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Edition 93 • June 2018

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**From the editor**

BRIGADOON AND ANZAC Day were both well-attended this year. I hope our event photos convey something of the atmosphere of each event.

Here are two more village events to add to your calendar: Winterfest, 7–14 July, and the 150th anniversary of the construction of the Great Southern Railway through Jordan's Crossing in August 1868. Philip Morton provides a brief history of the rail line and Bundanoon's heritage-listed station precinct in his article.

A number of amazing entries for the "Living with wild neighbours" theme arrived on the editor's desk. They illustrate

how rich in native species are our own backyards and the collective "backyard" of Morton National Park. Many wild creatures add delight to our gardening chores or daily walks, whilst some try our patience, as Sandy MacKenzie is finding. I hope some of the articles in this section may help to make sharing our space with wild occupants run a little smoother, or inspire you to become more engaged in protecting those of our more threatened wild neighbours and their habitat.

As always, there are other stories about village people and their interests. Enjoy!

And lastly – a big thank you to our advertisers: we cannot produce JCG without YOU.

**Apology**

Last issue I referred to when Bundanoon became bottled-water free. The date I mentioned in the editorial was incorrect. The project was launched in 2009, so next year will be the 10th anniversary!

*Helen Clark, Editor*

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**BCA meetings**

**Third Thursday of month (excl Jan):**  
21 June, 19 July, 16 August  
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**Advertising info:**  
page 45

**Deadline for next issue:**  
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# Bundanoon Community Association



## Christine Janssen – President

AFTER SERVING ON the BCA Committee for two years, I was honoured to accept the nomination for President. As some of you are aware, with my husband Henk I've been a resident

of Bundanoon for four years and we've never had reason to regret our decision to move to this beautiful village. We've been involved in both BCA sub-committees and other community organisations and are pleased that we can give back in some way to a community that has given us so much.

The BCA team's primary goal is to engender a culture of inclusiveness. There are many wonderful community groups and organisations that contribute to the well-being of our residents and I would like not only to continue to work with them but also to build bridges between the different age groups that make up Bundanoon.

Too often, the younger members of communities feel that the 'grey brigade' want to be in charge – this couldn't be further from the truth, for if we don't have younger members coming through the infrastructure that has contributed to the environment where we choose to live is

at risk of crumbling and we are at risk of being a very different place.

We need to work together to ensure we have a community which serves all ages, one that stays vibrant and has a relevant voice. I would encourage any community member to become involved and contribute to what they want Bundanoon to look like. Your views are important and they will be listened to.

If you want to know what's happening in Bundanoon, I urge you to become a member of your Community Association and you'll receive the monthly Newsletter.

Please feel free to contact me at: [president@bca.asn.au](mailto:president@bca.asn.au)



## Cherie Hobart – Treasurer

WITH MY HUSBAND Geoff, two cats and a dog, I moved to Bundanoon last October after spending 30 years on the land at Manton, in the

Yass Valley where we farmed cattle and sheep. I worked on a contract basis for the Government in finance for about 20 years before studying then moved into aged care and volunteering in Diversional Therapy.

I have commenced studies in veterinary science and am now able to work as an assistant vet but have decided to continue into cat psychology (this is the point where you are probably laughing). I am currently part-way through studies in cat behaviour therapy and practice on my own cats and occasionally on my dog. My interests include rugby union. I attend the Holy Trinity Church and volunteer in the Good Yarn where I always find something I want to buy.

also broadcasting my own program on Highland FM.

Again a change was needed but this time I found my passion and today I spend my time working in a homelessness and mental health program in Campbelltown. I am also studying to be a nurse. I'm really excited about the opportunity to join the BCA committee and give back to this community that has given me so much.



## Jeremy Tonks

- Anglican Minister (10 years in Bundanoon)
- Married to Danielle with two children.
- Passionate about history, the Wolverhampton

Wanderers and talking about Jesus.

I've also enjoyed making a comeback to grade cricket after a 30-year gap and playing in the same team as my 15 year old son.

I miss spearfishing and multihull sailing.



## Josh Hewitt

I MOVED TO Bundanoon almost 3 years ago and have found my home. I love this village and what it has given to my family in the brief time we have been here. So who am I? I started

out my career as an actor, working for 10 years in the arts scene in Melbourne. I left the arts to spend time with my family and moved into the public service, working unsuccessfully for the Department of Immigration.

After this I turned my hand to a Masters in Journalism and found work as a radio producer with 2UE, whilst



## Ann Rocca

ANN ROCCA IS a retired secondary school teacher who attended Bundanoon Primary and Moss Vale High schools and taught at government schools in Canberra.

In the 19<sup>th</sup> century, her forebears were the owners/operators of the Erith coal mine in the Bundanoon Gullies.

Ann served as an independent Queanbeyan councillor for 17 years including five years as Deputy Mayor.

Ann has also served as chair of Southern Tablelands Arts and deputy chair of Regional Arts NSW. More recently she has served two terms as an elected member of the Australian Red Cross NSW Divisional



## Danien Beets

DANIENT BEETS HAS lived and worked in the Highlands since 1999 when he moved here with his wife from Sydney. Working as an architect, then as an event organiser (running the Highland

Fling) then as an architect again, Danien is busy on projects large and small in the Highlands, Sydney and further afield. He works for himself from home.

Danien's two children are at Chevalier College in years 8 and 12 and he is actively involved in a number of committees at the school.

Danien was president of BCA for a number of years in the early 2000s and has been on the committee most recently since 2013.

Danien heads up the BCA planning group which reviews and advises the BCA committee on any proposed developments in Bundanoon and he takes a 'not all development is bad development' attitude to projects proposed for our town.

## BCA SECRETARY REQUIRED

If you can commit a few hours each month we require a Secretary to join our friendly committee and take minutes at meetings.

Please contact [president@bca.asn.au](mailto:president@bca.asn.au)





# Brigadoon 2018



Photos by:  
Neoklis Bloukos  
Helen Clark  
Peter Gray  
Meg Nurse





Sunny skies for our marchers and for the Service. Photo by Meg Nurse.

# ANZAC DAY IN BUNDANOON



BCA PRESIDENT CHRISTINE Janssen and Creative Writer & Singer for the Kangaroo March Re-enactment Angela Williamson unveiled a plaque dedicated to the memory of the original Kangaroos who marched off for an adventure, a 'bit of a lark', and some good regular pay – barely able to comprehend the hell it would become for so many.

Angela explained the Kangaroo March Re-enactment Committee was overawed by the community engagement all along the route of the re-enactment march and the plaque is their acknowledgement of Bundanoon's enthusiastic hospitality for the marchers for 30th September and 1st October 2015.



A large crowd attended the Service at the Southern Villages War Memorial  
Photo by Peter Gray





# Melting Pot Theatre

EIGHT 10-MINUTE PLAYS were crash-tested on Saturday 17 April and the results were so very satisfying! The playwrights were: Gillian Brennan, Ken Challenor, Pam Davis, Brian Haydon, Robyn Karakasch, Greg Tome, Susan Varga and Pamela Waugh.

An appreciative packed-out audience witnessed performances that encapsulated all the Melting Pot Theatre name suggests – a place where playwrights and actors meld together and the results are a tasty blend of entertainment. Some plays made you laugh, some plays made you sad and some plays set you wondering about life's possibilities. All of these short and sharp plays were thought-provoking visual stories created by some passionate storytellers.

Winning plays from this first round for 2018 proceed to a Grand Finale Event at the end of the year. Our guest judge on the night was Jim Cheesley who admitted he loves a funny murder mystery with a twist.



Photos by Peter Gray

There's so much more on offer as we progress through the year.

The next show will be presented from 3:00pm–5:00pm, and casting and rehearsal will be from midday to 2:30pm. We're calling it 'Afternoon Delights' of bite-sized theatre.

Actors will be invited to audition from midday and enjoy a buffet table with delicious sandwiches and tea and coffee to help keep their energy levels up during rehearsal. Writers/directors will of course also be welcome to partake.

A glass of wine to drink and some cheese to nibble on will encourage the audience to linger after the show while we all wait anxiously for the results of the judge's choices and audience voting.

**The Melting Pot Theatre Team is always looking for playwrights to write plays, actors to perform them and an audience to enjoy them. We hope you will join us for our next Crash Test Drama Event at the lovely**

## WINNERS

### **Best Play (Judge's Choice):**

*The Poisons of Pauline* by Pamela Waugh

### **Best Play (Audience Choice):**

*A Legal Debacle* by Gillian Brennan

### **Best Female Actor :** Sue Ruffle in

*Side Effects* by Robyn Karakasch

### **Best Male Actor:** Jock Bidwell in

*The Poisons of Pauline* by Pamela Waugh

### **Best Director:** Pamela Waugh for

*The Poisons of Pauline*

**Bundanoon Soldiers' Memorial Hall on SATURDAY 28 JULY.**

### **Further information:**

Visit our website: [meltingpottheatre.org](http://meltingpottheatre.org) or contact the Convenor, Robyn Karakasch: 0409 327 062, [rkarakas@bigpond.net.au](mailto:rkarakas@bigpond.net.au)

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# Meet Robyn Karakasch, the new convenor of Melting Pot Theatre and Crash Test Drama

I FIRST MET Robyn when I auditioned for Molière's *Sganarelle*. The subsequent process of rehearsal and development of collegiality among the actors and with the director brought me to appreciate that rare quality Robyn has of 'seeing' the play on stage and working with cast and technical support to make it a reality.

Robyn has a creative energy and an understanding of the peculiar requirements of writing for the stage (quite different from the requirements of writing for a reader), which she will now bring to Bundanoon as the convenor of Melting Pot Theatre and especially the Crash Test Drama experience.

Most of the regular Crash Test audience will have been blissfully unaware of Robyn's presence, yet she has written and directed original plays for almost every heat over the past four years with two of them going on to be performed in Sydney.

So how did she come to be part of this?

While presenting a drama course with U3A and using other writers' materials with only limited success, Robyn decided to write her own short plays. This was not by chance as Robyn has been immersed in literature all her adult life, including throughout her career as a library teacher. Brian Hayden, a regular contributor to CTD, was one of the attendees at the drama course and encouraged Robyn to write for the Bundanoon stage. She was immediately attracted to the concept, explaining how thrilling it was to see her play realised on stage.

What has struck Robyn most about playwriting is how different the approach needs to be from telling a story on the pages of a book. She explains: "The playwright requires a sense of the physical, a vision of how it will work on the stage since audiences use different senses to those used when reading a book. Sound and movement, vocal expressions and development of a theme are all important in bringing the chosen words to life."

Audiences familiar with her pieces will detect that social justice – 'fair play' – forms the basis of her creative works, as you would expect from a fiercely feminist advocate. Yet to my ears they never sound preachy; rather her experiences garnered through Crash Test have encouraged Robyn to incorporate layers in the characters and in the situations she writes about, which allow the underlying message to come through – often with humour.



Photo by Joy Brown

Robyn believes this is one of the strengths of the series: it allows fledgling playwrights the opportunity to understand the dynamics of the stage – what works, what doesn't – and continue to develop their craft. She is thrilled to see this in others as well as herself – Anton Baggerman, Bryan Hayden, Gillian Brennan for instance – all companion finalists with a transfer to the Sydney stage.

Robyn is bursting with ideas for the future of the CTD series, stemming from two important ideals:

To provide writers, directors and actors (potential or experienced) the opportunity to develop, individually and collegially, through the experience of 'bite size' theatre. Giving anyone the chance to 'nibble' and hopefully want a bigger bite!

While writing, directing and acting is part of this unique experience, Robyn firmly believes that constructive feedback and workshops need to be part of the formula and will be woven into the yearly series. The

aim is always to encourage participants to return and learn more.

To develop the afternoon further so that it becomes a social occasion for participants and audiences alike. The first change has already been implemented. The May 19th heat was an afternoon affair, with auditions and rehearsals between noon and 3:00pm and the performances from 3:00–5:00pm. It has been entitled Afternoon Delights. Expect some further changes over time reflecting that theme.

Robyn has ambitious aims for the series, including encouraging participation by younger people. She is excited to have the opportunity to develop this truly community-based activity.

Readers are encouraged to take the plunge and be part of the fun – get involved yourself or be a supporter and enjoy the spectacle as part of the audience.

—Thomas-Andrew Baxter



From this...



To this



## Changes at the Good Yarn

BUNDANOON RESIDENTS WHO have visited the Good Yarn recently will have noticed many changes, noticeably the Point of Sale System. Annette Brown, the longest serving Volunteer at the Good Yarn, is seen here scanning a popular local marmalade. Above are the "patty tins" which have served the Good Yarn for many, many years as the cash drawer. The patty tins will not be consigned to the rubbish but mounted and displayed, to remind us of our past.

All our volunteers have learnt the new system and are gradually becoming quite the experts. A special thanks to all our customers and consigners for your patience during the recent transition to the new system.

—Ann McCarter, President

## Bach in the Dark is coming back

LAST YEAR, THE inaugural visit by Rachel Scott's Bach in the Dark concert was a sell-out weeks before the event. Many readers were disappointed that they were unable to obtain tickets.

Rachel returns on Saturday 25 August to Holy Trinity Church, this time partnering with her one-time teacher, the renowned David Pereira. The dramatic and sonorous sounds of twin cellos will resonate from the walls of the church with a mixture of Bach pieces and other delights.

This concert will again be a fundraiser for the Music Club's Scholarship for aspiring young musicians. Tickets are already selling on the Bach in the Dark website ([www.bachinthedark.com](http://www.bachinthedark.com)) and are now available from Elaine Angel at Hindmarsh + Walsh (was Todds Real Estate), price \$25 (\$20 concession for Centrelink pensioner cardholders and student cardholders only). The office is open Monday to Friday.

Because this concert is in the middle of winter, the performance will commence at 5:00pm and conclude at 6:15pm, so Bach will truly be performed in the dark!

The Bundanoon Guest House is offering a specially priced supper: choice of main course with a glass of wine for \$30 for patrons at the conclusion of the concert. Bookings are essential on 4883 6372 quoting 'Bach in the Dark'.

The Bundanoon Guesthouse has also donated a prize of lunch for two (to the value of \$150) to a lucky patron who purchases a programme either for this concert or the other fundraiser concert by the Music Club in July in Bowral.

**Don't miss out – purchase your tickets now either on the website or at Hindmarsh + Walsh (cash only).**



© Peter Hislop, Canberra



# Swim All Year rally



RESIDENTS FROM BUNDANOON and the Southern Villages showed their support for the Swim All Year rally in March by turning up in force. The project to obtain Council support for a roof for Bundanoon

Pool is ongoing and is aimed at making the pool available all year round.

More information on the project is available from the Bundanoon Community Association.

## Singing for your life

WHY DO WE sing? Why do we sing in choirs? Answers will be many and quite varied but recent research gives some clear indications of reasons, and outcomes. Read – or I should say sing – on!

Extensive research shows that singing improves our sense of happiness and wellbeing. Ask any member of a local Highlands choir – Bundanoon Sings, Exeter Sings, Serendipity:the choir. Research also reveals that group singing not only helps forge social bonds, it also does so particularly quickly, acting as an excellent icebreaker. It has also shown that community singing is effective for bonding large groups, making it an ideal behaviour to improve our broader social networks. This is particularly valuable in today's often alienating world, where many of our social interactions are conducted remotely via Facebook and Twitter.

The physiological benefits of singing, and music more generally, have long been explored. Music making exercises the brain as well as the body, but singing is particularly beneficial for improving



breathing, posture and muscle tension. Listening to and participating in music has been shown to be effective in pain relief, too, probably due to the release of neurochemicals such as  $\beta$ -endorphin (a natural painkiller responsible for the "high" experienced after intense exercise). There's also some evidence to suggest that music can play a role in sustaining a healthy immune system, by reducing the stress hormone cortisol and boosting the Immunoglobulin A antibody. Regular choir members report that learning new songs is cognitively stimulating and helps their memory (although some Serendipians claim to struggle with the process involved), and it has been shown that singing can help those suffering from dementia, too.

Silent discos, popular at music festivals and clubs geared towards Generation Y, have found a new posse of fans in aged-care centres across Australia. Three facilities run by Feros Care in northern New South Wales have recently introduced weekly silent discos — where music is

played through wireless headphones instead of a loudspeaker system. The Positive Living co-ordinator said that the combination of music and dance was proving to have therapeutic benefits, particularly with dementia sufferers.

Ms Hewitt said the healing power of music was relatively well-known, but combined with physical movement it had additional benefits. "One of the residents came along to the disco and he was in his wheelchair and he was quite withdrawn, he had his eyes closed and his head down, but as we put the headphones on, he started to tap his foot, and then he opened his eyes and looked around and in the end he was kicking his legs to 'New York, New York'," she said. "When the class finished he gave an enormous round of applause and promptly stood up out of his wheelchair because he'd forgotten he couldn't walk and he walked back to his room."

Byron Bay dancer Jillie Richardson, 97, said she had only discovered her love of dancing in her senior years. "I was a very late bloomer, but I think it's in our blood, it's part of who we are, and it loves to come out," she said. "To see the fluidity, to know how we've inhibited our bodies with our upbringing, and to see the joy that comes out of the movements — it's a beautiful thing."

Words of wisdom from a long-lived participant. But don't wait until you're 97 to discover the joys of singing — sign up now!

—*Kerith Fowles*



Photo source: Catherine Paddock: 'Singing and music benefit memory, emotional well-being in dementia.' published MedicalNewsToday.com, Dec 2015

# Celebrating 150 years of rail

*The Great Southern Railway opened to Marulan in August 1868 and a fettlers' camp grew to become Bundanoon*

THE GREAT SOUTHERN Railway was built in sections from Picton to Goulburn during the 1860s. Train services between Sydney and the Southern Highlands towns of Mittagong, Bowral and Moss Vale commenced in 1867. Last year, to mark their 150 years of rail services, celebrations were held at each town's station.

From December 1867 Moss Vale was the terminus while construction of the next sections of rail continued. Once works were completed to Marulan in August 1868, rail services were extended to Marulan Station, the line passing through the area where today's Wingecarribee Shire southern villages have developed.

It is thus the turn this year of residents of Exeter, Bundanoon, Penrose, Wingello, Tallong and Marulan to mark the 150<sup>th</sup> anniversary of rail services through their area, which brought increased settlement and prosperity. In August, Bundanoon History Group and Marulan Historical Society will hold celebratory events.

In anticipation, a brief history of the southern railway and of a rail camp that became Bundanoon township follows here.

The first railway was built in NSW during the 1850s, when rail as a mode of transport was still in its infancy world-wide. Having imported four steam locomotives and railway workmen from Britain, the Sydney Railway Company commenced a line from Sydney to Parramatta but, beset with financial, engineering and labour difficulties, in 1854 it was taken over by the NSW Government. The 13-mile line opened in 1855.

Railways to the rest of NSW were proposed, largely driven by pastoral communities seeking improved transport from centres such as Goulburn, Bathurst and Muswellbrook. In 1856 the Government appointed John Whitton from the UK as Engineer-in-Chief of Railways in NSW; he served for 33 years and is known as 'the *Father of the Railways*'. Under his astute guidance, the first stages of a single-track southern railway were completed to Campbelltown in 1858 and to Picton in 1863.

Another private company, the Southern & Goulburn Railway, had already commenced works on a line south from Picton but also ran into difficulties and was acquired by the Government in the early 1860s. The Great Southern Railway undertaking from Picton was then divided



Jordan's Crossing station c.1878

into seven sections with contracts awarded for earthworks, tunnels, viaducts and the laying of rails.

The line was expected to earn a quick return on investment as it would open the Goulburn Plains to wheat growing and it thus had great public support. As well, rail's greater convenience and speed were eagerly anticipated – a road coach in those days took 29 hours to travel the 140 miles between Sydney and Goulburn.

The route for the line southwest from Picton, surveyed by Thomas Woore in the early 1850s, was accepted by Whitton as the only feasible option. It basically followed the line of the Southern Road (Hume Highway from 1928) but deviated in several parts (see map) due to cost concerns and to achieve best possible gradients.

The first three sections, from Picton to Nattai, were constructed through the rugged terrain of the Bargo ridge, via Thirlmere, Hill Top and Colo Vale, with the line completed to Mittagong Station by February 1867. From there, Section 4 required a tunnel through Mt Gibraltar to take the line by easy grade to Bowral Station, and ended at the Wingecarribee River. Section 5 included a viaduct over the river and a 10-mile length of track, half-way along which Sutton Forest Station (later renamed Moss Vale) was built. When the line was completed as far as that station, rail services commenced from 2 December 1867 between Moss Vale and Sydney – being 150 years ago last year, as already noted.

Section 5 ended at Henry Badgery's residence 'Vine Lodge', where a station opened in 1878, renamed Exeter in 1890. From there, Section 6 covered 17 miles, along which stations would open at Bundanoon, Kareela, Penrose and Wingello, ending just short of Barber's Creek (Tallong). Section 7 commenced at Barber's Creek viaduct and completed the last 26 miles to Goulburn.

Once the line was built as far as Marulan, that location was made a temporary terminus for services to and from Sydney. An official opening was held at Marulan Station on 6 August 1868, the birthday of the then Duke of Edinburgh. The *Sydney Morning Herald* reported that three special trains ran to Marulan, the first one loaded with politicians and official guests. A large crowd gathered and "it was evident from the bunting and other indications of rejoicing that the people of that quiet place had aroused themselves to the importance of the occasion".

Until the line opened to Goulburn in May 1869, rail travellers to and from that town made good use of the Marulan terminus, covering the remaining distance by road.

## Railway camp became Bundanoon

Train passengers in 1868, when passing through the locality of present-day Bundanoon, eight miles down the line from Vine Lodge, would only have seen a railway fettlers' camp in a heavily timbered area known as the Barren Ground. A depot for Section 6 works had been established there in the early



# in Bundanoon

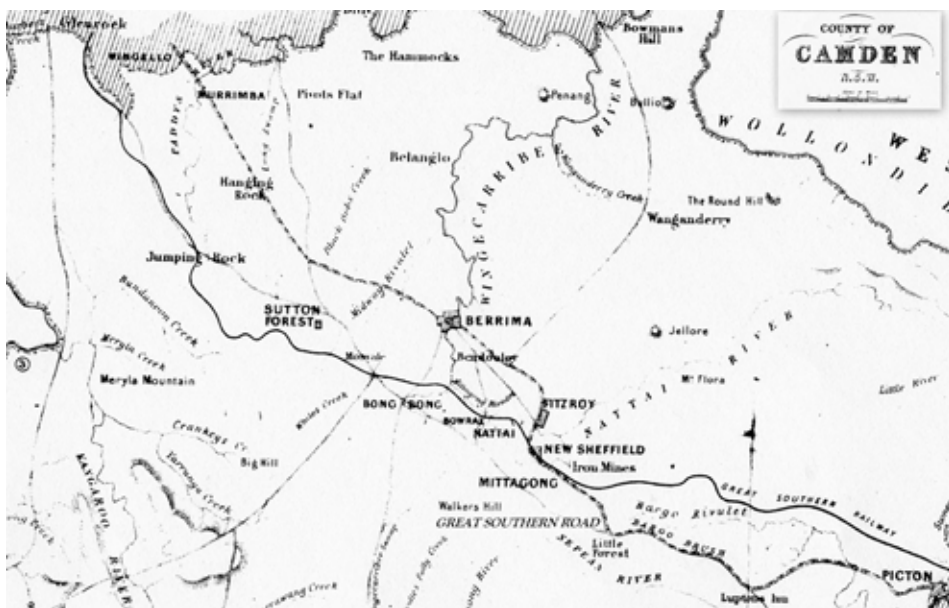
1860s along with a tent-camp for hired labourers and their families.

The nearest established village at that time was Sutton Forest, situated from the 1820s on the South (Argyle) Road built by Dr Throsby. Settlement was also taken up along a cart track from there to the upper Shoalhaven, passing through Jumping Rock, a farming area just to the west of present-day Bundanoon. The focus of settlement shifted, however, to the railway in the 1860s.

At the Barren Ground, railway contractors employed a motley crew of labourers, including families from England and Europe. Many moved on but some stayed and settled in the area, which had abundant coal and timber resources, much in demand.

While the first mentions in newspapers of community life at Barren Ground included reports of theft, drunkenness and alleged rape, the workmen were generally hardy and hardworking. One hundred were employed in breaking stone, with around 80 engaged in plate-laying. The camp was described as a lively place, with ruddy-faced, strong-limbed children gambolling about the simple dwellings of their parents.

In January 1863 the *Goulburn Herald* provided a report from Sutton Forest: "Free selection is still making great headway. The land will in a very short time be all taken up. A rush has been made to a place called the Barren Ground where 15 or 16 allotments have already been marked out."



MAP: Line of rail and road through the Southern Highlands shown on Camden County map, c1870

Early selectors, including Samuel Tooth, Walter Grice and Charles Jordan, took up land in the area and several subdivisions formed private villages. A railway station opened in August 1869, named Jordan's Crossing because the single-track rail line bisected land owned by the Jordan family and nearby was a loop crossing that enabled north and south bound trains to pass each other.

No platform or station buildings existed until 1875 when a small timber platform was erected. A waiting shed was added two

years later. In 1881 the station was renamed Bundanoon, that being the residents' chosen name for the village. That year a larger platform and station were built, providing parcels, ticket and telegraph office, and separate waiting rooms for ladies and gentlemen. A goods shed was also erected. By the late 1880s a small Stationmaster's residence had been built.

These additions indicate that the village was flourishing. It was a hub for the area's industries and had become a popular holiday destination. Boarding houses catered for visitors attracted by the climate and by the nearby Recreation Reserve, where the gullies provided scenic wonders.

- Bundanoon History Group's publication "A Place of Deep Gullies" provides more detail about the town's history.
- This article compiled by Philip Morton; photos courtesy BHG.



**Save the date:  
Sunday 5 August**

A special train and celebrations are being planned to take place at Bundanoon Station.

Barren Ground locality c. 1875



BUNDANOON SINGS! PRESENTS

# SONGS FROM Australia

SATURDAY 4TH AUGUST 2018 7.30PM

BYO FRIENDS, DRINKS & NIBBLES

BUNDANOON SOLDIERS MEMORIAL HALL

TICKETS \$15 FROM

[WWW.TRYBOOKING.COM/VVBE](http://WWW.TRYBOOKING.COM/VVBE)

COME TO LISTEN, COME TO SING, COME TO BE HAPPY



## Bring friends, drinks & nibbles for a night of Australian music

BUNDANOON SINGS! INVITES you to celebrate some of our favourite Australian music on Saturday 4 August at 7.30pm. The show will be an eclectic blend of songs we know and love, including music by John Farnham, Sculthorpe, Colin Hay, Stephen Leek, and local composers. Of course, no Bundanoon Sings! performance

would be complete without an opportunity for audience participation!

This special event will be cabaret style with BYO drinks and supper. Tickets are \$15 each. Perhaps you'd like to make a night of it, and organise a table of 8.

To book tickets, go to:  
[www.trybooking.com/VVBE](http://www.trybooking.com/VVBE)

Bundanoon Sings! is Bundanoon's local community choir. We are a non-auditioned, no-experience-necessary choir who sing together for the joy of creating music and community.

To keep up to date with Bundanoon Sings! news, follow us on facebook: [www.facebook.com/bundanoonsings](https://www.facebook.com/bundanoonsings)

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*Waratah Slimmers Association*  
of NSW Inc • A Non-Profit Organisation

We are a very friendly group that offers lots of support and encouragement with no guilt trips.

We meet every Tuesday morning at Bundanoon CWA. Weigh-in starts at 8am and is followed by a short meeting with plenty of encouragement and hints – all over by 9.30am. All welcome, including men.

**Contact Colleen on 4883 4123.**



# Wild Neighbours

## Close encounters between Roo and you

KANGAROOS ABOUND IN Bundanoon and are a common sight, lolling under trees, hopping around the streets, in and out of unfenced yards - so cute with their sticky-up ears, soulful eyes and little front paws. Beware and be aware! These delightful Australian marsupials are wild animals and should be treated with healthy respect so that neither you nor the animal is harmed.

Eastern grey kangaroos have a preference for open habitat and our rolling paddocks, large gardens, water holes and national park are a definite attraction. Their willingness to live near people has allowed them to adjust to village life, mistakenly leading some to believe they are approachable creatures.

When you meet a group of grazing roos during your walks, admire at a distance, keep the dog on a very short leash, (carry the small dog if you can) and avoid close contact. Do not stare, wave your arms "Hello Kanga", jump up and down or walk towards the mob. This can be seen as aggression and that roo standing tall and staring hard at you is not requesting a meeting - he is deciding whether he needs to protect his mob and you are the potential enemy. Walk quietly by at a distance, consider changing your route and as the threat disappears the animals will continue their peaceful munching.

Male kangaroos compete for the attention of the females and test their status by wrestling and sparring, pushing and grappling with those forepaws or sit back on their tails and kick out with strong hind legs. Those same tactics could be used if 'fronted' by one of us and the kangaroo will always win. You cannot outrun a kangaroo.

The mother and her joey are a delightful sight and it's very tempting to get closer to the dear little fellow. Never allow yourself



to come close to or between the mother and her baby. Like all mothers, she will become fiercely protective. Keep your distance, walk away and the kangaroo will do the same.

Children may have experienced parks or zoos where they have hand fed kangaroos. Explain the difference between captive and wild and keep young ones close to you, encouraging them to enjoy quietly watching kangaroos in their natural state while understanding the dangers of close contact.

It is important to keep your dog from roaming freely as kangaroos see the dog as a feared predator and dogs love to chase them, an extremely dangerous exercise which can lead to serious injury or the death of your pet.

Despite this picture of a fierce, hopping, well-armed creature: be not afraid. If we follow the rules, kangaroos and people can co-habit happily. They will not attack unprovoked. Several thousand folks are treated each year for injuries from domestic pets while fewer than five people have been treated in NSW from kangaroo-related disputes, usually in altered habitat that is not natural for this wild animal.

Consider fencing at least part of your property to allow a safe space for children



and pets while avoiding an accidental encounter with a large furry creature in your back yard at the dead of night. If part of your property remains unfenced and you do not welcome the hopping lawn mowers, National Parks and Wildlife officers can advise on the selection of plants and designs that discourage kangaroos without doing harm.

On a lighter side – one morning around 11am I heard a clickety-clack outside my hedge, sounding a little like a trotting horse. It was indeed four young kangaroos hopping up the hill towards the park. I had visions of big daddy standing at the entrance to the forest seriously growling and cross: "What time do you call this? Get in here at once. It's not safe out there!" I guess they have their rules too.

—Annie Goodridge







# Backyard Wildlife Special



TO CELEBRATE THE theme of this edition of the JCG, Bundanoon Photography Group members have submitted images of “creatures found in their backyards”

Our monthly meetings are held on the second Thursday of the month at the Bundanoon Men’s Shed, Burgess Street, Bundanoon at 5:30pm. Lessons are held at 4:30 to 5:30pm prior to our monthly meetings and all are welcome

The photo outings are on the fourth Thursday. Destinations are chosen to provide variety and opportunity

Our club nights offer a friendly atmosphere to all levels of experience from beginners to advanced photographers, when we share our photographs in a relaxed and friendly environment.

*Peter Gray, President*

New members are welcome, please contact:

- President, Peter Gray: 4883 6312 / 041 922 3928
- Secretary, Joy Brown: 4883 6456
- or e-mail [photos2578@gmail.com](mailto:photos2578@gmail.com)

## Common scaly-foot legless lizard (*Pygopus lepidopodus*)

Ken Rooke

Due to its length of about 700mm this lizard could easily be mistaken for a snake; however it has a distinct pattern, has ears and teeth, and does not have a forked tongue. This lizard was lying on the road in the late afternoon sun in December at Morton National Park after having consumed a tasty meal.

## Juvenile Wombat

Peter Gray

In Garland Road, a shy young wombat peers inquisitively from the safety of the garden foliage whilst his parents continue their task of completing the tunnel under my driveway.

Exposure 1/60 sec @ f4.5 ISO 640







## Blue-banded native bees

Louise Docker

These bees are Australian native bees and live a solitary life, which means they do not live in hives. After the female mates she builds her nest in a burrow and lays her eggs by herself. They are also known to burrow into mortar and mud bricks. They appear when the ground warms up in spring, which is when the young blue banded bees make their way to the surface from their burrows underground. When the colder weather comes the adults die off. The males are often seen roosting at night in groups hanging onto grass, twigs or flowers usually in small groups, while the females usually spend their nights in their nest.

*Exposure 1/160 @ f8 ISO 320 with fill flash*

## Satin Bower Bird

Paul Wallace

One dewy morning at Birriga Avenue this magnificent male satin bowerbird was making his breakfast of winter grass seeds growing in our rather disreputable lawn. Although a very handsome bird to look at, he and his family can be the scourge of the home food gardener, eating everything that is left un-netted, and remarkably clever at finding a way through the smallest fault in the net.

*Exposure 1/200 sec @ f5.6 ISO 640*



## Echidna

Joe Mercieca

As I was spreading woodchips in our front garden in Ben Nevis Court, along came an echidna. Although a bit apprehensive at first it allowed me to go and grab my camera to take a few photos. There must have been enough ants to distract it as it hung around for about 30 minutes before it dawdled off to the natural bush.

To get a reasonable shutter speed I shot this on my belly so that I was at eye level with the echidna and used a large aperture. This worked well as the echidna was stationary and with image stabilisation the shutter speed increased by 2 stops.

*Exposure 1/25 @ f5.6 ISO 400 with fill flash*

*continued overleaf*



## Kookaburra – Meg Nurse

A cheeky visitor to our garden, late on a summer's afternoon, looking for an evening meal no doubt.

*Exposure 1/100 @ f4.5 ISO 400*

## Creepy Crawlies

SINCE MOVING FROM England five years ago, Gwenneth and David Humphrey have been overwhelmed with wildlife in the house, spiders, moths and pantry moths, little beetles, Christmas beetles, centipedes, woodlice, cockroaches, grass-hoppers, stick insects etc. etc., even rabbits and a black rat (courtesy of Danny the Cat).



Always take the lid off your compost bin SLOWLY... (Red-bellied black snake looking comfortable!)

*Photo by David Humphrey*

### My pet spider

There was a spider in the bath  
And Sydney was his name.  
He came down from the city,  
He must have come by train.

I fed him juicy, yummy flies,  
He preferred them not quite dead.  
He jumped upon them quickly  
And held them by the head.

One day another one arrived,  
He took her for his wife.  
He finds her quite delicious  
When he eats and ends her life.

Our son came down to Bundanoon  
To have a break away.

He put the spider down the loo,  
It was a sad, sad day!

Now in the bath we have new lodgers,  
Darth and Vader are their names.  
They are black and so revolting,  
It will never be the same!

They flap around and make a mess  
And when they're feeling frisky,  
They rub their wings and make a noise,  
And really are just pesky.

It's in the fields that they should live,  
Eating insects, leaf and flower,  
As they are called "Black Field Crickets",  
It's good we have a shower!

— Gwenneth Humphrey



# Glossy black-cockatoo project – update

‘PLANT A TREE and they will come’. This was our message when we decided to ‘Save the glossy black-cockatoo’ (GBC) in celebrating Bundanoon’s 150th birthday. The GBC is a Threatened Species in our region due to loss of habitat and its preferred feed tree *Allocasuarina littoralis* (black she-oak).

Since launching the project in November 2016 we have planted over 4,000 trees and continuing. This has been a massive effort thanks to: Bundanoon Community Association (in particular Christine Miller), Lions Club Bundanoon, Friends of Morton and residents of Bundanoon and surrounds who have supported this project from the beginning. Whether a few trees in local gardens or large numbers on big properties, the response has been overwhelming and is continuing. The GBCs are now listed as vulnerable in NSW and endangered by the Australian Government.

Our project has been so successful it gained recognition within the National Parks and Wildlife Service and Office of Environment and Heritage. Staff in the Saving Our Species Unit in Wollongong approached our local NPWS office and together an application for funding under the State Government Saving Our Species Funds for our GBC project was submitted.

In the 2017–18 financial year the group was successful in receiving funding and will now take the project to the next level. Since August 2017 they have been planning, finalising budgets and preparing communication strategies. What started out as a small but very successful project in our community will now become much bigger. The project has a new name ‘Glossies in the Mist’.

As you can see, like ‘Topsy’ it has grown but in a good way. We can still play an important role in saving our GBCs by planting more trees, attending workshops and identifying and protecting old-growth trees on your property.

We now have the support of the Australian Plant Society (Menai Branch) who are propagating and will continue to propagate our trees, and Wingecarribee Shire Council Bush Care Teams will continue to assist with storing our plants in the Council Nursery.

Should you require information on:–

- The Great Western Wildlife Corridor Map;
- Communication and engagement strategy;
- Availability of trees for planting;

– please get in touch with Pat Hall:

- pat.hall@environment.nsw.gov.au
- Phone: 4887 8230 or 0400 274 818



## ‘GLOSSIES IN THE MIST’ project

THE GREAT WESTERN Wildlife Corridor (GWWC) is the only remaining vegetated habitat corridor between Morton National Park and the Southern Blue Mountains and is an important landscape for the GBC.

The ‘Glossies in the Mist’ project aims to secure the local glossy black-cockatoo population by maintaining critical landscape connectivity of the GWWC across all tenures, between the Greater Blue Mountains National Park in the north and Morton National Park in the south.

“Glossies in the Mist” will use targeted surveys and citizen science sightings on public and private land to build a picture of the GBC population in the Southern Highlands through mapping of nest trees, the available resource of hollows for future nest tree recruitment, stands of feed trees and the presence of local scale corridors.

With funding from Saving Our Species and Wingecarribee Shire Council’s Environment Levy, the project aims to partner with landholders in the Bullio/Wombaroo, Canyonleigh/Tugalong, Wingello/Penrose and Bundanoon/Sutton Forest areas within the GWWC. A strong partnership of other stakeholders including Mulwaree Council, Friends of Glossies (this is us) Birdlife Southern Highlands, OEH Science, South Coast Local Land Services, Local Aboriginal Groups, Forestry Corporation NSW, NPWS (Blue Mountains and South Coast Branch)



and the RFS will assist in spreading project messages and exposure to a broader audience.

Aims and Objectives:

- To foster stewardship of the GBC amongst landholders within the Great Western Wildlife Corridor
- To identify and protect living and dead hollow-bearing nest trees and recruitment trees, and important stands of feed trees (particularly during hazard reduction burns)
- To undertake augmentation of foraging habitat with targeted plantings of *Allocasuarina littoralis* and breeding habitat with nest boxes.
- To investigate the need for providing supplementary water sources
- To note potential sites or partners for BCT Agreements.

Congratulations Bundanoon! Through your concern about our environment and your desire to leave something good for the next generation, hopefully within the next 150 years there will be many more

glossy black-cockatoos and they will no longer be on the Threatened Species list.

– Pat Hall, National Parks and Wildlife Service, Friend of ‘Glossies in the Mist’





Frog for breakfast

Photos by Denise Sydenham

## My garden: my wilderness



THERE IS SOMETHING very rewarding in meeting Australia's unique and beautiful creatures in one's own back yard, just over the fence, or in the paddock down the road. I never tire of these soul-enriching encounters with the native wildlife and can only hope they will remain for future generations to enjoy.

Just like us, our wildlife needs a home – a habitat of trees and other plants, hollow trees, logs, or leaf litter etc – in which to live their daily lives, and food and drink to thrive. Wildlife is under ever-increasing pressure as we take more of the land for our own purposes, leaving very little for wildlife to cling to. Therefore I endeavour to make a difference by sparing some of my property (a pet free zone) for nature to 'do its own thing', to ensure a future for these many and varied marvels of creation.

My native windbreak is in slow progress with some backward assistance from very destructive sulphur-crested and black-cockatoos and would you believe – rabbits! Annoying as this is, the cockatoos supply entertainment with their antics and beautiful bounce of light as flocks squawk to their roost in the rays of the setting sun. Recently the 'gang' came to town to check out my veggies protected in the chain-mesh marquee. Great photo opportunity for me, and a show-off moment for them as they 'strutted' their stuff trashing the beans that had grown past the wire.

The windbreak – mostly fire retardant indigenous species – provides habitat and food for native birds and animals, whereas conifers provide no habitat value for our wildlife, encourage Indian mynas (a serious pest), destroy soil health and ecology and are a serious fire hazard.

An accumulation of natural debris (leaf litter, twigs, etc.) boosted by home-made greenwaste compost, has retained

Maggie





Pretty vandals

moisture and nutrient to make the beginnings of a thriving mini eco-system where vital microbes and fungi are now doing their thing. Worms and insects flourish, providing food for bird and animal life.

Kookaburras, currawongs, butcher birds, crimson and eastern rosellas are just a few of my visitors. I'm hoping eventually to encourage fairy wrens and other small birds that are most affected by the removal of understorey which provides them protection from predation.

My haphazard veggie patch has become a drawcard for wildlife. Three blue-tongue lizards are in and out of the patch and compost bins. I'm not always sure which is which as colour varies with the moult cycle and they grow fast when young. No snail bait in this area, because snails are their favourite food, along with my strawberries no doubt. One of the highlights was finding very young baby blue-tongues.

Maggie is a regular visitor since she arrived injured, tottering like a drunk thing, head and beak askew, with a cut to her head. She couldn't close her beak, so I watched out for her a while, amazed at her recovery. That was some years and many babies ago. Apart from stealing weed mat for nesting she helps me in my veggie work: I dig and she eats anything that moves and serenades me, often with a noisy demanding chick in tow.

Hopefully those with larger properties than mine will consider the value of keeping a 'wild' area for the bigger animals – wallabies, wombats, echidnas, kangaroos – and hollow trees and logs vital as nesting sites for native birds and animals.

— Denise Sydenham



Baby blue-tongue lizard



# Living with wild neighbours at BPS

“SHARED SPACES” – that is what living with wild neighbours means to me at Bundanoon Public School and the realisation that our living space is not an exclusion zone for wildlife. Reflecting on this shared space philosophy as an educator, I find it wanting. Passively sharing this space with whatever arrives is a fascinating study of local wildlife but is akin to the proverbial ostrich with its head in the sand. Ignorance is bliss, but a poor excuse for impoverishing our community and its wild neighbours.

Living with wild neighbours should include an awareness of the ecosystem and consciously deciding to be a custodian rather than a consumer. It is proactively exercising your duty of care for our home with sound global management. This ethos is more important than ever as many community developers see little value in protecting our natural heritage. At Bundanoon we are aiming to develop and promote our local school and community technical and conservation capacity to provide a sustainable model for current and future land holders. We need to explicitly teach students to embrace

nature, not fear or exploit it. How our children value the environment and its biodiversity will shape the environment of the future.

At our school, we are undergoing species mapping surveys to find exactly who our wild neighbours are. We are planning to remove weed species and replace them with local native and other beneficial species to create a Sensory Nature Trail throughout the school allowing us to provide a structured interface between students and the environment, as well as provide a varied habitat to increase our school biodiversity. This term, students have sighted and identified 23 bird species, 2 reptiles, 3 mammals and a growing list of invertebrates. We want to increase this tally.

A great tool helping us to identify our wild neighbours is called Questagame. Students can take a picture of any wild plant or animal, have it identified to species level and the data is collated on the Atlas of Living Australia. This free app has been developed by the CSIRO and is a wonderful community asset to map the range and distribution of our

native species. A Questagamer recently discovered a new species of spider that now bears his name. One entry I have recently submitted is a fly I photographed in Bundanoon. The experts could not match it to any known species. If it is a new species, will you be the one to find it and get naming rights?

The Sensory Nature Trail will have a community-based orientation relying on outsourced expertise from the many local and broader ranging groups that will be contacted for advice and invited to assist us with completing this project. I am grateful to the many people who have already offered assistance with this goal to identify what plants and animals share our space and help us modify our environment to encourage more native wild visitors. It is time we put some money back in the bio-bank and restore our school grounds.

The scope of our project allows for dissemination of up to date sustainable activities and concepts that students can learn and reproduce at home and in the general community to increase the biodiversity of our wild neighbours. This includes bush regeneration, wetland creation, habitat restoration, weed and pest control, sustainable land management practices, monitoring and evaluation skills. If we create a healthy habitat we create a healthy habitat for our children as well as for the animals.

We have begun by creating and installing native bee boxes for leaf cutting bees. Senior students have shared their learning with younger students and conducted a flower audit where they observed that we have very limited flower resources at this time of year. We have found physical evidence that the leaf cutting bees live in our community but have seen no sign of them at school. We discussed leaf cutter bee needs and concluded that providing a nest box is not enough if there is an insufficient food supply. Looking after our wild neighbours involves providing for their needs throughout the year. This will be a simple habitat augmentation involving planting species to flower throughout the year.

Students are planning to install other invertebrate hotels and nest boxes for microbats, birds, ringtail possums and gliders. I am hoping to not only invite the community to become involved but also invite our wild neighbours to re-establish populations at our school - after all, it was their space first. As the Bundanoon Public School family we are eager to share our space with our wild neighbours as I think we can all relate to one of my favourite quotes: “My other mother is Nature”.

— Greg McCroary



The mystery Bundanoon fly



GREG POINTING AND Justine King once came across a deceased swamp wallaby. After checking the pouch, they found a “pinkie” (a baby with no fur). They kept him warm and contacted Wildlife Rescue South Coast who came and picked up the animal and explained how everything worked. Greg and Justine wanted to become involved and as a result they “couldn’t say no to wildlife in need and kept taking them on”. It was a beautiful beginning with a successful release at the end. This little wallaby was the driving force behind Dimmock’s Retreat Wildlife Rehabilitation and Rescue, Bundanoon.

Greg and Justine, husband and wife team, have lived in Bundanoon for five and a half years – four years ago they were married in their front yard under an arch of roses. Arriving from Sydney they were delighted to see different wildlife around Bundanoon and even wandering through their property. “Bundanoon is so lucky to have the national park next door and it is beautiful for us to be able to interact with the wildlife,” says Justine.

They are the proud owners of Dimmock’s Retreat Wildlife Rehabilitation and Rescue, a sanctuary created on their two-acre property two and a half years ago. With the appropriate education and licensing, both Greg and Justine have turned their passion towards wildlife rescue. Here the animals are treated and cared for until deemed healthy and old enough to be released back into the bush. The ultimate goal is to rehabilitate and to protect our native wildlife.

They have rehabilitated kangaroos, wombats, possums, birds, ducks and echidnas. Caring for these animals and getting them ready for release can take a long time. Greg and Justine can have some animals for up to two years. While it is a rewarding activity, it is also an expensive one. Aside from generous donations from the public, Greg and



## Where the wild things are



Justine pay for important materials themselves. These include items such as building materials for enclosures, medications, milk powder, vet expenses and food. “We need fund-raising and volunteers,” says Justine

With patience, ingenuity and confidence, Greg and Justine are able to successfully re-wild animals so they can be released back into the bush. This means that once an animal is healthy again, it must learn to gather its own food, water and shelter. In order for this to happen, both Greg and Justine will start to move food and water around the sanctuary so the animals learn to hunt again. They have also created activities to assist in things such as climbing, digging, swinging and agility. They do this because it aids in rehabilitation as well as the final move back into the wild. In this phase of rehabilitation, no affection, talking or petting is allowed.

Both Greg and Justine have stressed the importance of being educated about injured wildlife. Treating and protecting our native wildlife is crucial. With education and a raised awareness we can make a positive impact within our community. Australian wildlife is protected under law and only a licensed wildlife rescue volunteer can take an animal into care.

Members of the public should stop, where it is safe to do so, to check on



injured wildlife and the pouches of deceased animals. If a baby or babies have been found then they need to be kept warm until a licensed wildlife rescue volunteer has been located. One of the Wildlife Rescue organisations operating in the Southern Highlands is Wildlife Rescue South Coast. Their hotline is manned 24/7 and they will be able to assist you with the best possible outcome for our wildlife.

If you wish to learn more about Dimmock’s Retreat Wildlife Rehabilitation and Rescue, you can visit their website: [www.dimmocksretreat.com.au](http://www.dimmocksretreat.com.au). They also have a Facebook and Instagram account, which features many pictures of the wildlife they are rehabilitating.

The Wildlife Rescue South Coast Hotline is 0418 427 214. Visit [wildlife-rescue.org.au](http://wildlife-rescue.org.au) to become a volunteer.

— Shannen Smith



# Wombat warfare!

SINCE MOVING TO Bundanoon 6 ½ years ago, I've had a love/hate relationship with wombats. My house is on a wombat's route, - a problem because I have dogs. Initially it wasn't too bad because my dogs, Teah and Amy, were big and mature and the only problem was if they happened to be outside at night while our wombat, nicknamed Wilfred, was on his way through my garden. Initially I tried a few methods to deter the wombat – big rocks, chicken manure, blood and bone and garden lime – but none of these kept him away. There were a few encounters which scared me but I soon learnt to keep the dogs inside once darkness came. Luckily they didn't try to exit the garden via the holes the wombat made in my fences, so I decided that we could all live together.

Once, Wilfred got himself stuck between my fences and I had to call Wires to assist in rescuing him. It was easier than I expected. We just poked him until he finally got cross and returned to his entrance hole. We then stood well out of the way while he charged across the yard to his other hole. Wow, those wombats sure can move fast. On another occasion when we accidentally met, he panicked so much he couldn't find his hole, so dug a new one in ten seconds flat. Who needs a bulldozer when you can have a wombat? I actually think my first Wilfred was killed by a car on Railway Avenue. The new Wilfred looked smaller and came in via a different direction.

Sadly I lost Teah and Amy. I then brought Bella, a black German Shepherd, into my home. When Bella was a puppy, I only just caught her before she followed the wombat through his hole. Luckily she



Wilfred at barricade

grew quickly and soon became too large to get through. I was able to block the holes with some wooden pallets and Bella made no attempt to move them, the only problem being that the poor girl couldn't go outside once darkness fell.

Recently I adopted a playmate for Bella. Holly is a 13-week old Red Heeler x Kelpie x Smooth-coated Border Collie. She is absolutely adorable and very intelligent. There's just one huge problem – she can squeeze through the smallest gaps and my original barricades just don't cut it anymore. I have had to rebuild my



Holly investigating her options



barricade to include: pallets, a kiddie safety gate, an old door, flyscreens, a wine rack a kitchen drainer, empty paint cans, pavers, plastic chairs and garden stakes. My barricade looks like a council clean up. I am hoping that this will finally work but I know that Wilfred won't give up. I'm pretty much at my wits' end. He doesn't like my new barricades and is doing his darnedest to break them down. I think if this doesn't work I'll have to look into electric fencing.

I have noticed that Wilfred isn't using my garden to move through anymore. I might have Wilfred III now, and this one is only entering and exiting via the same hole in order to wander around my garden and then leave again. I wish we could all live in harmony but I can't afford to have Holly escaping my property.

— Sandy MacKenzie

My newest barricade





Kleehaus



## Philip Walker's world of colour

*"Everything I see and think is coloured by artistic process"*  
says this Bundanoon sculptor

JOINT WINNER, WITH his Kleehaus, in the recent Bowral District Art Society sculpture, Philip brings an architectural, mathematical eye to his work, which is quirky, fun, wondrous – and above all colourful.

Photos: Veronica Rickard & Philip Walker





# Kate's Shave for Cancer

THE WORLD'S GREATEST Shave is an annual event run by the Leukaemia Foundation. The money raised provides support to the families of those suffering from leukaemia by offering emotional support, accommodation whilst visiting a loved one in hospital and much needed money for research programmes.

Blood cancer claims more lives than breast cancer or melanoma. Today another 35 people will be given the devastating news that they have leukaemia, lymphoma, myeloma or another blood disorder. It is a particularly nasty disease, striking young and old, male and female alike.

Like all worthy stories there is often another story behind the main story and this one is of a young lady who, moved by the plight of people with this disease and their families, decided to take action in a very practical way.

Kate Darch, 11 years old, decided to have her hair shaved to raise awareness of and money for the Leukaemia Foundation. The date for her hair to be shaved was set for 14<sup>th</sup> March at Bundanoon Cutting Cottage, owner Vicky generously offering to provide the necessary help.

An initial target was set to raise \$250. Kate worked hard to achieve what she had set out to do, supplementing her efforts with a cupcake stall set up in the main street in Bundanoon, which in itself raised \$250. However, with Kate's steely determination and the generosity of the people of Bundanoon as well as family and friends, Kate exceeded her target beyond what she thought possible.

She raised an amazing grand total of \$2,390.

This is a good story. A story of Kate's determination to achieve something worthwhile and of her bravery. After all, what attractive young girl would shave her head? Kate certainly did and for such a worthy cause.

Well done Kate.

— Peter Gray





# Early learning in Bundanoon

HIDDEN BEHIND A flourishing native garden in Burgess Street is the well-known pre-school building where 12 children were enrolled in the care of Ann Royds in 1983.

It is now the domain of 20 two and a half- and three-year old 'Lyrebirds' for two days a week. It's also a meeting place for Bundanoon Playgroup on Tuesday. It is hoped this building will in time be used for Family Services, Speech, Psychology Therapy and Occupational Therapy.

Back in 1981 a pre-school operated in the RSL hall, then community volunteers constructed the 1983 building while Jan Lovell was director. Ann Royds followed her and many will remember Helen Waterhouse who held the position for eight years. Deni Harden, a special needs support teacher for two and a half years, became Director in 2003. During all that time parents and their committees raised funds and held many working bees for projects and improvements.

A lot has happened since then!

On Council-owned land next door Steve Webb has created a complementary native garden setting for the new building which opened in February 2018. It is used by four- and five-year old 'Magpies' who attend up to five days a week. This model facility was designed by a Southern Highlands architect Axel Richter who worked with local builder James Larsen of Kela Building Company. Deni told **jcg** that Axel encouraged input from staff, so they find the building functions really well. Of the funding for the project, \$800,000 came from NSW Department of Education, \$45,000 from Wingecarribee Shire and \$25,000 from the Friends of Bundanoon Pre-school.

Space and light are achieved with white walls, high ceilings and high windows. The open space is arranged with child-sized furniture and areas for various activities. There's craft on low tables and chairs, a corner for mini homemakers and toys for imaginative play for boys and girls. Everywhere there is evidence in painting and models of the children's creativity. A clever design feature is the storeroom with half-height doors on both sides so that equipment can be quickly accessed and children can still be observed. Members of Bundanoon Men's Shed contributed a beautifully-crafted trolley and cabinetry to hold little bags and coats when children arrive. All the spaces work efficiently.

In an adjacent room there is a generous carpeted space designed for group activities. Its glass walls, with occasional coloured panels, open to the garden. Singing together allows



children to experience the joy of music and dancing encourages freedom of movement. Deni says that storytelling is a favourite time for all, when they sit comfortably on the carpeted floor. Stored on low shelves is readily-accessible equipment for playing on the floor. Two bathrooms with child-friendly fittings are centrally placed and there's a shower for those days when water play turns to mud play.

Deciduous trees provide deep summer shade and in winter they spread dappled light across the playground. A cycle path through the garden and logs (for play in a natural setting) are features of the new space. A popular feature of the garden is the water play area and reticulated creek built by parents and volunteers.

Parents and community members are welcome to meet or hold workshops in a comfortable room with separate access, and staff facilities are attractively furnished and accommodating. This is certainly a state-of-the-art facility and the envy of other pre-schools under the umbrella of the Illawarra group of children's services now called 'Big Fat Smiles'.

Deni works with highly-qualified staff some of whom have been with her long term. They share a range of qualifications and contribute special skills. Deni and Raeleen are currently preparing a presentation for the National Early Childhood Association Conference titled 'A Vision Impaired Child Climbs a Tree' resulting from one child's adventure in their Nature Quest programme.

There are many creative programs offered, which the new building is well-equipped to provide. Children learn about the link between growing and eating in their vegetable garden and cooking classes. Yes, they learn to make bread and bake ANZAC biscuits! There are art classes, clay modelling and science classes. On half-day visits to Quest for Life they cook over a camp fire, climb, play and use real tools. On excursions to Warrigal Care children sing and dance and have morning tea with residents. Aunt Wendy Lotter introduces them to Aboriginal culture when she visits and currently there are some significant artefacts on display in the entrance.

With such wonderful staff and such a beautiful building and garden Bundanoon pre-schoolers have an inspirational introduction to learning.

—Pam Davies



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# Unwelcome guests

WE LOVE TO greet visitors to our home. However there are plants which arrive in our garden uninvited and are certainly not welcome here nor anywhere else in Bundanoon. Two of these unwelcome guests are salsify and dodder.

Dodder has many species. Some can poison horses and cattle and in some cases cause death. Some can strangle host plants to death. Arable crops can be rendered useless if dodder is found growing in the paddocks. Recently we found some when walking in Bundanoon, along the Exeter side of Railway Avenue. We recognised it immediately, long aerial strands of green growth. We had spent years trying to remove it from a beautiful camellia hedge in Sydney.

In Bundanoon the annual yellow species which appears in spring and summer should be removed before seeds mature. A really scary thing about all dodder is the difficulty in removing it. Little pieces can drop off and quickly become new plants. Seeds are carried by birds, wind and rain. The seeding season is also a very long one. To compound the issue the seeds can live in the soil for a very long time. It is a parasite and it attaches itself to a host plant where it feeds. If you have some in your garden do remove it before it causes damage.

Fortunately the dodder found in the national park is usually a native species and it is best to either leave it alone or report it to NSW National Parks & Wildlife Service staff. Remember, the only thing one should take out of a park is a photograph. If you have some dodder in your garden do remove it before it causes damage.



Dodder along Railway Parade Bundanoon



Last year a salsify plant just arrived, uninvited, into our garden. It is a very beautiful plant. Its shape and leaves are quite structural and the mauve flowers are exquisite. What's more the roots are edible. But beware - it is a thug. I had to use a mattock to remove it and the hundreds of seeds produced each day erupt into the air and are easily blown far away. I think that dodder and salsify are bad weeds but there are other culprits and I see many of these on our walks around the village. Ones to watch for include English ivy, blue periwinkle, *Acer negundo* and Cotoneaster.

One thing that I find encouraging in the world of weeds is that the parts of Morton

National Park that are easily accessible from the village are relatively weed free. It is rare that I see a really unwelcome plant there. When we lived in a Sydney harbourside suburb it was so depressing to walk through the park and see the weeds. The indigenous plant communities were overwhelmed by these invaders. In many cases the weeds had been dumped as waste from local gardens.

Weeds. What a depressing subject but one that is important to manage. I shall now finish this sad subject and look forward to this evening when I can revive my spirits with the customary gin and tonic.

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## Braying for and bragging about Bundanoon

NO! YOU ARE not dreaming! Their names are Mr Percival and Freddie and, with their owners, they love strolling to the village. They wear slouch hats on Anzac Day, antlers at Christmas and extra big ears at Easter. Bespoke panniers to schlep home Sunday market purchases are next on the list.

These cute-as, miniature donkeys are the cherished pets of Jodie and James Fulford-Talbot, one of the most enterprising and likeable couples you'll ever meet. They are the-more-you-hear-about-them-the-more-you-want-to-hear-about-them folks!

Their English accents don't escape me. How did they end up in Oz? Jodie was born in Adelaide but her Ten Pound Pom parents returned to England when she was 18 months old. Meeting at Sandhurst, she and James were both soldiers who experienced overseas tours to war zones (Jodie hugs her happy memory when James smilingly says he proposed the night before an Iraq deployment.)

During their interesting and, I am sure at times, challenging careers, they would pop down to Oz on holidays and, after one such holiday, are still here. In England they left behind a thatched cottage in a quaint village that has history bouncing in the very air. They'll get around to selling it one day...

I ask them: why the move to Bundanoon? They wanted an investment retreat to counter-balance their inner-city Balmain busyness. A friend recommended Bundanoon and they bought a property in dire need of a clever makeover.

Jodie and James have simultaneous grins: "After viewing the property, we told the agent we'd go to the Bundanoon pub for a glass of wine and she said that so much needed doing we'd need a bottle! Each! So on total impulse we said why not and bought the place." (Laughter resounded in the afternoon air, mellow with autumn's warmth.)

And this not long after buying and renovating a wreck in Balmain – they could bottle and sell their energy!

Jodie and James have renovated it while holding down jobs in the city – she running transformation programs for the University of NSW and he making businesses more efficient.

Two years on and the Bundanoon house, with its tomato-red front door, is amazing. It welcomes weekday guests to its majestic setting among gentle eucalypts and peaceful rural ambience, with a wow factor. (Check it out on [www.cityorsticks.com](http://www.cityorsticks.com).)

In the short time since they have been

Bundanoon home-owners, the couple has burrowed into village life. After yoga on the outdoor deck for Jodie and a jog for James, it's down for coffee in the village. With the donkeys of course! Perhaps they too enjoy a latte with their low-carb hay?

They are the sort of people who, even while as busy as a one-armed archer with an itch, find time to give back and help others. Both are engaged in preparations for the upcoming July 7-14 Winterfest. How blessed are we to have such a fun and engagingly energetic couple to add colourful vibrancy to our amazing village!

So when their fantastic home is not occupied by lucky guests, at the end of their city working week Jodie and James catch the Thursday night train and relax with railway issue *vin ordinaire* and cheese and bickies.

"The closer to Bundanoon I get, the happier I am," beams James. His grin then spreads across his face like morning sunshine lighting up a valley. "In fact I rave on so much, one friend laughingly teased me – 'you're pathetic!'"

Keep being pathetic. Bundanoon suits you both most well indeed.

With mutual simpatico...

— Annie Crawford



## VET'S CASEBOOK

Ken Davidson BVSc (Hons)

# No people-pills for pets!

WINTER IS OFTEN the time, particularly in the cold climate of the Southern Highlands when both humans and animals succumb to bacterial and viral ear-nose & throat and chest infections. In animals these can occur quite suddenly and often the onset is at night. (Murphy's Law would take it further and dictate that it is often on a weekend!)

Rattly breathing often accompanied by a cough in your beloved pet, if occurring in the silence of midnight, demands some sort of action. Many pet owners have said to me the next day... "I wouldn't dream of ringing you at that hour." Kind as this sentiment is from the vet's point of view, it is often not the best thing for your animal. This is particularly so if the kind owner resorts to scratching through his or her medicine chest to find a human medication product to "get her through the night." This can be a dangerous practice.

**The list below is of human drugs that are NON-suitable or even dangerous for your pet.** It contains the groups of common drugs, not the specific names of individual drugs:

- **NSAIDS:** e.g. Ibuprofen and other products commonly used for strong pain. Even one to two tablets can cause serious damage to pets. Dogs,

cats, birds and small mammals can develop severe stomach and intestinal ulcers. Your pet can go into a coma and develop kidney failure.

- **PARACETAMOL:** and other human cold/flu medications. Even those designed for children are not safe for animals, especially cats. Cats ingesting even one tablet can suffer irreversible damage to red blood cells. In dogs, paracetamol leads to liver failure and, in high doses, damage to red blood cells.
- **ANTI-DEPRESSANTS:** overdoses can cause severe neurological problems in your pet - sedation, lethargy, lack of coordination, seizures and tremors.
- **BENZODIAZEPINES:** human sedatives like Serepax, Mogodon, Rhohypnol. Used to reduce anxiety in humans but if accidentally eaten by your pet causes agitation or lethargy. In cats one pill could cause liver failure.
- **ADHD meds:** e.g. Ritalin. Even small doses in pets could cause life-threatening tremors, seizures and some heart problems.
- **ALBUTEROL:** common asthma inhalant drug. If your pet breaks the canister they

will get a high dose of the drug, causing vomiting and high heart rate.

- **THYROID HORMONES:** if ingested in high doses, your dog or cat may experience muscle tremors, nervousness, panting or aggression.
- **ACE inhibitors:** a small dose is not very toxic to your pet but could be a problem if your pet has kidney failure or heart disease.
- **BETA-BLOCKERS:** human heart/blood pressure medication. Can cause a life-threatening decrease in blood pressure in your pet by lowering its heart rate.
- **BIRTH CONTROL PILLS:** a few pills ingested by your pet will not cause any problem but high amounts can cause bone marrow depression.

I hope this list of drugs unsuitable for your pet is a help for pet owners who find a bottle of spilt tablets or foil wrapper on the floor and your pet with a guilty look on its face. If symptoms develop, ring your vet immediately and give the name of possible tablets so that rapid treatment can be instituted.

*Bundanoon Vet, alongside Bundanoon Butchery. Telephone 4868 3117.*

## Wingecarribee Shire

### Council report



GM, Ann Prendergast

IN LATE APRIL Councillors endorsed the draft 2018/19 Operational Plan, Budget and Capital Works Program. Along with our Annual Report this is one of Council's most significant documents.

The reason why these documents are so important is because they detail Council's immediate goals and the funding priorities we will commit to over the next twelve months.

It includes all the major projects we

will tackle in the year ahead including the proposed Kirkham Street Reconstruction, Moss Vale Cemetery Masterplan, Bowral Cemetery improvements and an apprentice and traineeship program.

It also includes all the 'smaller' jobs that we promise to undertake including community building repairs, footpath renewals, drainage and stormwater constructions, kerb and guttering works and bridge renewals to name a few.

It details all our Capital Works jobs, Environmental Levy works and dedicated Special Rate Variation projects we will undertake across the Shire including Bundanoon and the southern villages.

It's for this reason we sometimes refer to it as a blueprint for our future program of works.

By the time this issue goes to print the draft 2018/19 Operational Plan, Budget and Capital Works Program, which includes our proposed Fees and Charges, will have gone

back to Council for final endorsement following a 28-day public exhibition period.

To view all of these documents and learn what works we'll be undertaking this year, visit [www.wsc.nsw.gov.au/integrated-planning-and-reporting](http://www.wsc.nsw.gov.au/integrated-planning-and-reporting).

\* \* \* \* \*

The Southern Highlands is home to some fabulous annual events including Tulip Time and Bundanoon's very own Brigadoon celebrations.

A relatively new event returning in June is Pie Time and is set to follow on from last year's award-winning inaugural success.

Throughout the entire month local businesses will offer pie-themed events, competitions, discounts, deals and dining experiences.

To join in all the fun go to: [www.pietime.com.au](http://www.pietime.com.au).



# Vale Richie Tebbutt

ANOTHER LINK WITH Bundanoon's past was lost since the last JCG.

24th March 2018 saw the funeral of Richie Tebbutt, a man who left a significant mark on the village – a go-getter and a doer of the first order.

1927 saw the birth of Alston Richard Tebbutt, on a poultry farm near where Bexley North railway station stands today. Young Richie did an electrical apprenticeship in Sydney before joining the ambulance service in 1950, serving in Boorowa and then Goulburn and then left to go back to his trade, before joining the Railways.

He married Shirley, a Crookwell girl, in 1953. In 1958 the couple started looking for a business opportunity, scouring NSW from Grafton to Bega before purchasing the Paragon Café in Bundanoon (where the Chinese restaurant is today) in 1958. The business gravitated towards groceries and fruit and vegetables; after a couple of years the Café section was closed and it became the Paragon Store. They sold this business in 1962 and, with a clause in the contract stopping them opening another business in the area, opened a similar business in Burwood Heights. Their daughter Lynda was born there in 1963.

By 1968 they were able to return to Bundanoon, opening with much fanfare a self-service store where the Primula Café is today.



The opening was something to remember, with extensive publicity and special buses running from as far away as Tallong. Their son Rodney, who was born in 1970, would be in his bassinette at the rear of the store.

Richie and Shirley owned the flats opposite the Catholic Church in Hill St and two self-



contained flats in what Pam Davies later converted to Mildenhall guesthouse.

They were active in the P & C and other local organisations. Richie joined the Bundanoon Bushfire Brigade part-time while still living in Burwood in 1965, prompted by the disastrous fire that year which destroyed 100 homes between Tallong and Bundanoon. He served as secretary, captain and in other capacities and was awarded life membership.

He was elected to the Wingecarribee Shire Council at a by-election in 1976, was re-elected for a second term, but lost by four votes at the election following amalgamation. He served on the area Tourism Association, was President of the very active National Party branch then in Bundanoon and was President of the Bundanoon Community Development Association (BCA), of which he was later elected a life member. He was the driving force behind the ambitious trade fairs and "Back to Bundanoon" promotion.

The Tebbutts left Bundanoon in 1988, for Sussex Inlet, subsequently moving back to be near family in Goulburn. But Richie Tebbutt's service to Bundanoon continued even after his death: mourners at the funeral were asked to consider a donation to the local RFS in lieu of flowers.

— *Ralph Clark*

## Glow Worm Glen Bushcare

# Glow Worm Glen Track

ONE OF THE hidden gems of Bundanoon is the Glow Worm Glen Track – a short, though fairly steep, track down steps from the end of William Street through semi-rainforest vegetation to access Morton National Park.



It rates highly on the Trip Advisor 'Things to do in Bundanoon' list. Glow worms are visible only at night and best visited just prior to dusk to allow easy walking in daylight and time to reach the viewing platform before dark. The return trip will require a torch.

The Glow Worm Glen Bushcare Group is coming up to the 20th year of work on the track to the national park boundary to remove a wide array of weeds which invade the bushland along the track, mostly as escaped invasive species from local gardens. Passing walkers often see the small band of hardy weeders in action during their twice-monthly working bees, either on the Glow Worm Glen Track or on the more recently established Governors Road Track between Panorama Road and Church Street.

The 20th anniversary will be celebrated by the group in August and new volunteers are always welcome (see contact below). There is a healthy social aspect to the work - a lengthy morning tea is a traditional part of working bees and other outings are arranged by members of the group.

Whether you are a local who has recently moved to Bundanoon or a long-time resident who has never ventured down the Glow Worm Glen track, take the time to come and have a look – you may be surprised to see what you have been missing.

— *Jim Clark*  
(ph 0497 370 831)



## LIFE MATTERS

Rosemarie Gray

# How to Stop Feeling Overwhelmed

MY CLIENT SAT before me an absolute wreck. She said she felt 'beaten down.' Her face was ashen and her eyes red and puffy. I could tell from these signs and her slumped posture that things weren't going well.

"What's happening?" I asked.

The menacing list of all of the things that were going wrong came oozing out of her like hot lava. There was an abusive co-worker that had sworn at her and her staff, ridiculing them for their apparent lack of skill. There were the upcoming staff wages and a short list of current projects with no long term proposals in the future. There was fighting to get paid for the work already completed. There was exhaustion, sickness and loss of hope. There was so much to do that even being at our session was causing anxiety.

I had already started the list, so I asked, "What else are you overwhelmed by?"

My client seemed confused by my question and rightfully so. I rarely allow my clients to talk about subjects that are not part of the problem in case they linger on negativity. What I usually want to know is what actions my clients are taking, in what order, and what system

they are using.

This was very different.

"What else is pending? What's the worst thing that could happen?"

She continued to talk and I continued listen and write the list. When she was all talked out and the menacing ooze solidified, we had a list. It was a list not to overwhelm but to oversee. It was a list that was outside of her, a manageable list, and a list to look at, not to be consumed by.

I then asked her some strategic questions to get the list in a priority order. She was now sitting upright and alert. The colour had returned to her face and she was expressive. The mood had changed dramatically. We were getting somewhere.

Once we had the priority order, we scheduled three appointments to tackle the top three things on the list and the ones that were causing the most anxiety. The sigh of relief was palpable. The weight had been lifted and she looked much more relaxed.

- The big decisions she had not made before were made now.
- She had a plan to tackle the minor decisions that were still pending.
- She had booked herself time to get her three biggest issues off her plate



- She booked more time to review the other items on the list and schedule them as appointments.

The shadow that was towering over her was now gone and in its place there was light shining onto the small manageable pieces that were put into a system that worked.

What about you? Are you experiencing overwhelming feelings?

Here are some pointers.

- Get your thoughts out of your head and on to paper – so you can oversee them, not be overwhelmed by them
- Prioritize. Schedule your top three most important issues
- Keep scheduling appointments with yourself to plough through the list
- Learn to make decisions faster by practising making decisions faster

Being overwhelmed is not a fact — it's a state of consciousness that limits your freedom and happiness. It requires a shift in perspective. Oftentimes, when you're feeling overwhelmed, you're over-thinking everything that needs to get done. You've lost yourself and you're no longer present. Instead of seeing the things outside of you having power over you, be willing to stop and regather yourself. Bring yourself back to the present moment. Remember that you have a choice about the way you want to feel.

## Ban the plastic straw?

### To the editor

I FOUND THIS address from your website and am writing to you as a past resident of Penrose Rd, Bundanoon. I currently reside in London but have frequent visits back to your corner of the world. My latest passion is promoting the reduction of plastic in the world and in particularly plastic straws as this is an easy remedy.

I believe Bundanoon became a trend setter with their plastic water bottle ban and I would like you to table the thought of following this through to be also "plastic straw free". I made comment to a few retailers whilst there in March – the Deli (already converted), the Chinese restaurant, the Club and the convenience store.

Best of luck  
Jayne Melling.

### A note from the editor:

#### Perhaps not ALL plastic straws...

An ABC news article by Eden Faithfull, 25 Apr 2018, says:

"Utensils such as plastic straws serve an essential role in the daily lives of some people with physical disabilities, helping them with to eat and drink. They are also used as tools to exercise the lungs.

Plastic straws are particularly important for disabled people because they are flexible, cheap and widely accessible.

Alternatives such as metal or glass straws do not offer the same degree of flexibility.

Despite the availability of more environmentally friendly biodegradable straws, many of these products are not suitable to be used for liquids above 40 degrees Celsius, making them impractical



for the consumption of soup or hot beverages — the average cup of coffee is served at about 70C.

Chief executive of ConnectAbility Australia David Carey says that although alternative materials for straws do exist in the market, they do not measure up in either convenience or safety."



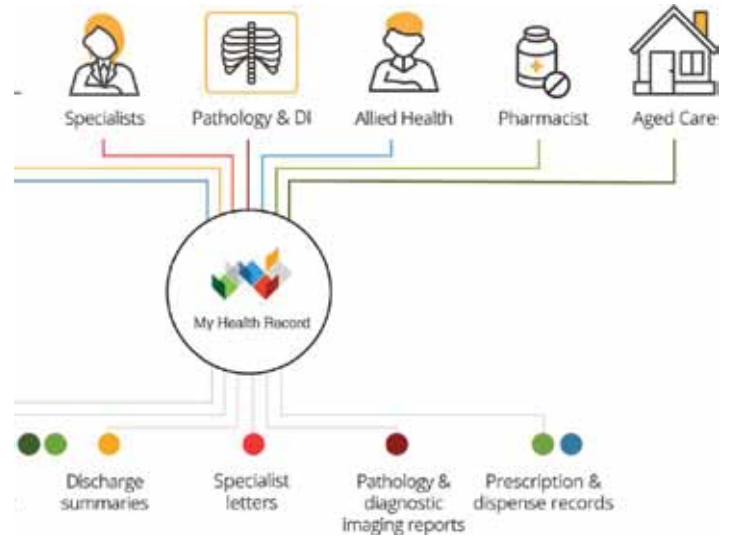
# The My Health Record

**DID YOU KNOW** that by the end of the year every Australian will have an online health record created unless they opt out? The record is called the My Health Record.

Health information about individuals is uploaded by health professionals and institutions in different formats as illustrated in the diagram at right. For many uploaded documents, consent must be obtained from the patient. Many people have an online record already, with over 5.75 million Australians registered and more than 5.48 million clinical documents uploaded. Interestingly, I have found in our practice that some people don't know they have an online record.

The benefits of having such a system are self-evident and illustrated below.

In Australia, there are approximately 2 million medication-related mistakes each year. Each year this costs the health system \$1.3 billion and 230,000 additional hospital admissions. It is estimated that there are 10,000 extra deaths from medication mistakes each year. Having timely access to patient information, as provided in the My Health record, would almost certainly reduce this staggering problem.



West Sydney Public Health Network (which includes Bundanoon) do not have adequate computerisation to upload patient information to the record. The patients that attend these practices will not be able to have their data uploaded. Another issue is that the information that is uploaded must be cleansed, meaning that the health data must be complete and accurate. This can be a daunting task for uploaders such as general practices which are already busy. In our practice, one of our staff has been assigned specifically to data cleansing.

The My Health Record is an important new addition to the health infrastructure. Its success will mean savings of billions of dollars each year in health dollars and the saving of lives. Its success depends on the participation of not only patients but the providers of health care. Previous trials related to the My Health Record over the last 18 years have largely failed because of complacency of its users. This is the reason the government has decided to use an opt out system. If you don't want to have a My Health Record then you have to make the effort to stop it. For those of you who choose to opt out, you will have an opportunity to do so in the next few months.

—Dr Indran Rajendra (GP Bundanoon)



There are downsides too. Foremost is the issue of security and privacy of the information. The body that manages the My Health Record is called the Australian Digital Health Agency. It has a cyber security section that is devoted to protecting the information against hacking and other security threats. The physical site where the data is kept is in Australia, but the location is a secret. One third of general practices in the South

## Exeter Village Market

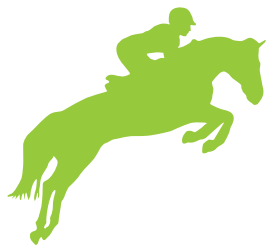
JILL KEYTE, NEW OWNER of Exeter Village Market, has exciting plans for its future. She reminds readers that the market will be in full swing on the **first Saturday** every month, from 9:00am–1:30pm.

Dates for the rest of the year are:  
7 July, 4 August, 1 September, 6 October,  
3 November, 1 December.

She would love to see you there.

Contact: Jill Keyte on 0419 808 022.  
[www.exetervillagemarket.com](http://www.exetervillagemarket.com)





# Bundanoon Sport & Recreation

## BUNDANOON REBELS SOCCER CLUB

The season is well underway and we are enjoying some good results so far.

This year with the return of Winterfest we will again be hosting a closing night bonfire at Ferndale Reserve on Saturday 14 July. We encourage everyone to come down and support the club through this event. We look forward to a fantastic evening of food and music to celebrate the end of a week of great activity.

## BUNDANOON CROQUET CLUB

The Croquet club will be having "tryout days" as part of its contribution to Winterfest on 14 July. Times are:

1. Children's introduction to Croquet from 10:00am to 12:30pm. The group is limited to 10 children – no cost involved.
2. Adults from 1:00pm to 5:00pm including a sausage-sizzle. Up to 20 people can be involved at a cost of \$5.00.

The Club continues to meet on Thursdays and Sundays from 1:00pm on the croquet green behind the Bundanoon Club. New people are always welcome.

If you are interested or have any questions contact:

President: Alan Millward  
al.jsn2578@gmail.com or call 0419 228 836

Promotions: Di Curtis  
Curtis.di@gmail.com or call 0414 594 232.

## BUNDANOON CRICKET CLUB

Our Primary comp team had a very successful 2017/18 season, going through undefeated, which included winning a nail-biting Grand Final against the Bowral Renshaws at Bundanoon Oval.

Huge thanks must go to Coach Ricky Martin who taught the boys not only to improve their cricket every week but how to play with tremendous sportsmanship. This led to the opposition team praising Bundanoon not just on how they played but more importantly how they conducted themselves on the field.

## BUNDANOON TENNIS CLUB

Coaching is well underway for term 2 with a class for five- to eight-year olds starting at 9:30am, a class for 8 to 12 year olds follows from 10:00 to 11:00am and an adult class starts at 11:00am. New people are welcome – anyone interested, please contact Mike Swinden on 4883 7624.

The tennis club has purchased a defibrillator. As many people know, quick action in the event of a heart attack is essential. The club wants all people who use the sporting and walking facilities at the oval to know that the machine is accessible at the back of the tennis club. This is a community service, so helping us preserve the potentially lifesaving instrument for all to use is essential.

## BUNDANOON HIGHLANDERS RUGBY LEAGUE FOOTBALL CLUB

The Bundanoon Highlanders have started the 2018 season with mixed results (two good wins over Bowral and Picton and two disappointing losses against Warragamba







and Oran Park) so far in the Group Six second division competition. A horror injury toll has not helped, as two players' seasons have been cut short and several others are sitting on the sidelines during these first few weeks.

The Highlanders have three home games remaining to be played at Bundanoon Oval on 23, 30 June and 27 July, all to be played at 3.00pm.

Player numbers continue to grow so we have the basis of a great team. We would love to see you at the oval supporting the team!

### CHESS CLUB

**As we mentioned in the last issue, the club desperately needs new members to keep going!** Pat tells me if new members are not recruited soon the club will fold and Bundanoon will lose the rewarding challenges that the game of chess can provide. Whether you are a seasoned player or rank beginner, all are welcome. No chess sets are needed – so please come

along and help rebuild the club! The group meets on Friday afternoons at the Primula Café. Contact Pat Foley for more information on 4883 6064 or just turn up on Friday afternoon from 2:00pm!

### PONY CLUB

The club is looking to a great 2018 and is keen to recruit new members- all you need is a horse! Meetings take place on the third Sunday of every month starting at 10:00am.

Ring Gail on 4883 7195 or 0407 287 336 for more details.

### BUNDANOON BOWLING CLUB

A lot of effort and energy has been put into the Bundanoon Club by its Board, the Bowling Club and the Croquet Club to rebuild the facility for the sporting clubs and the wider community. The financial situation has stabilised and we are pleased to confirm that the Bowling Club now offers social bowling events on Thursday

and Saturday afternoons.

The Bundanoon Club opening hours have been extended as follows:

- Tuesday 4:00pm to 7:00pm.
- Wednesday 4:00pm to 8:00pm.
- Thursday 2:00pm to 8:00pm.
- Friday 4:00pm to 8:00pm.
- Saturday 1:00pm to 7:00pm.

The Bistro is open Wednesday, Thursday and Friday nights from 6:00pm to 8:00pm.

Beer on Tap is due to be reintroduced in June and the club is looking to support all community club functions at very reasonable cost.

The club has a regular email newsletter. If you would like to receive it please send a request to [bundanoonclub@bigpond.com](mailto:bundanoonclub@bigpond.com).

The club is also planning a Fours event and invites members and non-members to participate. If you are interested, entries of \$15.00 (which includes lunch) must be registered by 9 June with Keith Stratton.

For further information please contact Keith Stratton on 0422 829 756 or John Witney on 0418 206 302.

## AUSTRALIA'S FIRST BOTTLED WATER FREE TOWN!

IN 2009, BUNDANOON decided of its own volition to neither sell, nor give away, bottled still water within the town precinct. In the Bundanoon context, bottled water does not refer to sparkling/mineral water, fruit juices, sports drinks, etc, because these are not readily available from the tap.

A meeting of about 20 businesses initially agreed to the initiative. This was followed by a community meeting in early July 2009 at which, in the packed Soldiers' Memorial Hall, 356 residents voted overwhelmingly (355 to 1) to support the initiative. When bottled water alternatives were officially launched in late September 2009, we believe Bundanoon became Australia's First Bottled Water Free Town – and possibly the world's first.

This small-town community initiative generated unprecedented national and international media coverage and worldwide support. As part of the initiative, Bundanoon expanded drinking water facilities in the town. Indeed,

access to drinking water in Bundanoon is now greater than before 'Bundy On Tap' began.

Businesses have available for sale reusable drink bottles and chilled filtered tap water, whilst free filtered-water stations and water fountains or 'bubblers' provide for the general public and for local primary school children.

Australia's annual consumption of bottled water is about 600 million litres. The production and distribution create greenhouse gas emissions equivalent to those that 13,000 cars would generate in one year. The NSW Dept of Environment and Climate Change estimates 200ml of oil is used to produce, package, transport and refrigerate each litre of bottled water.



- Bottled water's carbon footprint is more than 300 times greater per litre than tap water.
- Up to 65% of single use bottles used for commercial bottled water are not recycled, finding their way into landfill or waterways.
- Bottled water can cost up to 500 times more than tap water.
- Many millions of litres of bottled water sold in Australia are actually filtered tap water.

Bundanoon has six public water refill stations, delivering filtered tap water. Three in the shopping precinct and one at the school. You can fill up a reusable water bottle or drink from the fountain. There is a fifth bubbler on the Bundanoon Railway Station platform and a sixth at Ferndale Oval.

**KEEP BUNDANOON BPA FREE & BOTTLED WATER FREE!**

# PILATES

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## Church Services

Every Sunday at ...

9am Holy Trinity, Bundanoon  
(traditional service)

9.30 St Aidan's, Exeter  
(contemporary service)

5pm Holy Trinity, Bundanoon  
(contemporary with Youth Group)

29th July 10am PARISH COMBINED SERVICE  
only at St Aidan's, Exeter to welcome  
Rob Meischke, new assistant minister

**EXPLORERS** 2018

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Bundanoon Public School hall 10am-3pm \$10 / day **RSVP essential**

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# Activities and services

## Bundanoon Community Association Inc. (BCA)

President, Christine Janssen..... 0417 285 364  
Secretary .....Secretary@bca.asn.au

## BCA Subcommittee Convenors

### Arts Bundanoon

Greg Slater..... gregs50@dodo.com.au

### 'Bundanoon Sings' Choir

Geoff McCubbin..... geoffmc@iinet.net.au

### De Meyrick Reserve

Peter Papps..... ppapps@bigpond.net.au

### Garden Ramble

Patricia Varley..... patriciavarley@me.com

### Glow Worm Glen Track

Anna Perston..... anna.perston@bigpond.com

### The Green Team

John White..... johnnifer@bigpond.com

### Soldiers' Memorial Hall

Pat Guy..... patmalguy@hotmail.com

### JCG

Christine Janssen..... Christine.Janssen@bca.asn.au

### JCG Food & Wine

Pam Davies/Ralph Clark ..... rlc2578@gmail.com

### Leaver Park Group

Christine Miller ..... chrisnbaz@bigpond.com

### Melting Pot Theatre

Robyn Karakasch..... rkarakas@bigpond.net.au

### Membership

Andy Carnahan..... Membership@bca.asn.au

### Needles & Natter

Andrea Ward ..... andrea.ward@tonyward.org

### Roy Terry Reserve

John White..... johnnifer@bigpond.com

### Rex Cinema

Stuart Reid ..... sjreid29@gmail.com

### Welcome Packs

Lyn Morehen .....

### Winterfest

Kaz Williams..... kaz@bigshedcreative.com

## Community Groups

Bundanoon Pre-School..... Deni Harden, Director..... 4883 6166

Bundanoon Public School P&C

Candice Piper ..... candiz\_p@yahoo.com.au

Bundanoon Visitors' Group..... Harry Hull..... 4883 6372

Chess Club ..... Pat Foley ..... 4883 6064

Country Women's Association (*meets 2nd Thurs, 1 pm, CWA Rooms*):

Kath Smith ..... 4883 6919

Curabunda Wetland Group (*meets 1st and 3rd Friday*)

Alan Hyman ..... 4883 7763

History Group (*meets 1st Monday, 10 am*):

David Brennan .....

Lions Club..... Elizabeth Cranny..... 0408 102 411

Men's Shed (*meets Tues-Thurs, from 10am, 11 Burgess St*):

Tony Molyneux ..... 4883 6073

Morton National Park Volunteers (*meets 2nd Wednesday*):

Alan & Wendy Hyman..... 4883 7763

Playgroup ..... Melanie Terry..... 4883 7197

RSL ..... Robert Williams ..... 4883 6137

Serendipity: the choir ..... Kerith Fowles ..... 4883 6515

Warrigal Care Bundanoon Auxiliary (*meets 3rd Monday, 10am at Warrigal*)

Ann McCarter..... 4883 7784

## Support and volunteer services

Community Health Service ..... Bowral..... 4861 8000

Dementia Australia (Dementia Advisory Service)..... 4869 5651

Early Childhood Clinic..... 4861 8000

Fire Station ..... 4883 6333

Good Yarn..... Ann McCarter..... 4883 7784

Mobile Library ..... Moss Vale Library ..... 4868 2479

Red Cross (Exeter branch) ..... Anna Hopkins..... 4883 4259

Rural Fire Service (RFS) ..... Craig Rowley..... 0427 511 837

RFS Auxiliary ..... Don Gray ..... 0429 828 765

RSPCA (Goulburn/Highlands) ..... 0412 475 428

Volunteering Wingecarribee ..... 4869 4617

WIRES..... 4862 1788

To change details, please email [jcg.editor@bca.asn.au](mailto:jcg.editor@bca.asn.au)

## Church times

### Anglican Parish of Sutton Forest

Holy Trinity, Bundanoon ..... Sunday, 9.00am, 5.00pm

St Aidan's, Exeter ..... Sunday, 9.30am

St Stephen's, Tallong ..... Sunday, 10am

All Saints, Sutton Forest ..... 1st, 3rd & 5th Sundays, 11am

..... 2nd & 4th Sundays, 2pm

### Uniting Church

Moss Vale..... Sunday, 9.30am

Bundanoon..... Thursday, 12.30 pm

### Catholic Church

St Brigid's Bundanoon ..... 1st, 3rd & 5th Sundays, 5pm

..... 2nd & 4th Sundays, 8am

St Paul's, Moss Vale ..... Sat, 6pm & Sunday, 10am

### Iona Christian Community, with Anglican Worship, at St Patrick's, Sutton Forest

..... 2nd, 4th and 5th Sun, 10.30am

### Santi Forest Buddhist Monastery, 100 Coalmines Rd

..... Sat, 7pm: Group Meditation

..... Wed, 7pm: Buddha's Teachings

### For other service times, please contact:

Anglican Church: [www.parishofsuttonforest.com](http://www.parishofsuttonforest.com), 4883 6019

Catholic Church: Parish Office, 4868 1931

Iona: [ionachristiancommunity@gmail.com](mailto:ionachristiancommunity@gmail.com), 4869 1196

Santi Forest Buddhist Monastery: 4883 6331

## Sports clubs

Bowls (Men)..... John Witney..... 4883 7356

Bowls (Women) ..... Margaret Alaban ..... 4883 7560

Cricket ..... Steve Granger..... 0404 048 288

Croquet Club..... Alan Millward ..... 4883 6887

Pony Club ..... Gale Pritchett ..... 4883 7195

Rugby League ..... Grant Perkins ..... 0419 844 405

Soccer ..... Jaime Griffiths ..... 4883 7012

Swimming..... bundanoonswimmingclub@gmail.com

Tennis ..... Mike Swinden ..... 4883 7624

## JCG advertising rates 2018

		SIZE (W×H, mm)	Per issue	Prepaid 4 issues (5% discount)
Full page	in margins	190×273	\$438.00	\$1,664.40
	with bleed	220×307	\$438.00	\$1,664.40
Full page (inside front/back)		as above	\$463.00	\$1,759.40
Half page	horizontal	190×134	\$235.00	\$893.00
	vertical	93×273		
Quarter page	horizontal	190×52	\$139.00	\$528.20
	vertical	93×134		
Business Card		93×52	\$76.00	\$288.80

### Artwork

Finished artwork may be supplied in TIF, JPG or PDF format. Artwork in other formats may attract a processing charge. If you prefer, we can professionally design and lay out your advertisement at very reasonable rates.

**Please contact Kaz Williams for enquiries or bookings:**

**phone 0418 425 611**

**email: [kaz@bigshedcreative.com](mailto:kaz@bigshedcreative.com)**

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<b>FAX</b>	<b>4869 5342</b>
<b>MOBILE</b>	<b>0407 061 529</b>
<b>Showroom</b>	<b>3 Railway Street Moss Vale</b>



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Bundanoon

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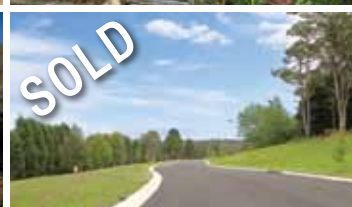
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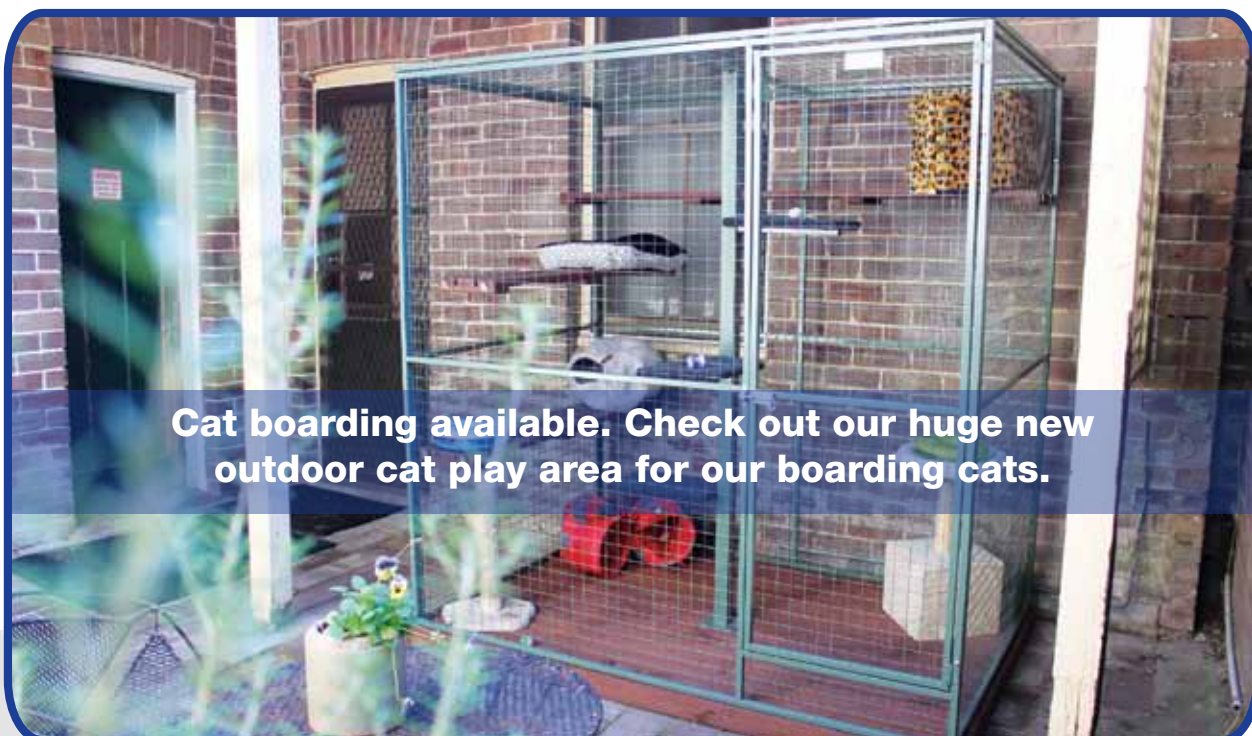
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