I've never felt so hopelessly human.

"Haven't I got the golden ticket", he says. He laughs and pulls his blanket up and rolls over into his next journey with a smile on his face that breaks my heart in the most mixed up version of happy I've ever felt in my life.

- Anna Reid



above: Anna Reid rises to the emotional demands of nursing.

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# Women working in health

## Sarah Pellegrino

#### **Nurse Educator Clinical Practice**

Justice Health and Forensic Mental Health Network, a division of NSW Health

My background is in Emergency Nursing; I fell in love with the fast-paced, high acuity environment as a Graduate nurse and made it my career. I worked for 15 years in EDs as a Registered Nurse and then Clinical Nurse Specialist. It gave me a fantastic grounding in the care of diverse patients and honed my skills in rapid assessment. I enjoyed mentoring undergraduate nursing students and junior nurses throughout my nursing career.

We decided on a tree-change to the Highlands 5 years ago. We drove down Railway Parade for the first time and, struck by the beauty of the Autumn trees lining the street, decided to make Bundanoon our forever home.

A colleague encouraged me to apply for a job at the soon to be recommissioned Berrima Gaol. My first reaction was, 'don't be ridiculous, I'm not working in a jail', but I applied, and the rest is history.

I work for the Justice Health and Forensic Mental Health Network, a State-wide service providing health care to patients within secure environments such as Correctional and Youth Justice Centres and Forensic Mental Health settings. My role is Sydney-based, but I am working remotely due to the current pandemic.

As a Nurse Educator for Clinical Practice, my role is to teach nursing staff skills such as CPR, application of Personal Protective Equipment (PPE), Venepuncture, and Cannulation (taking blood and inserting 'drips'). My team facilitates training in primary care nursing for Graduate nurses and mandatory training for medical and allied health staff. The best part of my job is watching the development of first-year nurses and seeing their confidence grow. It makes my heart smile.

Since March 2020, I have assisted the Network's COVID-19 response by developing and implementing education in the application of PPE, fit checking, preparation of COVID - 19 vaccines and delivering care to patients in guarantine and isolation. With COVID, my job has changed quite a bit. We have redeveloped training from face to face to virtual delivery. I have enjoyed the challenge of maintaining engagement with online participants. In reinventing our training processes and procedures, we have pulled together



above: Sarah Pellegrino with her family

and strengthened our communication pathways within teams and across departments. There's not much that we haven't been able to do on Skype!

My role has numerous opportunities for professional development. Last year I completed a leadership program towards a tertiary qualification in Effective Leadership in Healthcare at the University of Wollongong. I am currently undertaking an online Graduate Certificate in Clinical Teaching with the University of Tasmania.

I am a mother of 4. I volunteer as a soccer coach for the Bundanoon Rebels in my spare time, am joint Vice-President of the Bundanoon Public School P&C, and answer calls on the National Breastfeeding Helpline as a Breastfeeding Counsellor with the Australian Breastfeeding Association (ABA). For further information, see the Southern Highlands ABA Facebook page.

I love living in Bundanoon, where core values and community are still practised and appreciated. I found my tribe in Bundy and am grateful every day for living in such a beautiful part of the world.

- Sarah Pellegrino

### **Genevieve Stewart**

#### Counsellor and Medical Practice admin.

I have a Psychology degree and offer counselling and hypnotherapy. I currently also work part-time in medical practice reception and administration and aim to start my Masters in Psychology soon.

Whether counselling, answering the phone at the medical centre or having a chat with a friend at the pub, one thing is clear: the last year has hit people for a 6.

Following the trauma of the 2019/2020 bushfires, COVID was upon us before we could come up for air. It delivered a level of sustained stress and angst, the likes of which most people have never experienced.

Usually, mass traumatic episodes such as fires and floods, or the events of 9.11, happen in an acute period of exposure. Heightened emotions subside after dramatic events, and we start to process in a safer environment. Additionally, terrible events often bring the community together through discussion of issues, supporting those more vulnerable, or concerts and fundraising. Then personally, and as a community, we can start to heal and move forward.

The coronavirus pandemic has not followed this pattern. The whole community is experiencing a sustained and prolonged exposure to an almost invisible foe. Coupled with a continual news feed (including misinformation), this can create a heady mix of anxiety, fear, and paranoia. A visit to your supermarket's toilet paper aisle will show you the physical manifestation of that mix! Sadly, due to the nature of the virus, we cannot come together to heal physically (yet), but there are other small acts we can do to help ourselves and others get through this incredibly trying time:

- Breathe.
- Remember that although we may be physically isolated, we face the same challenges as a community.
- ➡ Be kind, gentle and patient with others. Everyone copes with stress differently. That person being a bit snippy or abrupt towards you is probably more stressed than usual and may not currently be their best self.
- Be kind, gentle and patient with yourself. The fear and uncertainty of this time may be fatiguing you more than you realise.
- Enjoy the coming spring!
  - Feel the sunshine,
  - Take a walk in the re-opened national park,



above: Genevieve Stewart

- Partake in a (takeaway) coffee or snack from our brilliant local shops,
- Say hello to people walking down our beautiful streets - they might be smiling behind those masks.

If we can all be a little kinder, a little more patient, a little gentler with each other and ourselves, we might all feel a whole lot better as we traverse through this pandemic.

If you feel like you need to talk further, there are 24-hour support services who listen, provide information and advice, and point you in the right direction:

- Beyond Blue Support Service 1300 22 46 36
- Lifeline 13 11 14

- Genevieve Stewart

www.bca.asn.au **JCG** September 2021 33

### Ray Wheatley

Born in the London suburb of Chingford in 1944, Ray left school at 15 to start his apprenticeship as a carpenter and joiner. He continued this occupation and in 1965 he married Heather. Three weeks after the wedding Ray and Heather boarded a plane bound for Sydney, Australia, where they found a home in Banksia.

Ray's first employment was at David Jones in Sydney, where he worked as a shop fitter for a short time before setting up his own carpentry business. During this time they welcomed the arrival of a son and daughter and made the move to Oatley.

In early 1979 Ray and his family moved from Oatley to Bundanoon and later that year he joined the Bundanoon Rural Fire Service. As well as his firefighting duties, in 1982 he also took on the extra duty of Treasurer. Although some time ago he withdrew from active firefighting duties he continued performing the Treasurer role until 2020 when, after 38 years, he handed the job over to Jon Fawcett.

Ray retired from full time work in 2009 and can be found most days at the Bundanoon Men's Shed where he's still working with wood.

Ray's wife and daughter also volunteered for positions at the Bundanoon Rural Fire Service, Heather as a member of the Auxiliary and also as one of the muchappreciated catering staff, (food on the fire line in the early days was rather ordinary).

Ray's daughter Jane joined as a junior member and like other members, was involved in attending the usual firefighting duties.

The Wingecarribee Shire Council acquired an old bus and Ray, along with the then former Bundanoon Captain, Dave Lidgard, was instrumental in fitting out the first Rural Fire Service mobile canteen in the Shire.

Two major incidents stand out for Ray - the Werai Fire and the Wingello Fire in January 1998 that resulted in injuries and loss of life.

In recognition of his selfless service and dedication to the RFS, Ray was made a Life Member of the Bundanoon Rural Fire Service in 2018. He is a quietly spoken man and not a person to make a fuss, and his dedication to the Bundanoon Brigade and to the Community is much appreciated.

- Ken Rooke



"A quietly spoken man, not a person to make a fuss, his dedication to the Bundanoon Brigade and to the Community is much appreciated."

# Pam Davies & Ralph Clarke

Pam Davies and Ralph Clarke are a well-known and respected couple who offer strength and support to the Bundanoon community. From whence did they come and what prompted them to come to a village in the Southern Highlands?

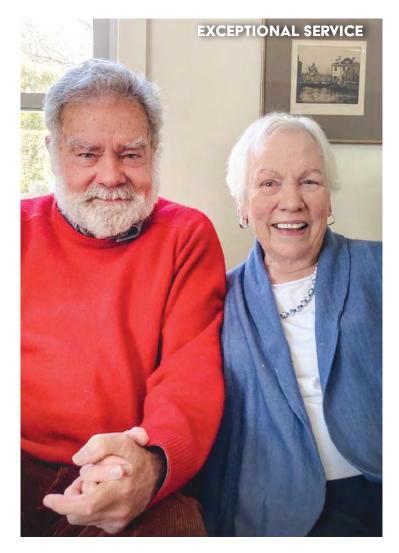
Pam spent her youth in Bellingen, leaving school at 15 to help with the family after her mother died. After a couple of years at home she left to start a Tech course in Sydney while training in the pathology laboratories at Sydney Hospital. Marriage and four children interrupted her education somewhat but in 1974 she undertook a part time degree at Macquarie University with many other 'angry, divorced ladies', to put it in Pam's words. In the meantime, her part time position at RPAH became full time at the reference centre for NSW cytological diagnoses, an exacting science in the study of cells as a pathology pathway to diagnosis and quite new in the 1970's.

In 1989 Pam decided there was a life after RPAH and Glebe. Having perused the opportunities in the Blue Mountains, her daughter suggested she have a look at the Southern Highlands, a huge change from her profession as a Cytologist

Pam purchased Mildenhall, running it as a guest house for ten years. Cooking and catering had always been a major interest and Pam specialized in group bookings of up to ten people. She eventually sold Mildenhall and moved to Inverade, which she purchased as a self-catering establishment.

One can't pick up a copy of the JCG without inwardly thanking Pam for her part in its success. Previously, the Bundanoon Community Association (BCA) had distributed a black and white newsletter informing residents of events and news of the district. 1995 saw the newsletter morph into a magazine under the direction of enthusiastic residents, attracting contributors and eventually advertisers. Pam became Editor in 2005 and grew the publication into the full colour, glossy magazine we see today. Prior to accepting editorship, Pam undertook a University of Sydney Continuing Education magazine writing course. While enjoying seeing the growth of the JCG under her leadership, she fiercely acknowledges the valuable assistance and encouragement of many, without whom she may not have succeeded.

Meanwhile Ralph considered departure from the city and his printing profession. In the year 2000, lost in Sutton Forest and taking a random turn he found Bundanoon The reaction was immediate, he found a house and moved to the country. Being a staunch Lions Club member previously, perhaps



the welcoming LIONS sign at the entrance to the village may have been an influence; he very soon became a valued member in this his new life and is a tireless supporter of anything he turns his hand to.

Although Bundanoon was considerably smaller than it is today, many groups were operating independently. During Ralph's lengthy term as President of BCA he pointed out the advantage of smaller groups becoming sub-committees and sharing the security of being part of an organisation while managing their own group. The advantages of reduced hall rental, insurance, financial and legal assistance were just some of the incentives.

Many have enjoyed the History Group excursions to places near and far. Pam and Ralph research thoroughly, making prior visits where possible, to ensure an informative and interesting adventure accompanied by good food and wines and loads of fun. We have never actually lost anyone, strict head counting at every stop showed up the late comers. We are a bit limited at the present but hope the lockdown will pass and we can take off again. Norfolk Island, here we come.

- Annie Goodridge

## Down to earth

Justin Hartley shares his knowledge of healthy soil, vegetable growing, and community.

Believing in a small-scale, sustainable, localised food system, Justin Hartley established Duck Foot Farm in July 2020.

After managing Moonacres Farm in Wildes Meadow for several years, Justin knows the Highlands soil and climate well. His vision is to be a part of and grow a regional Highlands food hub.

Three properties owned by others and farmed by Justin currently make up Duck Foot Farm: a half-acre in Moss Vale, an acre in Exeter and an acre in Penrose.

Internships on the farm supply labour and share knowledge gained. Local horticulturalist Joh Davidson and cook Veena Qureshi also contribute with ideas, hard work, and friendship.

Connecting with a community of small-scale growers, Justin has a positive and collaborative approach which:

- produces fresh, healthy vegetables for local sale and consumption,
- creates community through knowledge-sharing and sales, and
- improves soil and uses land that may otherwise be sitting idle.

Using a no-dig, no-till method, Justin plants crops on raised beds of organic compost over cardboard with mulch pathways between. Vegetables are harvested every Tuesday for home-delivery. Justin supplies produce to households, restaurants and cafes.

"It all starts with healthy soil", Justin explains. "Good soil biology is vital for growing healthy vegetables. Eating healthy vegetables contributes to healthy humans."

"With better land management practices, small scale farming has a lot to offer. We have a big opportunity here in the highlands; there is so much under-utilised land", Justin says.

Recent graduate, Sam Hansen has completed an internship with Duck Foot Farm. He is now setting up his own farm near Wombeyan Caves with a broad skill set acquired while working with Justin this year. Justin hopes that all his interns can set up their own farms and then, teach others.

"I have been offered a lot of land around the Highlands, but I can't run every farm here! I'd prefer to see other people learning how to do it and see more small scale farming," Justin says. "Developing a community of small scale growers could lead to a viable cooperative, supporting each other, educating the public and ourselves. There are almost 50,000 people in the Highlands, and it's growing every day, so, there's lots of opportunity..."

For more information, see www.duckfootfarm.com.au.

- Bella Gnecchi Ruscone





A fresh box of vegetables, ready for home delivery (above)

Vegetable farmer, Justin Hartley (top)

Crops growing at Duck Foot Farm, Moss Vale (right)



### **CARROT-TOP PESTO**

## Getting every bit of goodness from the humble carrot

#### Ingredients:

- green tops of 1 x carrot bunch (Justin's yields approx 3 cups)
- 100gms raw cashews or pinenuts, lightly toasted in a frypan
- 60gms parmesan cheese, finely grated
- 2 cloves garlic, finely chopped or minced
- 150mls olive oil
- salt & pepper

#### Method:

- Separate the leafy tops from the carrot bunch. Wash and dry them off in a salad spinner.
- Remove the stems and place the leaves in the food processor.
- Place the nuts in a small frypan over a medium to high heat, tossing them until they lightly brown. Transfer them to a bowl to cool.
- Grate the parmesan.
- Peel and chop the garlic.
- Add the nuts, parmesan and garlic to the carrot leaves & season with salt & pepper.
- Add the olive oil & pulse for up to a minute or so, until a smooth paste forms, scraping down the sides as you go.
- Spoon into a clean jar and cover the top with a drizzle of olive oil before sealing with the lid.
- Store in the fridge and use within 1-2 weeks.
- Makes approx 400 mls.

- Annie Logue



#### **JCG DECEMBER ISSUE**

THEME History

DUE Friday 30 July 2021 SEND TO JCG.editor@bca.asn.au

# Exceptional Scottish Fold, call me

Exceptional people! I know there are lots of them in Bundy, including my human, but what about exceptional animals?

I'm a Scottish Fold. What's that? you ask, and I reply that I'm an extraordinary member of the feline family. My ears are not all sticking up and cheeky but discreetely shaped into the side of my magnificent head. My fur is golden and thick, groomed and cleaned by an expert...me.

The first years of my life were in a luxurious apartment in Neutral Bay. Japanese was the spoken word and I understood requests and commands although occasionally pretended not to hear if it was inconvenient. I never ventured beyond the balcony and the outside looked and sounded very scary

One day they put me into a basket, with a lid (such an insult) and we travelled way out of the city buildings to strange and frightening countryside. I may be beautiful, but courage was never part of my demeanour.

We arrived at a huge house with an enormous garden and I was amazed, scared and wary. Everything was green and the smells were most unpleasant.

A big black cat welcomed me and he actually understood Japanese. I discovered later he'd travelled on an aeroplane (not sure what that is) to be with his human who was indeed Japanese. His name was Yamato and I should have been happy but I dived under a bed, curled up tight and stayed there for ages, weeks. The people were kind and spoke to me in my language, offering me food and trying to coax me out. Eventually I emerged and Yamato was my very special friend although he never tried to go under the bed. That was my space to escape to when bothered. We wrestled and chased all over the house until one day he did not play and soon he disappeared. I was very sad and went back under the bed,

As the years have gone by, I have become a country cat although I will never forget the first time I walked on grass. Ouch! and what are those buzzing things flying everywhere.

Creatures flew through the air diving at me but now the big black and white ones are my friends. We share food and sit together in the sun although they are very pushy. I heard a rumour that we cats kill birds and little creatures, but I don't believe it for a minute. Why would a well-fed pussycat do that? There are lots of wriggly, running little things to watch in the garden as they skitter here and there like mad things.

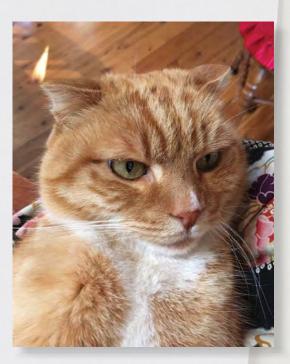
I have learnt to understand the local language and answer with differing meows. Soft and gentle with purrs, loud and threatening with claws when roused.

I can stretch out to an impressive length, but beware of scratching me on my tummy - I just might get too playful and forget my manners. I make sure I greet all visitors with a welcome rub and they respond with lots of pats and cuddles.

I have my own dog, a tiny little thing who is in need of protection and we stick together day and night.

I know there are many exceptional animals in Bundanoon and so I write on their behalf and hope they are all happy and proud.

- Chopper (with the help of his pet, Annie Goodridge)







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# A Voice in the Night

by Sarah Hawthorn

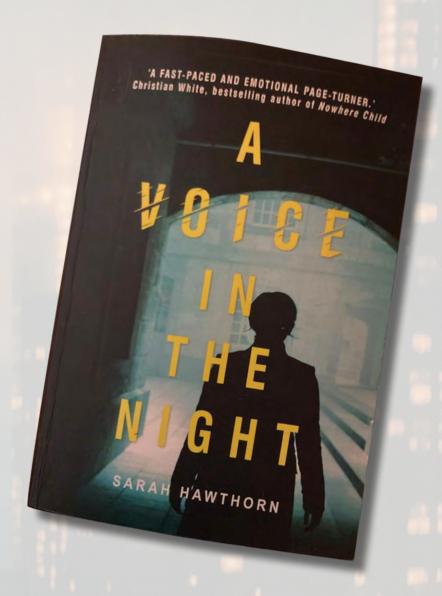
Imagine someone at the centre of your life—physically and emotionally—suddenly disappearing, seemingly killed in a shocking event, the aftermath of which reverberated around the globe.

Gradually you pick your way through the horror and disbelief. You rebuild your life. Then, decades later, come hints that the person you mourned so deeply might still be alive. At one level that might be joyful beyond belief. But what if those hints almost seem calculated to make you question yourself and your understanding of the past and those who were close to you. Should a hand-written note declaring—At last I've found you. A shock I'm sure. But in time I'll explain—be the cause for wonder and inexpressible hope? What if the note seems to brim with unanswered questions?

Sarah Hawthorn's fast-paced thriller, taking its cue from the 9/11 attack on New York's World Trade Centre, poses these tantalising, and disturbing, "what if" questions. Moving smoothly in time, between 2001 and the present, and in place, New York, London and Sydney, the answers to those questions are wrapped in a skilfully layered, unpredictable tale of life, love, loss, ambition, deceit and revenge. Each city is brought to life by Hawthorn's keen observation of daily rituals and neighbourhood haunts. Adultonly sex scenes sit alongside carefully contrived manipulation and psychological drama (think Hitchcock's Psycho!). Little is as it appears. A pair of high-fashion red shoes play a part in the mystery.

A few select extracts give the flavour of this engaging and highly readable story:

"The idea of him stalking her around London seemed fantastical, but best be safe and prepared; what if something more insidious was going on? Something that could



destroy her memory of him, and make a mockery of the years she'd spent idealising and mourning their time together?"

"The two of you ruined my life. Ever since I found out about you, I began plotting the perfect murder."

"He loves me. Whatever I instructed he did."

What is going on here? Who is avenging whom and why? To find out you will need to read A Voice in the Night.

Reviewed by Peter Rodgers, whose latest books are a satirical novel, Beethoven's Tenth and the Journey Which Saved the World and a collection of short stories, Life, Death and Other Distractions.





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## A FOREST OF ART

Lyn Morehen

I usually write my Garden Tales articles for the JCG publication because I particularly like to share my love of Bundanoon gardens and their plants. However there is also something magical about the various forms of art in gardens that can also bring a sense of joy. Such pleasure is to be found at the Bundanoon home of Barry Miller, creator of outdoor sculptures who calls his hobby 'Ruffart'. On a cold, sunny winter afternoon we wandered around a parkstyle garden admiring the well-established trees and inspired metal pieces dotting the landscape. I say "inspired" because that is what they are. Barry's art comprises large pieces ideally placed in this setting. Rusty, wooden and bold. A dash of bright colour, usually reds or yellows, is added to smaller pieces

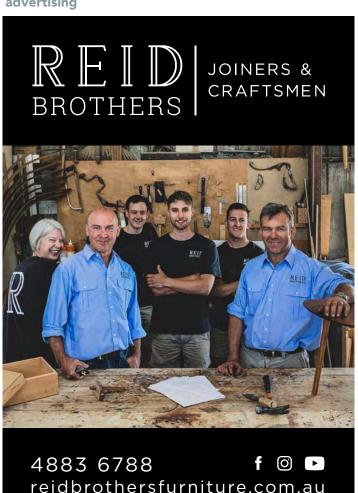
Barry's journey began some years ago at the annual Tallong Apple Fair. There he saw a piece of whimsical welded garden art comprising a collection of rusty bits and pieces of discarded metal, including an old shovel. He bought the sculpture and thought, 'I'd like to have a go at doing that'. He's proven to himself and others that he can.

His journey has been supported by a number of locals - especially Craig Rowley and Ken Raffe. He sources materials by scouring scrap metal yards, car wreckers and donations from people wanting to get rid of rusty junk. He uses old car parts especially springs, metal trim from decayed park benches, pieces from old farm machinery such as tractors, rims from the wheels of carts and pieces from ploughs and even offcuts from TAFE metal working classes where he learnt to weld and cut metal with oxy-acetylene. Once Barry has the metal pieces he wants, the sculpture assembly begins, often married with unwanted wooden pieces such as railway sleepers or old fence posts.

I felt privileged to see this work in such a sylvan setting with Barry explaining the origins and workmanship of many of the pieces. It was obvious to me that the sculptures would also delight children of all ages, they are fun and tactile. Readers may occasionally see Barry's work at the Bundanoon Markets and they were also on display at the Bowral District Art Society in 2018 with other local artists Sue Davison and Sean Quigley.

This interesting and rewarding use of old, unwanted, discarded, rusty and forgotten bits and pieces can help provide extra interest to gardens and their plants, both in Bundanoon and beyond.







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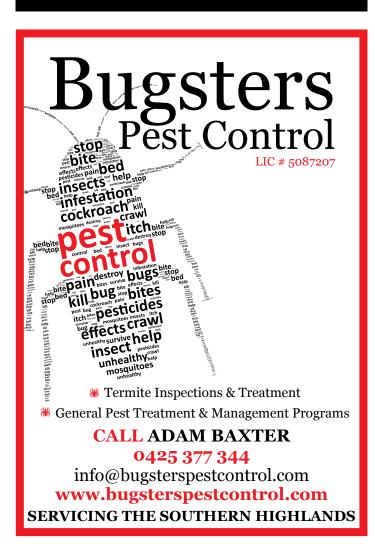
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Purnululu Dreaming

## Zenta Zerbergs

I make may mistakes when I paint. And it is often through these 'errors' that the gift of seeing or knowing comes.

And so, I have learned to paint with respect. With patience. With forbearance. And faith. Lots of it.

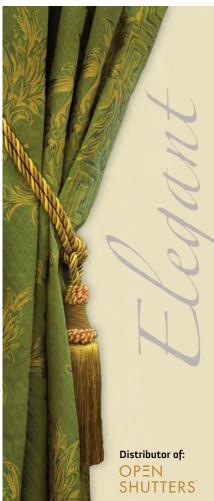
Bit by bit I add. And add. I build. I take away. I erase. I layer and layer, and then rub and rub at the canvas and worry I will accidently wear a hole, and what will happen then?

And then at some point, the painting is complete. The initial vision that compelled me to paint it, with great hope and anticipation, as if, along the way, a great secret will be revealed, has taken me through a journey of contemplation, frustration, disappointment, self-doubt, reconciliation, revelation, and ultimately, forgiveness, and love.

Explore more of Zenta's work at **www.zentaimprints.com.au** 

- Lyndell Giuliano





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JCG

## Travelling Nana Diaries...

When we think about people, we have the 'Ordinary people' and we have the 'Extraordinary people'.. but what actually sets the two apart? Most of us think of ourselves as being just ordinary, no fuss, nothing special, behind the scenes, just going about our lives mostly unnoticed.

Then there's the extraordinary. what defines you as being given that label?

Travelling on the trains back and forth to the City from the Highlands certainly opens up one's opportunity to observe people simply going about their business. One doesn't look at these people and think 'wow, you're extraordinary', and 'you, well you're just ordinary' do we? We don't wear labels, unless on our clothing and accessories usually.

Actually, it's the very heart and soul and the deeds of a person that make one extraordinary, that sets us apart and defines the two. And there are two types of extraordinary: the observation of people's behaviour, which makes you think to yourself 'that's extraordinary! that they could or would or have done that', more of a mind-boggling type; and then there are the people in your community who are extraordinary, who go above and beyond expectations to help someone, or put enormous energy and effort towards a cause for the greater good of everyone, no matter what it takes, and these are the extraordinary selfless people living in our communities.

The year that defined this particularly was the Bushfire-Covid period where the two events emerged and blurred the years of 2019-2020 together.. these were extraordinary times which consequently affected all of us in some way.

We saw the emergence of desperation, as shelves were stripped of basics by people hoarding in extreme numbers purely out of fear, not thinking about their selfish actions and how others would be affected. We saw how an otherwise engaged, communicative and caring community could transform into selfishness, greed, suspicion and uncaring as we all were forced to self isolate and could only communicate through our phones or other devices. We lost the human need to 'feel & touch' as we all became suspicious that we could catch or infect each other just from a handshake or a kiss on the cheek, so socialising became taboo.

These were extraordinary times that set us all apart as we went upon our own affairs and often left many behind without a thought.

But in Bundanoon, known as a tiny village of the Highlands, we managed to get through all of this... because here, unlike anywhere else, we have an enormous sense of community and care for one another.

We kept our Cafes open, as these were our meeting places to stay connected, we had coffee in the street rather than at a table, we kept our Markets going, and kept our businesses operating as we all depended on them; we made it work somehow... we welcomed many new families to our village as they needed a place to call home, a place to belong to and feel part of a wider caring community..

So, I say we don't have to look too far outside of Bundanoon to find that we are 'Extraordinary People.'

Until next time Nanas,

– D'Arcy Ward





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**Paul Grosvenor** 

paul@grosvenorelectrical.com.au

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**Troy Davidson** 

M: 0416 238 417

E: troyd04@outlook.com



Henry Ramage Licensee

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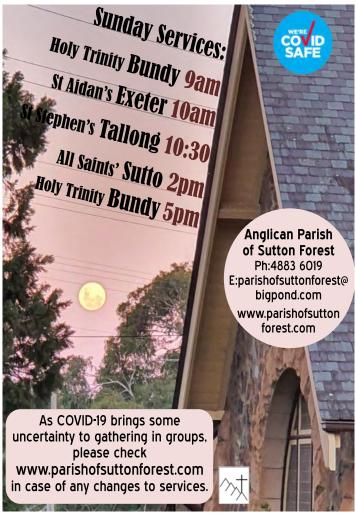




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8.5 x 3.6m

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SUITE 4

3.5 x 2.7m

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SUITE 3

3.7 x 3.5m

Leased

SUITE 3

3.7 x 3.5m

Leased

SUITE 3

5.5 x 2.75m

Leased

SUITE 3

5.5 x 2.75m

Leased

SUITE 3

5.5 x 2.75m

Leased

SUITE 3

SITE 3

SITE

areas are cleaned weekly. Ample signage opportunities.



## **ACTIVITIES** + SERVICES

## BUNDANOON COMMUNITY ASSOCIATION INC (BCA)

, ,
President  Andy Carnahan president@bca.asn.au
Vice President
Trevor Wright vice-president@bca.asn.au
Secretary
Bruce Marshallsecretary@bca.asn.au
Treasurer
Gregory J Olsen Esqtreasurer@bca.asn.au
Committee Members
Ralph Clarke
Mel Morris
Stuart Reid
Jeremy Tonks
Leeanne Tyler-Olsen

#### **BCA SUBCOMMITTEE CONVENORS**

Arts Bundanoon Pamela Janeinfo@artsbundanoon.org.au
Bundanoon Garden Ramble
Sandy Weirbundanoongardenramble@gmail.com
Bundanoon: Plastic Free As We Can Be
Leeanne Tyler-Olsen
Bundanoon Ukesters
Anton Baggermanbundanoonukesters@gmail.com
Bundanoon Sings! Choir
Geoff McCubbingeoffmc@iinet.net.au
"Bundanoon on Tap"
Christine Rowell-Millerchristine.rowell.miller@gmail.com
De Meyrick Reserve
Sandy Berrysandy.berry@bigpond.com
Glow Worm Glen Track
Liz Norrieliznorrie@internode.on.net
The Green Team  John Whitejohnifer@bigpond.com
John White
Christine Janssen
Leaver Park Group
Christine Rowell-Millerchristine.rowell.miller@gmail.com
Melting Pot Theatre
Bronwyn Beard
Membership & Website
Andy Carnahanmembership@bca.asn.au
Needles & Natter
Andrea Wardandrea.ward@tonyward.org
Pipes and Drums
Jeff Appletonpipesanddrumsofbundanoon@gmail.com
The Rex Cinema
Stuart Reidsjreid29@gmail.com
Soldiers' Memorial Hall
Rosemary Pagerojo@bigpond.net.au
Hall Hire
Lorraine Dillon
Welcome to Bundanoon
Catherine Andrewswelcome@bca.asn.au
<b>Winterfest</b> James Fulford-Talbotwinterfestinbundanoon@gmail.com
James Fullord-Talbot winterrestinbundanoon@gmail.com

#### **CHURCH TIMES**

<b>Anglican</b>	Parish	of Sutton	Forest
-----------------	--------	-----------	--------

Holy Trinity, Bundanoon	Sunday, 9.00am, 5.00pm
St Aidan's, Exeter	Sunday, 10am
St Stephen's, Tallong	Sunday, 10:30am
All Saints, Sutton Forest	Sundays, 2pm

#### **Uniting Church**

Moss Vale	Sunda	y, 9.30an	1
Bundanoon	Thursday,	12.30 pn	n

#### Catholic Church

St Brigid's Bundanoon	٠		
St Paul's, Moss ValeSat, 6pm & Sunday, 10am Iona Christian Community, with Anglican Worship,		3	
Iona Christian Community, with Anglican Worship,			2nd & 4th Sundays, 8am
		St Paul's, Moss Vale	Sat, 6pm & Sunday, 10am
at St Patrick's, Sutton Forest 2nd, 4th and 5th Sun, 10.30am		Iona Christian Community, with Angl	ican Worship,
		at St Patrick's, Sutton Forest 2	nd, 4th and 5th Sun, 10.30am

#### FOR OTHER SERVICE TIMES, PLEASE CONTACT:

Anglican Church www.parishofsuttonforest.com/4883	3 (	6019
Catholic Church Parish Office		
Ionaionachristiancommunity@gmail.com/4869	9	1196
Santi Forest Buddhist Monastery		

#### **COMMUNITY GROUPS**

Don Young 4883 7499
Kath Smith4883 6919
Robin Coombes 4883 7747
David Brennen 0432 608 474
Harry Hull0411 818 132
Evan Smith 4883 6753
Sylvia David0421 796 952
Peter Gray4883 6312
Hope Earl0450 471 196
Robert Williams 4883 6137
Kerith Fowles 4883 6515
Colleen Urquhart 4883 4123
Ann McCarter4883 7784

#### SUPPORT AND VOLUNTEER SERVICES

Community Health Service	. Bowral 4861 8000
Dementia Australia (Dementia Adv	isory Service) 4869 5651
Early Childhood Clinic	4861 8000
Fire Station	4883 6333
Good Yarn	. Ann McCarter 4883 7784
Mobile Library	0417 699 641
Moss Vale Library	1300 266 235
NSW Justices of the Peace	. Elaine Angel0418 203 341
	. Lyndell Giuliano 0415 680 018
	. Prof Steven J Lesser 0411 501 000
Red Cross (Exeter branch)	. Anna Hopkins 4883 4259
Rural Fire Service (RFS)	. Craig Rowley0427 511 837
RFS Auxiliary	. Don Gray0429 828 765
RSPCA (Goulburn/Highlands)	0412 475 428
Volunteering Wingecarribee	4869 4617
WIRES	4862 1788

#### **SPORTS CLUBS**

SPORTS CLUBS		
Bowls	. Scott Kelly	.4811 1533
Cricket	. Steve Granger 04	04 048 288
Croquet Club	. Alan Millward	. 4883 6887
Pony Club		
Rugby League	. Grant Perkins04	19 844 405
Bundanoon Rebels FC	. Marty Gardner04	25 274 719
Sthn Highlands Carriage Club	. John Wood	. 4883 6859
Swimmingbur	ndanoonswimmingclub(	@gmailcom
Tennis	. Stephen Evans 04	87 955 761
1011113	. Stephen Evans 07	0, ,55 ,6

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Hello I'm Matt.

I'm here to sort out those little things that matter!

I'm Bundanoon based with no minimum call out fee.

Call me on 0412-747-997

A few items that I can sort out for you:

- Set up and show you how to use your mobile phone
- Retune and program your television
- Sort out your modem and internet connection
- Sort out your computer, iPad or laptop
- Get your printer or scanner connected and working
- Replace lightbulbs and other small household jobs
- Set up and explain how to use Facebook and eBay
- Drive you to the doctors and other appointments
- Collect and send your heavy parcels
- Help you with your grocery shopping
- Drive you to the Sydney, Canberra or the airport
- Explain in simple terms how to use your computer

And if I can't sort your problems out, let me find someone for you who can!



# MATT □ ※ □ WILL SORT IT! ※ △ & CALL 0412-747-997



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HEALTH, BEAUTY & FASHION  Altitude Botanical Medicine
HOUSE & GARDEN
Baxter Carpet & Tile Cleaning
PETS       Bundy Pet Care
PROFESSIONAL SERVICES  Ann Fieldhouse, Solicitor & Barrister
REAL ESTATE AND FINANCE       Jordan's Crossing Real Estate     54       Highlands Rural Real Estate     53       Hindmarsh + Walsh The Osborne Centre     54       Hindmarsh+Walsh     2       REFCA Realty Group     inside front cover

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We really appreciate your support of this community magazine which (apart form layout and printing) is run by volunteers.

Please ensure that you inform the advertising manager of any changes or cancellations to your ad prior to the booking date which appears on this page every edition.

If we don't hear from you before the deadline, the ad you have will run.

Thanks again,

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**Monday-Friday** 

9:00am - 5:00pm

**Saturday** 

9:00am - 12:00pm

closed Sundays and Public Holidays

We strive to constantly provide first class, high quality, professional veterinary care to our local community, with a fully equipped veterinary hospital and dedicated, compassionate team of Veterinarians and Veterinary Nurses.

Please do not hesitate to contact us on 4883 6944 if we can be of any assistance to you or the animal members of your family.



**Dr Bianca Betros** Veterinarian BVSc (Hons I)



**Dr Fiona Crago** Veterinarian BVSc (Hons I)



Nikki Head Veterinary Nurse (Cert. IV)



**Christine** Cert. Veterinary Nurse



**Felicity** Veterinary Nurse (Cert. IV) B. Vet Tech.



Greg Veterinary Nurse (Cert. IV)

**4883 6944** 



bundanoonveterinaryhospital.com.au

11 Railway Avenue Bundanoon NSW 2578 bundanoon@yourvetplus.com.au





