

# jcg



A magazine for Bundanoon  
and Southern Villages



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**Cover photograph:**

Wayne Todd

**Correspondence:**

The Editor  
Jordan's Crossing Gazette  
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**Editor**

Pam Davies

**Photographer**

Wayne Todd

**Contributors this issue:**

Graham Anderson	Elsbeth Parker
Christine Cassin	Ken Puffit
Ralph Clark	Evan Smith
Ken Davidson	Lisa Stuart
Jennie Fea	Margaret Symonds
Harvey Grennan	Margie Thomas
Francesca Gunesch	Gregory Tome
Christine Janssen	Patricia Varley
Helene Jessep	Robyn Versluis
Huw Kingston	Graeme Whisker
Sandy Mackenzie	Karen Williams
Keith McMenomy	Maryanne Williams
Brent Marvin	John Wood
Alan Olsen	

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**Contact numbers****Editorial: Pam Davies**

tel: 4883 7196 email: inverard@hinet.net.au

**Advertising Sales: Wayne Todd**

tel: 4883 6744 or 0427 113 995

email: wayne@toddsrealestate.com.au

**Accounts: John Desmond**

tel 4883 7566 email john@desmonds.com.au

**Design: Ben Mawston, Vitreo Graphic Design**

tel: 4883 7178 email: ben@vitreo.com.au



**Pam Davies,  
Editor**

# From the Editor

ALL THE *jcg* writers who met with students to record their stories for this edition of the magazine were delighted to find that without exception they enjoy their time at school. Our selection features mostly senior students and I am aware that there are many younger people whose stories could have been told. Space precluded that and we weren't able to feature every school in the Highlands. I wanted to show how educational choices have advanced, particularly in the last ten years and I would like to thank the students who participated. Many of us remember dedicated teachers who coloured our experience of high school and influenced our career choices. Our stories confirm this is still very much the case.

You will be interested to read about Bundanoon Public School's 6th class 'transition' program and *jcg* is pleased to include an appreciation of Maryanne Williams' long career as teacher/librarian at Moss Vale High School. She has contributed to earlier issues of our magazine and takes great pride in the students who have gone on to have successful careers. David Brown's reunion with colleagues acknowledges his important role in the cattle industry over many years. The restoration of the 'Pill Factory' makes fascinating reading and regular writers continue to remind us of Bundanoon's many events and people who make our town such an interesting place to live.

Recent rain will ensure we have another successful Garden Ramble in October. See you there!

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Third Thursday each month:

18 September, 16 October, 20 November:  
7:30pm in Supper Room at the Hall.

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**Hall Hire**

FOR SOLDIERS' MEMORIAL Hall booking enquiries please phone 4883 6971 or email hallhire@bundanoon.nsw.au

**Advertising info: page 49**

**Deadline for next issue:**  
**Friday 24 October**

## Springing a surprise



The Tecchler Quartet



THIS SPRING, ARTS Bundanoon comes into the open for a concert.

**In co-operation with the Garden Ramble organisers, the Spring Concert will be held on Saturday 25 October at 3:00pm at 26 Panorama Road, Bundanoon.**

**Featuring Jonathan Mui's Tecchler Quartet, the ensemble will play three well known quartets by Debussy, Beethoven and Mozart.**

The quartet members are four very talented graduate student musicians at the Sydney Conservatorium. Many will remember the beautiful performances of Jonathan Mui and James Dong at Piano at Ten last year. Both Jonathan and James have been winners of the Gisborne International Music Competition, which brings an international reputation. Violist Carl Lee is currently the Viola Fellow in the 2014 Sydney Symphony Orchestra Fellowship program and has performed regionally and internationally with the orchestra. The cellist Jonathan Bekes is currently performing as Principal Cellist of the Sydney Youth Orchestra.

For the weary Roman, Virgil's innkeeper offered "garden nooks and arbours, mixing cups, roses, flutes, lyres and cool bowers... rest here thy wearied frame beneath the

shade of vines." The Spring Concert offers similar enticements, with the flutes and lyres updated to the two violins, viola and cello. The Tecchler Quartet is so named because Jonathan plays an 18th century David Tecchler violin. Tecchler was a German-born violin and 'cello maker who spent most of his working life in Rome. His surviving instruments are often sought after for their sweet yet powerful tone.

Entry is by pre-purchased \$20 ticket from The Terrace Tea Shop, Todd's Real Estate, on-line from [www.artsbundanoon.org.au](http://www.artsbundanoon.org.au) and at the Garden Ramble sales desk in the Soldiers' Memorial Hall, Bundanoon on Saturday morning 25 October 2014.

If the concert is cancelled due to bad weather, a full refund will be provided.

There is good parking available and tea and coffee will be available.

Bring a small seat, a blanket or cushion for comfort.

Parents, please note that the garden has numerous hazards for children, so strict control at all times will be required.

—Jennie Fea

## The Morton Trio

**Piano at Ten, 1 November**  
**Soldiers' Memorial Hall, Bundanoon**  
**\$8 entry**

DON'T MISS ANOTHER chance to hear Tony Zhai, violin, with accompanist Paul Cheung, piano, whose July recital received a standing ovation.

In November, they return as a Trio, with cellist Jenean Lee.

The exciting Mendelssohn D minor Piano Trio is the main work. The programme will also include solos and a duo for violin and cello.

Piano at Ten will continue to give its audience professional performances for an incredibly low entrance fee of \$8. Under 18 – free.

Visit [www.artsbundanoon.org.au](http://www.artsbundanoon.org.au)



## Don't miss our Gala Concert! "A Night in Buenos Aires"



Vital young musical group **Tangalo** will perform on 20 September in the Soldiers' Memorial Hall at 7pm for a 7.30pm start.

Multi-talented musical director Emily-Rose Sarkova and musician Susie Bishop have appeared twice for Arts Bundanoon's popular Piano at 10 series and have captivated their audience with Art Songs by well-known Spanish and French composers. To present the entire group is a coup for Arts Bundanoon.

**Tickets for the Gala are \$30 each and include pre-concert drinks and refreshments plus tea or coffee at interval and are available now at Todd's Real Estate, The Terrace Tea Shop, Bundanoon, and online at [www.artsbundanoon.org.au](http://www.artsbundanoon.org.au)**





## Art of Needlework Past and Present

This exhibition will be held on 21–22 March, 2015 in the Soldiers' Memorial Hall.

There will be designated space for exhibitors, opportunities to sell new and previously loved needle-craft items.

An exhibition of historic wedding gowns, hand-made lace and dolls, spinning wheels and sewing machines on loan from local families will be a highlight.

### Would you like to share with us in this exhibition?

Perhaps you have precious needle work made by your mother and/or grandmother? Maybe items made by your father or grandfather during the wars?

Our mothers and grandmothers mended, made do and recycled during the war years and the Depression. Any of these 'make dos' would be gladly accepted for exhibition.

Work tools would also be of interest.

We would like to reflect the whole spectrum of the 150 years.

If you wish to contribute please contact me for information:  
Pat Wheaton, 4883 7463 or folly42@bigpond.com

## Rex Cinema

**The Italian Job**  
(1969),  
starring  
**Michael Caine**



**7pm for 7:30pm,  
Saturday 11 October**

*Serendipity*  
the choir

*Serendipity: the choir's* concerts in May were enthusiastically received by record audiences in both Bundanoon and Bowral. The added entertainment by a magician to these performances, titled "Believe it or Not", provided a treat for children at their special concert. These events presented a wide variety of styles and genres and again showcased the versatility of this, our own Community Choir.



## Melting Pot Theatre

### Crash test drama

We are looking for people of all ages who want to tell a story – by writing, directing, or acting in a short play. The only requirement is you must want to have fun! For more information, contact Pat Brennan, 4883 7831 or see our website.

### Join us on Sunday 14 September in the Memorial Hall for our next event

Come at 2pm if you want to take part or 5pm for the performances.  
**Audience welcome at 5pm for the show!**

#### Coming events:

##### "Bijou" Supper Club

Sunday 9 November 2014 from 7pm, \$25. BYO Picnic Supper.  
Contact Karen Granger, 4883 6884 – bookings essential

##### Melting Pot Writers Workshop

Saturday 22 November 2014, 10am–4pm, \$20.  
Short Play Masterclass with Alex Broun – limited places.  
Contact Pat Brennan, 4883 7831 – bookings essential

##### Crash Test Gala Final 2014

Sunday 23 November 2014, 5pm, \$5 at the door

[www.meltingpottheatre.org.au](http://www.meltingpottheatre.org.au)

[www.facebook.com/meltingpottheatre](https://www.facebook.com/meltingpottheatre)

*Come, Celebrate!*



*Serendipity*  
the choir

### CHRISTMAS CONCERTS

**Saturday 6 Dec 4:00pm**

**Friday 12 Dec 6:00pm**

**Saturday 13 Dec 4:00pm**

**Bowral Uniting Church Hall**

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**Bundanoon Memorial Hall**

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# Bundanoon WINTERFEST 2014

27 June - 6 July  
2014

WOW! WINTERFEST 2014 – the biggest and the best to date. It's a great time to ask friends to come and visit our town, to experience our community, enjoy the entertainment activities and all that Winterfest has to offer. This year there was so much to do for the kids and how cool was it to run around the street after hours with all your mates. Next year will be our 10th Winterfest celebration and Bundanoon's 150th birthday! It will be a big year with more activities for the whole family. So many people contributed to this wonderful event and without that community support Winterfest could not grow and improve each year. The hall was a hive of activity over the ten days including a farm themed art exhibition from the local schools, the Mens Shed art show, the Community Kids activities, and a movie night where the children brought along their own beanbags and sleeping bags. Concerts and puppet shows were also a hit. We hope everyone enjoyed our community festival and we all look forward to more fun in 2015.

—Lisa Stuart



# 150th anniversary planning

AS A NEW arrival in Bundanoon, I accepted the role as Convenor of the Sesquicentenary Sub-Committee of BCA (Bundanoon – a community since 1865) in order to make a contribution to the community that has made me feel I've 'reached home'. I also thought that the role would enable me to meet more of the interesting, talented and motivated people who make Bundanoon a village to be proud of.

I am a recently retired Social Worker, a role that involves working with people with a wide variety of experiences. My resume also includes publishing, marketing and advertising, all of which I'm sure will be put to good use over the coming months.

It is with great excitement and anticipation that I look forward to the celebration of Bundanoon's Sesquicentenary and I'm confident that both the community and the many people who have been associated with or have visited Bundanoon will enjoy the events that have been planned by the community groups, organisations and businesses in celebration of such a momentous occasion.

The Sesquicentenary (150<sup>th</sup>) Sub-Committee includes community members who are both talented and committed. Helen Clark has accepted the position of Secretary, Bruce Marshall is our Treasurer, and Pat Hall and Lisa Stuart will assist in event planning. There are a number of people who have offered time and support for events.

We hope that 2015 will be more than a series of events; that it will leave a lasting and tangible legacy to be enjoyed and appreciated by generations to come. It will ensure that Bundanoon retains its unique reputation as a special place to live and a special place to visit.

Our traditional major events will take advantage of the anniversary by adding a theme or idea incorporating the Sesquicentenary celebrations, no doubt adding to their success. There will be a number of events especially planned for the year. We hope that Bundanoon's many organisations and clubs will plan their own 2015 events.

—Christine Janssen, Convenor



## Old Methodist Church

DUE TO THE gradual reduction in congregation numbers the Moss Vale Uniting Church parish decided that services would no longer be held in Bundanoon. The Church dates back to 1885, but replaced an even earlier 1870s Primitive Methodist building on the site now occupied by the Soldiers' Memorial Hall.

Bundanoon History Group members were concerned that this important part of our village heritage should be preserved, so have taken a twelve-month lease on the premises, including responsibility for the Memorial Garden and columbarium. During this period the group will investigate whether there is a way of retaining the Church and grounds for future generations. Anyone interested in participating in this project should contact Ralph Clark (4883 7196 or rlc2578@gmail.com) or Patricia Guy (details below).

To help offset some of the cost of the lease the Church is available to hire for weddings, services, meetings or other appropriate uses. The meeting room, kitchen and grounds are also available. Patricia Guy is the person to contact.

### The Old Methodist Church

Church, meeting rooms, kitchen and grounds are all available for hire

Contact Patricia Guy on 4883 6971 for details and bookings.

## Some of the events already being planned include:

- February Official launch and cocktail party
- February 14 Melting Pot Theatre, Let There be Love: 150 years of honeymooners
- March 8 Grow Cook Eat Festival – food over 150 years (Community Garden)
- March 9 JCG 150th Anniversary issue distribution begins
- March 21/22 The Art of Needlework (Needles and Natter Group)
- April 11 Brigadoon
- May Possible fete in the grounds of Quest for Life
- June 5–8 Bush dancing
- June Winterfest
- July Christmas in July
- August Film festival and writers' forum
- August 29–30 History Group exhibition
- September 19 Arts Bundanoon Gala Concert
- September 30 Kangaroo March re-enactment hosted in Bundanoon (Wed PM/Thu all day/Fri depart AM)
- October 1–3 Festival of Carriage Driving National Championships
- October 24/25 Garden Ramble weekend
- November 7/8 Highland Fling
- December Back to Bundanoon weekend, closing celebrations and fireworks



**Saturday 25<sup>th</sup> and  
Sunday 26<sup>th</sup> October**

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## BCA report



**Christine Miller**  
President

## Council and community working together

LOCAL COUNCILS CAN seldom please everybody and Wingecarribee – our Council – is no exception, but overall Bundanoon has much more to acknowledge than complain about. We work together well for the betterment of our local community.

- Many of our *volunteer groups* work closely with a number of different staff at Council on things specific to

their groups' interests and we have a sense that we are readily able to link with Council staff for advice, conversation, support and direction on relevant issues.

- We are sometimes puzzled how decisions about *roadworks* are made but our road conditions have improved over recent times which is very pleasing.
- The regular arrival of the *town team* to spray some weeds here, prune a bush there, clean up around rubbish bins and keep an eye on public parks and places, amongst other things, is much appreciated.
- The very important *Plan of Management* for the Bundanoon Oval and Jordan's Crossing park area is now on public display for our community to feed back to Council our hopes, plans and wishes for that beautiful green swath through our village – an area cherished now, but even more important for the future. Council has given three options and we thank them for that – normally fewer from which to choose.
- The development of the *railway embankment* landscaping is a joint effort of Council and BCA. This work will be staged as funds allow.
- Our *contact with Council* is nearly always dealt with quickly and effectively and generally Councillors and staff are pleased to hear from the people of Bundanoon.
- Council's recent support for our issues with Transport for NSW regarding our *railway precinct* was much appreciated.
- Support for our *Sesquicentenary year*, 2015, is not only through the recent grant of a \$25,000 funding allocation but also by way of valuable advice.
- Council supported *our plans* for the new *bus shelter* instead of the normal off-the-shelf design and I am sure we are all very pleased with the outcome.



These are just a few of many things that have worked well for us with our Council and we thank management, Councillors, staff and the teams we see in town for their support and interest in Bundanoon.

\* \* \* \* \*

A fabulous **Winterfest** brought together many of our community and many from communities near and far. Congratulations to all involved in the work leading up to, during and after the event. The BCA Winterfest Subcommittee organised an excellent event which all enjoyed.

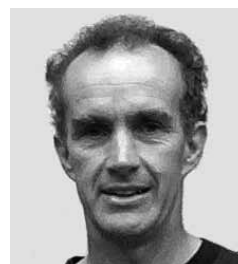
The **BCA website** will soon include an events calendar, updated and extended into 2015 so we can add any and all community activities. This will be part of our celebration as a vibrant community for 150 years (or more).

There are some new and exciting events combining with some regular activities in the next months. A **Swing Concert** at the end of August sold out pretty quickly so that augurs well for another down the track; **Melting Pot Theatre** have another wonderful event on September 14th; **Arts Bundanoon's Gala Event** for 2014 is to be held on September 20th; the **Small Hall Theatre Company** will have another fun night on October 4th; our wonderful **Garden Ramble** is the weekend of October 25/26.

The hard-working Convenors of the BCA sub-groups will get together in September and October to talk about how things look, how things work, how things can be improved and how we can work together to strengthen our community and offer even more opportunities to be part of what takes place here.

Join in and be part of it – Bundanoon matters.

### council news



**Councillor Jim Clark**

## Open space progress

WITH THE YEARLY Mayoral election taking place on 17 September, there is a strong likelihood of a change in leadership. Thanks go to Councillor Arkwright for her two years' service in the top job, not an easy task in these difficult times. Once

recruited, the General Manager will need to work well with the newly elected Mayor and councillors.

Submissions for the Draft Plan of Management for Bundanoon Oval and Jordans Crossing will have closed by the time **jcg** is distributed. Thanks to all who took an interest in the plan and were patient enough to see it through.

This area is the main public open space in Bundanoon and council needs to carefully plan for the future and guard against conflicts of use. Complicating the process were shared ownership of land within the park, the presence of endangered plant communities and potential problems with surrounding developments.

An extremely dry winter has local residents concerned about preparation for the upcoming fire season and council has run a series of workshops to prepare households to be bushfire ready. Preparation of a Bushfire Survival Plan, clearing around your house and knowledge of risks specific to your local area can assist when properties are threatened by fire.

Bowral Library is set to save on electricity costs with the commissioning last month of a 119 panel roof-mounted solar power system. Electricity generated by the solar system will be sufficient to power the majority of daytime energy needs of the library and feed back into the power grid when the facility is closed. It is anticipated that the 29.75 kilowatt solar panel system will save the library around \$8000 per year in electricity costs and reduce carbon emissions by 38 tonnes per annum.

—Clr Jim Clark, ph 0428 213 939

# Gearing up for Ramble: more of our

## Diana Curtis

DIANA CURTIS AND her late husband, Ian, worked together to rescue and restore an old timber cutter's cottage which was transported by dray to its Viewland Road site over 100 years ago. Visitors to the garden at this year's Ramble will have the opportunity to see the transformation and to enjoy the re-shaped garden.

"The north facing rear garden was one of the first things that attracted us to what was a funny little fibro cottage with aluminium windows," says Diana. The fibro and aluminium disappeared during the restoration which returned the cottage to its original layout and appearance. A sympathetic extension has created a more expansive home which overlooks the shady garden. Diana clearly loves living in a home with such a long and interesting history and has taken great pleasure in the opportunity to save the cottage from possible demolition.

During the five years she has lived permanently in Bundanoon, Diana has participated widely in local groups. She plays croquet and is part of the Green Team, a patchwork group, a book club, a walking group and is one of the Garden Club members responsible for the trade table. Each activity creates a circle of friends, often with overlapping networks.

These friendships and networks provided incredible support during the difficult and heart wrenching months of Ian's illness and hospitalisation. "There was not one day that I came home from the hospital when there wasn't some token of friendship on the doorstep," says Diana. Sometimes there were baked goods, sometimes soup or other meals and on one occasion a single flower greeted her to remind her that someone was thinking of her. Since the loss of Ian this support and encouragement has continued and "made the unbearable bearable. I could not have coped so well without that help."



Retirement from a demanding job as manager of an aged care facility in inner Sydney to village life in Bundanoon has been life changing. "I have absolutely no regrets. There's just something about Bundanoon," says Diana. "The joy of retirement is having the luxury of the time to look after friendships."



## Brian Duffy and Brigid Kelly

TWO LOVINGLY RESTORED Austin Healeys will be an added attraction for visitors to the stunning garden of Brian Duffy and Brigid Kelly during this year's Ramble. These splendid cars, a passion for Brian, will be parked in the driveway so that interested Ramblers can admire them. For many these sports cars will be a potent reminder of youthful good times and adventures.

Brian developed his lifetime love of cars and the race track growing up in New Zealand in the 50s and 60s. His father was involved with the New Zealand Grand Prix Association. His love affair with Austin Healeys was inspired by a visit to the Healey factory in Melbourne, where he immediately recognised the cars which would become his consuming interest in retirement. "These sports cars are what I grew up with," he says. In Bundanoon he has an Austin Healey 1963 Sebring Works car, one of only five in the world. He races regularly in the production sports racing class. Brian insists that it's not a dangerous sport and points out that "the racetrack is safer than the roads as everyone's going in the same direction." The second Healey, which is their touring car, has been extensively modified to provide all the comfort and technology of a modern vehicle.

Brian and Brigid moved to their home in Rosenthal Avenue two years ago after many weekends spent scouring the Highlands looking for the right property. They have chosen well and it's clear that the move to Bundanoon has changed their lives.

"We both feel that there's something special and important here,"



# garden owners

Profiles by Elspeth Parker

## Helena and Martyn Downs

HELENA AND MARTYN Downs and their six children are part of Bundanoon's weekend community and have generously agreed to open their expansive garden in Durham Lane for this year's Ramble.

In school holidays and at weekends their five acre property is buzzing with the influx of family and friends. The grounds provide endless opportunities for city children to experience the freedom of country life and goal posts have been erected on the front lawn to create a 'footy field'.



25 and 26 October 2014

A feature of the garden is a classic wisteria arbour, which has been the venue for many happy celebrations including an elegant birthday party with a string quartet serenading guests. The arbour provides a stunning setting for Christmas dinners and other memorable family occasions. The addition of an outdoor pizza oven has increased the pleasures of family cooking and dining in the relaxing garden.

Helena explains that they purchased the house as somewhere to get away together. "This house is about sharing with family and friends; it's a fabulous family home." Helena and Martyn manage a busy and thriving business and relish their time away from the stresses of Sydney. Fortunately Helena enjoys cooking and so feeding the many appreciative visitors is a pleasure.

The garden was established by previous owners and is designed so that there is a peaceful outlook from every window in the house. In 2013 8,000 daffodils were planted around the garden and so the driveway is framed in gorgeous yellow in late winter and early spring.

Their experience in Durham Lane has been so successful that the family has purchased a bigger property on 60 acres in Greasons Road. Here, the children and their many friends will be able to enjoy even more space to roam and find adventure.

Helena and Martyn's decision to become Bundanoon weekenders has provided much enjoyment and companionship for friends and a happy focus for family life.

says Brian. "The outside world has moved so fast, the world we grew up in doesn't exist elsewhere, but it exists here and we felt this as soon as we arrived." He muses that perhaps 'Bundanoon is the spiritual centre of the universe.' Corporate friends, left behind in the buzz of Sydney, wondered if Brian had actually 'lost the plot' but once they experience the peace of the house and garden and the magnificent views of the Morton National Park, they totally understand.

Brigid has a particular interest in the development of the garden and with the expert assistance of their garden guru, Kurt Singer, has introduced colour and vibrancy with the addition of cottage gardens. Brigid and Brian credit Kurt with 90 percent of the changes and the current look. Overall, the garden has been simplified and the plantings reduced for easier maintenance. It's a relaxing and uncluttered place.

Brigid's passion is the arts and she has introduced Brian to the world of galleries and museums on travels to Europe and within Australia. On a recent trip to Paris Brigid surprised Brian with a visit to an exhibition of Ralph Lauren's car collection. "It was unbelievable, I spent the whole day there," says Brian.

After a corporate life centred on instant results, gardening has taught Brian the rewards of patience. While the race track can give a quick adrenaline hit, simple pleasures such as the sight of a lyrebird in the garden are proving just as exciting.



# More than just mulled wine and sizzling sausages

I'D NEVER GIVEN Lions Clubs much thought before we moved to Bundanoon. Just another sign on the outskirts of most small towns, like 'This is a Tidy Town'. All I knew was that the Lions were doers of good works. But as part of our decision to escape the madness of the city to create a new life in a small village, joining the Lions felt like an excellent way to establish connections while making a contribution to our new community. It turned out to be the best decision we've ever made (second only to choosing Bundanoon in the first place).

Success with any enterprise is generally attributable to quality of the people involved. As it is with the Lions – although when the members of the Bundanoon chapter gather it's hard not to be struck by how unlikely a team they make. No shared hobbies here. No political or religious affiliations. Just an incredibly diverse range of life experiences, united in their commitment to the Lions code of ethics and their appreciation of a glass of something sustaining at the end of a busy day. Among the current membership is a former policewoman, an engineer-come-cook, along with several small business owners, local tradespeople and a smattering of retired folk.

For most people in Bundanoon though, The Lions 'just sell sausages at the footy, flog raffle tickets at Christmas and do the mulled wine at Winterfest'. Few realise quite how many other activities they're involved with or what they do with the funds they raise.

Fundraising is at the heart of what drives the Lions. According to that aforementioned code of ethics they are committed to assisting 'financially, culturally, socially and morally the disabled, disadvantaged and infirm'. In this regard they're not unlike other service organisations like Rotary or Kiwanis, but rather than the members contributing their own money, the Lions raises funds through a program of hands-on activities. Fifty percent of all the money the Bundanoon club raise (\$8,500 last financial year) goes toward big national projects like the Save Sight Foundation or the Sydney Eye Hospital. The rest is used to provide help at a local level - like buying carpet for the pre-school, providing an iPad for an elder after a stroke, funding events like this year's Soldier On, or contributing toward the purchase of two air-chairs for the patients at Warrigal.

But they also pull together when stuff needs to be done - gardening projects, working bees, providing sustenance in times of crisis or celebration – sometimes bringing in assistance from the non-Lions community. And there is also a calendar of events beyond the fundraising ventures: the Seniors Christmas lunch, the summer celebrations for the residents of Rosnel, and my personal favourite, the 'Zone picnic' – a huge event bringing together all the Lions Clubs in the area to provide a fabulous day out for the residents of the region's care facilities and their carers. They come from miles around – from the Shoalhaven, to Goulburn and everywhere in-between – to enjoy a day of feasting and dancing and catching up with old friends.

Bundanoon would completely grind to a halt – or at least be a lot less interesting – without the herculean efforts of the volunteers who run all the community interest groups. But without a local chapter of



The Bundanoon Lions and their catering trailer at the Bundanoon Football Sausage Sizzle. From left Grant Perkins, Les Johnson, Andy Rocca, Elizabeth Cranny, Lloyd Bushnell and Margaret Johnson.

a fine organisation like the Lions, Bundanoon would be both poorer and hungrier. Their presence shouldn't be taken for granted (though I fear that it is).

A friend of mine warned me that becoming a Lion was like joining a cult. Maybe that's true. But it's a selfless, community-minded, fun-loving cult, which surely isn't such a bad thing. And they're always looking for an extra pair of hands.\*

\* If you think you would like to offer the Lions your helping hands please give Elizabeth Cranny (0408 102411) or Ralph Clark (0418 265 529) a call or visit <http://lionsclubs.org.au> to find out more.

—Karen Williams



Bundanoon Lions President, Elizabeth Cranny, delivers a cheque for \$1,000 – the Lions' donation from the Winterfest wood raffle – to members of the Warrigal Auxiliary at Warrigal Community Village Bundanoon. Ann McCarter, Ann Stephen, Margaret Berckman, Roz Fidge, Dorothy Quigg and Helen Hawksley.



# So long! ...and thanks

FOR LES AND Margaret Johnson being a Lion is more than simply being a member of a club. For them it's a passion. A vocation. Perhaps that's how it's always been for them, or maybe that's just what happens when you devote such a large part of your life to a charitable organisation and its ideals. Either way, their commitment and energy are legendary. They are a force of nature – around them, things just get done.

Their home is the hub of Lions activities and their shed is almost overflowing with the bits and pieces required for all the



Handing over the proceeds from mulled wine sales to the Winterfest committee – Les Johnson, Lisa Stuart, Elizabeth Cranny, Margaret Johnson



fundraising activities. Until recently their driveway was home to the Lion's 'TARDIS', the bright yellow catering trailer (built to Les' specifications and funded by grant monies he lobbied for) that houses a barbecue and the gas bottles to power it, a Bain Marie, trestle tables, an urn, soup tureens and other sausage sizzle paraphernalia.

Les has been involved with Lions for more than 40 years and has held various official positions from President to Secretary and everything in between. Just recently he stepped down as Zone Chairman, a position that has seen him overseeing the management of Lions Clubs across the entire Highlands region. In recognition of Les' many years of outstanding service he was awarded the prestigious Melvin Jones Fellowship, the organisation's highest honour in tribute to his outstanding generosity, compassion and concern for others.

Margaret is almost as devoted to the Lions as she is to her beloved Les. She has held both the Secretary and Treasurers positions (on one occasion simultaneously!) and is the mother hen for the Bundanoon chapter, clucking and fussing over her brood to keep them all in line.

Sadly for the Lions of Bundanoon and the greater Highlands, the Johnsons will retire south to Corowa in a few months. Will the heart and soul of the Bundanoon Lions club go with them? Hopefully not, but the rest of the group, along with the broader Bundanoon community, owe them an enormous debt of gratitude for all they have done, tirelessly and without consideration for the effects on their own health. They will be sorely missed.

—Karen Williams



# JCG Travel

## Join us for bonny craic!

JCG TRAVEL'S TOUR of Ireland and Scotland was almost a sell-out at the briefing held at the Bundanoon Club in July. Just two rooms are still available.

The 21-night tour begins in Dublin and follows the coast around Ireland with stops in Waterford, Killarney, Galway, Sligo and, in Northern Ireland, Carnlough.

Our well-appointed coach then joins the ferry from Larne to Troon in Scotland, proceeding to stops in Glasgow, Oban, Fort William, Skye, Loch Ness, Pitlochry and Edinburgh.

Highlights will include Irish pubs, the Blarney Stone, the Ring of Kerry, the Cliffs of Moher, the Giant's Causeway and picturesque castles and villages in Ireland, while the jaunt through the Scottish



Highlands will incorporate the picture-postcard islands of Skye and Mull, the Glen of Glencoe, Loch Ness and the historic Mallaig Steam Train ride.

Hotels include two castles – Markree Castle at Sligo and Sherbrook Castle at Glasgow – 3-star and 4-star hotels, quaint guesthouses and a manor house

The land cost will depend a little on currency movements between now and May but is not expected to exceed \$4700 per person twin share including coach travel, accommodation, transfers, all breakfasts, many dinners and entry to many attractions. Airfares will depend on the time of booking.

A full itinerary can be obtained from Lexie Grennan on 4883 7343 or email [lexiegrennan151@gmail.com](mailto:lexiegrennan151@gmail.com).

—Harvey Grennan

## On being a Kiwi in Bundanoon

DON'T GET ME started on cossies, eskies or thongs. Well, OK, I will.

As a nation of people from over the ditch, and that's the Tasman Sea we are talking about, being a Kiwi in Bundy needs a little interpretation.

Mostly we are kindly welcomed after the amusement at our speech. Some Kiwis adapt their inflexions quickly, others hold onto their vocal heritage.

We marvel at the flora and fauna, find a welcoming balm in the green of trees and paddocks and appreciate the quality of the water. We join groups, coach sports, work industriously and care for the elderly and the local environment.



Because of Bundanoon's altitude we travel "down" to Sydney (not "up") or Nowra. Some pundit once stated that no person in NZ is ever more than 100 miles from the ocean, so proximity to the coast is treasured.

Unless we had lived north of Auckland, semi-tropical, we do appreciate the change of season and welcome spring blossom and autumnal colours.

So back to those swimmers/cossies.....we say togs. And who would carry an Esky-mo.....chilly bins are lighter. Thongs are worn on a different part of the body – not the feet. Our jandal (Japanese sandal) was developed by a NZ soldier and shoe manufacturer who took the design back to NZ in the 1950s and produced it in rubber.

I notice a little click of recognition when I see another Kiwi in Bundy. I am pleased to say there are quite a few of us.

—Christine Cassin



# Helping Australia grow

*David Brown of Bundanoon was a student at Hawkesbury Agricultural College. He became well known in the cattle industry when he owned and operated Bovine Semen Australia during the 70s, 80s and 90s at his Coalmines Road property. The remarkable birth of triplets from his artificially inseminated Angus cow Tiara was confirmed by Charles Sturt University in Wagga as being in the order of 1:100.000.000. The story, written by Ken Davidson, was published in JCG in March 2009. David recently met up with college colleagues after 60 years. Helene Jessep reflects on the reunion of the Class of '53.*

IN FEBRUARY 1951 Australia was on the threshold of transformation. Richmond NSW was then considered a remote outpost of Sydney. A group of young men assembled, engaging in conversations about families and experiences, and although a group of strangers, they shared optimism for the future as they waited to enrol at Hawkesbury Agricultural College.

The group's ages averaged little more than 17 years. They had grown up in the post-Depression years and they were resourceful and spirited – capable of shooting a rabbit for the dinner table, cracking whips for fun, tending a boiling copper for mum as she laundered sheets, preserved jam or cooked Christmas puddings. Times were harsh and people struggled in Australia following the Great Depression and WWII.

Their goal was to earn a Diploma of Agriculture and the budding students were ready to broaden minds and embrace progress. The Principal, Mr Ethelbert 'Bert' Southee, embodied the College ethos of discipline, loyalty and character building and his students learnt to challenge boundaries with fresh ideas and innovative technology.

After WWII European migration to Australia exploded, creating massive demands for food, housing, medicine, trade and industry, energy, mining and farming. Servicemen returning from war swelled the population further. Drawn into the pace of post-war development, Hawkesbury Agricultural College (HAC) developed a diverse and comprehensive syllabus. The College philosophy was for broad education and self-sufficiency if possible. Government financial support was generally under-subscribed.

The curriculum was offered to males only. Society presumed that adolescent girls would shift into roles of domesticity and motherhood. Living exclusively on campus, boys studied, played sport, socialised and worked at rural activities. Seven hours academic tuition, as well as physical hands-on work, was a daily routine. Every six weeks progress exams were undertaken, with two

major examinations annually. Each unit of study (38 in total) had to be passed at the first attempt – failure meant expulsion!

Many migrants, referred to as "new Australians", worked on campus as domestic help, in the laundry and the kitchen. Dialogue between students and migrants was almost impossible due to language difficulties and interaction depended on smiles and gestures.

Food production ran in conjunction with lessons. Using draft horses and ploughs, the land was cultivated, sown and fertilised. Cereal crops were harvested and baled for winter fodder. Fruit orchards produced food for the College, with excess preserved at the in-house cannery. Poultry breeding provided eggs and meat; bees were kept for honey as well as pollination of vegies and flowers; pig, beef and lamb husbandry ran parallel with the subjects of butchering, dairying and cheese making. Any excess produce was a bonus and sold locally, boosting College funds.

Overall, the core curriculum focused on authentic hands-on farming, academia, and lifestyle and business principles. Mechanisation speeded up progress and changed old fashioned methods.

In the year 1953 there were 65 graduates from 'Hawkesbury Ag'.

On a sunny day in October 2013, in Bundanoon, they had a reunion. It was 60 years since that graduation day and they gathered to celebrate their account of life so far. Some in the ranks had died and they were sadly missed. Some were frail, others robust and in good form. They now hovered around 80 years of age. Careers,

successes, disappointments, achievements, and fruition of dreams were shared – they understood the full gamut of living.

Six decades had passed quickly and touched each individually. Some early careers were interrupted by two years National Service, an involuntary obligation to Australia. Some travelled extensively, working off-shore; others became accountants, ministers of the church, consultants, agronomists, politicians, business magnates, industrialists or pioneered animal breeding techniques. Others remained farmers. They had seen many changes and participated in migrant integration into the Australian culture of today. They witnessed women gaining autonomy and becoming integral and important members of the work force.

In youth they were dynamic and gave it all to the evolution of Australian life. They bridged the divide between outdated conservative existence and a modern society. In 2014, as adept users of Google, rumour has it that through social media they are organising their next celebration.



60 years on: David Brown (left) with colleagues at the reunion

## Did you know you can travel to 36 places and back in one day from Bundanoon?

IF YOU CONSIDER the population of these destinations collectively, Bundanoon has a daily access to over 6 million people, which is close to a quarter of Australia's population of 23 million.

Bundanoon has access to 2 major airports (maybe 3 in future), and is also serviced by trains to major places with connections beyond.

Bundanoon has a great community spirit, is laid-back, on the edge of a National Park and home to many celebrities. Why would you live anywhere else?

**NORTH (17):** Moss Vale, Bowral, Mittagong, Tahmoor, Picton, Camden, Penrith, Windsor, Richmond, Blue Mountains,

Campbelltown, Sydney, Wyong, The Entrance, Morisset, Lake Macquarie, Newcastle.

**EAST (9):** Wollongong, Shellharbour, Kiama, Berry, Kangaroo Valley, Nowra, Huskisson, Jervis Bay, Ulladulla,

**SOUTH (5):** Goulburn, Braidwood, Batemans Bay, Canberra, Queanbeyan

**WEST (5):** Yass, Young, Cootamundra, Cowra, Crookwell.

Life is not a destination, keep travelling.

—Ken Puffitt



## Country living

by Keith McMenomy

### Stumbling off to Senior School

I'LL SPARE YOU rural ramblings to retrieve a few shards of unreliable memory.

What strikes me about this issue's theme is that choice of schools, and the impressive teachers one meets along the way, can be nothing less than life changing. Our mother was a former schoolteacher and dad was a military officer. We children had a happy and exciting time growing up, between an inner Melbourne suburb and our country grandparents.

More particularly, however, I remember as daunting the prospect of leaving State Primary for Central School after Year 6, in 1954. Three of my best mates were going off to better prospects at private schools. Foolishly perhaps, one imagined less attractive studies and outcomes loomed ahead for me. Perhaps it was just a temporary downer, for I really didn't know what to do in life at that point. Mum and Dad thought Swinburne Technical College was the best place for me. They were right, even if things didn't turn out as expected.

Up until this age I only performed well at school in Art and English expression, scraping by otherwise. At home I was "always active and good with my hands" making huts, billy carts, bows and arrows, model ships and aircraft, you name it. My parents reasonably assumed I could develop manual or trade skills at Technical College. 'Tech', as we called it, was a superior predecessor to TAFE. But even after coaching in careers tutorials my only vague inclination was to follow my father's example, gain a scholarship and go to Military College. So, that became plan A. Academic scores at Swinburne were average until one of those amazing accidents in school life occurred. I turned up in the class of an extraordinary teacher. I should mention another coincidence. The junior boys' school, where our Year 10 photo was taken, was on the opposite side of a quadrangle from the senior art school where my elder sister was already studying. I would admire her accomplished artworks in the folio at home, particularly nudes or drawings from life.

Our junior Year 9–10 art teacher, Ron Edwards, was an accomplished artist, and much more. He became an inspirational mentor, encouraging us to go beyond practical class exercises to visit galleries and museums, read widely, keep sketchbooks and fill them with whatever took our fancy. At times on weekends he took us along on outdoor sketching and painting excursions. Appealingly, he was a bohemian larrikin. During class he would surreptitiously do freelance artwork at his front desk, hiding it under papers when there was a knock on the door. He became our hero and in a way first role model.

So, the upshot was Plan B and salvation! While my sister dropped out of Art School after second year I gained a scholarship and had the

best educational experience a late maturing adolescent could wish for. That's another story, but to summarise, there were several more inspirational teachers and mentors in art student and later years. Bless good parents and teachers.



Year 10 photo, author front second from left.



## Vet's casebook

by Ken Davidson BVSc (Hons)

### Olden days and older pets

WE HAVE ALL got used to living in an "Instant Society" in which our smart phones dictate our lifestyles virtually from one minute to the next. From our bank statements to what our 500 Facebook "friends" are having for lunch, these tablets of technology provide so much more than a telephone service. How did we cope without all this stuff in the Good Old Days? The truth is, it was very difficult, which brings to mind a true story of veterinary practice in the Southern Highlands in the 60s.

We had a Large Animal Practice, serving up to 300 local family dairies and the only communications we had were through the manual telephone exchange in Moss Vale. I was in the Kangaloon area one morning, at Bobby Hayes' dairy, treating a cow down with milk fever when a neighbouring farmer called in with a cow having calving difficulties. Our secretary at the time, Tom Binney, was attempting to call the Hayes house to send me on to this call. The conversation went something like this:

Young child: "Hello"

Tom: "Can I speak to Dad?"

Young Child: "No, He's milking cows."

Tom: "Can I speak to Mum?"

Young child: "No, she's feeding the calves."

Tom: (increasingly frustrated) "Do you have a brother or sister I could talk to?"

Young child: "Yes, you could talk to Becky if you like."

Tom: (optimistically), "Yes please, could you get her to the phone?"

Tom: (waiting patiently)...lots of screaming in the background, still holding onto phone...

Young child: (in tears) "...I can't get her out of the cot!"

Unable to get the message, I had to drive back to our office in Moss Vale before going all the way back to Kangaloon for the calving.

I don't ever complain about New Age Technology.

\* \* \* \* \*

COLD WINTERS TEND to bring out a spate of arthritic problems in dogs and cats. Fortunately these days there are plenty of medical options available from your vet, usually starting with a diagnosis to determine if the problems are in fact joint-related. In cases of simple arthritis, a course of four injections a week apart can make a huge difference. This drug increases the viscosity of the joint fluid and helps with re-modelling of the cartilage surfaces of affected joints.

Ask your vet about these injections which can make a great difference in most dogs and cats with arthritis. The drug is commonly used in conjunction with anti-inflammatory medication in the early stages.

Keep in mind that most (but not all) dogs with degenerative arthritis are in the older age group. You need to make allowances for this when it comes to exercising. Dogs mostly love going for walks with their owners. As they get older, they still have the will to go, but of course they cannot convey to their owner when they have had enough.

Owners should make allowances for exercising their older dogs, bearing in mind that a large breed dog, 10 years old is the equivalent of going for a walk with a 78 year old granny!

With exercise in arthritic dogs, always take into account the "Wear-and-tear" factor. More exercise is not always a good thing.



# Preventing falls in the elderly

*This Media Release from Warrigal Care may be of interest to many JCG readers.*

**STUDIES HAVE SHOWN** that as many as 45% of elderly people fall each year.

A Warrigal Physiotherapist is working with older people on a program that aims to minimise falls. Physiotherapist Simon Kerrigan says "our balance will decline as we age, however balance activities and exercises can actually improve our balance and prevent falls."

Factors that contribute to decreased balance in the elderly include:

1. Poor eyesight: with age people can't see as clearly, are less able to judge distances and depth or can't cope with sudden changes in light levels or glare.
2. Impaired balance, weakening muscles and stiffness in joints result in changes to the way people walk and move around.
3. Loss of feeling and increased pain in the feet and legs, and even changes to the shape and flexibility of the elderly foot.
4. Older people typically have slower reaction times and experience difficulty in concentrating on more than one thing at a time.

Simon has designed a program specific to improving the balance of the older people that he works with. The circuit, which is based on a universally recognised balance test and incorporates a government-endorsed home exercise program for falls prevention, has been put to the test at Warrigal.

"We conducted a Balance Challenge with quite a few of the clients here and had some outstanding results. Exercises such as sit to stand, step-ups and heel raises were all a part of the program, which was a combination of static and dynamic balance moves," said Simon.

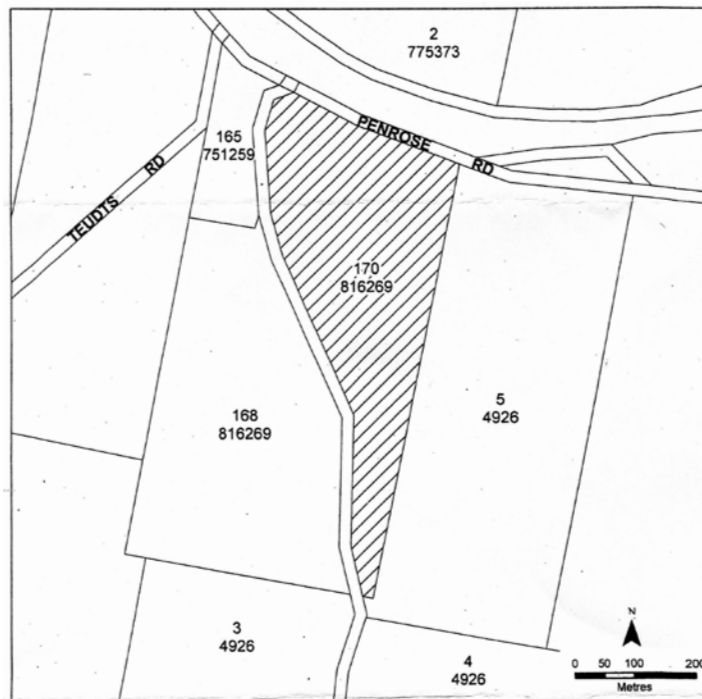
All of the participants improved on their pre-test balance measures, with several residents improving in their falls risk classification.

"These results have been astounding, and I couldn't be happier for our participating residents," said Simon. "Fear of falls is known to reduce activity levels in the elderly; this program has not only given our residents improved confidence, but also the ability to keep them safe. We have now incorporated this program into our physiotherapy service through weekly falls prevention groups, and continue to see improvements."

If you would like to find out more about Warrigal's philosophy and 'Inspiring Communities for Older People' please call 1800 626 670 or visit [www.warrigal.com.au](http://www.warrigal.com.au) to find out more.

## Arnold Sheedy (1921–2014)

AS THIS ISSUE went to print, we learnt of the death of Arnold Sheedy, a well-known Bundanoon resident. In the next issue of our magazine his long life will be remembered.



Map showing location of Nungunungulla (Jubilee Rocks) site

## Jubilee Rocks' cultural significance recognised

THE HON PRU Goward, Member for Goulburn, has forwarded to *jcg* a letter from the Minister for the Environment, the Hon Rob Stokes MP, noting the declaration as a site of special Aboriginal significance an area of land adjacent to Penrose Road known as Nungunungulla (Jubilee Rocks). The declaration recognises the land as an area of cultural and historical significance to the local Aboriginal people of the southern highland region. (This does not change the status or ownership of the land, but gives it protection from harm under the NSW National Parks and Wildlife Act.)

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# I'm talking to you

YES, YOU, BUNDANOON'S 150 teenagers! You are the coming generation. Our future is in your hands.

For young people in Bundanoon, secondary school is a hassle. Early starts and a daily commute are tough. But, in the words of Nelson Mandela (1918–2013), education is the most powerful weapon which you can use to change the world.

You were born at the turn of the millennium, at a propitious time. Across Australia, 19% of adults today are university graduates, with at least a Bachelor Degree. This is up from 2% in 1971, just two generations ago, when some of us were lucky enough to get to university.

Yes, in a harsh light, Bundanoon can look like 'boganville'. But the reality is that you are fortunate to live in an educated community. In Bundanoon 20% of us, a tick above the national figure, are university graduates.

On a quiet morning, Bundanoon can look boring. But, believe it or not, Bundanoon has an amazing range of cultural activities. On the first Saturday in July, 120 of us turned up at the Hall to hear violinist Tony Zhai, accompanied by pianist Paul Cheung, in Arts Bundanoon's Piano at 10. This was in the middle of Winterfest, just after a Cinema Rex screening, just before Heidi Hodeo's Circus Rodeo and a week out from Melting Pot Theatre's Crash Test Drama. All this ahead of our Town Meeting to plan our 150th birthday party in 2015!

In 'godzone' country in the village of Bundanoon, we are educated and we like a bit of culture, but we are old. Nearly 60% of our graduates are over 55; many of us at Piano at 10 will not see 65 again.

Bundanoon needs young, educated people. We need the excitement of a community with many young graduates, lively, engaged, irreverent.

Nearly half of you young people will go on to university. And more of you at university will be girls, rather than boys, as 60% of graduating students these days are women. Men tend to have broader career choices than women, including trades, defence, police, flying, sports; careers that may not need a degree. And young women may be better at following role models in education.

When it comes time to specialise in your studies, please try to stick with maths and science as long as you can. The fastest growing occupations in Australia require knowledge and skills from maths and science. Naturally, those industries tend to provide the highest paid careers. The biggest innovations these days are by young people with the skills, and fearlessness, to create new and better uses for computers.

Those subject choices are doubly important for young women. Even in careers dominated by women, such as health and education, senior corporate roles require competence and confidence in the analytical and numerical skills to make rational, evidence-



based decisions. In your high flying career in the creative arts, with your own gallery in the Southern Highlands, you will still need to know how to do the books, or, better still, the spreadsheets.

In Australia in 2014, most of us see education as providing young people with the knowledge and skills they will need in the workforce. Education also is at the heart of research, scholarship, discovery, innovation.

But education may have even higher purposes. The United Nations Declaration on Human Rights tells us that education promotes understanding, tolerance and friendship among all nations, races and religions.

Helen Keller (1880–1968), the first deaf and blind person to graduate from university, knew a bit about isolation and frustration. She reckoned that the highest result of education is tolerance.

—Alan Olsen





# The road to a bright future

**MOST REGIONAL CENTRES** in NSW now offer a range of secondary schools. Apart from our two local well regarded state high schools at Moss Vale and Bowral, there are a number of independent and religious institutions which offer the HSC curriculum.

Students living in Bundanoon mostly travel by bus to school. *jcg* caught up with a small selection of them to find out how their schools cater for their special interests, which may give them a pathway towards their chosen careers. One thing that became clear during interviews was the commitment of students to the schools they attend – whether state or private. They all recognise that a good education is not solely defined by academic success but also participation in activities like concerts, debating and sports competitions. Read their stories in the following pages.

## Preparing for high school

THE EXPERIENCE OF the primary to high school transition offers children very valuable lessons for life which are carefully planned.

Their first days of Year 6 allow them the excitement and pride of being the new school leaders with privileges and school responsibilities. For most it is coupled with anxiety about their readiness for high school, the ease with which they will make new friendships and particularly leaving friends who will be attending other high schools.

Mrs Kylie Ware's 6th class at Bundanoon Public School is gradually provided with clear understandings of what the next stage of their education entails. She sets homework and assignments and supports students as they try to manage the timing of completing both. Criteria sheets and assessments reflect those of a high school. Later in the year all their books are sent home, high school style timetables are issued and they accordingly

pack their school bag, with all pens and learning tools for that day. Seating is changed and they must take their bags with them for recess and lunch. Midway through the final term they go back to primary school organisation. They appreciate the differences!

The strong partnership within the Moss Vale Community of Schools is developed by the wonderful visits to and by Moss Vale High staff and students, inclusion in their excellent creative arts activities and the Linkages program, which results in a fluid transition for those students who will attend their local public high school. Supplementing this are guest visits to their classroom by volunteers, including ex-high school mathematics teachers. What a maths class may look like, sound like and feel like is well demonstrated over a series of weekly lessons and offers an insightful rehearsal.

It's a time of mixed emotions, significant



Kylie Ware with Year 6 students

physical changes and confidence. Knowing they can increase the size of their comfort zone, take more responsibility for their relationships and exercise a "Can Do" attitude, sees them much better placed to enter the next stage of their lives.

—Robyn Versluis

Going out on a high





# Moss Vale High School students

## The Mulcahy sisters: Laura (Year 10) & Megan (Year 8)

"These are a few of my favourite things" ..... When you ask the Mulcahy girls what they enjoy at school, their list is very long. They have leapt at many opportunities offered by Moss Vale High School, and run with them. The sisters have been in the Southern Highlands for the last three and a half years, moving from Port Stephens. Although it was very challenging leaving the seaside environment and their old school at Tanilba Bay, both now feel very much at home in Bundanoon, and at Moss Vale High School.

Laura Mulcahy, now in Year 10, was honoured to be chosen as Captain at Bundanoon Public School after only a year at the school. Although both Laura and Megan were absolute all-rounders in primary school, and especially excelled in public speaking, Laura remembers hating singing auditions at her primary school, and even pretended she was out of tune! Now Laura feels her singing and other talents have soared, and she enjoys being at a high school where she has been very much encouraged to try new things. When I asked Megan what her older sister is good at, she told me that "Laura is always good at thinking of others first; she plays piano, sings and writes stories all the time". Unusual for one so young, she tells me Laura is also one of those rare beings who has the inner confidence to be unbothered by what others think of her. She relishes taking on new challenges, such as a lead role in the MVHS musical "The Wedding Singer". English, Drama, Music and Maths are her best subjects, and she is heavily involved in everything offered by the CAPA faculty



(Creative & Performing Arts). A lot of time is spent outside school hours with the school Choir; she loved the recent opportunity for the Senior Vocal Ensemble to sing at the Opera House. There is never a moment to be bored for someone who loves music, and reading and writing fantasy tales. In the future she hopes to write and illustrate a fantasy novel – whether it is read on a Kindle or book does not bother Laura as she still enjoys both formats. She has visited the University of Wollongong with a school group and loves the campus atmosphere; though it is some years off, she has plans to become a secondary teacher in Music, Drama, English and/or Maths. Laura has the maturity to be well on the road to her goals.

Megan, now in Year 8, is a classic all-round high achiever. There is very little she does not enjoy or excel at; she particularly loves English, Maths, Science, Dance, Music, Visual Arts and public speaking. As one of the MVHS talented "Diamond Dance Ensemble" she has recently been chosen to perform for

the regional Southern Stars concerts. This will require many rehearsals at school and Wollongong. Like her sister Laura, Megan is in the school Choir and Junior Vocal Ensemble. After all that, she still has time for Physical Culture in Bundanoon, and is about to start up competitions again. Megan has a very keen interest in all things artistic, including fashion and visual design, drawing and art; she aims to become a designer when she finishes high school. Both girls readily admit to being bookworms, and thank their parents and the school for encouraging them. Laura tells me her sister is "very loving and caring", and they both get lots of practice with their younger brother and sister. Megan's family describes her as "big hearted and generous", and both girls frequently entertain the family with their impromptu acting performances! Moss Vale High School is proud of both of these lovely young ladies, and we know they will be heading into exciting futures.

—MW



## Jayden Cubit, Year 12, 2014 School Captain

JAYDEN AND HIS family have been part of Bundanoon community, Bundanoon Primary School, and Moss Vale High School for many years. He feels it is the strong sense of support and community that has nurtured his growth through school. In Year 12 he can reflect back on those 13 years, and see that school has "given me the pathways I need to succeed." He admits he was the usual restless teenage boy in his early years,

but "Moss Vale HS has allowed me to grow as a person and as a leader." It has been a great journey for staff to watch, as Jayden now has the confidence and public speaking experience to lead whole school Assemblies, and represent his school at various events such as our local Anzac Day Services. Once he developed clear goals, Jayden knew it was time to knuckle down and, as he says, to "pick up my game". Jayden aims to enter



# Not your stereotypic librarian

IN FACT MARYANNE Williams is not a librarian at all. She is a Teacher Librarian – an important distinction.

The NSW Public Schools website defines the role of a Teacher Librarian as:

.... a member of the school's total teaching staff and as such actively involved in the teaching/learning processes. Teaching is an integral part of the work of the teacher-librarian. An awareness of teaching activities in the classrooms enables the teacher-librarian to be a more effective teacher. The teacher-librarian provides relevant resources (books, videos, tapes, computer programs, internet access and other resources) for use by students and teachers to ensure that the most effective learning takes place.

Maryanne Williams is presently the Teacher Librarian at Moss Vale High School – a school that describes itself as inclusive of and caring to all and which promotes the importance of community – and she has been there for some 23 years. Her retirement from that position is imminent. This dynamo who loves to live and laugh with young people, to celebrate their successes, to experience their highs and lows will be missed. Of that there is no doubt!

Having grown up around Manly in Sydney Maryanne won a scholarship to the University of NSW where she studied Arts (English and History) and where she met Mark, her husband. Maryanne completed a Dip Ed at Sydney Teachers' College with majors in History and Library and a Graduate Diploma of Library Science at Kur-ing-gai CAE (now UTS). She began teaching at Chester Hill High School (English/History) then moved to Tempe High School as Teacher Librarian. Later she moved to Cootamundra High School, teaching English/History and then to Cootamundra Primary School as Teacher Librarian.

Mark, a Civil Engineer, transferred to the Southern Highlands, his home territory,

and settled in Bundanoon where he and Maryanne were pleased to have the opportunity to bring up their two children closer to their extended family. Maryanne taught English/Communication with apprentices and Child Care trainees at Moss Vale TAFE and jail inmates by Distance Education. She took up her position at Moss Vale High School, a school of some 600 students, in 1991 where she is Teacher Librarian and Distance Education Supervisor.

Maryanne's parents were both big readers; mother fiction, father biographies. Professionally she regards Nancy Pearl, an American librarian, best selling author and literary critic, as inspirational.

Maryanne has valued the many opportunities that have come her way during the course of her teaching career. She has welcomed significant technological change, she has met many great authors and illustrators and has especially valued seeing some of her former students returning as published authors in their own right. She loves sharing literature with students - with festivals, fun and commendations. The MVHS library is full of action, laughter, noise and food and she believes fervently that people are more important than books. It certainly is not a quiet place!

That books are well and truly alive with young readers is a 'given' despite rumours to the contrary with new authors and formats, eg Japanese Manga cartoons, Andy Griffiths' humorous series and John Marsden's works translated into film. Old 'classics' such as *Anna Karenina* and *To Kill A Mockingbird* continue to be enjoyed. The library can provide opportunities for students not always offered in their homes. Recognising that students' time has become increasingly limited because of the pressures of study and working before and after school Maryanne will do virtually anything to promote the joy of reading. She encourages those who become involved with a series of titles by the same author, she steers those she



knows who have a strong visual learning mode towards the magnificent picture books produced specifically for adolescents and she will support individual choices believing that a book is never 'too young' for the reader. That reading becomes a pleasure is her first priority. Maryanne Williams loves meeting and teaching the children of some of her former students as they greet her as she moves around the Highlands. Her decision to remain working in State Schools became clearer as her experience developed.

Her retirement in October this year will bring some 35 years of teaching to a close – or will it? At this stage she plans to read books big and small (are you surprised?), to reread (more surprise?), to catch up with her lovely and far flung family and to get out into her garden.

—Graeme Whisker

the Defence Force, studying at ADFA to become an Army helicopter pilot. His love for Geography has continued throughout his senior schooling; Jayden has continued his studies in the subject by Distance Education, which has speeded up the process of becoming an independent learner as University requires. He will leave Moss Vale HS with fond memories of Activity Week trips such as Snowy Mountains trout

fishing, and flying to the Gold Coast. These adventures away from school and home have forged close bonds with peers and staff. He has even learned to love Maths, now he can see its application in future work! Jayden is grateful for the academic, sporting and leadership opportunities offered by Moss Vale HS. The school is keen to keep in touch with him, as we have with his sister Abbey at the University of

Wollongong, and we will follow his career with pride and interest. All the best, Jayden! You deserve it.

—Maryanne Williams, Teacher Librarian, MVHS. With kind assistance from James McGill, History Head Teacher for editing, and Dianne Sutherland, clerical assistant for photos.

# Options open at SHCS

ALTHOUGH GROWING, THE Southern Highlands Christian School is relatively small with approximately 400 students. Noah Barris one of 22 students in the 2014 Year 12 cohort. He is confident of his place there and believes he is known well and supported by his teachers and his fellow students. Part way through Year 11 he understood more fully the role he should assume in terms of his study programme and found his teachers really supportive. He's encouraged by changes in his school record – outcomes of the decisions he made then.

Going in to Year 12 Noah says he had no real expectations about school guidance. He knew that support was there but he appreciated being given opportunities to approach his teachers at his own initiative. He is one of two Year 12 students in his school 'House' involved as a group leader with the school Vertical Pastoral Care system and so works with male students from Year 7 to Year 12 and male staff.

At this stage he sees no clear pathway from school to the 'rest of his life' and remains

undecided about what his aspirations might be. When talking this through at school and at home is was obvious that he would be best suited to the broadest possible range of subject choices. He has always been curious about Ancient History and may become involved in that field later in his life but for now he has followed the advice he received and has adopted a wide ranging series of options. These include Business Studies, Modern and Ancient History, English and Mathematics. Or, perhaps the whole field



of physical fitness and health might hold a place for him as a personal trainer. Who knows?

Noah acknowledges he may well be heading for the world of business but has decided one thing at least; he's planning to take a year away from school before he involves himself in university studies and plans to spend it assisting his uncle, a specialised alpaca shearer, in Europe. Noah joined him for five weeks or so aged 15 and so has some understanding of what will be involved. He knows about the hard work and he's keen to earn some money!



—Graeme Whisker



## St Paul's: a philosophy of encouragement

ROSE ASKEW IS a Year 9 student at St Paul's International College, which was opened in 1986 by the Sisters of St Paul de Chartres who came to Australia from their Hong Kong community. Four Sisters now work as director, nursing sister, librarian and office administrator. At times they are joined by student Sisters from congregations in Asia, Africa and Europe who come here to study English. The college offers courses for NSW HSC, the UNSW Foundation Year course, English as a Second Language and Year 10 Certificate course to students from all over the world. Only a small number of the students are Catholic.

Rose enjoys being part of a small school of 200 students. She and her brother Jacob, in Year 7, had their primary schooling at St Paul's, which has a local district intake. The college, however, offers a unique opportunity for local students to study with (mostly) Asian boys, predominantly from Hong Kong. Rose explains that although there are three or four boarders in Year 7 the majority are in senior classes. A feature of the school that Rose has found interesting is the mingling of students. She has retained friendships with older students that she made in years 7 and 8 and is very pleased that the school offers the opportunity to meet people of different nationalities. Rose has been learning Mandarin since Year 7.

St Paul's has 14 modern classrooms, a visual arts centre and modern library

facilities. The subjects on offer up to Year 10 are in line with the NSW schools education program. Sporting activities include yoga and table tennis as well as the traditional sports (although there was no mention of rugby!).

Rose is intending to follow her interest in commerce and business studies in Years 11 and 12 and when she speaks about St Paul's it is clear that she is enjoying the experience. Peer pressure is not obvious and although students are encouraged to do well academically the school reflects the gentle philosophy of the Chartres order.

"I love the fact that the nuns bring their two labradors to Mass" says Rose, "...and I especially enjoy spending time during morning tea and lunch with friends of different ages."

—PD



Students from year 8 with the school director, the school nurse and one of the two dogs





# Chevalier College students

## Gus Elliot

GUS ELLIOT HAS called Bundanoon home for the past six years, having lived in Bowral during his primary school education. He is currently in Year 12 at Chevalier College and studying hard for his Higher School Certificate later this year. There are many good schools in the district and Gus is happy that his secondary years have been spent at 'Chev'. Many of his friends from primary school joined him there, which was a bonus.

As well as going to school Gus can sometimes be found working locally as a waiter. His bright personality and hospitality skills ensure that guests have an enjoyable dining experience.

What impresses Gus about Chev is that the school community isn't just about the curriculum; the social development of its students is equally important. There are home rooms in which students from different grades meet up for roll call and sharing of news. Year 11 students become



'buddy leaders' to the younger children. Chev students are encouraged to know and support children of all ages across all Years. This is very different from previous generations where students only fraternised within a similar age group and were pretty much oblivious to other Years.

Gus explains that the school comprises six 'Houses', each with two house captains and six leaders. Potential leaders nominate for positions for which they are interviewed. If successful, they take part in a two-day overnight retreat during which they undertake training in supporting and understanding their fellow schoolmates. As a Catholic, Missionaries of the Sacred Heart, school, Chev especially values love, concern, compassion, understanding, respect and acceptance of every individual. The spiritual life of the school is just as important as its educational role. Although there are 1200 students at Chev, Gus says that it feels small and a real community.

The curriculum provides all the usual subjects. Students who are more interested in vocational education than academia are well catered for with some classes divided into boys or girls only. Sports are well provided for and there are a number of sporting fields for games such as rugby, soccer, hockey, netball, tennis and cricket. However, if mountain biking is your passion that too is available.

Gus is a man on a mission as far as his future career is concerned. Originally thinking of becoming a paramedic, his

love of the great outdoors has led to a very unusual career choice, that of an expedition medic. This doesn't mean following in the footsteps of explorers like Scott of the Antarctic. It involves participation in eco and wilderness tourism, such as expeditions in the Himalayas. Today there is a huge market for these adventure holidays and Gus shouldn't have difficulty gaining an entry into the industry. To ensure that Gus undertakes the most appropriate courses, his careers adviser, Mr Bull, has done his research and helped Gus to tailor-make his studies. To this end he has completed a wilderness studies course which included activities such as camping, skiing, bushwalking, abseiling and kayaking. He is also gaining practical nursing experience each Tuesday at Bowral Hospital. Next year Gus is hoping to study for a degree in Applied Science at Charles Sturt University in Bathurst.

With his interest in medicine and the wilderness, along with his hospitality experience, Gus appears to be perfectly suited to his chosen career. He is a natural!

An advantage, living in Bundanoon, has been the access to many fantastic bushwalking trails and proximity to areas such as Lake Yarrunga where kayaking and canoeing can be undertaken. What better place to grow up, for someone with a passion for all that the great outdoors has to offer! It certainly has inspired Gus for an unusual career and, with his determination, he should enjoy many wonderful adventures.

—Sandy Mackenzie

## Kait Smith

KAIT SMITH DOES ride a bike but certainly doesn't try to keep up with her brother Nick who has been riding competitively in National Cyclocross Championships for some time. Kait and Nick are both students at Chevalier College. Their mother Jo teaches at St Paul's Primary School so she and Kait were able to travel to Perth with Nick for an event held during the July school holidays.

Kait's sporting interest has developed around hockey and she laughs as she explains that this was encouraged by Jo from a very early age. She says, "Mum still has the little sticks in the garage that Nick and I used when we first started playing with the 'Minkies' in Moss Vale." Kait played with Moss Vale in the Under 9s, 10s, and 11s, but focused on school hockey when she went to Chev. She says Miss Monty and Tony Sewel are great coaches and at 15 she plays in the 'Seconds' who have just won their grand final.

Kait is in Year 10 and when she started

secondary school she felt quite anxious about being in an environment where there were so many students. She remembers that she relied heavily on Nick to help her find classrooms. She says, "The really good thing about Chev is that there are so many siblings there and the school places a lot of importance on families. Nick and I have the same 'home room' so we often see one another during the day. Having Nick there certainly made the transition from primary school easier for me."

Kait is pleased that the school offers subjects that she is interested in for Year 11. In reply to a question about these she begins: "Well, I don't like maths!" and describes her choices as "personal" (her mum says "eclectic!") – Advanced English, General Maths, Personal Development and Physical Education, Community and Family Studies, Hospitality and Religion.

Kait is pleased that Chevalier has students from as far away as Kangaroo



Valley and Camden and distant parts of the Shire, as she enjoys having friendships outside the local area. Another factor that makes sport interesting and challenging is that membership of the Associated Schools group (ISA) means that competition is far and wide, including Blue Mountains and Central Coast as well as city schools.

Kait reflects that the diversity in all aspects of school life at Chev makes it an interesting place to spend so much time.

—PD



## The talented Tomlinsons: James and Sarah

THE TOMLINSON PARENTS both had an association with Chevalier so the decision to send their three children there for secondary school was never an issue. Nick, an electrician, has worked there over the years and Joanne has happy memories of her student days at Chev. Their son Andrew is now studying at Wollongong University. James is in his final year and Sarah is in Year 9.

There must be music/dancing genes in their family! Joanne has spent a number of years both studying and teaching dance and Nick has played drums for 30 years in various local bands. They have produced three talented children who have benefited from the performing arts programs offered by Chev.

Music and drama have played an important part in James' experience at school. He plays piano and sings. He also has an interest in history and his participation in school cadets has defined his career choice for next year.

His rank is Cadet Warrant Officer Class 2 (CDTWO2) and he is Unit Commander of Chevalier College Cadet Unit-24<sup>th</sup> Battalion. The unit works closely with Goulburn Trinity Catholic College unit.

James explains "Cadet Non Commissioned Officers (NCOs) take a leading role in running their respective units. Their responsibilities range from teaching and instructing younger cadets to commanding their fellow cadets in the field. Cadets attend an annual field exercise with units from across Australia as well as honing skills at weekly parade nights and weekend camps." James is pleased that Chevalier has given him such an opportunity.

James has had academic success and has broad interests at school. He is to be congratulated on his letter of offer into the Australian Defence Force Academy (ADFA) for 2015. The ADFA Education Award for excellence in the enlistment process leaves no doubt about his commitment to a military career.



It wouldn't be an overstatement to say that Sarah "lives to dance". Her enthusiasm and expression when she talks about her love of dance reflect her passion. As well as studying dance at school she undertook her Advanced Foundation exam at the end of August as a student at Angus and Lucinda's Academie de Danse in Bowral. She also plays violin at 4<sup>th</sup> grade level and is in demand for instrumental performances as well as dance.

As readers can see from other student profiles in this issue music is a significant part of the Chevalier curriculum. The Tomlinson family has benefited from this. James has played with the Jazz band, Sarah with the String ensemble and she has performed with the Senior Dance and the Classical Dance ensembles.

And there is more! Both play in the orchestra and sing in the choir.

—PD







# Jack Reid: music and more

JACK REID IS not the only member of his family attending Chevalier. Anna and Julia, his younger sisters, are also students there. Jack is in Year 12 now but when in Year 7 he received a note from a Year 12 student, advising him to 'Try everything'. He still has that note and he has tried hard to try everything - debating, public speaking, sport, and music and community service. Jack says 'Chev encourages students to be the best they can be and their extensive co-curricular program has particularly helped me to make a decision about my future career path.'

One of Jack's great passions at Chevalier has been the Mock Trial program, sponsored by the Law Society of NSW. This program has 350 schools participating in a team competition that involves reproducing court room dramas. It is designed to develop knowledge of legal processes but as the title implies, students need not only an understanding of cases on 'trial' but they are required to present a convincing argument. Jack was pleased to report that his team won the State final of the competition, held at Sydney University late last year.

Jack had his primary school education at Bundanoon Primary School and he has been playing piano since the age of six. He says he became really interested in playing music with friends when the family spent a year in England. He was only 10 but his new-found English friend Nye introduced him to the guitar and to playing music with others. After returning to finish primary school at Bundanoon, Jack went on to learn other instruments at Chevalier. He laughs as he tells the story of coming home in Year 7 (having asked the music department what instruments they were short of in the orchestra), with the subsequent suggestion that he should learn to play viola. In response to his parents' request that he try something else more suited to his outgoing personality, he settled on the trombone.

Chevalier has a very significant music



Imaginary Friends busking in Bundanoon at Christmas

department and Jack says that his musical talents have been nurtured and encouraged with help from their highly regarded director Monica Waples. There are many ensembles, orchestras and choirs, junior and senior which provide many opportunities for performances with music concerts every term and the annual Mission Concert, organised by students to raise funds for the Chevalier College sister school in Kiribati.

Most importantly, Jack has extended his interest in music making to forming a band, 'Imaginary Friends', with Mitch Rowett

(guitar), Sophia Hans (violin) and Natalie Murnane (vocals). Jack says the group plays its own take on covers which they arrange. They were delighted to receive a highly commended award at the recent Moss Vale Busking Competition.

Sport has also been a part of Jack's school years – playing local soccer, Rugby, and basketball. He used to ride his mountain bike with his friend Nick Smith until there was no way he could keep up.

With so many interests and activities in his HSC year maybe that's a good thing.

—PD





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# Cold comfort at Winterfest

WINTERFEST IS ONE of Bundanoon's finest annual events, and something that locals, both young and old, look forward to celebrating. This year I booked in to attend a workshop at the Bundanoon Community Garden called 'The Healing Gardener'. It offered to teach us how to master various ways of managing the cold by using herbs and plants, some readily available in our gardens and others, especially spices, that found their way here originally via ancient spice trade routes.

After a week of shaking my fist at grey winter skies and wild winds, I awoke to a sunny Saturday morning. A perfect day to spend outside in the fragile winter sun, hovering not too far from the warmth of the community garden's pizza oven which was fired up and ready to go. We were warmly welcomed by Tony Coyle and our two presenters, Laura Wilson and Sylvia David. Laura is a qualified herbalist with 14 years experience, and runs a thriving practice in Bowral. Curiously, her patients also include cats and dogs! Sylvia lives locally and is passionate about sustainable gardening and playing and experimenting with herbal remedies, including soaps and lip balms made from beeswax. We'll come to the infused herbal brandies and wines later!

We started the day with a warming cup of Lemon Myrtle tea, picked from Sylvia's now not-so-secret source in William Street. As the morning progressed and the weather closed in, we huddled ever closer to the pizza oven, and made warming chai tea which was accompanied by delicious Ayurvedic or chai cake and Sylvia's cheery and delicious sunshine biscuits – gluten-free and made with calendula petals and dried apricots. From there we got down to work. We made herbal flu and cough syrup with liquorice root, cloves, ginger, thyme, sage, rosemary, Manuka honey and various other secret ingredients. (How you stop at one small teaspoon of that I don't know – it tasted wonderful). From there we moved on to creating a beeswax, calendula, and vitamin E oil lip balm, an anti-inflammatory oil containing St John's Wort-infused oil, essential oils of lavender,

eucalyptus, rosemary, peppermint and rose geranium, a pomander which smelt heavenly, and a herbal sachet containing wormwood, lavender, scented geraniums, lemon verbena and more – great for keeping cupboards smelling good and moth-free.

To top all this off, we sampled a variety of warming



winter brandies infused with herbs and flowers. Laura and Sylvia enthusiastically shared their extensive healing knowledge, wisdom and love of creating herbal remedies and beauty products. We came home with our own little containers of lip balm, bottles of soothing anti-inflammatory oil, sweet-smelling herbal sachets, citrus pomanders to deter moths and insects from your winter woollies. (Not to mention our bellies full of delicious food.)

The workshop was fun, informative and so reasonably priced. We learnt how to manage colds and flu, relieve winter aches and pains, and make warming herbal wines and brandies to stay merry on cold nights by the fire.

This quote was included at the end of our workshop notes:

*"If you would have a mind at peace, a heart that cannot harden, go find a door that opens wide upon a lovely garden."*

—Margie Thomas



The **Quest for Life Foundation**, founded by Petrea King, provides retreats and community based workshops that encourage, educate and empower people with the tools to create emotional resilience and peace of mind.

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# Carriage Club plans sesquicentenary event

SHCC WILL CONTRIBUTE to the Bundanoon Sesquicentenary Celebrations by conducting a Festival of Driving over the long weekend in October, 2015. Events will be held at the Carriage Club grounds in Quarry Road together with some surrounding properties for the Marathon stage of the Combined Driving Event.

This event will coincide with The Kangaroo March which is due into Bundanoon a few days just prior to the Festival.

The Festival will consist of the National Australian Carriage Driving Society's Driven Dressage Championships, the NSW ACDS State Combined Driving Championships and a Cones Driving Classic under lights.

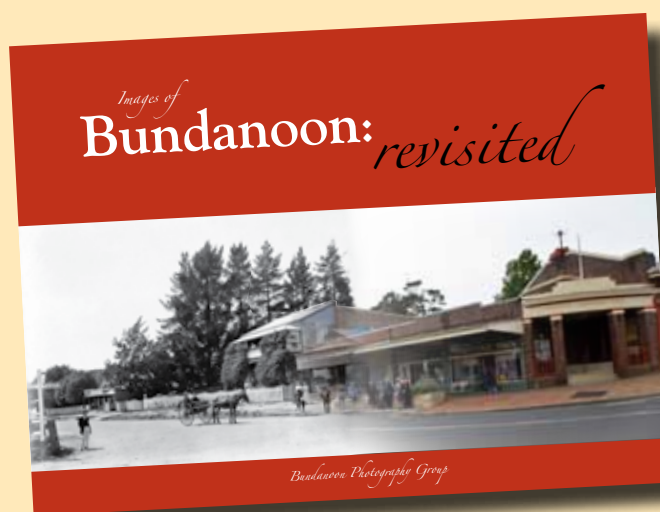
Competitors from most States will arrive in Bundanoon early in the week prior to the festival, so together with the these visitors and participants in The Kangaroo March, Bundanoon is sure to be a busy place, providing many opportunities for the local businesses and community in general.

The Driven Dressage will showcase the obedience and training of the horses, whilst the CDE will demonstrate obedience, agility and endurance of the horse, combined with the drivers' precision driving.

The Cones Classic will provide a competition of speed and precision.

It will be an action packed week-end of Carriage Driving, not only for the competitors, but for all those who would like to come along and enjoy the thrills of the sport, which provides "The Most Fun You Can Have Sitting Down".

—John Wood



## Photo book nears completion

BUNDANOON PHOTOGRAPHY GROUP has nearly completed our book *Images of Bundanoon Revisited*. This photo is the cover of the book showing a merge between an early photo of the main street and the present day view.

The book will be approximately 100 pages and we hope to have it published before the end of the year, selling for \$28.00. At this stage we are taking

expressions of interest: please e-mail [j-pbrown@bigpond.net.au](mailto:j-pbrown@bigpond.net.au)

- **Bundanoon Photography Group meets every second Monday at 5.30pm at The Bundanoon Club and welcomes new members. Please contact the above e-mail if you would like to come along.**



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## Spring into action

WELL, SPRING IS here and the plants are exploding with life!

What a glorious time for all, to watch the gardens evolve from the effects of harsh winter months to a place bursting with vitality, similar to the joy one feels when opening a door onto a beautiful spring day!

Preparing the soil for the warmer weather is top of the list of 'must do's' in the garden. This is in readiness for sowing of seeds and planting seedlings, both flowers and vegetables.

Gardeners should also have compost ready to boost the garden and mulch collected for spreading so as to protect trees and plants from the coming forecast hot dry summer. Potted fruit trees and plants also receive new vitality by re-potting or at least changing some of the soil.

After the basic preparation, it is time to re-evaluate your block and select plants that will liven up the garden; perhaps create a garden room, fill holes with potted colour, look at textures, heights and the shape of plants to create different dimensions and interest.

Resist the urge to trim back all unsightly frost affected plants, as the dead tips will protect the plants from late frosts.

For those who relish picking their own produce, the staple vegetables that are ready for planting and grow bountifully are beetroot, cabbages, carrots, endive, peas and silver beet.

Late frosts won't prevent the more enthusiastic grower from early plantings of capsicums, tomatoes, sweet corn and eggplants, as long as they are initially kept protected by a simple hot house structure.

Unfortunately lawns that have been ravaged by winter frosts need more than a little TLC now to get into pristine shape for the coming summer.

When looking at your garden, remember that even the smallest of gardens can have an assortment of plants. Growing things is the key to gardening and that in turn creates life, encourages beneficial insects, birds, frogs and assorted other creatures. Beauty and enjoyment follow!

"Working in a garden gives me a profound sense of inner peace. Nothing here is in a hurry. There is no rush towards accomplishment. Here is the great mystery of life and growth. Everything is changing, growing, aiming at something, but silently, un-boastfully, taking its time." —Ruth Stout

—Patricia Varley, [patriciavarley@me.com](mailto:patriciavarley@me.com)



### pedalling words

## mediterrannée: the first 100 days

4 AUGUST 2014 - Muggia, near Trieste, Italy

THERE ARE SOMETHING like 750 muscles in the human body. Well the hundreds that weren't used while paddling ache like hell now I'm trekking with a pack on my back. But it's great to be headed to the hills; to where the water flows vertically as opposed to the horizontal that had been my playground before now.

I'm in Italy; country no. 8 of 20. Today I turned my back on the Mediterranean and started walking up into the Alps. Away from the sea that has been my home for these past 100 days; a sea I will not see again until I walk down to it in Monaco around the end of October.

One hundred days from Gallipoli on the day that, 100 years ago, World War I began! We have of course learned too little in that time and still the need to protect the innocent remains. Hence my support through mediterrannée of the work being done by Save the Children to assist children affected by war and conflict. Thanks to all of you who have supported the fundraising so far.

Last Friday I landed Miss Grape (my kayak) on the beach for the final time on the sea kayak stage from Turkey. I've travelled through Greece, Albania, Montenegro, Bosnia and Herzegovina, and Croatia. The final beach of hundreds of landings on sand, stone, rock, cement! In front of me on this final landing, by coincidence, was the Hotel Mediteran. The mediterrannée expedition just had to stay there and Miss Grape was booked in for the night too. She's slept not only on many beaches but had lock-ins in bars and tavernas, and she's been on show in hotel reception foyers.

As I dodged one final storm in this craziest of summers, and paddled across to Istria from Cres, my final Croatian island, I felt a little melancholic. I was absolutely ready to move on – by foot from here on – but my three months all at sea have been very special. So many acts of kindness, so many beautiful people and places (so much plastic rubbish, led by the plastic bottle)! I have a memory from the beginning of the journey of a Turkish man and his son chasing me along the coast to give me honey and the Slovenian Wine Fairy the final night of the paddle that bookended the incredible generosity I've experienced throughout. Dodging storms, enjoying sun, battling winds and running with them, endless conversations, endless kilometres, endless coincidences. Fish and birds. Dolphins and dogs. Being tired, dog tired. Long days into the setting sun: sore butt, arms, legs, back, injury delays, weather delays...Feeling strong, feeling weak.

There is still a long, long way to go; another 265 days. I knew it was going to be a very special journey but mediterrannée has exceeded all expectations by far.

—Huw Kingston

• See [www.mediterrannee.com.au](http://www.mediterrannee.com.au) for donation and contact details.

# Baled-up in Bundanoon

EMILY AND KEN Longshaw and their family are thrilled to call Bundanoon home. After making the decision to escape Sydney the couple began researching potential new locations. From briefly considering the North Coast they were pointed in the direction of the Southern Highlands by Emily's mother who has been a regular visitor to the area.

Bundanoon appealed because of its size – not too big; its lovely primary school and pre-school – with wonderful, caring teachers, and its accessibility – not quite as remote as Penrose and Wingello. The couple has three young boys: Oakley aged 6 and in year 1, Tobias (Toby) aged 4 and Gryffyn who is nearly 2. Two Schnauzers, Feffer and Gadget (7 and 14 respectively), complete the household.

Now that Bundanoon has been home for a while, the couple has no regrets about the move. Emily is able to work from home doing on-line marketing and assisting with fine-tuning companies' web sites. They love the location and enjoy the lifestyle offered. Winterfest was an exciting time for the family, especially the boys. Neighbours and locals are all so friendly and a street party to introduce everyone was very welcome.

Ken had one major condition before agreeing to the move however. He was adamant that their house would have to be warm. As a builder it was a given that Ken would build the family's new home. He grew up in Zimbabwe but spent some time living and working in Scotland where he found out exactly what cold weather is. Although a builder of conventional houses, Ken has become more and more interested in eco-friendly and sustainable housing. After much research he found



## Scarecrow competition – entries open

QUIRKY, FUNNY, CLEVER and sometimes a little bit scary, Bundanoon's always entertaining springtime scarecrows will be popping up all over town in coming weeks as we prepare for the annual Garden Ramble.

It doesn't matter if your garden is a shining example of horticultural excellence or a patch of dirt in need of a House Rules style makeover, the scarecrow competition, sponsored by the Bundanoon Lions Club, is an easy and fun way to play your part in one of our community's best-loved events. It's free to enter and there are no restrictions or limitations on the design so let your imagination take flight. Last year's winner was the extraordinary spider created by Sylvie Hall which sat in the spot usually filled by Bonnie Nova on the corner of Yuille and Railway Avenues.

Still need some convincing to get the creative juices flowing? How about a prize pool valued at \$600, including cash and books, for the winner and two runners up.

So get thinking and pick up an entry form at the newsagents. Entries close on Friday 17 October.

that a straw-bale house would be the most suitable in every way. An important consideration was discovering that building a straw-bale house wouldn't be any more expensive than building a conventional good-quality brick veneer one.

Before beginning the project, Ken undertook some courses and work experience. The land was purchased, the design created and then plans professionally drawn up for council. An enlightened planning department gave the family the green light and construction began. The finished house will be a large U-shape with central courtyard – so far only stage 1 has been completed. Forget any preconceptions; it doesn't look like a house for 'The Three Little Pigs'. In fact it appears to the untrained eye to be a cement-rendered dwelling. Having to work full time building for clients as close as Tallong and as far afield as Bodalla, their own house has had to take second place with work carried out only on weekends.

Friends and family have all been willing to lend a helping hand and regular working bees are the norm. Everyone mucks in – literally – as a lot of mud is slung around, and they are all happy to bunk down wherever they can be squeezed in. Materials for the house come from their own land – the clay; the straw comes from a rice farm not far from Wagga Wagga; fine-quality china clay for the finished surface on the walls is sourced from Queensland and double-glazed windows come from Melbourne.

The couple estimates that the house will be fully completed within a two-year timeframe; however, if Ken could work on it full time, he estimates that it would take only four to six months. The bales require three coats of clay and each coat takes ten days to cure so while the straw is the quick and easy part of the process, the clay is the more time consuming. The family is already reaping the benefits of their environmental house with much lower power bills and constant temperatures maintained by the walls, double glazing and huge water tanks sunk into the ground underneath the house.

With Emily's mother already a regular visitor and being located half-way between relatives in Canberra and Sydney, the completed house will be well able to cater for lots of visitors along with the couple's three growing boys. Bundanoon is likely to be home to the Longshaws for many years to come.

—Sandy Mackenzie



## “Just a suburb of Bundy”

“WANT A PIE, love? We’re getting some for lunch. And you need a drink. You haven’t had one for hours!” These removalists were so caring; they had just transported all my possessions – the basic, the precious, and the superfluous – from a large house in Bundanoon to a matchbox, the ultimate downsize, in Moss Vale.



Even kinder was a friend who gave me two days out of her life, to unpack boxes.

‘My heart will stay in Bundy,’ I assured my friends and so far my heart *has* stayed in the village. I’ve come back to Petersen’s to get the rego check done on my car, and still get my petrol there – well, where else will you find people who are kind enough to operate the bowser for you? I’ve also come back to the doctor, to the post office, and to the podiatrist (parking’s much easier in Hill Street than in Mossy), and I have even driven back to get some of the best Chinese take-away in the Highlands. I’ll be back to join my friends at the Bundanoon Club on Thursday nights, as soon as daylight saving resumes.

I returned for a medical check for continuation of my driving licence but didn’t take the paperwork to Mittagong in time – after the cat had tipped coffee all over it. As a result I had my licence suspended for a day and a half! Oh! The embarrassment!

And a warning! Don’t move house and learn to drive a new computer in the same year, especially if you are closer to 80 than you’ve ever been before! It’s just too much for the little grey cells.

“It’s a gas cook top with an electric oven,” said the estate agent about the stove in my new kitchen. I was delighted. At last, a gas cook top, which wouldn’t let me down in a blackout, and an electric oven, which I was used to. Not so, it would seem! Seeing no reason to check it out, I put in a frozen quiche, turned it on (or so I thought), set the timer, and went off to watch the telly. Twenty-five minutes later I opened the oven door and removed one still frozen, gas infused quiche.

At least 30 different Bundanoon friends have already accepted my invitation to ‘drop in for a cuppa’. Not invited were the *myriapodous arthropods*, or millipedes – shiny, jet black, firm-bodied abominations which, according to Google, invade houses regularly when the weather is warm and humid. They can easily be removed by stepping on them, says Google, or vacuuming, or sweeping... I’ve tried all those methods! Stepping on millipedes does no good! They curl up into a semi-circle and flatly refuse – no, cylindrically refuse – to die! Already I shudder, imagining, with the approach of spring, the march of thousands of tiny feet, (two either side of every body segment), as they climb the few centimetres of the entrance porch and storm the barricades. Why, oh why, I ask myself sometimes, did I leave my safe, lofty Bundanoon fortress with its 15 steps! Why did I seek a dwelling at ground level!

My 16-year-old cat, Sadie, has settled in better than I have. Why wouldn’t she! I’ve let her sleep with me, taking pity on her. Well, the poor little pet had been so cruelly uprooted from the home she’d known all her life and brought to strange surroundings with alien dogs and cats. She’s made no attempt to return home, even though Ken Davidson, her favourite vet, thought she might. Unlike Sadie, I don’t feel for a moment that I’ve left the village behind. As one of my friends says, ‘Moss Vale is just a suburb of Bundy!’

—Margaret Symonds

## Those were the days

Holidays  
holy days  
feast days  
the best days  
time to invest days  
is this a contest days?  
do you have a request days?  
what do you suggest days?  
to be alive is to be blest days  
time you confessed days  
give yourself a rest days  
you’re being a pest days  
hair like a bird’s nest days  
get something off your chest days  
suit nicely pressed days  
you’re under arrest days  
I’m losing interest days  
no nights just days  
those days  
those were the days.

—Gregory Tome

## The River

A snowflake, a raindrop, pristine and pure  
A meeting, a mingling, their first steps unsure  
Youth’s aspiration — youth’s headlong flight  
Unguided, chaotic — testing its might

Unyielding granite, irresistible flow  
The oldster must bow for the youngster to go  
Leaping and bounding, youth’s boundless joy  
Cocks a snoot at the staid and the mere hoi polloi

Headlong and down no counting the cost  
Catch as catch can, the challenge is tossed  
The old is renewed as it loses to time  
And time is revealed as a youth in it’s prime

The old is renewed as youth loses sway  
To mature and grow in a broad-shouldered way  
Youth’s sharp-muscled edge, by nature is bent  
To a smooth, even flow with a purposed intent

Where there was none before now a goal is the end  
Life’s pleasures abound around the next bend  
Each bend, now less sharp, more distance between  
And greater the time to reflect on what’s been

The red river gums draw strength from the flow  
Dreaming their dreams of where they’ll never go  
Delta-wide the horizon — a line that’s uncluttered  
The river plies on — the waters uncharted

A journey that’s run to the sea’s beacons light  
A journey begun and the river is life —

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Trivia Master, Bob Smith, and lots of local support at the 2014 Bicycles for Humanity Trivia Event

## Wheel done: Bicycles for Humanity fundraiser

THE INTELLECTUAL ENERGY at play at the recent Bicycles for Humanity Trivia Event was palpable. Fun was also the order of the afternoon and \$1900 was raised, every bean of which will go towards shipping the reconditioned bikes to Africa. A terrific outcome, thank you for the community support, generous local donors and the Bundanoon Club.

Please contact Eloise with any ideas or items for next year's auction or event: [eloiserj@gmail.com](mailto:eloiserj@gmail.com).



## CWA report

Hello Friends,

Side by side on my table I have the latest issue of our CWA Magazine and *Jordan's Crossing Gazette*.

Both contain touching and interesting stories – intelligent and informative input, photos and superb editing. I love them both, and read them with relish. The June edition of *jcg* has on the front cover UNITED FAMILIES – protecting our historic legacy. How wonderful to read about the dedication of members of the Uniting Church congregation! CWA also has a long and proud history of achievement and in my mind I have formulated an idea, which, if delivered well enough, may find its way into *jcg* for my end of year report.

Now to our update! First thing that comes to my mind is: how lovely to see our new members for this year, attending our meetings – Carol, Dorothy, Hilda and Pam. Pam generously donated a quilt, created and embroidered by her, which we raffled during Winterfest. Our stall did well on both weekends thanks to the help we had from members. I shouldn't mention specific names – but I'm sure others would agree that Kath Smith and Margaret McNulty are indefatigable!

In June, the Cancer Council Australia's Biggest Morning Tea ran like clockwork and was very successful. The guest speaker was Sarah Ryan, the Community Participation Officer from South Western Sydney Medicare Local, explaining programs that are available to help keep people well.

Going back to May, the superbly organised 92<sup>nd</sup> Annual Conference was held in Griffith. Bundanoon was represented by Anna Shead and Margaret McNulty. Yanco Agricultural High School Drum Corps led the dignitaries, officers and delegates in to the opening ceremony and the offertory alone collected \$3,165.00 which will be distributed by Anglicare. The Conference covered issues including mental health, drought, diminishing population in rural communities, and the hottest issue this year was the proposed sale of CWA Headquarters in Potts Point, Sydney. Sadly, it will happen.

The presentation by our group's International Officers on our country of study this year, Botswana, has been truly informative, creative and fun. 'Spring is on its way' and you are welcome to visit us on the second Thursday of each month at 12.00noon for an informal chat and to attend our meeting at 1.00pm.

—Francesca Gunesch, Publicity Officer



### five minute gourmet



## Coffee Culture Bakery

Ashley Smith, with Edward and Robert

CHRIS PETERSEN AND Will Tooth were featured in JCG in 2006 soon after taking over Coffee Culture in Bowral. It has been a successful partnership for eight years and locals are now pleased to have the benefit of their expertise at the Bundanoon branch of their business. Both grew up in Bundanoon, their families are well known in the area and adding another generation they each have children of their own.

Will, a chef, trained in Sydney and London, where he spent seven years prior to returning to the Highlands. Coffee Culture in association with the bakery is proving to be a popular formula.

Edward McKay, the bakery manager, has worked in 'hatted' restaurants in both Hobart and Melbourne. He and the local team will ensure that your daily experience warrants a regular return. When you visit the bakery, the comprehensive range and display may look overwhelming, however Edward and his team will ensure they take the time to talk you through the great selection of sourdough breads, delicious cakes and stunning pies.

No stranger to most, the 'hatted' restaurateur Robert Henderson joined the team in February this year and is enjoying sharing his wealth of experience. Check out his 'on top of the counter' specialties! One of the most popular is his Tarte Tatin.

### Tarte Tatin

60gm unsalted butter, cubed • 3/4 cup caster sugar • 2 tbsp water  
4 granny smith apples (approx 600gm), peeled, cored & quartered  
375gm ready-rolled puff pastry (Cut out a 24cm circle and chill.)

Preheat oven to 200C. Place an 18cm heavy-based pan with an ovenproof handle over medium heat. Add sugar and water and stir until dissolved, then stop stirring. Leave until mixture boils and begins to turn a golden caramel colour. Add butter piece by piece until incorporated and you have a rich coloured caramel. Remove from the heat and add the apples, placing them in a single tightly-packed layer.

Place chilled pastry on top of the pan like a lid and gently press or tuck the edges under to connect with the pan. Bake for approximately 20 minutes, or until pastry is puffed and golden. When cooked carefully remove from the oven, remembering the handle is HOT! Invert over a serving plate and drizzle any remaining caramel syrup onto the apples. Serve with lots of whipped cream or, even better, homemade vanilla bean ice cream – a delicious accompaniment.

—PD

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# New faces at Allied Health Centre

THE BUNDANOON ALLIED Health Centre is pleased to introduce to you the newest members to join the team, our podiatrist Byron Jackson and our chiropractor Tim Elchah who has now been with us for 18 months.

The unlikely combination of farming and podiatry are passions that new Bundanoon podiatrist Byron Jackson feels go hand in hand. "People have to a degree lost touch



with the indelible link between what we eat and our health, so I find educating people and enhancing and facilitating their health as a podiatrist, and producing organic food a great enjoyment and privilege". Byron consults at Highland Podiatry's Bundanoon and Moss Vale clinics, where he covers all aspects of foot and lower limb health. Byron's special interests are the biomechanical and sports areas of podiatry, and he has received special education in diabetic foot care through time spent working at Liverpool Hospital's High Risk Foot Clinic. "The Highlands presents a range of patients, from those needing general care of nails and skin lesions, to young children with growth related pains. Diabetic management alongside patients' GP's also makes up a large component of our work."

Our new chiropractor Tim Elchah from Sydney, working along side John Kelly, is a graduated from Macquarie University. He uses a gentle hands-on approach to patient care, involving a variety of styles of chiropractic spinal adjustment, soft tissue techniques, dry needling, sports strapping and exercise therapy to enhance or rehabilitate his patients.

He consults patients with back and neck

Byron Jackson



Tim Elchah

pain, headaches, joint pain, and nerve pain such as sciatica and neurologic arm pain. He enjoys the family aspect of the busy Southern Highlands seeing patients of all ages from children to grandparents.

Outside of work, Tim enjoys an active outdoor lifestyle. He loves playing competitive Oztag and was privileged enough to work with the NSW and Australian teams on their tournaments in New Zealand in 2013. He is still new to Bundanoon, so if you see him out and about, say hello.

Both Byron and Tim look forward to serving the local community into the future.

## men's shed

### Fresh burst of activity

AFTER A PAUSE to regain energy, things are again forging ahead inside the new extension to Bundanoon Men's Shed. Wiring to power the metal-working machines is being installed and even more importantly, upstairs the new meeting and activity area is being insulated and sheeted by our members. A recent Wingecarribee Clubs grant will cover costs of carpet tiles and a boiling water dispenser. A small kitchen has been donated and soon we will have a functional space to accommodate the increasing membership which has trebled in the last few years. Access to this upstairs area for our disabled members and visitors has been made possible with a stair lift.

The ultimate uses of the space will be determined by the interests of the members and it has been great to see the emergence of a variety of craft groups meeting regularly. The metalworkers have been cleaning and setting up their machines and enjoyed a recent MIG welding demonstration, the woodworkers have been producing various wood-turning and timber items, the painters and photographers are preparing for the Art

Trail exhibitions in November, the iPad users pool their ideas, and a poetry and a model building group have commenced. Our first movie afternoon is scheduled and we continue our program of Information days and bus trips.

We are involved in a couple of projects for the Bundanoon 150 Years celebrations next year and Winterfest kept us warm and busy

tending the braziers for the street party showing some of the many opportunities we have to be involved fully with our community.

If you would like more information, please feel free to call in at 11 Burgess Street, Bundanoon after 9:00am Tuesday to Thursday, or for contact details, see our website: [www.bundanoonmensshed.com](http://www.bundanoonmensshed.com).

—Evan Smith





The Golden Cross Pill Factory

W.A. Nicholas  
(3rd from right)  
and family



## Peeling back the layers of history

WHEN WALKING PAST a real estate office one day in Bowral, my wife Claudia and I were fascinated by a European-style building we saw in the window display. I assumed it was built by a European migrant experiencing nostalgia for the old country. I also thought it was a custom built "guesthouse" considering the form, name and how true it was to the "Gasthofs" seen in Austria and Germany. It was only after agreeing to purchase the property I began to discover the history of the building and I was surprised to find out it was older than expected and its original form and use was so different to the present. Originally constructed by Mr W.A. (Gus) Nicholas as the "Golden Cross Pill Factory", it appeared to be finished just in the local rubble and stone and had parapet walls to front and side and a raking skillion roof to the rear.

I was contacted by the Bundanoon History Group soon after taking possession and they have assisted me greatly in my understanding of the architectural and historical provenance

of the building and the curtilage. It was only through them I discovered an important period of use of the building as "Bundanoon House" from the 1930s until it became "The Gasthof" in the 1970s. They supplied me with many photographs and much information that I was unable to find previously. Many of their members had a "work in progress" walk through after they invited me to address the group.

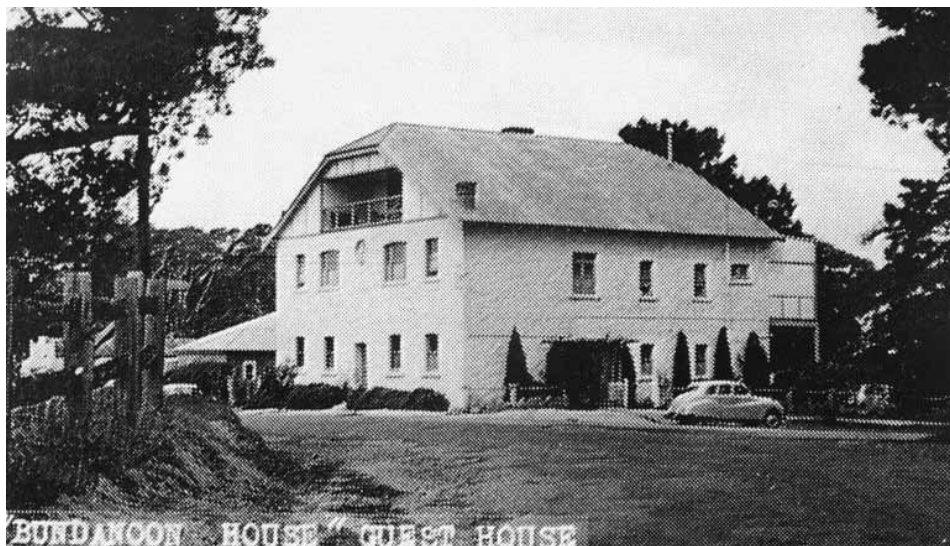
This was a classic 1930s guesthouse owned first by Mrs Elsie Morris



Mr H.G. Lyons

and then by Mr and Mrs H.G. Lyons, when the name "D'Estreaville" was changed to "Bundanoon House". Photos of this time show a flat roof to the main entry. The building was painted off white with a galvanised roof. In 1962 it was sold to Sandor and Margaret Kalman. It was not until the late 1970s, when it was sold to Heinz and Gerda Looock, that the recent incarnation of the building was created, with features such as the painted signage, scalloped fascia boards, and steeply pitched entry porch. Planter boxes and shutters and the mission brown/green shutter and roof colour scheme completed the Gasthof image.

This created something of a dilemma for us. Clearly it was out of the question to restore the building to the original flat roofed Pill Factory aesthetic. This would have involved the removal of the whole top level and apart from the cost would probably not be considered appropriate by council and their heritage staff. Most of the Gasthof-style features, (planter boxes and shutters) had either been removed or were in such a poor condition they would need to be replaced. Painted signage was also in poor condition. We therefore decided that the Bundanoon House period offered the best and most practical restoration to aim for and contacted council's heritage officer to discuss what works would be appropriate. In conjunction with a heritage consultant we agreed that a reversion to a galvanised colour roof and off white walls would be a good outcome. I advised council that to paint the walls would require pressure cleaning of the loose paint which was in very poor condition and needed to be removed. Council agreed with this and the cleaning commenced.



Bundanoon House





Sandor Kalman (left) and Councillor H.T. Ellsmore at the opening of motel units behind the main building



The Gasthof in the 1980s

It was with great delight I found that when we cleaned the exterior in preparation for painting most of the paint flaked off to show the existing outline of the brick capping/parapet of the original building and much of the sandstone rubble facade. We now have a new dilemma of whether to paint over this or keep the facade as it appears now which leans towards an aesthetic representation of the original Pill Factory and shows the journey of the building over the years! Part of this debate would also be an option to replace the 1970s raked roof of the main entry with a flat roof as per the original 1930's renovation from factory to guesthouse and not repaint the faint remains

of the Gasthof signage which can still be seen. Signage would need to be painted over completely to be restored. If this was done in fresh paint along with newly painted walls it may look incongruous and force a complete reversion to the changes made in the 70s. The original timbers and base of the entry are still present and are in fact a different colour to the addition.

I look forward to discussing these matters with the members of the History Group and liaising with council as a result of this to come up with a mutually agreeable solution.

We have now nearly completed maintenance on the building which has generally involved replacing rotten and

defective services/structure and finishes and generally cleaning up the grounds and will soon be ready to start letting the building for short term rental for tourist and visitor accommodation.

It has given us great pleasure to be able to restore such a special building and we hope it brings great pleasure to many visitors to Bundanoon for many years to come. We have greatly appreciated the friendly support and help we have received from the council and residents and want to make a special thank you to all the local tradespeople who have worked on the project with such enthusiasm and skill.

—Brent Marvin

The building today. Note the line of the brick capping/parapet of the original building towards the top of the side wall.



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**Chef Francois Razavet** has been awarded the highly prestigious Sydney Morning Herald Hat twice since living in the Southern Highlands. Trained in France, he gained further experience by working around the world from Corsica to England, Canada & New Zealand before settling down in Bundanoon. Inspired by his grandmother, Francois has the utmost respect for good fresh produce while utilizing modern techniques to maximize flavour. He enjoys creating healthy dishes in this tranquil inspiring location adding his renowned artistic flair.





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# Fling marks a decade

*The 2014 running of the CamelBak Highland Fling is the event's tenth birthday and when asked about it, Wild Horizon's founder **Huw Kingston** said:*

'We'd been running mountain events including Polaris Challenge for about nine years, but around that time 12 and 24 enduro events were starting to take off. I saw Marathons as the next 'big thing' in mountain biking and I wanted to run an event in my own backyard and community after doing so many around the country.

That first year, even though we had warned everyone 700 riders were coming to town, with family and friends in tow, I think it still took everyone by surprise. It's grown from there, and the community has grown with it too, providing what I think is one of the most welcoming mountain bike event venues available."

In 2014 we're anticipating some 2000 plus riders together with family and friends to roll into Bundanoon for the weekend of biking that the Fling has now become. Once again there will be something for everyone, with kid's skills clinics and racing, to the Bundanoon Dash and Battle of the Businesses, and of course the most recent addition to the weekend line-up, the Rolloff World Championships, which cater

to those looking for something a little less 'power to the pedal'.

The battle for the main racing is sure to be fierce, with some of Australia's top elite riders including Andy Blair, fresh from the Commonwealth Games and team mates Shaun Lewis and Jenny Fay confirmed. Already one of the most highly regarded races on the annual calendar - in 2014 the CamelBak Highland Fling is also the final race in the Maverick Marathon Series, where riders will get to take their final shot at series points.

**This year's Fling will take place on 8-9 November.**



Photo: Mark Watson

## Nick Smith: riding high

2014 HAS BEEN a very big year for Nick. It has involved plenty of travelling and competing all around Australia. The 2014 National Cyclocross Series has been the focal point of the season. It has been such a great experience for Nick who acknowledges that his opportunities to compete were made possible with support from the community. He says "I feel as though I have been quite successful this season and maintained my fitness. If the opportunity presents itself, I would take great pride in being able to represent my country for a second time."



### Mountain biking (MTB)

- Highland Fling 2013 4<sup>th</sup> (open male)
- Australian all-schools MTB championships 5<sup>th</sup> and 'Willo Enduro' 22<sup>nd</sup>
- Road racing Under 19
- State championships hill climb 9<sup>th</sup>
- National Time Trial Championships 58<sup>th</sup>

### Cyclocross

- **World championships 2013** 50<sup>th</sup> (Under19)
- Capital cross round 1: 3<sup>rd</sup> elite, round 2: 4<sup>th</sup> elite, round 3: 6<sup>th</sup> elite
- cx Newcastle round 1: 3<sup>rd</sup> elite, round2: 6<sup>th</sup> elite
- **NSW championships 3<sup>rd</sup> Under9 (8<sup>th</sup> overall) NSW Bronze**
- National (Under 19, round 1: 2<sup>nd</sup>, round 2:4<sup>th</sup>, round 3:1<sup>st</sup>

### And most recently

- **National championships 3<sup>rd</sup> Under 19 Australian Bronze**
- (National round 4: 4<sup>th</sup>,under 19)



Anglican Parish of Sutton Forest



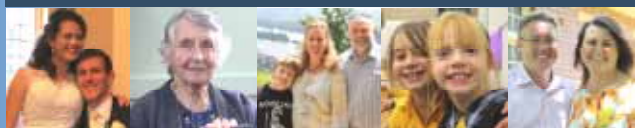
## Church Services

Join us every Sunday at ...

Bundanoon	Holy Trinity	9am & 5pm
Exeter	St Aidan's	9.30am
Tallong	St Stephen's	10am
Sutton Forest	All Saints'	1st, 3rd, 5th Sundays at 11am
	All Saints'	2nd & 4th Sundays at 2pm

Explorers Kids' Club runs at Bundanoon Public School after school on Wednesdays 3-4.45pm

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# Activities and services

## Activities

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Bundanoon Community Association (BCA)		
President.....	Christine Miller .....	4883 7493
Bundanoon Pre-School		
Director.....	Deni Harden .....	4883 6166
Committee.....	Carolyn Beveridge.....	4883 7273
Bundanoon Public School P&C.....	Jeremy Tonks .....	4883 6019
Bundanoon Visitors' Group .....	Harry Hull .....	4883 6372
Chess Club.....	Pat Foley .....	4883 6064
Country Women's Association ( <i>meets 1st Thurs, 1 pm, CWA Rooms</i> ):		
.....	Kath Smith .....	4883 6919
Currabunda Wetland Group ( <i>meets 1st and 3rd Friday</i> )		
.....	Ralph Davies.....	4883 6659
.....	Alan Hyman .....	4883 7763
Garden Club.....	Ailsa Miller.....	4883 4606
Glow Worm Glen Track Cttee .....	Anna Perston.....	4883 6125
Green Team.....	John Wood .....	4883 6859
History Group ( <i>meets 1st Monday, 10 am, The Bundanoon Club</i> )		
.....	Patricia Guy .....	4883 6971
Lions Club.....	Les Johnson .....	4883 6918
Men's Shed ( <i>meets Tues-Thurs, from 10am, 11 Burgess St</i> ):		
.....	Evan Smith, President.....	4883 6753
Morton Nat. Park Volunteers ( <i>meets 2nd Wednesday</i> ):		
.....	Alan & Wendy Hyman .....	4883 7763
Playgroup .....	Karen Granger.....	4883 6884
RSL .....	Lee Borradaile .....	4883 6790
Serendipity: the choir .....	Kerith Fowles .....	4883 6515
The Bundanoon Club .....	Ann Fieldhouse.....	4883 7204

## Sports Clubs

Bowls (Men).....	John Witney .....	4883 7356
Bowls (Women) .....	Margaret Alaban.....	4883 7560
Cricket.....	Jeff Mitchell .....	4883 6528
Croquet Club.....	Dick Topham (captain) .....	4883 6721
.....	Neill Ustick (secretary) .....	4869 5152
Pony Club.....	Gale Pritchett .....	4883 7195
Rugby League.....	Grant Perkins .....	0419 844 405
Soccer.....	Sue Roseworne .....	4883 7219
Swimming.....	bundanoonswimmingclub@gmail.com	
Tennis .....	Mike Swinden.....	4883 7624

## Support & Volunteer Services

Community Health Service.....	Bowral .....	4861 8000
Early Childhood Clinic .....		4861 8000
<b>Fire Station.....</b>		<b>4883 6333</b>
Good Yarn .....	Marilyn Rocca .....	4883 6542
Meals on Wheels .....	Fay Carter .....	4883 7441
Mobile Library .....	Moss Vale Library .....	4868 2479
Red Cross (Exeter branch).....	Anna Hopkins .....	4883 4259
Rural Fire Service (RFS) .....	Craig Rowley .....	0427 511 837
RFS Auxiliary .....	Rosemary Page .....	4883 6499
RSPCA (Goulburn/Highlands) .....		0412 475 428
Volunteering Wingecarribee .....	Thomas Andrew .....	4869 4617
WIRES.....		4862 1788

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**St Aidan's, Exeter** ..... Sunday, 9.30am  
**St Stephen's, Tallong** ..... Sunday, 10am  
**All Saints, Sutton Forest** ..... 1st, 3rd & 5th Sundays, 11am  
 ..... 2nd & 4th Sundays, 2pm

### Uniting Church

**Moss Vale**..... Sunday, 9.30am

### Catholic Church

**St Brigid's Bundanoon**..... 1st, 3rd & 5th Sundays, 5pm  
 ..... 2nd & 4th Sundays, 8am  
**St Paul's, Moss Vale** ..... Sat, 6pm & Sunday, 9.30am

### Iona Christian Community, St Patrick's, Sutton Forest

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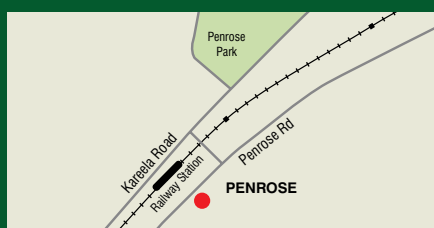


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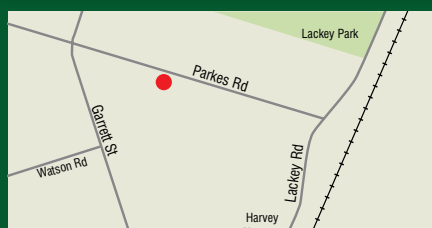
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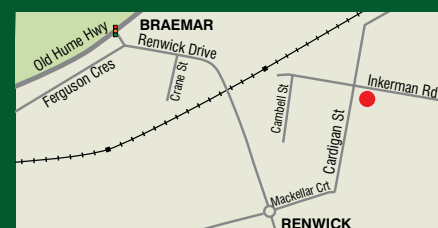
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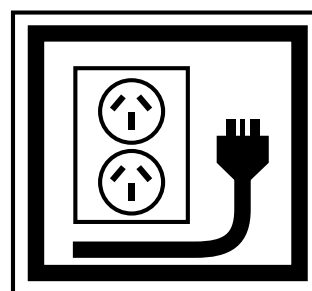
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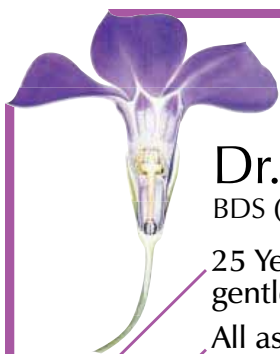
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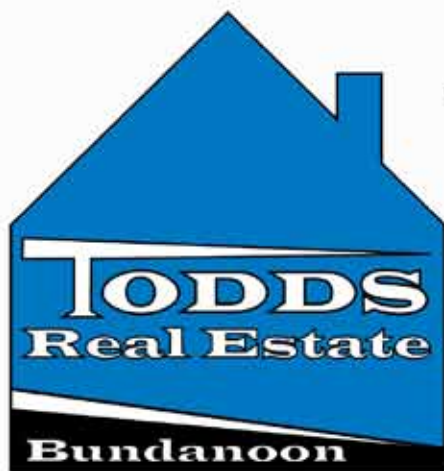
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